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The
CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

Small Things

A sense of an earnest will
To help the lowly living,
And a terrible heart thrill,
If you have no power of giving;
An arm of aid to the weak,
A friendly hand to the friendless;
Kind words, so short to speak,
But whose echo is endless;
The world is wide, - These things are small,
They may be nothing - but they may be all.

Richard Monckton Milnes

January, 1961

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The Caswell News

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"OPERATION CHRISTMAS"

Although Caswell is now well into the year 1961 it is wise that in this issue of Caswell News there is brought to the readers something of the reach and scope of the "Operation Christmas" because much time and effort is given to bring to Caswell the meaning and spirit of Christmas. Although around six hundred and fifty of Caswell's residents leave there still remains twelve hundred who look forward to Christmas at Caswell.

Christmas as it unfolds at Caswell does not magically appear without much preparation and work. Preparations begin in the late summer and early fall when the cottage and building parents begin asking the children what they want Santa to bring them. The Public Relations department works with the various civic and Church clubs and groups throughout the year. From these interested people and organizations come many Christmas gifts and the needed money to buy Christmas gifts, decorations and for the parties in the various buildings. The Cottage Life Department has a large part to play in this operation. The building parents spend much time and often their own personal money to help decorate the buildings to lend that extra touch to create the festive Christmas spirit. The building parents meticulously pack all clothing for the boys and girls to leave for their vacations and upon these parents fall much of the responsibility of trying to bring comfort to those of their charges who had so earnestly hoped that a Christmas vacation would materialize but did not. Upon the Education and Training Department falls the responsibility of the Christmas program. The School Department spends many hours of planning and rehearsing for the finished production. Infinite patience is a must when it comes to this. The music director works closely with the school principal and all the teachers. Each year a new production is made - new ideas must be born - plans pinpointed - sets constructed and staged - costumes made or retouched - lighting engineered and make-up applied. None of this could be accomplished if it were not for the interest, the initiative, the cooperation and the work of all this department as well as the cooperation of the building parents who must see to it the child is where he or she is supposed to be at the time he is supposed to be. The Recreation Department finds its time well taken up in various Christmas projects. The least of which is seeing that each and every child has some gifts for Christmas day. No one is ever forgotten. If one feels that wrapping a few gifts at Christmas is a job just try to imagine what a chore wrapping 1200 gifts might be. This is what faces the recreation department each year. This can become a time consuming job as well as a very trying and tedious one. Gifts must be purchased - gifts donated must be assorted, recorded as well as acknowledged. All gifts must be delivered to the buildings to find their places under the Christmas tree for Christmas Day. Trees are delivered two to three weeks before Christmas to all units and one must not forget that all arrangements must be made for Santa to appear to give out candy - and trips to town in the bus are taken so that about 500 boys and girls see the decorations and lights of Kinston. As one can see, the Recreation Department has a busy schedule. The Chaplain always plans a special program so that the real meaning of Christmas is not overshadowed by the glitter and tinsel and the commercialism that is so prevalent. The Social Service Department spends many hours answering and writing letters approving and arranging vacations. This is coordinated with the Cottage Life Department so that about 650 of the residents leave for vacations of different length. The medical department must see that all who need medication while on vacation are given the necessary instructions and supplies.

"Operation Christmas" is an all encompassing project and no how could its scope be fully depicted as it would seem there is not an employee or a boy or girl who is not affected in some way or manner. It brings happiness and joy but it is well that it comes but once a year.

This and That...

The State Board of Health X-ray Mobile Unit x-rayed approximately the 1850 students and patients. The employees also had the opportunity of having their x-rays made.

The boys and girls had been eagerly waiting for the circus to come to town but the day of the circus dawned dark and rainy. It poured so much that it was felt expedient to cancel all the plans. The drenching rain might cause a health hazard. There were many disappointed boys and girls that day but as always Caswell's boys and girls took the disappointment in their stride. To make up for this, plans were made to obtain free admissions to the County Fair. Approximately 500 students visited the fair grounds. The students as well as the staff deeply appreciated the generosity of the Kinston Junior Chamber of Commerce for making this treat possible.

Various Junior Woman's Clubs provided Halloween Parties for groups of children at Caswell School. The New Bern Junior Woman's Club sponsored a formal dance for 100 students. Cottage 3 and 6 were the beneficiaries of parties sponsored by the Clinton Junior Woman's Club. The Rocky Mount Woman's Club sponsored a Saturday party for Cottage 7 and the Kinston Club held one for Cottage 8 while the Greenville Club provided one for Cottage 2. Every resident was given a party no later than October 31. All parties and entertainment were coordinated by the Recreation Department.

The second annual fall Holstein sale by the North Carolina Division of Purchase and Contract was held at Cherry State Hospital in Goldsboro. Animals from the Caswell School and Cherry Hospital are two of the North Carolina's highest producing herds.

The Ham brothers, namely Rev. Willie Ham, Mr. Woodrow Ham and Mr. Leon Ham, presented a Gospel Song Concert to about one thousand Caswell students one Sunday night in October.

A group of Caswell students attended an October Sunday morning church service at the First Free Will Baptist Church in Kinston.

In November the Kinston Home Gardeners Garden Club under the leadership of Mrs. Sam Parker initiated a beautification project on the campus. The club members planted 2,000 crocus bulbs of assorted colors in the grass area in front of the new hospital and in front of some of the cottages.

The Caswell Rehabilitation Center has announced that a new phase of its training program has recently gone into operation. The social and personal adjustment training. In addition consumer education courses taught by Mrs. Iris Aldridge and Robert D. Rhyne are concentrating on field trips to stores in Kinston for the purpose of giving practical experience in this area of development.

Thirteen members of Senior Girl Scout Troop No. 330, sponsored by St. Mary's Episcopal Church of Kinston held parties for Cottages 1 and 2 on Monday night. Halloween nut cups were prepared by the Scouts and presented to the girls in the Cottages.

Four members of the Wilson, N. C. Camp Gideons International, held a presentation service at Caswell in November with their donation of 100 New Testaments for the use of the students.

Members of the New Bern Junior Woman's Club sponsored a brother and sister party in the recreation building. Approximately one hundred brothers and sisters participated. This group also sponsored a coke and cookie party for boys in Cottage 8.

Residents in the Boys' Progress building with their girl friends had a barbecue supper at a Kinston cafe. There were seventeen in the group.

Caswell was informed that the Jerry Vogel Foundation, Inc., of New York, N. Y., had added Caswell to their list of institutions, hospitals and schools which regularly receive candy shipment from their foundation. Shortly after receiving this word 1,920 chocolate covered coconut bars were delivered to Caswell. There were distributed to the noon day meal. The practice which eventually led to candy treats for institutionalized and hospitalized men, women and children started over thirty years ago when Jerry Vogel - a noted New York music publisher known as "The Bishop of Tin Pan Alley" paid a chance visit to a state mental institution far out on Long Island. Seeing that the patients would be cheered by a small gift of candy from a stranger outside the hospital, Jerry began his thoughtful giving just to show them they had not been forgotten.

Several units of the Kinston Christmas Parade visited the Caswell School Campus. Santa Claus was enthusiastically received while one of the school bands played. Members of the Caswell School Troop Boy Scouts participated in the parade.

On November 27 a group of men from one of the Tapp residences attended the morning worship at the Evangelical Baptist Church.

The Tidewater Regional Bloodmobile visited Caswell in December and received 58 pints of blood. Much of this blood was donated by Caswell employees and a number of the employees were used as volunteer workers.

Christmas parties for three living units were held the early part of December. A party for cottages 3 and 6 was held by the New Bern Junior Woman's Club and a party in Pollock A was given by the Rivermont Home Demonstration Club.

On December 11 all the girls in the Dewey building attended the morning worship service at the Free Will Baptist Church.

Since last summer, Miss Carol Hess, who assisted in the Vacation Bible School has been working with the girls in Cottage 2. She comes frequently on Saturdays to read to them, lead them in games and offer friendship and companionship. She has also interested a group of young people from the Baptist Training Union of the First Baptist Church in Kinston. This group prepared fifty beautifully wrapped gifts for the girls in Cottage 2.

Members of the Young Women's Auxiliary of the First Baptist Church presented a Christmas party for the boys of Cottage 8.

The Rocky Mount Junior Woman's Club sponsored a party in Cottage 7 while the Fayetteville Club gave a party to Cottage 5.

The Kinston Pilot Club entertained approximately fifty boys in the Cartwright building at a Holiday party. Also sixty girls in Austin A were entertained by the Clinton Junior Woman's Club.

The monthly television programs on Channel 7 (WITN) have been well received. On October 29 the Home Economics Department planned, prepared and gave a fifteen minute program. The students demonstrated the art of making Holiday cinnamon rolls. White blouses and colored skirts were made for these girls for this appearance. Miss Alease High, the director of the Home Economics Department planned and supervised the program. On December 10 the Caswell's Girl's Chorus presented a Christmas concert. The chorus was under the direction of Mr. Arthur Honeychurch, music teacher.

In October the committee of Troop 227 of the Boy Scouts met. Mr. Waylon Bissette was elected Scoutmaster to replace Mr. Ivey Stroud who was appointed to the Troop Committee. Plans were made for a fish stew on October 19 which was held according to schedule. Special guests were Mr. Carl Hunter, Caswell District Executive, Dr. Frank Badrock, Superintendent and Mr. Speight H. Stroud, Business Manager. Mr. Hunter challenged all to live to the high ideals and goals of the Scout movement. Mr. Bissette outlined the future program of emphasis on knots and rope work, uniform inspection and care, and an attendance of a UNC football game. The Assistant Scoutmasters are Mr. Elbert L. Byrd, Mr. Ray Bland, Mr. Thomas E. Haskins and Mr. Allen Ramsey. Each of these will have a Patrol of eight boys under him.

A Christmas pageant, "Childe Jesus" was presented by the students on December 15 to an audience of approximately 600 parents and friends. Dr. Frank Badrock, in opening remarks welcomed the visitors and stated that practically every department at Caswell had some part in the annual Christmas program that was being presented. He praised all students and employees for their efforts. He remarked that the "Open House" which followed the pageant, represented the one time in the year when all living units were open for general public inspection. The pageant itself was in the form of a series of tableaux depicting the events leading up to the birth of Jesus, interspersed with appropriate Christmas music by the Caswell Chorale and the Caswell Girls' Chorus, under the direction of Mr. Arthur Honeychurch. Mrs. James E. Thomas, a teacher directed the pageant. Mr. Leroy O. Batts, Principal of the academic school was narrator. Stage settings were by Mrs. Rodolph Nunn, Mrs. Jo Ann Sutton and Mr. Odell Faircloth. Miss Alease High and Miss Janet Howard in charge of costumes. Make-up was done by Miss Mary Hadge, Mrs. Gid Owen and Mrs. Patsy Pittman and lighting by Mrs. Paul Platts, Mrs. Marvin Baker and Mrs. Herbert Hardy. Students who served as marshals were under the direction of Mrs. Hardy. Rev. Donald Lawson, the Chaplain gave the opening and closing prayers. Following the pageant most of the visitors toured the various residences to see the beautiful Christmas decorations and talk with the cottage parents and students.

During October and November successful sessions of the Workshop, the orientation program for Public Health nurses and the Public Welfare workers were held. Nurses from Wake County Health Department - District Health Department in Elizabeth City, Pender County, Robeson County, Duplin County and Chatham County Health Departments visited Caswell. Also a Pediatric Consultant from the State Health Department was present. Case workers from Martin, Lenoir, Bertie, Forsyth, Chatham and Guilford Counties represented the Welfare Departments. The Superintendent of Welfare from Dare also participated.

Training and Education

The following information is gleaned from the monthly reports of the various departments in the Education and Training Department.

School -- The School reports that during the beautiful fall days in October field trips were scheduled to see campus facilities especially in the farming areas, some consisted of the dairy and farm. The new school building which is under the construction was toured. The student council has been reorganized under the sponsorship of Mrs. Hardy and Mr. Faircloth. This group has decided to publish a monthly school newspaper. "The Caswell Short Stories" was distributed just before the Holidays. A new method of report cards for reporting students' academic progress has been initiated. Instead of giving grades each teacher will send a note to the living units on the children's progress. At the end of the semester, a semester report will be completed for the permanent file and a copy of this report will be sent to the parents. This change was made with the hopes of eliminating the misunderstandings which occurred with the previous reporting. The Advanced secondary classes have been working on a telephone unit and this group is gaining much experience in the use of the telephone. The highlight was the presentation of the annual Christmas program in the recreation building on December 15 and 16. The library in the school is always a busy place and during October and November 582 boys and girls used this while 190 members of the professional staff employed this facility. Miss Blalock, Institutional Consultant and Editorial Librarian from North Carolina State Library Commission, has been working with Mrs. Owens, Caswell's Librarian classifying and cataloging all books. For the School's October chapel program Mrs. Baker's Classes were in charge and Miss Holland spoke on "Appreciation". In November Mrs. Helen Hardy's Classes provided the Thanksgiving program. A talk on the "Thankful Heart" and a devotional period were given by Chaplain Lawson. A Thanksgiving film and a song, "I'm Agoin to the Shucking of the Corn" sung by the boys and girls also was a feature of this program. The Principal reported that as of the end of December there were 205 pupils in the academic school; in the music classes were 224 and in art classes 124 were assigned.

Basic Training -- This department has been working closely with the prevocational training department in setting up a more effective training program in the various work areas on the campus. The department has received six dolls to be used in teaching child care training. They also are used in social development and to stimulate conversation. Dishes and silverware have been added to this department's equipment and are used to instruct in proper care in handling of food and dishes and table manners. In November Mr. Howell, the Director of this department and Mr. Bissette, Director of Training and Education visited the Basic Training Department at the Murdoch school. The erection of the "Nativity Scene" in front of the school was the responsibility of this department. Chaplain Lawson and Mr. Broome assisted in this. The department sold some Christmas corsages. The total proceeds of these and the sale of the items at the Christmas program was $143.15. In November the sales amounted to $122.43. The total enrollment in December for the Basic Training Department stood at 129.

Recreation --The Recreation Department was busy during the month of October with the Halloween parties and this department was aided by the various clubs and organizations. The staff members assumed the responsibility of transporting the boys and girls to the county fair. In October a new public address system was installed in the recreation building. This is a useful and needed prop in the recreation work. The Kinston Girl Scout Troop has responded to the appeal for volunteers - Also Mrs. Mae Carol Hill visits about 3 times weekly to help with the cottage recreation. Five trainable physical education classes were started in November. During December much of the work centered around the Christmas activities. They organized the Christmas parties - wrapped approximately twelve hundred gifts and all the gifts had to be chosen and selected according to the wishes (if possible) of the recipient. The gift purchasing was also done. Trees were delivered to the buildings. The transportation of the 500 residents who were taken by bus to see the Christmas lights had to be arranged and made. Santa Claus visited the 1300 children on December 21 and he gave candy to each and everyone.

Prevocational Training -- This department is continuing its rotation of jobs for school students in the secondary groups. It is also doing some research in an effort to set up a vocational training program for the trainable child and the director is working closely with the Director of

(Please turn to page 8)

VISITORS

Ten visitors of the Ladies' Auxiliaries to the Veterans of Foreign War Posts in Elizabeth City, Edenton and Plymouth accompanied by Mrs. Bob Bland, State Chairman for the Caswell School in the Ladies' Auxiliaries, visited Caswell in October. After lunch they were taken on a tour of the campus and the various aspects of the program at Caswell were explained. These ladies brought a number of gifts for the residents.

R. H. Barnes, an engineer with the Division of Purchase and Contract, visited Caswell School for the purpose of inspecting warehouses and other equipment.

Dr. Eugene Hargrove, Commissioner of Mental Health in North Carolina, Mr. Corbet Reedy, Regional Representative of the Office of Vocational Rehabilitation, Col. Charles R. Warren, Director of the North Carolina Division of Vocational Rehabilitation and Mr. W. B. Clark Coordinator of Vocational Rehabilitation for the Mentally Retarded in North Carolina came as a group to the Caswell School campus in October for a day of a planning conference with Dr. Frank Badrock, Superintendent and William F. Baxter, Director of the Caswell Rehabilitation Center.

Caswell was visited by three members of the Long Leaf Hills Garden Club in Wilmington.

The medical students from the UNC School at Chapel Hill continue to make their monthly visit to Caswell.

Dr. Bernard Jackson, Director of the Speech and Hearing Department at East Carolina College brought several of his students to see Caswell and to learn about its various facilities.

Mrs. L. B. Bryant, Executive Secretary of the N. C. Association for Retarded Children and her husband visited Caswell in October and also in December so that they could see the Christmas program.

Sixteen students from the Washington, N. C. School of practical Nursing toured Caswell and were particularly interested in touring the medical facilities.

Dr. Simmons I. Patrick, radiologist at Lenoir Memorial Hospital spoke to a group of Caswell staff members on the aspects of civil defense.

A group of instructors in the Leadership Training School in Christian Education for the Kinston Sub-district of the Methodist Church were taken on a tour of various facilities at Caswell.

Twenty student nurses of the psychology class in the N. C. School of Nursing in Wilson visited Caswell on November 16. They toured the medical facilities, some of the living units and Training and Education facilities. They were given an orientation as to the psychological aspects and nursing program.

Mr. Roy Purser, Business Manager for the Hospitals Board of Control and Mr. Gareth D. Thorne, General Director of Training and Education for the Hospitals Board of Control made various trips to Caswell during the last quarter.

PERSONNEL

Rev. Donald W. Lawson, Chaplain and Public Relations Director spoke before the Wayne County Association for Retarded Children in October on the subject of "The Role of the Pastor in Mental Retardation."

In October Mr. William F. Baxter, Director of the Caswell Rehabilitation Center, spoke to members of the Clinton Junior Woman's Club. Mr. Baxter was accompanied by Norwood Williams, Vocational Counselor in the Center.

The annual Southeastern Regional meeting of the American Association of Mental Deficiency met in Columbia, S. C., from October 13-15. Dr. Badrock read a paper in the medical session. Mr. LeRoy Batts, School Principal, participated in a panel discussion. Other members attending were Miss Pearl L. Adkins, Director of Social Service, Mr. LeRoy Batts, Principal of the Academic School; Mr. William F. Baxter, Director of the Caswell Rehabilitation Center and Dr. Frank Caston, Director of Psychological Services.

Dr. Eugene A. Hargrove, Commissioner of Mental Health for North Carolina was an official visitor several times during the last quarter.

Miss Lottie Faye Outlaw joined the secretarial staff of the Rehabilitation Center in October.

Mr. William Baxter was appointed to the General Member Section Classification Committee of the American Association on Mental Deficiency. This is in anticipation of his leadership in the formation of a Rehabilitation Section within the Association at its annual meeting next May.

Members of the Department of Training and Education attended the teachers' conference sponsored by the North Carolina Education Association at Goldsboro in October.

Mr. Waylon L. Bissette, Director of Training and Education spoke to the Ladies' Forum at the annual meeting of the State Grange in Southern Pines on October 26. His theme was A Decade of Progress at Caswell School." The Ladies' Forum has adopted Caswell as a project.

Rev. Lawson, Chaplain, spoke to the Duplin County Association for Retarded Children in October.

Mrs. Betsy Barbee, R. N. of Kinston, a graduate of the Wilson School of Nursing in Wilson, N. C. joined the Caswell medical staff on November 1. Mrs. Hattie Shackleford , R. N., returned to her duties after several months' leave of absence.

Eleven Caswell School staff members attended the twelfth annual conference on Education for Exceptional Children sponsored by the N. C. Department of Public Instruction and the Greensboro City Schools held at the O'Henry Hotel in Greensboro on November 7 and 8. Those attending included Mr. Waylon Bissette, Mr. LeRoy Batts, Jr., Mrs. Rodolph Nunn, Mr. Reece Howell, Mr. William Sharber, Mr. Robert Mahaffey, Miss Alease High, Miss Mary Hadge and Mrs. Jo Ann Sutton of the Department of Training and Education. Also Mrs. Iris Aldridge and Mr. Donald Rhyne of the Rehabilitation Department. Several of Caswell's Teachers participated as discussion leaders at the various conference sections; Miss Mary Hadge, Mrs. Jo Ann Sutton, Mrs. Rodolph Nunn, Mr. William Sharber, Mr. Reece Howell and Mr. Waylon Bissette.

Dr. Frank Badrock, Superintendent and Mr. Speight H. Stroud, Business Manager, attended a meeting of the N. C. Hospitals Board of Control.

On November 14, Mr. Marvin Evans became a member of the medical staff as an L.P.N.

Mr. Robert O'Neal, Director of Recreation and Mr. James Trivette, Assistant Director, attended the meeting of the N. C. Recreation Society in Charlotte from November 15 to 17.

From November 27 - December 10, Dr. Frank Badrock, Superintendent, was in Chicago where he attended a Superintendents' Institute in Executive Development for Psychiatric Administrators. This was held at the University of Chicago.

Several members of the Education and Training Department are currently taking graduate work at East Carolina College. They are Miss Charity Holland, Mr. Waylon Bissette, and Mr. Robert Mahaffey. Mrs. Jo Ann Sutton is taking an extension course from this same college.

In December Miss Pat Smith of Deep Run joined the medical staff as an R.N. She is a graduate of the Wilson School of Nursing.

Chaplain Lawson spoke before a joint meeting of the Pikeville Woman's Club and the Fremont Junior Woman's Club at Pikeville on November 28.

Mrs. Frank Hill has for several weeks been working as a volunteer in the Recreation Department. She is enjoying this new experience.

Mr. John Braxton, Institutional representative and Chaplain Lawson, Chairman of the Troop Committee for Caswell Boy Scout Troop 227 attended the annual Scouters' Recognition Banquet at Fairfield.

Mr. William F. Baxter, Director of the Rehabilitation Center and Mr. W. B. Clark, the Coordinator of Vocational Rehabilitation for the Mentally Retarded in N. C., visited various vocational rehabilitation programs for the retarded in Maryland, Washington, D. C. and Virginia. The agencies visited included the Baltimore Occupational Training Center and Sheltered Workshop for the Mentally Retarded; the Occupational Training Center and Sheltered Workshop for Retarded Children in Washington, D. C.; The George Mason Occupational Training Center in Arlington, Virginia and the Woodrow Wilson Rehabilitation Center in Fisherville, Virginia.

Mr. George Earl Howard joined the staff on December 1 of the Rehabilitation Center as an industrial arts teacher. Mr. Howard is a graduate of East Carolina College with a Bachelor of Science in Industrial Arts. For one year prior to his new position he taught machine shop and electronics course at Cradock High School in Portsmouth, Va.

On December 5, Mr. Carl Otis Winchester assumed his new duties as speech therapist on the staff of the Vocational Rehabilitation Center. He is also a graduate of East Carolina College from which he received a Bachelor of Science degree in

Education. He has done graduate work for a Masters in Education.

Dr. Badrock, Superintendent and Mr. Baxter, Director of the Vocational Rehabilitation Center at Caswell attended an all day meeting of the N. C. Mental Health Advisory Group in Raleigh on December 16. Mr. Baxter gave a comprehensive report on the activities of the Rehabilitation Center.

On November 23, Mr. Leroy Batts, School Principal and Mr. William Baxter spoke before the Manteo High School Parent-Teachers' Association.

William F. Baxter, Director of the Caswell Rehabilitation Center and Chaplain Donald W. Lawson participated in a television program over WECT - Wilmington in connection with the observance of Nationally Retarded Children's Week By the New Hanover Association for Retarded Children.

The Cottage Life Department has added the following persons to its staff as building parents: Mrs. Julia Smith from the John Umstead Hospital at Butner; Mrs. Carnie McDowell from Pink Hill; Mrs. Dolares Newcombe from Kinston; Mr. Charles Stroud from Pink Hill; Mrs. James D. Quinn from Kinston; Mr. Billie Paderick from Kinston, Mrs. Mamie Davidson from Southwood, Mr. Elliott Lee Joyner from Maury and Mrs. Virie King of Miami was re-employed.

In November Dr. Badrock, Superintendent and Miss Pearl Adkins, Director of Social Service together with the Superintendents and Directors of Social Service of the various state institutions for the retarded met with Dr. Ellen Winston, Commissioner of Welfare to discuss policies and programs of mutual interest.

In Appreciation

Christmas has come and gone for another year and everyone seems to have once again quickly settled into the routine of everyday life at Caswell. Although the tinsel and decoration are packed and stored away and the excitement and anticipation have ebbed. There is still the warm glow which always comes when one experiences the unselfish generosity one for another. There is no other time of the year when people seem to forget the pettiness, the hurts and the frustrations of every day life. Life could be quite drab and meaningless if it were not for the thoughtfulness and kindness of Caswell's many friends. The state provides for the necessities which nourish the body and keeps it warm but man does not live by bread alone. It is this extra giving and the willingness to share that gives life its meaning and purpose. Caswell has many friends - young and old. There are many civic and church clubs and organizations which have always remembered Caswell with its gifts, all during the year and especially at Christmas. It is impossible to list each person, each club and each organization. However Caswell News would be amiss if it did not express to each and all its many thanks. As the Junior and Senior Woman's Clubs, the V.F.W. Auxiliaries, and the Lenoir County Home Demonstrations Clubs have been so generous a special note of appreciation is extended to them. During the past year the Women's Clubs throughout the state have contributed $2344.50 and $500.00 of this has been earmarked for a new film. This is over and above the many individual items and gifts that the clubs have sent. There is one person who has each year given much in time and effort in obtaining gifts for Caswell and at no time has Caswell News ever given recognition to Mr. E. L. Mullis of Hickory for his untiring effort. This year as other years he was responsible for 140 gifts of toys. Thank you Mr. Mullis.

This is the spirit which has contributed to make Christmas this year at Caswell one of the best Christmases Caswell has ever had.

REHABILITATION

The following information regarding Caswell's Rehabilitation Center is sent with a covering letter to all parents or guardians when the center decides a student is a potential candidate.

Editor

A program has been set up by the Caswell Rehabilitation Center, which is felt will help many of our Caswell students train for a job and eventually prepare many of them to become self-supporting and earn their own living away from the school.

Each student, who is referred to the rehabilitation department for training and placement on a job, is asked whether or not he would like to enter such a program. The parents of those students who desire to enter the program are informed of their child's desire and must agree to allow their child to enter the program before the student will be accepted for rehabilitation training. All those who are accepted for training are interviewed by qualified personnel, given tests, and every effort made to determine what the student's abilities are and what type of job he can do best.

When-on-the job training or work is obtained for the student, rehabilitation personnel check on the student's progress, advise him in regard to saving his money, buying clothing, and in other matters he may need help. The student is also told that certain privileges he had before accepting rehabilitation training may be changed. Vacations, for instance, can not be as often or as long as previously. Instead of a month or more vacation in the summer, it may be possible (in order to hold a job) to have only one or two weeks during the summer and up to four days at Christmas time. Since the student is training for a job or already working at one, it can be seen that vacations must be taken when convenient to the person who is employing the student.

In trying to train and place any student, the actual job is also quite a problem, and it must be understood from the start that the counselor has a free hand in trying to place the student in a job situation that he can obtain, either locally or away from the home situation. It is strongly hoped, however, that in the future, after the student has had a chance to successfully adjust in his job, that he may well be returned to the area which was formerly his home before entering the institution, if the family so desires. No promises can be made, at the present time, as to the student returning to the home area for placement. If, however, the parent or some responsible civic group would like to assist in the placement of the student, upon completion of training, this will be given full consideration after a thorough investigation by the counselor of the job and boarding home setting.

As the student progresses in his or her training program, weekly and monthly reports are forwarded to the student's central file so as to keep all interested persons informed. Any parents desirous of obtaining information concerning the student's progress while in training or in an on-the-job training program can obtain same by writing to the institution and asking for it.

It must be remembered that the rehabilitation center has the child's interest at heart; and, that there have to be some regulations to be successful, and one must establish high goals and not be satisfied with the easy way. We will welcome suggestions at any time, and if parents would like to visit our rehabilitation center, we will be more than glad to have them do so.

One wanting to be fully appreciative of what the rehabilitation center is trying to do has to realize that the placement of mentally retarded people in remunerative employment is a relatively new concept and just five or six years ago was hardly being done at all.

It is with a sincere desire that good relationships between parents and the rehabilitation center be established and maintained that this informational sheet is being sent out to all parents and guardians of the students that we will be working with in the Caswell Rehabilitation Center.

W. F. Baxter, Jr., Director

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Facts and Figures

During the calendar year of 1960, there were a total of 213 admissions to Caswell. This included 175 from the waiting list; 29 returned from placement and 9 were admitted by transfer from other institutions. Of these figures 97 were boys and 116 girls. As to discharges, there were 97 put on placement; 56 were assigned to rehabilitation and 41 went to their own homes. This included 38 boys and 59 girls. Those actually discharged from placement were 39 (19 boys and 20 girls); 5 from rehabilitation and 34 from home placement. Transfers made to other institutions were 136 (73 boys and 63 girls). During the year, 26 deaths occurred (14 boys and 12 girls).

As of January 1, 1961. Caswell had 1837 residents (913 boys and 924 girls). There are 86 on placement with 50 on rehabilitation and 36 on home placement.

On the waiting list, 173 applications were referred during 1960 (93 boys and 62 girls). As of January 1, there are 327 applications on the waiting list (boys 255 - girls 72).

As of the first of January 1961, there were 573 employees at Caswell. On the Cottage Life staff, there were 219 men and women; while in the Medical Department, there were 68 employees.

"Short Stories"

The following are stories written by the students for the paper called 'The Caswell Short Stories' edited by the Student Council.

Editor

Intermediate Class

"This is the month of December and Christmas will be here in a few days. We are all looking forward to the time when "Ole Santa" will come down our chimney with his pack of toys. We have written our letters to Santa early this year so he will be sure to pack our gifts in his big bag. We did not ask for too many things because we know that Santa has to share his presents with all the boys and girls all over the world.

We hope that all of you have a very Merry Christmas and a Happy New Year."

by Matthew

Secondary Class

"Our classes have been busy getting ready for Christmas. We have decorated our bulletin boards, learned Christmas songs, read and listened to Christmas poems and stories.

We wish everyone a Merry Christmas and please keep in mind the real meaning of Christmas."

by James

Secondary Class

"Well, it won't be long now before Christmas. We have really been working hard on our Christmas program. It will be presented December the 14th and 15th in the recreation building. Thursday night will be open house and we are looking for a lot of our parents to attend the Christmas program and open house.

It seems like we will never get into our new school building. Maybe in the coming new year we will see our dream come true. We would like to wish everyone a Merry Christmas and a Happy New Year. Have a nice vacation and we will see you next year."

by Dickie

Advanced Secondary Class

"We have been working hard since the last newspaper came out. We have been doing a lot of arithmetic but most of all we sure are looking forward to Christmas. We are looking forward to the Christmas program. It will be next Wednesday and Thursday nights. We will get two weeks out of school for the holidays. There will be a lot of girls and boys going home, but we sure will be glad to get back in school. This is all for now.

by David Eugene

Training and Education

(From page 5)

Basic Training in an effort to coordinate the program of these two departments. It is hoped that all trainable students who enter the institution will be placed in the basic training program before they are assigned to prevocational training so that the students will receive expert instructions on how to do the task before they are assigned a job to do. During November Vocational Guidance Classes were started and will meet once weekly.

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The CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

CLAY

"I took a piece of plastic clay
And idly fashioned it one day,
But as my fingers pressed it still,
It moved and yielded to my will.
The bit of clay was hard at last;
But I could change that form no more.

"I took a piece of living clay
And gently formed it day by day,
And molded with my power and art
A young child's soft and yielding heart,
I came again when years were gone
It was a man I looked upon;
He still that early impress wore,
And I could change him nevermore."

—*Author Unknown*

April, 1961

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The Caswell News

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Frank Badrock, M.D. .... Superintendent
Mr. S. H. Stroud .... Business Manager

Editor .... Pearl L. Adkins
Circulating Manager .... Sarah E. Claytor
Secretary .... Mrs. Mary E. Collins
Treasurer .... Mrs. Evelyn Wiggins

"A FAREWELL" . . .

On March 29 the staff of Caswell held an Open House to bid farewell to Dr. and Mrs. W. Frank Caston. Dr. Caston resigned as Director of Psychological Services to join the staff of the State Hospital at Milledgeville in Georgia. A twin pen desk set was presented to Dr. Caston.

Before Dr. Caston came to Caswell, he gained considerable experience in the field of mental retardation working as psychologist at Whitten Village in South Carolina. Dr. Caston earned his M.A. degree from the University of South Carolina and his Ph.D. from Vanderbilt University in the field of clinical psychology. He is a member of the American Psychological Association, the North Carolina Psychological Association and the American Association on Mental Deficiency. At present he is chairman of the membership committee of the Southeastern Region of the American Association on Mental Deficiency and has been chairman of the Psychology Section of this region.

Dr. Caston is keenly interested in and most sympathetic towards all retarded individuals. In his work he was kind to and considerate of all the boys and girls at Caswell and he had infinite patience while working with them. All his work was carefully planned and meticulously done. In his relationship with his fellow employees he was always most thoughtful of and concerned over their well being. Professionally he was always interested in keeping abreast of all new knowledge, information and therapy. He was an avid reader in keeping himself well informed.

The State Hospital at Milledgeville, Georgia to which Dr. Caston is going is the second largest mental hospital in the world. With its emphasis primarily on psychotherapeutic treatment, Dr. Caston is eargerly looking forward to his new work. Caswell sincerely hopes Dr. Caston will find much happiness and success and wishes him Godspeed.

"THE BUSY NEEDLE"

Mrs. Nina Stokes began her work at Caswell in June 1927 so will soon be completing 34 years of continuous service to the school. For her Caswell was a "family affair" as her husband was supervisor of the grounds and her two brothers grew up here. For the first eighteen months she did relief work while regular employees were on vacation filling in where needed in the sewing and mending room, the laundry or hospital. She then became assistant supervisor of the sewing room which at that time had two full time employees and about 20 Caswell girls. Mrs. Stokes is now sewing room supervisor and is in charge of 7 full time employees and as many as 45 girls in training at one time. Almost every older educable girl, after completion of her academic schooling, has received training under Mrs. Stokes' guidance in the sewing room.

The work done by this department plays a very vital part in the operation of the institution. In years past all the clothing, except that furnished by parents, and most of the bedding was made in the sewing room. In those days overalls, shirts, underwear, dresses, pajamas, gowns, aprons rompers sheets and pillow cases were made at Caswell. Mrs. Stokes recalls that it sometimes took a girl about a year to learn to make a pair of overalls but when she became proficient she could finish as many as 5 or 6 pairs a day. At present overalls, shirts, underwear and some gowns and uniforms worn by the students in various work areas on campus are made in the sewing room. They make all the romper type garments for those patients who are incontinent. These rompers were originally made of plain blue or blue and white striped materials but recently the girls' rompers are fashioned of pretty pastel flowered cloth which is far more attractive. The volume of work turned out by the sewing room is truly amazing and a typical weekly order might consist of 6 doz. hospital shirts, 10 to 15 dozen rompers and as many as 100 sheets. At present the number of girls working in the sewing room has been decreased to about 20, ten on a permanent basis and ten who are receiving training. Those girls who have been well trained under Mrs. Stokes' guidance have moved into the rehabilitation program and are receiving training in other areas or have progressed to jobs in the community.

Many of the dresses worn by the girls and women at Caswell are made in the sewing room. Parents who are able, furnish clothes for their own children but there is a large number of residents whose clothing is furnished by the state. Also many parents of girls who are hard to fit prefer to purchase material and have the dress made here. Mrs. Stokes keeps a book of each girl's measurements. If the material is being furnished by the state she tries to let each girl pick out the color and type of material she likes best. She keeps pattern books for the girls to look through and guides them in choosing a pattern most becoming to their figure type. When Mrs. Stokes first came to work at Caswell the choice of materials was mostly limited to drab, unattractive colors and the dresses were cut to one pattern. The women wore dresses gathered at the waist to a simple top with buttons down the back and the smaller girls wore an apron type garment. Even buttons and thread were limited to white only. Today the materials are a rainbow of colors and include plaids, neat checks, floral prints or solid hues with buttons of every color. Many different styles of dresses are made and Mrs. Stokes has a knack for adding those little extra touches which lift a dress out of the routine category. For those girls who have difficulty managing a belt, she adds a half belt at the back of the dress stylishly set off by attractive buttons at each end. Much attention is given to detail and room is allowed for a weight gain or loss by a concealed placket or a moveable button. When the dress is nearing completion the girl is given a fitting to check on the size and length. If enough material is left over, Mrs. Stokes ingeniously fashions a pretty Sunday dress for one of the small girls. The dress is usually saved for a birthday or Easter and some little girl is then thrilled by the present of a new dress.

The present sewing and mending department is located in a large, airy room directly behind the main cafeteria. Until 1956 all sewing was done on the first floor of one of the dormitories. The well-lighted room is painted in pastel blue with curtains at the windows. It contains 49 sewing machines, 29 of which are electric. There are large cutting tables at one end and storage cupboards around the walls for finished garments. Many labor saving devices such as electric cutters, button holers, and machines for applying buttons or grippers help to speed the work. Mrs. Stokes noted that most of this time-saving equipment has been acquired since the move to their present headquarters and that previously all cutting, making of button holes, and sewing on of buttons was done by hand. One end of the large room is devoted to alterations, mending and repair work. Here pants are shortened and cuffed, sleeves replaced and rips mended. When a garment is beyond repair it is torn into rags to be used as needed throughout the school. A radio plays music throughout the day and the girls enjoy an occasional coffee break. All the workers enjoy the special group parties at Christmas and Easter.

When a new girl is sent to Mrs. Stokes for training she generally has had little if any previous experience in sewing. Mrs. Stokes begins by showing her how to operate a peddle machine, even to putting her foot on the peddle with the girl until she gets the feel of the rhythm. In some cases it may take as long as from 3 days to a week before a girl is ready for the next step of learning to thread the machine and bobbin. She then learns to stitch a straight seam on long strips of scrap material and progress to working straight hems on dish towels and sheets. She is instructed in the use of an electric machine and progresses to making simple aprons and rompers. The more capable girls then advance to making dresses but the process is a slow one and some girls work as long as four years before they can make a dress. It is with a great feeling of accomplishment that the first dress is completed. In time some girls become so proficient that they are able to complete 3 or 4 dresses in one day. The sewing room opens at 7:30 a. m., with an hour for lunch and at 4:15 all work is gathered and inspected.

One of Mrs. Stokes' hobbies is making rag dolls and at one time when she had more girls and the demands of the school were not so great, some of the more advanced girls helped with the making of these loveable dolls which were in great demand. Mrs. Stokes estimates that they sold approximately 500 of these dolls with the profit going to the school. The boy dolls were dressed in overalls and the girl dolls wore pinafores with their hair in braids. In the summer during the harvest season Mrs. Stokes and her girls help out in the cannery preparing and packing tomatoes, squash, beans and dewberries. During the height of the summer canning they have packed as many as 500 gallons in one day.

Mrs. Stokes still hears from many of the girls she has trained down through the years. Christmas cards for "Mamma Stokes" come from all over North Carolina and from as far away as Florida and Mississippi. She keeps a box filled with pictures these girls have sent of themselves and their families and is often surprised and pleased by a personal visit. Some of her girls has used this training to obtain jobs in shirt factories, while others confine their sewing to themselves and families. One girl is working in a local nursery and earns extra money by making dresses in her free time for the little girls she cares for during the day. Another girl left Caswell for a job in a bedroom slipper factory and proudly sent Mrs. Stokes an attractive pair of felt bedroom slippers she had made. Many of these girls worked in the sewing room from five to ten years and for them thoughts of Caswell naturally center around Mrs. Stokes and the training, guidance and affection she gave them. Several girls who had rather pronounced behavior and personality problems and who were unable to fit into any other training area on campus adjusted well under Mrs. Stokes supervision and have gone on to make a place for themselves in the community. This fine lady has truly devoted her life to Caswell and for her it has been a rich and rewarding experience. The achievement and success of each girl she has trained have added another jewel to her crown. We at Caswell are very proud of this dedicated member of our staff.

Education and Training

The new academic school building has been completed and the final inspection will take place on April 6. Since it is so late in the academic school year the department feels that it is possibly better to wait until September to move our school facilities. This would permit the walks to be laid and the grass to grow. A new school bus is being purchased and should be available on April 1. Surplus quonset huts are being purchased one of which will be used for the industrial arts class. Each Training and Education Department is writing or revising a curriculum handbook to be consolidated in a general training and education manual. A limited number of these manuals will be distributed to key personnel within the three schools.

Academic School: After the Christmas holiday the academic school resumed its program. Semester report cards were mailed to parents of the children in the academic school. Additional classes of mental health and hygiene have been added for the boys and girls of the secondary classes. Approximately forty-eight students are enrolled in these classes. The home economic classes have begun a basic unit in sewing. Pieces of cloth given by Junior Woman's Clubs and a large box of curtain valances donated by Brody's Department Store were made into aprons. The academic staff has been working with the Cottage Life Department towards establishing a "quiet hour" within the living units of the secondary and advanced secondary students after the evening meal. This would give the students opportunity to study and prepare assignments. It is believed that these assignments would strengthen the classroom instruction. In addition to the regular units of study the classes in February explored new units of study which were Patriotism, Childhood Days of Washington and Lincoln, the Nation's Flag and Capitol. Valentines Day was observed with a portion of the time being devoted to parties, games and exchanging of valentines which were made by the students. A number of military type telephones have been purchased and one will be placed in each classroom to be used as an instructional aid in the improvement of verbalization technique and good telephone usage. Twenty students were selected for an orientation program to acquaint them with the program of music that will be presented by the N. C. Symphony Orchestra. Twenty tickets were given to Caswell by the Northwest Parent Teacher Association for this concert. Seven students are being seen by the speech therapist of the rehabilitation department. The home economics department sponsored a fashion show in the school auditorium. A number of textbooks have been ordered in connection with a proposed remedial program for adult students which will be conducted during the summer months. Two students are already in this program and seem to be benefiting by it. The school will be responsible for the May Day program and the classes are in the midst of busy preparations. The home economics department will make the costumes. The music director and one of the teachers are in charge of the program production. In January the assembly program consisted of a talk and demonstration by the assistant fire chief of Kinston. Since then fire drills have been initiated and will continue. In February the assembly program was devoted to the film, "Heidi". All the teachers but one have signified an intent to return in the fall.

Basic Training: Basic Training reports that two new classes are in the making. All classes are being raised to a minimum of eight students. The students of advanced prevocational classes have been ironing students' everyday clothing as part of their training this month. Two vacuum cleaners have been purchased and these will be used as training tools. Some craft activities were done outside of the basic training area and these included spool knitting, embroidery, crocheting, etc. The sale of craft items netted $111.62. There are 144 trainees on this department's enrollment. This past period showed a number of absentees due to communicable diseases.

Vocational Training Department: The director is teaching a class of trainable children. The farm supervisor arranged to have a garden plot available and it is hoped such training will be helpful so boys can learn to farm and do garden work. Progress already has been shown. Instruction is also being given in other areas. During the last quarter the shoe repair shop repaired 775 pairs of shoes; 1313 students received services from the beautician and 2407 received services from the barber.

Recreation: A small tractor and some flat cars were purchased from the war surplus. With a little work and some ingenuity these have been made into a small choo-choo train. This is causing much delight and glee among the children who have been given a ride. Some of the crippled children from the colony units have been enjoying these excursion rides. Thirty-six individuals can be carried about in it. In January the intramural basketball program for boys was initiated and this ended in March. The Director felt this was a most successful program. The athletic field has been improved by several loads of dirt being brought in. New ideas and methods in working with the colony children are always being sought. Checkers has been taught to some of these and this game is being thoroughly enjoyed. The physical education classes for the trainables are progressing and many more could be added if there were more instructors. This department continues its rounds of playground activities, dances, ward parties, movies, social hours, bingo, hospital recreation, intramural basketball, Easter activities and train rides.

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Facts and Figures . . .

The population at Caswell as of March 31 stood at 1868, with 934 boys and 934 girls. This is an increase of 31 since January 1, 1961. Altogether there were 65 admissions including 46 from the waiting list; 18 returns from placement and one

(Please turn to page 7)

CASWELL REHABILITATION CENTER

Since the official establishment of the Center in July of 1960, much progress has taken place. At the present time, there are thirteen professional staff members working in the Rehabilitation Center, and these are broken down into categories of counselors (4), teachers (5), speech therapist, secretarial staff (2), and Director.

The aim and purpose of the Center is to render dignity to the young adult retardate by helping him to become self-supporting. In so doing techniques and methods used in the general rehabilitation program are applied but in more depth and more comprehensively.

There are really three phases through which every student passes, and they can generally be broken down as follows. The first phase is the establishment of eligibility and feasibility when the student is first referred to rehabilitation. This establishment of eligibility and feasibility is decided by the counselor after having a chance to study all the past records on the students and administer several manual dexterity tests and interest inventories and discuss the student's former activities with supervisors in work areas as well as talk with the cottage parents and other employees who know the student personally. This phase extends to the actual placement of the student into a training program with close follow up by the counselor to determine the student's progress and development in work as well as social areas of endeavor. In the training process, the teacher and the counselor form an indispensable relationship in which the student's progress is discussed and evaluated and the best plan of action for the student assured.

The next phase of action centers around compatible placement of the student into a satisfactory job area. This is realized through the close scrutiny of all past records including tests, interviews with employees who have known the student, and use of interest inventories. Sometimes several placements are necessary before a final and adequate solution is met for the student.

The next and final phase is that of follow up and closure. This involves a bi-weekly check by the counselor to determine the student's adjustment in the new community situation and job surrounding. Reports of each visit are made and filed in the student's record so that they might be reviewed at any time. Only when the student has completely satisfied the counselor that he has adjusted properly and is satisfactorily engaged n a compatible job will the case be closed. Naturally, the case can always be reopened at a later date if and when such action is warranted.

In the placement area through March 31, 1961, orty-seven Caswell students had been placed outide the institution in a permanent placement ituation. Of this group, twenty-one had returned o Caswell for one reason or another. Of the wenty-one, four had been placed again in another permanent placement situation. Of the orty-seven placed, twenty-eight were girls and nineteen were boys. Of the group who returned to Caswell, thirteen were girls and eight were boys.

Another way of looking at the thirty students who have remained out on permanent placement from the institution is to multiply thirty times $1,000 per year which is the average yearly cost per student, and you come up with a total figure of $36,000. This is one way of evaluating rehabilitation.

Of further interest should be the monthly earnings of the students who are working both in a permanent job outside the institution and of the students who are working outside the institution and returning at night. At the present time, there are eighty-one students working outside the institution earning a monthly total of $4,477.75, and it seems reasonable to assume that by the end of the year enough students will be working outside to bring this total up to eight or nine thousand dollars per month or a yearly total of about nine-six or one hundred thousand dollars. The conclusions to be reached here are obvious.

It would seem, then that from the short period of time that the Center has been in existence that the rehabilitation of the educable mentally retarded young adult is entirely feasible and is indeed worthwhile. Impetus for this will more than likely increase in the future and establishment of other such similar Centers is entirely possible. It would seem, then, that there are new frontiers to reach in the field of rehabilitation of the mentally retarded as well as other areas of human endeavor.

William Baxter
Director

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An Anniversary . . . . .

In March 1936, the first issue of CASWELL NEWS was published. The editorial from that first issue states: "With this issue the CASWELL NEWS makes it first appearance. It comes to you through the efforts of the employees and the children of our school. The purpose of the school paper is two-fold. It will promote self-expression and interest among those of us who are on the campus and it will furnish a method through which to circulate news of school activities. Thru its accounts we hope to gain many new friends for the school and to keep those informed who already know about our work." The first issue consisted of eight pages with three pages devoted to specific news items and activities about Caswell. The rest of the eight pages was devoted to stories, poetry, jokes, and other articles, such as, "School Spirit", "Our School Paper", "Why Should We Bathe", "The Aim of Education", "Preparation For the Future". The paper was printed on a monthly basis and after the first issue, advertisements appeared for a short time. The issuing on a monthly basis continued until May 1942, when it was felt that publishing it on bimonthly basis would answer the same purpose. In 1952 it was changed to a quarterly basis and has remained on a quarterly basis since. In 1955 the CASWELL NEWS became a full, eight-page paper devoted to the news and activities of Caswell.

PERSONNEL

On January 3, 1961, the Caswell Rehabilitation Center added to its staff, William A. Dunne as Counsellor. Mr. Dunne is a graduate of Wake Forest College in 1943 with a B.S. degree in Law. He received his L.L.B. from Blackstone College in Law in 1945. Before coming to work at Caswell he was employed as an auditor for the Utica Mutual Insurance Company.

Dr. Frank Caston, Director of Psychological services, attended the Institute on Mental Health at East Carolina College. This was sponsored by the Mental Health Association of Lenoir, Pitt and Wilson Counties.

Mrs. Talmadge Wiggins joined Caswell's staff in January as Counsellor with the Department of Vocational Rehabilitation. Mrs. Wiggins is originally from Dunn, N. C. and recently came to Kinston when her husband transferred with the Soil Conservation Services. She is a graduate of Meredith College and worked as Director of Christian Education at Watts Street Baptist Church in Durham and as an interviewer in the local office of the Employment Security Commission in Raleigh.

On February 1, Mr. W. Earle Frazier was appointed agriculture instructure in the Caswell Rehabilitation Center. Mr. Frazier is a native of Wake County and was graduated in January, 1961 from State College with a B.S. degree in Agriculture Education.

Several teachers in the Rehabilitation Center attended a Workshop on Emotional Problems held for Teachers in Wilson February 10.

Rev. Donald W. Lawson, Chaplain, attended a meeting of the N. C. Association of Mental Hospital Chaplains in Raleigh. Chaplain Lawson was elected chairman of this group which is planning regular meetings during the year.

Chaplain Lawson spoke before the Whiteville Junior Woman's Club on a Thursday night in early February.

In February Caswell Rehabilitation Center added another home economics teacher Mrs. Thelma C. Roberson to its staff. Mrs. Roberson is a native of Elizabethtown, N. C. and was graduated from East Carolina College with a degree of Bachelor of Science in Home Economics. Mrs. Roberson has taught home economics in the public schools and also worked as a case work assistant in Lenoir County Welfare Department.

Miss Pearl Adkins, Director of Social Service was invited to participate in a professional and lay conference held in the office of Dr. Ellen Winston, Commissioner of Welfare to develop standards for licensing and supervision of private facilities giving care to retarded children away from their own home.

After a prolonged period of service to Caswell, Mrs. Barbara L. Midgette, a housekeeping unit supervisor in the medical department, retired on April 7.

Miss Pearl Adkins and Mrs. Betty Lawson, Director and Assistant Director of Social Service attended a meeting of social workers from the various institutions for the retarded and the state hospitals under the N. C. Hospitals Board of Control. The purpose of the meeting was to discuss the possibility of an organization of social workers to meet regularly for consideration of mutual problems.

Mr. Speight Stroud, Business Manager and Mr. Richard Mathis, Farm Manager, visited the Cherry Hospital in Goldsboro in February.

Dr. W. Frank Caston, Director of Psychological Services, lectured to the staff personnel of the Caswell Rehabilitation Center in February on the psychological evaluation of abilities and its significance for vocational rehabilitation.

Miss Pearl Adkins, Waylon Bissette, William F. Baxter and LeRoy Batts attended the annual meeting of the North Carolina Association for Mental Health at the Sir Walter Hotel in Raleigh on February 17-18.

As Membership Chairman of Area 5A (Caswell School) in the N. C. State Employees Association, Mr. Earl Braxton attended a meeting of the Boards of Governors of the Association in Raleigh.

The Ahoskie Junior Woman's Club invited Chaplain Lawson, Public Relations Director to be their main speaker at the regular monthly meeting of the club. Besides showing the film, "The Caswell Story," Chaplain Lawson conducted a sale of arts and crafts items made by the various residents of Caswell.

In the early part of March Dr. Frank Caston, Director of Psychological Services received word from Dr. George Tarjan, Chairman of the Committee on Nominations for the American Association on Mental Deficiency requesting that he accept the nomination to the national office of Coordinator of Membership for Institutions. Dr. Caston will be nominated for this office at the 85th annual meeting of the American Association on Mental Deficiency to be held in Cincinnati in May.

Mr. William F. Baxter, Director of the Caswell Rehabilitation Center addressed the Kinston Lion's Club on the program of the Center which began in August 1960.

Dr. Matt C. Harper, Medical Director of Caswell and the hospital nurses, Mrs. Hattie Shackelford and Mrs. Virginia Perry attended a Conference on Epilepsy in Childhood at the University of North Carolina Hospital in Chapel Hill. The conference was jointly sponsored by the University and the E. I. Dupont DeNemours and Company.

In March Mrs. Margaret Tisdale, Director of Nurses, Mrs. Eva Sewell, R.N., Mrs. Laura Pate, L.P.N. and Dr. David Whitaker visited Murdoch School at Butner to observe the Crippled Children's Unit.

Mrs. Clara Humphrey, a nursing aide, joined the staff of the medical department in March.

Dr. Badrock, Superintendent, attended a two-week Institute for Psychiatric Administrators at the Chicago University in Chicago, Illinois.

Chaplain Lawson was the guest speaker at the monthly meeting of the Rivermont Home Demonstration Club. "The Caswell Story" was shown and Chaplain Lawson presented a display of arts and crafts.

Several of the staff members have completed a course on voice and diction offered by East Carolina College. They are Mrs. Margaret Tisdale, Mrs. Virginia Perry, Mrs. Mary Emma Baker, Miss Pat Smith, Miss Charity Holland and Mr. Guy Johnson.

At the Area Community Health Conference in Wilson, Mr. LeRoy Batta, Principal of Academic School and Mr. Norwood Williams, Rehabilitation Counselor represented Caswell and were in charge of an exhibit which highlighted various phases of basic training, recreation, academic school and the rehabilitation program.

Mr. Robert Mahaffey, Director of Pre-vocational Training and personnel from the Basic Training Department including Mrs. Myde N. Hill, Mrs. Alice M. Howell, Mrs. Doris B. Petteway, Mr. William W. Sharber and Mr. Gordon R. Howell, the Director, visited O'Berry School in Goldsboro. There they observed the basic training classes and other activities in the department of training and education.

A meeting of engineers was held at the Umstead Hospital at Butner at which Mr. Hugh Sellars, and Mr. W. E. Mumford were present.

On March 27 Chaplain Lawson showed the film, "The Caswell Story" and spoke to the Fayetteville Women's Club.

As of March 31 the following personnel retired from employment at Caswell: Mr. James Hudson who had been employed as a supervisor in the farm department since 1948; Mrs. Beulah Hudson, an employee of the Cottage Life Department since 1953 and Mr. Earl Riggs who worked in the food service department since 1952.

During the last quarter the Cottage Life Department added Mrs. Frances Jarman of Kinston and Mr. Hugh Grady Outlaw of Albertson as building parents.

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VISITORS

In January the superintendents of the various states hospitals and state schools which come under the jurisdiction of the Hospitals Board of Control meet at Caswell for their monthly meetng.

Mrs. W. T. Parrott and Mrs. J. T. Hughes, ormer academic school teachers visited Caswell.

As Coordinator for the Vocational Rehabili--ation Program for the Mentally Retarded, Mr. W. B. Clark from Raleigh has visited the campus egularly.

A group of six Mexican visitors who were uests in Kinston as part of the Experiment in nternational Living Project were guests on the ampus for several hours in January.

Groups of medical students from the U. N. C. chool of Medicine have visited Caswell regularly. They were taken on clinical rounds, toured hrough the training and education facilities and were lectured to on the psychological factors and valuation in mental retardation.

From time to time Mr. Gareth D. Thorne, General Director of Training and Education for the N. C. Hospitals board of Control has visited Caswell to confer with Mr. Bissette, Director of Training and Education at Caswell.

Mr. Roy Purser, General Business Manager of the N. C. Hospitals Board of Control has been a frequent visitor at Caswell.

Five students enrolled in a course 'Introduction to Social Work, at Atlantic Christian College visited the Caswell campus in March. They were given a short tour of living units and other facilities. An orientation lecture on the work of the Social Service Department was given by Miss Pearl L. Adkins, Director.

Miss Evelyn L. Anderson, B. S., M. P. H., Research Associate in Public Health Nutrition at the School of Public Health, The University of North Carolina, Chapel Hill visited Caswell for a day during March. She is doing research in the feeding problems of handicapped children.

Seven members of a class accompanied by Professor Ralph Steele in the Physical Education Department at East Carolina College came to Caswell for a briefing on the scope of the physical education and recreational program at Caswell School. They conferred with Mr. Robert O'Neal, Director of Recreation. In the evening they observed a basketball game.

Approximately forty 7th grade students and their teacher from the Fuquay Springs Junior High School visited Caswell and saw some of the facilities.

A group of professional workers from O'Berry School representing the medical, dental, social service, training and education cottage life departments visited Caswell to confer with members of the various departments.

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Twenty - Five Years Ago . . .

The population in 1936 consisted of 650 children and 85 employees. The buildings were valued at $1,129,363. There were 1200 acres of land and 650 acres under cultivation. Caswell had 22 mules and 50 milch cows from which they were getting 165 gallons of milk. The culinary department was serving 2200 meals daily. Eight colony (cottages) to accommodate 25-30 children were being erected. Eight hundred applications were on the waiting list. The school had six teachers and ran for nine months. Craft and music were taught.

"All the dairy work, all the hog and chicken work, all dining room work, all laundry work, all work in dormitories, all sewing and mending, part of garden work and farm work, work in the hospital is done by our children under supervision, of course".

EDUCATION AND TRAINING

(From page 4)

admitted by transfer from another institution. Those released or placed from Caswell were 25 to placement; one to other institutions and 8 deaths making a total of 34.

At the end of March, 1961, there were 92 on placement with 50 on rehabilitation and 42 on home placement. Seven were discharged from placement.

This and That . . .

During the 1960 Council Institute at Woman's College in Greensboro, the Junior Woman's Clubs in North Carolina unofficially adopted a project to raise money for the filming of a new version of the sound-color movie, "Caswell Story", which has played a leading and significant role in Caswell's public relations program. The original version is nearly five years old. Since its original filming there have been numerous changes and additions on the campus. This old film does not portray the scope of the present program which Caswell offers. The original film was made possible through the generous contributions of the Junior Woman's Clubs throughout the state. Under the leadership of Mrs. George C. Matthis of Kinston, state chairman of the Caswell School Project for Junior Woman's Club, over six hundred dollars has been raised. The Kinston Junior Woman's Club with a contribution of $250 spearheaded the drive. Other Junior Woman's Clubs have responded to date are located in Gastonia, Fairmont, Raleigh, Rocky Mount, Spruce Pine, Wallace, Morganton, High Point and Clinton.

Mrs. Charles Pate, a building parent, with several of her own children and friends from the Church of God Prophecy in Kinston sang and played gospel songs at a special service in the recreation building at which approximately 800 residents attended.

Mr. George Rouse, assistant administrative officer, announced that total pledging in the United Fund Drive indicated that $2,048.12 has been made by the various staff members. This drive at Caswell covers not only the regular charities under the United Fund but Cancer Fund, Heart Fund and the March of Dimes.

Mrs. Helen Hardy, a teacher in the academic school, was given a surprise birthday party by one of the academic school classes. The students assumed the full responsibility for the planning and the giving of the party. This was a happy experience for the students as well as the teacher.

The Salvation Army Band from the Kinston Citadel under the leadership of Lynwood Haddock, bandmaster, played at the Sunday evening church service at Caswell on January 29. Major D. F. Hall, local commander, took part in the service.

All the Tapp I boys attended the morning worship service at the Pentecostal Holiness Church in Kinston on January 29.

Official tests of the Caswell School dairy herd for the month of December 1960 showed the following readings: average pounds of milk - 1355, average per cent butter fat - 3.9, and average pounds butter fat - 52.8, according to an announcement by Speight H. Stroud, business manager. This record is a matter of pride among the Caswell staff personnel. The dairy manager is A. J. Oliver.

The Kinston Junior Woman's Club sponsored a Valentine's Day Party for the boys in Cottages 7 and 8. Approximately sixty boys enjoyed a wonderful time with games, refreshments and favors for all.

An orientation program for new employees in all departments will be held at Caswell School beginning Thursday, March 2, from 9 a. m. to 11 a. m. The course will be held for eight weeks with a meeting each Thursday. Dr. Badrock, superintendent, will give the introductory lecture which will include the historical development in Europe and America of care for mentally retarded persons and state and school organization at Caswell to meet the situation. Other lectures will be given by various departmental heads and will include a tour of facilities and talks with department supervisors, the business manager and personnel policies, medical department, cottage life department, training and education department, social service department, psychology department, chaplain and public relations and the Caswell Rehabilitation Center.

The Caswell School Committee for Junior Woman's Clubs in North Carolina met at Caswell in February for the purpose of determining the winner of the Parrott Trophy which is awarded to that Junior Woman's Club with the most outstanding record of service to Caswell during a given year. The winner will be announced at the General Federation of Women's Clubs Convention in Pinehurst in May 1961.

Members of the Ladies Auxiliary to the V.F.W. Post 7032 of Greenville sponsored a formal dance for twenty-five couples in the recreation building on February 22. Refreshments were served and prizes of jewelry were given to the girls.

All the girls in Dewey A and all boys in the Progress building attended the Sunday morning worship service at the Grace Missionary Baptist Church in Kinston on February 26.

In order to broaden the recreation activities for the individual living units so as to better meet the needs of those boys and girls in the buildings Miss Jean Holt, an employee of Cottage Life Department, is making a survey of all living units. She is visiting in all buildings observing and making recommendations.

The Caswell Chorale, a girls' choir, under the direction of Arthur Honeychurch, sang at St. Mary's Episcopal Church at their Sunday evening vesper service recently.

In March the girls from Cottage 4 were invited to attend the morning worship services at the Church of God.

The Laura McDaniel Sunday School class of the First Baptist Church in Kinston presented to Caswell a complete polished aluminum communion service. This class has sponsored Caswell as one of their major projects of outreach for years. The first Lord's Supper in which the new communion service will be used will be on Sunday, April 9.

Chaplain Lawson is most energetic in promoting good public relations and the medium of T.V. is still utilized. In February George Rouse, assistant administrative officer, was interviewed over WITN - T.V. The phases of financial maintenance including state and private organizational support and individual spending accounts were discussed.

In March six members of the Caswell Rehabilitation Center staff spoke on this same channel. Mr. William Baxter, the director, spoke about the Center's work. He was assisted by Mr. Norwood Williams, counselor, Mrs. Talmadge Wiggins, counselor, Mrs. Carl Aldridge, home economics instructor, Mr. Robert D. Rhyne, industrial arts instructor, and Mr. Earle Frazier, agricultural instructor.

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The
CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

Compensation

"The universe pays every man in his own coin; if you smile, it smiles upon you in return; if you frown, you will be frowned at; if you sing, you will be invited into gay company; if you think, you will be entertained by thinkers; and if you love the world and earnestly seek for the good that is therein, you will be surrounded by loving friends, and nature will pour into your lap the treasures of the earth. Censure, criticize and hate, and you will be censured, criticized and hated by your fellow men. Every seed brings forth after its kind. Mistrust begets mistrust, and confidence begets confidence, kindness begets kindness, love begets love. Resist and you will be resisted. To meet the aggressive assault, every entity rises up rigid and impenetrable -- while yonder mountain of granite melts and floats away on the bosom of the river of love."

N. W. Zimmerman

From the cover of a 1936 Caswell News.

July, 1961

Volume XXVI Number 3

The Caswell News

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Published quarterly for the benefit of Caswell School and for the information of the citizens of North Carolina.

Frank Badrock, M.D. ....Superintendent
Mr. S. H. Stroud ....Business Manager

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Secretary ....Mrs. Mary E. Collins
Treasurer ....Mrs. Evelyn Wiggins

THE PAST AND THE PRESENT

Wherever life exists the past is always evident and reflected in the present day life, its customs and its mores. The past leaves its imprint whether good or bad. Caswell is no exception to this. As one scans the first issue of the Caswell News published in 1936, twenty-five years ago and the succeeding issues of this same year, one cannot help but note some of the parallels, the progressive and original ideas which then existed, some of the foresighted aims and deep seated hopes for better programs adapted to the individual needs; the necessity of more adequate facilities. Above all one notes the personalized interest in all the boys' and girls' welfare.

As one glances down the pages of history since 1936, one is impressed with the growth of population. In 1936 Caswell had 650 residents as compared to 1870 as of June 1961. Caswell had only 85 employees in March of 1936 compared to 600 today. With all this expansion there has been an impressive increase in property valuation. Caswell News states that in 1936 "The buildings were valued at $1,129,363.00" while the total valuation in 1961 exceeds $11,000,000.00.

In 1936 plans were laid for expanded academic school facilities. That year saw the erection of a new school building. Twenty-five years later in 1961 another school much enlarged was completed and put in use. Vocational training in 1936 was given impetus through completion of school building with the hopes that more boys and girls would become useful and "helpful members in their homes" and community. In 1961 the Rehabilitation Center's building was finished and its program expanded and enlarged. In 1936 boys and girls dated and were being allowed to go to the movies in town on Saturdays. This year of 1961 sees this same program once again in operation. Dances and parties for both sexes were much a part of the 1936 program and are still a part of Caswell's life. In 1936 lectures by the psychologist were given monthly to help the employees to become more understanding and useful employees. This year 1961, saw the inauguration of a two hour weekly orientation session for a period of nine weeks for all employees. These are only a few of the parallels.

Some of the programs which were then in force have been cast aside during the succeeding years. This is the natural course of events but seldom is there anything so bad that something good cannot evolve. Today thought is again being given to some of these programs long discarded. To be sure they are being clothed in new shapes and new forms but the seed was there in 1936 and has remained dormant.

As one reads about the past one cannot help but recognize that the staff, though small, was by all appearance a dedicated one with an abiding interest in the boys and girls. Because of its size and because of the lack of funds, the staff had to be ingenious, imaginative and capable of foresighted planning so that nothing was lost and every person and item were used to the fullest.

The roster of those employed in 1936 has only three who are still with us: Miss Leona Broome, Mrs. B. H. Stokes and Mr. Tom Broome. As one reviews other employees listed in the first issue of Caswell News, one sees many familiar names who retired within the past few years: Mr. and Mrs. M. V. Harlan, Dr. Mike Lee, Miss Mary Lee Utley, Mrs. B. S. Barnes, Miss Ethel Hughes, Mrs. Mark Hill and many others.

No one and no place can escape the past and the past can never eclipse the present. To those people who worked so faithfully and gave so much, Caswell is eternally grateful. It is an established fact that many of these people gave fully of their time, their talents, their energy and many times of their money. Is it not a challenge to those today to remember that today is tomorrow's past.

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Population Figures

As of July 1, 1961 the number of residents at Caswell is 1869. This figure does not include the 91 on placement. There are 931 boys and 938 girls. During the last three months Caswell accepted 31 new boys and girls. Of this figure 19 were new admissions and 12 were returned from rehabilitation placement. During the quarter 21 were placed (19 on rehabilitation and 2 went to their own homes). There were 290 applications on the waiting list with 224 being for boys and 66 for girls. Forty-two applications have been referred to Caswell in the last quarter with 26 being for boys and 16 for girls.

TWENTY-FIVE YEARS AGO

The following bits of information and facts were gleaned from the first issues of Caswell News for the year 1936.

Editor

"For nearly three years now we have been using "dates" as a form of reward for good behavior. The boys who wish to do so write notes to their girl friends asking for a "date" in the Central Building. The girls write back accepting or declining (very few refuse). All notes pass through the supervisor's office.

At 7:30 on alternate Thursday evenings the boys come with their attendants and the girls come with their matrons to the Central Building where for an hour under supervision the children gather in groups at tables, play games or sit around the large room and talk. Sometimes they cluster around the piano and sing. This has proven so far to be a great aid to personal improvement and social adjustment. As a parallel we have afternoon parties for the younger groups and use the same method of invitation."

In 1936 from week to week during the summer months 32 boys and girls went by the school bus to Swansboro, Morehead City, Beaufort and Atlantic Beach. The ocean was a new experience to many of them. The trip was considered a reward for good behavior. Also boys were taken in groups to the highway each Saturday and Sunday to watch the cars go by.

There were clinic days and service was extended to the public schools of Kinston. Child guidance work was carried on. The psychologist met with matrons and attendants at monthly meetings. These monthly talks were based "on the thought that what any child is is the result of his past efforts at adjustment." She felt to work intelligently with any child it was found "very helpful to understand the behavior patterns that have been formed and the cause underlying each." During this year psychological findings were added to the requirements for applications. Those people east of Smithfield could be examined free at Caswell and those west of this city could have the examination made at Chapel Hill.

The sewing room under the supervision of Mrs. Stokes who is still employed in the same capacity had a plan of letting the girls make rag dolls, little sun suits for small children, pillows and other articles of apparel out of small pieces of materials which could not be used for other purposes. The money acquired in this manner was used to buy pretty fancy buttons, buckles, braid, binding and trimming for the print dresses.

The first All-Staff meeting was held on October 4, 1936 with two-thirds of staff present. The object of the meeting was to make them instructive and informative. Miss Wladkowski, the psychologist gave a series of lectures on various phases of the work, the best manner of handling our children, the causes and treatment of the mentally retarded child, and in general the importance psychology plays in understanding and helping them.

Demonstration clinics were held in 1936. Professor W. B. Sanders of the Sociology Department of U.N.C. at Chapel Hill brought 25 students to Caswell. The psychologist arranged a clinic showing and explaining the different clinical types.

There are several references made during the 1936 issues to the case conference held by the various staff members on the individual boys and girls.

A school bus was purchased and maintained a regular schedule of 3 trips to Kinston and back daily for the employees free of charge.

Easter egg hunts were held and "The whole kitchen force were kept busy" coloring the 1000 eggs to be sent to the various buildings.

The last Friday in the month was called Birthday Night. Each child having a birthday during the month was invited to Central Building to a party.

The aim of the supervisor of the recreational department was to develop a type of play to meet the needs of each and every child in the school.

A new school building was soon to be completed. Plans were made to extend vocational training in the school department. The new dormitories under construction were considered opportunities for this training. Library facilities were recognized as a need for both children and employees. The craft room was put in the school building and the room was supplied with benches and tools sufficient to do simple woodwork. The auditorium was considered an exceptional addition to the school's needs. "The domestic science department, which has struggled into existence with practically nothing to work with is soon to have a sewing machine, an electric iron, an electric refrigerator, a new stove and sufficient cooking utensils and china to teach cooking and housework."

Nine new buildings were progressing toward completion. These were all fireproof. Eight of these no doubt were the cottages that surround the auditorium or old school building.

Caswell needed a case worker. The superintendent felt that if Caswell could have an experienced case worker to visit in the homes to advise parents and guardians how to care for these exceptional children more could be kept in the homes and more space would be available for those who need to come.

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In Appreciation

Through the years Caswell has made many friends who have contributed to the happiness of the boys and girls. For over a year Mr. and Mrs. Nick Saleeby of Saleeby's Restaurant, in Chocowinity have generously treated Caswell's residents to ice cream, candy, drinks and cookies. This interest and generosity started when Chaplain Lawson first stopped at their restaurant after Caswell's chorus appeared on Channel 7 (WITN) T.V. program over a year ago. After each succeeding program whenever the boys and girls visit the restaurant Mr. and Mrs. Saleeby have opened their hearts to them. This kind, understanding couple has a warm spot for all handicapped children. To you Mr. and Mrs. Saleeby Caswell extends a sincere and warm thanks. You will long be remembered by the students as well as the staff.

A Caswell Family

In all respects the family of Mr. and Mrs. Tom P. Broome is truly a Caswell family. Mr. Broome is our oldest employee in terms of service having begun work at the school on Jan. 1, 1923. Even before that his father was employed here for 7 or 8 years as farm superintendent. Shortly after Mr. Broome began his job, a young lady from the western part of the state, whose family were friends of Dr. McNairy, who was then superintendent, came to Kinston to work at the Caswell hospital. This was the future Mrs. Tom Broome and their romance started on the Caswell campus. They were married on May 6, 1924 and to this union were born a son and daughter who grew up at Caswell. As small children Bill and Helen lived in a home and played in a yard where the girls colony building now stands. Bill Broome is completing 16 years service in the Marine Corps and is presently stationed at Louisville, Kentucky. He met his wife while she was working as a nurse at the Caswell hospital. Their daughter Helen is a graduate nurse and is living on Long Island, N.Y. The children return to Kinston in the summer to visit their parents in their delightful home on Pecan Lane, bringing with them 6 fine grandchildren of whom the Broomes are justly proud.

Mr. Broome's present job at Caswell is that of Maintenance Engineer which carries with it the responsibility for total maintenance of the overhead and underground electrical system; plumbing, including the sewer system; heating; servicing of laundry, kitchen and hospital equipment, including elevators; and checking fire extinguishers. His department is responsible also for the maintenance of all utilities in the 120 employee homes. Those who know Mr. Broome will remark on his fantastic memory for plumbing and electrical lines. If a leak develops he can almost always put his finger on the trouble spot immediately, or when he sees a switch he has not operated for four years he can diagnose the trouble at a glance. There are seven men working in his department at present whom he describes as most cooperative and affirms that they deserve all the credit for the prompt and efficient service his department renders.

The very nature of this work makes it necessary for Mr. Broome's department to be on call 24 hours a day, 7 days a week. In the Broome home is a campus phone which enables those who need his services immediately to talk directly to him after working hours. Many of the serious problems develop at off hours such as power failures and damage done by severe storms and hurricanes. Recently he received a call at 11 p.m. regarding a flooded basement and left home to work all the rest of that night and right on through the next day. Mrs. Broome is very philosophical about these constant interruptions to their family life. She explains that this is the nature of his job and if he comes home for lunch that is fine, and if not she has it ready for him when he does get home. Mr. Broome seems not at all irritated by these calls, no matter what time of night they occur. Most of us had occasion to call on Mr. Broome for some emergency and he is always dependable, cheerful and accommodating.

His recollections of his early days at Caswell are interesting as well as very enlightening. When he first came to work here there were about 450 residents and less than 50 employees. The campus contained about six buildings and nine employee homes. Mr. Broome began working for the minuscule salary of $40 per month, 12 hours a day. However, back in those days employees received free housing, utilities, meals, medical care and hospitalization, and a quart of milk from the school dairy was left on their doorstep daily. He laughingly referred to himself as a "jack of all trades" for he first worked with the livestock. Then for a while he drove the school bus and superintendent's car. He recalls how he drove the old model T bus on regular runs into Kinston to furnish transportation for employees. He later worked in the storeroom before starting in the maintenance department where he came up the line to his present position. In 1936 he was promoted to assistant supervisor and in 1955 to supervisor. He remembers vividly during World War II when there were only three men in the department and they really worked around the clock many nights. Today he feels his department is so well staffed that they are able to service their equipment and keep it in good running order so that in most cases they are able to prevent breakdowns, excluding those caused by acts of nature.

Back in the twenties and early thirties the total population of the school, including residents and employers, was so small that most everyone knew each other. Mr. Broome described it as being a member of a big, happy family. He feels that in many ways the program was similar to what it is today but on a much smaller scale. There was a small academic school for those able to attend but the personnel were hampered by lack of funds in carrying out their ideas. There was also a recreation program and for 17 years Mr. Broome operated the movie projector on Friday nights for the weekly movie. He also drove the children on picnics and to the beach and everyone enjoyed the monthly square dances in Central Building. He states that in those days when there was a job to be done all the employees pitched in and got it finished whether it was butchering and salting meat at hog-killing time or canning uncountable gallons of peaches at harvest in the school's peach orchard. He also filled in as barber and cut hair and shaved the male residents.

In spite of his busy schedule, Mr. Broome has always been able to find time to do little extra things for the boys and girls. He is never too busy or tired to stop and fix a watch or radio which is broken, or to give advice to one of the boys interested in radio repair. He has even been known to take radios home at night to repair for students or employees, a service for which he never charges. He took a great deal of interest recently in helping to assemble and put in running order the new little train that takes the children for rides about the campus. He generally has two or three Caswell boys assisting in the shop as general helpers and continues an interest in these boys after they leave the school. One of his boys joined the Navy after being discharged from Caswell and comes by to see Mr. Broome whenever he is on furlough.

Mrs. Sadie Broome began her work at Caswell in the hospital. She later worked for several years as a cottage parent and after that would fill in occasionally while regular laundry employees were on vacation. After her children were grown she took a permanent job in the sewing room for 11½ years as assistant to Mrs. Stokes. Like her husband, she also put her heart into her work and this was much more than just a job to her. She took a personal interest in each of the girls and was never too busy to help one of them roll her hair or fix herself up attractively for a party. She is blessed with a smiling, pleasant personality and always looks on the bright side of everything. Her good sense of humor would keep the sewing room girls laughing and in a happy frame of mind. Her positive attitude and patient and understanding manner encouraged the girls to respond well and they all loved and respected her. Her supervisor at the sewing room felt that there was nothing too good to say about Mrs. Broome. In 1958 she retired from her job but still maintains an interest in the girls she trained. Most of these girls have jobs of their own now but they visit her when in Kinston, or if working close by phone her often for advice or just a friendly chat. Mrs. Broome busies herself about her charming home and garden and enjoys sewing for her two young granddaughters.

Mr. and Mrs. Broome combined, have devoted over 50 years to Caswell and have given most freely of themselves in innumerable ways beyond the demands of the job. Mr. Broome, who is a very modest, self-effacing man, claims that he likes his job and perhaps this is one of the secrets of his many valuable contributions to Caswell down through the years. These two fine people certainly have the respect and admiration of their fellow employees, and heartfelt gratitude for a job well done.

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JUNIOR WOMAN'S CLUB

From time to time Caswell News has carried words of appreciation for what the Junior Woman's Clubs have so generously contributed and done for Caswell. There is no way of ever estimating in dollars and cents what their interest, heir thoughtfulness and their kindness has meant to the boys and girls. Such cannot be measured. However something of the material ontributions can be measured by the following igures which were recently released by the State Chairman, Mrs. George C. Matthis for the Caswell Advisory Committee for these clubs.

A total of $2567.80 was given in 1960 by eighty-our Junior Woman's Clubs. Material donation had a total value of $20,633.88 and included such hings as books, magazines, band instruments, drapes, choir robes, records, sheet music, record players, perfume and cosmetics, radios, clothing, toys, Christmas gifts and many other items. Over $800.00 has been raised as part of the drive to obtain funds to make a new version of the now somewhat obsolete "Caswell Story" film. It is hoped that the full amount will be raised by the fall of 1961 so the filming can be done by the end of the year. Beside this 204 club members made visits to the campus. Major holidays were remembered with parties. Over 1127 children were entertained by the giving of 26 parties. A one-week session of Bible School was sponsored. Three hundred twenty-two children were adopted for remembering of birthdays and holidays.

These clubs made a significant contribution to improving public relations for Caswell. In 1960 eighteen pictures and feature articles appeared in newspapers, throughout the state. Forty-nine other newspaper articles were reported and 274 radio and television programs were given.

This year the Clinton Junior Woman's Club was awarded the Parrott Trophy (a silver punch bowl) for the Club which made the greatest effort and contributed the most to Caswell.

To this club and all Junior Woman's Clubs Caswell owes a deep debt of gratitude and says again many, many thanks.

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EDUCATION AND TRAINING DEPARTMENT

The new Academic school building was inspected and approved after a few changes were made. With this inspection there has been a gradual occupation of the building. However no academic classes will be held in the building until the fall. All school equipment and supplies have been moved and the furniture has been installed. The Director of Education and Training reported that two teachers have resigned. So far only one of the teachers has been replaced. This is of great concern to the Director especially since the budget bureau has approved the addition of 2 more teachers to the staff. This means there are three vacancies on the staff. The Director has made a concerted effort to find teachers but with little success. The recent raise in public schools teachers' salaries has been a large contributing factor. For the fall there will be approximately 220 pupils in the academic school. Spring semester report cards were sent to the students' parents informing them of their children's progress. All library books and materials were moved to the new academic building. The professional section and the children's section are now in order and this is a tremendous improvement over to the old quarters. Books, records and magazines are continually being added to the libraries.

The Director of Student Evaluation department has been kept busy giving achievement tests to the 209 students in the academic school program. The following achievement scores are interesting: reading readiness level - 46 students; first grade level - 61 students; second grade level - 51 students; third grade level - 40 students; fourth grade level - 8 students; fifth grade level - 3 students. To the evaluator these scores indicated that more than fifty percent of the academic school population, 107 students, need basic instruction in learning to read. An additional fifty-one students who are on a second grade reading level and the forty on the third grade reading level also need instruction in reading. It was the impression of the evaluator that the present teachers needed help to acquire additional techniques for teaching reading and an effort be made to recruit teachers who have been trained to teach reading: The teachers have expressed concern that the goals of instruction as set forth in the curriculum guide for Caswell's school may not be consistent with the materials used in the systems on which standard achievement tests are made; consequently the validity of the above scores is challenged. The director is trying to do some research in this area.

In the Basic Training department as of April first there were 144 on roll and at the end of the quarter there were 130. In April the prevocational boys started a garden project and this should give valuable training. The department sponsored the arts and crafts sale at Open House. The sales on that day totaled $166.89. There were also sold some ceramic articles from the academic school art department. Some of the students have finished their training and have been recommended for jobs on the campus. Plans have been formulated to move to the old academic school building as soon as painting and repairs have been completed. This will be a decided improvement over the present facilities.

The Recreation Department during the past three months has had a busy schedule. In April Easter was the big event. The department purchased 9,000 candy eggs for the Easter egg hunts which were held for the various buildings. Many Easter parties were given by the various clubs and organizations. One hundred and four movie films were donated by the various booking offices of the major Hollywood film companies in Charlotte. An intramural softball program has been organized and this seems to have proved most successful and enjoyable. The train which has now been in operation for several months continues to be highly enjoyed by all residents. The director feels the children enjoy this as much as anything they have ever had. With the coming of June the use of the swimming pool went into full use. Two students from Eastern Carolina College have been hired to assist in the summer program especially with the swimming. Various staff members of the Education and training department are also working part time with the recreation department. A class for advanced secondary students on recreation safety in outdoor sports (fishing, swimming, boating, etc.) has been organized. Several wiener roasts have been held. Two outdoor grills are being installed and this will be a welcome addition.

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"There are my children, with their heartaches, their warmth, their need for love and understanding. Each one is a distinct personality - a citizen in the making. What kind of a citizen will each one be? The answer lies with all of us."

Marion Funk/Smith

SIDELIGHTS

One of the most important highlights during this period was the large and successful Open House held on May 10. This was directed by Mr. Waylon Bissette and Mrs. Margaret Tisdale as co-chairman. Every member of the staff participated and gave his full cooperation. Approximately 1000 persons attended from such distant points as Richmond, Virginia; Augusta, Georgia; Newark, New Jersey; and Asheville, North Carolina. In spite of a few showers and the constant threat of rain all activities were carried out on schedule. Tours in the various buildings were arranged and every one had a choice. A sale of arts and crafts items was held by the Basic Training Department. After the tours the program entitled "Spring Revue" was presented by the students of the academic school. This program was well received and was one of the best ever produced.

On April 25 sixty ministers from eastern North Carolina including such points as Raleigh, Elizabeth City and Wilmington and many smaller cities attended Clergy Day at Caswell. Each department head either lectured or toured the clergymen so that every phase of Caswell's program was highlighted. Luncheon was served in the dining room and the session ended with a discussion and answer period.

Over forty Caswell residents from the Cartwright building attended the morning worship service at the church of God of Prophecy.

The Kinston Junior Woman's Club presented to the School a check for one hundred dollars. The money was used for costumes and equipment in connection with the student program presented on Open House on May 10.

The Basic Training Department, The Academic School and the Home Economics and Industrial Arts Departments of Caswell Rehabilitation Center participated in the annual Arts and Crafts Festival held in Kinston in April. They exhibited about 17 items in the handicraft line made by the students while working in these four departments. Many of Caswell's students attended this exhibit.

The 2nd Marine Division Band, under the direction of commissioned Warrant Officer George J. Buccieri, U.S.M.C. presented a band concert on April 12. The boys and girls as well as many employees enjoyed this special treat.

The Caswell Chorale directed by Mr. Arthur Honeychurch, director of music, gave a concert at Teachers' Memorial School in April.

The Kinston Rotary Club and the Kinston Woman's Club through a combined project presented Caswell Kindergarten Class with a piano on May 1.

The medical students from N. C. University at Chapel Hill continue to make their monthly visit for orientation purposes.

The residents and employees of Caswell were grateful to Mr. Harry Shipman and the Grainger High School Band members for the concert rendered in May.

While Chaplain Lawson was attending the national conference of the American Association on Mental Deficiency, Mrs. Mae Carol Hill of Kinston was the guest preacher. Mr. Guy Johnson, director of Cottage Life Department provided the special music. Mrs. Hill is a volunteer worker in the recreation department.

The Caswell Chorale, a girls' chorus sang before the regular meeting of the Kinston Junior Woman's Club on May 25.

During a recent thunder and lightning storm, a dairy barn was struck by lightning and had a thousand dollar damage done to it. Then on June 6 heavy winds completely destroyed a poultry house, damaging a second one, as well as several potato curing houses.

Miss Mary Lee Utley, a former secretary and state budget officer at Caswell for over twenty-five years visited Caswell for a few hours.

Approximately one hundred members of Area 5A N. C. State Employees Association held an old-fashioned fish stew on the campus.

The third annual Daily Vacation Bible School was held at Caswell during the first week in June. Thirty full-time members, members of seven Kinston churches were enlisted to help through the efforts of the Kinston Junior Woman's Club. Mrs. Jean Rabine, chairman of the Caswell Committee for the local club coordinated all planning for the School with Chaplain Lawson. The program was held primarily for the younger educatable child at Caswell and there was an average daily attendance of 160. At the concluding program refreshments were served through the generosity of the B & H Candy Company, Carolina Dairies and the Coco Cola Bottling Company of Kinston.

Even before school closed its doors the end of May, parents began calling for their children to take them home for vacation but since school children are not encouraged to go on vacation until the school doors are closed for the summer, the larger number did not leave until after June 1. It is estimated that over 600 residents will leave before the summer is over. Some who have never had a vacation from the campus will leave for the first time with much happiness for these residents. There will still be many disappointed when no one comes for them.

There are all kinds of summer activities taking place on the campus but one which occurs year in and year out is the dewberry harvest. Boys and schools are seen in the dewberry patch picking berries. Over 1200 gallons will be canned for winter use. Besides that there will be ample supplies for the daily menu to delight the appetites of the residents as well as the employees. From the telltale evidence on the mouths of the pickers, one would wonder if they ever had room for more at meal time.

Chaplain Lawson, who is also director of Public Relations continues his monthly television programs over WITN on Saturday mornings during the station's Hospitality House. In May the Caswell Chorale, composed of twenty-eight girls under the direction of Mr. Arthur Honeychurch appeared. At the end of May Chaplain Lawson interviewed Miss Pearl Adkins, director of Social Service. This interview covered the work of the Social Service Department. In June Mr. Bissette discussed the conference he attended at Chapel Hill regarding the needs and resources of the mentally retarded in North Carolina.

The three day monthly orientation courses for public welfare workers and public health department workers were held during April and May. This workshop is not held during the three summer months. All participants from these two state agencies continue to comment on the effectiveness and the comprehensiveness of this program.

The Bulletin for May 1961 of the Ladies' Auxiliary to the Veterans of Foreign Wars, Department of North Carolina carries the information that "97 out of 112 units in the State have participated in the Caswell School project during the year which ends in June." Under this project local Auxiliaries send at regular intervals such items for the benefit of Caswell School residents as shaving supplies, cosmetics, cigarettes, tobacco, games and many other extras which the State does not supply. The Auxiliaries initiated this program in 1950 and have continued it without interruption to date. Mrs. Bob Bland, Kinston, is the State Chairman of the Caswell project. Under her leadership a Girl Scout Troop was organized in 1960. For their untiring effort and for the many gifts both material as well as the immaterial Caswell expresses its heartfelt thanks. These good women have gladdened the hearts of many.

The Boy Scouts participated in a pre-camporee held at Stallings Air Base in April. Then later in April thirty-three Scouts participated in the East Carolina Council Boy Scout Camporee held in New Bern. The Scouts sold scotch tape to help raise money for the summer camping program. In June many of the Scouts spent three days on a camping trip to Emerald Isle. In a June meeting the scout committee approved the purchase of a troop truck from federal surplus; a trip to the Hanging Rock State Park near Winston-Salem, a trip to the beach late in August and a weekend trip to Camp Charles near Bailey in September.

The Safety Patrol was treated to a "cook-out" on the last day of school. Eleven boys and ten girls were presented certificates of award.

The Rehabilitation Department has been making job surveys in Pitt County and Rocky Mount to determine what job opportunities would be open to Caswell students. Both these places were most receptive to the placement of boys and girls in their areas.

VISITORS

During the latter part of April the psychology class from Atlantic Christian College in Wilson, the sociology classes from Fuquay Springs and from Pink Hill and a speech education class from East Carolina College in Greenville toured Caswell's facilities.

Three members of the staff of the Wilson County Mental Health Clinic met with Dr. Badrock, superintendent and several staff members, Miss Adkins, Mr. Johnson, Dr. Harper, Mr. Bissette and Mr. Baxter to discuss future programs of mutual interest. The group from Wilson included Dr. John W. Magill, clinical psychologist,

PERSONNEL

On June 1st, Mrs. Maxim Tabory assumed her duties as psychologist at Caswell. Born in Glasgow, Scotland Mrs. Tabory attended the University of Glasgow and the Glasgow Teachers' Training College. She holds the Masters of Arts and Bachelor of Education degrees. For several years she taught in the Glasgow public school system. From 1953-1958 Mrs. Tabory held a teaching post with the church of Scotland School in Israel. In 1958 she accepted a position as educational psychologist at the Child Guidance Center in Leeds, England where she remained until 1960 at which time she became engaged in private tutoring in New York.

Mrs. Dorothy Suggs and Mrs. Clara Lasley, both registered nurses, were employed by the Medical Department. Miss Faye Singleton and Miss Rebecca Cox, both graduates of the School of Practical Nursing in Goldsboro, joined the staff of this same department. Mrs. Barbara Ellen Myers and Miss Pamela Jo Henry, nurses aids came to work at Caswell in June.

Mrs. Speight Stroud, director of the Dietary Department and her assistant, Mrs. Melvin Lassiter spent a week in April in Raleigh at a food service convention sponsored by the Nutrition Division of the State Board of Health.

Mrs. Elizabeth Marshall of Kinston has accepted part-time employment as a musician for the Sunday Chapel services at Caswell.

In April Mr. Robert O'Neal, Mr. James Trivette and Mrs. Loretta Lewis of the recreation department and Mr. LeRoy Batts, principal of the academic school, attended a Red Cross water safety conference in Greenville.

Mr. William F. Baxter, Jr., Director of the Caswell Rehabilitation Center attended a staff meeting of rehabilitation counselors in Raleigh in April where he discussed the Caswell Rehabilitation Center. All counsellors were enthusiastic and were interested in expanding services for the mentally retarded.

Miss Pearl Adkins and Mrs. Betty Lawson of the Social Service Department and Mr. William F. Baxter, Rehabilitation Center attended the annual Social Service Convention in Durham on April 17.

Mr. A. Jule Oliver, dairy supervisor, spent a week in Maine and Ohio with N. C. State College personnel for the purpose of selecting animals for the state institutions stud program.

Dr. Frank Badrock, superintendent of Caswell, Dr. Matt C. Harper, Jr., medical director, Mrs. Margaret Tisdale, supervisor of nurses, Mrs. Elsie McCoy and Mrs. Virginia Perry, both assistant supervisors, attended a meeting on drug therapy in Raleigh.

In April Mr. Speight H. Stroud, business manager, Mr. Richard Matthis, farm manager and Mr. A. Jule Oliver, dairy supervisor, attended the annual institutional dairy conference in Raleigh.

Mr. Waylon Bissette, director of Training and Education was initiated into membership of Phi Delta Kappa, an international professional organization composed of recognized leaders in the field of education. Membership in this educational fraternity is considered a high honor and is based on scholarship and accomplishments in the field of education.

Mr. Waylon Bissette, director of training and education and Mr. LeRoy Batts, school principal represented Caswell at the O'Berry School May Day program in Goldsboro.

Miss Pearl L. Adkins, director of Social Service, Chaplain Lawson and public relations director, Mr. William F. Baxter, director of Rehabilitation Center and Mr. Norwood Williams, rehabilitation counselor attended the 85th annual meeting of the American Association on Mental Deficiency at the Netherland Hilton Hotel in Cincinnati, Ohio from May 2-6. At this meeting an organization of Chaplains and other religious workers with the mentally retarded was formed. Chaplain Lawson of Caswell was elected chairman.

In May while Dr. Frank Badrock attended the regular meeting of superintendents of the state hospital and the schools for the Retarded at Umstead Hospital in Butner, Mrs. Tisdale, director and Mrs. Perry, assistant supervisor of nurses and Mr. Guy Johnson, director of Cottage Life Department attended a meeting concerned with training of personnel in state institutions.

Mrs. Betty Lawson, assistant director of the Social Service Department attended a meeting at Morganton State Hospital of social workers from the various state institutions for the retarded and state hospitals.

Mr. Waylon Bissette, director of Training and Education on May 23-25 a "Conference on Mental Retardation - Needs and Resources in North Carolina." This meeting was held at the N. C. Memorial Hospital in Chapel Hill. This conference was sponsored by the N.C. State Board of Health, the N.C. Hospitals Board of Control and the School of Medicine, University of N.C. It was supported by a technical assistance grant from the National Institute of Mental Health. Mr. Bissette stated the purpose of the meeting was to determine what is being done for the mentally retarded in North Carolina and to learn what can be done.

As public relations director, Chaplain Lawson has spoken to two groups during these past three months. They were the N.C. Junior Sorosis Club in Wilmington and the Elizabeth City Junior Woman's Club.

Mr. Earl Braxton, membership chairman for the sub area 5A of the State Employees Association represented the local unit at a state meeting of officers of the Association held in Raleigh.

Mr. Paul Hedges and Mrs. Hope, social workers.

Mr. and Mrs. L. B. Bryant of Charlotte visited the campus recently. Mrs. Bryant is the executive secretary of the N.C. Association for Retarded Children.

Mr. Roy M. Purser, general business manager of N.C. Hospitals Board of Control and Mr. D. W. Royster a Board member and chairman of the building committee for the Board visited the campus and conferred with Mr. Speight Stroud, business manager regarding the proposed sewage treatment facility.

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The
CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

A PRAYER

Dear Heavenly Father:

We thank you for giving us strength
We thank you for helping us to have teachers to help us in our school work.
We thank you for all of those that help us in our lives.
Help us to be kind and understanding at all times.
Help us to make our lives more perfect in every little and big thing we do.
Help us to learn more in school,
Help us to be children you want us to be.
Amen.

—*Written by Rose Ella Beck,*
a successful rehabilitation student.

October, 1961

Volume XXVI

Number 4

The Caswell News

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Published quarterly for the benefit of Caswell School and for the information of the citizens of North Carolina.

Frank Badrock, M.D. .... Superintendent
Mr. S. H. Stroud .... Business Manager

Editor .... Pearl L. Adkins
Circulating Manager .... Sarah E. Claytor
Secretary .... Mrs. Mary E. Collins
Treasurer .... Mrs. Evelyn Wiggins

A TRIBUTE

North Carolina lost an energetic leader and organizer when Mr. Gareth D. Thorne, General Director of Education and Training for the North Carolina Hospitals Board of Control left North Carolina on September 1, 1961 and assumed his new position at Southbury Training School, Southbury, Connecticut. Mr. Thorne came to Caswell School in Kinston, North Carolina on November 1, 1954 to become associate psychologist. His many abilities, interest and energy were soon recognized and within six months he became Assistant Director of Training and Education and by November 1955 he had been made Director of Training and Education, a position created for the first time by the North Carolina Hospitals Board of Control. In September 1957 he was appointed General Director of Training and Education for N. C. Hospitals Board of Control. Mr. Thorne has worked conscientiously, energetically and tirelessly for the cause of the mentally retarded child. He brought to Caswell many progressive ideas and reorganized, expanded and enlarged the educational, training and recreational programs for the educable and trainable child. He saw the real and basic need for a broad and extensive program for the rehabilitation of the retarded who were in the institutions of North Carolina. He was never too busy to take a personal interest in the boys and girls at Caswell. He took an active and vital interest in not only Caswell's program and students but at all times was interested in all organizations on local, state and national level which were concerned with and promoted the retarded and defective child's cause. His leadership was recognized; consequently, he was chosen and elected to work on and chair various committees. When he served as chairman-elect and chairman of the Southeastern Region in 1959 and 1960, he did an outstanding job of organizing and planning. The meeting in Raleigh

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HISTORY

Since there are so many new subscribers of Caswell News, the editor thought a reprint of the history written for the Free Press in 1957 would be of interest. This has been edited so that certain statistics and facts are correct as of this date.

Editor

In 1911 Gov. W. M. Kitchin appointed a Board of Directors, consisting of nine men, to study the need for and location of a State Feebleminded School and a State bond issue of $60,000 was authorized in order to begin the work. On account of the limited bond issue the Board decided to ask committees to make bids for the institution. They wanted offers from towns which could donate "300 to 1,000 acres of good land, a good water supply, proper sewage disposal and a railroad siding." Kinston, Washington and Lillington offered locations and Lenoir County was selected as 807 acres of land were offered by the people (Later the Board of Trustees purchased 98 acres more, making a total of 905 acres.) Kinston also offered free electricity and water for five years. The offer of free water was refused as the Board felt that it would cost little more to put down our water plant than to run a main large enough for the needs of the institution. The Norfolk-Southern was also generous in that it constructed, as its own expense, and donated to the institution 3,000 feet of railway side-track.

The first three buildings planned for the campus were a central building, a girls' dormitory and a boys' dormitory. York and Cobb of Raleigh was the contractor. The cornerstone of the main building was laid on May 6, 1912 with ceremonies presided over by Master Mason W. K. McKay. Addresses were made on behalf of the Board of Trustees by Hon. Mark Majette, Hon. J. Y. Joyner, Hon. I. J. Sutton and Mayor W. D. LaRoque, mayor of Kinston. Dr. Charles O'H. Laughinghouse gave the dedicatory address. It was described as a "grand occasion."

On December 8, 1918 fire destroyed the girls' dormitory and on January 7, 1919 the boys' dormitory was destroyed - also by fire. At that time it was necessary to send 53 children home and to transfer 44 to the State Hospital at Raleigh. The original central building is still standing and has been renovated in recent years to house the kitchen and two dining areas.

The late Dr. Ira Hardy was primarily responsible for the establishment of the School and was made the first superintendent, serving while the buildings were under canstruction. The minutes state that the superintendent's salary was to be $1500 per year, plus living quarters and travel expenses."

In February 1914 Dr. C. Banks McNairy of Lenoir, North Carolina succeeded Dr. Hardy and on July 1, 1914 the first children were admitted - 15 girls. By the end of the year there were 122 boys and girls at the institution. Miss Sara Shaw was the first school principal and the purpose of the school department was "to train whatever is 'trainable' in a child." There were four regular teachers - "three literary and one music." In 1915 Dr. McNairy recommended to the General Assembly that the name be changed from the N. C. School for the Feebleminded to Caswell Training School.

In 1919, $300,000 was appropriated by the Legislature to replace the buildings that had been destroyed by fire and to increase the size of the School. From the superintendent's report in 1922 we find these words - "We now occupy three new dormitories, a new power house, a new school building (with no furniture) and dining room combined and a meat house - all of fireproof construction. A complete modern kitchen will be completed in a few weeks."

The farmhouse on the Fields' farm became the residence of Dr. McNairy. Out of an old tobacco barn was created a "temporary general office, room for bookkeeping, accounting and correspondence departments and quarters for Board meetings and a superintendent's office." Upstairs in the tobacco barn were sleeping compartments for several employees.

With the resignation of Dr. McNairy, Dr. W. H. Dixon became the third Superintendent in July, 1925. He served until August 1933 and during his tenure Dr. J. T. Wright was secured as medical director and psychiatrist and W. L. Sutton was chosen as business manager. Dr. James Parrott, Dr. Frank Sabiston, eye, ear, nose and throat specialist and Dr. E. T. Koonce, dentist, visited Caswell at frequent intervals to check the children.

Between 1925 and 1933 three legislative sessions appropriated various sums for improvements at the Institution. In 1925, $51,034.40 was given for "capital improvements, renovation of existing buildings and additional water supply and storage." The 1927 appropriation of $106,441 built the McNairy and Cartwright dormitories and in 1929 another dormitory and general improvements followed a $67,000 appropriation.

Following the resignation of Dr. Dixon in July 1933, Dr. F. M. Register became Superintendent in September of the same year and served until August 1939 when he passed away. During his administration two regular legislative sessions, and a special one called in 1938, appropriated a total of $282,906 plus a P. W. A. grant of $42,390 for improvements at Caswell. Buildings began to sprout all over the campus - the auditorium, eight cottages, dairy barns, sweet potato curing house, fertilizer house, silos and the boys' detention building. Existing buildings were also renovated and re-conditioned.

Dr. W. T. Parrott became Superintendent in November 1939 and served in this capacity until the time of his death in July 1948. During this time the N. C. legislature saw the need for more growth at the institution and, with an appropriation and supplement, ear-marked $3,867,138 for improvements. From this amount the following buildings were placed on the campus - boys' and girls' dormitories, staff houses, staff dormitories, new power plant, kitchen and cafeterias, dairy barns, cold storage plant, expansion of laundry, steam lines and sewage facilities, campus lights and general farm buildings.

Dr. Mike Lee, medical director, served as acting Superintendent until the appointment of Dr. W. C. Byrd in August 1950. Dr. Byrd joined the medical staff at the State Hospital in Morganton in July 1954. Dr. Julian Lee Lokey, who was a member of the Caswell medical staff, became Superintendent in August 1954 and served until December 1955. He is now a member of the medical staff at Butner State Hospital. During the interim period before the appointment of Dr. Frederick E. Kratter, as acting Superintendent in June 1956, S. H. Stroud, business manager served as acting Superintendent. After Dr. Kratter, Dr. Matt Harper, Jr. became acting Superintendent. On November 1, 1959, Dr. Frank Badrock was appointed Superintendent and is still serving Caswell in this capacity.

More buildings and more improvements were constructed with appropriations of $2,670,500 from the 1949, 1953 and 1955 Legislatures. Included in the new construction were - the Crippled Children's Hospital, staff dormitories, staff houses, milk pasteurization plant, overhead water storage tank, administration building, water treatment plant, recreation building, boys' dormitory, paving of roads, walks and parking areas, canopied sidewalks and improvement of water mains steam and sewage facilities.

Since this time the new hospital was opened in the fall of 1959. The swimming and wading pools were erected. The Rehabilitation Center was completed in the summer of 1960 and the new academic school accepted pupils in the fall of 1961. The old hospital is being renovated and will be inspected sometime during the middle of October. If the coming bond issue is passed covered walkways to the new school building and a canteen will be constructed.

There are 596 emplayees at Caswell on a payroll of more than one and one half a million dollars annually. This is probably the second largest payroll in Lenoir County. Of the 1200 acres of land owned by Caswell 900 are under cultivation. The total evaluation of the institution is placed at 11 million dollars.

From the beginning in 1914, three buildings and 15 pupils, Caswell School (The name was changed in 1959) has grown into an institution which is becoming known throughout the United States as a progressive school for the care and training of North Carolina retarded. There has also been a general change of philosophy. Through the years Caswell was once thought of being for custodial purposes only but gradually there has been a change in education and training so that those capable of being returned to society are given the opportunity.

NEW HORIZONS

The following is edited and compiled by George Howard of the Rehabilitation Department.

Editor.

The Caswell Rehabilitation Center is entering the second year of its program, with the major aim to rehabilitate the mentally retarded and place them in society as self-supporting, contributing individuals. With the results of the first year's progress and continuing research efforts in this field, the Center is expecting to achieve more success in the second year.

It seems necessary at this point to review some of the program so that a more logical presentation of the year's progress can be made. The procedures for accepting and training, placement and follow-up, and finally, the closure of the student from the institution will be outlined.

The establishment of the Caswell Rehabilitation Center is a joint project of the North Carolina Division of Vocational Rehabilitation and the North Carolina Hospitals Board of Control, with an eventual goal of assisting the young adult retardate to obtain dignity by becoming self-supporting. The project is financed jointly with the North Carolina Division of Vocational Rehabilitation furnishing 70 per cent of the funds and the North Carolina Hospitals Board of Control furnishing 30 per cent of the operating expenses.

The Center began operations on a limited scale in July, 1960, with the present director, one counselor, and one teacher. Today, the Center has a professional staff of twelve with the following classifications: a director, two counselors, six special education teachers, a maintenance-janitorial supervisor, a speech therapist, and a secretary.

The physical plant which houses the Center contains some 7100 square feet of usable floor space. This is a new, modern building equipped with the finest furniture, appliances, machines, and farm equipment available. In the air- conditioned office area, there are six offices for the director, counselors, secretary, and department heads. The industrial arts-vocational shop has an office, storeroom, and approximately 2000 square feet of working area. The air-conditioned home economics area contains a living-dining room, bath, bedroom, sewing room, laundry, two kitchens, and office space.

Two classrooms provide space for students to participate in group discussions, social classes, consumer classes, and audio-visual aids. The speech therapist has an office at one end of the building away from the shop area, where he teaches speech correction. One classroom is used as headquarters for the agricultural department, where they discuss operations and then go out to the field to do the actual work.

Before a student is referred to the Rehabilitation Center, he has already begun his training. This starts in the academic school where he may train through his 17th or 18th year.

The Director of Training and Education of Caswell School usually refers a student to the Center upon completion of his academic schooling. The student must have had a thorough psychological evaluation, a battery of achievement tests, and a personal evaluation. The counselor at the Center will then administer several manual dexterity tests and interest inventories to determine just what the student's potential seems to be. The student then goes into the Caswell Rehabilitation Center pre-evaluation program, which last from nine to twelve weeks, depending upon the progress of the student.

In the pre-evaluation program for the female students, they work in the different phases of home economics; such as, cooking, sewing, house cleaning, and laundering to determine which area they are best suited. For the male students, areas covered are as follow: agriculture, industrial arts-vocational shop, and maintenance-janitorial training. Each student works in each area to help determine what jobs he likes best and what jobs he can, or cannot, do.

Once the student is placed in the training program, he remains in this training for a nine months' period except in rare instances.

During the nine months' training period, he learns the specific content of the course, and more important, all aspects of social and life adjustment are continually discussed and form an important part of the Curriculum.

Near the end of the regular nine months' training period for the student, the counselor begins to seek active placement, either in an on-the-job training situation in the community or actual permanent placement outside the institution in the community. After the client is placed on the job by the counselor, he is visited every two weeks until closure seems indicated. The follow-up program usually last from nine to twelve months.

In addition to training in home economics, agriculture, industrial arts-vocational shop, and maintenance-janitorial, a program has been set up in speech correction for any student at Caswell who would benefit by this type of training.

The success obtained so far has been very rewarding; however, every effort is being made to constantly improve the training program so that each student's potential is fully challenged.

In the placement program of the Center, there are, at present, seventy-six students working on competitive jobs, earning $5,559.60 per month. This is an average of $73.15 per student per month. The salary ranges from $2.25 per day for those students working part time to $60 per week for permanent placement. One must realize that sixty-eight of these students are in the situation of on-the-job training and daily community placement. Eight of these seventy-six students are closures and are working and supporting themselves on an average monthly salary of $140.

Most of the students are living in the community where they are employed. A few are placed so that they work in the community and return at night to Caswell. Living in the community gives the student an opportunity to live, as well as work, in American society, gaining self-respect and dignity.

It is expected that the student has difficulty in adjusting to the social life of our society. Some

(Please turn to page 7)

THIS AND THAT

A volunteer service program is underway at Caswell. Several women from Kinston attended orientation sessions designed to acquaint them with the facilities and program of the local institution for the mentally retarded. The Director of Medical, Social Service, Cottage Life, Psychological, Recreation, Education and Religious Departments met individually with this group. It is hoped that more women will become interested in this project. The volunteers will be utilized in various recreation programs in the recreation department.

In June 40 students were given a special treat in the form of a day's outing at White Lake.

The Ladies Auxiliary to the Veterans of Foreign Wars No. 7032 of Greenville, N. C. won the Sally Graham Award given for the most outstanding work at Caswell by the Ladies Auxiliaries all over the State. The award was presented at the State convention of the V. F. W. held in Durham. The Auxiliary to Post No. 6060 of Elizabeth City was second and the Ladies Auxiliary to Post No. 480 of Concord was third.

Mr. Joseph Lella a graduate student in the Sociology Department of the University of North Carolina is engaged in a research program at Caswell under Dr. Harvey Smith, professor in Sociology at UNC.

In July Mr. Earl Frazier, Agriculture Instructor of the Caswell Rehabilitation Center completed an agricultural survey of Lenoir County. The Center is interested in determining what the job opportunities are in the field of agriculture so that the training program of Center might train boys in the line with the present need.

Five electric sewing machines were purchased and placed in the Dewey and McNairy buildings as well as Cottages one and four. The girls who are interested in sewing will have the opportunity to learn to use the sewing machine under the supervision of a building parent and those with experience will have the opportunity to practice during their spare time.

Approximately 1,000 residents were guests of the Kinston Shrine Club at the Clyde Beatty-Cole Brothers Circus. All the residents old and young look forward to the circus each year. This year the weather in no way interfered with this big day. All the trucks from the farming area were put to use to transport the boys and girls. The staff is deeply grateful to the Shrine Club for providing the tickets and to the Salvation Army the Trinity Methodist Church and the State Highway Patrol for assisting with the transportation.

There was an institutional cattle sale in Raleigh on September 6. Caswell's cows sold for an average of $435.00 each. Mr. A. J. Oliver, dairy supervisor at Caswell, was in charge.

The boys in the progress building and the girls in Dewey A attended the morning service at the First Universalist Church a Sunday morning in September.

The Kinston Chapter of the American Red Cross has informed Caswell that through the kindness of Chief Joe Hailey and O. D. Lee of the Kinston Fire Department the Red Cross will offer advanced first aid classes for Caswell's employees.

The first issue of a new monthly publication at Caswell School entitled "Caswell School Employee News" was distributed to all employees. The aim of the paper is to help keep employees better informed on matters of general interest and on information pertaining to their own department. Suggestions and ideas on what the employees would like to see in their paper were solicited in the lead editorial. The paper is printed by the Caswell Rehabilitation Center and will be edited about the first of each month. Chaplain Lawson is the editor.

The New Bern Junior Woman's Club sponsored a gala party for fifty brothers and sisters at Caswell School. Cookies, drinks and prizes featured the party and games were played.

The orientation program for public health nurses and public welfare workers was again initiated after a three months summer recess. This workshop is presented once a month during the winter months to give these professional people an orientation as to mental deficiency and to help them understand how a state institution meets this problem.

On August 21 the Jane's School of Dancing from Wilmington put on an excellent dance program for the residents. There were about fifty or seventy-five performers and they created a beautiful effect with black florescent lights.

Seventeen boys of the Boy Scout Troop journeyed to Camp Charles near Bailey in August for a week of camping. This was a happy and growing experience for these boys. They did their own cooking, lived in lean-tos and participated in swimming, archery, canoeing, nature study and campfire activities. The Caswell Troop is supported by volunteer contributions and this was a rich experience which our boys could not have shared except through the generosity of Caswell's many friends.

A committee is working towards the printing of a brochure on Caswell. This will highlight the various departments by means of a short written description of the department's function and a picture depicting some area of work of each department. Chaplain Lawson through the valuable assistance of Major John A. King of the Civil Air Patrol of Kinston was able to obtain a good aerial picture of Caswell. This will be used for the cover. The printing will be handled through the Rehabilitation Center.

The weekly two hour orientation course for all employees is meeting with good success. Each department head meets for either a one or two hour period with each group of employees to discuss his department's work and how it relates to the total program at Caswell. This gives the new employees as well as many older employees a greater understanding of Caswell.

During July Mr. O'Neal, director of the recreation department was interviewed on the monthly T. V. program over Channel 7 (WITN). Mr. O'Neal spoke on the various recreational programs at Caswell and this was illustrated by photographs of their recent summer activities.

Training and Education

The school bells rang again the first of September calling the students to school in the new school building. This building is a delight to both teachers and students especially those teachers and students who were in the cramped quarters over the cafeteria. All the rooms are bright, attractive and large enough for freedom for both student and teacher. For the first time representatives of related disciplines, school principal, student evaluation and vocational training are located in one central area. The landscaping needs to be done and adequate parking space needs to be added - covered walkways have not yet been extended so that there is protection for all. The school principal has reported that the students and teachers adjusted to the change over with little confusion. For this school year 198 pupils have been enrolled and this number will increase during the next several months as new pupils are admitted. For the first time music classes have been set up in accordance with results of a musical aptitude test. Classes which are comprised of pupils whose sense of intonation is quite secure are concentrating on a vocal program while classes of children who are not gifted in this respect have been working with the rhythm band instruments. A boys' chorus consisting of fourteen boys whose voices have changed was organized. Since the Rehabilitation Department adopted a plan of at least nine months of training for their pupils beyond the academic level, the school is placing more emphasis on basic academic subjects so that each student will progress to his potential in reading, writing and arithmetic. This will mean less emphasis on social development. Five summer remedial reading classes were held for students assigned to the Rehabilitation Center. These terminated at the end of August. It was felt that the students profited considerably from this program and it is hoped that in the near future a remedial reading teacher can be added to the staff. Another first for the school department was a field trip to Raleigh for twenty-one advanced secondary students. Among the places visited were the Capitol building, the Museum of Art, the Hall of History and the Museum of Natural History. A highlight was a trip to a downtown restaurant where each student had the experience of ordering his meal from a menu,

Nine members of the faculty were placed on an eight hour work day and on a ten month schedule.

Recreation reports that in July as the extreme heat arrived the swimming pool was an active spot. By the first of September the pool was drained and secured for the winter months. There were no serious accidents or mishaps. This was an exceptional record considering that for the total season there were about 9,800 children who used the swimming facilities. Special swimming instruction was given to about thirty-five students during the summer. The children were classed as to age, size and co-ordination. The classes were held twice weekly - some for one hour and some for thirty minutes each time. Two classes (12 approximately) were made up of children who were small in physical stature and about eight to ten years in age. Three classes (about 17) were more at home in the water and advanced at a fairly good rate of speed. One class was composed of six trainable girls most of which were at the beginning afraid of the water. Twelve children learned to dive and swim well in deep water. Twelve could swim fairly well but need more practice. Six children overcame a great fear of the water and learned some elementary skills. Five did not make much progress. The vacation leaves interfered greatly with the progress. The department would like to see this pool enclosed so that it could be used year round.

The rubber tires for the, wheels for the train arrived in August and this again has been a great attraction to one and all. The recreation department has been giving all the various living units wiener roasts and the children enjoy these. A full size billiard table donated by the minister of the Gordon Street Christian Church was added to the game room. The intramural softball created a lot of interest for the children and as the days became shorter this activity had to be abandoned much to the regret of the residents. It is hoped that sometime lights can be installed on the field so various night sports can be held.

The recreation department has made some changes in its schedule. It has added two tumbling teams (trainable and educable), two drill teams (trainable) and two square dance teams (trainable and educable) along with the regular physical education classes.

Trainable School reports that 146 students were on roll the first of September. The trainable school is now in its new location. They have moved from over the cafeteria to where the academic school was previously. This building had a face lifting and new plumbing was also added. Mr. Sharber's classes in industrial arts are remaining in the old location. Two additional people were added to the staff in September and two more are expected to be added in October. This will enable 100 more pupils to be added to these classes. In the last issue of Caswell News it was mentioned that some of these pupils had planted a garden and in July the pupils harvested peas, butter beans, corn, cucumbers, tomatoes and okra.

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PERSONNEL

Dr. C. C. Hale represented Caswell School at a meeting of the North Carolina Public Health Association in Greensboro in July.

Mrs. Iris Aldridge, home economics instructor from the Caswell Rehabilitation Center was awarded Vocational Rehabilitation $250.00 stipend in conjunction with the Columbia University Teachers College Work Conference on the Vocational Rehabilitation of the Mentally Retarded. This was held July 24 through August 4, 1961 in New York City. The Work Conference will be conducted by outstanding persons working in the field of rehabilitation of the mentally retarded. The Conference carries three hours of graduate credit for all participants, who are pursuing graduate work and comply with regulations as set forth by Columbia University. Emphasis was placed on the sheltered workshops for the retarded.

Mrs. Marjorie Wiggins who had been with the Rehabilitation Center since January 1961 resigned her position as Counselor effective June 30.

Mr. LeRoy Batts, school principal, Mrs. Anne Owen, librarian and Miss Mary Hadge, teacher in he academic school spent a day in July for the purpose of planning a field trip for the advanced econdary class. In addition, they visited the library of the education division of the N. C. Hospitals Board of Control.

Mr. W. F. Baxter, director of the Caswell Rehabilitation Center was invited to participate in he annual meeting of the National Association or Retarded Children in San Francisco on October 1-14. The panel was on Training and Rehabilitaion of the Mentally Retarded Students in State nstitutions.

A special state meeting of all counselors in the Division of Vocational Rehabilitation was held in Raleigh on July 31 and August 1, 1961. Attending his meeting was Mr. W. F. Baxter, Jr., director, Mrs. Phyllis Whitaker, Mr. Norwood Williams and Mr. William A. Dunne, counselors.

Chaplain Donald W. Lawson has been notified by Dr. William Sloan, editor of the American Journal on Mental Deficiency that his article on "Reigious Programs for the Mentally Retarded Reiding in Institutions" has been accepted for publiation and will appear in a forth coming issue of he Journal. Chaplain Lawson's article is based n research information on the religious programs f state institutions throughout the United States which he gathered in early 1959.

Miss Pearl Adkins and Chaplain and Mrs. Donld W. Lawson visited the summer camp for rearded children on the Pamlico River in Washington. The camp held for two weeks was sponored by the N. C. Association for Retarded Chilren. Chaplain Lawson conducted a worship serice for the campers.

Mr. Hugh Sellars who has so ably served as plant engineer for Caswell for the past nine years as recently accepted a position as Head Engineer or the Broughton Hospital at Morganton, N. C. Mr. Sellars and his family moved to Morganton at he end of August.

Mrs. Iris S. Aldridge, home economics instrucor in the Caswell Rehabilitation Center was inited to speak to the Moss Hill Ruritan Club at its eptember 7 meeting.

Mrs. Lou Smith has joined the business office taff. Mrs. Smith is a former employee of Caswell.

Several staff members attended the 1961 Anual convention of the N. C. Association for Rearded Children held in Charlotte September 15 through 17. Those in attendance were Mrs. Maxim Tabory, and Miss Pearl L. Adkins. From the Reabilitation Center were Mrs. Johnise Gray, Mrs. Thelma Roberson, Mr. W. F. Baxter, Jr., Mr. N. L. Williams, and Mr. R. D. Rhyne. Mr. Baxter, director of the Rehabilitation Center participated in a anel discussion. He presented by means of a lm he had recently taken "The Caswell Rehabilation Center." This is a movie of the work of the Center.

Mrs. Margaret Tisdale, Mrs. Virginia Perry, Mrs. Doris Rouse and Mrs. Pat Smith all registered nurses at Caswell are continuing their studies for their degree at Eastern Carolina College.

Mr. Baxter, director of the Rehabilitation Center presented the film "The Caswell Rebabilitation Center" to the Kinston Civitan Club. Mr. Baxter has also been invited to address the Durham Community Planning Council on "Rehabilitation Houses."

Mr. LeRoy Batts, principal of the Academic School, attended a Community Leadership Workshop Conference sponsored by the N. C. Mental Health Association and the National Institute of Mental Health at Pinehurst, September 27 and 28.

In July Mrs. Mildred Spear, R. N., returned to duties at Caswell and in September Mrs. Nell Smith, R. N. also returned.

Mr. Ken Trogden and Mr. Don Graziano both students in psychology who joined the recreation department staff left the first of September to return to school.

The Training and Educational Department reports that two new teachers have been added to its academic school staff. Mrs. Martha Carraway is a recent graduate of East Carolina College. Her major field of study was in primary education. Mrs. Ann Sutton is a primary education major and she comes to Caswell with two years teaching experience in the Raleigh Public School System.

Mrs. Helen Hardy completed college requirements for a Bachelor of Science degree in elementary education during the summer. This qualifies Mrs. Hardy for an "A" certificate.

During the last quarter the following people have been employed by the Cottage Life Department as building parents: Mrs. Bessie Jean Soles from Dover, Mrs. Eleanor Whitley from Dover, Mrs. Lucille Sykes, Mrs. Carrie Reynolds, Mrs. Jane Murphy and Mrs. Floyd Gore, all from Kinston, Mr. Donald Ray Smith from Seven Springs and Mr. Benjamin F. Dail, Jr., from LaGrange.

New Horizons

(From page 4)

of the students have been in an institution since a very early age, and the transition to community living is slow. Of the number of placements to date, thirty-three have returned to the institution for one reason or another. This is about 41 per cent of the placements. Twenty-four per cent of those who returned have been placed again and are doing well in their new job. The others are receiving extended training.

There are a number of reasons for a student to return to the institution. About 24 per cent of these return because they do not adjust socially or have emotional problems. About the same percentage (24 per cent) return because they are not interested in the job. Employers being dissatisfied account for about 20 per cent. The remaining 32 percent account for all the other reasons for students returning to the institution and are too numerous to mention. Of the thirty-three stu-

VISITORS

Mr. Dan Jackson, who is the Director of Special Education for the Greensboro, North Carolina City Schools, served as a summer instructor at East Carolina College. In June he brought 26 students who were taking a special education course under him at Caswell to observe and be toured around the campus. Most of these were teachers.

Representative John Umstead, Chairman of the North Carolina Hospitals Board of Control paid an official visit to Caswell in July. He was accompanied by Mr. Pat Webb administrative assistant in the central office of the Board in Raleigh.

Dr. James Elliott, Superintendent of Murdoch School in Butner, visited Caswell in July and was accompanied by five of his staff members.

Guests to Caswell were Mrs. Robert McConnel of the Kinston Junior Woman's Club and Mrs. Robert Dook of Charlotte.

Professor Colvert R. Dixon of the Psychology Department at East Carolina College with a class of twenty graduate students, came to Caswell to be conducted on a tour and to observe training department procedures, clinical types and the various living units.

During August Mrs. D. C. Gillmore, president and Mrs. K. M. Corbett, Jr., second vice-president of the New Bern Junior Woman's Club visited the campus.

Mrs. W. A. Heath with the Kinston Public Library Book Mobile Service conferred with Mrs. Owens, Caswell's Librarian regarding Caswell library facilities.

Mr. Herman Wellons, manager of the Kinston local office of the State Employment Security Commission and Mr. Charles Poag, interviewer, with the commission were at Caswell on business.

In September State Senator H. Lunsford Crews, a new appointee on the North Carolina Hospitals Board of Control spent some time touring the campus.

Also in September Dr. Eugene Hargrove, Commissioner of Mental Health was at Caswell to confer with Dr. Frank Badrock, superintendent.

Mr. Roy Lefler, administrative assistant, in the budget division of the North Carolina Department of Administration discussed budget matters with Mr. Speight H. Stroud, business manager.

Mrs. Bob Bland and Mrs. James Gray of Kinston had a conference with Dr. Badrock, Superintendent, Rev. Lawson, director of public relations, Miss Alease High, Girl Scout leader and Robert O'Neal, director of the recreation department relative to the projects sponsored by the 58 Ladies Auxiliaries to Veterans of Foreign Wars Post. Mrs. Gray has assumed the duties of director of the project. Mrs. Bland is the former director. These auxiliaries will continue to assist in the donations for Christmas.

Caswell School played host on Friday, September 22, to twenty-one social workers from the various North Carolina State Hospitals and Schools for the retarded. Mr. Miles Kelly, social worker of the O'Berry School, the state negro school, discussed group therapy as practiced at his school. The social workers had lunch at Caswell and after which they met to discuss mutual problems.

Mr. Roy M. Purser, general business manager for the North Carolina Hospitals Board of Control visited the Caswell campus and discussed various problems with Mr. Stroud, Caswell's Business Manager.

Dr. Charles Vernon, director of professional training for the North Carolina hospitals Board of Control has visited Caswell twice in the last quarter.

Dr. Girard J. Bensberg of the Southern Regional Education Board spent part of a day at Caswell to discuss the Institution's participation in the Board's regional effort for developing programs of training for cottage parents in institutions for the mentally retarded.

Mrs. Hal Goode, director of training and education at Murdoch School in Butner and Mr. William Waters, director of training and education at O'Berry School in Goldsboro conferred with Mr. Waylon Bissette, the director at Caswell.

Mrs. Josephine Hart, dietician at Murdoch School in Butner and several of the Murdoch food service personnel visited Caswell to have a conference with Mrs. Stroud, dietician and other food service workers.

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dents who returned, 64 per cent were girls, and 36 per cent were boys.

From the beginning of the Center's placement program in November, 1960, a monthly average of 82.5 working students earned a monthly average of $4,311.23 or a total for eleven months of $47,723.50. When this is compared to the $1200 it cost to maintain each student at Caswell per year, and considering the Federal and State Taxes and Social Security they will pay, it seems obvious the student is well on the way to being a self- supporting and contributing individual in our American society.

In conclusion, the feasibility of the Caswell Rehabilitation Center seems evident beyond any doubt. The students placed outside the institution and making their own way seem to indicate success. New methods and techniques in teaching and rehabilitating the adult mental retardates are constantly being sought. With new and advanced information in this field, we, here at the Center, expect to show greater progress at the end of the second year of this program. Combined efforts of parents, friends, administrators, teachers, and students will no doubt bring for the mentally retarded hope, progress, and new horizons.

A Tribute

(From page 2)

was the largest ever held and has set a precedent for all following meetings.

At Southbury Mr. Thorne is Director of Cottage Life. Along with this position he will coordinate the education and training in the living units, promote public relations, do research and write for publication. This is offering Mr. Thorne many new avenues for experience and challenge.

His many friends wish him all the success and happiness possible in his new job.

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The CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

SMALL THINGS

A sense of an earnest will
To help the lowly living,
And a terrible heart - thrill,
If you have no power of giving;
An arm of aid to the weak,
A friendly hand to the friendless;
Kind words, so short to speak,
But whose echo is endless:
The world is wide, . . . these things are small,
They may be nothing . . . but they may be all.

—Richard Monckton Milnes

January, 1962

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The Caswell News

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Frank Badrock, M.D. ....Superintendent
Mr. S. H. Stroud ....Business Manager

Editor ....Pearl L. Adkins
Circulating Manager ....Sarah E. Claytor
Secretary ....Mrs. Mary E. Collins
Treasurer ....Mrs. Evelyn Wiggins

The Challenge

The New Year offers a real challenge to discover more effective methods of training, guiding, and teaching the young retardate to become a self-respecting and self-supporting member of the community. To accomplish this, it is necessary to first evaluate the past year and then formulate plans for the new year.

Of the 183 students who have received the services rendered by the Caswell Rehabilitation Center, 96 were placed on a job as trainees. Thirty-eight trainees returned to the campus for numerous reasons, and of this number of returned trainees, five have been placed back on the job where they are now doing well. The remaining 62 clients are in classes where they are receiving intensive training in one of the following areas: home economics, agriculture, industrial arts, and maintenance-janitorial.

The total monthly income of all the clients in Rehabilitation for November was $7,123.50, whereas in December the total earned was $7,782.25, which is an increase of $658.75 over the month of November. This figure includes 81 clients working in on-the -job training programs, permanent jobs, and those working only on Saturday. Also included in the monthly income figure are 19 clients who have been closed from the active rolls of Rehabilitation. These closed clients have completed their training and have proven their ability to be self-supporting, therefore, demonstrating that they no longer need the services of the Rehabilitation Center.

With the arrival of adequate supplies, classes in the various departments have gone forward in the quest for new learning experiences.

Many projects such as individual outfits, assembly line sewing projects whereby students are

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Kindergarten

The following article is written by Mrs. James E. Thomas as she sees her objectives in teaching her kindergarten pupils at Caswell. —Editor

An important goal of the kindergarten program whether for normal or mentally retarded children is to help each child learn to live happily and contentedly with others. His environment plays a significant part in growth toward this goal. The room should be a cheerful place in which to live and should induce desirable standards of safety and health. Within the room there should be special centers of interest, so that with the teacher's guidance the child will be led to reach these goals.

There are basic needs of each young child that must be satisfied through his classroom activities to enable him to reach this important goal. There is a need for belonging. The child must contribute to his group and feel that he is accepted by the group. There is a need for achievement. Each child must feel that he has a real responsibility and must meet this responsibility with success, never be made to feel that he is a failure. There is a definite need for freedom from fear. Permit the child to discuss his fears and embarrassments with teacher and schoolmates so as to eliminate the element of fear and ridicule from daily contacts.

Among the child's needs is a decided need for love and affection. A teacher should show the child that she loves, respects and understands him. Always endeavor to trust a child, never rejecting him, though at times discipline may be necessary. A teacher should give the child sympathy when needed. The kindergartner also needs to feel free from guilt. Help the child to accept himself and grow in independence, showing him that rules are necessary to make things run smoothly, and that everyone makes mistakes.

There is a need for sharing among small children. Some rules will have to be made, the child contributing to this factor. A child has to learn to work and play with others, and to assume responsibility for tasks in and around the schoolroom.

There are many ways to help a child meet these basic needs. One important goal of the kindergarten child is socialization. He must learn to get along well with others, and to become aware of the many people who contribute to his comfort and welfare. The kindergarten should provide the equipment, materials, supplies and activities which will give happiness and satisfaction in doing these important social amenities necessary for daily living.

The child must learn to take turns, share, and be interested in others' activities. He should learn courteous social expressions, how to apologize, and how to make friends. Honesty and truthfulness must be taught as a child is not born with these attributes. A kindergarten child has to learn by doing. Simple tasks must be given at first which will grow more difficult as he becomes more mature and independent.

Encourage perseverance in completing an assignment which will lead toward further success. Give encouragement, reassurance and praise often.

A stimulating atmosphere, a correct time and place should be provided for children throughout the day so that they may pursue their several projects, sometimes together, usually alone, so that social living may be developed.

Whether in language, number work, science or art, a child must be given objects and materials to handle, so that he may learn by doing and by using. Such materials as toys, play equipment, and musical instruments helps the child gain confidence in his own abilities. A teacher should help a child laugh at minor bumps and bruises whether physical, mental or just his feelings. He also must be taught the meaning of the word "No" which will help him in safety and health as well as in learning processes.

Language is informal, usually conversation at play, lunch time, clean-up time, class time and daily oral communication. Story-telling and reading tend to enrich vocabularies.

In number work, kindergarten children love to count. Let them enjoy counting objects around them. Comparative size and quantity are taught mostly through vocabulary.

Science may be taught by means of visual aids, nature walks, studying plants, animals and pets. The child's immediate interests should set the place for the lessons, because of a young child's short interest span.

Art and music for the young child should be guided creative work. Genuine joy in using art materials, in singing and in rhythms for expressing ideas are more important at this level than the quality of the finished product.

Skills in all areas must be begun at this level so as to begin the upward trend toward the goal assigned. A teacher must study each child's achievement and needs; she must enlarge on his readiness for learning. Some testing may be necessary and especially some checking on abilities, such as matching colors, drawing forms such as circles and squares, matching pictures, designs, and forms. A teacher then begins to work with the individual child in fulfilling his needs toward developing strong character and understanding.

The teacher then guides as the child acquires more skills at his own pace. She insures a good learning situation which does away with stress and fear. The teacher encourages creative work, gives many pretty picture books which are read and discussed. Such story tellings enrich the child's vocabulary, and gives a desire for reading.

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THIS AND THAT

The Clinton Junior Woman's Club, represented by the president, Caswell chairman and three other members gave a Halloween party to fifty boys in the Parrott 3 Ward.

The New Bern Junior Woman's Club sponsored a Halloween Dance for 85 residents at the recreation building. Prizes were awarded for bop and slow dance contests. Refreshments included sherbert punch, cupcakes, nuts and candies.

In October a group of Caswell School residents from the Dawson building attended the morning service at the Church of Christ in Kinston.

Approximately four hundred residents attended the Lenoir County Fair. School officials and residents were grateful to the Kinston Jaycees and Fair personnel for their generosity in giving boys and girls rides and refreshments. Many cottage and building parents volunteered to work extra time in order to accompany the residents to the Fair. Caswell had an exhibit at this Fair. Mrs. Nunn, the art teacher in the academic school and members of her classes constructed a large mural backdrop for the exhibit. The backdrop scene, entitled "Caswell School - Roads to the Future" showed boys and girls enroute to three buildings - one of which was to the trainable school with job placements on the campus. Another building was the academic school with job training. The third building was the rehabilitation center with community job placement. The training and education department and rehabilitation center jointly sponsored this project. A blue ribbon was given for this exhibit.

Mr. A. J. Oliver and Mr. Jack Smith, supervisor and assistant supervisor of the dairy exhibited six cows from the dairy herd. Five of the six animals placed in the judging events. The awards totaled $66.00 in cash.

A group of boys in the Agriculture Department attended the State Fair to observe the livestock exhibits.

Members of the North Carolina Hospitals Board of Control held their regular monthly meeting at Caswell on October 25 and 26. The Honorable John Umstead of Chapel Hill presided.

The Mental Deficiency Committee of the Board together with representatives of the N. C. Association for Retarded Children toured the various facilities.

Dr. Badrock, Superintendent, announced that the Kinston Board of Realtors has given a memorial gift in honor of the late James M. Hardee of Kinston to Caswell. The gift will take the form of a picture to be placed on the wall of the academic school library. A memorial plaque will accompany the picture.

Rev. and Mrs. Willie Ham, Mr. and Mrs. Woodrow Ham, Leon Ham and Marion Humphrey presented a program of gospel songs and music to approximately 800 residents of Caswell School at the recreational building one Sunday night in November. Two of Caswell's residents assisted them.

Dr. Jean Smith of Kinston spoke to the members of the Caswell School nursing staff on October 27. Her subject was "Cancer in the Human Female."

Many East Carolina College students have shown a keen interest in the Caswell Rehabilitation Center. A number of them have participated in research projects with the Center as the subject. The film on the Center has been shown to several East Carolina classes.

The Grainger High School Singers gave a program for residents and staff members at Caswell School on November 16. These singers are always enthusiastically received.

The boys in Tapp 2 were invited to attend the 11:00 A. M. worship service at the Westminster Methodist Church on November 19.

The Pate and Turner Family Singers presented a program of gospel music in the Recreation Building on November 12. Participating were Mrs. Charlie Pate, Misses Gladys and Joan Pate, Burle Pate, Mrs. Patricia Dawson, Mr. and Mrs. Matthew Turner and Mrs. Thomas Turner.

Dr. Bessie Lane, formerly a physician at Caswell spoke to members of the Southern Pines Junior Woman's Club on November 14 on the subject of "The Caswell Story" and showed the film of the same name.

The New Bern Junior Woman's Club sponsored a party in Johnson 2.

The Home Economics Foods Classes of Vocational Rehabilitation planned, prepared and served a banquet meal to approximately 25 members of the Kinston Civitan Club. A guided tour of the Center was also conducted.

The Kinston Civitan Club has sponsored the addition of an optical sound track to the film "The Caswell Rehabilitation Center."

Caswell School officials, residents and employees have expressed their deep thanks to the Kinston Chamber of Commerce and the Kinston Merchants Association for making it possible for the floats from the pre-Christmas Parade on November 30 to visit the Caswell Campus at the close of the parade.

In December the Second Marine Division Band of Camp LeJeune, N. C. gave a concert to nearly one thousand, composed of residents, staff members and townspeople. This is the second year the Band has come to Caswell. The band is always well received and especially appreciated by the residents.

The members of the officers' wives clubs at Seymour Johnson Air Force Base were very active in promoting a drive for new toys to help Santa Claus in his visit to the girls and boys at Caswell.

Jimmy Burns and His Orchestra, a sixteen piece band from East Carolina College played for a special dance at Caswell on December 1. Prior to the dance the band played a concert of swing, jazz and twist music. Transportation costs of the band were assumed by the Theta Chi Fraternity of East Carolina College. Approzimately 650 residents attended and most agreed it was one of the outstanding recreation events of the year. It was the first time the residents had danced to live music.

Under the direction of Dr. Ursula M. Anderson pediatric consultant, the N. C. State Board of Health and the N. C. Association for Retarded Children are jointly sponsoring the making of a film designed to portray state-wide concern for mentally retarded individuals. State and private residential centers, trainable and educable classes in public schools and other program facilities throughout the state will be featured in the film. Mr. Robert Rogers, staff photographer of WRAL-TV, Raleigh with Mr. Paul A. Peoples coordinator of the educable program in the Division of Special Education of the State Department of Public Instruction were on the campus for the purpose of taking pictures for the comprehensive film. This film will be shown on WRAL-TV (Raleigh) the early part of 1962.

Christmas parties were held in various units. The Clinton Junior Woman's Club gave a party for the girls in Wooten B on December 12. A party for cottage 1 was given by the New Bern Junior Woman's Club. The Rivermont Home Demonstration Club was host to a party for the Pollock A Boys. The Cartwright boys enjoyed a party by the Kinston Pilot Club. Cottage 1 and 3 were entertained by the Clinton Sub-Junior Woman's Club.

Mrs. Walter Paramore, Jr., Caswell School chairman for the New Bern Junior Woman's Club, presented the school a check for $100.00. The check is designated to be used for the re-filming of the "Caswell Story." Junior Woman's Clubs across the state are presently engaged in raising $2,00.00 to make the new film. Over half the amount has been raised to date. The original film was made in 1956 and was also sponsored by Junior Woman's Clubs.

A new pictorial brochure on Caswell has been published. Typing and offset reproduction were provided by the Caswell Rehabilitation Center. The aerial photograph of the campus on the front cover was taken by Chaplain Lawson in a Kinston Civil Air Patrol plane. The brochure gives a brief history of the local institution and descriptions of the various departments.

Chaplain Lawson, Director of Public Relations has continued to have some phase of Caswell on the monthly TV program over Station WITN in Washington. In October he introduced the film "The Caswell Rehabilitation Center". In November Chaplain Lawson interviewed Miss Charity Holland, director of student evaluation in the Training and Education Department. The Caswell Chorale, an advanced girls' chorus, under the direction of Arthur Honeychurch gave a Christmas program in December.

The Boy Scout Troop attended the weiner roast and campfire at the Caswell District rally held at Stallings Air Base on October 6. The Troop attended the East Carolina-Wooford College football game at East Carolina College in November. The Scouts thoroughly enjoyed their participation in the pre-Christmas parade. They rode the "Train" which had been decorated to resemble a sleigh. Mr. Littleton, an assistant scout master, and the boy scouts sold $132.00 worth of scotch tape during the month of December to help finance the troop for 1962.

Close to 700 residents left Caswell for the Holi-

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IN APPRECIATION

In December Caswell received a special and most useful gift. Although it was given just before Christmas it was not specifically a Christmas gift but a gift in memory of Hugh Edwards given by his brother, Mr. Wilbur S. Edwards. Hugh came to Caswell on November 16, 1948 and died while while still a resident of Caswell on August 8, 1961.

This gift consists of over 500 color film strips with a variety of educational subjects; arithmetic for Beginners, Art, Health and Safety, Language, Arts and Literature, Science, Social Studies, Character Building, Community Life, Geography and American History. These film strips are published by the Encyclopedia Brittanica Films in Wilmette, Illinois and are valued at $3,000.00.

The Kinston Free Press carried an editorial regarding this gift and the last paragraph expresses so well the meaning and significance of such a gift. It is as follows: "Hugh Edwards has helped by Caswell School. A grateful family appreciates that help enough to assure its future service to others will be on an even broader and more comprehensive basis. Everytime these film strips are shown to any group, large or small, the spirit of the one who made it possible will be memorialized in a tangible and inspiring way."

Caswell is deeply and eternally grateful for this gift. It will bring help to many a resident.

Personals

In October Mr. Speight H. Stroud, business Manager attended the third annual meeting of the American Society of Mental Hospitals Business Administrators in Omaha, Nebraska.

Mr. Waylon Bissette, director of training and education, Mr. LeRoy Batts, Jr., school principal, Mr. Earl Braxton, assistant director of cottage life and Mr. Ivey Stroud, cottage life supervisor were in charge of the booth sponsored by the N. C. Hospitals Board of Control at the State Fair in Raleigh during October.

Chaplain Donald W. Lawson who is also public relations director lectured to students in a course of clinical pastoral training offered by Dorothea Dix Hospital. Chaplain Lawson spoke on North Carolina's institutional program for the mentally retarded and showed the film "The Caswell Story."

In October Miss Johnise Gray, a home economics teacher, joined the staff of the Rehabilitation Center. She is a native of Beaufort, N. C. She was graduated from East Carolina College in 1960 and worked as an assistant home economics agent with the 4-H Club members at Jacksonville, N. C. At Caswell she supervises eleven girl trainees who serve the noon meal to younger children in the residents' cafeteria. In addition, Miss Gray teaches classes on foods, laundry, housekeeping and social adjustment.

Mrs. Iris Aldridge, Mr. W. F. Baxter, Jr., Mr. W. A. Dunne, Mr. Norwood Williams and Mr. George Howard of the Caswell Rehabilitation Center attended a National Rehabilitation Association Conference in Winston-Salem on October 18 and 19.

Mr. Waylon L. Bissette, Director of the Training and Education Department and Mr. Hal Goode, who holds a similar position at the Murdoch School in Butner spent a week at the Columbus State School in Columbus, Ohio. They were concerned in studying the training, education and rehabilitation programs offered by this institution.

Mrs. Lou M. Smith has been re-employed as a clerk in the business office. Mrs. Barbara Turner has joined the secretarial staff of the same office.

Miss Pearl Adkins, director of Social Service, Mr. LeRoy Batts, Jr., principal of the academic school, Mr. W. F. Baxter, Jr., and Mr. Norwood Williams, director and counselor in the Rehabilitation Center attended the southeastern regional meeting of the American Association on Mental Deficiency in Nashville, Tenn., from November 9-11. Mr. Baxter was chairman of the Section on Vocational Rehabilitation.

Mrs. Mildred M. Spence of Kinston began her duties as a teaching aide in the trainable school on November 8. Mrs. Spence is a graduate of Trenton High School and took a year of work at East Carolina College.

Mr. W. F. Baxter, Jr., has been appointed alternate regional representative of Region 7 of the American Association on Mental Deficiency to the National Convention.

Mr. Norwood Williams has been appointed chairman of the Rehabilitation Section of the Southeastern Region of the American Association on Mental Deficiency.

Mr. Earle Frazier and Mr. Carl Winshester spoke to the Junior Woman's Club of Farmville on November 16. The movie "The Caswell Rehabilitation Center" was shown to the group.

Mr. Carl Winchester, speech therapist of the Rehabilitation Center attended a conference on Education for Exceptional Children in Winston-Salem on November 30 and December 1 and 2. The North Carolina Speech and Hearing Association met in conjunction with the Conference on Exceptional Children.

Faculty members of the Caswell Rehabilitation Center attending graduate classes at East Carolina College are Mrs. Iris Aldridge and Donald Rhyne.

Mrs. Doris Smith, an employee of the Cottage Life Department, joined the staff of the Trainable School as an aid.

The following employees were added to the staff of the Cottage Life Department:

From Kinston are Mrs. Lillie Belle Phillippi, Mrs. Faye Jones, Mr. Maxim Tabory, Mrs. Helen Nunn, Mrs. Osborne Walters, Mrs. Marguerite Cunningham, Mrs. Laura Jones, Mr. Elmer Harris, Mr. Clifton Parker, Miss Anne Purvis, Mr. Jimmy Turnage, Miss Sue Barber, Mr. Jimmy Merritt, and Mrs. Huldrudt Herring. From Pink Hill are Mrs. Christine Page, Mr. Edward Earl Smith, Miss Bertha Smith. From Deep Run comes Mr. David L. Gray, Mr. Vernon Freeman and Mrs. Roselle Taylor. Mr. Bobby Miller is a resident of Faison.

CHRISTMAS

As this article is being written Christmas with its promise, its excitement and its beauty has come and gone for another year but it is to be hoped its spirit has not faded. Certainly the spirit of giving was abundantly displayed on the campus for the many friends and the many staff members of the school gave of their time, their energy and their material possessions. These good people must have realized to the fullest that "It is more blessed to give than to receive."

Through the generosity and thoughtfulness of Caswell's many friends not one resident was without a gift under the Christmas tree. As is the custom the gifts were all opened on Christmas morning. Gifts of all sizes, all shapes and all kinds - toys, cosmetics, clothing, shaving materials, lotions, jewelry, anything which can be utilized or desired by a resident started pouring in during the fall months and reached the peak during December. Money in all amounts was donated. The gifts both financial and material came from relatives, friends and all the various organizations throughout the state.

Christmas could never be the inspiration and the meaningful time it always is if it was not for all the planning and work which goes on behind the scenes. Christmas would not be Christmas without its traditional Christmas program and Open House. The program brings into focus the real meaning and significance of Christmas. The music teacher and one of the academic school teachers directed the program which was given for the public to see during the week before Christmas. Approximately 700 persons, relatives, townfolk and staff gathered to hear and observe a beautiful, simple and colorful pageant in narration, music and pantomime. Ninety-seven students participated. This involved many hours of painstaking work and practice by the students as well as the entire staff of teachers in the academic school. The colorful costumes which lent to the effectiveness were made by the teachers in the Home Economics Department of the academic school.

Open House after the program was a considerable success. People toured the buildings to see the decorations and the trees which were so beautifully trimmed and lighted. More people this year availed themselves of this opportunity as the weatherman was good to Caswell that night. Also there was more time allotted to this part of the program.

The Recreation Department has one of the most difficult tasks and possibly one of the most tedious tasks. Late in the summer or early fall the wheels begin to gradually move with the boys and girls giving to the building parents a list of things they hope Santa will have in his pack for them. The lists are then given to the Recreation Department to assist in planning for each resident's gift package. This package includes not one item but several. Although gifts pour in from relatives, friends and clubs, there is still shopping to be done as there are times when there is not a sufficient supply of certain items. Every effort is made to see that each resident has something he really wants. The tedious job of selecting the gifts, assigning them to the individual - then wrapping them and finally delivering them to the building is part of the Recreation Department's responsibility. This year this department's regular work was carried on by the volunteer corps and this was of valuable assistance to the staff as it left them to carry out the Christmas activities.

The building parents work diligently at Christmas time to bring Christmas to the buildings. They experience and share the boys' and girls' anticipation and excitement. The Recreation Department delivers the trees and decorations to the buildings and the building parents use much imagination and forethought in not only trimming the tree but decorating the buildings. Originality is displayed in every living unit. There are times when building parents reach into their own pockets to provide the extra touch to enhance their buildings. These parents must assume the responsibility to see that 675 to 700 residents who go home for the holidays are packed and dressed ready to leave with their relatives. The building parents must try to console and comfort those who had earnestly hoped to leave for Christmas but find no plan materializing for them.

Christmas would not be Christmas if it were not for the traditional Christmas dinner with all its fixing served so efficiently by the staff in the kitchen and the dining room.

It is not ever possible to mention everyone who contributes to the success of a program or activity like Christmas at Caswell. At Caswell there is no worker who did not contribute in some way. Each department is not an "Island Unto Itself" and the departments and workers toil and work together to give a wholeness to each program and project. Caswell News cannot but say "thank you" for a job well done.

THIS AND THAT

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day season. This would mean a little less than a third of the boys and girls.

Rev. Donald W. Lawson together with Dr. Jenkins, President of East Carolina College, Mr. Speigh, a Pitt County farmer, was interviewed in November over WNCT-TV channel 9. The subject was the State Bond Issue.

Caswell was greatly disappointed over the negative vote on the Bond Issue. Although Caswell's request were not as great as other institutions the asking for covered walkways and the canteen was considered a much needed additions.

As of January 1, 1962 there were 1774 residents at Caswell. During the last quarter Caswell had forty admissions. Thirty of these were from the waiting list while seven were from placement and three from transfer to other institutions. Of the thirty discharges there were twenty-two to placement; four transferred to other institutions, three died and one was discharged direct. The number on placement as of January 1, 1962 was ninety-nine. There are sixty-one being carried on rehabilitation and thirty-eight on home placement. Twenty-two were placed during the last quarter

TRAINING AND EDUCATION

The Director of Training and Education reports new parking area and sidewalks around the school are being constructed. The walks are designed to tie directly into the covered walks now existing on the campus. These new walks are not to be covered as money is not available. This was defeated in the bond issue. The academic school and trainable school are completing and processing the new cumulative records. When these records are completed the school data on an individual child will be one card. This will enable a person studying a child's record to see at a glance what the child has done in school over a prolonged period of time. The Personnel Department has made salary adjustments for the academic teachers. Since this adjustment has been made and the teaching year extended, the salary scale is comparable to that in the public school system. Seven teachers have been selected for twelve months employment and the Personnel Department has approved these applications.

The academic school has 209 students enrolled in 26 classes. Field trips have been a highlight for many of the classes. Students of the readiness, primary and intermediate sections have taken tours about the campus collecting leaves, seeds and insects for their nature study projects. Members of the secondary classes visited the Kinston Police and Fire Depuartments in conjunction with study units on public utilities. Also trips were made to a commercial laundry. A change in the method of assigning new students to academic classes has been placed into effect. The new admission is temporarily placed in the academic section according to his best results and abilities. After a week's trial visit, the teacher makes recommendation as to which of her three classes the student is best suited, then he is officially enrolled in a particular section. The Kinston Junior Woman's Club has donated the sum of $100.00 to be used toward buying shrubbery for the school court yard. The use of the library has increased with approximately 861 books being circulated one month. A new book truck has proved a great help and an advantage as books can be loaded on the truck and placed in the various class rooms for certain periods. An illuminated globe was donated to the Children's section of the library. The $50.00 which came with the blue ribbon for the exhibit at the county fair was given to the academic school and it was converted into currency and coins to be used as a teaching aid in the teaching of the use of money with the intermediate secondary and advanced groups. One of the teachers, Mrs. Joann utton resigned her position to join her husband in the armed services. A memorial gift of $25.00 was given to the academic school.

In the trainable school with the added personnel there are now 258 pupils enrolled in 36 classes. This is a considerable increase over 146 in September. One of the new classes consists of six boys from Byrum 2 who have been selected to receive intensified training in elementary basic skills which will enable them to adjust to a living unit of higher level and independence. These students are drilled in using the toilet, washing their hands, dressing, communications, manners etc. They will soon practice table manners and carrying their trays. During the last quarter $86.24 was collected from the sale of craft items. The most of this was realized from the sale at the time of the Christmas program.

During the month of October Holloween was the high light of the Recreation Department and the Recreation Department planned something for all the children on the campus. Some had a party in the recreation building; others had candy and treats passed out in the living unit. The Recreation Department has reported progress in physical education classes and the Children are enjoying them. The trainable dance groups are learning several dances and are doing quite well. The department is quite concerned over the Motion Picture Association's revising of its Gratis Film Service list. Caswell can no longer receive the movie films free. It is hoped some solution can be found as this is a great loss to the School. The children have enjoyed these movies so much. The Caswell volunteers are making a real contribution to the recreation program. There are at least 15 persons helping in this area. All of these people are now trained enough to carry on an activity without the department worker's assistance. This was especially valuable during the Christmas rush when the Recreation Department had to use its regular staff to wrap the Christmas presents. The "Train" was repainted, decorated and entered in the annual Christmas parade in Kinston. Many of the Boy Scouts rode in it. Christmas and all its activities; the distribution of the trees and decorations, the wrapping and distribution of the gifts and the various parties are all part of the functions of this department. This year Santa Claus appeared twice - once on Friday, December 22, and on Saturday night, December 23. Candy was passed out to all and on Saturday night combs were passed out.

The Director of Student Evaluation feels that with the additional staff in the Trainable Department a program of Training can be provided for all residents under the age of eighteen with a minimum IQ of 25. In October eleven additional classes and in November three classes were setup in the trainable school. At that time 83 students were transferred from the inactive training status to active status. All residents in the cottages are in a training status, also all residents in Wooten A and B. Soon two additional classes from Johnson 2 and some from Tapp and Pollock will be organized. A comparative study of the achievement test scores for the 192 students who participated in the fall and spring testing program showed 61 students showed regression scores ranging from point 1 to point 8; 65 students showed scores of progression within the same range while 66 students remained at the same level.

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with ten on rehabilitation and twelve on home placement. Seven were returned from placement with five from rehabilitation and two from home placement. Nineteen were discharged from placement. There are three hundred and nineteen applications on the waiting list.

THE CHALLENGE

(From Page 2)

taught speed sewing, Christmas gifts made from drapery samples which were donated by local merchants, and lined garments for the girls have been completed in the sewing classes.

The classes in food preparation have had varied experiences in quantity cookery, party refreshments, and family type meals.

Girls in the cafeteria program have advanced to the point where they have assumed full responsibility for the children's dining hall from 8 o'clock in the morning through the noon meal for the younger children.

Emphasis on community facilities have been advanced by field trips to various establishments in and around Kinston and by shopping trips. In the social adjustment classes, additional importance has been placed on table manners and correct social behavior. To practice what they learn in class, the students plan and prepare for a social hour every other Friday with the classes rotating in the role of hostess. As a crowning feat, the girls planned and prepared the refreshments and decorated the department for the Christmas Party that was held for all the students in Rehabilitation.

With a complete revision of the industrial arts program, training in mechanics, carpentry, welding, and cabinet-making have been instigated. Surveys made by the counselors revealed the feasibility of a trades training program rather than a straight industrial arts program.

In the farm program the boys are now assigned to different specific job areas that complement their classroom work. The areas to which the boys are assigned for these work experiences are the farm, garden, dairy and yard.

Realizing their need for professional growth, the staff members attend various conferences to broaden their perception of the numerous aspects in the rehabilitation of the mentally retarded.

Mr. W. F. Baxter, Jr., Director, and Mr. Norwood Williams, Counselor, attended the Southeastern AAMD (American Association for the Mentally Deficient) Conference in Nashville, Tennessee. Mr. Baxter served as chairman of the Section on Vocational Rehabilitation and Education. At this conference, Mr. Baxter was appointed alternate regional representative of Region VII of the AAMD to the National Convention, and Mr. Williams was appointed chairman of the Section of Vocational Rehabilitation and Education of the Southeastern Region of the AAMD.

Mr. Carl Winchester attended the annual conference on Education for Exceptional Children. The North Carolina Speech and Hearing Association met in conjunction with the Conference on Exceptional Children. The theme for the conference was "Atmosphere for Achievement." Much emphasis was placed on research in both fields-- mental retardation and speech therapy.

The Caswell Rehabilitation Center has been honored by many distinguished visitors recently. The Special Education Class of Southwood School, accompanied by Mrs. Martha Kallam, Special Education Teacher, and Mr. John K. Wooten, Principal, toured the Center. Mr. Bill Andrews of the State Personnel Department, Mr. Bill Bethune of Murdoch School, Mr. Paul Dieffenderfer, Administrative Assistant of Vocational Rehabilitation, Colonel Charles Warren, State Director of Vocational Rehabilitation, and Mr. Everette Miller, Assistant State Superintendent of Public Schools of North Carolina visited the Center.

The Kinston Civitan Club sponsored the addition of an optical sound track for the film "The Caswell Rehabilitation Center." This film has been shown to various clubs, college classes, and parent groups.

Eighteen students from Murdoch School are now enrolled in Rehabilitation Center Classes. There is one student from the public schools presently enrolled in class. Plans call for additional former public school students to enroll in the various training areas in Rehabilitation in the near future.

The challenge in rehabilitating the mentally retarded is great, but by the means of additional study, constant evaluation of the program, and revision of the program when indicated, the staff strives to meet this challenge.

William F. Baxter,
Director

KINDERGARTEN

(From page 3)

This is one means of attaining readiness in reading. As the child handles and uses the picture books he begins to be able to tell stories in sequence, using picture clues, he begins the left to right sweep with his eyes, and observes how to turn pages. Dramatization of stories also helps in reading readiness while building a richer oral vocabulary, and increasing the child's self-assurance.

Many studies have revealed a high-level of receptivity and "seeking tendencies" in the kindergarten-age child as compared with older children. He exhibits freedoms unhampered by tradition which renders him especially ready to see, hear, taste, and feel as many new things as can be provided. The efforts reveal in many ways originality and beauty which is not duplicated at any other age.

Kindergartners like people and ordinarily trust and receive information from them willingly. They continually want to know who, how, why and where. A kindergarten child exhibits lasting curiosity and loves to explore. This often gets him int mischief at the same time he is learning the rule of society.

The kindergartner is a complex mechanism He is a maze of contradictions, full of energy, setting standards for himself, yet having to learn t conform to social customs and ways of thos around him.

As the kindergarten child grows socially, emotionally and educationally, he is trained to mee the goal of mature living in a happy, contente manner in a complex world. This is a slow process but much development takes place as the basi needs of the child are met. Thus kindergarte meets the big need and challenge of today as i has since its inception about a century ago.

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The CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

KINDNESS IS A BLESSED THING

God be thanked for gentle folk
Who know the art of kindliness . . .
Who never fail to leave their way
To aid another in distress,
However crowded be their day.

God be thanked for gentle folk
Who know the healing word to say
When flesh recoils at pain's swift sting
Or hearts are galled by sorrow's yoke.
Oh, kindness is a blessed thing . . .
God smiles through eyes of gentle folk.

—*Marion Doyle*

From EASTER IDEALS

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A GOODBY AND A HELLO

In the issue of Caswell News, Caswell bids farewell to Mr. William F. Baxter, Jr., the director of the Caswell Rehabilitation Center and welcomes his successor, Mr. Robert L. Denny.

On March 1 Mr. Baxter became the new Executive Director of the Maryland Society for Mentally Retarded Children, Greater Baltimore, Inc., in Baltimore, Maryland. Mr. Baxter came to Caswell in August 1960. Before becoming director of Caswell Rehabilitation Center he was a counselor at the Greensboro office of the N.C. Division of Vocational Rehabilitation since 1956. He has a masters of Education from U.N.C. Through Mr. Baxter's capable and forthright leadership the Caswell Rehabilitation Center was organized and it has made an outstanding success of the placements of the boys and girls at Caswell. This job has been accomplished with much painstaking and hard work. Mr. Baxter and his staff have had to be pioneers. Such a project needed a leader who was intelligent, dynamic, quick, alert, and eager to venture forth. These are characteristics Mr. Baxter has brought to the Center. Mr. Baxter was liked by his fellow staff members. His friendly, outgoing and congenial personality made him welcome wherever he was. Caswell regrets Mr. Baxter's leaving but wishes him and his wife all the success and happiness possible in his new work.

As the door shut with Mr. Baxter's leave, another door opened and Caswell welcomes Mr. Robert L. Denny to be Mr. Baxter's successor. For the past fourteen years Mr. Denny has been a Senior Counselor in charge of the Salisbury office of the N.C. Division of Vocational Rehabilitation. A graduate of Atlantic Christian College, he holds a Masters Degree from N.C. State College. During World War II he served as a psychological assistant and occupational counselor. Since his dis-

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I Went To Kindergarten

The following article is written by Mrs. Betty Lawson as a sequel to Mrs. Thomas' article "Kindergarten" in the previous issue.

Editor

One morning in March I had the privilege of attending one of Mrs. Thomas' kindergarten classes in our academic school. The class room is bright, cheerful and spacious. The walls are hung with colorful pictures of interest to the very young child. Attractive, large charts depicting the various shapes and words the children learn, a flannelgraph board for use in telling stories, and a calendar to help them learn the days and months of the year are arranged at the front of the room. On the blackboard is a large clock with movable hands to help teach them to tell time, such as the time to go to school, time to go to bed, etc. A piano provides music for the rhythm band. At the back of the room is a large play area equipped with small tables and chairs, a miniature stove, ironing board, crib, and an abundance of toys. These include large building blocks, dolls, trucks, tea sets and a chest filled with costumes and masks for the children to use in their plays. The room also has a sink area with drinking fountain and an adjoining bathroom. A refrigerator keeps food and drink for special parties and kool-aid treats.

When the boys and girls started arriving at 8:30 a.m., Mrs. Thomas was at the door to greet them. They all responded by saying, "Good morning, Mrs. Thomas." In introducing this visitor she carefully explained the difference between Miss and Mrs. and encouraged them to pronounce the words correctly. The children hung up their coats on a rack provided for this purpose and took their seats at desks which are exactly the right size for their needs. Each day a different child is chosen to stand before the class to lead them in the Lord's Prayer, and Pledge to the Flag. Next, Mrs. Thomas asked them to say along with her: "We are Americans, we live in the United States. Our state is North Carolina, the city is Kinston, and this is Caswell School." This visitor was amazed to realize that these children with an average age of 8 years, 1 month and a mental level of 4½ years knew who John Glenn was. One little boy contributed that "he went into orbit" while another added "in a rocket ship." Most of these children in the youngest academic school class knew the name of the President of the United States.

Circles of different sizes and colors were then placed on the flannelgraph board and the children named the colors and various sizes. A very small circle was placed on the board and one boy called out, "That is the wee, little one." Next thy recognized various shapes such as a cross, oval ("like a Humpty Dumpty egg"), heart, star ("the sheriff wears one"), triangle, crescent moon ("it shines at night to make it light"), rectangle and cone ("you can buy an ice cream cone for a nickel"). Pictures of large and small animals were shown and they named the horse and colt, dog and puppy, cow and calf. When asked what the cow gave they all knew she gave milk. When asked what kind of meat came from the cow, one little fellow replied, "pork chops", and was corrected. The children could also recognize numbers through 10 and put them in proper sequence. The teacher then asked them how many fingers, eyes and legs they had and how each was used. Tommy offered, "If we didn't have tongues, we couldn't talk." Pictures of objects that sound alike were shown. From four pictures: a fan, a man, a cat,. and a pan they were asked to choose the one that sounded different. Mrs. Thomas explained that "different" was one of the many new words they were learning.

The high point of the morning came with the telling of the story of "The Three Bears" followed by the children acting out the story. Mrs. Thomas placed the pictures of the various characters on the flannelgraph board and moved them around as the story progressed. She substituted the word "soup" for "porridge" as she felt it was more meaningful to them. Along with the tale the children were learning good manners. They noted that it was wrong to go into people's houses when they were not at home, and also that it was not polite to eat someone else's soup. Naturally, every class member wanted a part in the play but their teacher explained that they must take turns as she chose the actors. Goldylocks was very feminine in a yellow wig with hair bow on it, although the actor happened to be a little boy. Mama Bear wore an apron and all the bears had masks. There was quite a scramble on the part of the actors to look at themselves in the full length mirror, amid squeals and giggles of delight. The bears were instructed to skip merrily through the woods to their house, which they all enjoyed doing. The class was most enthusiastic about the play and would clap for each other or for themselves when they felt they had done an especially good job. When the play was finished one of the boys volunteered to put the chairs back where they belonged.

These children, like all kindergarten classes, are full of cute sayings. Mrs. Thomas tries to keep a list of these. One boy noted on the arrival of a new class mate, "He don't know something and we'll have to learn him something." Mrs. Thomas often tells Bible Stories in class and tries to get the children to remember who wrote them. One day when reading the 100th Psalm she mentioned that David wrote it. A child spoke up, "I didn't know David Crockett did that too." Two little girls were busy in the play area telephoning. The first one said, "Come over to my house." The other replied, "I'm not here. I'm cooking dinner." Two boys were pretending to cook at the stove. One said, "You cook supper tonight, I'm going home to marry my mother." A little girl holding a doll in her arms noted, "My baby has to go to the hospital, his temperature is 17." A small boy dissolved into tears complaining that Tommy hit him. To this Tommy promptly replied, "I did not hit him. His nose ran into my back."

Mrs. Thomas obviously loves her work with these children and her enthusiasm is infectious. The boys and girls respond to her guidance and encouragement by doing their very best for her. She sets her goals high but realistically, and the children attain what is expected of them. She gives frequent praise and the recipient beams from ear to ear. These children are beginning their education in a happy, accepting atmosphere. Such genuine expressions of affection as "Mrs. Thomas, I love you", were frequently heard. Their devotion and attention was hers throughout the entire class period and her influence will be with them for the rest of their lives.

SOUND OFF

Rehab boys and girls are getting a unique opportunity to sound off--in fact, encouraged to speak up, ask questions, and express themselves in words. World peace and justice to all are still shrouded in the veil of the dark future held firmly out of reach by the lack of a common language. And our boys and girls have keenly felt the sharp edge of unskilled communication which separated them from work, from acceptance, and from full opportunity. Desires and feelings need to be put into words that can be understood. Ability to do a job can only be shown if, by words and manner, speech skills can put across that ability.

At Caswell Rehabilitation Center, something new has been added to the speech correction department. All the students will have a chance to demonstrate their speech skills and improve them. Classes in speech have been set up in small groups of five or six to work on general speech skills. Topics chosen so far have been, "Why We Speak As We Do," "Standards For Good Speech," and next, "The Personal Interview" will be taken up. Emphasis will be put on what questions to ask, the use of slang, and the kind of information to give. There are many possibilities in a program such as this. Many times the student would like to say something, but doesn't quite know how or when to say it. If the student can gain a little more knowledge and understanding of the language and further improve his speech skills and abilities, it is to his advantage. He must learn to communicate fluently and intelligibly in order to make his wants and needs understood.

Over the past seventeen months, approximately 80 students have been seen by the speech correction department in the Caswell Rehabilitation Center. This number includes rehabilitation clients and pre-vocational students still in the academic school program. Forty-five of this number are referrals from the academic school. The remaining 35 rehabilitation clients. Over one-half of these Center students are now out on permanent jobs or on the job training.

When the first screening was completed and

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THIS AND THAT

Mr. Earle Frazier, agriculture teacher with the Rehabilitation Center accompanied a class of students to Randolph County to visit a dairy and a student placed there.

A new dental clinic has been opened recently at Caswell. It is located in the northwest corner of the ground floor of the old central hospital. The unit consists of a reception room, two operatories with the most modern equipment, including a high speed rotor hand piece and a motor driven chair, a combination laboratory, dark room for x-ray, development, supply closet and rest room. Dr. C. C. Hale, the resident dentist since November 1951, was joined by a full time dental assistant, Mrs. Helen Reynolds, L.P.N. on February 11. In addition to this unit clinic facility, there is a dental operatory unit and a chair located in each of the two colony buildings. These have been in use for several years, with this new unit, Caswell offers the latest in dental techniques and practices for its residents.

The home economic classes in Vocational Rehabilitation toured the Ideal Cleaners where they observed the extractor, spotter, presser and automatic clothes conveyor.

Mr. Frank Hicks and Mr. Rylan Edwards of the L. E. Wooten and Associates have been engaged in the initial phase of the National Fallout Shelter Survey. The purpose of the survey is to check and screen existing buildings on the campus for use as potential fall out shelters. The survey is being conducted on a nation wide basis by the federal government.

Caswell was host in February to the meeting of the superintendents of the Hospitals Board of Control. In the morning Mr. Baxter, director of the Rehabilitation Center spoke to the group regarding the organization and work of this Center.

The Vocational Rehabilitation Home Economics classes honored W. F. Baxter, Jr., at a Valentine farewell party. At a special meeting of the professional department heads Mr. Baxter was also given another farewell party.

Miss Madge Blalock, consultant with the State Library in Raleigh, spent several days at Caswell during February working with Mrs. Owens, the Caswell's librarian cataloging volumes in the staff library.

The Watson Engineering Company of Greensboro is now working on plans and specifications covering installation of air conditioning units in the medical hospital and crippled children's Hospital. The funds for this improvement were appropriated by the state legislature in the 1961 General Assembly.

The Phoenix Civitan Club of Phoenix, Arizona asked to show the film on the Caswell Rehabilitation Center. Another request has come from the headquarters of the National Association for Retarded Children in New York.

The Caswell Chorale, a girls' chorus, entertained the entire student body at Grainger High School. The varied program was presented under the direction of Arthur Honeychurch, music director at Caswell. The girls wore their new white blouses and red skirts for the first time. This chorus is now available for concerts.

May 10 has been selected as the day for Caswell's Open House. Featured at this yearly event will be guided tours of the campus, including living units and other facilities, arts and crafts sale and a program by the Trainable School students. Last year this event attracted close to one thousand visitors. Mr. Guy Johnson, director of Cottage Life Department is the over all chairman.

Johnny Eubanks and his friends from Kinston presented a "Hill Billy Show" to the residents.

The Lenoir County Chapter held its monthly meeting at the Caswell Rehabilitation Center in February. Mr. Williams was in charge of the program which consisted of a tour of the center.

A recent sanitary inspection has been made by the Lenoir County Health Department of the food service, poultry, freezer locker and dairy facilities. An A rating was obtained in all units. Mr. William M. Linker, Jr., of the State Board of Health, Raleigh, was at the School for two days examining and checking these various facilities.

Beautification by the setting out of shrubbery has been proceeding at the Academic School and Rehabilitation Center. Other areas of the campus have been beautified also.

Chaplain Lawson continues to do a good job of planning a monthly T.V. program. In February he highlighted the Volunteer Service Program. This program which covered the establishment and accomplishments of the volunteer service was heard over WITN-TV on Saturday, February 24. Those appearing beside Chaplain Lawson were Mrs. Loretta Lewis, recreation department worker who is in charge of volunteer workers, and 4 local volunteers. In March five members of the nurses' staff headed by the director, Mrs. Margaret Tisdale presented "The Nursing Service at Caswell School."

The Chaplain has taken several different groups to church. In January cottage 5 attended the morning service at the Rivermont Presbyterian Church. In February the Cottage 4 girls attended the Prince of Peace Lutheran service and in March all the girls in Dewey A and B went to the First Presbyterian service.

The orientation workshop for public health nurses and the case workers from various public welfare departments was held in February. This is the only workshop held for these individuals during this quarter. This workshop as all others was received with enthusiasm and interest. Each participant felt they had gained much by being present.

Caswell was presented a plaque by the Holstein Friesian Association for high herd and butter fat production in 1961. This was recognition from the Dairy Herd Improvement Association for a record of ninety-six cows producing an average of 553 pounds butterfat per cow.

In February the Boy Scout Troop attended the Caswell District Court of Honor. The Troop won the third place attendance award with thirty-three boys and several adults present. Several camping awards were also presented to the Troop. In connection with Scout week the adult leaders including committee members attended the cha-

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TRAINING AND EDUCATION

The spring semester of the Academic School program was initiated with the return of students from the Christmas Holidays. With the addition of two faculty members it was necessary to dispense with the use of the audio-visual aids room as this room was needed for a classroom. During February 10 additional classes were organized. They included three intermediate classes which are composed of students who were drawn from the overloaded intermediate sections of the academic school. The other seven classes are comprised of rehabilitation clients who were referred to the department as being able to profit from remedial reading instructions. Fall semester report cards were prepared and issued by the faculty on January 31. The report cards using a classification of excellent, good satisfactory and poor ratings, plus a summary statement by the teacher on the student's semester progress were mailed to the student's parents. A field trip in January was taken by the combined primary and intermediate classes. The students were given the opportunity to observe and examine articles of clothing on display in the store. Some of the students were used as models in order to demonstrate size and style to others of the class. Another 16 mm movie projector has been received. This will relieve the bottle neck of teachers having to wait. Sidewalks have been constructed to and from the academic school building. The students had experienced considerable difficulty in keeping their feet dry on the rainy and snowy days. In February secondary classes participated in a field trip to the Carolina Dairies Plant. This was in relation to the study of the unit of milk. A representative of the Dairy came to the classroom and presented film slides concerning the process of preparing milk for human consumption. Also they observed the by-products. The space flight was observed by the intermediate and advanced secondary classes. Three TV sets were furnished by faculty members. St. Valentine's Day was highlighted. All classes participated in parties and exchanging of valentines. The art classes made attractive valentines to be placed on the food tray of each student patient in the hospital. The school has been invited to co-sponsor an art instructors workshop with the Lenoir County Schools beginning June 18 through the 20th. A representative of the Bevey-Smith Co., manufacturers of crayola art products, will conduct the workshop which will have a minimum of forty participants representing Caswell, Murdoch, O'Berry Schools and the Lenoir County schools. It will operate for three days for five hours each session. In the Academic classes as of March 31 there were 249 enrolled; in music classes 248 and in art classes 186.

Student Evaluation Director reports she has made a study of students enrolled in the academic program who have the potential to achieve beyond the level of the group which they are a part at the present time. In most instances, these students have I.Q.'s of 65 or more. A survey of these students reveals that there are six of them now achieving on a first grade level, four achieving on a second grade level, seven achieving on a third grade level and eight achieving on a fourth grade level. All of those students are young enough that they will need to remain in school and some thought may need to be given to developing a curriculum that will enable them to achieve beyond the level anticipated for the majority of our academic students. The director points out an interesting factor. According to Rothstein in his book "Mental Retardation" the school enrollment for all institutions averages 13.7% of the institutional population. At Caswell according to records of the student evaluator, the school enrollment for Caswell averages 23.1% of the total population. The average chronological age of our youngest school group is nine years and of the oldest group is seventeen.

Caswell's Home Economics Department keeps busy teaching cooking and sewing. In February the advanced secondary girls completed units on food. They learned to read and interpret recipes alone rather than depend on the instructor. The teachers feel they need to learn to work on their own. This same group have been making nurses' pinafores used by the girls who work as helpers in the hospital. This has been done by the assembly line instruction to lay a foundation for the possible future instruction in the Rehabilitation Center. This same group assisted with the making of the new red skirts for the Caswell Chorale. The boys' classes also had instructions and helped prepare food. The younger girls have been making cookies, sandwiches, fudge and candy. This department received approximately five hundred patterns. In March the advanced secondary girls studied the parts of the sewing machine, pattern terms and selected a pattern and material for their own sewing project. They have also cut out their blouses and skirts on which they are sewing. The secondary boys and girls and the intermediate girls have cut out an unbleached muslin apron which they will paint with crayola in art classes. These boys are learning to cook. As of the end of March there were 143 students enrolled in home economics.

The Trainable school reports for the first time report cards were sent to the students' building parents. One of the teachers is working in Byrum 2 with a number of boys trying to get them trained sufficiently enough to move up to Cottage 6. One of her training areas is to supervise their eating with the Cottage 6 boys in the central dining room. The other teachers have reported successes in helping their students to express themselves. The rhythm band is a wonderful tool for this and this band will be used in the May Day Program. The following is a description by the teacher of one of her classes: "My elementary pre-vocational class No. 11 are little eager beavers. They arrive each morning clamoring for their day's assignment. They all participate in each activity. Some, of course, have better results than others. They all just love cleaning up the trash they have made cutting out pictures, some can do a real good job. They almost have a fight over who is going to use the few brooms I have in my classroom, who is going to take up the scissors, etc. They thoroughly enjoy naming the objects on our posters we have. It is seldom that they cannot name the objects after two or three days seeing them. They love to identify colors and are quick to notice any change in objects in the bulletin boards. In my opinion, starting the pupils young in vocational training is a wonderful idea; they adapt so much more satisfactorily than the older girls of equal I.Q. who have not had training at an early age." There is a total of 261 enrolled in the trainable classes.

Vocational Training director reports since he has been working with the Trainable School in training and placing trainable student (a little over a year ago) on campus job assignment there has been 29 students placed on jobs. All of these students were young and had never been tried on a job. Three other students have been through this program and been successfuly placed who had previously been tried on a job but were put on an inactive list because their work was unsatisfactory. The job instructor training program which was started in conjunction with weekly meetings of the vocational training instructors has proven to be most worthwhile.

In January the Recreation Department reports the physical education instructors administered tests for several comparative skills and found that in almost all instances the students involved had shown decided improvement over the previous test administered at the beginning of the school year. In January there was another orientation course for volunteer workers. Approximately 15 new workers were added. At present there are thirty volunteers. These volunteers work two hours weekly and offer recreation to about 700 residents who would not have an organized activity at that time. New supplies were purchased for their program so that an adequate amount of puzzles, checkers, records, balls, games and playground equipment would be available. Intramural basketball was started in January. At that time 35 boys were participating. Plans are underway for two softball areas and two batting cages for use in the summer softball and baseball program. This will mean two games can be played at once. A few movie companies will continue to serve Caswell on a free basis for films in the coming year for a total of 53 free movies. The department will need to rent 51 movies in order to fill the schedule of 2 movies per week. The department is diligently at work cooperating with the trainable school to produce the May Day Program on May 10. Two dances were given for the residents in March. One was sponsored by the New Bern Junior Woman's Club and the other by the Kinston V.F.W. Auxiliary. The physical education classes are still an active part of this program and 318 are enrolled with two classes weekly for these.

This And That

(From page 4)

pel worship service on February 11. The troop with thirty boys spent a camping week-end at the Civitan camping area. In March the Troop attended the Caswell District pre-camporee at Kennedy Memorial Home.

Valentine parties were of prime importance during February. On February 10 Mrs. Fodie Hodges' home economics class gave the Dawson building a party. The Clinton Junior Woman's Club held a party for Pollock B on February 13. Then the Rocky Mount Junior Woman's Club sponsored a party for Cottage 8. The Ladies Auxiliary to Veterans of Foreign Wars of Greenville were hostesses to a dance for twenty-five couples. Valentines were given to all buildings.

SOUND OFF

(From page 3)

tabulated, it was found that approximately 35 per cent of the Center students were speech defective, and 25 per cent of the academic school students had speech defects. These defects were classified as mild, moderate, and severe. The majority of the cases fell in the moderate range.

Since the beginning of the speech correction program in January, 1961, 41 students have come and gone. These students have finished their therapy or have been closed out for one reason or another. Some of the academic school students have been re-classified and are no longer considered pre-vocational students. Consequently, their therapy was terminated because it could not be justified under the rehabilitation program.

What about progress? The progress of each individual client varies. Although nearly all problems are of an articulatory nature, each has its own unique characteristics. Two cases with the same defective sound require different methods of therapy. One case may be caused by habitual infantile speech and may take only a short period to incorporate his defective sound into familiar words and sentences and to make it habitual. The other similar problem may be caused from a poorly coordinated tongue, and may take months of tongue exercises, ear training, and learning the new sound. Naturally, the severity of the defect determines individual progress. If all tests are favorable, the milder cases are able to clear up their problem in three to five months, depending on the degree of retardation. Some students with severe defects after one year of therapy are just showing signs of improvement.

The majority of the students that have gone out on jobs have been able to improve their speech to the degree that they can readily be understood. In some cases speech was completely inarticulate. One student is still working on a frontal lisp, even though he has been out on the job for several months. Boys and girls alike come back to the Center often and visit the speech therapy department to show that they have not forgotten the articulatory skills they learned when they were here. Achievement in this area is most rewarding for client and therapist.

So, Rehab boys and girls are learning to sound off--to speak up, to stand or to sit erect, to regulate the volume and tone, and to better express themselves. Better conversational speech and improved speech skills will promote rehabilitation and open doors to knowledge and understanding.

Carl O. Winchester, Speech Therapist
Caswell Rehabilitation Center

PERSONNEL

Mr. W. F. Baxter, Jr., Mr. Norwood Williams and Mr. W. A. Dunne of the Caswell Rehabilitation Center attended a conference on Vocational Rehabilitation in Raleigh from January 22 to 25. Mr. Baxter spoke on "Implications in Rehabilitating the Mentally Retarded."

Miss Myra White of Lenoir County who recently completed her teacher training at Atlantic Christian College joined the academic school staff in January.

Mr. Leroy Batts, principal of our Academic School and Mr. Norwood Williams, counselor with Vocational Rehabilitation Services were at State College in Raleigh. Mr. Batts was in conference with Dr. Roy N. Anderson, Head of the Department of Occupational Information and Guidance. Mr. Batts is preparing a thesis towards the completion of securing his master's degree.

Mr. William Dunne of the Rehabilitation Center has been appointed membership chairman of the N.C. State Employees Association. Mr. Dunne succeeds Mr. Earl Braxton who has been appointed Vice-President.

Rev. Donald W. Lawson, chaplain and director of public relations spoke on the Caswell Story to the Rose Hill Woman's Club in January.

Mrs. Iris S. Aldridge spoke in January to the Kinston Junior Woman's Club about the Rehabilitation Center.

In January, Mr. Waylon Bissette, director of Training and Education attended a conference of training directors at Murdoch School. Mr. Robert Mahaffey, director of vocational training accompanied him.

Miss Patricia Ann Taylor from Kinston, a recent graduate of Meredith College, began employment as an intermediate level teacher in the Caswell academic school on February 1.

On February 28, Mr. W. Earle Frazier, agricultural instructor in the Rehabilitation Center since January 1961 resigned to assume his new duties as administrative assistant at the Kennedy Home in Kinston.

Rev. Donald Lawson, director of Public Relations, spoke on mental retardation and Caswell before Dr. Oldenburg's class in adolescent psychology at East Carolina College on February 14.

Mr. Robert Mahaffey, director of Vocational Guidance, represented Caswell at the state meeting of the N.C. Mental Health Association in Durham Feb. 16. He showed the film, "The Caswell Story." Mr. Norwood Williams of the Rehabilitation Center exhibited a display of the Center.

Dr. Frank Badrock, superintendent and Mr. Speight Stroud, business manager have attended the monthly meetings of the Hospitals Board of Control.

To Mr. Guy Johnson, Director of Cottage Life Department, has come an honor in being appointed by Dr. Gerard J. Bensberg, director of the attendant training project under the Southern Regional Education Board, to be a member of a committee on "Emotional Development and Behavioral Management. Other members of the committee are Dr. Vernon Mangum, superintendent of O'Berry School in Goldsboro and Dr. Charles Vernon, director of training, N.C. Hospitals Board of Control. The attendant Training Project is concerned with the general philosophy of institutions for the mentally retarded and society's obligations to the residents of these institutions. Mr. Johnson attended a meeting in Atlanta, Georgia on March 7 and 8 in connection with his committee.

Mr. Waylon Bissette, director of Training and Education took part in a "kick-off" rally for fund raising by the Duplin County Association for Retarded Children at the Presbyterian Church in Wallace on February 27.

At the February meeting of the Lenoir County Chapter of Retarded Children Mr. Norwood Williams discussed the services and facilities available to qualified persons at the Center. Mr. Williams also talked to the New Bern Civitan Club on the Center.

Mrs. Roger Rouse and Mrs. R. A. Hill of the Caswell Home Economics Department participated in the Annual Convention of the N.C. Education Association convening at State College in Raleigh during March. These staff members appeared on the program of the Home Economics Section.

Staff members from Caswell attended a general meeting of the O'Berry School in Goldsboro. The topic discussed was the Program Development on Mental Retardation as set forth by the American Association on Mental Deficiency. Those attending were Dr. Frank Badrock, Mr. Reece Howell, Mr. Robert Mahaffey, Mr. Waylon Bissette, Mr. Guy Johnson, Miss Pearl Adkins, Mrs. Maxim Tabory and Miss Charity Holland.

The nursing service added the following employees: Mrs. Faye Lee, R.N.; Mrs. Eula Tilghman, nursing aide; Mrs. Mary Anderson, nursing aide; Mrs. Dora Salter, R.N.; Miss Elizabeth Nicholas, L.P.N.

The following persons have been added to the dietary services: Mr. Horace Wayne Pittman, Mr. Leo Chadwick, Mrs. Beatrice A. Rouse and Mr. I. V. Pigman.

The laundry has employed Miss Almon Williams Edwards.

To the Cottage Life Department have come, Mr. Diamon Dawson, Sr.; Mr. Haywood Stroud and Mr. Hillie E. Taylor.

A Goodby And A Hello

(From page 2)

charge from the service, he has been with the state rehabilitation agency. Mr. Denny has been most active in civic and church affairs. He is a Sunday School teacher, a Lay Leader and Chairman of the various church groups. He has served in the Tuberculosis Association, Mental Health Association, Jaycees, Lions Clubs, American Legion, Boy Scouts, P.T.A. and other organizations.

Mr. Denny has been at Caswell for a month and he has already been accepted by the staff. Already he has shown a remarkable grasp and has an innate understanding of the handicapped individual. Caswell hopes Mr. Denny will find Caswell a comfortable and happy place to work and live. Mrs. Denny and their two children will take up their residence at Caswell in June.

VISITORS

Twelve members of the Oak Ridge Home Demonstration Club of Duplin County visited Caswell in January.

Staff members from the Bowman Gray Diagnostic Unit for Mental Retardation, Winston Salem were Caswell visitors in January. Dr. Alanson Hinson, director of the Unit, Dr. Joseph Keenean, speech therapist, Miss Dorothy Redfern, public health nurse, and Mrs. Bernice Everhart, social worker were the persons who spent a day of observation at Caswell.

Mr. Roy Purser, general business manager with the N.C. Hospitals Board of Control has visited Caswell.

In January two first year students from the U.N.C. School of Social Work spent a day on the campus. They are doing field work at the Murdoch School.

Dr. J. E. Legates, head of the animal breeding section at N.C. State College, Mr. Earl Bell, farm manager at Dorothea Dix Hospital in Raleigh and Mr. Reid Aldridge, manager of the N.C. State College dairy herd visited the Caswell dairy operation.

Mrs. F. W. (Sally Shaw) Genheimer of Salem, Virginia was a guest on the campus. Mrs. Genheimer was the first academic school principal. Miss Elizabeth Brown, a former Director of The Psychological Department and Mrs. Genheimer are writing a history of Caswell.

Mr. W. P. Kemp, a member of the Hospitals Board of Control, accompanied Mr. Roy Purser to Caswell on one of the latter's frequent visits.

Medical students from U.N. Medical School have made their monthly visit of orientation.

A group of women from the N. C. Association of Universalist Women, accompanied by Rev. and Mrs. Donald B. F. Hoyt, D.D., minister of the Universalist Churches in Clinton and Red Hill toured the academic school and Rehabilitation Center on February 7.

The President of the N.C. Association for Retarded, Mr. Archie Talley spent a day conferring with Dr. Badrock, superintendent and Mr. Baxter of the Rehabilitation Center. Mr. Hall Goode, director of Training at the Murdoch School in Butner and Mr. T. C. McNeal, director of Training at the O'Berry School in Goldsboro conferred with Mr. Bissette, Caswell's director of Training on Curriculum planning and evaluation.

Teachers from the Harvey grade school toured the rehabilitation center.

Special education teachers from the public schools in Tarboro visited the Academic School and Rehabilitation Center.

Mrs. G. G. Matthis, of Kinston, State Chairman of the Caswell School project for the Junior Women under the N.C. General Federation of Women's Clubs met with her committee at Caswell. This meeting was to select the Junior Woman's Club, on a point system, which did the outstanding work in comparison with all other Junior Clubs during the Year 1961. The name of the club will be announced and the award given at the club's annual convention in May.

Five members of the Roanoke Rapids Junior Woman's Club called at Caswell on February 26 to see the facilities.

In March Dr. Eugene Hargrove, N.C. Commissioner of Mental Health, headed a group of members of the N. C. Hospitals Board of Control on a visit to Caswell. Those Board members present were Mr. W. P. Kemp, Mr. C. Wayland Spruill, Dr. D. H. Bridger, and Mr. N. C. Green. Also with the group were Mr. Roy Purser, general business manager and Mr. Pat Webb, administrative assistant of the Board of Control. The purpose of the group's visit was to review the proposed permanent improvement requests for the next biennium.

Miss Stewart, a social service worker at the O'Berry School spent a few hours at Caswell.

Dr. H. Stuart Willis, General Superintendent and Medical Director of the N.C. Sanatorium System and President of the National Tuberculosis Association along with Miss Edna Daughety, Executive Secretary of the Lenoir County Unit of the Tuberculosis Association were Caswell visitors.

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TWENTY-FIVE YEARS AGO

The following news items are gleaned from the 1937 Caswell News.

Caswell Training School was most fortunate in its new building program costing with furnishings, $221,000; 55 per cent furnished by the state and 45 per cent given by the federal government.

We have just finished eight small dormitories and a most beautiful auditorium which will be named the Ehringhaus building.

The Primary classes are greatly interested in their doll house project. It is being carried out by all the pupils in both primary groups and the little pre-primary boys and girls delight in doing their part toward making it a success.

The first of April, arrangement was made to provide instruction in folk dancing for certain of the classes. Nothing we attempted in a long time has been received with such enthusiasm by the children.

On April 13 the Glee Club and harmonica band gave the program at the Grainger High School.

We are grateful to the Beech Nut Chewing Gum Company a short while ago for driving out to our school to give the children a few hours of amusement. Every child who could be present seemed to radiate an atmosphere of happiness as they looked on at the little circus.

We want to take space to thank Dr. and Mrs. Register for our very nice oyster stew . . . our dining room was served as usual at the usual hour and when the children came marching in they each found a generous helping of oyster stew at their place.

Everyone is enjoying the ice supplied by our new refrigerating system, not only in the dining rooms, but also in the building.

The directors and management of Caswell Training School hope the time is not far distant when Caswell Training School will have a nice chapel for religious worship. . . . The Chapel will be a plain attractive wooden building with a seating capacity for 600 people.

North Carolina State Library
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The
CASWELL NEWS
THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

To Cottage Parents

"Feed my lambs," the Saviour said,
"So you will prove your love.
So you will do my work below,
When I have gone above."

These will always be your lambs
Will always need your care;
They will not grow to man's estate
Or man's full burden bear.

God has put them in your charge,
Has trusted them to you,
Until He takes them home to Him
Where all things are made new.

Because you do His work on earth
He'll always give you grace
Sufficient for your task until
You see Him face to face.

Jean Tabory
Caswell School

October, 1962

Volume XXVII Number 3

The Caswell News

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Published quarterly for the benefit of Caswell School and for the information of the citizens of North Carolina.

Frank Badrock, M.D.	Superintendent
Mr. S. H. Stroud	Business Manager
Editor	Pearl L. Adkins
Circulating Manager	Sarah E. Claytor
Secretary	Mrs. Mary E. Collins
Treasurer	Mrs. Evelyn Wiggins

CASWELL NEWS

During the second quarter, including the months of April, May and June, no CASWELL NEWS was published due to circumstances beyond the editor's control.

The first issue of CASWELL NEWS was published in March, 1936. The purpose of the paper at the time was twofold: It was to promote self-expression and interest among those on the campus and it was also to furnish a method through which to circulate the school activities. At that time it was eight pages similar to the present edition. However, for many years the eight pages were not completely devoted to Caswell and its activities. Many extraneous articles and syndicated material appeared in each issue. It was printed on a monthly basis; then a bimonthly; and in 1952, it was printed on a quarterly basis as it is now.

In the past seven years, much thought and effort have gone into planning what CASWELL NEWS should include. In 1955 the editor decided that the quarterly editions should be entirely devoted to Caswell depicting and portraying as much as possible the life on the campus as seen through the eyes of various people. Information was gleaned through personal interviews, through articles written by other staff members and material was also contributed by some of the residents. Back issues of CASWELL NEWS have been researched for information. Since 1955 one can find or trace the history of Caswell as to the events, its growth and some of the philosophy as it has emerged, changed and emerged again.

Recently a committee of staff members met to evaluate the CASWELL NEWS and to study its value and need for continued publication. This committee recommended that CASWELL NEWS continue as it has been; that it did fill a need, especially as an instrument for public relations. The purpose and philosophy would continue to be the same but there would be more of an effort to obtain more contributors.

The editor and the committee would be most interested in receiving any comments or criticisms the readers might have. It is possible there are other facts and information in which readers might be interested.

A STUDY

Mr. Leroy Batts, principal of the Caswell Academic School, made a study of community placements of Caswell residents during the first year of operation of the Caswell Rehabilitation Center. He used the data obtained in this study to prepare his thesis as a partial requirement for his Masters Degree from N. C. State College. This article was written using excerpts from the thesis written by Mr. Batts.

An analysis was made of Caswell residents placed in employment by the Caswell Rehabilitation Center during the period July 1, 1960, to December 31, 1961. There were 104 residents placed in community employment during this period of which sixty-two were classified as successfully employed. The study identified various conditions as appearing to be associated with the failure of clients in remunerative employment.

There were twenty-seven different job classifications represented by the population in their employment of which fourteen had been held by unsuccessful clients. Thirty-five per cent of the 104 clients were employed in general domestic work. This was the largest single group in the population. Four clients were placed in skilled jobs. The average weekly earnings for the members of the group was $33.70. The study indicated that the first two months outside of the institution is a crucial period.

Twelve of the clients were married after leaving the center. From this number of married clients, three of the male clients married three of the female clients. All of the clients who are married are members of the successful group.

According to the records, lack of social and emotional adjustment was the main reason for job placement failure. The report indicated that female clients had more difficulty in social and emotional adjustment than male clients. Other reasons given for the return of clients to the institution, in order of recurrence, are inability to meet the skill demands of the job and circumstances beyond the clients' control.

Sixty-five per cent of the population placed

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GIVE ME A CHANCE

America is the land of opportunity and where everyone has a chance for equal rights. Among these are life, liberty and the pursuit of happiness. These are the expressions we have heard all our lives; yet until a few years ago, these words were not entirely true. Everyone in America did **not** have this chance. The Mentally Retarded, for example, did not have this chance until a new concept in rehabilitation came forward. Now it is proving that if they are given a chance, they can function on their own; have a fuller life and pursue happiness.

Here at Caswell School and the Caswell Rehabilitation Center we are trying to give this small segment of the population, that was never given a chance before, a chance now to have these opportunities.

Since we opened the Center here at Caswell, we have had to change our philosophy and ideas because at first we thought that only the students with the highest I.Q.'s could ever profit and benefit from our training and counseling. Now, however, we find that I.Q. does not play such a major role in rehabilitating an individual. Of course, I.Q. is an important part but we find that more than anything else it depends upon the students' ambitions, desires and motivations. A retardate's characteristics have just as much to do with how well he is going to function on a job and in society, as does the average person. If he really has the desire and ambition to learn a particular trade, more than likely he will succeed.

I would like to illustrate this with one student that has an I.Q. of 80 and another that has an I.Q. of 54; both have been through the Rehabilitation Center and have worked out in an on-the-job training program in the community. The student with an I.Q. of 80 has been placed out four times on different jobs. Yet, he has had to be returned each time; not because of lack of ability, but because he lacked interest, initiative and motivation. We have tried to stimulate his interest on numerous occasions and have given him several tests, but nothing that we have done so far seems to have had any effect on his interest or initiative. We are still trying to determine what we can do to rehabilitate him because he definitely has the ability but something else is lacking. Maybe the next time he is given a chance, he will click and someone or something will be able to spark some interest.

The student with an I.Q. of 54 has been given but one chance because it was felt at first that he did not have the ability. Yet after placing this student out, he has done a wonderful job and is still doing excellent work. This student had the desire, initiative and motivation that were necessary to do a good job regardless of where he was. He did a good job here at school in every work area and is now doing good on the outside. This student is using much more than his ability and has proven that a person needs much more than I.Q. to make a success. This student has completed his six months on-the-job training program and is now working at regular wages as any normal person. His employer is completely satisfied and the student has a good job with a future.

Since our Center opened on July 1, 1960, we have given 136 students a chance to learn a trade and be on their own so they could have a chance at life, liberty and the pursuit of happiness. Some have had to be returned for one reason or another but they will be given another chance because here in America we believe that everyone should have more than a chance.

In the years to come, we hope that many more will be given this same chance by our school and Rehabilitation Center here at Caswell.

W. A. Dunne
Counselor

PASTURES NEW

Man views the familiar with unseeing eyes. To look at Caswell with the fresh vision of newcomers could be an enlightening experience for those of us who have been here for a time. Three new employees in three different departments graciously agreed to help us to see.

A lady in the business office told us that now she knew that Caswell was a happy place to which parents could send their children with easy minds. Before coming she had thought that we might have locked rooms with barred windows. She was surprised to discover how well-mannered, charming, and helpful the residents were, and how useful were the lives they led here. If she had a retarded child she would no longer dread sending him to an institution. Surely this is the greatest compliment she could pay to Caswell!

She liked the friendly, informal, unregimented atmosphere of the office which brought out the best in those who worked there. Lest we might equate the business office with paradise she did add that she experienced a sense of confinement in working in an institution. She felt cut off from the main stream of life in the town, and moreover in the office she felt cut off from the main stream of life in Caswell. In an institution for the mentally retarded each sensitive person who does not actually work with the residents must combat a regretful sensation of being a mere spectator.

A new teacher in the academic school said he was surprised that there were so many educable children in a residential institution. He had thought of institutions as places for the trainable and the severely retarded. He found his students more enthusiastic than he had expected. The Caswell boys and girls in his reading classes were, on the whole, more eager to learn than the young people who had come to the Department of Vocational Rehabilitation from the outside. Some of latter were apt to state, "I've come here to learn a trade", and to show little interest in reading. Most of the Caswell students were more polite than the outside students. He found his work very satisfying because his pupils needed more help than the children in the public schools and were more appreciative of help given them.

He praised Caswell highly saying it was a good place for children because of the great sympathy

(Please turn to page 6)

This and That

"The Outstanding Unit of the Month Award" given each month by the Chapel at Caswell was presented July 1 to the Dawson building by Chaplain Lawson. The award is based on attendance and special performances which are judged by the cottage parents. Those living units which are eligible are McNairy, Wooten B, Tapp 1 and 2, Cartwright, Dewey A and B and Progress.

Dr. Badrock, superintendent, announced that the North Carolina Hospitals Board of Control has opened a Diagnostic Clinic for the mentally retarded. It is located on the grounds of the Murdoch School at Butner. This new facility is available to any North Carolina child or young adult suspected of retarded mental development. This clinic will provide a comprehensive medical, neurological, psychological, psychiatric and sociological evaluation of the patient. Consultants are available to aid in the evaluation of patients with motor handicaps, hearing handicaps, visual handicaps, speech problems and special education problems. The Diagnostic Clinic has affiliations with specialists and training programs at the Universities of North Carolina and Duke. Charges for this comprehensive Diagnostic Clinic evaluation will be on a flexible scale, based on ability to pay, with a maximum charge of $60.00 plus one dollar per day of hospitalization.

A central statistical recording system has been set up at Caswell. Mr. Pettus, the statistician for the North Carolina Hospitals Board of Control, stated that under this system specific data relative to admission, social history, diagnosis and treatment of all patients at the hospitals and schools for the retarded under the N. C. Hospitals Board of Control will be maintained by a central card system in Raleigh. North Carolina is one of thirty states participating in a national statistical recording system through the National Institute of Mental Health.

In July the New Bern JayCees sent 140 pounds of peanut brittle to the residents. This was thoroughly enjoyed and appreciated.

Mrs. R. Gleen Capps of Fayetteville, newly appointed Chairman for Caswell School projects under the N. C. Federation of Women's Clubs, visited the local institution in July. Mrs. Capps noted that during the past two years cash contributions by Junior Women's Clubs to aid residents totalled $4,210.02 and material donations had a reported value of $36,326.92. Thousands of articles of clothing, toys and gifts for Christmas, birthdays and other holidays were donated. Numerous parties were held with over 2600 residents being served. Nearly six hundred children were "adopted" for remembrance on birthdays and holidays. One of the outstanding accomplishments during the past year was the completion of the project to make a new version of "The Caswell Story" sound-color film. It is now in production and will soon be available.

In July 36 students at Caswell School took an all day field trip to Morehead City. On the same day twelve others spent a half day at Fairfield Recreation Center.

In July Caswell received a donation of four large mirrors for classroom use from the Carolina Mirror Corporation of North Wilkesboro. The donor was Mr. Bill Buffaloe who is a brother of Mrs. Hampton Petteway, a teacher in the trainable school.

Forty-five residents of Austin B made a trip to the Cliffs of the Neuse in August. They enjoyed this outing.

A number of Caswell residents attended many of the home baseball games of the Kinston Eagles during the baseball season. This was made possible through the generosity of the Kinston residents. The school expresses sincere appreciation to this group.

A young Men's Club for boys in the Tapp building was formed in early August. The organizer and leader is Mr. Graziano, assistant in the psychology department. Aims of the group are to stress personal hygiene, manners and etiquette, and interpersonal and group relations through group discussions, films, parties, demonstrations and regular church attendance. Regular meetings are held alternate Thursdays.

Medical students from the Medical School of the University of North Carolina have been visiting the campus for a day's orientation.

Thomas Hardy and the Members of the Bar 7 Round-Up appeared at the recreation building on September 5.

Caswell School has recently received a gift of film strips, records and books including elementary courses in French and Spanish. This gift was presented to Caswell by Mr. Wilbur S. Edwards, vice-president of Encylopedia Britannica Films, Inc., of Wilmette, Illinois, as a further memorial to his brother, the late Hugh H. Edwards, a former resident who died in August, 1961. Last fall Caswell received the initial gift of film strips and records as a memorial. These two gifts have a total value of approximately $6,500.00. This gift has afforded many hours of pleasure and education to the Caswell's boys and girls.

Miss North Carolina, Elizabeth Barron of Morganton, accompanied by her mother, visited the Caswell campus briefly. She was in Kinston for a fashion show and stated she was interested in orphanages and institutions.

The orientation program for public health nurses and public welfare workers was held for three days in September. This was the first time since last spring. This program has been operating for several years at Caswell and all participants continue to comment on the value and help it is to them as they go back into the community to work.

The Grifton Civitan Club was served a banquet on September 24 which was planned, prepared and served by the students of the Caswell Rehabilitation Center.

On September 30 a group of McNairy girls attended the morning worship service at the Glen Raven Baptist Church.

Hints and Behavior Trends in Children

The following article has been written by Dr. Augusto Colmenares who has recently come to Caswell as staff psychologist:

Most of us, in the Caswell School, share the challenge of seeing ourselves in the role of parents, teachers, and healers. This, also, makes us share some understanding about our students, patients, and children in particular. The purpose of this article is to add some helpful hints about behavior trends in children, a subject which I uncondescendingly, call "kid psychology."

In the back of their minds, kids always want to be fair. It is true that very young kids act selfishly, but this is so because they have been trained to "get something for nothing." Then, kids learn to be fair because they are taught to give something, too. That is why, later on, in different sort of ways, they are always trying to "get even".

Discipline is necessary for kids because, if they don't get it from the adults, they will try to get it even by punishing themselves, somehow or other. In those children whom we call "self abusive" we have a crude example of that, but it also shows us that "discipline" has been misunderstood by either the parent or the child (or by both) with retaliation and physical abuse.

There is no rule of thumb for good discipline, except perhaps that it comes "easy" for the parent who feels comfortable about his (her) own feelings for the child. The child, too, gets the same feeling by sensing it in his parent. When the easy feeling is inside of us, almost anything we do is about to be "right".

Children with brain damage or mental disturbance do have special needs, because they cannot sense or use this "sensing" well enough. Then, this becomes a medical problem, sometimes difficult to treat. Mentally retarded kids are generally not too different from normal kids, except that they stay that way all the time.

Kids like to be like the grown-ups around them. But they are afraid of losing their childhood privileges. They try to imitate the grown-ups in some of their manners, yet they also try to get away with something, like the real kids they are. This makes them look less "consistent" in their behavior. Some adults don't understand these ups and downs too well, and get mixed-up themselves. Some others would like to solve the problem by dividing kids in two groups: the good and the bad. But kids are neither one or the other, except in the eyes of those who look at them that way. On the other hand, kids can become "good" or "bad" because they have learned over a long period of time, to conform to either way of being looked at.

Kids like to be loved by the grown-ups. They don't worry much about loving one another, because they are too busy playing and fighting among themselves. But they do respond to affection from the grown-ups. They really do. Yet, for the same reason that they want this so much, they are never too sure, when they are being disciplined, whether they are loved or not loved anymore. Therefore, kids are always testing us adults. Sometimes they do this by heckling us a little bit—or an awful lot (that depends. . . !). Anyhow, deep down, they only want to know how much we can **take** from them, as well as how much they can **get** from us. This, however, can give rise to some confusion on the part of the kids and also on the part of the parents. For instance, too much tolerance or "permissiveness" may help a kid get the wrong idea that his parent "just doesn't care." Then, it is much better to tell a kid: "I won't let you do that" (and mean it) when we feel there is something we shouldn't let him do. On the other hand, being a "nag" or too "fussy" a parent makes a kid feel like he is the one who ends up by not caring at all.

Kids who thus fail to get some sense of discipline from their parents do not develop the sense of "internal discipline" either. This is a feeling of **security** that children must have in order to put up with the challenge of growing bigger and more responsible. A kid who lacks security is likely to become easily scared and panicky. Then, he might resort to putting on a show of bravado, and behave "the other way around," as if he wanted to pick up some courage from acting rough. When this has been going on, over a long period of time, a kid will become a "behavior problem" that calls for psychiatric help. When not too late, positive gains can always be expected.

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Training and Education

Dr. Landis Bennett, director of the Audio Visual Aids Department at State College, filmed the new Caswell Story on June 11-12. The new film will be available for the public in the fall. This is the first year Caswell School has operated on a ten months academic program for educable pupils. Academic classes continued through June 19 and the summer school session began on July 2 and ran through August 10. The summer school program had a total enrollment of 51 students who needed remedial reading and arithmetic. There were, also, 91 students enrolled in art classes and 135 students participated in the music program. In addition to the academic classes, the teachers also participated in off campus field trips to places of interest in eastern North Carolina. There were four academic teachers who resigned this summer. They were replaced by Mrs. Vonnie Lou Stocks, Mrs. Mary Elaine Nix, Miss Jean Holt and Mr. Joseph Roland Woolever. The Industrial Arts position which Mr. William Sharber vacated has not been filled. School started on September 4 with 206 students assigned to the academic school. During the school year 1962-63, the school day was extended from two to three hours in the academic classroom. The younger children participated in school on an average of four hours per day while the older students are involved in training a minimum of six hours per day. Twenty-six students from the academic school were transferred to the Rehabilitation Center in June for additional vocational training and eventually community placement.

The rhythm band in the trainable school appeared on WITN T.V. Saturday, June 9. Two groups of trainable students visited Seymour Johnson Air Force Base on August 22 and 24. These boys and girls were given an informative tour of the huge Air Force Base by the Public Information staff at Seymour Johnson. The children were taken on the flight line to see the big planes and they were given an opportunity to go inside the general's plane. It was an enjoyable trip for this group of students. Since the trainable school do not have an official break in their program during the summer as the academic school, the enrollment does not change and graduation is not as definite. Classes continue through the summer and the children go on vacation and are permitted to resume in class as they return. On September 1, there were 226 students enrolled in the trainable school. Since Mr. Sharber resigned, Mr. Howell, Mr. Mahaffey and Mr. Paderick have assumed the responsibility of teaching Industrial Arts classes to carry on the program as was scheduled.

Miss Holland, director of student evaluation, tested 230 students in the academic school in May. The test results reveal that the average achievement of all the students was .4 of an academic grade based on the test results of the Metropolitan Achievement Test. During the summer months, all new educable admissions were tested and the children were grouped for class in the academic school. Miss Holland, Mrs. Tabory, psychologist, and Mr. Bissette wrote the script for the Caswell Story.

In June the boys in Home Economics Department completed their sport shirts which they were making as a class project. The advanced secondary class made wash and wear uniforms for the pre-vacational students to use in the fall program. These uniforms will be worn by the girls in the different job areas which they will be training in during the 62-63 school year. After this project was completed, the girls made a summer garment for their own use in Home Economics. The girls were given an opportunity to make an original design which taught them to be resourceful and imaginative.

Delores Radford, beautician, and Mr. Thurman Jones, barber, were transferred to the College Life Department in July; however, they will continue holding personal grooming classes for the Training and Education Department. Twenty-five new students were added to the pre-vocational program in September. These students will receive training from different job areas on the campus under supervision of the job supervisors and will be counselled on job opportunities by the pre-vocational training director.

The recreation program was increased during the summer months to give the children who remained on the campus an opportunity to enjoy their leisure time activities. Mr. Larry Byrd and Mr. Wilbur Castellow, graduate students from East Carolina College, joined the staff to assist in the summer program. Swimming, outdoor recreation, parties, dances, train rides, watermelon cuttings, bus rides and recreation activities off the campus highlighted the recreation program. By the end of the summer more than 19% of the girls' colony were participating in the swimming program. Senior lifesaving course was offered for all staff members who worked at the pool as lifeguards. The volunteer program although very active through the school year became almost inactive during the summer months due to the parents having to remain home with their children. In September, the program increased; and it looks as if this will be the normal trend in the volunteer program. The N. C. Fitness Test was given to all classes in September in physical education. The test will be administered again in the spring to determine the accomplishments made during the school year in physical fitness. The Caswell Boy Scout troop spent four days at Emerald Isle in July. They had a good time sight-seeing and swimming but the fishing was no good.

Waylon L. Bissette, Director
Training and Education

Pastures New

(From page 3)

all the staff felt for them and the way in which the staff tried to do everything possible for them. No thinking man finds perfection under the sun and the new teacher had a faint criticism to offer when he said that it seemed to him that most of the outings the children took were for entertainment rather than enrichment. In his opinion the geographical position of Kinston made it difficult to plan a variety of stimulating educative excursions.

"This is a rewarding job", was the sentence used by a new cottage parent to describe her work in the colonies. "The children love you and that makes you feel you are wanted," she added. She said the job was a constant challenge. Each day there were new things to be learned about the children. She preferred working with the severely retarded to working with the more able children because the former took so much delight in small things. This work gave her much more satisfaction than her former job as a saleslady in town.

When encouraged to voice any dissatisfaction she felt this lady asked only for something for her charges. She said that the girls would like to have old magazines to look at and handle. She was aware that some of them would use the paper to choke drains but simple precaution against this could be taken. She wished that the colony playing yards had swings and slides to bring pleasure to those children who never had the opportunity to visit other places.

We think we are fortunate to have these three people here. It is clear that we still have work to do in telling 'The Caswell Story' - in painting for the public a true picture of a school for the retarded. Too many people seem to imagine that such schools are places to be shunned and dreaded. Let us tell them about our joyful children and satisfied workers. Within the institution let us emphasize team work. Each of us are needed for we all work directly, or indirectly, to make Caswell a happy home for the residents.

Jean Tabory
Psychologist

PERSONAL

Dr. Augusto Colmenares, a native of Lima, Peru, became a member of the medical staff at Caswell. Dr. Colmenares obtained his medical degree at the Medical School of the University of San Marcos in Lima in 1956. He took an internship at St. Mary's Hospital, East St. Lois, Illinois, during 1956 - 1957. In 1957 - 1958 he took his first year residence at the University of Colorado School of Medicine in Denver; then followed four years as a teaching fellow in general and child psychiatry in the Department of Psychiatry at the University of Pittsburg. He is eligible to be certified by the American Board of Psychiatry and Neurology. Dr. Colmenares plans to spend one year at Caswell before returning to Peru.

* * *

Dr. T. R. Miller, professor of agriculture at N. C. State College and supervisor of beginning teachers, visited the Caswell Rehabilitation Center to assist James Futrell, agricultural instructor, in determining the most feasible goals and procedures to follow in working with the mentally handicapped.

* * *

Mrs. Margaret Tisdale, R.N., returned to her duties as head nurse at Caswell School on July 9. Mrs. Tisdale completed a four weeks' course in psychiatric nursing given by the University of North Carolina at Dorothea Dix Hospital in Raleigh.

* * *

Mrs. Walon Bissette, director of training and education, and Mr. LeRoy Batts, Jr. school principal, attended the funeral service for Dr. Irene MacFarland at Wilson. Dr. MacFarland was president of the N. C. Mental Health Association at the time of her death.

* * *

The Caswell Junior Choir, accompanied by Arthur Honeychurch, music director; Mrs. Alease Rouse, Mrs. Janet Hill and Roy Dawson went on an outing to the Cliffs of the Neuse.

* * *

Mr. Donald R. Graziano, a native of Wilmington, N. C., and a graduate of New Hanover High School joined the staff of Caswell School on July 18 as a psychology trainee. He will work directly with Mrs. Maxim Tabory, psychologist.

Graziano spent one year at the Citadel, Charles, S. C., and then transferred to East Carolina College, graduating in 1962. He served in the U.S. Army from 1957 to 1959. During his high school career Graziano was elected Lieutenant Governor of Boy's State at the University of North Carolina in 1954. While at East Carolina College he served on the Dean's Advisory Council, was president of the Men's Judiciary and Vice-president of his sophomore class. He won the Terry Sanford Scholarship in 1961. He is listed in the 1962 edition of "Who's Who in Colleges and Universities".

* * *

Mr. R. L. Denny, director of the Caswell Rehabilitation Center, attended the regional conference of the National Rehabilitation Association in Charlottesville, Virginia, July 30 - August 1.

Mr. Denny served as a panelist on the program to discuss "The Mentally Retarded - A Major Challenge and Field of Opportunity." Others serving on the panel included Dr. James B. Funkhouser, representing institutions for the retarded, and Dr. Jennie Brewer, representing special education. F. Ray Power, a member of the President's Panel on Mental Retardation, served as the moderator.

* * *

Chaplain Donald W. Lawson spoke on Caswell School before the Goldsboro Civitan Club at their luncheon meeting on July 20.

* * *

Twenty-five Caswell School students, accompanied by LeRoy Batts, Jr., and Roy Dawson, were taken on a tour of the Seymour Johnson Air Force Base in Goldsboro.

* * *

Rev. Donald W. Lawson, chaplain and director of public relations, spoke before eighty members of the Christian Women's Fellowship of the Hookerton District Union meeting at the Farmville Christian Church on July 25. He outlined the work and program and noted the progress at Caswell School, and called attention to the significance of the President's Panel on Mental Retardation.

* * *

Mr. George Rouse, Jr., and Chaplain Lawson were in Fayetteville where they attended the annual meeting of Area 4, N. C. State Employees Association. Mr. Rouse was named campaign chairman for Chaplain Lawson who was running for the office of Vice-president of the Association.

* * *

Dr. Eugene Hargrove, commissioner of mental health, was a campus visitor at Caswell. Dr. Hargrove is the chief executive officer of the N. C. Hospitals Board of Control under whose direction Caswell is operated.

* * *

Caswell School, listed as Area 5A of the North Carolina State Employees Association, was represented at the annual convention of the Association in Durham September 6-8 by the following persons: George Rouse, Jr., Chairman; and delegates, Earl Braxton, Speight H. Stroud, Mrs. Virginia Perry, R. N. and Mrs. Doris Petteway. Also attending was Chaplain Don Dawson, a candidate for the office of Vice-president of the Association.

Mrs. Mary Oliver was appointed to the registration committee and Mrs. Elizabeth Reynolds to the reception committee for the state convention by President Ralph Sprinkle of Fayetteville.

* * *

Miss Mary Helen Mumford and Miss Judy Oliver terminated their summer employment at Caswell School on August 31. Miss Mumford returned to East Carolina College. Miss Oliver entered the School of Nursing at Lenoir Memorial Hospital.

* * *

Wilbur Castellow and Larry Byrd, completed their summer jobs with the recreation department on August 31. They are graduate students at East Carolina College.

Four new nursing aides began employment on the nursing staff. They are Mrs. Linda Grant Lawler, Miss Jewel Dean Bostic, Miss Helen Moore and Miss Peggy Ann Price.

* * *

Durwood Walker, male nurse, has returned to his work in the Central Hospital after a prolonged absence due to illness.

* * *

Miss Violet Brinkley, a summer employee at Caswell School, has returned to college in Kentucky.

* * *

Mr. William Sharber, industrial arts instructor in the Trainable School for nearly five years, resigned recently, due to illness in his family. He has moved to his hometown, Elizabeth City.

* * *

Mr. Speight H. Stroud, business manager; Mr. Richard Matthis, farm manager, and Mr. A. J. Oliver, dairy supervisor, attended the 11th Annual State Institutional Holstein Sale at the N. C. State Fair Grounds in Raleigh on September 6. Caswell School offered seventeen milk cows for sale.

* * *

Mr. Walter Jones, an employee of the Cottage Life Department for 12 years, retired from service on August 31.

* * *

Mr. James Futrell, agricultural instructor at the Caswell Rehabilitation Center, accompanied a group of students to the annual State Institutional Holstein Sale in Raleigh on September 6.

* * *

Attending the state convention of the North Carolina State Employees Association in Durham September 6-8, in addition to the official delegates and officers from Caswell School, were Dr. and Mrs. David Whitaker, Mrs. George Rouse, Jr., Mrs. Donald W. Lawson, Mrs. Eva Seawell, R.N., and Mrs. Helen Reynolds, L.P.N.

At this meeting Chaplain Lawson was elected Vice President of the N. C. State Employees Association.

* * *

Present for the dedication ceremonies of the new hospital unit at Cherry Hospital in Goldsboro on September 12 were the following Caswell School personnel: Dr. and Mrs. Frank Badrock, Mr. and Mrs. Speight H. Stroud, Miss Pearl Adkins, Mrs. Maxim Tabory and Chaplain Don Lawson. The new unit is named the Royster Building in honor of the chairman of the building committee of the N. C. Hospitals Board of Control, D. W. Royster of Shelby.

* * *

Chaplain Donald W. Lawson spoke before the weekly meeting of the Kinston Civitan Club on September 11. He emphasized the program at Caswell School and the need for the community and the institution to become better acquainted. He cited the monthly visit of a group of Caswell students to a local church as one step in the right direction, noting that the visitors to the churches were always warmly received.

Mr. W. A. Dunn and Mrs. Virginia Perry, R.N., visited Rehabilitation Center Clients and their employers at nursing facilities in Rocky Mount and Goldsboro.

* * *

Mrs. Maxim Tabory, Miss Charity Holland, Mr. R. L. Denny and Mr. Maylon L. Bissette attended the state convention of the N. C. Association for Retarded Children at High Point on September 15.

* * *

Chaplain Don Lawson spoke on the program of Caswell School before the annual fall dinner meeting of the Greensboro Junior Woman's Club on September 19.

Mrs. Iris Aldridge, home economics teacher in the Rehabilitation Center, attended the Lenoir-Greene home economics teachers meeting in LaGrange.

* * *

Mrs. Elizabeth M. Lawson, wife of Chaplain Don Lawson, and formerly assistant director of the social service department at Caswell School, enrolled as a graduate student in the School of Social Work, University of North Carolina at Chapel Hill on September 19. Mrs. Lawson is pursuing studies leading to the Master's Degree in social work.

* * *

Caswell School began its participation in the United Fund Drive with a meeting of the steering committee on September 21. Dr. David Whitaker was named chairman and George R. Rouse, Jr., is the treasurer.

* * *

Mr. Sam Hines, an employee of the Cottage Life department for some twelve years, retired from state service on October 1. He plans to make his home in Goldsboro.

* * *

Mr. George R. Rouse, Jr., chairman of Area 5A and Chaplain Donald W. Lawson, Vice President of the N. C. State Employees Association, attended the re-organizational meeting of the Board of Governors of the Association in Raleigh on September 26.

* * *

Mr. R. L. Denny, director of the Caswell Rehabilitation Center, spoke before the Lenoir County Association for Retarded Children in September.

A Study

(From page 2)

were between the ages of seventeen and twenty-five. The age range for the total group was seventeen to forty-eight.

The opportunity for training in community jobs on a day to day basis and returning to the institution at night before being placed permanently was experienced by 64.5 per cent for an average of 5.8 months by the successful group and 52.3 per cent of the unsuccessful group for a period of 4.2 months. This would indicate that community work experience training is an important factor for success because it provides the client an opportunity to develop confidence in his abilities.

Charity Holland
Student Evaluator

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The CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

THE BRIDGE BUILDER

An old man going a lone highway
Came at the evening, cold and gray,
To a chasm vast and wide and steep,
With waters rolling cold and deep.
The old man crossed in the twilight dim,
The sullen stream had no fears for him;
But he turned when safe on the other side,
And built a bridge to span the tide.

"Old man," said a fellow pilgrim near,
"You are wasting your strength with building here.
Your journey will end with the ending day,
You never again will pass this way.
You've crossed the chasm, deep and wide,
Why build you this bridge at eventide?"

The builder lifted his old gray head.
"Good friend, in the path I have come," he said,
"There followeth after me today
A youth whose feet must pass this way.
The chasm that was as nought to me
To that fair-haired youth may a pitfall be;
He, too, must cross in the twilight dim . . .
Good friend, I am building this bridge for him."

—*Will Allen Dromgoole*

January, 1963

Volume XXVIII Number 1

The Caswell News

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Frank Badrock, M.D. .... Superintendent
Mr. S. H. Stroud .... Business Manager

Editor .... Pearl L. Adkins
Circulating Manager .... Sarah E. Claytor
Secretary .... Mrs. Mary E. Collins
Treasurer .... Mrs. Evelyn Wiggins

They Also Serve

We who work at Caswell School are convinced that it is a good place. Our aim is to make it a better place. By "better place" we mean a happier home for our residents. To do this we need the help of the volunteer workers.

This need was seen by the Training and Education Department several years ago and unsuccessful attempts were made to recruit volunteers by means of newspaper articles and talks to local groups. In the summer of 1961 a lady who taught in the Vacation Bible School became so interested in the work that she went back to her church and persuaded other ladies to volunteer to help at Caswell, and so began the Volunteer Program. At present the volunteers are working under the direction of Mrs. Lewis of the Recreation Department who, with their help, has written a booklet about the program and who is planning to visit Dorothea Dix Hospital to study the Volunteer Program there.

It is a comfort to us to know that some of the ladies who came to work with us at the beginning are still faithful, but we are disappointed because last winter we had about thirty workers and this winter we have only sixteen most of whom are members of either the Episcopalian or the Presbyterian Church in Kinston. Before beginning work the Volunteers heard talks on Caswell given by representatives from various departments here and about seventy ladies took part in these Orientation Programs. It seems that we failed to inspire many of them.

One lady, however, was so fascinated by the talks to which, protesting that she was not interested in working with the retarded, she was brought by an enthusiastic volunteer that she became one of our faithful band. Both she and the lady who persuaded her to come would like to attend more lectures on the theme of mental retardation.

Each volunteer comes once a week for a period of two hours. This time is spent in various ways. In summer the volunteers play outdoor games with the children, take them for walks, and drive the campus train. One lady this summer took a course in life-saving so that she could serve as a lifeguard. Had she not been with us there was a time when the swimming pool would have had to be closed because of shortage of recreation workers and that would have made many children miserable. In winter some of the volunteers sing with the children, play records, and dance. Some teach older residents to do hand work. Some show slides in the building. All bring warmth, affection, and attention to people who need those precious things. One lady wanted the Caswell children to have the joy of "dressing up" so, with the help of a lady who is not in the Volunteer Program but who is active in church work, she brought twenty outfits to Caswell for a parade. This parade was held in more than one building so the outfits brought fun to many girls. This same lady sent a birthday card to a girl who had not received a card from anybody for years. The girl's joy was so moving that the worker asked the Chaplain for a list of the names of one hundred residents who never received Christmas mail and gave those names to church women who promised to send cards If those people could have seen the residents' (one cannot say children for some of them are over fifty years old) faces and heard their happy chatter when the cards arrived we would have more volunteers.

It is not only in the Recreation Departmen that the Volunteer Workers help us. Two ladie with medical backgrounds have been working with a psychiatrist as co-therapists. They work unde guidance and in describing the worth of their work the psychiatrist used the epithet "priceless".

Caswell employees cannot supply the resident' boundless need for affection. There are not enough of us. We just don't have the time. We need thos volunteer workers - we need them desperately. I anybody in Kinston has two hours a week to spar there is no more rewarding way in which he c she could use them than by coming out to Caswel to help us. All types of talent can be used. W would like to see some men coming too, especiall in summer when the nights are light and the could play games with the boys. All who come wi be welcomed warmly and all will find joy here.

Jean Tabory, Psychologist

A TRIBUTE

The following letter was presented to Mrs. Fannie Grady who retired from Caswell School after twenty-nine years of service. She has worked as a matron and then a charge matron in the Parrot and Kendall buildings. This letter was written by Mr. T. G. Johnson, director of Cottage Life and Dr. Frank Badrock, superintendent.

"On the occasion of your retirement from Caswell School after twenty-nine years' service, we extend to you our sincere appreciation for your loyal labor and earnest dedication to your duties wherever you were assigned during this period.

Your genuine concern for the welfare and happiness of the children under your charge has been evident over the years and much of the progress made in the boys' and girls' colonies is because of your unstinting efforts and ability. The pleasant atmosphere of the living units, the excellent care of the children, and the efficient work of the cottage parents are in no small measure due to your example and influence.

Your life has been a lasting inspiration and guide, not only to the cottage parents but to all of us. We have come to appreciate the reality and sterling worth of your talents and will always remember your untiring zeal, personal humility, and especially the human understanding and unfailing kindness you have shown to the children at Caswell School.

May God bless you and your years of retirement be long and happy ones."

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"A CHILD IS WAITING"

The movie, "A Child Is Waiting", is soon to appear in the local theaters across the country. Burt Lancaster and Judy Garland co-star in the picture. Dr. George Tarjan, Superintendent and Medical Director of the Pacific State Hospital, writes the following:

"'A Child Is Waiting' is a dramatic treatment of the problem of mental retardation. It deals primarily with the treatment and training of retarded children and was filmed with the cooperation of the California State Department of Mental Hygiene and the Pacific State Hospital in Pomona, California.

The film demonstrates the dignity of the mentally retarded. It shows the fallacy of judging human worth only in terms of intelligence without giving proper weight to other, equally important, values. The retarded children who appear in this film are treated with warmth, compassion and understanding. Their accomplishments are shown without exaggeration, but with a firm reminder that each accomplishment, however small, is part of a never-ending battle for small victories against great odds.

We see here, too, the dangers of over-protecion, however laudable the motivation, and the pressing need for early treatment and training."

Abby Mann, who wrote the original screen play, has also written a novel, "A Child Is Waiting", based on the screen play and this can be purchased n a paper-back edition on the various newstands.

Training and Education

When the word gets around that the circus is coming to town, the children at Caswell react just like any children in the community. They eagerly await the big day with great anticipation of seeing the big tent and all the glorious splendor that goes with a circus. Approximately 1,000 residents enjoyed the Clyde Beatty Circus on Friday, October 12. The residents were transported across town in campus vehicles to the circus grounds. The only incident that occured was from a staff member skinning her leg on a tent post. Our thanks go to the staff in all departments for assisting in this tremendous undertaking and the Kinston Shrine Club for donating the tickets to make this a successful Circus Day.

The circus was not the only event that received top billing in October. The Lenoir County Fair also had a special rating for all the children that were able to walk around the fair grounds. They were given free rides by the fair people on several types of equipment. Different companies in town gave the children goodies in the exhibit hall as they passed through. The Caswell School booth at the County Fair, which was designed and built by the Training and Education staff, won a blue ribbon and a fifty dollar cash award. Two-thirds of the money was used to buy pots and plants to beautify the entrances of the school buildings and the recreation building. The remainder of the money is being used as a teaching aid in the advanced classes of the academic school.

Halloween is not to be overlooked in October. The recreation building was decorated with orange and black paper streaming from the center of the building to the side railings. Pumpkins and other decorations line the walls and different types of booths were set up for games. Apple bobbing, fishing games, cake walks, dancing and costume parties are gay activities for the residents. To accommodate all the residents, Halloween must start at least four or five days in advance. To complete this holiday, many community volunteers held special parties in the buildings for residents.

By the last of November, the advanced Home Economics classes had completed a blouse and skirt as a project for the fall. The boys taking Home Economics are learning to cook breakfast and prepare simple deserts. This year the Home Economics Department is introducing a group of trainable girls to the kitchen routines. They are learning to make sandwiches, cupcakes and most important, they are learning to wash dishes.

The academic school teachers in the advanced classes are utilizing the tape recorder as a most effective training aid in conjunction with oral book reports. Each student is required to give a book report weekly. These reports are recorded and played back to the class immediately following the student's presentation. Each member of the class is given an opportunity to hear his recorded voice and make necessary corrections under

(Please turn to page 6)

SIDELIGHTS

The New Bern Junior Woman's Club sponsored a dance for 100 residents of Caswell School.

The Kinston Fire Department sponsored the sale of tickets to local firms and individuals which made it possible for 90 younger boys and girls to attend the Jungle Land Show.

Six members of the Clinton Junior Woman's Club gave a Halloween party for sixty girls in the Austin building. Five members of the Rocky Mount Junior Woman's Club also visited Caswell.

Mr. Arthur Honeychurch, music instructor in the Academic School donated a set of 15 Children's encyclopedias to the academic school library.

Mrs. Charles Pate and daughters, Joan and Gladys, sang several numbers at the worship service in the chapel.

The Youth Choir of the First Presbyterian Church in Kinston under the direction of Mrs. James R. Bercaw, with Mr. Buford Goodman at the organ sang at the November 4 Sunday night Chapel service.

The Girl Scout Troop of St. Mary's Episcopal Church, assisted by Mrs. George Vick, Troop leader and Mrs. Ballenger gave Halloween parties to the girls in Cottage 2 and 3.

The Kinston Junior Woman's Club sponsored a Halloween Party for 38 students. The boys entertained were residents of Pollock A.

The agricultural classes in the Caswell Rehabilitation Center began work on a cold frame for rooting plants and shrubs. Methods of plant propagation and small fruit culture are being taught the students in preparing them for job placements in nurseries and on fruit farms. A strawberry bed has already been set out by the students.

Four large boxes of new clothing and two large boxes of new toys were donated by Grange members all over the state. These were brought to Kinston at the time of the annual meeting of the State Grange in Kinston.

In October the Collegians, a dance band at East Carolina College sponsored by the Zeta Psi Chapter of the professional music fraternity Phi Mu Alpha Sinfonia, played in concert for over 500 residents of Caswell School. They also provided music for dancing.

Mrs. Vermadine Jones Beach of the Cottage Life Department donated a sewing machine to be used in Byrum Hall.

The students of the Caswell Rehabilitation Center enjoyed a round dance at the Emma Webb recreation Center in November. Mr. W. A. Dunne a counselor at the Center supervised the activities.

The New Bern Junior Woman's Club sponsored a "Fall Formal" dance at the recreation building for fifty couples.

During the absence of Chaplain Lawson, Mrs. Maxim Tabory, psychologist at Caswell and Mrs. Elizabeth Marshall of Kinston conducted the Chapel services. Mr. Tabory played several selections of hymns on the saxophone accompanied by Mrs. Marshall on the piano at the night service.

Rev. Billie Adams, pastor of the Southwest Christian Church and members of the Youth Fellowship attended the Sunday night Chapel service. Members of the youth group sang several selections.

The Caswell Chorale, an advanced girls' chorus under the direction of Arthur Honeychurch, sang before the Kinston-Rocky Mount Chapter of the American Guild of organists' meeting in the music room of the Caswell academic school. On December 10, they sang before the Women's Society for Christian Service of the Queen Street Methodist Church. On December 11 they presented a program of songs to the Kinston Civitan Club in the Hotel Kinston. They also sang at the chapel service at Caswell.

The Rocky Mount Junior Woman's Club sponsored a Christmas party for the boys in Cottage 6.

Students enrolled in the Caswell Rehabilitation classes study remedial reading one hour each day. According to Mr. Woolever, reading teacher, the classes range from non-readers to sixth grade level. Progress has already been realized as some of the non-readers have moved up to the first and second grade level. Mr. Woolever works with approximately 47 students in group sessions, with additional individual help for several students.

Group 12 of the Gordon Street Christian Church sponsored a Christmas party for seven residents of Caswell School.

The Kinston Junior Woman's Club gave a party for the boys in Pollock A - The New Bern Junior Woman's Club held a party for the girls in Cottage 3.

The Phi Mu Alpha Sinfonia Fraternity and the Sigma Alpha Iota Sorority from East Carolina College presented a concert of Christmas songs on December 10.

The Clinton Junior Woman's Club held a Christmas party for some of the residents.

The Kinston Pilot Club sponsored a Christmas party for approximately 70 residents of the Cartwright building on December 19. Christmas presents were distributed to all residents.

The Cottage Life Department sponsored its annual Christmas party for all residents remaining at the institution over the Holidays. The Pate family singers entertained, several Christmas cartoons were shown and Chaplain Lawson gave, "The Night Before Christmas!"

The Caswell Chorale presented a Christmas program of songs to the Lenoir County Ministerial Fellowship at the Northwest Christian Church.

A Christmas dance was held for all Caswell Rehabilitation Clients in the Emma Webb Recreation Center. Approximately 150 persons attended the dance.

In October the boys in Tapp I attended the morning worship service at the Gordon Street Christian Church. In November the girls of Dewey B were taken to the service at the First Baptist Church and in December the Tapp 2 boys were at the service at the New Hope Baptist Church in Pink Hill.

The monthly T.V. programs on WITN still elicit much interest. Dr. Vernon Mangum, superintendent of O'Berry School in Goldsboro, the state institution for the negro mentally retarded, and four of his staff members were interviewed. In October Dr. Myron G. Sandifer, director of Research and Mr. Charles Pettus, director of the Statistics Division of the N. C. Hospitals Board of

(Please turn to page 8)

CHRISTMAS

The Christmas program is one of the major events at Caswell School and, therefore, requires a great deal of time and planning in order to be carried out successfully.

The Recreation Department begins Christmas preparations in July. At this time the cottage parents submit a list of the things each child needs in the way of clothing and the toys he wants from Santa Claus. Each living unit also submits a list of the Christmas decorations needed to beautify the building. This information is consolidated, typed and turned over to the business office so that the goods may be purchased.

Because of the large number of residents it is not possible for the institution to purchase all the needed toys, games and little extras to grant the children's requests; therefore, it is necessary to turn our attention in another direction to fill these needs. Through the School's Public Relations program, the Christmas needs are met by hundreds of individuals, civic clubs, organizations and churches. The Christmas packages usually start arriving at the school late in November.

By the second week in December the recreation staff is fully involved in Christmas activities. All the clothing has been delivered from the storeroom and the donated packages are coming in by the truck load. It usually takes two to three weeks to wrap the packages for the 1100 to 1200 children who depend upon the school for Christmas cheer.

As the donated gifts are received, a list is made of each item for future records and each donation is acknowledged by the Public Relations Director.

The Christmas presents are distributed to the living units by the recreation staff on Christmas Eve and placed under the trees to await the happy moment on Christmas morning.

Christmas time is also party time and usually there are several parties on the campus for the children during the holiday season. Several clubs throughout eastern North Carolina have as an annual project, a party for at least one living unit. The club will provide activities and refreshments for the children. The ladies participate in the program with the children to enjoy the festivities.

To provide the children who do not go home an opportunity to enjoy Christmas to the fullest, downtown trips are planned to see the Christmas ights and beautifully decorated store windows. The children who are capable are permitted to go downtown to do their own Christmas shopping.

Preparation for the annual Christmas pageant s another phase of the total program which begins well before the holiday season. The girls chorus makes several appearances throughout eastern North Carolina to sing carols for clubs and churches as part of their musical training.

In the classrooms the bulletin boards are careully prepared to highlight the season and special lassroom emphasis is placed on the true meaning f Christmas. The teachers also use selected filmtrips on Christmas around the world from our Encyclopedia Britannica filmstrip library.

By the last week of school, approximately seventy-five pupils are well trained to present the annual Christmas program. This pageant is the climax of the academic program before the children go home for the holidays. People from the local community, parents of the children and all individuals interested in Caswell School are invited to attend the pageant.

The Christmas pageant usually is centered around the birth of Christ - tableaus being used to depict the coming of the Savior. The characters are dressed in costumes of that day and through the utilization of colored lights, the scenes give one the impression of three dimensional pictures. The mixed choral group, consisting of the Caswell Chorale, junior chorus and the boys chorus provide a wide range of music familiar to the general public. As an added feature, they usually sing several selections of Christmas music of foreign origin which create interest among the spectators. To see the children act gives a sense of the closeness of man to God during this special season.

Following the Christmas program the visitors are invited to visit the living units on the campus in observance of "Open House". The cottage parents and children have spent many long hours of planning and work to make each living unit on the campus a thing of beauty. It is hard to imagine the beauty of these cottages and dormitories. One must journey around the campus to see the originality of decoration in each building and the happiness of the children. Christmas is indeed a time of joy and happiness for the residents of this institution.

The Christmas holiday vacation begins the day following the Christmas program. Hundreds of children leave the campus to spend several days with their parents or relatives.

But for those that remain, Christmas celebrations continue. The Recreation and Cottage Life Departments provide many enjoyable events to give those residents who remain the type of Christmas any child looks forward to and cherishes.

Santa Claus makes his yearly trip to the hospital units and to the colony units. In these units, he laughs and jokes with the residents and passes out goodies to them. For those who are capable of conversation, he provides a listening ear as he would any child.

A few nights before Christmas the remainder of the residents whom Santa has not seen assemble in the recreation building for a special program of acts presented by staff members or groups of people from the community. To climax this event Santa makes his appearance and passes out a gift to each boy and girl.

On Christmas Eve the Chaplain holds a special religious service for the residents. There is a devotional service on the theme of the birth of Jesus followed by a congregational singing of Christmas carols. Following the service, the boys and girls return to their living units and go to bed to await that special long bearded visitor.

Yes, Caswell children are no different from others when they jump out of bed on Christmas morning. Oh! what a happy time and what a wonderful experience it is to see hundreds of children laughing with joy at the pretty things they have received for Christmas. Big toys, little toys, cosmetics, gifts and garments by the hundreds are unwrapped and spread about the living room. You can see that Santa has been nice this year - he has not forgotten any of us.

Christmas is undoubtedly the shortest day of the year for children; and why shouldn't it be; they are happy. By lunch time though, they do begin to get hungry for that good Christmas dinner. The Food Service Department has been thinking about this for some time and preparations started early to feed this hungry group of happy children. A turkey dinner with all the trimmings is the order for the day, which of course includes ice cream, milk and coffee.

No father would think of going through Christmas without providing his children with a stocking of goodies. This is the feeling of Mr. Stroud, the business manager, who for many years has been providing for each child a king size bag of fruits, nuts, candy and other goodies. This treat is passed out to the children after dinner on Christmas Day by the Food Service Department.

After Christmas Day, the program is geared to cleaning up the mess from the day before; but even this is enjoyable, since we can take a moment to relax and remember how happy the occasion has been. Yes, each of us, in his own way, in each department has given something of himself to make Christmas at Caswell a successful occasion.

POSTAL SERVICE

The following article was written by Chaplain Lawson, editor of Employee News and appeared in the November 1962 edition.

Something that means, and has meant a great deal to the residents and employees of Caswell School is the postal service given by the personnel operating the mail room.

When Mrs. Gibson started working on September 1, 1953, Caswell School's mail service consisted of a daily visit by the Rural Free Delivery carrier. He would unceremoniously dump the mail out at the west end of the Administration building. Mrs. Gibson would have to be on the lookout and "catch him on the run" with orders for stamps from employees. Sending a money order was more complicated. Those who wanted this service would have to fill out an application form, enclosing it with money in a stamped addressed envelope. The next day the carrier would return the receipt and any change due.

Mrs. Gibson recalls that the residents' mail used to be placed on a table in the lobby of the Old Central Hospital and the scramble was on. The first mail room that Mrs. Gibson remembers was located in what is the office of Don Graziano, assistant psychologist. It contained several tables and the pigeon holes that are now in the Cottage Life office, and two sewing machines and was "quite crowded" according to Mrs. Gibson.

The present postal facility was established on November 16, 1956. Through special contract arrangements with the Kinston Post Office it offers all the services provided downtown. The service has continued to grow. There are over 400 regulation boxes now in use but as the total number of employees expands, Mrs. Gibson states they are getting a bit crowded for space. This means that a number of people have to "double-up" on box space.

Average receipts on daily incoming mail, including first, second and third class, are 1500 pieces approximately. Each day finds a number of parcel post packages coming in and going out. There are two dispatches and incoming mails daily - at approximately 9:00 A.M. and 4:45 P.M.

Holidays bring a large increase in mail deliveries and dispatches. Halloween, Thanksgiving, Valentine's Day, Easter but most especially Christmas bring a big spurt in the volume of mail. The Christmas rush starts in early December and continues for several days following the holiday. Every package for a resident calls for a listing of the resident's name and the sender's name and address. Also, on receipt the resident's mail is separated into boys' and girls' mail. Cottage Life separates it into the living units.

In addition to Mrs. Gibson, there are three other persons bonded and able to work directly with the U.S. Mail at Caswell. They are Mrs. Ruby Tyndall of the marking room which adjoins the mail room, Speight H. Stroud, business manager and George Rouse, Jr., assistant business manager.

Mrs. Gibson remarked that she believes the postal service offered at Caswell School means a lot to employees and residents. Many employees have expressed their appreciation for the convenience and excellent service provided by the mail room, officially known as Caswell Station of the Kinston Post Office. The editor believes he speaks for all employees in saying "Thank You" for our excellent mail service.

TRAINING AND EDUCATION

(From page 3)

supervision of the teacher. While the students are improving speech habits, development of self-confidence has been noted.

A new shipment of filmstrips from Encyclopedia Britannica was received by Caswell in November in memory of a former resident, Hugh Edwards. This brings our total filmstrip library to 1487 strips. We now have an outstanding library of filmstrips on a wide variety of subjects suitable for both trainable and educable pupils.

Most of December was spent in preparation for Christmas in the Training and Education Department .The Christmas season is covered by a special article in this issue of the "Caswell News".

Waylon Bissette
Director of Training and Education

PERSONNEL

Mrs. Lois Rouse Smith of Lenoir County joined the staff of Caswell School as a Social Worker in the Social Service Department on October 1. Mrs. Smith has attended East Carolina College and has taken courses at the graduate School of Social Work, University of North Carolina at Chapel Hill. She has worked at the Lenoir County Welfare Department. In 1951 she joined the staff of the Children's Home Society of North Carolina Inc. as the south eastern area representative. She resigned from the Society to begin work at Caswell. She is a certified member of the National Association of Social Workers.

Mr. Joseph Roland Woolever, of Florida, joined the staff of the academic school as an adult education teacher on October 1. Prior to his new work Mr. Woolever taught special education classes in the public schools of Orlando, Florida.

Chaplain Donald W. Lawson spoke on the "Caswell Story" before the Gastonia Junior Woman's Club.

Director of Training and Education, Waylon L. Bissette, discussed Caswell as to its program before the Oriental Woman's Club in October.

In October Miss Pearl Adkins and Mrs. Lois R. Smith of the Social Service Department attended a meeting at Dorothea Dix Hospital of social workers representing hospitals and schools under the N. C. Hospitals Board of Control.

Chaplain D. W. Lawson has taken a course in pastoral clinical care offered by Chaplain W. R. Steininger and the staff of Dorothea Dix Hospital in Raleigh.

Mrs. Margaret Tisdale, R. N. attended the session of the N. C. State Nursing Association in Durham during October.

Mr. Waylon Bissette, director of Training and Education, Mr. R. L. Denny director of the Rehabilitation Center and Mr. Norwood Williams, counselor at the Center attended a meeting of the Southeastern region of the American Association on Mental Deficiency at Fort Meyers, Florida from November 1-3. Mr. Williams was chairman of the vocational rehabilitation sectional meeting and discussed "Vocational Rehabilitation for the Mentally Retarded in Region 7". Participating on the panel with Mr. Williams were Mr. Bissette discussing "Special Education of the Mentally Retarded as a "Prerequisite to Vocational Rehabilitation" and Mr. Denny discussing "Vocational Rehabilitation Services available to the Institution and Public School Referrals".

Mrs. Beth Nelson, a registered nurse started working in the medical department as of November 1. She is a graduate of the Macon Georgia School of Nursing.

Mrs. Joyce Shackleford began working as of November 1 as a secretary in the record room in the Administration Building.

Chaplain Donald W. Lawson was invited to speak to the classes in pastoral care at the Southeastern Baptist Theological Seminary in November. He lectured on "Religious Ministry to the Mentally Retarded".

In November Chaplain Lawson addressed approximately one hundred clergymen of Baltimore and vicinity. This was sponsored by the Baltimore Chapter, Maryland Association for Retarded Children, Inc. His subject was, "Religious Ministry to Mentally Retarded Persons." In the evening Chaplain Lawson spoke to Teachers and parents of the mentally retarded children on the subject, "Goals in Religious Education of the Mentally Retarded." While in Baltimore he was guest pastor at the Unitarian church speaking on "Understanding the Mentally Retarded Person".

The following people of the Training and Education Department attended the Special Education Conference in Durham: Miss Charity Holland, Mr. Waylon L. Bissette, Mr. LeRoy Batts, Jr., Mr. Robert Mahaffey, Mr. Arthur Honeychurch, and Mr. Robert O'Neal. The Caswell Rehabilitation Center was represented by Mr. R. L. Denny, Mr. W. A. Dunne, Mrs. Thelma Roberson and Mrs. Johnsie Gray.

On December 3 and 4 Mr. Guy Johnson, director of the Cottage Life Department accompanied by Mr. John Croom, night supervisor, attended a meeting of the Committee on Education of the Attendent Training Project sponsored by the Southern Regional Education Board.

Mr. Waylan L. Bissette, director of Training and Education Department, spoke before the monthly meeting of the Current Topics Club in Rocky Mount on December 3. Mr. Bissette discussed the general program of Caswell.

Chaplain Lawson, director of public relations spoke on Caswell before the Protestant women of the Chapel at Seymour Johnson Air Force Base on December 11 and at a Family Night program sponby the Women's Society for Christian Service of the Woodland Methodist Church in Albertson.

Mr. Robert K. Hunter, 1962 graduate of East Carolina College in Industrial Arts Education assumed his duties as Industrial Arts Instructor at the Caswell Rehabilitation Center.

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FACTS AND FIGURES

As of January 1, 1963, there were 1880 residents at Caswell.

During the last quarter there were a total of 51 admissions. From the waiting list there were 32 and one readmission; from placement, 13 (11 rehabilitation and 2 home); transfer from other institutions, 5. Of this total of 51, there were 32 boys and 19 girls.

Twenty-five were placed (14 on rehabilitation and 11 home). Eight were transferred to other institutions - six died. This figure consisted of 20 boys and 19 girls.

There were 13 discharged (2 from rehabilitation; 10 from home and 1 direct).

Forty-three individuals were referred to the waiting list. Forty-two were new applications and one was a reapplication. Twenty-six were for boys and seventeen for girls. On the waiting list as of January 1, 1963, there were 268 applications (boys 209 - girls 59).

VISITORS

On October 1-2 a delegation from Whitten Village, Clinton, S. C. visited Caswell and the Caswell Rehabilitation Center to study advanced Techniques in training the clients qualified for rehabilitation. Whitten Village is one of two facilities operated by South Carolina for the mentally retarded. While at the Rehabilitation Center the group observed classes in all phases of training, visited the town houses where the Center's out of town students live, and studied the job placements and follow up phases of the program. The tour was climaxed by each instructor at the Center discussing a different phase of the total program.

Dr. Joseph I. Riddle, superintendent and Mr. Wayne M. Williams, of the new western Carolina School in Morganton toured Caswell School during October.

Mrs. Laura Wilkie, director and Mr. Darrell Beverly, supervisor of the Social Service Department at Murdoch School, were visitors on the campus to confer with Caswell's Social Service Department. Several members of the Department of Training and Education at Murdoch accompanied them.

Rev. and Mrs. Jose Rodriques of Recife, Brazil accompanied by Mrs. C. R. Randall of Kinston were taken on a tour of Caswell. Rev. Rodriques is president of the American Baptist College in Recife and teaches Hebrew in the Baptist Seminary.

Mr. Elbert R. Peters of the Department of Motor Vehicles and President of the N. C. State Employees Association visited Caswell.

Mr. Roy Purser, general business manager, N. C. Hospitals Board of Control has been on the campus during this past quarter.

Thirteen students of practical nursing at the Duplin County Memorial Hospital in Kenansville were at Caswell for a day. Mrs. Tisdale, director of nurses conferred with the group and took them on a tour of the hospital facilities. Mr. Bissette, director of Training and Education spoke to the nurses on the training program.

Mr. W. A. Adams of the Jones Central High School faculty and chairman of the industrial arts section of the North Carolina Education Association accompanied a group of industrial arts teachers on a tour of the Rehabilitation Center on Friday October 26.

Dr. Bernard Jackson and 30 members of his psychology class visited in October. Various staff members discussed the various aspects of Caswell's program and the group toured the Cottage Life area, the Training and Education Department and the Rehabilitation Center. The girls in the Home Economics Department of the Rehabilitation Center served refreshments.

Miss Doris Jean Threatt and Miss Pat Collier practice teachers at Grainger High School toured the academic school.

Mr. Stanley Seago, an engineer with the N. C. Department of Administration, visited Caswell and spent some time at the Power Plant.

Mrs. Luise Rossier-Benes, a teacher in the municipal Center for Retarded Children in Zurich, Switzerland, was a visitor in November. She is on a two month tour of schools and facilities for exceptional children in the United States. The opportunity for her to do this is being sponsored by the World Health Organization of the United Nations. She toured the training and educational facilities and the Rehabilitation Center. She stated that she felt the objectives for the trainable level child at Caswell were excellent and gave her ideas to carry back to Switzerland.

Dr. Vernon Mangum, superintendent and Mr. Andrew Holmes, director of Cottage Life at O'Berry School visited the Rehabilitation Center on November 6.

The psychology class from the Wilson School of Nursing were visitors. Mrs. Tabory, of the psychology department met with the group. The twenty-five students heard talks by Mrs. Tabory, Mr. Bissette and Dr. McNeill.

Professor Norman M. Chansky, Dr. Ivan Hostetler and Dr. Roy Anderson, all of North Carolina College, toured the Caswell School training and education facilities and Caswell Rehabilitation Center in November.

Mrs. Elizabeth H. Johnston, social worker for the Cumberland County Schools visited Caswell to confer with Miss Pearl Adkins, director of Social Service and to observe the academic school program.

The medical students from the School of Medicine at the University of North Carolina in Chapel Hill have been attending a one day orientation program during the last quarter.

On December 5 Lenoir County principals and teacher-counselors visited the Caswell Rehabilitation Center.

SIDELIGHTS

(From page 4)

Control were interviewed by Chaplain Lawson, Caswell's Public Relations director who plans these programs. In December the Caswell Chorale presented its annual Christmas program.

In November, Mrs. Joe Simon, Mrs. Frank Badrock and Mrs. W. H. Jordan gave a demonstrated lecture on dried arrangements to the Home Economics students in the Caswell Rehabilitation Center. After the lectures the students participated in making dried arrangements which will be used by the girls in the department.

In October the employees' Orientation program was again initiated for the new employees who had recently been hired. The purpose of the program is to acquaint employees with the total program at Caswell.

The members of the boy Scout Troop 227, Troop committee members and Scout leaders participated in a special observance of Scout Troop Charter Night at Caswell's Vesper Service in October. Mr. Carl D. Hunter, Scout executive for the Caswell District of the East Carolina Council presented the Charter and gave a brief address. In October the Caswell Troop went on an overnight campout in the vicinity of Kennedy Home.

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CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

MY WORK

Let me but do my work from day to day,
In field, or forest, at the desk or loom,
In roaring market place, or tranquil room.
Let me find it in my heart to say,
When vagrant wishes beckon me astray—
"This is my work — my blessing, not my doom—
Of all who live I am the one by whom
This work can best be done in my own way."
Then shall I see it, not too great or small
To suit my spirit and to arouse my powers,
Then shall I cheerfully greet the laboring hours
And cheerfully turn, when the long shadow fall
At eventide, to play and love and rest.
Because I know for me my work is best.

(Henry Van Dyke)

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The Caswell News

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A TRIBUTE

The following article was written by Mrs. Ronal Willis of Morehead City and appeared in the Carteret County News-Times on April 9, 1963. Mr. and Mrs. Willis had a son at Caswell who resided in Cottage I and attended the Trainable class. Little Ronal died of hepatitis.

Editor

"I do hope that you will publish this letter, as I feel I have to write it to answer questions that have been asked of us, and for those who haven't asked but are wondering if we regret sending our son away from us to a school for the retarded, only to have him die after eight short months there.

The only regret that we do have is that we were too selfish and thought too much of ourselves, and didn't send him sooner, so that he could have enjoyed all the things he loved for a longer period of time.

He was never lonesome and never hurt there, and had companionship of other children that he didn't have at home.

Every little thing he did there was so important to him even being in the hospital was a part of going to school for him. He learned to like going to church and was so proud of the chapel there and got to go to church when he came home. He was so very proud of everything he did. He ate in the dining room and learned to carry a tray.

He went in the swimming pool, to gym and the playground and most important to him were the classes he attended one hour each day. He wanted to go to school and was so happy that he was going.

We had a great experience through those eight months and hope that we can be of help to others, like us, who are afraid as we were, to give this retarded child up to something better.

I realize that some children are more unfortunate than ours because they are unable to do the things he did. But the school has something that no mother or father can give in spite of all the love and care, that is being with other children their equal and having their companionship.

Our boy left us and ran to those little boys in his cottage and to the house parents and loved and kissed them.

He would never have done this if they had not loved him and been good to him. Our boy was very happy the last eight months of his life and knowing that, it is easier for us to bear our grief.

We thank God for the ten years we had him and his sweet love.

We've always called him a miracle, from the beginning. Having him opened our eyes and our hearts to so many things that we might have never known.

When God decided to take him back to Heaven with Him, we did not pray for him to live we just thanked God for letting us have him to love and we know that he is one of God's angels now, and is not retarded any more.

So we pray that the people who have the same problem look to God for guidance and will never be afraid to sacrifice their own wishes for something that will help their child. We feel that we loved Ronal, Jr. more after we decided to give him up to something better and more important to him than we were.

We pray that more people will visit these training schools and learn, as we have, that they are not horrible places but places where there is Love and Care and Companionship for our retarded children and a challenge from God for us to learn more wisdom, knowledge and Christian love."

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Facts and Figures

As of January 1, 1963 Caswell had 1880 residents compared to 1902 on April 1st. Of this number 982 were male and 920 female. Forty-four were admitted (21 males and 23 females). Thirty-nine were new admissions, four were readmissions and one a transfer. Total number of deaths was 7 (3 males and 4 females). Five were put on trial visits (home placement). Two of these were female and 3 female. On working placement 31 were placed (11 males and 20 females). Four

The Trainable School

The Trainable School is a division of or an area within the training and education department. Among its nine personnel are one director, one industrial arts teacher, two trainable school teachers and five trainable school aids. Its purpose is to help trainable students to live better with one another and their environment, to teach them to take better care of their physical needs and to develop their skills for working and playing. Its purpose also is to prepare the students for job opportunities on campus, and better living in case of eventual placement. Also the trainable school offers industrial arts and other special classes for educable students.

Most referrals are from the student evaluator, Miss Charity Holland. Also other students referred are studied by her.

The industrial arts section includes woodwork, leather crafts, ceramics, and other activities. A curriculum in industrial arts is to be completed in the near future.

We presently have 311 students enrolled in the trainable school with 39 classes averaging about one hour per day and meeting from three to five days per week. One exception is Mrs. Smith's class of eight boys from a colony, or custodial, unit, which will be described later. The average class size is about eight students. Other classes consist of various levels of trainables, a class of wheelchair boys and young working boys, the rhythm band of young boys and girls almost all of whom are trainable, a class of preacademic educables, and a young mixed group which consists of young wheelchair boys, one wheelchair girl, and some young trainables.

A curriculum was compiled by the staff for the trainable school program. This guide has in it a list of objectives, some suggestions to the teachers, a list of criteria for selecting students and some suggested levels for activity. The curriculum also contains an outline of areas of activity under four general headings; Self Care, Social Skills, General Activities, and Prevocational Skills. The Self-care division is subdivided into Health, Personal Grooming, and Safety. Social Skills is subdivided into Attitudes, and Courtesy and Manners. General Activities Division has seven subdivisions which include: Arts and Crafts, Physical Activities, Recreational Activities, Music, Nature Study, Number Development, and Communication Activities. The Prevocational Skills are listed according to areas that would provide work for the students. This idea of work areas and a list was provided by Mr. Robert Mahaffey, the vocational Training Department director. These areas were listed as Laundry, Hospital, Sewing Room, Farm and Yard, and Store room. A section was also added as other practical skills. Fortunately these activities correspond to jobs which the student could enjoy doing at home. The main portion of the curriculum lists objectives and suggested activities for each one of these subdivisions in the outline.

Many students with less achievement get more training in self care and social adjustment than they do in job training. The higher leveled groups spend more time in actually doing simple jobs.

Most classes at the present time have either boys or girls meeting in groups segregated by sex. The rhythm band and preacadamic classes have both boys and girls meeting together.

As an experiment which began over a year ago now, Mrs. Smith of the trainable school staff has a group of eight boys who are working toward eventual placement in a cottage living unit. At present these boys live in a unit where the boys are more restricted and more dependent on the building parent and helpers than those boys and girls who live in a cottage are. The girls of this age and level seem to be better adjusted socially in some ways and 13 of them come to classes on a schedule similar to the majority of the other classes.

At about 8:15 half of Mrs. Smith's group began their schedule with dressing. The teacher selects their clothing and helps them in getting dressed. The smallest success in dressing is often an accomplishment. When a shirt is buttoned right it is probably by accident. Their shoes are put on at last and though none can tie one can lace. At 8:45 the students go to the little class room where they choose their own activity and play until about 9:30. This is break time and they return to their living unit until 9:45. There they go for a walk and often stop and visit other living units especially that one to which they may move. At about 10:45 they use the toilet again and then wash for dinner. When the food is put on the table they get their trays which they take across the hall to another dining room. Being able to carry their trays is one of the things they must accomplish as they will need to do this each meal when they are transferred to a cottage. After eating they brush their teeth and go back to their living unit about 11:30.

A routine very similar to this one followed in the morning is provided in the afternoon for the other half of the group. The boys participating in the morning one week will participate in the afternoon the next and those in the afternoon schedule change to the morning schedule.

Of the 311 students in the trainable school classes only about 75 have I.Q.'s above 49 and of these 57 are industrial arts boys who also go to classes in the academic school.

G. R. Howell, Principal
Trainable School

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were discharged from trial visit (1 male and 3 female) - from work placement 29 (12 male and 7 female). Five (2 males and 3 females) were put on trial visit while 31 (11 males and 20 females) were placed on working assignments.

The waiting list has 260 applications (216 boys and 44 girls) on it. Forty-three (20 males and 23 females) were referred during the last quarter. All but one were new applications. One was reopened.

Training and Education

The institution is undertaking a project to build a park on the vacant lot beyond the Cripple Children's Hospital. The purpose of the park is to provide adequate shelter for parents and visiting guests taking the residents for family outings and gatherings. Also, it will be used by the staff to hold afternoon weiner roast and hamburger fries.

The park will be equipped with a picnic shelter, bathroom facilities, parking area, park benches and eventually with playground equipment. A protective fence will be placed on Hull Road to keep the children from wandering on to the highway and the area will be seeded and shrubbery will be planted to beautify the park.

The park is being sponsored by clubs, parents and friends of Caswell residents. Already approximately $800 of the money needed has been raised. The business office reported that the total cost would be roughly $1200. Anyone interested in this project is requested to send his contributions to Dr. Frank Badrock, superintendent of Caswell School.

Mrs. E. L. Griggs, mother of Frankie Griggs in Tapp 3, and a group of people from Wilson, North Carolina, sponsored a birthday party for Frankie in February and invited 300 of his friends to the party. This was the largest party ever undertaken on the campus by a parent group. There was plenty to eat and drink and each child was treated to a small gift. Everyone had a wonderful time.

After Mr. Sharber returned to his old job as Industrial Arts instructor, additional classes were set up consisting of boys in the intermediate and secondary sections of the academic school. The young boys are being introduced to identification and use of small hand tools. Each of them is undertaking small wood projects. Many of them have made personal things which they can use and a lot of the boys are doing well in this work.

The Caswell Service Guild, the volunteer group, held a "Caswell Day" orientation program on the campus on March 13 to acquaint the local people with Caswell School in hopes of recruiting volunteers to assist in different projects on the campus.

Sixty ladies from the Kinston area visited the institution to hear various staff members discuss retardation and campus activities. After a good lunch in the staff cafeteria, tours were conducted through several places of interest and the program was concluded by a question and answer session.

As of March 31, 1963, there were 285 residents assigned to academic school. Three hundred and eleven residents were attending classes in the trainable school - a total of 596 residents are assigned to various classes in the Training and Education Department. The academic pupil attends classes from sixteen to thirty-four and one-half hours per week while the trainable pupil is actively engaged in class from five to fifteen hours per week.

Mr. Weylon Bissette

This and That

Students in Mrs. Marvin Baker's primary class and Mrs. Herbert Hardy's intermediate class enjoyed a field trip to the new Kinston City Hall. Captain Floyd Barnette of the fire department provided the students with the exciting adventure of a trip on the fire truck. Visits such as this are a most meaningful activity for our Caswell's students for it gives real purpose to the use of the language art skills as the teachers help to prepare the students for the visit with discussions and film and follow it up with stories and thank you notes. Sharing such learning experiences furnish the teachers an opportunity to evaluate what social skills need more attention.

Girls studying clothing construction at the Caswell Rehabilitation Center toured Belk-Tyler Company of Kinston to familiarize themselves with the different materials and sewing notions available to the home owner.

The Caswell Chorale Group were guests on the T.V. Channel 7, WITN March of Dimes Marathon program.

New sidewalks in certain campus areas have been laid by the maintenance department. This will be a real convenience and help to the residents.

Thirty-eight academic students attended the concert of the N.C. Symphony Orchestra in Kinston. The students were prepared in advance to have a greater appreciation and enjoyment of the music by Mr. Honeychurch, Music teacher at Caswell.

The Caswell Chorale sang at the Human Relations Institute on Sunday, February 17.

The Kinston Junior Woman's Club sponsored Valentine parties for Cottages 2, 3 and 6.

Twelve members of the Ladies Auxiliary to the veterans of Foreign Wars, Post 7032, Greenville, sponsored a valentine party for twenty-five couples in the Recreation Building.

Thirty-six residents from different living units on the campus attended the Smith Brother's Circus on March 1. The tickets were donated by Mr. and Mrs. Griggs of Wilson.

Dr. Augusto Colmenares presented a lecture on "The Meaning and Uses of Psychotherapy" to the various staff members. Dr. Colmenares is a child psychiatrist at Caswell.

The veterinary division of the N. C. Department of agriculture recently inspected the dairy herd at Caswell. The School has received certificates witnessing that the entire herd tested 100% free of brucellosis and tuberculosis.

Members of the Caswell Chorale, advanced girls' chorus, attended the concert of the Atlantic Christian College Chorus on March 25 at the Northwest Christian Church.

The orientation workshop for public health nurses and public welfare workers was held for three days during the third weeks of February and March. The participants continue to voice their approval of this program as to its educational value. The workshop draws nurses and wel-

(Please turn to page 8)

From Without and Within

As you approach McNairy building now spring flowers will greet you. On going into the entrance hall you will notice, on a table, a crisp white cloth decorated with embroidered stoves, grandfather clocks, and other emblems of home. This work was done by a resident, and home is what both cottage parents and residents strive to make McNairy. So well do they succeed that I would call it the house of gracious ladies. No matter when you visit the building you will receive a hearty welcome.

In 1951 the severely retarded girls who until then had occupied the building were transferred to the Colonies. McNairy was remodelled. Who was going to live there? One day the present charge matron of McNairy took a stroll with some of the older girls who then lived in Dawson to inspect the remodelled building. Her first thought was that the building was very big and she felt a fleeting sympathy for the cottage parents who had to work there. "It's big", she said to the Director of Cottage Life. "Who's going to work there?" "You", was the answer, and McNairy became a building for older girls.

Actually the age range at the moment (April 1, 1963) is from seventeen years three months to sixty-two years eleven months. There are thirty-one residents under twenty-five, thirty-eight between twenty-five and forty, seventeen between forty-one and fifty-five, and four over fifty-five. Dare I say that there are thirty-one young woman, fifty-five women of mature years and four women in later maturity? Ninety residents are listed in the building.

All categories of mental retardation save that of profound are represented. Eight women function at the borderline level of mental retardation, twenty-six at the mild level, forty-nine at the moderate level, and seven at the severe level. The IQ range is from eighteen to eighty.

It is obvious that a group so far removed from being homogenous will be no easy one with which to work. At present seventy-four residents are living in the building (the other sixteen are absent for various reasons) and it would be too much to hope for that so many women could dwell together in peaceful unity. Some girls say, "There is fussing in this building all the time. These old girls begin fussing as soon as they get out of bed". There is no place to which a girl can go to enjoy silence, for in the small sun parlor there is that great boon to the retarded, a television set, and in the large sun parlor there are some radio sets. The cottage parents think that the presence of the younger girls with their natural exuberance is a trial to the more sedate older women.

Down in the recreation department McNairy's reputation is not good. Many of the residents cannot be persuaded to attend the recreation programs. It would not be true, however, to assume that these women have no taste for recreation. They love it. The cottage parents report that the girls used to enjoy having weiner roasts with them and lament that this practice has been discontinued. The girls seem to dislike the idea of walking but do enjoy walking itself once lured out of their chairs. Certainly some of them are in dire need of healthy exercise in the open air. Exercise for body, hands and mind would keep some from sinking into the slow stupor of endless rocking. Purposeful recreation is sorely needed.

Recently some ladies from the Senior Citizens' Club became interested in McNairy and offered to become volunteer workers there. They have chosen a fertile corner of the vineyard. Some of the girls in McNairy have no home ties. This neat little phrase means that nobody writes to them, visits them or takes them for vacations, and that almost never do they see anything beyond Caswell's acres. It is rather a pity that the ladies plan to come during the day for it is only in the evening that McNairy can be seen in all its glory.

On several occasions, accompanied by a strolling clarinet player, I have visited McNairy after 7:00 p. m., and, in no place in three continents, have I received so wholehearted a welcome. In the small sunparlor the TV fans cluster around the set. In the large sunparlor ladies in pretty lounge-wear sit sewing, writing, or listening to radios. Everywhere an abundance of pretty knick-knacks and fresh flourishing green plants shows that loving feminine care has been given to the place. Until a few weeks ago there was one fly in the ointment. Two redoubtable snorers slept in the large sunparlour because their nocturnal noises disturbed the girls in the one huge bedroom where all the residents sleep. This practice has been discontinued. One of those snorers has the habit of retiring immediately after supper.

As we pass the TV set some girls follow us into the other room: others remain looking at TV. Some girls crowd around us in the large sunparlor: others quietly go on with their work. All seem to be listening when the clarinet is played. Sometimes a resident offers to accompany the clarinet player for a few girls there can play the piano. Sometimes the girls request a certain song and sing in chorus. There is musical talent in McNairy. Girls stroll up to converse. Coffee is offered most politely. Above the notes of the clarinet rise the lusty trumpetings of the early-retiring snorer. Nobody is amused except me. A soft apology is heard. "This is terrible when we have company." The girls display their sewing proudly. All too soon it is time to leave and as we go toward the door the residents thank us for coming and ask us to return soon. The essence of hospitality has been given and received.

Because I find it hard to describe the cottage parents in McNairy let me alter Chaucer to suit my purpose and say, "They are very perfect gentle ladies". Although I have visited the building at awkward times and interrupted them in sundry tasks not once have I ruffled their charm. Their interest in their charges goes far beyond the bounds of duty. They have a deep respect for the dignity of the retarded. This cannot be said of the bathroom arrangements in the building. Always I have found the cottage parents to be most helpful and when I sought material for this article one of them offered to write something for me. Let us now hear what Mrs. Fussell has to say.

McNairy is one of the largest living units, with

(Please turn to page 8)

PERSONNEL

Mr. Thomas P. Broome, Caswell School's maintenance engineer, observed the fortieth anniversary of his employment on March 13. Mr. Broome is the oldest employee in terms of service as he began work on March 13, 1923. Mr. Broome's present job at Caswell is that of maintenance engineer which carries with it the responsibility for total maintenance of the overhead and underground electrical system; heating, servicing of laundry, kitchen, and hospital equipment, including elevators; checking fire extinguishers. The maintenance department is also responsible for the maintenance of all utilities in the 120 employee homes.

On February 22 and 23 several professional staff members of Caswell attended the Symposium on The Retarded Child at N. C. Memorial Hospital in Chapel Hill: Attending were Dr. Frank Badrock, superintendent; Dr. Matt Harper, medical director, Mrs. Margaret Tisdale, R. N., director, Mrs. Virginia Perry, R. N.; Mrs. Elsie McCoy, R. N.; Miss Pearl Adkins, director of Social Service, Mrs. Max Tabory, psychologist, Mr. Waylon Bissette director and Miss Charity Holland student evaluator of the training and education department; and Mr. Ivey Stroud, supervisor in Cottage Life Department.

In January Mr. Waylon L. Bissette, director of Training and Erucation spoke before the Kinston Kiwanis Club and presented the premiere showing in Kinston of the new documentary film, "The Caswell Story".

Mr. S. H. Stroud, business manager, attended a dairy meeting at N. C. State College. Mr. A. J. Oliver, dairy manager, spent several days at the Jackson Training School with representatives from State College for the purpose of classifying the dairy herd.

Mr. R. L. Denny, director, Mr. Norwood Williams, and Mr. W. A. Dunne counselors at the Rehabilitation Center attended a state wide Vocational Rehabilitation staff meeting on January 14 and 15.

Chaplain Lawson spoke to the Women's Society of Christian Service at the Hertford Methodist Church on January 7 and also appeared before the New Bern Junior Woman's Club on January 8. He presented the Caswell Story.

The Training and Education Department welcomed back Mr. W. W. Sharber as instructor in the Industrial Arts Department.

On January 23, Mrs. Max Tabory, director of the Psychology Department, Miss Pearl Adkins, director of the Social Service Department, Mr. Waylon Bissette director of the Training and Education Department, Chaplain Lawson and Mr. R. L. Denny, director of the Caswell Rehabilitation Center attended the eastern district regional meeting of the N. C. Association for Retarded Children at Hotel Goldsboro on January 23.

Members of the Trainable School staff met with the Trainable School staff at the Murdoch School at Butner in January. The purpose of the meeting was to give opportunity for a discussion of common needs and problems and the sharing of ideas for improvement.

Several Caswell School staff members attended the lecture by Dr. Louise Ames on "Child Behavior" given at East Carolina. Dr. Ames is associated with the Gesell Institute of Child Development and the Yale Clinic at Yale University in New Haven, Conn.

Chaplain Lawson spoke on Caswell to the Baptist Brotherhood of the First Baptist Church in Goldsboro and also the members of the Keener Methodist Church during the last week of January.

On January 28, Mr. Williams, counselor for the Rehabilitation Center, accompanied by Mr. Hunter, Industrial Arts Instructor, showed the film depicting the Center's work and discussed the program offered.

Mrs. Betty Lou Waller joined the staff of the Training and Education Department in February and will teach secondary classes in the academic school. She received her B.S. degree in Primary Education from Atlantic Christian College.

Mr. R. L. Denny, director of the Rehabilitation center, attended the Conference for Supervisors in Vocational Rehabilitation in Raleigh on February 18 and 19. Mr. Denny during that week also spoke to the New Bern Civitan Club. Mr. Williams of the Rehabilitation Center spoke to the Methodist Men of the Queen Street Methodist Church and Ayden Rotary Club during this same week. The next week he addressed the Washington N. C. Civitan Club.

During February Mr. Bissette, director of Training and Education showed the "Caswell Story" to the Lenoir Association for Retarded children and the Kinston Junior Woman's Club. Chaplain Lawson had several speaking engagements at the Hopewell Methodist Church in Newton Grove; the Salem Methodist Church in Goldsboro and the Whiteville Junior Woman's Club.

Mr. Arthur Honeychurch, music director in the department of Education and Training for approximately three years resigned as of March 18 to accept a position as organist and music director at the St. John's Lutheran Church. Mr. Honeychurch has contributed much to Caswell and he will be sorely missed by students and staff.

Mr. Bissette, director of Training and Education spent two days in Winston-Salem studying the public school program for the educable retarded students. In the evenings he addressed the Forsyth County Association for the Mentally Retarded.

Dr. Frank Badrock, superintendent, Mr. S. H. Stroud, business manager and Chaplain Lawson attended a meeting of the Hospitals Board of Control. On the following day these people together with Mrs. Reynolds, LPN attended the hearing of the Board before the Joint Appropriations Committee.

Miss Charity Holland, student evaluator and Mr. J. C. Futrell, agriculture teacher of the Rehabilitation Center attended the 36th Annual Convention of the Personnel and Guidance Association Center attended the 36th Annual Convention of the Personnel and Guidance Association held March 2 in Durham. The theme was "The Counselor and Mental Health,"

Rehabilitation Center

At a recent meeting at Caswell of all the superintendents and other staff members of the institutions under the jurisdiction of the N. C. Hospitals Board of Control, Mr. R. L. Denny, director of the Caswell Rehabilitation Center, outlined the recent progress. He stated that the Center has placed clients in the following occupations; agriculture, seamstress, cabinet making, carpentry, short order cook, mechanics, laundry, nursery, nursing aides, cafeteria worker, domestics, maids, service station, waitress, ward attendant, dairy and poultry plants. Training and services offered by the Center include: counseling, training, placement and follow-up, social adjustment, remedial reading, speech therapy and physical fitness. As of January 1, 1963 the Center had worked with 201 Caswell School students and 127 off-campus individuals for a total of 328 persons. The average age was 22 years with a range from 15 to 50. Average IQ was 67 with a range from 44 to 91. There were 155 males and 173 females. The average length of stay in the institution for the Caswell students (in the Rehabilitation program) was 13 years and 5 months. During 1960-1961 the Rehabilitation Center closed out 3 Caswell students; in 1961-1962 it closed 69 Caswell students and 17 off the campus students making a total of 86 students; in 1962-1963 30 Caswell students were closed out and 18 off campus students making a total of 48 students. The average months in training were 8.6 and the average wage at closure was $33.13. The student earnings for January 1963 were for trainees (45) $2,7042.25 making an average of $60.89; for the employed $16,632.00 with an average of $138.60.

Rehabilitation is a doorway to the future, a step toward independence, a move toward self-reliance and a threshold for hope.. Every employee, nurse, doctor, tecaher, chaplain, cottage parent and administrator guides and directs these clients into rehabilitation and each makes these clients into rehabilitation, and each makes his contribution toward the successful rehabilitation process. North Carolina, and especially here at Caswell School, truly affords wonderful new and hopeful opportunity for the retarded.

Chaplain Lawson

During the period March 18-22, Mrs. Nellie Brown and Mrs. Doris Barwick of the Cottage Life Department attended a seminar at the Gracewood State School and Hospital, Augusta, Georgia on the subject, "More Effective Use of the Ward or Cottage and Its Personnel in Training the New Aide". The seminar was sponsored by the Southern Regional Education Board as part of its attendant training project.

Miss Pearl Adkins and Mrs. Lois R. Smith of the Social Service Department and Mrs. Jean Tabory of the Psychology Department attended a meeting of social workers from the hospitals and schools under the N. C. Hospitals Board of Control at Murdoch School at Butner, March 22.

In recognition and promotion ceremony held on Wednesday, Mr. Guy Johnson, director of the Cottage Life Department, announced the establishment of ten new positions for charge attendants by the N. C. Personnel Department. These positions require greater responsibility with consequent increase in prestige and compensation. Prior to the establishment of the new positions there was little opportunity for promotion in this department. The largest department at Caswell with approximately 250 employees. The charge attendants will be responsible for on-the-job training for new cottage parents. Personnel selected for these positions were: Mrs. Doris Barwick, Miss Ruth Hardee, Mrs. Naomi Johnson, Mrs. Fay Jones, Mrs. Ella Poole, Mrs. Evelyn Raynor, Mrs. Nina Rhodes, Mr. David Mills, Mr. George Littleton and Mr. Hugh Outlaw.

Mrs. Jo Anne Sutton, a teacher in the academic school spoke before the Future Teachers' organization of Jones Central High School. Her topic was "The Education of the Retarded Children."

Mr. S. H. Stroud, Mr. George Rouse, Jr., and Chaplain Donald Lawson attended a joint meeting of the Board of Governors and the Legislative Committee of the N. C. State Employee Association in Raleigh - March 26.

In March, Chaplain Lawson visited with the Grace Methodist Church in Clinton and spoke on "Mental Retardation - A Community Challenge".

During March Mr. Denny, the director and Mr. Futrell, agriculture teacher in the Rehabilitation Center presented a program on "Aspects of Training Available at the Rehabilitation Center to the Vocational Agriculture Council. Mr. W. A. Dunne, a counsellor of the Center, spoke to a group of students and parents at the Wallace-Rose Hill School. That same week Mr. Dunne and Mrs. Virginia Perry, R. N., of Caswell School visited the Rehabilitation Center's students who are training as nurses' aides at nursing homes in Rocky Mount, Elm City, Goldsboro and the Tarboro hospital.

VISITORS

Dr. Iverson Riddle and Mr. Tom Walton were visitors to Caswell in January. Dr. Riddle is the new superintendent of the Western School at Morganton.

Mr. W. L. Flowers, principal of the New Bern High School, and Mrs. Elizabeth G. Williams accompanied the psychology classes (approximately 65 students) from their school on a tour of the Caswell School and also the Rehabilitation Center.

Mrs. John Hobgood, Nash County Schools Guidance Director, visited Caswell Academic School.

Students from the Medical School at the University of North Carolina in Chapel Hill have visited Caswell for a one-day orientation program during the last quarter.

Dr. Calvert R. Dixon, associate professor of psychology at East Carolina College, accompanied eight senior graduate students in psychology to Caswell. They observed programs in the Training and Education, Medical and Rehabilitation Departments.

Mr. Gil Ragland, a former staff member at Murdoch School and now a graduate students earning his Ph.D. at the University of Virginia, conferred with the Training and Education staff at Caswell the early part of February.

Miss Caroline Blue, the recently appointed director of the Social Service Department at the Western School in Morganton, visited Caswell to discuss the overall policies and procedures of the Social Service Department at this institution.

Rev. Weidinger, the new pastor, of the Holy Trinity Roman Catholic Church spent several hours at Caswell talking with Chaplain Lawson and touring the campus.

Chaplain Captain Burns Nesbitt and several members of the Protestant Youth of the Chapel were visitors one Sunday. They were briefed on the programs of the School - saw the Caswell film and attended the evening chapel.

Dr. Ralph Steele, physical education instructor, and twelve students from East Carolina College visited the recreation program recently and conferred with Robert O'Neal, director of recreation.

Mr. Roy M. Purser, general business manager of the North Carolina Hospitals Board of Control, and Mr. William Gaddy, business manager at Cherry Hospital, spent a day with Mr. S. H. Stroud, business manager at Caswell.

Mr. J. W. Summer and Mr. Lon R. Williams, of the Bladen County Board of Education, accompanied by others toured the Rehabilitation Center on January 8.

Mr. R. O. Singletary, principal of LaGrange High School, escorted a group of boys on a tour of the Rehabilitation Center.

Visitors inspecting the facilities at the Rehabilitation Center during the later part of January were: Rev. Earl Fisher, Mr. L. J. Morris and Mr. Allen Drake of Tarboro; Mrs. John Hobgood, guidance director of Nash County Schools, Nashville, N. C.; Dr. Roy N. Anderson and Mr. Donald Anderson of Raleigh; and Mr. Bill Waters, counselor for the State Commission for the Blind.

Mr. J. B. Leonard, state special vocational rehabilitation counselor for the deaf, visited the Rehabilitation Center. Mr. Leonard is specially trained to counsel in both sign and audible languages and render services to the deaf and hard of hearing in the vocational and educational services rendered through the regular V. R. program.

This and That

(From page 4)

fare workers from all the counties in North Carolina.

The Committee on Troop 227, Boy Scouts of America, met at Caswell School. Plans were made for the troop and committee members to attend the Caswell District Court of Honor at the First Baptist Church on February 12. A fish stew was planned for February 14. Scout Sunday was observed February 17 at the Chapel Service. Uniform day was held February 11 when all the scouts wore their uniforms. At the District Court of Honor 32 boys and 4 adult leaders attended. The Caswell Troop received the camping award and the Round-up Award. Johnny Craycraft was the first Caswell Boy Scout to achieve the Star Scout Rank. Mr. George Littleton and Mr. Hugh Outlaw, leaders, attended the outdoor training program of the East Carolina Council held at Camp Croatan, March 22-24.

During the winter months the train rides have had to stop but many of the residents have been taken on bus trips. Most of the residents appear to enjoy the bus rides more. This is no doubt due to the fact that the riders are taken into Kinston and on the nearby roads.

The boys in Cottage 5 and ten boys from Tapp 1 attended the morning worship service at the Southwood Memorial Christian Church, February 24. On March 17 residents of the Cartwright building visited the Church of the Nazarene.

From Within and Without

(From page 5)

ninety girls listed. Some of the girls go to the laundry to work, some of them to each of three hospitals, some to the dining room, some to the sewing room, some to the employees' homes and some to other living units where the students are less fortunate and need more help. Some of our girls attend academic school while others attend the trainable school. After the girls who have jobs have gone off to work those who are left have quite a job housekeeping but each is proud of her job and feels it is worth doing well. We have begun putting out flowers of different kinds as we take pride in having the privilege of sending flowers for different occasions.

It's amusing to see the thrill on the girls' faces as they begin coming in to dress for recreation after their work is over. About one-third of the girls participate in some type of recreation while several are well contented to serve coffee and cookies, etc. Some of them have their own popcorn poppers and occasionally will pop corn for the whole building.

Spring is here and they are enjoying their jeans and the ball field in the afternoon.

One of the highlights recently at McNairy was the showing of movie slides, taken in Germany and shown by Rev. Lawson on Wednesday Night March 27th, 1963.

We sincerely wish to extend our thanks to the workers who volunteer and visit with our girls each week, for many times just a friendly conversation does a world of good besides the many other little things that are helpful. We also appreciate the kind interest shown by Mrs. Jean Tabory as she comes over on Wednesday afternoons and reads to those who are in the building. Along with all the other interesting things we have in McNairy are the gold fish. Today we bought two new fish and I asked Myrtle Pleasant if she thought they would fight and she firmly said, 'No. I think one is as rough as the other.' '

Mrs. Fussell certainly understands her girls. In conclusion I wish to pay tribute to those cottage parents and residents who, as leaders and followers, have labored with profit to make the vast McNairy building so little like a barracks and so much like a home.

Jean Tabory

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The CASWELL NEWS

THE CASWELL SCHOOL - KINSTON, NORTH CAROLINA

In Chapel

Their voices are raucous,
Their features are coarse,
They sing to God's glory
With wonderful force.

Their faces are shining
Their hearts rise in song
Of praise and thanksgiving
And love clear and strong

God knows what was given,
The talents they lack,
He only can value
What each one gives back.

We know He is saying
"Well done, servants good"
To those eager singers
Who did what they could.

Composed by Mrs. Jean Tabory on listening to a group of volunteer chapel singers.

July, 1963

Volume XXVIII

Number 3

The Caswell News

Vol. XXVIII - No. 3 KINSTON, N. C. - JULY, 1963 $1.00 Per Year

Published quarterly for the benefit of Caswell School and for the information of the citizens of North Carolina.

Frank Badrock, M.D. ....Superintendent
Mr. S. H. Stroud ....Business Manager

Editor ....Pearl L. Adkins
Circulating Manager ....Sarah E. Claytor
Secretary ....Mrs. Mary E. Collins
Treasurer ....Mrs. Evelyn Wiggins

TRIBUTE

Who will take care of my child? Where will my child live? May I see his living unit? These are questions which are on the lips of parents who come to Caswell to discuss their child's admission. Parents are not really interested in the people who work behind the desks. The parents are interested in and want to meet those people who live, play and work with their child. To the parents perhaps the most important people in their child's life are the cottage or building parents, for these are the people who live with the child twenty-four hours daily - seven days a week.

Caswell's cottage and building parents are a devoted group of employees who bring to their job immeasurable devotion, love, concern and acceptance. Their daily tasks are not easy. Though no institution can ever be a home in its true sense, nevertheless, Caswell is a home and the only home some have ever known or remember or will ever know. Caswell's building parents with their sensitivity and understanding know this and, consequently, have an inner urge to make Caswell as comfortable and attractive as possible for those who are entrusted to their care. Money can provide the buildings, the furnishings, the heat, the food and medical care; but money cannot provide the inner ingredient necessary to make life happier, more comfortable and more livable. This is what Caswell's building parents strive to do.

Words are an inadequate conveyor of feelings, but there is a letter which so aptly and beautifully expresses what I would like to say. This letter is a letter of appreciation to the cottage parents of Parrott-4, signed by Dr. Badrock, superintendent, and Mr. Guy Johnson, director of Cottage Life. These cottage parents are Mr. Edward G. Aycock, Mr. Jesse Brock, Mr. Hardy K. Elmore, Mr. Collie King, Mr. Edward E. Lamm and Mr. Horace S. Lee. The letter is as follows:

"May we take this opportunity to commend you for the progress and many improvements that have been made in Parrott-4 over the past few months. Your excellent performance of duty is reflected by the happy, contented faces of the residents under your charge, the excellent training you have given them, and the atmosphere of homeyness that prevails in the unit. We recognize the fact that you have gone beyond the call of duty to make your unit outstanding in every sense of the word.

"Your excellent attitude is reflected in the fine job you are doing. The unit is always sparkling clean because you want it to be this way. The pictures are upon the walls because you cared enough to purchase and place them there. We feel that you are working with this group of boys because you enjoy doing so - - not because you have to do so. This is what makes the difference. Too, you cooperate with your fellow employees and pleasing others seems to please you.

"First and foremost is the welfare of the residents; and, no doubt, the residents' happiness is of primary interest to you. The Parrott-4 boys possess dispositions which reflect the kindness and consideration you have shown them. You treat them as you would want to be treated if you were in their places.

"Again, may we say thank you and keep up the good work."

In paying tribute to the cottage parents, I feel the "Certificate for Cottage Parent" of the year 1962 presented to Mrs. Doris S. Barwick for her outstanding work should also find its place in this tribute. It reads as follows:

"The National Association for Mental Health confers this Certificate of Achievement upon Doris Shepherd Barwick whose devotion, skill, imagination, initiative and citizenship caused her to be selected by her associates as most representative of the collective advancement rendered by the Psychiatric Aides in their services to patients at the Caswell School, Kinston, North Carolina and which qualify her to receive, in recognition of outstanding contributions in the care of the mentally ill and handicapped, this Psychiatric Aide Award for 1962."

These are the qualities Caswell's cottage parents possess and these are the qualities which make Caswell's cottage parents so outstanding. Time and time again this group of employees have "gone the second mile". The entire staff of

(Please turn to page 7)

SIDELIGHTS

The third biennial Pastoral Institute on Mental Retardation was held at Caswell on Tuesday, April 16. The theme was "Developing Community Resources to Better Serve the Needs of Persons Who are Mentally Retarded". The program was designed to acquaint ministers, priests and rabbis with ways in which they as clergymen and their churches and synagogues, may serve persons with a mental handicap who reside in the community. At the same time it gave insight and understanding into the work of the institution. The heads of various departments talked with the clergymen discussing their respective departments. Mrs. L. B. Bryant, executive secretary of the N. C. Association for Retarded Children spoke on, "How Local Pastors and Churches Can Serve Persons Who are Retarded". Tours were also conducted.

Members of the seventh grade class of the Deep Run School presented an Easter Cantata at an April evening service in the Chapel. They were directed by their music teacher, Mrs. Elizabeth Marshall, who also serves as organist at Caswell.

Easter parties were provided for several cottages and other residences at Caswell. Among the groups sponsoring the parties were the Kinston, Rocky Mount, New Bern and Clinton Junior Woman's Clubs and the New Bern Chapter No. 561, Women of the Moose.

Many of the residents enjoyed a long week end holiday which started on Thursday afternoon before Easter and ended Easter Monday. Parents, relatives and friends came to take the residents home.

A Sunrise Service was held at Caswell on Easter Sunday morning at 6 A.M. It was held in front of the Chapel auditorium.

On Easter Sunday twelve girls received corsages which were donated by Rider's Florist. On Good Friday, Mrs. Jean T. Wood and several members of the Girls' Auxiliary of the Spilman Baptist Church brought 26 beautifully decorated Easter baskets to the girls in Cottage 3.

Sealed bids on the air conditioning of the Central Hospital and Crippled Children's Hospital were opened and awarded to Davis Electric Company of New Bern, The DuBose Construction Co. of Kinston and the McLeod Electric Co. of Raleigh. This work is presently underway.

Approximately 75 boys in various county high schools, under the jurisdiction of the Southwood FFA Federation took part in a cattle and hog judging exercise at Caswell School on April 23. Mr. A. J. Oliver, dairy manager at Caswell, was in charge of placing the animals.

The Parrott Trophy Award given to the Junior Woman's Club in North Carolina which has done outstanding work on behalf of the residents of Caswell in a given year, was presented to the New Bern Junior Woman's Club for the year 1962 at the annual meeting of the N. C. Federation of Women's Clubs in Asheville on May 1. Chaplain Lawson, public relations director, presented the trophy. First runner-up was the Kinston Junior Woman's Club. Clinton, Rocky Mount and Greensboro Clubs received Certificates of Merit.

Sunny skies as well as an attractive and entertaining program contributed to make a success of Caswell's Open House on May 10. There were 731 persons who were registered shortly before the program in the recreational building began. It was noted that many people who never registered came to the program. With these and the others who did not register earlier, the registration committee felt there were 1000 in attendance. The planned program began with a variety of tours to the various living units and other facilities. The program in the recreation building began at 3:15 and was opened with the invocation by the Chaplain followed by a welcome given by Dr. Badrock, superintendent. He presented Mrs. Doris Barwick the Certificate of Achievement as "The Cottage Parent of the Year" for 1962. Mr. Stroud spoke regarding the progress Caswell has made and is making. The Rehabilitation Department had made three cakes and Mr. Denny, the director of the department, drew names of the lucky winners. The main feature called "The Caswell Show Boat" was presented by the recreation department of which Mr. Robert O'Neal, Jr. was in charge. The program was based on Jerome Kern's musical show of the same name and the participants were the Caswell Chorale, Rhythm Band, Boys Chorus and a number of boys and girls who modeled various types of clothing which they had made. The success of the show was due to the full cooperation and assistance of all the departments at Caswell. Mr. Waylon Bissette director of training and education was the Chairman of Open House.

It is interesting to note that at Open House at least 136 towns or cities of N. C. were listed in registration. There were visitors from California, Maryland, Alabama and three cities in Virginia, Kinston had 77 registered, LaGrange 44, Clinton 27, Roanoke Rapids 22, Raleigh 21 and New Bern 20. Murphy the western most part of the state had one registered but it is believed 2 actually visited from this town.

Station WITN-TV Washington N. C. made a tape recording of 'The Caswell Show Boat" and this was presented over Channel 7 on Sunday May 12.

A number of local florists loaned flowers and floral arrangements to Caswell for Open House decorations. Caswell is deeply grateful to these florists. These arrangements added to the attractiveness of the campus.

The annual Daily Vacation Bible School was held from Monday June 3 to and including Friday, June, 7. The Kinston Junior Woman's Club assumed the responsibility for locating the teachers. They secured twenty five teachers and assistants. Two of Caswell's also participated as assistants. Two hundred students attended. The daily sessions commenced at 8:45 A.M. with a general assembly in the Chapel which was conducted by Chaplain Lawson who was also the director of the Bible School. Classes met in the cottages and a concluding assembly was held in the Chapel at 10:45 A.M. The theme was "Christ's Way, My Way".

Twice during the last quarter an orientation

MUSIC IN PARROTT 3

I push the door open with my elbow, my hands occupied holding my instrument, music sheets and folding stand.

There are the boys, scattered all over the room; some sit in wheel chairs, some walk around or talk to each other. The first boy I see is an old acquaintance of mine. His sight is not good, but his mind is alert and he always shows interest. Now he has a sad expression and barely responds to my greeting. What has happened to him? . . . He looks in good health. Perhaps he doesn't get letters from home; or he is just in a bad mood?. . .

I feel hesitant. . . . I have come to play music. Probably they are all in different moods, some sad, some angry, some plain sleepy. . . . Will they receive me gladly and enjoy the music? These doubts are racing through my mind.—Is this the proper time to play for them? Can I select the melodies to suit their moods and hold their interest? Can I persuade them to take part in the program? Will they even listen?

I believe that suitable music has the power to please all kinds of people, to excite, or relax and to bring them into a magic circle where friendship and joy of life reign and into moments when musical notes come alive and surround them in happy harmony.

With a sudden effort I shake off all these doubts and put my musical equipment on the table.—No, I don't open the case, but I walk around, exchanging a few words with almost everyone. How much they yearn for attention! . . . Not only "They", but all of us do. We have the attention of our friends, at work, at home, in society and we do have a few people to whom we are important.

These boys stay most of the time in their own quarters, which they are very reluctant to call "Home". (I doubt if it can really be even with our best efforts and intentions. . . .) They spend most of their lives away from the family home. They are craving for attention and friendship. A few words directed - not to all - but to each individual do satisfy a little of that need.

I meet the cottage parents, who kindly assure me that the residents will enjoy the songs. Walter comes to me first. He can read and sing some hymns. He has watched my activities on former visits, and now he helps me to set up the instruments. He takes the music stand, carefully opens it and locks it in place.

He is happy to come to my assistance. I welcome this little help, but even more the sign of this participation in the program. I feel myself more at ease in seeing that my purpose is going to be achieved. I generally like to play, but here I don't want to be the type of "Artiste", who comes, tunes his instrument, commands silence, "interprets " for the audience a "virtuoso" piece, pockets the applause, packs up and leaves. . . .

Appearing here this way would give little satisfaction to the listeners, and less to the player. In order to shake off all formality and build up a warm, contented atmosphere one needs not only the attention but the active participation of those present. If today I achieve this, the efforts that went into the preparation will be worth while.

I settle. The music-sheet is on the stand. I lower it from the previous higher position, so that everybody in the room can see me. Ears and eyes together absorb more. As I have observed, the boys like to watch the technique of producing the tones in addition to listening.

Nobody knows the first song, but I selected it on purpose, for the fast, invigorating rhythm, which immediately arrests attention. The second piece is a soft waltz on the flute and here comes another one. I look around, all the room full of ears and eyes. . . . Alas, I am still the "soloist" and they are merely the audience. My determination to change it around is still the same; a hymn is sounding, a familiar one. Some begin to sing. By increasing the volume I give them more courage. More and more voices join in. I play softly, so that the music provides only a background for their singing.

And another hymn - - I stop for a few minutes. George is standing just beside me. His hymn book is opened wide. He makes an effort to show me how well he can sing. I don't know the song. I glance into his hymnal. He holds it upside down, as he pretends to read. - The song is no song and the words are nowhere in the book, but his face is self-satisfied; and when I praise his fine performance, he beams with happiness.

There are faster melodies for clarinet. They know them well. The cowboy songs enjoy great popularity too. Almost everybody is more alive and cheerful. I glance at my watch. I have been 45 minutes here, which passed very swiftly indeed. - Their dinner is on the way. I begin to clean and pack away the clarinet. Walter carefully folds the stand; other "volunteers" gather the sheets. G. addresses me: "Mr. Thomas (he always calls me this and my efforts to change his mind about it have been in vain), play me my grandma's song!" "Sorry, I don't have it with me" - I answer. I depart from the boys. Both my hands are loaded with music-making material. I hear, somebody is rushing after me. I have to stop on the doorstep.

It's George again - "Please, next time do play my grandma's song!"

"Yes, yes", I promise - - but I am quite certain that I never heard a tune by this name. Honestly, if I knew his grandma, I would ask her for the words. . . .

Is there anybody who is familiar with this favorite, from George's grandma's repertoire? - I beg him to come forward and help me to keep my promise.

—Maxim Tabory

---

program was conducted for new and recent employees. Various department heads discussed the role of their departments. The employees were on tours of the various facilities and working areas of the campus.

Training and Education Department

The Caswell School Boy Scout troop attended two excellent outings during April. On April 5 and 6, they attended the Caswell District Pre-camporee at Stallings Air Base in Kinston and on April 19, 20, and 21 they attended the annual East Carolina Council Camporee at Jacksonville, North Carolina.

The greatest adventure the Scouts have taken recently was a four-day outing to Bogue Inlet Fishing Pier near Morehead City, North Carolina. Many of the young boys who made the trip saw the ocean for the first time and while there a majority of them caught their first fish. This trip was a tremendous success and very enjoyable for each boy.

The art department in the academic school participated in the annual Lenoir County Art Exhibit in Kinston during the week of April 21. Mrs. Nunn was in charge of arranging the students' work at the exhibit. In addition to the fine art exhibit from Caswell, most of the educable and trainable residents visited the exhibit during the week.

Mr. Joseph Roland Woolever resigned his position as an academic teacher in April to assume a full-time position as minister of a church on Ocracoke Island. Mr. Woolever taught remedial reading to those students assigned to the Caswell School Vocational Rehabilitation Center.

Mr. Jimmy Trivette, instructor in the Recreation Department, visited the Sunland Training Center at Gainesville, Florida, in April to study the physical education and recreational program. He felt the volunteer services program was making a tremendous contribution to the residents who have no family or friends.

Miss Holland, director of Student Evaluation, reported that the spring testing revealed that the 221 academic students tested this spring on the Metropolitan Achievement test had an average achievement of + .4 of a school year. There were only six students in the school this year that showed regression while twenty showed no progression. One hundred ninety-nine of the academic pupils progressed academically from the program this school year.

Recently thirteen students from the academic school have been referred to the Caswell Vocational training and community placement.

Two college students joined the recreation staff this summer to assist the regular staff. The summer program is in full swing with swimming, intramural sports, parties, dances, movies, trips to the beach and Cliffs and general outdoor activities. The residents who are not at home are having a good time here at the institution this summer.

The trainable school classes are continuing this summer very much the same as last school year. In the summer academic program, Mr. Batts reports that there are eighty-five students enrolled for classes. There are also twenty-eight boys and girls enrolled in summer Home Economics classes and forty-one students in industrial arts classes. In June the recreation Department worked with 25,244 residents.

Mrs. Nunn, art instructor in the academic school, is spending her summer vacation in Europe. She plans to visit several schools for the retarded, time permitting, with a specific purpose of comparing art programs for retarded students.

Mr. Waylon Bissette
Director

Cottage Life Department

Two hundred and fifty-six employees comprise Caswell's Cottage Life Department. As one compares this number, 256, with 634, the total number of employees at Caswell, one easily recognizes that the Cottage Life Department is by far the largest department within the institution. This department consists of the director, one assistant, 10 charge attendants, 2 barbers, 1 beautician, 1 typist and 223 cottage and building parents.

Although it is the largest department and although the building parents fill one of the most, if not the most, important roles in the institution, here never has been any effort to plan a consecrated and coordinated training program to help these "parents" grow into more capable, competent and efficient employees. This need has been noted for some time and much thought has been given to this. It must be here stated, Caswell is not an isolated case. This has been true in all institutions and it has only been recently that other institutions in other states have been working in this same area. Because of this lack, the Southern Regional Education Board has been developing a project called "The Development of Attendant Training Program" as an in-service training program. Mr. Guy Johnson, director of Cottage Life Department at Caswell, was selected as a member of one of the committees working on this project.

In connection with this program Caswell is initiating an in-service training program based on the "Revised Curriculum - Topic Outline of the Attendant Training Project" of the abovementioned board. Although there is a topic outline which is a basic need, there is no real blueprint from which to build a stimulating and productive program; consequently, Caswell's program is being molded and changed as it develops. The program has a two-way approach; one of which is a comprehensive classroom instruction and the other approach is on-the-job training.

At present the classroom schedule is set up for two hours a day, twice a week, for lectures and discussion sessions. For the classroom lectures Mr. Ivey Stroud, supervisor in the Cottage Life Department, has prepared an overall outline, divided into several sections. The first section covers the function and purpose of the institution, and the difference between mental deficiency and mental illness. From there he moves on to the second topic which is called "General Information for the New Cottage Parent", which includes the proper attitudes towards the job and fellow employees; the operation of the department; information regarding holidays, illness, vacation and so forth. The third section covers "Other General Information" regarding injuries on the job, increases in salary, probationary period, insurance and other pertinent data. Perhaps one of the most important sections is "The Responsibility of Cottage Parent Toward the Resident". Here is discussed the importance of the attendant's attitude toward the resident; how the resident's needs such as clothing, mail, money, recreation, hair and medical care are met. The fifth section, "The Emotional Needs of the Mentally Retarded Resident", is of the utmost importance. Here is stressed the building parent's need to help the child in regard to the child's needs for being loved and wanted; the importance of the child's role from the standpoint of play, work, education, the visiting of relatives and friends and vacations. The sixth section is devoted to "Discipline" and elaboration as to what is discipline and how it should be handled. "The Classification of the Mentally Retarded and Etiology" is the seventh section. A description as to classification and different types of mental deficiency is given. The last session is "Human Relations for Cottage Parents" in which is discussed various personality types and defense mechanisms. Coordinated with the above, the cottage parents attend a home nursing course with lectures and demonstrations given by Mrs. Virginia Perry, RN, or Mrs. Elizabeth Reynolds, RN. Completion of a basic first aid course is also required. Several cottage parents and nursing personnel have become qualified to teach the course in first aid.

The second approach of on-the-job training will be under the supervision of "trainers", one or more of whom will be assigned to each type of cottage or ward. These "trainers" will be responsible for the practical instruction and on-the-job training of each new employee or trainee from the day he commences work. At the present time it is planned to assign the trainee for a four-week period to a building and then to keep rotating him until he has become acquainted with the work in all various type units. This should take approximately twenty weeks.

The plan for "trainers" was made possible by the recent creation of 10 positions for charge attendants. This new classification offers an incentive to the regular attendant in that he can through conscientious effort and good work see some hope for advancement. Besides being an incentive, this position offers a certain amount of prestige as well as responsibility. These are always good stimuli towards making a better and happier employee, as well as attracting more qualified and stable personnel.

It should be stated that the program described here is far from ideal; but it is hoped that as the Attendant Training Project develops plans, curcicula, materials and better methods of teaching, this institution will be able to adopt them for its use in training the attendant personnel at Caswell.

PRE-VOCATIONAL TRAINING

In the trainable school the purpose of the Pre-vocational training is to satisfy the student's need of doing something constructive and to make them feel that they are doing a job that they have learned. To be a working student and contribute in a small way gives the student better confidence in himself and a feeling of being successful and useful. They will continue working in this capacity for a number of working years and will have greater understanding for others and are usually happier and less frustrated.

The determination of who would profit by placement in classes in pre-vocational training is based on many factors in addition to test scores. The majority of the children assigned to these groups have been a student in the trainable school over a period of years and have received training in self-care, social skills and general activities. These are stressed continuously throughout their training period in pre-vocational skills.

The intelligence quotients or I.Q.'s are within the approximate range of 25 to 50, the chronological age for trainable school students is from 6 to 20, they are usually placed in pre-vocational classes at the approximate age of 14. As an adult person, they may be expected to reach a mental age of 3 to 8 years in terms of intellectual ability or academic achievement. Just how far down this I. Q. bracket the child scores and can still profit from pre-vocational skill classes is relatively unimportant. The important considerations are whether or not the child has indicated potentialities for social adjustment, speech development, following directions and caring for his own needs to the extent that with further training he may be able to contribute some economic usefulness on campus, at home or the community; however, very few students in the trainable range are ever able to be rehabilitated. They will require some care, supervision and economic support throughout their lives.

You will find a marked emotional instability because of immaturity in these students and the first step in teaching them is to gain their confidence and love at the same time being firm. Very few disciplinary problems arise if this is accomplished.

Then there are a number of physical defects, the speech disorders take in a wide range, such as stuttering, lisping and baby talk, so you have to have the ability of understanding the student as well as being understood; therefore, it takes ingenuity on the part of the teacher to discover ways to guide each child in developing his or her special aptitude.

The groups have to remain flexible so as to meet the needs of the individual since there is a wide range in abilities due to comprehension and other factors; therefore, determination of procedure depends upon understanding on the part of the teacher.

You will find many different groupings in the pre-vocational program but each one emphasizes sharing, cooperation, good manners and good social living.

(Please turn to page 8)

PERSONNEL

In April Dr. John William Young, a native of Reidsville, and a recent graduate of the University of Tennessee Medical School, began a short term employment as a staff physician. He will enter an internship July 1 in the U. S. Public Health Hospital in Norfolk, Va.

Mrs. Max Tabory, psychologist, showed the film of "The Caswell Story" and talked to the students of the sociology class at New Bern High School on April 3.

Chaplain Lawson who is also Public Relations Director, addressed the members of the Roanoke Rapids Woman's Club at their regular monthly meeting. He spoke on "Mental Retardation - a Community Problem and Challenge".

In April Miss Pearl Adkins, director of Social Service visited the School of Social Work at Chapel Hill.

Mr. Speight H. Stroud, business manager, Mr. Richard L. Matthis, farm manager and Mr. A. J. Oliver, manager of the dairy attended the Institutional Dairy Conference at Morganton in April.

Mr. Ivey Stroud and Mr. John Croom, supervisors in the Cottage Life Department and Mr. Jimmy Trivette, of the recreation department, visited the Sunland Training Center at Gainesville, Florida. Mr. Stroud attended a seminar on "Effective Teaching of Attendant Personnel". During this time Mr. Croom observed the Cottage Life Program. Mr. Trivette reviewed the recreation program in the Center. This trip was under an exchange grant in connection with the Attendant Training Project of the Southern Regional Education Board.

Effective May 1 Mrs. Doris Barwick was promoted to unit supervisor from charge attendant and Mrs. Evelyn Mewborn was promoted to a charge attendant.

Dr. Frank Badrock, superintendent and Mr. Speight H. Stroud, business manager, attended the regular meeting of the N.C. Hospitals Board of control held in Raleigh during April and May.

The last Thursday night in April, Rev. Lawson visited with the Craven County Association for Retarded Children and spoke to the group.

Mrs. Max Tabory and Mr. Don Graziano of the Psychology Department and Miss Pearl Adkins of the Social Service Department attended the Open House activities at Murdoch School on Friday, May 3.

Mrs. Joyce Shackleford, formerly employed as a secretary in the records room of the Administration building, joined the staff of the Caswell Rehabilitation Center on May 1.

At a meeting at Murdoch School on May 15, Mr. R. L. Denny, director of the Caswell Rehabilitation Center was the guest lecturer to a group of students in psychology at the University of North Carolina. These students were participating in a clinical study.

Dr. Frank Badrock, superintendent and Mrs. Margaret Tisdale, director of nurses addressed the members of the Kenansville School of Practical Nursing.

Chaplain Lawson attended the annual American Association of Mental Deficiency convention held in Portland, Oregon during May. He was invited to participate as a member of a panel during the convention.

Mrs. Margaret Tisdale, R. N., Mrs. Elsie McCoy, R. N., and Mrs. Virginia Perry, R. N., attended a series of lectures on the subject of Psychiatric Nursing at the Dorothea Dix Hospital in Raleigh on May 28 and 29.

Mr. James Trivette and Mrs. Loretta Lewis, recreation workers attended a Hospital Recreation Workshop at Dorothea Dix Hospital on May 29.

Mr. James Trivette and Mrs. Loretta Lewis, recreation workers attended a Hospital Recreation Workshop at Dorothea Dix Hospital on May 29.

Members of the Caswell Rehabilitation Center who attended the program presented by the Trainable Class of Northwest Elementary School were Mr. R. L. Denny, Mr. James Futrell, Mrs. B. C. Gray and Mrs. Ben Roberson.

Mrs. Gladys Thompson and Mrs. Anna Kennedy are retiring following long service at Caswell School in the Cottage Life Department. Mrs. Kennedy worked fifteen years and Mrs. Thompson worked thirteen years.

On Thursday, June 6, Mr. Waylon Bissette attended a training directors' conference at O'Berry School in Goldsboro.

Miss Pearl Adkins and Mrs. Lois Smith of the Social Service Department and Mrs. Jean Tabory of the psychology department attended a meeting of psychiatric social workers sponsored by the mental health section of the State Board of Health in Raleigh on June 7. Also on June 21 Miss Adkins and Mrs. Tabory attended the meeting of the social workers of the various state hospitals and retarded institutions. Mr. R. L. Denny, director of Caswell Rehabilitation Center spoke to the group on Rehabilitation.

Mr. William H. Heath joined the staff of the Caswell Rehabilitation Center as a counselor. He was graduated from University of N. C. with a M.A. in Guidance and Psychology in January 1963.

Mr. James G. Futrell, employed as instructor in the Rehabilitation Center was awarded a stipend for the Columbia University Deveraux Work Conference held in Devon, Pa., June 23-29. The conference's central theme was that of Rehabilitation of the Mentally Retarded.

The Medical Department announced the resignation of Dr. D. L. Whitaker who has been on the staff for three years. He is beginning private practice in Kinston. However, Dr. Whitaker will still continue a daily 2 hour out-patient clinic service for Caswell.

TRIBUTE

(From page 2)

Caswell, as well as all parents and relatives, owe these workers a debt of gratitude. No money could ever repay them; but as the Bible states "as you sow, you reap" and the feeling of a job well done is a reward that must be theirs.

Editor

IN APPRECIATION

The following letter is printed with permission of Mrs. Rosalie Hales who is the mother of a Caswell resident and who wrote this letter to one of Caswell's social workers the latter part of February 1962.

"I want to thank you for your letter of 21 February 1963 informing me of my son's improvement. I am so relieved to know that he has recovered and is doing well. There has been such a widespread wave of pneumonia and influenza, with so many deaths attributed to these two, that I seemed to stay in a constant state of anxiety about his complete recovery.

"I visited him as soon as I learned he was in the hospital and stayed for several days. I was much impressed with the kindness of the staff and personnel at the hospital. I believe that Caswell School would rank among the best of its kind in our nation. In view of President Kennedy's keen interest in mental retardation, I wish that some one in authority could commend Caswell to him for his information.

"Everette has been in Caswell School for twenty-six years. I think he has made a very successful and happy adjustment to this way of life. I know he is a very courageous person to overcome so many of his handicaps, especially physical ones, such as his walking. I always let him know of the great pride I have in him and how dearly I love him. There is a very close bond between us and probably a much greater understanding than there is between some parents and normal children. I come down to see him as often as I can get away from my job and we have wonderful times together. My visits are brief so that I can come more often. I think this works better for both of us.

"Thank you again so much for your kind and most welcome letter."

———o———

VISITORS

Dr. Dorothy Park Griffin, director of the Psychology Department of the N. C. Board of Public Welfare accompanied by Dr. Stanley Nale, Dr. Helton McAndrews, Miss Marion Stanland, Mrs. Verna Reinties and Mr. Robert Borgman, all psychologists with this department, spent a day at Caswell conferring with various staff members and touring the school and rehabilitation facilities.

A group of sociology students from Belvoir-Falkland High School toured the academic school and Caswell Rehabilitation Center during April.

Misses Nancy Davenport and Sue Nobles of the Future Teachers of America at Jones Central High School visited the campus in April in conjunction with the National Observation Week of their organization. They were shown the facilities of the Training and Education Department.

Dr. J. M. Presley, superintendent of the Sunland Training Center at Fort Myers, Florida and several of his staff spent a day at Caswell observing the various facilities.

Dr. W. P. Wilson, Associate Professor of Psychiatry at Duke University, visited Caswell in April. He serves as a neurological consultant at Caswell.

On the last Wednesday in April, Mr. Guy P. Rose, Jr., principal of the Central Elementary School and Mr. H. J. MacDonald, superintendent, of the New Bern City Schools, toured the Caswell Rehabilitation Center.

Forty-seven members of the advanced biology class of Jacksonville High School accompanied by their teacher, Mr. Minot W. Godwin, visited Caswell.

Ten students from the Medical School, University of North Carolina at Chapel Hill participated in an orientation program of one day duration.

A group of student nurses from Lenoir Memorial Hospital visited Caswell on May 3.

Mrs. Hussey, president, and Mrs. Fordham, welfare chairman of the Goldsboro Junior Woman's Club were visitors on May 3.

Mr. Roy M. Purser, general business manager, N. C. Hospitals Board of Control conferred with Mr. Speight Stroud, Caswell business manager.

Mr. William L. Thorp, Mr. N. C. Green, Mr. R. P. Richardson and Mr. C. Wayland Spruill members of the N. C. Hospitals Board of Control visited the School.

PRE-VOCATIONAL TRAINING

(From page 6)

To teach a trainable child pre-vocational jobs, he or she should have some free activity and he should be encouraged to express himself freely and to talk over his problems with the teacher. In a small group such as we have, from 6 to 12, more informality can be favored here than in the average academic classroom. With the pre-vocational group, each child must be considered as an individual problem with the factor of mental deficiency a major concern.

Pre-vocational training for the girls consists of domestic skills such as sweeping, dusting, scrubbing floors, cleaning rest rooms, washing windows and woodwork, emptying trash cans, operating a sewing machine, patching clothes, sewing straight seams, sewing on buttons, hand washing and starching clothes, ironing, folding and sorting clothes, setting the table, serving cookies and Kool Ade, each one having her turn acting as hostess, washing and drying dishes, cleaning and defrosting of refrigerator, learning how to help with small children by training with dolls, using the vacuum cleaner, making the bed as it is done in hospitals, and care and identification of every thing used in these skills.

The boys are taught how to set the table and serve, to run errands. They also learn janitorial work such as scrubbing floors, washing windows and woodwork, sweping, dusting, waxing and polishing the floors, emptying trash cans, picking up paper on the campus, how to rake and use a shovel in removing trash, and to know what they are using and why.

Learning pre-vocational skills give the pupils a feeling of self-confidence and of being successful and useful and gives them a chance to be placed on a work assignment on campus to which they have been looking forward with great anticipation since entering class.

Alice Howell and Myde N. Hill
Trainable School Teachers

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

Take Time

Take Time TO THINK . . .
It is the source of power.

Take Time TO PLAY . . .
It is the secret of perpetual youth.

Take Time TO READ . . .
It is the fountain of wisdom.

Take Time TO PRAY . . .
It is the greatest power on earth.

Take Time TO LOVE and be LOVED . . .
It is a God-given privilege.

Take Time TO BE FRIENDLY . . .
It is the road to happiness.

Take Time TO LAUGH . . .
It is the music of the soul.

Take Time TO GIVE . . .
It is too short a day to be selfish.

Take Time TO WORK . . .
It is the price of success.

October, 1963

Volume XXVIII
Number 4

The Caswell News

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Frank Badrock, M.D. .... Superintendent
Mr. S. H. Stroud .... Business Manager

Editor .... Pearl L. Adkins
Circulating Manager .... Sarah E. Claytor
Secretary .... Mrs. Mary E. Collins
Treasurer .... Mrs. Evelyn Wiggins

A Woman's Work

When I think about the Caswell Center I am often reminded of the well known lines from Gray's Elegy:

> "Full many a flower is born to blush unseen
> And waste its sweetness on the desert air,"

for there are many people here who do faithful work in places where few observe them but there are none who waste their sweetness on the desert air for the residents, after their fashion, appreciate all that is done for them. Mrs. Spence, a teacher in the trainable school is numbered with those who are doing great work quietly and not one drop of her sweetness is wasted.

Any scheme of education which makes its aim merely the useful detracts from the dignity of humanity because man is more than a worker and a taxpayer. If we say that the aim of education is the enrichment of personality we recognize the worth of man. To Mrs. Spence's classroom are brought every afternoon four crippled men in wheelchairs who never can be trained to do any work. Each has a personality in dire need of enrichment and that is exactly what each finds daily in class. Can we be surprised at the fact that the men say they do not enjoy weekends?

As I sat with the pupils in Mrs. Spence's classroom looking at the cool pretty blue walls, the soft green plants, the bright pictures, the carefully arranged books on the desk, and the well-groomed smiling teacher behind the desk, and listening to the teacher's well-modulated, clear, gentle voice I remembered the colonies with their restless residents, their tiled walls with the windows placed so high that in them one feels like a swimmer stranded at the bottom of a drained swimming pool, and their murmur of many voices and the idea leapt to my mind that the four men had come from confusion to composure, from chaos to calm. Upon reflection one recognizes that this is an oversimplification and a gross exaggeration but there is an element of truth in it. The colony buildings are often noisy and Mrs. Spence's classroom is a quiet place.

Three of the crippled men said emphatically that they did not like their building, Parrott 3. All added immediately that they liked the cottage parents who were very good to them. The cause of their dislike of the building was the noise. They seemed to think too that there was nothing to do in the building especially at week-ends, except "stare at the walls."

We all know the Beatitude "Blessed are the merciful for they shall obtain mercy." The word Jesus used for mercy has a different meaning from what we mean by that word. It means the ability to get right inside the other's skin until we can see things with his eyes, think things with his mind, and feel things with his feelings. Clearly this is much more than an emotional wave of pity and of the will and it is an effort we too seldom make. It would require a great effort to see things from the viewpoint of our crippled boys.

These four men are at the educable level of mental retardation and have to spend their days in a building designed for the severely retarded Forty-nine boys are listed in their building. Twenty-one of these are wheelchair patients. Beauty was not the aim when the colonies were built but the cottage parents have done much to modify their stark utility. In Parrott 3 they have put up a variety of pictures. They bought drapes and spent time in the town searching for a manly print or at least one that was not too feminine. To make a building with forty-nine residents look really like a home is beyond human effort. The crowd is always there and the noise is always there

No cottage parent has the time to devote to the residents that a parent would give to his children. Three of our crippled boys, two of whom are brothers, have not heard from home or paid a visit home for years. This is a source of endless sorrow to them. One had a birthday recently When talking about it he said he had had a card and the promise of a gift from a lady and added sadly, "But she's no kin of mine." One man keeps wishing he could hear from his old father. He never does.

These boys do enjoy recreation programs but here again they are always in a crowd seeing a film, or taking part in a cool-aide party enlivened by rock and roll records, or visiting a building in the girls' colony. They have few opportunitiees to mingle with their peers and where do they find peace?

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Escape

Have you ever thought what it would be like to be confined to a wheelchair, to be completely dependent on someone to dress you, to feed you, to take you to the bathroom, to wheel you from one place to another? You cannot think what it would be like, because the chances are you have never experienced this?

Have you ever thought what it would be like to live out your life twenty-four hours daily with forty-eight other men who are less capable mentally yet most of them more capable physically than you? Have you ever thought what it would be like living in a large, white, sterile appearing room in which the few windows are spaced so high that you could not even see the "world go by" - in a room whose planners thought mainly of the utilitarian factors rather than the comfort and ease of those who would be forced to live out their lives in it? Have you ever thought what it would be like living in this room during most of your waking hours and constantly having the din and noise of forty-eight men's voices, their laughter, their shouts, their cries plus the noise of transistor radios and occasionally a television show resounding against the tile walls and coming back to assail your ears? No, you don't because the chances are you have the freedom of choice of where to live?

Do you know what it means to have no privacy ever, no spot to call your own, no space to keep those little things which belong only to you and you alone? Do you know what it is like to have someone's eye or eyes always on you, always following you? Do you know what it is like to go to bed each night with forty-eight other men all sleeping in one large room - tossing, talking, in their sleep, snoring or moving about? The chances are you don't know because you have never been there.

Do you know what it is like to always be surrounded by men - separated from any feminine company except on a few rare occasions - yet have all the normal drives of normal men? The chances are you don't because you live in a heterosexual community.

Do you know what it is like to be "put in" an institution and never have a loved one come to see you and seldom if ever have a word from home although with each new day the hope springs forth that this might be the day. The chances are you don't know.

Four men, Abram, Wilbur, Morris and Shelton are men who almost identically fit into the picture so described. Abram, a forty-one year old man, came to Caswell in December 1958. He remembers well this date - a most unusual feat for a Caswell resident. He is a spastic who not only finds it difficult to coordinate but difficult to make his wants and wishes known because he cannot speak distinctly. He is an agile man when on the floor - This agility was born of necessity when living at home and having to fend for himself. He is quick in temper, quick in wit and quick in mood. His moods seem to be the pace setter for the class. There are days when he feels the utter futility of life and remarks "I might as well be dead as I'm no good to myself" but the next day his blue eyes will sparkle and he is full of mischief - teasing the others. Abram says "he's better off" as Caswell but remarks "there's no place like home." He finds it lonely. His family shows no interest. "I love my people but they don't love me." Is it any wonder thoughts of suicide have at times possessed him.

Wilbur, age thirty-five and Morris, age twenty-nine are brothers. Wilbur came to Caswell in June of 1949 and Morris came in September 1950. These boys remember well the days they walked and helped on the farm but today they are confined to wheelchairs due to a deteriorating cerebral disease. These are good looking men whose slightest effort throws their bodies into all sorts of contortions. Though physically deteriorating their minds are as alert as the day they came. They plead to be sent to a hospital to help their "nerves." There is no help. Although a foster family might send an occasional card they yearn for a visit or a letter from their kinfolk but it never comes.

Shelton who is thirty-two came to Caswell in April 1959. He, too, is spastic with little ability to speak. In many ways Shelton fits into the pattern of this group but there is one difference. He is somewhat happier. Why? Most people feel this is due to the fact that his family does visit him and consequently he feels he is loved and wanted.

To many people these men would appear well taken care of - they are clothed; they are fed; they are kept warm; they have a comfortable bed to sleep in; medical care is administered, but is this enough? Man does not live by bread alone.

These men to be sure are not endowed with the normal physical capacities but they were born to love and be loved; born to need and be needed; born to want and be wanted but here in the institution these basic emotions find difficulty in being fed, nourished and gratified. These men can do little to while away the long and lonesome hours they must spend confined to their building. Is it any wonder they want to escape to and stay in the quiet, restful, refreshing atmosphere of Mrs. Spence's classroom where for a short hour Monday through Friday they can reach out, feel and touch a woman's undivided and personal love, interest and concern? Here loneliness tends to recede and dissipate and the warmth of another's personality seeps in to penetrate the inner core of these four men to make their lives a little more bearable.

Pearl Adkins, Social Worker

The Appetite

for more knowledge comes with feeding the brain. We rise from a good book with an appetite for more.

Trainable School

The staff of the trainable school is presently in the process of upgrading and reorganizing a program to provide a step by step system for the trainable children to follow from the lower level basic skills program to eventual campus placement in the institution. The plans call for a four phase program to include: 1. A broader basic skills program in the colony units; 2. Intensified intermediate training program for certain cottages and living units; 3. Pre-vocational and academic skills for the higher level trainable; 4. Campus placement for those who have muscular and mental abilities.

The first phase of the program will be broadened to include the girls colony units. For the past two years, a basic skills program has been offered to the boys which has proven very beneficial to the residents in that unit. Many of these young residents come into the institution prior to being toilet trained and they are unable to feed themselves properly and their knowledge of personal grooming is very limited. Since this program was started two years ago, a fairly large number of these boys have been able to accomplish these objectives. The new plan calls for extending this service to the girls colony units to include the same type of training.

A teacher will spend all day working with small groups of these girls in the classroom and in the living unit. We have found that the cottage parents working with 30 to 40 residents do not have ample time to help many of the residents to establish basic habits. By a teacher working with small groups, these habits can be established through a routine procedure.

The largest group in the trainable school will be the intermediate section. The mental age of this group is rather low generally; and as a result, the program will be centered around personal grooming, play activities, and basic readiness academic skills similar to those found in the kindergarten in the community. They will learn safety rules, how to play together in a group, and most important how to live in the Caswell Community.

The next phase of the program will be a prevocational and academic skills for the higher level trainables. For those who have the muscular coordination and those who are capable mentally they will be given basic academic materials such as writing their name, counting, working with money and for some they will be able to learn simple reading and arithmetic. At the same time they are learning these academic skills, a portion of the classroom time will be spent in pre-vocational training. They will learn to sweep the floor, mop, make beds, set the table, and do other simple household tasks which will be beneficial to them on the campus or if they later return to the community.

Upon completion of their pre-vocational program at age 18 to 21, many of the higher level trainables will be placed in a campus job assignment. Here the individual will work with a group of boys or girls of his own ability and under the direction of an employee supervisor. They will learn the responsibilities of a job and how to work as a contributing member of the Caswell society.

Many of these boys and girls who come from the trainable school may be able to return to their individual homes as adults. The objective of this program is to train them to be useful citizens of the campus community or if they do return to their families, they will be able to fit into the every day life of the family circle.

Mr. Reese Howell, Director

Training and Education

Three new teachers joined the academic school staff in September to fill vacancies of those who resigned for other jobs in June. Mrs. Joyce Tilghman, a native of Lenoir County, replaced Mrs. Jo Ann Sutton ond the secondary level. Miss Marjorie Hardison, from Deep Run, joined the staff to replace Miss Mary Hadge, and Mrs. Annie V. Privette, from Spring Hope, replaced Mr. Joseph Woolever.

The Training and Education staff personnel have spent a considerable amount of time during the summer months evaluating and reorganizing the total training and education program. There is not a single area in this department that has not been changed or plans call for a change as soon as the new personnel who were approved by the last term of Legislature can be secured.

The academic school has been reorganized to reflect a longer school day for the residents. The classes were made longer this year by consolidating and extending the class time. All academic students except kindergarten are in classes five to seven hours per day. We feel that three hours per day for the kindergarten student is long enough. The school schedule consists of nineteen classes with an average of twelve students in each class. This year the students will spend three hours in basic academic tool subjects plus participating in music, art, physical education, home economics or industrial arts and character growth and guidance. The advanced secondary or seniors are participating in prevocational training classes.

Physical education has been made the responsibility of the academic school. At the present time there is only one staff member assigned to this section. She is assisted by a member of the recreation staff to provide physical education to the academic children. It is hoped that in the near future an additional instructor will be secured to provide physical education for all the academic students and most of the trainable children.

The prevocational training program has been changed to include only the senior level group. These students will participate in a prevocational training program on a rotational work assignment basis. They will spend three months in each job to become familiar with the different work areas on the campus and primarily to learn how to work with people and to take orders from supervisors before going into vocational rehabilitation training and community placement.

Twenty-seven residents were transferred from the Training and Education Department for vocational training during the summer. Fourteen of these residents were individuals who have been on the campus for a long period of time engaged in work assignments and who, seemingly, are good prospects for rehabilitation. They are now in the process of going through a trial period of vocational training to determine if they are capable of holding down jobs in the community. The remaining thirteen of the students were young residents who graduated from school in June.

The fall testing program was conducted on September 10, 1963, using the Metropolitan Achievement Test Form A. Most of the students who participated in this testing program spent a good portion of the summer months at home. These students had previously been tested on May 14-15, 1963, just prior to going on vacations. The following is a report of the test results: Tested - 200; those who regressed from the May testing 111; those who showed improvement 47; those who remained the same 42. The rate of regression was from .1 to .9 of a school year. Those who showed progression ranged from .1 to .7 of a school year.

We are indebted to Mrs. Marcus Bunn from Jacksonville, North Carolina, for the nice kiln and the large collection of 116 different types of ceramic molds which she donated to the institution in August. The value of the kiln and molds on the market were in the neighborhood of $1,000. This material will be added to our present ceramic shop for classroom use.

The Boy Scout Troop spent two exciting weeks this summer in outdoor activities. They spent one week at Bogue Inlet Pier near Morehead City fishing, swimming, camping and sightseeing. This was a most rewarding trip for most of the Scouts since several of them had never seen the ocean before. Their second trip consisted of a week of camping at Camp Charles near Bailey, North Carolina, in August. Mr. Littleton, Troop Scoutmaster, and several of his assistants took the boys camping after the regular camping season had closed. They had access to all the scouting facilities including the lake. The boys spent a considerable amount of time learning to do the things in the field that they had practiced in their meetings during the summer months.

The Training and Education Department was responsible for preparing the Caswell Center Booth for the Lenoir County Fair. Mrs. Joyce Tilghman, academic teacher, served as chairman of the committee with Mrs. Gladys Nunn, art teacher, Mr. Jimmy Trivette, recreation director, and Mr. Billy Paderick, trainable school instructor, serving on the committee. The committee planned a booth entitled, "Training and Education at the Caswell Center," which won a blue ribbon and a $50 cash award. This committee is to be commended for its excellent work on the fair booth.

It is not who is right, but what is right, that is of importance

Personnel

The academic school employed Mrs. Mary Hunter Brame, a native of Wilson, N. C. as the music teacher. She received her bachelor of music from Salem College in Winston Salem. Her major was organ. She has also studied at East Carolina College and Atlantic Christian College. She has been an organist in various churches.

On July 1 Mr. Donald Graziano, a psychologist trainee for the past year resigned to begin his new duties at the vocational rehabilitation center at Whitten Village in Clinton, S. C.

Miss Diane Brenda Tutherow joined the staff of the Social Service Department as a social worker as of August 1. She is a native of Lincolnton. She majored in sociology at Wake Forest College from which she graduated in June.

Mr. James Trivette has been appointed to supervise the activities of the Recreation Department as Mr. Robert O'Neal, director, resigned as of August 31.

Several members of the maintenance and engineering departments of Caswell attended a mechanical workshop in Raleigh. Those attending were Mr. T. P. Broome, Mr. C. A. Davis, Mr. Harry Wiggins, Mr. Thurman Anderson, and Mr. Harold Williamson.

On September 11, Dr. Frank Badrock, superintendent, and Mr. S. H. Stroud, business manager, attended the meeting of the Board of the N. C. Department of Mental Health.

Three staff members attended the annual convention of the N. C. Association for Retarded Children at Durham September 21. Accompanying Mr. Waylon L. Bissette, director of training and education department were Mrs. Doris Barwick and Mrs. Ella Poole, supervisors of Cottage Life Department.

Mr. Speight H. Stroud, business manager, attended the American Society of Mental Hospital Administrators in Cincinnati, Ohio on September 20.

Dr. Eugene A. Hargrove, Commissioner of Mental Health accompanied by Dr. Sam O. Cornwell, Deputy Commissioner of Mental Health, in charge of the Division of Mental Retardation spent September 24 in conference with Dr. Badrock, superintendent.

Rev. Donald W. Lawson, chaplain at the Caswell Center, was recently appointed Region 7 membership chairman. Chaplain Lawson will be responsible for promoting membership in the states of Alabama, Mississippi, Georgia, Florida, North Carolina, South Carolina, Tennessee and Kentucky.

Mr. R. L. Denny, director of the Caswell Rehabilitation Center attended the Rehabilitation Labor Seminar in Asheville from August 4-6. The seminar was a joint meeting of vocational rehabilitation agencies, social security, employment security, public welfare and organized labor.

In September Mr. Denny, director, Mr. W. A. Dunne and Mr. William H. Heath, counselors of the Rehabilitation Center attended a meeting of the Governors "Committee on the Employment of the

(Please turn to page 8)

This and That

When the recent Assembly voted to establish the N. C. Department of Mental Health, it decided to change the name of Caswell School. The local institution now an integral part of the new Department of Mental Health is officially known as the Caswell Center. All the state institutions for the retarded are likewise called Centers.

One of the most useful gifts ever presented to a cottage is an electric washer given by Mrs. Ronal, Willis of Morehead City in honor of her son, Ronal, who died at Caswell in the Spring of 1963. Mrs. Willis sold Avon products to make this gift possible. This washer is the second one given to Caswell by a parent. Sometime ago Mrs. L. F. Dunbar realized that Cottage 2 in which her daughter lives could put such a gift to good use. It is so practical that Mr. Johnson, director of Cottage Life feels that it would be of tremendous help to have one in many of the buildings.

Mrs. Doris Barwick, one of the charge supervisors, has donated a record player to the Byrum buildings to be used where it will give the greatest amount of pleasure.

Mr. William Lawing, another parent, has given many plants to add to the beauty of Cottage 6. He has also given some to the Cottage Life Department's offices. Mrs. Jessie Rogers, a cottage matron, has placed plants in the cottage life lobby. Mrs. Poole's mother-in-law has loaned some large plants to the Johnson lobby while Mrs. Norine Howell has contributed plants to Parrott Hall to make these lobbies more attractive. Mrs. Poole and Mrs. Howell are charge supervisors in the Cottage Life Department.

In July sixty-five students and several staff members traveled in three buses to the Johnson Air Force Base in Goldsboro and were given a royal tour of the base by the members of the Strategic Air Command. Pictures were taken of the children inspecting one of the airplanes.

Johnson 3 was the scene of a happy supper party during July. Brenda's father provided the means by which the building parents could arrange the party. All of Brenda's friends in the living unit plus the building parents and kitchen employees were invited to share. The table in the dining room was decorated with linen and vases of mixed summer flowers. Miss Dorothy Davis and Mrs. Leona Malpass were in charge and they were assisted by Mrs. Luna Casey.

The Austin A girls were entertained in July by the Kinston Junior Woman's Club which served kool aide and cookies.

The Recreation Department planned an outing at the Cliffs of the Neuse State Park during the latter part of July. During the first week in August boys from Cottages 6, 7 and 8 were entertained at the Cliffs.

Mrs. Doris Smith, an instructor in the Trainable School, donated a large number of excellent Book-of-the Month novels to the academic school library.

A group of residents attended the Kinston Eagles Rocky Mount baseball game at Grainger Stadium. The boys and the staff were grateful to Mr. Jack Rider for making this possible.

Students in the food class of the Caswell Rehabilitation Center broadened their knowledge of food preparation and preservation during the summer months. They froze and canned fresh peas, butterbeans, string beans, squash, cucumbers, tomatoes, egg plants and corn. All these vegetables were grown by the boys of the Center in their farm program. These projects provided many learning experiences for both boys and girls. The boys judged the results and sampled the girl's work each day at lunch when some of the produce was served to them for their noon meal.

The Easter Seal Society paid the expenses for two boys to attend the Easter Seal Camp for Crippled Children at John Umstead State Park in Raleigh. They spent three weeks at the camp.

Five boys and girls were selected to spend one week at Camp Don Lee in Arapahoe, N. C. as guests of the Methodist Churches in eastern North Carolina. The boys and girls who were selected were boys and girls who would not be likely to have a vacation otherwise.

During the first part of August Mrs. Faye Brown and Mrs. Velma Cooper of Richlands provided a birthday party in honor of one of the residents in Johnson 3 and a short time later another birthday party by a mother for another resident was given in honor of another girl.

Fourteen teenage girls from Kinston volunteered to work at the Recreation Department. These girls learned about the volunteer work at Caswell through the adult volunteer group. While home from school they were seeking some means of using their time constructively.

The annual professional workshop session for training and education personnel of the Caswell, Murdoch and O'Berry Centers for the Mentally Retarded was held at the O'Berry Center in Goldsboro on August 27. Miss Charity Holland served as moderator for the group on "Assessment of Students and Its Usage for Effective Teaching." Featured speaker for the afternoon was Dr. Hardwick Harshmon, director of special education, at the University of North Carolina. He spoke on "Trends in Special Education Specifically for Institutions for the Mentally Retarded."

Mrs. Carrie West of Greenville has been appointed department chairman for the Caswell Center's projects of the Ladies Auxiliaries to the Veterans of Foreign Wars in N. C. Mrs. West has long been interested in Caswell and has visited the Center frequently to put on parties and dances with members of the Auxiliary in Greenville. She stated she was keenly anticipating her new duties which consist of organizational work with over fifty local Auxiliaries in eastern North Carolina and liaison between the Auxiliaries and the Caswell Center. The local units provide the little extras for some of the boys and girls. This is done on a quarterly basis. Mrs. James Gray from Kinston is the retiring Chairman. Caswell appreciates all the work Mrs. Gray has done.

The Pate family singers, comprising Mrs. Melvina Pate and daughters, Gladys Faye, Joan Carol and Mrs. Patricia Dawson sang several gospel selections for the September 1 chapel worship.

Mrs. Catherine Jones, a cottage parent, in the Wooten A dormitory donated a number of records to the Cottage Life office for use in entertaining residents in the colony units.

Several members of the Clinton Junior Woman's Club visited the Center and sponsored parties to the children in Cottage 2 and 8.

Miss North Carolina, Miss Jeannie Flinn Swanner, of Graham paid a surprise visit to Caswell on September 13. She had only a short time so had a quick tour.

The Caswell Service Guild, an organization of volunteer workers serving the Center, held a meeting the first part of September to outline plans for the coming year. Mrs. Manney Reid is the Guild chairman. This Guild is an active group which contributes many hours to the boys and girls.

Students of the Home Economics Department in the Caswell Rehabilitation Center modeled garments, which were made in the department, on a television program over WITN-TV in September. Mrs. Iris Aldridge, home economics teacher, introduced the program and gave a brief overview of the program available to girls. Mrs. Gen Roberson, home economics teacher, introduced and interviewed several girls talking with each as to the various vocations in which the girls are trained. Mrs. Johnsie Gray, home economics teacher, summarized the program and services offered by the Rehabilitation Center. She further stated that the girls have been employed in positions as a domestic, seamstress, laundress, waitress, beauty shop helper or nurses aid.

Plans have been laid to extend the covered walkways to the hospital and school building. Discussions and plans have been inaugurated for the new student's canteen and store. Air conditioning is still being installed in the hospital and crippled children's units.

One of the highlights of the summer season is the watermelon cuttings which are enjoyed by the boys and girls. Reports were that the watermelons were not as plentiful this year but those that were available were thoroughly enjoyed.

> The profound, secret purpose of a noble life draws into itself the memories of past joy and past sorrow. All that has helped it, all that has hindered it is transfused by a subtle magic into its very essence. It becomes more luminous and precious the longer it is carried close to the warmth of the beating heart.

Visitors

Dr. D. H. Bridger, of Bladenboro, a member of the State Board of Mental Health, visited Caswell to tour some of the facilities and talk with Dr. Badrock, superintendent, and Mr. Stroud, business manager.

Miss Caroline Blue, director of Social Service and Miss Doris Bowden and Miss Tempe Thomason, social workers from the Western Carolina Center at Morganton, visited Caswell in July to confer with Miss Pearl Adkins, director of Social Service at Caswell.

Rev. William Tyndall, recently assigned as a Chaplain at Eastern N. C. Sanatorium at Wilson, visited the campus.

Four graduate students from Montana, Massachusetts, Pennsylvania and Rhode Island, majoring in nutrition at the School of Public Health at the University of North Carolina together with Miss Broach, their professor of nutrition and Miss Hilley, a nutritionist with the Children's Bureau in Washington, D. C. visited the Center. They conferred with Dr. Frank Badrock, superintendent, Mrs. May Stroud, head dietitian and Miss Pearl Adkins, director of Social Service.

Mr. Ray Lefler, N. C. Department, of Administration, Mr. C. Avery, assistant business manager at Broughton Hospital and Mr. Tom Walton, business manager at Western Carolina center in Morganton visited Caswell.

Mr. Tom Lane, Industrial Therapist, at Broughton Hospital in Morganton toured Caswell Rehabilitation Center on August 16. Mr. Lane is the son of a former employee at Caswell.

Dr. Ralph Steele, a member of the physical education department at East Carolina College, accompanied 35 students who were on the campus August 19 for observation of the recreation program. They saw the swimming and dancing activities and discussed the recreational program with the department.

Dr. Randall K. Harley of the State School for the Blind visited the Caswell Rehabilitation Center on August 20th. During the last week in August visitors to the Center included Mrs. J. J. Heller of the School for Severely Handicapped Children in Iowa City, Iowa; Mr. and Mrs. William A. Browne of Rocky Mount; Mr. William J. Vanderwall, a graduate student at the University of North Carolina and Teacher at the Needham Broughton High School, Raleigh and Mrs. Sue Sutton, Mr. Carl T. Weaver and Mr. Regionald Stroud, Lenoir County Schools guidance personnel.

Dr. Tom Gupton, a neurologist associated with the Western Carolina Center at Morganton visited Caswell the first part of September.

On September 6, Mrs. Carolyn Kincaid, director of Cottage Life at the Murdoch Center and several of her staff members toured the Center and conferred with Mr. Guy Johnson, director of Cottage Life at Caswell.

Three staff members of Western Carolina Center in Morganton visited Caswell to learn more of the operation of the nursing, cottage life, training and education activities of Caswell. They were Mrs. Billie Newton, R. N., nursing supervisor of Cottage Life Department; Mrs. Betty Leddeck, R. N. in charge of the non-ambulatory unit and Mr. Gerald Liddick, cottage parent.

A WOMAN'S WORK

(From page 2)

In Mrs. Spence's classroom. There they sit in their wheelchairs around her desk, counting, reading simple words printed in large letters, listening to stories and poems, discussing their problems, complaining, laughing, and enjoying the company of visiting working girls. One boy has a severe speech defect and the others interpret what he says when necessary. Handwork is a problem because of the pupils' poor muscular coordination but Mrs. Spence is searching for something they can do to keep them occupied happily in their building. Those men have a deep need to feel useful. They don't want to sit in their wheelchairs letting life trickle through their fingers.

They talk over their problems with Mrs. Spence and she counsels them and cares for them. The one who longs to hear from his father told her one day that he might as well be dead because he was no use to anybody. It was no easy task for Mrs. Spence to comfort and strengthen him then. They ask why their people don't visit them or write to them. Mrs. Spence has to try to answer this question. They complain that it is noisy in the building and they want to stay in the classroom. Mrs. Spence listens and tells them about the interesting things she has planned for them to do in the future.

It is easy to understand why those men have dark moods but do not think that Mrs. Spence's classroom is a gloomy place. Often the men's eyes dance with laughter as they joke with each other and tease each other about girls. They welcome visitors with friendly smiles and should the visitor take on the role of inquisitor they answer all questions politely. Their teacher does the same. It is a moving experience to see the exchange that takes place in the class. The pupils bring need, frustration, despair, and appreciation while the teacher brings strength, wisdom, serenity mercy in the sense in which Jesus used the word; all bring love in its highest form.

Jean I. E. Tabory, Psychologist

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Swimming Classes

Swimming classes were held at the Caswell pool from June 20, 1963 until August 30, 1963. The seven classes were made up of forty-five boys and girls from cottages 2, 3, 4, 6, 7, and 8. The classes met for one half hour twice a week and additional instruction was given during recreational swim periods. Students not enrolled in classes and possessed the ability to learn to swim were given instruction during recreational swim periods.

Of the forty-five students enrolled in swimming classes, thirty-five completed the course. Twenty-one of these passed beginning swimmer skills test and were swimming in nine feet of water, diving from the board and some were performing even more advanced skills.

The other fourteen students were performing skills such as breath holding, rhythmic breathing, floating, and combined strokes (front and/or back).

The skills required to swim in nine feet water are the ones mentioned above plus the crawl stroke, change of direction, turning over, floating (front and back), jump into deep water and diving. The student must swim the width of the pool twice from both a dive and a jump, turn over float and swim on back. The more advanced students were performing skills such as treading water, surface dives, back crawl, side stroke, breast stroke, and back dives.

Jean Holt, Instructor

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Facts and Figures

Statistics can at times be rather boring but to some people most interesting, as well as revealing. At the beginning of July 1, 1962, there were 1848 individuals in residence at Caswell; and as of July 1, 1963, there were 1915. These figures do not include those who were on placement from Caswell.

During the past fiscal year, July 1, 1962, to July 1 1963, there were 238 persons admitted to Caswell. This included 123 males and 115 females. Of this 238 there were 160 from the waiting list (158 were new admissions and only 2 readmissions). Sixty-nine were returned from placement (20 boys and 49 girls). The majority of those returned were from rehabilitation, namely 60. There were 9 transfers in from other institutions.

There were 140 put on placement (57 boys and 83 girls). On rehabilitation there were placed 96, and home placement 44. Eleven were transferred out (males 9, and females 2). Eighteen individuals died (boys, 8, girls 10). Transfers accounted for 11 discharges and 2 were discharged direct. Discharged from placement were 55 (males 24, females 31). Twenty-nine were discharged from rehabilitation and 26 from trial visit.

During the fiscal year, there were 197 applications referred to Caswell (males 129 and females 68). This is an average of 16 per month. Those cases closed for the year were 183. One hundred and sixty of these were admissions while the remaining 23 were closed because there was no longer an apparent need for the applications to be considered.

To bring these figures up-to-date including the last quarter, July, August, and September, 1963, there were 1910 in residence October 1. There were 36 admissions (17 males and 19 females). Only three of these were readmissions.

There were during the last quarter 14 separations from Caswell (13 males and 1 female). This figure of 14 included 6 deaths (5 males and 1 female) and 8 transfers to other institutions (8 males). Fourteen were discharged (6 males and 8 females). Five were from the rehabilitation program and 9 were from home placement.

In the past three months, there were 51 applications for admission forwarded to Caswell (28 males and 23 females) an average of 17 a month. Twenty-seven were closed - 25 from admissions and 2 because Caswell's services were no longer needed.

PERSONNEL

(From page 5)

Handicapped" in Raleigh on September 18.

On September 23 Mr. Denny also attended the Southeastern Regional Conference of the American Public Welfare Association in Ashville. He was a participant on a panel on "How Community Agencies Conserve Human Resources."

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

Prayer of New Year

(I Corinthians, Chapter 12)

The hand and the foot
Are both needed by the body
As is the heart and brain;
And it is not for us to say
Which is the most important,
For all are needed that the body may
Function in harmony, without handicap
Help me Lord, this year
To view myself as hand or foot or brain.
Grant me to know that alone my work
Is a very little thing and yet
Without my help the total work
Cannot, yea cannot, be excellent.
Grant me to desire but this reward
The knowledge that in everything
I have served as unto Thee.

—Jean I. C. Tabory

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The Caswell News

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1963 and 1964

As this issue of Caswell News reaches its readers the year 1964 will be well on its course but there is still time to stop and think about where we come from and where we are going.

What did happen at Caswell last year? It was a busy year for everyone. It would seem no momentous change occurred at Caswell but there again what is momentous to one individual is not to another. One cannot write about Caswell without taking note of the happenings on the state level for the state legislature did make some changes which cannot but help to have a profound affect on all policies and programs connected with Caswell. The Department of Mental Health was approved and in this department there was appointed a deputy commissioner on mental deficiency. The name Caswell School was changed to Caswell Center. This is by far much more applicable. The laws regarding the mentally retarded were revised. Although the laws still do not completely answer the need there are some changes. One of the biggest changes was that the parents wishing to apply to this Center no longer need to go to the Welfare Department but can send their application to the Center. Along with these innovations have been and will be changes, molding and crystallizing the thinking and the philisophy regarding the care, treatment, training and education of the retarded in the home, community and state centers. More emphasis is and will be placed on the community's responsibility. Emerging has been the thinking that the Center's responsibility is not primarily that of education and training of the retarded and that the retarded are not admitted to the Center mainly for that purpose but only as there is a social need. The education should be provided by the community. Furthermore the Centers are not the final stopping off place. Many can remain in and be retained to the community when the community assumes its responsibility for the care of these individuals.

Two projects for which Caswell has long waited are finally coming to fruition - namely the canteen and also the picnic area. The legislature approved funds for the canteen and although there are no outward signs that anything constructive is being done about this, it is expected it will be in the building stage before too long. The picnic area will be welcomed by parents for this will be a spot to which they can take their children and visit with them.

At last the budget department in Raleigh is being a little more generous and is approving more money for the hiring of more Cottage Life Department employees. This department has for years needed more building parents. In most buildings there was only one building parent on duty for most of the day - now thanks to the budget department two are on duty during the day in most of the buildings where they are critically needed.

Also in this department there is an increasing emphasis on the training of all new employees. A broad and comprehensive course is given to all new building parents and the parents are assigned to trainers who teach and instruct the new recruits on the job in the various units.

At the end of 1963 Western Carolina Center at Morganton opened its doors and accepted some transfers from Murdoch Center. During 1964 and possibly 1965, 200 transfers will be made from Caswell. In January 27 severely retarded, non-ambulatory residents, will be the first to leave this Campus. With these being moved to Western Center, the parents in the 43 eastern counties will have an opportunity to bring their children to Caswell.

During the coming year there will be an expanding of many of the existing programs. The Training and Education Department has already had several new instructors added to the trainable school. Other departments will also be adding personnel and consequently more services will be given to residents and parents. There are two known research projects in the infancy stage. The results of these when completed should be of help in planning and carrying out of future programs.

From all indications Caswell will go on growing in many ways, but as Caswell grows and expands it is most essential that we never lose sight of the significance and importance of each individual who in anyway contributes to the function and operation of Caswell - both employee or resident. As I said in the beginning it is good to stop and take time to think of where we came from and where we are going; so let us pause and reread the prayer on the front of this Caswell News and come to the full realization that everyone is important: "For all are needed that the body may function in harmony, without handicap.'

Editor

COTTAGE LIFE

The Cottage Life Department at Caswell with its complement of 285 employees is a busy beehive of activity with its never ending planning, coordinating and supervising the daily routines of 1800 boys and girls; men and women who live in the 39 various living units which come within this department's domain. Each person from the director of the department to the building parent in each unit plays a most important, possibly the most important role, in the care of the residents because it is he or she with whom the child lives and spends much of his time. Into the care of the building parent the natural parents intrusts their child.

In the past issues of Caswell News a number of articles have been written portraying the activities in the living units. In this issue we bring to the readers several articles contributed by the supervisors and building parents. These articles are printed as written except for a little minor editing.

For the past several months the Cottage Life Department has been having an educational and orientation program for employees. This course covers all areas of work in connection with the care and treatment of the retarded child. One of the supervisors, Mrs. Doris Barwick, has written a pertinent article on "Things to Remember in Caring for the Retarded Children In the Byrum Units. She writes: "These children are still babies, no matter how large they are or how old they are. Their mind is still that of a baby. We are to train them to do the things that any other baby would be taught—such as to use a spoon when eating, using both hands on a cup when drinking, eating from his own tray (and not from everyone else's). Training these children to use the toilet is part of our job, too. These things are not easy to do and often take a long time because we have to give instructions simply and plainly repeating and demonstrating each day. We must remember that, whatever his age, the retarded child is clumsy and careless which means he is physically slow as well as mentally slow. While a child's mental ability is not the same as normal children we must remember that his feelings are.

Another thing for us to remember is the parents of these children. How disappointed they must have been to learn that their child was retarded. Can you imagine the heartache they have felt? Can you imagine the pain they bore when they discovered that their only son or only daughter, or maybe their only child, had no place in the world. All of us as parents dream of a future for our children, but when we learn that there is no future for that child, can you imagine how any parent would feel? We must remember that when parents are so demanding, we are to put ourself in their places. Always be nice to parents for their love for their child is far greater than we think.

In training and caring for the children here, we should try not to let personal feelings interfere. If some mother or father makes you feel badly at any time, remember how the parents feel toward their child, and no matter what, the child is helpless and is in your care. You are to forget those feelings and carry on with your best ability with the child. These children are ours and we must give love and understanding to them. Our reward will come later.

As we work with these children each day, we should be more thankful for our own abilities and more thankful for our own families. We may not have any relative who is defective in any way, but let's stop and think. Could we have a brother or sister? Are we sure that all of our children will be born normal and live normal lives? How about our nieces and nephews? How would we feel if we had a grandchild here? Would we be willing for our own relative to come here and be treated as we are treating someone else's child? These things are to be thought about seriously. So in our work, let's do our best and make this institution a better place each day, each month, each year. You may be visiting here one day instead of working here.

Another thing to remember is our reward. How are we rewarded for our work? If we do good work, it shows; if we do a poor job, it also shows. Let's try and do our best—it will always pay."

In thinking about one aspect of her role as building parent, Mrs. Evelyn Raynor, a building parent, has written an article regarding "The Happy Cottage Parent". She says: "That one of the most vital secrets of true happiness is to be honest with ourselves and in everything we strive to do, put all of our very best into it. Sometimes in everyone's job it seems that everything goes wrong and our luck is really on the downward trend. If we can look back and truthfully say that we have done our very best, it takes some of the bumps out of the rough parts. If and when we do make mistakes, have the courage to stand up and say I have made a mistake and I will learn something from it.

Gossip, revenge and sarcastic criticism never got many people very far in life - no matter what kind of job they have. To me these things are very true for the happy cottage parent at Caswell. The care and welfare of our children at The Caswell Center is the most important job here. We do not really need a great deal of praise from other people or different departments although we do appreciate it. If we do our best as a cottage parent, we get all the praise, recognition and thanks needed from our residents every day. Our efforts show in faces of our children here. What could be more gratifying than a happy expression from all the children in the unit when you enter?

What or who could make you feel more important than the knowledge that you are able to care for and help those who are unfortunately incapable of caring for themselves. The best way to receive is to give. When you give your very best to our children just stop for a minute and think of just a few of the things you receive.

1. The wonderful feeling of helping someone.
2. The love and loyalty of our charges.
3. The devout thanks of their families for caring for their precious ones.

4. The respect of many people for the fine job you are doing.
5. The satisfaction of knowing you can be depended upon.

Mrs. Raynor continues, "I am proud of being a cottage parent. I am thankful for the health and capability necessary to hold this job. I am grateful for the opportunity to learn the things I have and will continue to learn. There is a prayer I learned a long time ago that if remembered each day makes the lumps a little easier. This is it: "God, give me the courage to change the things I can - the serenity to accept the things I cannot and the wisdom to know the difference."

Mrs. Raynor concludes by writing: "When a person achieves these things then they are truly a happy cottage parent."

The cottage life employees find much satisfaction in their work - such is depicted in "A Caswell Center Sunday" written by Mrs. Nellie Brown, a supervisor. Her article starts, "Sunday, November 10, is a day to remember because this day was an unusually rewarding one. It started like any other Sunday with visitors coming one after another. Sandra's sisters came to take her home for the day as this they do frequently. They find much pleasure that Sandra is so happy at Caswell. Ruby's sister and sister-in-law brought a picnic lunch for themselves and Ruby. This was eaten in one of the visiting rooms. Ruby sat in her wheel chair and felt as though she was right at home with her family. For the first time, Ruby's sister-in-law saw Ruby's living unit which to her was so home-like and pleasant that she was astonished. When leaving, these visitors showed that they were well satisfied with Ruby's surroundings. Alma's mother arrived to take Alma for a ride and visit. When they returned from the ride Alma wanted her mother to meet her cottage parent. Alma said, "Mother, I love my cottage parent." When her mother was leaving, she said she was happy but yet a little sad because Alma had asked her to divide her vacation so that her daughter could stay home one week, return to Caswell and then go later for another week. Alma's mother was so happy because her daughter liked Caswell so well but sad because Caswell was taking a place in Alma's heart - a place that the mother wished she could give her daughter."

Mrs. Brown discusses Ronda and writes: "One Caswell Center policy is that when a child enters the Center he is placed in the hospital before assigned to the living unit. Ronda, a little seven year old girl, did not wish to leave the hospital and so transferral from the hospital to the living unit had to be a gradual one. At the beginning, she stayed in the living unit for short periods of time; the length of time increased gradually until she finally stayed all the time in the unit. On this particular Sunday, Ronda's mother came to visit and found her daughter eagerly awaiting a party to be held in her unit. After the party the mother and daughter rode and visited together; however they returned before the close of visiting hours because Ronda wanted to come back to Caswell. Ronda ran to her unit and threw her arms around some of the other little girls. Ronda was back home and happy which made the mother happy.

Another mother arrived to visit with her little blind daughter. The mother expressed her gratitude for Caswell Center and her satisfaction in Caswell's care of her little girl.

Mrs. Brown sums up her article by saying, "So often we say if this or if that had not happened the day would have been perfect. This day had no ifs - it was a rewarding day with work being done and well appreciated by all concerned. Because of perfect days and even isolated incidences one realizes the importance of Caswell Center and the privilege to work, to grow and to mature with Caswell."

Let us turn now to another aspect of the work and view some of the activities in the Byrums as reported by Mrs. Evelyn Mewborn and Mrs. Doris Barwick. The following is a report for the week of December 9, 1963: "Monday started a busy week for everybody. Attendants were decorating, caring for the children and doing their usual work. In addition to all of this we managed to get some shopping done. Everyone was busy but at the end of the day, we could see we had accomplished something. Tuesday was a big day for Byrum 3. The attendants worked real hard to finish their work and prepare for a party. John's grandmother came with all kinds of goodies for the boys. The boys and attendants enjoyed ice-cream, cake and peppermint sticks. The building was decorated in red and green colors while the refreshment table was covered with a Christmas designed cloth and a center arrangement of candles. Everybody had a good time. That night the little boys in Byrum 2 visited the girls in Johnson 2. They had a nice time and looked forward to this each week. Earlier the boys from Byrum 1, 2 and 4 attended the movie at the gymnasium. This is one activity that the boys enjoy, especially the color.

Wednesday was an exciting day for Byrum 4 as they had a Christmas party. Several of the staff members attended. The attendants worked real hard to get their work done and to decorate the building. Some worked several hours over time to get the job finished. The children, attendants and guests were served punch, coffee, cake, and candy. The building was decorated with ivy and other greenery that was brought from the attendants homes. The other decorations were brought by the attendants and donated to the unit. The little girls in Kendall 2 were invited to the party too and they came all dressed up in bows and sashes. They looked real cute.

Thursday was the day for the kool-ade party. Although the weather was threatening, we managed to get to the gymnasium. Another big event to us was getting our outside decorations put in place. We had a Santa Claus, sleigh and reindeer for the lawn. The little boys thought it was real pretty. They may not understand all that we do about Christmas and Santa Claus but they know Santa Claus when they see him. Miss Nelson (from cottages) gave us some small rocking chairs which are being repaired and painted at the carpenters shop. She also gave us a lounge chair which we gave to Clarence in Byrum I. Clarence is one of our aged, blind residents who is enjoying it so much. I often see Clarence sitting in this chair with a small blind boy in his lap. What can be more rewarding? The boys in Byrum 2 and

Byrum 3 were treated to hearing the McGowan Band from Wilmington play.

On Friday the recreational department brought over our Christmas trees and decorations. Everybody was excited. Some units were still decorating their walls while others began fixing the Christmas trees. After lunch, the boys were dressed and taken to see the movie. Attendants were busy all day and the little boys were excited but the work went on.

Saturday was a rainy day and everybody stayed inside. Keeping the children happy was no problem as magazines, record players, television and radios kept the units in good spirits.

Sunday was a nice day. In the morning the boys were dressed and taken to Sunday School and in the afternoon attendants were busy dressing boys for visits with parents.

This has been a busy week with everybody working hard. Our new trainees have been kept busy. We all have the Christmas spirit and it seemed everyone was showing it."

Now we walk across the campus to the Johnsons and the Kendall units and listen to what Mrs. Fay Jones, Mrs. Ella Poole and Mrs. Nellie Brown have to report for the recreation activities during the week of November 24, 1963. They write: "We have had some very pretty weather this week and the cottage parents and the girls have taken advantage of it. The girls in all eight colonies have been taken for walks or either been out in the play yards almost daily. The children especially seem to enjoy walking through the fallen leaves and listening to the rustling sound they make. Several of our little trainable girls have remarked to their cottage parents about the pretty and different hues of the leaves. On Monday Dr. Frank Badrock brought a visitor into the girls' colonies and both were impressed by the recreation the children were having and by the very obvious devotion the girls showed to their cottage parents.

Also on Monday Johnson 4 girls visited Parrott and Kendall 4 girls visited Parrott 4. The girls were very enthused about their visits and proud of getting a chance to see their boyfriends.

On Tuesday night Johnson 2 girls visited Byrum boys and as usual these little ones had a good time dancing, playing and running. The little girls returned very tired and quite ready to go to bed.

On Wednesday afternoon Kendall 2 visited Byrum 4 and it seems that these children are showing a lot more interest in the music and dancing. Also on Wednesday night Johnson I and Johnson 3 girls visited Byrum I.

Thursday afternoon girls from all eight units attended the kool-aid party and the girls who could not go were taken out in the yard to play, or entertained in their units by books, television, or just dancing to the radio. Kendall 4 now has a radio and these girls sure do enjoy it.

Friday night Kendall I girls visited Parrot I boys and were entertained with music and dancing.

Saturday night 42 of our girls went to the recreation building to hear a band concert by the "High Lighters" from Wilson. It was the very first time our girls have been invited to anything like this and they were thrilled. Almost all of these children with the lower mental ability enjoy music and to my knowledge none of them had ever seen it played "live" before.

On Sunday the girls were entertained in their units and this wound up a very busy but a wonderful week.

Mrs. Barwick's short report on the activities in the Byrums for Christmas week is possibly representative in many ways of this week. It is as follows: "This was a very busy week for everyone. The attendants were packing suitcases, dressing boys to go home for the holidays, and also preparing for the children who were to stay with us. Packages were checked, toys were marked with each child's name. Christmas Eve Santa Claus made a visit into each unit. Christmas Day each child was given his package and little boys and large boys were bouncing balls, blowing horns, rolling cars and holding stuffed animals. Everyone seemed to be happy. The attendants were kept busy, picking up and putting things together again, but one could see that the children were having a good time. Later in the week children began to return from vacation. Parents were well pleased with their child's behaviour while at home, and happiness was shining in their faces. Most all of the children were eager to get back with their cottage parents. New clothes were brought back, which included heavy coats and caps, and leather shoes. Parents were thrilled to know that their child was able to go out for outside activities.

This has been a wonderful holiday season, and we hope to make improvements for next year."

Personnel

Mrs. Elsie McCoy, R.N., attended the sessions of the N. C. State Nurses' Association in Raleigh on October 23 and 24. Mrs. Vera Prince and Mrs. Eva Seawell, both nurses, attended on October 24.

Mr. Waylon L. Bissette, Mr. LeRoy Batts, Jr. and Mrs. Helen Hardy attended the eastern district meeting of the N. C. Education Association at New Bern on October 29.

Miss Bertha K. Smith, formerly of the Cottage Life Department, and Mr. Spillman Grice of Goldsboro joined the Recreation Department on November 1.

Dr. Frank Badrock, superintendent, and Mr. Guy Johnson, director of the Cottage Life Department, attended a seminar in Biloxi, Mississippi. This seminar was sponsored by the Attendant Training Project of the Southern Regional Education Board. On their return they visited the Pinecrest State School in Pineville, Louisiana.

From November 7-9 Miss Pearl L. Adkins, director of social service, Mrs. Jean Tabory, psychologist, Mr. Waylon L. Bissette, director of training and education and Rev. Donald W. Lawson, chaplain, attended the Southeastern Regional meeting of the American Association on Mental Deficiency in Atlanta.

Miss Pearl L. Adkins and Mrs. Lois Smith of the Social Service Department attended a meeting of social workers at the Western Carolina Center in Morganton on November 22.

Rev. Donald W. Lawson, chaplain spoke to the Future Homemakers of America Club at Havelock School on Monday, December 2.

CHRISTMAS I

Although the Christmas bells, the holly and tinsel have all been tucked away and Santa has returned to his North Pole workshop, let us try for a few moments to capture some of the fading echoes of Christmas because Christmas at Caswell is perhaps the largest and most festive activity ever to come to the campus during the year. Christmas at Caswell is like a diamond with many facets full of glitter, sparkle, excitement, anticipation and promise. Yet with all its anticipation and excitement there can be moments touched with pathos.

Although it would take an artist of considerable skill whether he be a painter or writer to sketch in detail the many sides of Christmas let us try to depict some of the high spots. Months before the advent of the Christmas season the wheels began to roll as the recreation department started coordinating the boys' and girls' wants and wishes for Christmas presents. Upon the recreation department falls the difficult and monumental task of seeing that no resident is forgotten. Over 1100 packages, in which there were several Christmas presents, were wrapped and distributed to all living units the day before Christmas. The Caswell Post Office weeks before Christmas bulged with packages of all sizes and shapes. Many friends and many organizations gave of their abundance and if it were not for the generousity of these people Christmas at Caswell would not have been the joyous and happy occasion it was.

To many of Caswell's residents perhaps the greatest gift of all is a Christmas vacation at home with loved ones or friends. About seven hundred left for all or part of the Holiday. For those who yearned to go but could not leave there were unhappy, touching scenes for there is no substitute for home. To be sure there are many here who do not comprehend and are happy in the warmth and comfort of their buildings but there are many who do and understand. Let it be said in some cases parents and relatives are interested but due to circumstances beyond their control they were helpless to do otherwise.

"Christmas Greetings" was the theme of the annual Christmas program given on December 16 in the gymnasium. The teachers and students in the academic school worked deligently to make this a success. The boys' and girls' choruses sang many of the traditional Christmas songs. As they sang there unfolded on the stage tableous portraying the mood and words of the songs - especially appealing were the scenes in which the snowmen, cleverly costumed, appeared.

After this program all the buildings opened wide their doors and beckoned to one and all to enter and tarry awhile. As one strolled the campus in the cool, crystal clear moon lit night and saw the glow of the many colored Christmas lights, one sensed Christmas was in the air and "Merry Christmas" seemed to ring out. As one stood in the doorways of the Johnsons, the Kendalls, the Parrotts and the Byrums, one saw not only the decorated Christmas trees but many little Christmas scenes in nooks and corners, Christmas cards cleverly displayed, fire places, creches, little churches, holly and other Christmas greens about windows and doors, Santa Clauses of all sizes, red and green crepe paper twined and interwined and in some of the buildings Christmas carols softly played. The decorations on the doors of the Byrums and the Parrott buildings were distinctive and striking. In Tapp I one could stand and gaze at an effective, beautiful nativity scene. A most unique decoration which many might not have seen was a nut wreath hanging over the door of Pollock A. As one crossed the campus that night one could not help but feel the warmth of welcome of each building. McNairy abounded in Christmas decorations but one stood out because its simplicity was its beauty - a simple rather large branch sprayed in white paint. In Cottage I appeared a delectable temptation for those young boys - a large candy house given by a parent of a resident. In writing about the beauty and attractiveness of the decorations it must be pointed out that the building parents' own time, money, imagination and ingenuity in many cases were contributed to make these truly beautiful scenes.

During the week before Christmas one of the most touching and effective scenes of this season was enacted on the stage in the chapel. Against a simple backdrop of ever greens silhouetted against the rose tone velour drapes, the trainable school rhythm band with its castanets, drums and cymbols beat out the rhythm of the various Christmas songs. Although Santa with his hustle and bustle was arriving in the wings all eyes were riveted on him, yet no beat was lost. In this same scene also appeared the trainable school choir which lent its voices to the many songs. Few people other than the trainable school children were fortunate to see this production but this truly was a moving inspiring story of Christmas. Would that the parents of these children could have seen it.

For the last few years the Cottage Life Department has planned a special get-together for all the residents who must remain at Caswell. This party was held on Monday, December 23 at 7:30 P.M. Mrs. Emily Wood from Kinston brought the Girls' Auxiliary from the Spilman Baptist Church. Mrs. Wood assisted by Mrs. Lacey Oliver presented a pageant of the Christmas story. Mr Earl Head who was accompanied by Mrs. Betsy Thigpen on the piano sang two songs. Mrs. Everette and a group of singers from the Freewill Church sang a number of Christmas songs joined spontaneously by the Caswell boys and girls. To climax this occasion Santa arrived and gave out presents and gifts.

This is only a small part of the picture. In the next section we bring to you some of the parties and other activities.

CHRISTMAS II

Lucy Gay's grandmother provided enough unds for the building parents to have a special hristmas supper for Lucy Gay and her friends n Johnson 3. The building parents planned a eautiful party and invited some of the adminis- rative staff and the food department. They were erved hotdogs, Christmas cake, sugar plum candy nd punch. The ward and dining room were beau- ifully decorated. The Christmas tree was lighted nd a life-size Santa Claus stood by to add to the estiveness. On the tables covered with white table loths and red and green runners were Christmas ree and angel candles surrounded by green leaves. Both napkins and plates were decorated in the hristmas patterns. On the main table was a large rrangement of poinsettia. The girls all seemed o thoroughly enjoy the party and it was too bad ucy Gay's grandmother could not have been a articipant. It would have gladdened her heart.

Mr. Hills in Parrott 3 wrote the following: "To- ight the Christmas time wish of 18 of our boys as fulfilled. Mr. Mitchell and myself took these oys down the "Magic Mile" of Kinston to see the hristmas lights. Making two trips each, everyone ad ample space and a good view. The "thank ou" we received from each of the boys, makes us now that we have in some small way helped make his an even brighter season for these boys."

The Pilot Club of Kinston gave the Cartwright esidents a Christmas party on December 21. It as a very festive occasion with the holiday motif sed throughout. The boys were served punch, ookies and candy. Each resident received two ift packages. One contained a pack of cigarettes, ball point pen, pack of chewing gum, tube of ental cream and a key chain. The other package as a jar of instant coffee. The Pilot Club has ade this an annual treat. This year two chil- ren, the granddaughters of one of the Pilot Club embers, presented the men with the gifts and his the men seemed to especially enjoy. Pictures ere taken by one of the women.

On December 21st Diane gave a party to 15 riends and cottage parents in Dawson. Supper as served by candle light in the building. Ham- urgers, french fries, apple jacks and pepsi colas ere included on the menu and after eating, the irls sang Christmas carols and danced.

Sarah's mother gave the girls in Johnson 4 a arty so all the girls put on their best bib and ucker. The building was covered with a white ace table cloth and the center piece was white nd red poinsettias. On each end were crystal andelabra. From a beautiful crystal punchbowl unch was served along with cake, cupcakes and uts.

The Goldsboro Junior Woman's Club gave a arty on December 10 for Cottage 7. On Sunday, ecember 22 the Sub Junior Club of Clinton gave party for the girls, who were left on the campus, n Cottage 2 and 3. The New Bern Junior Woman's lub gave a party for Cottage 2 on December 14.

The Arbor Home Demonstration Club in honor f Emily and 71 companions in Austin A had a arty. Each girl was given a bag of Christmas andy and a Christmas card. Emily's two sisters helped to plan the party. One can readily see this was pleasing to Emily.

On December 13 the Austin A girls had another party sponsored by the Rocky Mount Woman's Club.

Miss Tutherow, one of Caswell's social workers, visited McNairy during the evening of December 18. She read some Christmas stories and played the piano for Christmas caroling. She served the girls cookies and coffee.

Mr. and Mrs. Max Tabory visited Parrott 3 and while there Mrs. Tabory told a Christmas story. Mr. Tabory led group-carol singing and played the alto saxophone. In Parrott 4 Mr. Tabory played carols. After their visit to these units they called at McNairy and gave a similar program as the one in Parrott 3.

Henry's mother in Parrott 4 planned a Christmas party for the entire unit. She brought a large aquarium and tropical fish as a special gift for all the unit. This has proved quite interesting to the boys.

Before bringing this to a conclusion we must not overlook the party in Byrum 4 on December 11. Every building (seven in all plus one supervisor and one charge attendant) helped in his or her individual way to make this a success. They worked overtime to complete the attractive decorations and some of their own money was used to buy added decorations. For some time, Mrs. Helen Nunn, a building parent, had worked patiently to train a little band. The instruments were toy drums, various types of small bells and rattlers. These rattlers were Clorox bottles (plastic) with a few rocks inside and the cap glued on. Some of these bottles had been painted. The use of these was a novel idea and a good toy for this type child. There were several staff members present and all were served light refreshments. The boys and some girls from Kendall 2 seemed to enjoy all the excitement and fun.

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This and That

Over 700 residents attended the Lenoir County Fair during the first week in October. Through the generosity of the Kinston Junior Chamber of Commerce the boys and girls were given free admission to the fairgrounds and rides. A number of the personnel from the Cottage Life Department volunteered on their off duty time to accompany the residents. Cottage parents drove the school bus and their own cars and some took residents from the colony units who might not have gone otherwise.

A blue ribbon was awarded the Caswell Center booth at the County Fair. It depicted various aspects of the training and education program.

The Recreational Department sponsored a number of Halloween parties for the various residents both in the gymnasium as well as in the living units.

A five-piece combo band, led by Mr. D. A. McGowan of Wilmington, played to 500 residents the latter part of October. The band played for dancing after the concert. This was a special treat because the boys and girls seldom have the chance to dance to live music.

From time to time boys and girls have an opportunity to go skating at the Wonderland Skating Rink. This is through the generosity of Mr. Joe Pharo.

In the fall the B & H Company of Kinston donated over $100.00 worth of candy. Candy is always a welcome gift and to be sure the boys and girls thoroughly enjoyed it.

Mr. Leo Sutton who operates the campus store gave a party for the girls in Johnson 4 and the boys in Parrott 3 in the Parrott living unit on October 28. The boys in the living unit helped with the decorating and they felt it was really their party. The walls were covered with black cats, witches and pumpkins cut from colored paper. All kinds of favors, masks, hats, horns and noise makers added to the joy of the occasion. Refreshments including cookies, candies, nuts and drinks were served. Some of the residents joined in the dancing.

The New Bern Junior Woman's Club sponsored a formal dance for one hundred residents on October 23. The Halloween theme was carried out.

Halloween parties were also given for Cottage I and 4 by the Rocky Mount and New Bern Junior Woman's Clubs.

In November the N. C. State Grange sent the Center a large box of new stuffed animals and clowns which was saved for Christmas.

Thanksgiving vacation for students in the academic and trainable schools began on Wednesday noon, November 27 and ended Sunday, December 1. Several hundred went home and those who remained had turkey with all its fixings.

"The Highlighters", a dance orchestra, from Wilson, gave a concert for the Caswell residents on Saturday, November 23.

The contractor has begun the construction of the covered walkway leading to the academic school. This will be of tremendous help to the children having to cross the campus to school.

The 2nd Marine Division Band played a concert at the recreational building on Tuesday, December 3. The concert was given primarily for the residents but guests were welcome. The boys and girls thoroughly enjoyed the band. The band has come each December since 1960 with the exception of last year when the men were involved in the Cuban crises. Although orders had reached Major General Van Ryzin that all social, recreational and related activities would be banned or curtailed during the period of national mourning for the late President Kennedy, it was the feeling of the Major General that Mr. Kennedy with his deep concern for the mentally retarded, would want the concert to continue as scheduled. A novel feature of the concert was a brief description, identification and demonstration of each instrument in the band. During the playing of Anderson's "Christmas Festival Overture" many of the residents spontaneously began singing some of the familiar carols.

Students of the Caswell Vocational Rehabilitation Facility have had an interesting and educational experience in the building and planning of a float which was in the Kinston Christmas parade on Monday. The theme of the float was taken from R. Wayne Moore's quotation, "May He Who has chosen to limit some of his children - guide the hand of those entrusted with their care." This quotation was on a huge scroll on the front of the float. The theme was interpreted by having a huge hand extended from a door of a temple and a small boy and girl stood in the palm of the hand.

The Caswell Chorale under the direction of Mrs. William Brame, music teacher, performed before the Trenton Woman's Club on Thursday night. They also appeared on Channel 7 (T.V.) on the following Saturday morning.

Thirty Boy Scouts and three adult leaders of Troop 227 attended the Caswell District Pre-camporee held at the Stallings Air-Base in October. In November thirty-three Scouts had a fall campout at Camp Croatan on the lower Neuse River. They left on Friday and returned Sunday morning.

In October boys from Tapp I attended the morning worship at the Immanuel Baptist Church. On October 27 some of the residents from the McNairy building worshipped at the Salvation Army Citadel and in November 35 men from the Cartwright building visited the morning service at St. Mary's Episcopal Church.

The last day of September the Kinston Junior Women's Club provided a wonderful party for the fifty boys in Tapp 4. On November 19 the Clinton Junior Woman's Club gave a party for the girls in Cottage 3 and the boys in Cottage 6. The New Bern Junior Woman's Club sponsored an informal dance on November 21.

Visitors

Mrs. A. G. Hutton of Wilmington, the N. C. Federation of Women's Clubs new Junior Director, was accompanied by Mrs. Beverly Alfors, member of the Kinston Junior Woman's Club on her visit to Caswell in early October. She conferred with Dr Frank Badrock, superintendent, and Chaplain Lawson, public relations director. Mrs. Hinton stated that projects for the benefit of Caswel residents were among the best things that loca clubs could do in terms of service. At that time she stated many of the Clubs were already planning Christmas activities and programs for Caswell.

Eight members of the Rocky Mount Junior Woman's Clubs visited Caswell in October. They donated a large number of children's games, books and miscellaneous articles.

In October Miss Ann Tillinghast, supervisor of the Social Service Department at Western Carolina Center in Morganton and two social workers Miss Doris Bowden and Miss Tempe Thomasson spent a day at Caswell to confer about transfers to be made to the new Center.

Dr. Eugene A. Hargrove, commissioner of Mental Health, Mr. Roy M. Purser, business manager Dr. Nicholas Stratas, director of Professiona Training, Mr. Frank Umstead and Mr. R. P. Richardson of the N. C. Board of Mental Health, visited Caswell on October 31, at which time they reviewed the present construction program and considered changes and alterations to be considered for the next biennium.

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The CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

On Contemplating The Profoundly Retarded

These are your brothers
These and all others
Who breathe,
And if to breathe is
Life for them, let this
Not be
A cause of failure
In that love so pure
You owe
All men living who
Share this earth with you,
But how
Your deep love to share
With those unaware
Of all,
Is the problem I
Ask you now to try
To solve.

—*Jean I. C. Tabory*

April, 1964

Volume XXIX

Number 2

The Caswell News

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Frank Badrock, M.D. ....Superintendent
Mr. S. H. Stroud ....Business Manager

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Circulating Manager ....Sarah E. Claytor
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Treasurer ....Mrs. Evelyn Wiggins

COTTAGE LIFE

The cottage parents in the colony units are striving to establish a training program that will stimulate mental development and improve social adjustment.

In Johnson 2, a living unit for small girls, an intensified training program was started in January. Since these children are hyperactive they are happier when their time is fully occupied. They began with color sheets, crayons and other simple things that they could manage with a minimum of difficulty. Stringing beads, learning to brush their teeth and combing their hair are a few of the things that they are learning. Learning to lace shoes properly, to put on socks correctly, and button closures on clothing present quite a problem for some of these small residents. The little girls enjoy learning to set the table with teasets. There are two little girls who are surprisingly good.

A portion of the day room is arranged in kindergarten order in what the cottage parents feel is the most suitable way to obtain the best results from their program. This lasts for 2 hours but is divided into thirty minute classes and is set up as follows:

1. A period for coloring, stringing beads, studying pictures and defining the different objects in the pictures.
2. A play period for singing, marching and playing games. These are things that will hold their interest.
3. A period for learning to dress and to care for themselves, as far as their capabilities will allow.
4. A period for learning simple tasks, such as dusting and sweeping.

This plan may not always be carried out in such a systematic manner, in the event that they should become bored. Each child is included in some form of activity.

Recently the cottage parents have obtained a dressing table, a classroom table, and eight chairs, a small desk and a tumble tub. All of these items help the training program. They hope to have an outside physical education program during the spring and summer months.

In Byrum 4, one of our most severely retarded units, consisting of very active little boys, much progress has been achieved in the past year. They too, have worked out a training program for their unit. In the mornings, of course, the buliding has to be cleaned and the little boys bathed and dressed. With much effort on the attendants' part they now have four little boys who, with some supervision, are able to dress themselves. About twelve of them can dry themselves with a towel after their bath. There are three residents who are capable of helping with some of the cleaning. These little fellows can mop, dust and help wash soiled rompers.

After the work is finished there is a play period. This usually last from 9:00 until 10:30. During this time the little boys crowd around the two tables that are in the day room to enjoy magazines, toys and other play material. There are about 10 children who will color with crayons without trying to eat them. If some little fellow becomes tired of this, he may watch television or even crawl into a chair and rock. From 10:30 until 11 o'clock is the quiet period. At eleven, lunch is served. The boys have learned to march into the dining room; this causes much less confusion. All but twelve of the residents now eat from regular trays; previously they ate ground food from a bowl. About fifteen of the group have learned to use spoons.

After lunch there is a rest period. From 1 to 4 P.M. there is much activity. Some enjoy television, toys, magazines and color books. If the weather is favorable, some go for walks, some play in the yard, while others may attend a movie, kool-aid party or visit one of the girls' colony units. About twelve attend chapel each Sunday but prior to this year only four or five were permitted to go.

After supper the residents watch television, listen to record players and others enjoy dancing. Then it's bath time and soon all are ready for bed. A few of the little boys have learned to close their eyes while the bed time prayers are being repeated. All this takes effort from every attendant, but each find a regular routine is proving most satisfactory in the training program. The employees from these two units have accomplished much during the year. No one is expecting miracles, just progress. As new and better ideas arise some of the old ones may be discarded and they will go from there.

Mrs. Ida Smith
Supervisor of Girls

MY CHANCE

The following article appeared in the January-'ebruary 1964 edition of Reach, The North Caroina Rehabilitation Service, and was written by Mr. R. L. Denny, director of The Caswell Vocaional Rehabilitation Facility.

Editor

"How wonderful Caswell has been to me . . . it ave me a home, my training, my chance. I thank he Lord and hope I can stay on this job!"

These words were spoken by Dale Gibble in nswer to a question to name the most outstandng thing in his life. A great deal has happened n his youthful 28 years.

Dale was born in Carteret County, one of eight hildren. At age five his father died, and a very lifferent life began to unfold. His mother was aving a struggle with family finances and family roblems, and Dale recalls that from the very irst, he had trouble in school. At age 13, he was uddenly brought to Caswell Center. With some urt showing in his eyes and voice, he recalls the udden change of being pulled way from his famiy, of not understanding or not getting an exlanation of where he was brought and why. He vas hurt and he greatly missed the familiar suroundings of the river bank—and the joy and reedom of just being able to roam.

Dale remembers all the people with whom he as worked. His first cottage parents, Mr. and Mrs. avis, "were so good" to him. And he goes on and n, "Mr. and Mrs. Holland, Mr. Cornegie, and specially Mr. Paul Wagstaff," "they were so very ood and kind" to him. Dale grew in maturity nd stature, moving up from the cottages to dornitories for older boys, all the while getting trainng and work experience.

When the rehabilitation facility was opened, ale started his training in the Kitchen. He had xperience in food classes, dish washing and workng in the school's cafeteria. On May 1, 1961, he vas placed at the Hotel Goldsboro as operator of machine dishwasher. He started at 75 cents per our, plus meals furnished. Since that time Dale ays he has done about every job in the kitchen nd dining room, but he was prepared, having done ll these things during his training. Now he serves n the line at Sunday night buffet, works as a us boy, helps in the kitchen and helps the chef. His employer expresses real satisfaction with his vork and above all appreciates the willingness of ale to fill in anywhere needed.

Fellow employees describe Dale as a likeable ellow, who has a lot of friends. He attends church egularly. He is very well adjusted, energetic, and happy young man.

Dale has no bitterness; he is very grateful to aswell and what it did for him; and he is grateul to Rehabilitation when he says: "I found out ehabilitation is the thing to do." He has acuired quite a savings account, which gives him ome security, but above all, gives him a chance o do for someone else. He not only arranged to ive at Christmas a gift to his brother who is still t Caswell, but he gave him money for gifts so that he brother could, for the first time, give to his rothers and sisters.

Dale enjoys walking to work, sometimes on a split shift, and six days a week. The walking is not too much. In fact, if he has a few hours off, he spends it walking in Wayne Memorial Park. You see, to someone who remembers walking through the woods and playing along a river bank, suddenly ristricted to a campus, the thrill and freedom of just walking has tremendous meaning. Just freedom, the fresh air, the mist of rain, the feel of bark on trees, the grass, and the great, wonderful freedom of being on one's own.

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VISITORS

The executive committee of The N. C. Board of Mental Health met at The Center on February 6. Among those present were Mr. Richard P. Richardson of Reidsville who is the Chairman, Dr. Eugene Hargrove, State Commissioner of Mental Health, Dr. Sam O. Cornwell, director of the Division of Mental Retardation and Mr. Roy M. Purser, general business manager.

Caswell was host on February 11 to a meeting of the superintendents of the various facilities under the N. C. Department of Mental Health. Besides the superintendents Dr. Eugene Hargrove, Commissioner, and Dr. Sam O. Cornwell, director of The Division of Mental Retardation. Other guests included Dr. Charles Vernon, director of Community Mental Health Services, Mr. Roy M. Purser, general business manager and representatives from The Alcoholic Rehabilitation Center at Butner, The After-Care Clinic in Wilson and Dr. X. Hertle, Central Prison Health Clinic as well as various staff members of Caswell and The Caswell Vocational Rehabilitation Facility. On the program was Mrs. Lois Smith, a member of the Social Service department, who presented a report on a survey she compiled on the adjustment of 74 Caswell residents discharged from The Center during 1957 and 1958. The second half of the program was presented by Dr. Pedro Carreras, psychiatrist at Caswell. He discussed his professional administrative experience during the four years he was employed at The Mental Health Clinic at Swift Current, Saskatchewan, Canada.

Miss Ruth Ellen Ostler, director of home economics education in the New York State Education Department in Albany, N. Y. visited both The Center and The Rehabilitation Facility on March 18. New York state has recently passed legislation providing education for all students who wish to attend school until the age of 21. She was interested in the teaching of slow learners and public school drop-outs.

Visitors to the Center during the last week in January included ninety psychology class students from the New Bern High School, staff members from The O'Berry Center - also four staff members of the Psychology Department from East Carolina College plus fifteen psychology students and their instructors from the same college visited.

In March Dr. Steele, professor of physical education at East Carolina College brought his students to observe Wednesday night recreational program.

(Please turn to page 6)

VOLUNTEERS

The following two articles are written by two volunteers who are working with the residents at Caswell.—Editor

The volunteer service program at Caswell Center is set up to supplement the recreation department. The volunteer supplies leadership and supervision for many leisure time activities, but it is in the efforts of the volunteer and the residents to do something together that the service program becomes truly "re-creation." When the volunteer gives up her ideas of "doing something for somebody" and begins to think in terms of what can be done together, she is attempting to establish a communication which can enrich her life as well as the life of the resident.

The barriers to communication are presented in both the volunteer and the resident and the volunteer takes the first step toward establishing an avenue of communication by putting aside her own needs. Shyness, lack of language facility, inability to speak, these are some of the barriers which the residents bring to an encounter. The volunteer learns to listen with her eyes as well as her ears, in fact her attitude must become one of implicit listening. When she brings her interest and skills and love to bear on the barriers both in herself and the resident, a bridge can be built between the two and a really exciting and creative experience can result.

In the crippled children's hospital volunteers have devised a game which is never dull for either volunteer or the children. The object of the game is for each child to identify among large simple cards given him, a match for the card the volunteer selects and shows to the group. The children find ingenious ways of communicating with the volunteers even though they may not be able to talk or hold the cards in their hands. Because it is fun, the child wants to become known and brings all his efforts to the problem. The squeals of delight when someone has "won" the game and the moans and sighs of those who "lost" are ample indication of the extent to which the children are participating with the volunteer in this activity.

The attempts to establish channels of communication with the residents challenge the volunteers to sometimes frustrating, sometimes wildly successful efforts. Faith learned to blow on her harmonica through her own and the volunteer's efforts over a period of months. Because a volunteer worked with him for a year to call forth the creativity she saw in him, Tony now blows soap bubbles to his own and the other residents' delight. Throughout the units, where volunteers go to write letters, read, take walks, or play games and sing songs, there is the opportunity to achieve this kind of communication, which is most often basic and devastatingly honest. It is in this perceiving of each other as persons that volunteer and resident share in some that is painful, much that is meaningful.

Mrs. Manney Reid

* * *

Having worked at Caswell Center as a volunteer since early September of 1963, I rather hesitated as to whether or not I would take the orientation course which was being offered to all old and new volunteers. After all, I had been in many of the cottages, worked in various buildings, knew my way around pretty well and smugly thought to myself, "Why do I need this?" Well, let me quickly add, I am so very thankful that I decided in the affirmative.

The program was set up for the first week in March. We met on Monday, Wednesday and Friday from 9:00 A.M. to around 11:30 A.M. Every lecture period was conducted by a departmental head and following each session we were allowed a questioning period. The speakers could not have been more understanding and cooperative. After all, they were dealing with a group of laymen who asked many questions. I talked to each and every member of that volunteer group and all readily agreed that the entire course was not only greatly informative but highly inspiring. We heard from the psychologist, the social service head, the man in charge of the actual living quarters, the principal of the academic school, the man responsible for the training and educating of the retarded, the director of the recreational program and the chaplain; all highly trained personnel in their respective fields. Each day, half way through our schedule, we had a twenty minute recess with coffee and delicious pastries served by some o the girls from the home economics department o the trainable school.

Caswell Center could so readily use dozens and dozens of volunteer workers and we have so few. believe this is mainly because the average laymen has absolutely no conception of the true set-up at Caswell. Once you go into the various cottages and buildings - see the bright and cheerful rooms and how happy the residents are -- the way they love their cottage parents - you can't but feel let me in my small way contribute to this. Since working out there, so may of my friends say to me all the time, "How can you stand it; how do you do it?" It all sincere honesty, let me try to answer these questions. My conscience hurts me so badly at times because I feel that I am no working with those who need us most. Take fo example, the older residents who have not heard from home or loved ones in years. Why don't go there? But let me be perfectly honest - all my life I have worked with young children and frankly feel that is where I can do my very best.

I, as a liason connection between Caswell and thirteen churches in the city of Kinston, only go five new volunteers. Why? Because, most people are afraid of what they will have to see and work with. That is so wrong - Caswell can use volunteers to help mend clothes, take part in special parties such as holidays, etc. If you don't want to work with the residents, you can be useful in many other fields.

Each day, when I walk around the grounds and so many smiling faces call to me and greet me by name, I thank God that my new friends at Caspe Center have done so very much more for me than I can ever do for them.

Mrs. Peggy Skinner

CHANGE

Change, it would seem, is a necessary ingredient for the development of a healthy life and wherever there is life change is an inevitable part of it. Life at Caswell is no different to life anywhere else and changes in various forms have continued to be part of Caswell Center's fifty year history. Since the first of January 1964 a change of considerable magnitude is being made in the lives of many residents at Caswell. This change is one of magnitude because of its completeness; to some it is upsetting, disturbing, causing much anxiety while to others it is an orderly quiet and routine move. What is this change?

This is the transfer of 200 residents to the new Western Carolina Center at Morgantown. During the month of January 26 profoundly retarded (non-ambulatory) residents were the first ones to be selected to go. In February thirty-five low trainables were accepted and in April thirty-five severely retarded (ambulatory) will be transferred. It would seem that during the summer, not before July, 50 mildly retarded will leave. When the balance will be taken this is not known.

From the time word was announced through the newspaper, the radio, the television and by word of mouth that a new retarded center was to be built at Morganton, Caswell began to receive requests for transfers from parents and relatives living in the Western part of the state. The parents could see the tremendous advantage to the child as well as to themselves to have the child closer home. Each of these requests were recorded and filed. Today at least 120 such requests have been received and each one is being given priority consideration. However Caswell must select the residents to be transferred according to the age and the mental level stipulated by the Department of Mental Health in Raleigh.

The parent is asked to be an active part in moving the child to his new home. It is felt that this is an important element in helping the child to adjust to the sudden and unexpected change in his daily life and that the parents' presence might be reassuring to him. The fear of the new might not be as poignant. Caswell has been the child's home for years - for a few at least 6 years but for the majority many more. Here he has become attached in some form, good or bad, to his environment; especially the severly retarded, is used to the same voices, the same noises, the same food, the same water, the same beds and the same hands which lift him, bathe him, feed him and care for the many little details of daily living. But suddenly this is no more; something terribly new has come—a complete, not a gradual change, has taken place. To some it must be freightening - as freightening as what the fear of falling must be to a new born baby. There is no measuring stick to measure the effect. To these this change is not orderly nor quiet.

Some boys and girls who are more discerning have personally requested that they be allowed to go. They feel this center to be closer to their home and hope that loved ones will visit more often or that this might be the stepping stone to going home to live permanently. Although they have verbally said they want to leave, there are still some doubts and worry about what their new life in the new Center will be like. Will they be understood? Will they be accepted? Some are fretting and impatient at the delay they must experience in waiting for their group to be transferred. The waiting is not easy - the worry is upsetting.

The change for some parents also causes concern and worry. They too are torn with doubts. Is it the best for the child and will the child adjust? The parents have grown comfortable and as secure as any parent can be with a retarded child. They recognize the child has made an adjustment of a kind at Caswell. The parents know the staff; they know what to expect and what is expected. The parents must once again adjust to new people, new policies and a new environment. To some parents, however, this is the long waited for change.

Just as the ripples go on endlessly after a pebble is dropped into a pond, so this change goes on endlessly. Not only does it affect the child and his parent but it affects the staff too. The staff has learned to love the child and there is in many cases a strong attachment. The staff also has come to know the parent, to understand his feelings, attitudes and ways. Many people do not like a change in the status quo and this staff is no different. The daily pattern is upset; long established routines must be interrupted and added work is shouldered by some of the personnel already over burdened. As these transfers are taking places, wheels begin to turn in other directions and the movement begins to admit new children to take the place of those who have left. The new cycle of learning about and adopting, adjusting training the new children begins to ascend. This too brings changes for the staff and in turn reaches out to change the lives of many others.

To all concerned, "The old order changeth giving place to new." To some the new is good - to others it is bad but change is necessary. Without it life will die.

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Caswell Center first opened its doors to receive mentally retarded children in 1914. The next issue will commemorate this fifty years of service.

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As of March 31, 1964, Caswell had 1848 in the resident population; 955 males and 893 females. Two hundred and forty-four applications are on the waiting list. One hundred and fourteen are on placement. Five deaths occurred in the last quarter.

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Few have the sense to grieve over their real troubles.

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Do not refuse responsibility and then look for reward.

BASIC SKILLS TRAINING

The following article is written by Mr. Waylon Bissette, director of Training and Education, and Mrs. Doris Smith, instructor, in the trainable school:

In the basic skills training program for the young boys assigned to the colony unit, the objective is to teach the individual how to use the bathroom, wash his hands, brush his teeth, carry his tray, eat with a spoon, to work with the group and how to play as an individual and in a group.

Many of these individuals between the ages of six and eight come to the institution without being taught these very basic skills which are so necessary for living in the home and, also, in the institution. By working with small groups of students, six to eight at a time, the teacher is able to work individually with those who need this service so badly and also the children in small classes are able to participate in group activities.

Teaching basic skills is a very tedious, time consuming program. Communication on the part of the child is so necessary in establishing toilet habits. A student must learn to tell his teacher when he needs to go to the bathroom. Many problems stem from lack of ability on the part of these young residents to talk properly. As a result, many of them learn to tell the teacher and get her attention through a method of pointing. Although these are simple means of communication, they are effective in reaching the over-all objective.

Many of the young trainable residents in the colony unit class are unable to talk. Many of them do utter a few words but mostly they rely upon signs or grunts to signify their needs or wishes. The teacher works with her class in trying to develop speech through individual conversation and group participation. Role playing is a good method to use in teaching the child to speak. Often an individual will suddenly start using a few words after long periods of almost silence. There is no sure method of getting a child to speak; but it seems that a combination of many techniques and by developing a setting free from tension, the child is more likely to begin speaking.

We, as individuals, think in terms of brushing our teeth as being routine and a simple task but yet to the young trainable child this can be a very delicate task which is not easy to learn. It is interesting to note the methods and techniques which are used by the teacher to accomplish this means. When a young child begins to brush his teeth, he is awkward in his motions and he usually attacks this task with vigor. Over a period of time with constant instructions each child learns how to use the toothbrush properly. During the training period, each child brushes often; their teeth really stay clean but this helps to establish habits which we hope will continue.

Possibly one of the hardest tasks in basic skills training is to teach an individual how to eat without spilling something on his clothes or spilling his food before he gets it to his mouth. As any mother can tell you, this training process is by no means easy. The teacher is required to spend many hours with the students in the dining room working with them on basic habits of eating. As you may expect from a child learning to eat, the fingers are the most important tools. The trainable child is certainly no different. It takes many hours of work to teach the child how to carry his tray and how to use the utensils properly. There again, muscular co-ordination plays an important role in the success of this training. The teacher uses the spoon first to establish basic habits of eating. When they learn to use the spoon properly, the next utensil is the fork. Very few lower level trainables learn to use the knife properly because of their poor eye-muscular co-ordination even for simple task like spreading butter on bread.

Their likes and dislikes for certain foods also presents a problem. Although the food service department provides a balanced diet for the residents, some of the children in the colony classes must be taught to eat and like what is being served. There are some who are strictly meat eaters and others who like vegetables only. This is not an adequate diet which must be changed through constant supervision and work from the teacher.

Teaching the trainable how to dress himself is another important aspect of basic skills training. To the individual with poor muscular co-ordination, buttoning a shirt or tying his shoes is not easy. The technique of buttoning each other's clothing and by using large buttons and bigger buttonholes has proven to be a very successful means of teaching these simple but yet hard tasks to the trainable child. Learning to tie shoe laces is accomplished by using large wooden shoes which are made in the shop. The lace is large enough for the child to hold easily in his small hands. By means of trial and error over a long period of time this simple task is learned.

After each child learns how to tie the lace on the big shoe, the next step is to transfer this knowledge to his own shoe. The difficulty in this transfer of knowledge does not come from his lack of ability to perform the task, but from the size of the string and the size of the individual's shoes. It takes much longer for each child to learn to manage and use small items properly.

With patience and understanding from the teacher, you may expect many of the young trainable residents to establish regular toilet habits and proper eating habits after a period of time. During the past two years many of the Caswell residents have established these important habits. After they learn to care for their basic needs, it is easier to provide a more wholesome, worthwhile program to meet their needs.

Visitors

(From page 3)

Four probation officers of The N. C. Department of Probation toured Caswell.

The Lenoir and Green counties home economic teachers met at The Caswell Vocational Rehabilitation Facility in February.

Students in nursing education from East Carolina College toured The Caswell Vocational Rehabilitation Facility.

THIS & THAT

The recreation department initiated an intramural basketball program for the male residents in January. This program was received with enthusiasm and the Tigers and the Hornets as they called themselves have had some spirited fun. Some of the Kinston Grainger High School senior boys took turns serving as volunteer referees. From twelve to fifteen boys participate in these games. Southwood, Contentnea and Wheat Swamp High School have invited some of the residents to attend as guests of these schools' ball games on Tuesday and Friday nights. The boys who are selected to go are those who play on the intramural teams.

Forty-five Caswell residents attended the High Fever Follies entertainment at the Grainger High School. The Medical Auxiliary and the Pink Ladies provided the tickets for this entertainment.

The members of the Caswell Chorus were entertained at a party in the music department. This party was provided through the generosity of Mr. Honeychurch who was the former music instructor at Caswell.

Through the courtesy of The North Carolina Symphony Society forty of the Center's residents attended the N. C. Little Symphony Concert.

In January thirty-one boys had a week-end camping trip at Camp Croatan.

Thirty boys in Cottage 5 attended the Northwest Christian Church on Sunday, February 23. The residents of Tapp 2 dormitory were invited to the Westminster Methodist Church on March 1 and the girls from Cottage 4 worshipped at the Calvary Baptist Chapel on March 15. Chaplain Lawson accompanied these groups.

On February 29 the trainable school chorus and rhythm band appeared on television over station WITN-TV in Washington. In March the Cottage Life department was featured on this same station.

The mobile X-ray units from The North Carolina Department of Health X-rayed residents and personnel.

On Scout Sunday all members of Troop No. 227 at The Center attended the Chapel services. The new Caswell District Scout Executive, Mr. Charles Harvey was invited to attend.

The largest birthday party ever held at The Center was held on Saturday, February 15 in the recreation building. The hosts were Mr. and Mrs. Edward Lee Griggs of Wilson in honor of their son, Franklin. Four houndred boys and girls were invited to attend. A combo orchestra from Wilson played for dancing. A tremendous birthday cake was served.

Several Junior Women's Clubs provided Valentine parties for the residents. The clubs participating were Clinton, Kinston, Rocky Mount and New Bern. The later giving a Valentine dance for 00 residents. The other clubs feted Cottage 6, Wooten A, Pollock A and Johnson 2.

Work was done in the Dawson building by Mr. Mumford and his staff from the carpenter shop to redecorate the building and install clothing storage area for residents.

On February 19 the Ladies Auxiliary to the Veterans of Foreign Wars Post No. 7032 of Greenville sponsored a party for 50 residents. Then on February 22 the Delta Mu Chapter of Beta Sigma Phi held a Washington's birthday party for Cottage 2.

The food classes of The Vocational Rehabilitation Facility planned and prepared refreshments for a Valentine party for all clients in training at the Facility.

On March 20 the Goldsboro Junior Woman's Club provided a party for the thirty boys in Cottage 1. On March 25 the boys in Cottage I were given an Easter party which was sponsored by one of the children's grand parents. On March 26 an Easter party was given by the cottage parents but Mr. and Mrs. J. T. Sutton, Jr. sponsored it. On March 24 the Kinston Junior Woman's Club gave Easter parties in Cottages 2 and 8. On this same date the Rocky Mount Junior Woman's Club gave parties in Cottages 3, 6 and 7 and provided Easter treats for the children in Crippled Children's Hospital 1 and 2.

The stage in the auditorium has been completely renovated and transformed into an attractive altar compatible with the chapel sanctuary. Modern light oak pews were installed in the auditorium several years ago. The recently completed work by the maintenance department, the carpenter shop and the painters has made the chapel a beautiful worship center. The maroon stage curtains were moved to serve as an altar backdrop; addtiional floor space was made possible my elimination of the old stage footlights; light oak stairs with light oak background on either side were constructed and placed permanently in position leading from the sanctuary to the altar. Concealed spot lights highlight the altar table. The entire altar area was painted and harmonizes with the sanctuary decor of old rose. An Easter sunrise service was held in the newly renovated chapel.

Easter week was a busy one for everyone - staff as well as residents. The recreation department provided Easter egg hunts for all living units as well as Cottages 8 and 2. The Rocky Mount Club gave parties in Cottages 3, 6 and 7 and provided several Easter treats for the children in Crippled Children's Hospital 1 and 2. The boys in Cottage one had a party sponsored by one of the children's grandparents. Mr. and Mrs. J. T. Sutton, Jr., also gave a party for this cottage.

A number of staff members attended an Easter program and party in the Byrum 4 living unit under the direction of Mrs. Helen Nunn, a building parent, approximately fifteen boys presented a variety of skits including the Caswell Beatles, The Chug a Lug Choo Choo, Dixie Marchers and The Ring Around Boys. A fitting climax was, The Easter Parade with several of the boys arrayed in crepe paper dresses and hats walking with their escorts. A few other residents were invited to attend. To all refreshments were served.

"The True Meaning of Easter" was the theme of a program presented by several residents of the Johnson 2 living unit on March 26. Several songs were sung including "For God So Loved the World", "The Old Rugged Cross" and a poem on Easter was given by one of the girls. Several boys from Byrum 1, 2 and 4 units escorted girls of Johnson 2 in The Easter Parade. Everyone there joined in to sing "Here Comes Peter Cotton Tail" and then Peter Cotton Tail appeared carrying a large basket filled with Easter goodies which he passed out to all the residents.

Students from The Caswell Center's home economic classes under the direction of Mrs. Alease Rouse and Mrs. Janet Hill were hostesses recently for various social affairs on the campus. Two classes of advanced secondary girls invited several staff members to be their guests for a coffee hour and a tea. Another advanced class prepared and served a luncheon to which they invited four staff members. The girls planned the menu, prepared and served the food. At another time the classes invited their male fellow students and instructors. The Home Economics Department provides classes in home making. Small class situations allow for learning table manners, simple nutrition and learning to work with others.

Visitors to The Caswell Rehabilitation Facility saw an exceptionally fine array of articles completed in the shop for the boys. Jackie displayed a checker board made of cherry and oak. Phil showed a lamp and base which had been turned on the wood lathe and beautifully crafted from the finest walnut wood. Ruben had an excellent exhibition of metal tools which included such items as ball peen hammer, screw drivers and chisels. Gary had an outstanding display of several types of welds demonstrating acetylene and electric welding. Frank proudly displayed a chest with liners. In addition to the above mentioned items, such projects as gun racks, night stands, picture frames, book ends, fruit bowls and end tables were on exhibit.

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PERSONNEL

Dr. Pedro Carreras, a native of Barcelona, Spain, joined The Caswell Center medical staff as psychiatrist. Dr. Carreras obtained his degree from the medical school of the University of Barcelona in 1948. From 1955 to 1958 he was a resident in psychiatry at the Dorothea Dix Hospital. Then he spent two years as a resident and teaching fellow in the Department of Psychiatry of The University of Saskatoon in Saskatchewan, Canada. In 1960 he was appointed director of The Mental Health Clinic in Saskatchewan. He remained there until he came to Caswell.

Dr. Fred Benjamin, a native of Capetown, South Africa began his duties as a staff physician at Caswell on January 1. In 1943 he received his medical degree from the Medical School of The University of Capetown. After several years of military duty he took post graduate medical training at The University of London from 1948 to 1951. While there he became a Fellow of The Royal College of Obstetricians and Gynecologist. Following two years of work in English hospitals, he returned to South Africa as attending physician at Port Elizabeth Hospital and The Groote Schuur Hospital in Capetown. From 1958-1962 Dr. Benjamin served on the staff of the Medical School of The University of Capetown where he taught obstetrics and gynecology. In 1962 he became an assistant professor of obstetrics and gynecology at The Albert Einstein College of Medicine in New York City. In addition he served as an attending physician and educational director of The Lincoln Hospital in the Bronx.

On January 13 Dr. Robert Lassiter Young from Reidsville, N. C. also joined the staff as a physician. He received his medical degree from Duke University in 1961 and then did his internship in the department of internal medicine there. His residency training was taken in pediatrics at The Boylor University of Medicine in Houston, Texas and at The Duke University. Further residency training in infectious diseases and tropical medicine was accomplished at Tulane School of Medicine and The Louisiana State University of Medicine in New Orleans.

Mr. R. L. Denny, director of The Caswell Vocational Rehabilitation Facility, was the principal speaker at the guidance departmental meeting of the annual convention of The N. C. Educationa Association held in Raleigh on March 20 at The Hugh Morson Junior High School. He spoke on "Guidance and The Retarded".

"Understanding The Child With Problems - The Slow Learner" was the subject of a panel discussion presented to the N. C. Education Association in Chocowinity on February 10. The discussants were Mr. Bissette, Mrs. Tabory and Miss Adkins of The Caswell Center Staff and Mr. Heath of Caswell Vocational Rehabilitation Facility.

Mr. Leroy Batts, Jr., principal of the academic school attended the annual meeting of the N. C Mental Health Association in Winston-Salem on March 6-7. He carried with him a display noting the 50th anniversary of Caswell Center.

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Objects and Aims

During the last General Assembly a law was passed to create a State Department of Menta Health. One of the duties of this department is to have jurisdiction over the centers for the mentally retarded. The objects and aims of the centers for the mentally retarded are set forth in the genera statutes chapter 122-691 and are as follows:

1. Provide facilities and programs for those who cannot be contained in the community because of medical or psychosocial reasons;
2. Provide conditions which allow those admitted full development emotionally, physically, and intellectually;
3. Provide medical care, educational opportunities training in social and occupational skills, and opportunities for freedom and happiness to minimize the effects of the mental handicap;
4. Maintain facilities for evaluation and diagnosis for cooperating with other agencies in instructing the public in the care of the mentally handicapped at home, and for aftercare of discharged residents from the centers;
5. Develop a therapeutic residential program tha will be coordinated with an over-all State program;
6. Disseminate knowledge concerning the causation, prevention, nature and treatment of the mentally handicapped;
7. Engage in training and research in the field o the mentally handicapped;
8. Cooperate with all agencies - Federal, State o local in the further attainment of these objects

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

Work

Work is love made visible.
And if you cannot work with love but only with distaste, it is better that you should leave your work and sit at the gate of the temple and take alms of those who work with joy.

For if you bake bread with indifference, you bake a bitter bread that feeds but half man's hunger.

And if you grudge the crushing of the grapes, your grudge distils a poison in the wine.

And if you sing though as angels, and love not the singing, you muffle man's ears to the voices of the day and the voices of the night.

Taken from "The Prophet"

By Kahlil Gibran

July, 1964

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The Caswell News

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Frank Badrock, M.D. .... Superintendent
Mr. S. H. Stroud .... Business Manager

Editor .... Pearl L. Adkins
Circulating Manager .... Sarah E. Claytor
Secretary .... Mrs. Mary E. Collins
Treasurer .... Mrs. Evelyn Wiggins

THE FIFTIETH ANNIVERSARY

As 1964 is the Fiftieth Anniversary of Caswell Center, this issue of Caswell News is devoted to Caswell's history. All information has been gleaned from the past records. This is in no way a complete history. Interesting tidbits of information regarding philosophy, ideas, projects, problems and such have been lifted from context and printed. In many instances the exact quotations have been used: As space in this issue is not sufficient the next issue will also print much of the later years' progress and problems.—Editor.

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A HISTORY OF IDEAS

The following article was compiled and written by Jean Tabory to be recorded on tape for use during the May Day program given at Caswell on May 8, 1964. The nararting voice was that of Chaplain Lawson; the questioning voice was that of Leroy Batts; and the historical voice was that of Jean Tabory.--Editor.

Narrating Voice: Two score and twelve years and two days have passed since the cornerstone of the first building af what is now The Caswell Center was laid about four hundred yards from where you are now sitting.
Questioning Voice: What is The Caswell Center?
Narrating Voice: It is a state institution for the retarded. State institution--that's a bleak cold expression. We want to tell you something of the warmth of the care, and the thought that went into the planning of that care, which has been given to the retarded citizens of North Carolina who have come here. It is about fifty years of service that we want to speak now, remembering that service is the highest ideal, for did not Jesus say to his disciples, "The Son of Man did not come to be served but to serve"?
Questioning Voice: So The Caswell Center has existed for fifty years?
Narrating Voice: Not under that name. When in 1911 the act was passed establishing the school it was called "The North Carolina State School For The Feeble Minded" and that was its name when the first residents came here in June 1914. This name was not liked. In December 1914 the Superintendent suggested,
Historical Voice: That the name of our institution be something more euphonious and not so odious.
Narrating Voice: Various names were suggested from which "The Caswell Training School" was chosen and for over forty years this institution was known by that name. A few years ago the epithet training was omitted and last year 'school' was changed to 'center.' We are now "The Caswell Center."
Questioning Voice: Did you say that the first residents came here in June 1914?
Narrating Voice: That's right. Twelve girls came in June 1914. They had to live in the Superintendent's house because the buildings were not ready. By December 1914 the school had one hundred and twenty-two residents, eight of whom are still with us today, some of them vigorous, all of them content. We think that speaks well of the care provided by our predecessors. In the early days it seems to have been felt that the retarded needed a place to which they could escape from a world not willing to tolerate them. The law said,
Historical Voice: The state shall maintain an institution for the segregation, care, training and education of its mental defectives, as far as their mentality will permit.
Narrating Voice: They wanted to keep them apart for their protection and for the protection of society too. There was talk of --
Historical Voice: The menance of mental deficiency.
Narrating Voice: It is interesting to note that it was in 1914 that the first residents came. That was the year in which an assassin's bullet in far off Sarajevo signalled the end of an age of high hope and seeming security, and the beginning of long years of war, depression, despair, and bitter insecurity. Many have sought refuge in vain since then and it was a refuge that the retarded found here, refuge from a world not yet ready to receive them.
Questioning Voice: Do you now try to return the retarded to the community?

Narrating Voice: We certainly do. Since July 1960 we have had a Vocational Rehabilitation Facility here on the campus to which we refer all residents who have completed our school program and who have the ability ao profit from the training offered there.

Questioning Voice: Can we say then that in 1914 Caswell was a refuge and in 1964 it is a launching pad?

Narrating Voice: Well that's one way of putting it.

We think that mental retardation is a community problem. Not all the mentally retarded can come here, or ought to come. A retarded person must present medical or psychosocial problems before he can be admitted to Caswell.

Questioning Voice: And is this idea of returning the retarded to the community something very modern?

Narrating Voice: By no means. Long ago there was a system of parole. In 1926 the Superintendent said,

Historical Voice: We try to make them as efficient as possible through the various lines of training. When it becomes possible for inmates to be paroled or discharged they will be more or less self supporting, but of course they will always have to be supervised at all times.

Narrating Voice: In 1928 the school principal, a psychologist, reported,

Historical Voice: In all cases of borderline mentality we would like to see the boys and girls paroled as soon as possible after their essential training here has been completed. Several such pupils left the institution during the past year and appear to be making good.

Narrating Voice: In 1942 the Supeintendent said,

Historical Voice: We work hard to parole and discharge every child that can be turned back on society.

Narrating Voice: Always the possibility of parole was in the minds of the workers here but they were keenly aware of the difficulties involved. They wanted what was best for each child. They knew that many needed a refuge.

Questioning Voice: And what did they think was best for each child fifty years ago? When the mentally handicapped came here what was done for them?

Narrating Voice: The surprising thing is that much the same was done then as now. Not on the same large scale of course, for they did not have the equipment we have but they did have the ideas. They lacked funds.

Historical Voice: 1917. Superintendent speaking, "The legislature failed to make an appropriation sufficient for the maintenance of the school as established by us. To live within the appropriation we have been compelled to curtail in many directions." 1934 Superintendent speaking, "To clothe, feed, house, teach and give medical and hospital attention for forty-six cents per day per child is entirely too low and we are ashamed of it."

Narating Voice: Over and over again we find the same sad phrase,

Historical Voice: Due to lack of funds.

Narrating Voice: Our predecessors lacked money but they certainly did not lack vision.

Questioning Voice: Surely they must have believed in educating the retarded in the past when they called the institution a school.

Narrating Voice: Indeed they did. In 1914 the Superintendent said,

Historical Voice: The object of our school department is to train whatever is trainable in the child.

Narrating Voice: In 1914 they used a combination of the word and the phonic method to teach reading. We still believe in a mixed method today. They had home economics and music right from the start. In 1916 the superintendent affirmed,

Historical Voice: The aim of the school is to train all who may in any way improve. No one method is used but each teacher tries the ones most suited to her class.

Narrating Voice: In 1942, the principal stated,

Historical Voice: The retarded child stays at one reading level so long that the supply of book material within his capacity and suited to his age is limited. To augment this the teacher must develop much of her own material.

Narrating Voice: This is still true today twenty-two years later.

Questioning Voice: Did they try to train the severe retarded back in the old days, or is that a modern idea?

Historical Voice: 1914 Superintendent speaking. "The ones who can't talk and the very simple minded are in a class to themselves called the outdoor class."

Narrating Voice: There were two outdoor classes in the care of the matrons supervised by the principal. They were taught such simple activities as tying and buttoning their shoes, and they had special models to practice on.

Historical Voice: 1928 School Principal speaking, "Twenty-three idiot girls advanced sufficiently in their training to be able to take part in the general field day exercises.

This marks a milestone in the progress of training within our institution. A group of embecile girls is now being instructed in simple kitchen and household tasks."

Narrating Voice: We don't call them idiots or imbecile any more of course, but just as much was done for them long ago.

Questioning Voice: You mentioned music didn't you?

Narrating Voice: In 1915 the Superintendent reported that all children were taught to sing in concert, five girls took piano lessons, seven took vocal lessons, and thirteen took special chorus work.

Historical Voice: 1916 Superintendent speaking, "The Board was invited to the Chapel to an entertainment given by the chorus." 1932 Superintendent speaking, "I cannot speak in too high terms of what music may mean to an institution for mental defectives." 1932 School Principal Speaking, "This year we were able to combine the boys harmonica band with the girls harmonica band and also the boys and girls glee clubs." 1934 Principal speaking, "The rhythm band has been greatly enjoyed by the imbecile group."

Narrating Voice: In 1940 the Glee Club provided a program of songs and dances in the Woman's Club House in Richlands.

Historical Voice: The ladies were interested in the work done in all departments of Caswell Training School and some were surprised that Caswell is a training school in deed as well as in name.

Questioning Voice: What about recreation?

Narrating Voice: Our predecessors did not neglect this. In 1919 they had an entertainment fund of $1044.15, $794.95 of which had been donated. The rest came from the sale of fancy work. In 1924 the superintendent reported,

Historical Voice: We have bought a radio outfit with money from our entertainment fund and are negotiating the purchase of a moving picture machine.

Narrating Voice: In the nineteen twenties the residents marched cheerfully down the railway line to the Ten County Fair every year. In 1927 they must have marched home fully satisfied for,

Historical Voice: As a result of their training in art and crafts classes our pupils carried away twenty-two first prizes and thirteen second prizes in competition with normal children and adults.

Narrating Voice: In 1928 the principal said,

Historical Voice: We are very proud of the fifteen boys and girls, who have passed the first Athletic badge test--climbing, running, jumping and throwing--for normal boys and girls as set by The Playground and Recreation Association of America.

Narrating Voice: This was stated in 1942.

Historical Voice: We see to it that they have a good moving picture once a week in the auditorium, and quite often the moving picture theaters of the city invite them. Of course we always accept.

Narrating Voice: In 1932 a group of advanced boys was organized as a Boy Scout Troop. The present troop was founded in 1955. A certain June day in 1936 must have been a memorable one at Caswell for,

Historical Voice: Thirty-two girls and boys went by school bus to Swansboro, Morehead City, Beaufort and Atlantic Beach. The ocean was something new to all except, probably two.

Narrating Voice: In the evenings of the late 1930's the children played games under pine trees festooned with fairy lights.

Questioning Voice: What other excellent ideas did the former workers have?

Narrating Voice: They believed in education; Educating the public, Educating students training for professional careers, educating teachers, educating employees here at Caswell. One of the aims of the institution was to disseminate knowledge concerning the extent and menance of mental deficiency. To further this aim the Superintendent accompanied by a clergyman, a doctor, and a politician held a two day educational conference with the North Carolina Teachers Association at Chapel Hill and Greensboro in 1916. In the principal's report for 1932 we read.

Historical Voice: There was a summer school for special class teachers at Caswell Training School. The psychologist and school principal was the director.

Narrating Voice: During March and April of 1941 a ten hour elementary course in mental deficiency was given to fifty-two matrons and attendants. In 1942 three demonstration clinics were conducted for university students. From time to time in reports we meet references to a library. The first of these is in the 1914 report.

Historical Voice: We suggest that the Supeintendent should be authorized to procure a library of literature on feeblemindedness for the institution.

Narrating Voice: In 1941 an appeal for donations to the library fund to buy books for residents was made in the Caswell News. The Caswell News, by the way, first appeared in March 1936, one of its aims being to circulate news of school activities and the other to promote self-expression and interest among those on the campus.

Questioning Voice: It seems that everything was thought of quite a while ago.

Narrating Voice: Down to the paved sidewalk leading to the highway. The superintendent asked for that in 1919. We got it in 1964. They were interested in a balanced diet a way back in 1925. The lady employed as dietitian for state institutions then remarked,

Historical Voice: We hear so much about the right way to raise hogs and cattle but so little about how to rear human beings.

Narrating Voice: In December 1936 the Superintendent wrote in The Caswell News.

Historical Voice: By a greater Caswell Training School we do not mean a larger Caswell Training School because our school of eight hundred and fifty children will be a unit large enough to do good work. What we really mean by a greater Caswell Training School is a school better equipped to do better work than we are doing. I would recommend that further expansion be provided by the establishment of another school for retarded children in the western part of the state.

Narrating Voice: Very large institutions are not favored today and The Western Carolina Center for the retarded was opened in Morgantown last year.

Questioning Voice: What other modern ideas did they have?

Narrating Voice: Right from the start they were interested in mental health as it affected the community. In the report of 1917 the Superintendent suggested that,

Historical Voice: A psychological clinic be established where all criminal defectives may be sent for study and observation.

Narrating Voice: In the report of 1920 we read,

Historical Voice: The real opportunity for constructive work is in the community where a knowledge of the principals of mental hygiene can be spread abroad through the education of the public en masse, and through individual contact, so that, among other things, mental conflicts and social maladjustments may be recognized and treated before they cause anti-social conduct and mental abnormalities.

Narrating Voice: In October 1936 we read in the Caswell News,

Historical Voice: We are eager to see a mental hygiene society in every county.

Questioning Voice: Fifty years service dedicated to the retarded. Perhaps we ought to say fifty years of enlightened service.

Narrating Voice: I would like to say something more about service. We have said that service is the highest ideal and throughout the years our residents have been given the opportunity to attain it. Speaking of them in 1914 the Superintendent said,

Historical Voice: They assist in the dining room, kitchen, and laundry. Some of the boys help on the farm. Some cut wood and a few assist in the dormitory.

Narrating Voice - In 1941 the psychologist wrote.

Historical Voice: Broad acres must be tilled. Every oy in the field is made to feel he is helping to eed almost a thousand for the coming winter. roudly one of the girls said to me, "I have been naking play suits for the little children".

Jarrating Voice: In 1943 the Superintendent peaks of the fact that some money was donated o the red cross by the residents remarking,

Iistorical Voice: The giving was initiated by a few irls, and the plan was conducted by them without he aid of adult hands.

Juestioning Voice: So together the workers and esidents have served for fifty years.

Jarrating Voice: They have tried so to do. Before oncluding I want to say something of the dediation of the employees. Dedication is word we end to use rather lightly now-a-days, but these arly workers here were truly dedicated. In the eginning the plumbing system didn't work properly because the sewage pipes sank in quick sand. They did not have sufficient water.

Iistorical Voice: 1917. Two teams kept hauling vater as the wells gave out.

Jarrating Voice: In that war year they were short f labor.

Iistorical Voice: Superintendent, steward, and aculty have had to put their hands to the plow. Our steward, stenographer and faculty did all the anning, our teachers and matrons hoed and picked he cotton, and assisted in harvesting and prearing our tobacco for the market, and one of our ssistant matrons has fired the boiler for the itchen and laundry as well as run the laundry nachine.

Jarrating Voice: Nobody had an eight hour day hen. In December 1918 the girls dormitory was urned down and in January 1919 the same hapened to the building for the severely retarded. At the same time there was an epidemic of influnza. The work went on.

Iistorical Voice: 1919 Superintendent. "Many emloyees have given up their rooms and crowded hemselves together in the rooms so as to give leeping quarters for the children."

Jarrating Voice: This spirit lasted through years.

Iistorical Voice: 1936 Superintendent speaking, 'There is no greater work a person can be engaged n than helping to build a life plus, especially out f material that other builders have rejected."

Jarrating Voice: We are reaping now what others have sown and we are grateful to the sowers isten:

Iistorical Voice: 1938 Director of Cottage Life peaking. "We think we are doing a great work. Now don't get the idea we have reached Utopia for ve at Caswell realize that we have made only a mall beginning of the vast undertakings ahead of s, and the future generations in this world. But ve hope we have established the fact that our hildren can be trained and are being trained and hat others will go on where we left off."

Jarrating Voice: Today we honor and remember hose who made so worthy a beginning. We are roud to try to follow in their footsteps. We too ealize that vast undertakings lie ahead and our ood wishes go out to the future generations who nust carry on where we leave off.

Caswell - Past and Future

The following tribute and challenge appeared in the October, 1954 issue of Caswell News. It was written by Dr. Julian L. Lokey who was acting superintendent at the time. It is being reprinted (in part) as it has as much meaning today as it did in 1954. Editor

"Today we review the history of the Caswell Training School with abundant pride. Since the initiation of our institution in 1911, there has been steady and forward growth, the like of which very few states can equal and none can surpass. Much credit is due the persons who pioneered the ground work in the early development. The principles of which they dreamed and for which they firmly stood and fought continue to permeate every corner of our organization at the present. We are proud indeed to have had men of foresight and determination through the years to establish and advance the program of which we are today a part. To those persons in the beginning years of Caswell and to the many outstanding ones through the years may we pay tribute. And, may we express hope that we of the present might be able to continue to develope in the future our institution in a manner which could be pleasing and gratifying to the founders. To each persons through the years past who has contributed tirelessly in labor and thought to the cause of the handicapped child may we express our thanks and offer our admiration. Each of us who is a part of Caswell Training School is truly proud of our heritage in this great institution, and we shall attempt to be worthy of the honor in being selected to uphold and carry forward the purpose for which it stands. May we further say that we are thoroughly aware of our duties and obligations to the people of the state and to the mentally retarded; we intend to do our part.

The advance of Caswell in the last decade has been truly outstanding. Our task to continue that progress will not be easy...... We are working together as a team with a common goal, which is to serve the children of Caswell in the most efficient and effective manner possible. Each of us realizes and accepts the challenge which will be met. May I urge every one in the future to survey the entire program and evaluate the good in relation to our deficiences before we adversely criticize or become discouraged. My firm feeling is that the good will far outweighs the errors and deficiencies. Our organization consists of human beings, each of whom is subject to error as such; therefore, we may expect faults and weaknesses. The aim will be to remain mindful of our deficiencies; admit them when they are detected; then set forth to eliminate or strengthen them. With such a policy we cannot fail, and will continue to grow in a way consistent with the development of the past......"

IN RESTROSPECT

All the following information was through the research Charity Holland did for a display used at Open House commemorating Caswell's 50 years of service. Most of the following is actually the quotations taken from the minutes and superintendents' reports. As space will not allow for the completion of this, there will be a continuation in the October issue. — Editor

1910-1911 Caswell began on a bond issue of $60,000 on a site provided west of Kinston. In 1911 Governor W. M. Kitchin appointed a Board of Directors to study the need and location for an institution like Caswell. From the beginning of the school until 1943, the institution's policies were directed by a Board of nine members. In July 1943 Casewell came under the Board of 15 members appointed by the Governor.

The first three buildings were a central building a girl's dormitory and a boy's dormitory. Forty thousand dollars to be expended on these buildings.

The Norfolk Southern Railroad constructed and donated to the institution 3,000 feet of railway sidetrack.

A quote from the minutes of the Trustees 10-20-1911 "It was train time and we had to adjourn in order that members could take the train".

The farm house on the Fields' farm became the second superintendent's home. Out of an old tobacco barn was created a "Temporary general office, room for bookkeeping, accounting and correspondence departments and quarters for board meetings and superintendent's office."

"It (the laundry) is to be built of brick with slate roof. . .will cost the sum of five thousand five hundred ($5,500) . . . The machinery will cost . . . . $3,400. . .on account of the operatives . . . . being mostly feebleminded female inmates, and therefore more likely than men to become entangled in the machinery . . . . .

"Kinston, Washington and Lillington offered locations and Lenoir County was selected as 807 acres of land were offered by the people. Kinston also offered free electricity and water for 5 years. The offer of water was refused because the cost to run a large main from Kinston to the institution.

Dr. Ira Hardy was primarily responsible for the establishment of the school. His salary was $1,500.00 per year plus living quarters and travel.

1912 ". . . . .moved, seconded and carried. . . . . to construct telephone and electric light lines connecting Kinston with our property."

The biennial report 4/1911 to 12/1912 reports that "three contractors submitted bids . . . . . for the errection of the central building which will be used for sleeping quarters for the **teachers, etc.,** and our present dining room".

"Thanking the Ladies of Kinston for shrubbery, etc., donated the institution."

1914 The first resident at Caswell was a Lois Hunter who was 18 and came from Wake County. She arrived ahead of the opening ceremonies and stayed at the home of the first superintendent, Dr. Hardy. Lois died in 1948.

1915 In 1915 Dr. McNairy recommended to the General Assembly that the name be changed from the N. C. School for the Feebleminded to Caswell Training School.

1916 "We rented the Sutton farm to Mr. Young for $175.00, built the addition to the tenant house at a cost of $140.00 and rented part of the land known as the Southeast place for $90.00".

"We made exhibits at the following fairs, Rocky Mount, Greensboro, Tarboro, Raleigh, Charlotte and Kinston and we believe these exhibits were both time and money well spent".

"As instructed, your superintendent notified the chairman of the County Commissioners of the different counties from which the children have been received, that they were expected to furnish clothing as required by law for the children from their county"

"It was ordered that a vote of thanks be sent to the city of Kinston for its consideration in extending the limit of free lighting of the institution 25 months from Oct. 1, 1916".

1917 "We have endeavored to take all orphan children, all those who are confined in alms houses and jails, and all who were willing to pay anything toward the maintenance. No one has paid over $15.00 per month. Our estimate cost has been $18.00."

"We have been severely criticized for asking the people to comply with law (requiring institution to collect from persons who have the ability to pay). Thirty five pupils have returned home since March 1st. Seventeen have agreed to pay a total of $108.75 per month for maintenance. Our present enrollment is 150".

"As instructed at the May meeting the parents and guardians of girls under the age of 10 and all boys who so desired were permitted to take said children home during the vacation period from June 1 to September 1. On this proposition 33 went home and 17 returned, 7 have been dismissed, 3 died, we have received 56 making our present enrollment 188." (Dec. 1917)

". . . . . While we had asked for $75,000 for maintenance, we received only $45,000 . . . . . only five thousand more than we had for the year 1916 and our enrollment is now 33 more than our daily average the past year . . . . . it will be necessary for us to curtail all expenses possible and reduce the length of school term."

During 1917 there were 56 admitted; 3 deaths; 46 discharges - 188 on enrollment.

In grammar grades 30; primary 39; kindergarten 34; Total 103. Industrial work 95 - Teaching staff had to be reduced to two teachers.

"There can be no more admitted to the institution for two years, unless there is a vacancy created by parents who are able and refuse to pay, preferring to take their children home or as the Board may see fit to dismiss or discharge."

"Articles made in the sewing room during 1917: 332 dresses, 145 gowns, 137 slips, 239 drawers, 27 rompers, 44 blouse suits, 5 boys suits, 42 waists, 5 skirts, 6 shirts ,2 barber aprons, 30 napkins, 141 quilts, 19 comforts, 26 mattresses - garments mended 11,960."

Financial statement excerpts from December 1, 917 to November 30, 1918 executive salaries - $5,018.67, school department salaries - $1,467.04; farm, dairy wages and salaries - $2,963.18; general support (salaries and wages) $8,055.83 - provisions $9,708.72.

"Basing the per capita cost for the remaining nine months ..... reveals a deficit of $3,000.00.... and in order to meet the expenses ..... it was ordered to select enough of the smaller boys and girls under ten years of age and send home to make room for such others as would pay the total maintenance."

"The Executive Comm. and Superintendent were requested to examine the records of the pupils here and select there from a list not to exceed one third of the present student body to be granted permission to withdraw from the institution and notify the parents or that list."

1918 "Your superintendent, steward and faculty have had to "put their hands to the plow" and make things go. Our head matron took charge of the kitchen for months as an extra duty; our steward, stenographer and faculty did all the canning, our teachers and matrons hoed and pick the cotton, and assisted in harvesting and preparing our tobacco for the market; and one of our assistant matrons has fired the boiler for the kitchen and laundry as well as run our laundry machinery ..... of course the regular school work was of necessity greatly curtailed."

"..... a committee be appointed to formulate what the policy of the Board of Directors of this institution should be, and to estimate definitely in itemized form a budget of expense for carrying out that policy ..... the employment of a physician, of a farmer, and of adequate force....."

"On December 8, 1918 fire destroyed girls' Building No. I which not only served as dormitory for all the high grade girls but contained also the only school room for girls and the room in the institution that could be used as assembly room or chapel."

1919 "On January 7 at about 6:30 P.M. the alarm was again given and in a few hours the low grade dormitory which housed the helpless idiots, the imbeciles, as well as the high grade morons which had been placed there since the first fire, the sewing rooms and the hospital was a complete wreck".

"The state should immediately make provision for sufficient buildings, equipment and maintenance for at least four hundred inmates on the present site of the institution ...... some reasonable appropriation should be made to care for a limited number of colored"

"We are operating the institution under very much the same conditions that has existed since the fires of December and January last. Many of the employees have given up their rooms and crowded themselves together in other rooms so as to give sleeping quarters for the children. Rooms formerly occupied by 2 teachers are now used for 3 girls.

"To erect at once, irrespective of cost such buildings as would be necessary to take care of the dangerous incorrigibles ..... they were further instructed to erect tenant houses ..... to relieve the crowded condition of the pupils and to accomodate the staff. The superintendent to send pupils home as advisable".

In 1919 $300,000 was appropriated by the legislature to replace the buildings that had been destroyed by fire and to increase the size of the school.

"As soon as arrangements could be made after the fires, we sent 53 children home and 44 to the State Hospital at Raleigh. Of these sent to Raleigh 4 have died and three have escaped. Four of the number at this institution have died and 3 have escaped. We now have 106."

"Dr. McNairy and Executive Committee were instructed to secure the services of an expert on feeblemindedness and institutional construction, and determine what shall be the policy and future plans of the institution in regard to buildings, locations etc".

"That we ask the special session to give us the sum of $25,000.00 to grade the avenue leading from the front of the buildings to the central highway, and build a road and sidewalks of concrete and asphalt to connect with said highway".

"I herewith submit the steward's report, which, I am sorry to say, shows a deficit, which I think will need no explanation when all facts are considered ..... We have through the courtesy of Dr. W. W. Faison and the Executive Comm. of the Eastern Hospital, Goldsboro, made arrangements for a few laborers whom we hope will assist us quite a little with our farm work the coming year".

"We are sorry to add that the appropriation committee did not see its way clear to make the full appropriation as suggested by the Legislative committee, giving only $50,000 for maintenance for 1919, $75,000.00 for maintenance for 1920 and $300,000.00 for the biennial period for permanent improvements".

"That section 6, Chapter 193 of the Public Laws of 1916, beginning with the words, "that no patient" and all the remaining part of said section relating to the payments of parents and guardians be repealed, and the pupils of this institution be placed on an equal basis with the deaf, the dumb and the blind".

Recommendations adopted at meeting of the Board of Trustees of Caswell Training School on January 10, 1919. "That a law be enacted forbidding the marriage of any insane or feebleminded person ..... under any circumstances".

Excerpts from financial statement 11/29/1919 - Ready made clothing $255.49; shoes and hose $655.49; dry goods $682.26; notions $82.67; leather and shoe findings $67.39.

1920 "Reports have been filed by four county superintendents giving the names of one hundred and fifty-five feebleminded children of school age in these counties or an average of thirty-eight to the county. These reports have been furnished by the county school teachers, many of whom whould classify as feebleminded only those of marked mental defects".

"I suggest that authority be given ..... to empower the superintendent in accordance with the rules ..... of state Board of Mental Hygiene to asexualize or sterilize such inmates as have reached the limit of their mental development and for the present to place the same out on probation."

"Our list of applications and requests is constantly growing. We have no hope of relief for another year. We have 143 applications on file and have had reported from 23 counties 569 children for whom application would be made could we hold out any ray of hope that they might be admitted soon".

"The Board unanimously adopted a motion to increase the salaries of each of the superintendents of the institution to $4000.00 a year".

"We fully realizing the necessity for and assured of its justice, would like to emphasize that at least $40,000.00 be appropriated as a nucleus for the establishment of an institution for the colored mental defectives......"

"On the suggestion of Supt. McNairy, the Board ordered that one of the new buildings at the Caswell Training School be named for Robert E. Austin and another building for Emmet Wooten and Col. W. D. Pollock - Wooten - Pollock Building and Austin Building."

"We have been able to construct six new cottages for our help and build additions to another and have erected a cattle and feed barn, two stories 40 x 90 ft. We have plans and materials for the construction of an addition to our dairy barn and for a hog house".

"Excerpt from entertainment funds - amount reported November 30th - $1,044.15; receipts to April 1st $147.64 - Total in bank $1,191.80. "All gifts and donations, unless the giver requests it to be used some other way, are credited to this fund, as is also all receipts from the sale of crochet, tattling, etc......."

1921 "We would like to suggest that the time of the meeting of the Board be changed to the last Friday in June of each year for the annual meeting. This is as you know just previous to the closing of the official year at which time .... the school holds its annual day exercises.

"The building program is moving on rapidly; having contracted .... for construction of dining room, addition to refrigerating plant, school, low grade boys building, addition to dining room and meat house. They have promised to complete these buildings by January 1st."

1922 "A systematized psychological study of the inmates has been commenced with the view to the classification and a determination of their best method for their treatment and training"

"We now have 3 horses, 17 mules, 52 goats, 15 brood sows, 72 barrows and gilts, 82 small pigs, 7 large barrow and 1 service boar" (farmer's annual report)

"A chemical and biological laboratory was opened about May 20, 1922 in addition to routine examinations. We expect to do research work in blood chemistry and Basal Metabolism......"

"Industrial Training occupies the height of our education program. The first object of all care and training is to make the children happy. Then it is our purpose to use what mentality they have along industrial lines so as to contribute their mite towards ...... society."

"We will not as yet be equipped .... to take more children than we had when the fires occurred three years since, Dec. 1918 .... It is imperative that we have the kitchen enlarged and new equipment and some additional storage space; and v will of a necessity have to make some changes our laundry equipment".

Total enrolment 1922 - 287. Since the institu tion opened July 1, 1914 there have been 454 a missions.

"The Christmas season .... has been the be in the history of the institution. The Presbyteria and Methodist Sunday Schools of our city prese ted their Christmas programs in our Chapel f our children .... Our city theatre put on a speci program Monday after Christmas and opened h doors to our institution".

"In view of the many urgent appeals and th number of applications that we have on file, w think it would be advisable for the state to provid at this time for the completion of our unit whic will accomodate one thousand...."

"We suggest that section 2, Chapter 266, publ laws of 1915 be repealed and the following be sub stituted therefore: There shall be received in th Caswell Training school ..... persons of any ag .... All applications for admissions must be ap proved by the local county welfare officer ....

"We now occupy three new dormitories, a ne power house, a new school building and dinin room combined and a meat house. All of fi proof construction. A complete modern kitche will be completed in a few weeks."

"I would suggest that the Board make som provision to carry on to a limited extent, at leas a publicity program during the months of November and December, it having been suggested t me by members of the Rotary and Kiwanis club that they might assist us in this program".

"The Southern Ferro Concrete Company hav the rick, tile and cement work done, the windo sash and frames in and the roof on all of thei buildings, and one building stuccoed .... I presum they will be finished at no later date than Marc first. This will give us a large central dining roon a chapel, six school rooms and dining room fo staff".

1923 "The law was changed in regard to th age limit for the admission of pupils. The chang asked in regard to the age limit for the admissio of pupils. The change asked in regard to the steri lization law was passed by the Senate but killed b the house".

"We will not be able to take any more pupil before July 1924, save as a vacancy occurs, as i will take at least $33,000.00 for debts, leaving u only $113,000.00 to meet all expenses. This deb has caused ..... much worry and put us in a embarrassing position often."

"The harvesting of the farm products has bee a sad dissappointment after the continued rain of the summer. However, we harvested 825 bushel of corn, 72 bushels of Irish Potatoes, 2153 bushel of sweet potatoes, 375 bushels turnips, 65 tons ha and filled one silo - 100 tons."

"Our contractor is patiently drilling away. H is now somewhere in the neighborhood of fourtee hundred feet, driving through a rock which h hopes to penetrate in the near future and be rewarded by a gusher. Our water supply has bee most fearful ....."

(Continued in next issue)

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

CREDO

"We believe in respect for personality; we believe that each individual is a person who has rights; we believe that his rights are not only those of clothing, shelter, sunshine, warm baths and nourishing meals, but we believe that he has a right to feel secure, to be contented and happy, and to develop according to his capacity, no matter how great nor how little that may be, nor at what level. In recognizing even the very little strivings of the spirit, we remember One of whom it was said, "A bruised reed he shall not break, and smoking flax he shall not quench."

Taken from CASWELL NEWS
of March, 1953

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The Caswell News

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Treasurer .... Mrs. Evelyn Wiggins

Fifty Years

Fifty years of service! For fifty years Caswell has been serving the State of North Carolina as a center for the mentally retarded and the mentally deficient. This service has not only been limited to the individual who entered its door but it has been a service to the families, to the friends, and to the communities wherever Caswell's long reach has extended - from the eastern-most tip on the Outer Banks to the western-most boundary of North Carolina.

Has the service been good or bad? But how does one measure this service? Is it measured by the growth in acreage and buildings; the number and type of programs it offers, by the number of trained or untrained people on the staff; the success or failure of those who left Caswell to take their place in society; the happiness or unhappiness of those who live out their lives at Caswell; or, is it measured by the service it gives to the parents and relatives of those admitted to Caswell in the easing of tensions and burdens, or the assistance in various forms to the communities? The service Caswell offers encompasses all these factors and many more. When one tries to weigh this type of service, there is no scale by which a valid answer can be ascertained.

As one scans and peruses the written records of the bygone years and listens to the stories of those who are and have been part of the past, certain factors do emerge. One cannot help but feel and be conscious that all through the fifty years of existence those entrusted to the care of the residents had a deep compassion and concern for the residents' well-being. There are numerous references to the generosity in giving of time, effort and in many cases money so that the boys and girls might have the little extras which could not be wrung or squeezed from the tight-fisted budgets which hung over Caswell. Many an employee went the "second mile". In 1940 the superintendent reported: "To me the employees here at Caswell should be placed among the mighty throng of unsung heroes and heroines. Day in and day out . . . . I see acts of kindness, thoughtfulness and patience." Caswell would be amiss if it did not in some way note the courage, the spirit, and the humaneness of those who labored so hard oftentimes under the heavy and dark clouds of two world wars and the long depression years.

Another factor which boldly stands out in print but has not been grasped by many is that during the past fifty years many of the present-day ideas and programs were conceived and born only to wither and die due to lack of funds. This was forcefully and succinctly stated in Mrs. Taborys' article, "A History of Ideas", in the July issue of Caswell News. Many suggestions fell on the hard soil of man's indifference and ignorance, but today these same ideas are coming to fruition in all corners of North Carolina. Again Caswell should pause in all humility for the visions, the dreams, and the ideas of those who went before.

The third factor is a most obvious one in one way. As one views the campus especially as the day slowly slips into night or in the early morning when the dew is still heavy on the grass or after a rain as the raindrops turn to diamonds in the sun's reflection on the lawns, one feels a quiet beauty and realizes the labors of man, through the years have been long and hard. One must turn back the fifty years when there was no grass, no pecan trees, no flowers, no shrubs, no buildings, no covered walk-ways, but only an expanse of 800 acres of ploughed farmland to realize how Caswell has grown; from a $60,000 bond issue which was authorized in order to begin the work of establishing an institution to a $12,000,000 investment; from a resident population of 122 at the end of 1914 to 1795 (121 more are on vacation or placement); from 3 buildings to 225. Physical growth in man is easy to measure and so is the physical growth at Caswell easy to measure, but what about the inner growth which nourishes the mind and soul. These are intangibles which are not so easy to measure. How does one judge? All one can say as one reads the history, one again feels and sees a conscientious effort of many sincere and concerned people to offer the residents an expanding program of enrichment. One must pause and ask a searching question. Is the Caswell resident today a happier, a more satisfied, a more contented, and a better integrated human being than the resident in the twenties, the thirties, the forties? Has Caswell really advanced and grown in the nourishing of the mind and body as much as it really would

GROWTH

The following articles in no way depict in detail the full history and development of any department at Caswell, but the writer has only tried to portray some of the expansion and some of the high spots. Also, it must be noted that the growth as described is more the growth of the physical aspect than the overall philosophy. Also due to lack of space little or nothing is shown regarding the departments which come under the business manager, such as the dietary services, the housekeeping, farm, plant, etc. The information regarding early history as used came from the research Mrs. Jean Tabory and Miss Charity Holland did for the May Open House program. The rest the editor gleaned from other various records and resources.

Editor

* * *

Education and Training

The law as written fifty years ago specified that the institution was to train and educate the "feebleminded" who were admitted. Education and training were the prime motivators from the day the institution opened its doors to its first resident in 1914. No one after reading the early history can honestly say that the first superintendent and the staff did not sincerely try to carry out the mandate of the law. Again, the writer calls attention to Mrs. Tabory's article, "A History of Ideas". The academic school has always been in existence. In 1914 the superintendent remarked: "The object of our school department is to train whatever is trainable in the child." At that time there were four regular teachers - "three literary and one music". In 1917 due to lack of funds the teachers had to be reduced to two. In 1915 girls were taught to sing in concert; five girls took piano lessons; seven took vocal lessons and thirteen special chorus work. In 1922 the superintendent reported "that industrial training occupies the height of our education program. The first object of all care and training is to make the children happy Then it's our purpose to use what mentality they have along industrial lines so as to contribute their might towards . . . . society". In 1924 the superintendent reported that the academic work "will be planned to approximate the first four or five grades of public school work. Each child will be given both academic and handwork and as soon as possible physical training." The schoolrooms "were equipped with modern furniture". There were four teachers "with a couple of assistant matrons helping in the arts and crafts departments". In 1932 the school principal writes about the work with the harmonica band, girls' glee club; and in 1934 the principal praises the rhythm band.

In 1919 the superintendent speaks of the new school which was not, to this writer's knowledge, a separate building but part of another structure. In 1936 a new school building was dedicated. The Caswell News reported: "The structure with a beautiful auditorium and six classrooms will fill a long felt need. The craftroom will be in the school building . . . . the domestic science department . . . . is soon to have a sewing machine, an electric iron, an electric refrigerator, a new stove and sufficient cooking utensils and china to teach cooking and housework . . . . the music department is rejoicing over a new piano and new steel chairs."

During these years the school had kindergarten, primary, intermediate classes, plus craft, music, domestic, and science departments. The superintendent reported in 1936 "classes have been organized to meet the needs of the majority. Some children attend only one hour a day, others for full sessions. Some go for music only, some for music and craft and others for additional academic work." There was some vocational training in the school department on a small scale but there were plans to extend this. The superintendent felt the purpose of the institution was to give care, teach morals, manners and give vocational training. In March, 1938 the superintendent writes: "our taking a child depends on the child's needs. We prefer those from 9-12 as we can teach them more and do not have so much 'unteaching' to do." The same year showed an increasing emphasis on a "special crafts department" for the boys. Reading, writing, social adjustment and training for jobs were the school's purpose.

In the early fifties professionals in mental deficiency from other states were invited to visit Caswell, make a survey and then recommendations. This report must have led Governor Scott in May, 1952 to state that Caswell "was not fulfilling its function as a training center for the mentally deficient but the school has become a detention home". At Caswell the report of this committee of experts and its stinging criticism was not too well received as some felt the investigators were not too thorough and accepted statements on face value without actually checking as to their veracity.

In 1953 there were eleven teachers and they served in the kindergarten level, beginners in reading, preprimary, primary, intermediate, advanced, household arts, crafts, and music. All pupils spent three hours daily in the school. The rest of the day most of the students had assigned jobs.

In 1955 the first director of Training and Education was appointed and the central training office at that time incorporated the academic school, vocational training, recreation, physical education, occupational therapy department, and religious education. As the educational program expanded, the school building began "bursting at its seams" and the only place available for the overflow was over the cafeterias. This was condemned as a fire trap. Finally after much plead-

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like to think it has? Has Caswell's expanding growth in population, in buildings, in personnel been for the best interest of those whom it tries to serve?

What will the next fifty years bring?

Editor

ing and exhorting the legislature opened its purse and a new school building was erected. At this same time the rehabilitation program was being created and this department needed a building. Much to the dismay and disappointment of some, half the school building was turned over to the Rehabilitation Center. This meant the home economics and industrial arts departments did not see their dreams realized and these departments remained in their old inadequate quarters where they exist today.

During these years the programs for the educable and trainable child were revamped. Today each has its own program. The old occupational therapy department with its emphasis on crafts gave way to what was then called the basic training and today the trainable school with little or no crafts taught. The program for the educable child has greatly expanded.

In 1961 the Rehabilitation Center was in full operation. Originally this was operated under joint sponsorship of the Hospital Board of Control and the Vocational Rehabilitation Department under the State Department of Instruction but today is operated completely by the latter. For two years before this, Caswell under its own rehabilitation council, had been placing and supervising students on jobs in the community. One must not fail to note that even before this many boys and girls did leave Caswell and make a place in society.

In the Training and Education Department there are forty employees including the director. In the academic school there are the principal, director of student evaluation, ten academic teachers who must have a grade A teaching certificate, a music teacher, two home economics teachers and two physical education teachers. In the trainable school are thirteen employees including a supervisor and an industrial arts teacher. There are also a shoe repairman, a secretary, and the five recreation workers.

Apart from the education and training of the residents there were attempts to disseminate knowledge as the early law specified; also attempts to train the staff, as well as the public. Through Caswell's history once again winds the thread of various references to this. At times the thread was tenuous and at times broken. The psychologist in the thirties and forties made valiant efforts and strides towards this end. Surprising as it may seem in the fifties and up to the present time no real appreciable gain has been made to offer the staff any concrete educational program. However, there are programs especially for the cottage parents and the medical personnel which are being initiated and seem to be offering promise.

It would seem more effective effort was geared towards the public. Caswell News was first issued in 1936 and one of its purposes was to educate people regarding Caswell. Also, as stated elsewhere, the psychologist took an active role in planning clinics and such. In the mid-fifties some of the staff felt it urgent to help the public change its image of the retarded, as well as its image of Caswell. Neither image was good. The first Public Relations director was hired in 1955. Her duty was to travel about the state to give talks about Caswell. At this same time a weekly column was placed in the Kinston Free Press. This has continued to the present day. In 1956 through the generosity of the Woman's Clubs the film, "The Caswell Story", was produced. Although some felt this was not an accurate and true picture of Caswell, it did a tremendous job in changing people's conception of some of the deficient and retarded and also Caswell itself. The second film released last year is more comprehensive and this again was made possible through the help of the same clubs. Besides these avenues down which Caswell has traveled to try to educate the public, an ever increasing number of groups and interested people have visited the campus and heard various staff members discuss the work. In 1952 Caswell had its first official "Open House" and this has been held each successive year drawing hundreds of people. The writer notes also that for many years, as far back as the thirties, Caswell always had a Christmas program and a spring program to which the public was invited. It must be noted that these programs were part of the school program. Also, in the latter fifties Caswell began monthly three-day workshops for public welfare workers and public health workers. This was considered most worthwhile and drew workers from all over the state. These are no longer held. The chaplain has attempted in the past three years to orient ministers, priests and rabbis by conducting ministerial seminars. Television programs, the first in the country from an institution for the retarded, were started in 1957 and have been an effective tool. At first they were devoted to Caswell and its activities but have now taken on greater breadth. Let it be noted that in October, 1944 the staff members and children presented a radio program to explain the children's participation in the Junior Red Cross. This should not be concluded without mentioning all the various woman's clubs and auxilliaries and what they have done to help in this area, especially since the fifties.

* * *

Medical

How does one go about describing the expanding and all encompassing medical service without doing a detailed research but as stated previously the writer is only drawing attention to the highlights and the breadth of the expansion. Caswell has always been medically oriented. This, no doubt, is due to its inception as the result of the hopes and dreams of one man - a doctor; also, the type and nature of the individual who was accepted by Caswell had some effect in this. The law stated that the superintendent must be a medical doctor. No doubt, for almost a decade the only doctor on the staff was its superintendent. In 1918 the superintendent recommended a committee be appointed to estimate budgetary expenses for the employment of a physician but it was April, 1922 when Caswell had its first physician other than the superintendent. For some time during 1925 - 1933 there was a medical director who was also a psychiatrist. From 1933 to August, 1959, a Kinston physician, the only doctor on the staff until 1955, acted as medical director on a part-time basis. At times the same doctor was acting superintendent. In 1959 a full-time medical director became a member of the staff. In 1956 Caswell turned more to the orbit of being psychiatrically oriented when the first psychiatrist took over the chair of the superintendent. The recently revised law states the qualifications must be that of a psychiatrist. At present Caswell has five doctors, including two psychiatrists, plus ten consultants in the field of medicine, surgery, dermatology, orthopedics, neurology, electroencephalography, tuberculosis, and eye, ear, nose and throat. During 1922 a chemical and biological laboratory was opened and it was hoped that research in basal metabolism could be done. How long this laboratory existed is not known by this writer. However, in the fifties a laboratory did come into existence and has developed into an effective service and tool at Caswell. Besides the laboratory service there is the x-ray service also. All this is under a laboratory technician and located in the central hospital. Since 1953 Caswell has been used by the University of North Carolina to orient medical students as to mental deficiency. At first a group of four to eight students would come for a week each month to live on the campus and be exposed to all areas. This was gradually reduced to one day a month. For about eighteen months around 1954 and 1955 psychiatric residents spent a month at Caswell.

In 1924 the first building for a hospital was erected. This was a beautiful three-story structure which is one of the largest multi-purpose buildings on the campus today. The second floor was devoted to the care of the sick residents. The third floor in the early years was for the living quarters for some of the staff and continued as this until staff dormitories were opened in the early fifties. Then the third floor was used for the sick residents and also sick staff members when staff members were allowed free medical care. The first floor or what might be called the lowly basement supplied the office space for the superintendent, business manager, and other staff members, plus the dental and out-patient clinics, as well as the post office. This building continued to serve the hospital needs until the new two-story brick hospital was opened in 1960. This older building then was renovated and turned into the third crippled children unit. The new hospital has facilities for administering electroencephalograms and electric-shock treatment beides the already-mentioned laboratory There is a kitchen where special diets can be prepared and served.

As to the nursing department, this writer has not learned when the first nurse was hired but n March, 1938 the Caswell News reported: "There s a daily coverage of approximately thirty-five patients . . . . The nursing staff consists of a head nurse and six other nurses. The day nurses asume their duties at 6:30 A.M. continuing through o 6:30 P. M. when they are relieved by the night nurse." In 1942 the business manager reported ight nurses, two of them were registered nurses. n 1954 in one article it was reported Caswell had ight registered nurses, eight unregistered and welve practical nurses. Today there are twenty-two registered nurses and one-hundred-one nurses' aides and licensed nurses on the roster. This nursing department gives twenty-four-hour service to the central hospital and three crippled children units, plus day service to out-patient clinic and to the four nurses' stations in the colony units.

As to dental needs, during the early years a dentist from Kinston was on the staff. In 1949 is noted the hiring of the first full-time dentist. The dental office was then in a small room on the first floor of the hospital. Though it is still on the first floor, the office was moved to larger quarters with a comfortable waiting room and modern up-to-date equipment. The dentist has a dental assistant. In the forties and fifties are references to the Board of Health bringing puppet shows for the residents to see and to try to stimulate them to see the need for good care of the teeth.

At one time Caswell took care of its tubercular patients and for many years these patients lived in the T.B. annex (now Cottage 1). In the early fifties a building had been designed and erected for the care of these patients, but the pressure of the waiting list was getting stronger so the Hospitals Board of Control decided to turn this new building over to a crippled children's hospital. Then in the early sixties the Board decided to send all T.B. patients to the Dorothea Dix Hospital so that Cottage 1 could be used for educable girls.

In the basement of the old hospital is also a large pharmacy which is well stocked with 305 different drugs, plus the medical and hospital supplies needed to operate the Center. Last year's budget for this pharmacy was $12,000.

* * *

Cottage Life

This department should by all means have a fuller and more detailed report as it is the largest in number of employees and has one of the most important responsibilities in the whole Caswell structure. The writer does not have any facts as to the early organization and how this area operated. The reader must recognize that this department grew in ratio to the growth of the number of buildings devoted to the care of the residents. It is a known fact that in the early days the matrons and attendants not only took care of the children but assumed all types of other duties as well. In 1914 two outdoor classes were in the care of the matrons supervised by the school principal. In 1918 the superintendent reported: "Our head matron took charge of the kitchen for months as an extra duty . . . . our teachers and matrons hold and pick the cotton and assisted in harvesting and preparing our tobacco for market; and one of our assistant matrons has fired the boiler for the kitchen and laundry as well as run our laundry machinery." In 1942 the superintendent reported that two assistant matrons were helping in the arts and crafts classes. During the depression of the thirties and the war years of the forties, the Cottage Life Department had many hard struggles and there must have been many hours of despair when the necessities were not forthcoming. The writer has often heard the director, who was then the head of the department, refer to the "lean years" when many of her hopes and dreams were utterly squashed for lack of funds. In 1942 the business manager reported eighty-one matrons and attendants on the staff. In August, 1955 the director of the Custodial Service, as it was called at that time, reported that on the staff was a director, six assistant directors, four charge matrons, a barber, beautician, and 190 cottage parents. During 1956 the name was changed to Cottage Life Department; the director reported that a supervisor was on duty twenty-four hours daily so that for the first time the Cottage Life office was opened on a twenty-four hour basis. In 1958 the department had expanded to 214 employees. Ten charge or supervisory matrons were added to the staff. The director reported "for the pupils are our children and we are their parents while at Caswell. In this capacity we go with them to their meals, see that they are properly bathed and dressed, attend school at scheduled hours, report on time to training assignments, and above all 'keep the home fires burning' by seeing the home is properly cleaned, clothes sent to laundry, neatly stored away when clean, and that a happy wholesome atmosphere prevails while the children are in their home." Sixty of the cottage parents during that year received certificates for a course given on child welfare and guidance. Today a more intensive training and educational course is being organized and given to all employees in this department. High school education is a requirement to be hired as a cottage parent. The present staff consists of 296 persons: the director, 8 supervisors, 10 charge matrons, 20 charge attendants, 253 cottage and building parents, 2 barbers, typist, and 1 beautician. This number will grow as all are placed on a forty-hour basis.

* * *

Psychology

From 1922 the Psychology Department took an active part in the programming and promoting the activities at Caswell. It would seem from that time there has always been at least one psychologist on the staff. In 1922 it is noted: "a systemized psychological study of the inmates has been commenced with the view to the classification and a determination of the best method for their treatment and training". In 1936 the first request was made that psychological examinations accompany all applications. Around and for some time applicants for admission could be examined at Caswell; and if the child was diagnosed retarded, he would be accepted for admission on that day. In December of 1936 there is a report that case conferences were held on new children once a week. The physical condition of the child was reported along with the psychological, socialogical, and other data pertaining to the child were presented. No doubt the psychologist was the leader and organizer of this as during the 40's the psychologist definitely was a part and possibly the leader of a group which met with teachers weekly. In 1936 the psychologist began holding demonstration clinics for various groups, especially classes from the University of North Carolina. These demonstrations were clinics where various syndromes were discussed and observed. In September, 1937 it was reported that the psychologist held clinics on Monday and Thursday for the benefit of the communities in the eastern part of the state. A special class in Kinston was formed as a result. In May, 1937, "the Psychology Department sponsored a series of monthly talks on child guidance, the first Monday evening of each month. . . This is a school not only to train in skill and technique of handling materials in doing a job but also to guide a child in making adjustments that are "emotionally and socially constructive". In the 40's the psychologist appeared to be somewhat a "jack of all trades" - a psychologist, educator, social worker, recreational worker, religious leader, a promoter of public relations; and it would not be surprising if she served as a matron if and when the need arose. At one time, about 1955, there were three psychologists on the staff, although one of these was acting as chaplain. For most of the fifty years only one psychologist, as it is today, has been in the service of this Center.

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Library

As early as 1914, it was suggested "that the superintendent should be authorized to procure a library of literature on feeblemindedness". In 1936 there is a notation that in the new school there was a plan for a library as there was a need for recreational and professional reading matter. In 1941 the Caswell News reported: "We have only a few books. We should like magazines for children". In 1942 thanks were expressed to the Kinston library for books. Then in 1955 when the Training and Education Department took form, there began to be a concerted effort to organize a library and secure more books of professional nature and for the residents. The library in the old school building became an interesting and popular place. At that time there were 155 books and the children's library had approximately 1000 books. When the new school building was constructed, space was provided for both a residents' library and one for professional. These two rooms with a connecting door are attractively decorated and furnished and both are put to full use. With a full-time librarian, Caswell now has accessioned 973 professional books - no doubt the largest such library in the state related to the mentally deficient; approximately 1973 in the children's library. Here one must note that there are continual cries for more reading material needed for the use of the teenage retarded. In the library also are 1400 film strips and a stereo and hi-fi collection of 75 records.

* * *

Religion

Religion and religious services have always been considered an important facet of Caswell's life history and most meaningful to the defective. It is doubtful that anything, unless it was one of nature's storms, ever interfered with the weekly worship. In the early days the members of the staff had to assume the full responsibility of seeing that Sunday School was organized and conducted. Even up to 1943, it is noted in the Caswell News that "the responsibility for holding Chapel services on Sunday rotates among the staff members, who in turn would invite the various Kinston ministers to conduct religious services". In 1949 the recreational director assumed the responsibility for all religious services. It was not until December, 1952 that an ordained minister became a staff member; however, he was hired also as a psychologist. The first full-time worker came in 1954, but also again there was added the responsibilities of Public Relations Director. These same responsibilities are placed upon the chaplain who is at Caswell today. The services are interdenominational; however, arrangements are made for the Catholic residents, who are physically and mentally able, to attend mass at the Catholic Church in Kinston. The Rabbi from the Synagogue in Kinston is always ready to assist the Jewish children. In August, 1937 there was a plea in the issue of Caswell News for funds for a chapel. It was the plan to ask help from five cents up from everyone interested. The request was for $4,000 to $5,000. "It would be plain, attractive, wooden building with a seating capacity for 600 people. It will be built three-fourths of a mile from our school . . . near the banks of the Neuse River." Some money was collected but as all know this dream was never realized. However during the years Sunday School classes have been conducted in the living units; worship services in what was the auditorium of the school building when it was opened in 1936. Gradually since 1954, this auditorium has acquired the atmosphere of a chapel. Caswell received many gifts from the Junior Woman's Clubs, including the Baldwin Orgasonic organ, twenty-one choir robes, nylon Christian and American flags, velour altar runner, pulpit scarf, Bible, book marks, and two paintings by Sallman. Pews were installed in 1959; and the windows, which are up near the ceiling, have the appearance of chapel windows.

* * *

Social Service

The Social Service Department, as a department, was about one of the last departments to finally come into existence. However, this does not mean that the idea of the need was not planted years ago and that the work which is part of the present Social Service Department was not being to some extent carried on by other staff members. In March of 1938 the superintendent reported: "that at times visits are made to the homes of children on the waiting list". For a number of years, especially in the 40's, the psychologist was supervising the waiting list selectng those to come and admitting the children. In 1936 the superintendent reporting on the large waiting list of 850 stated that: "Caswell School needs a caseworker. Now many of these children would do very well at home if we could have an experienced caseworker to advise parents and guardians how to care for these exceptional children". It was not until 1951 Caswell hired a person as social worker but this person remained for about six months. Since 1953 there has been ontinuous service from the Department of Soial Service. The second social worker was hired in 1954; and at the present time, there are four social workers working in different areas of the Center. Besides these, there are three typists assigned to carry on the secretarial work involved.

* * *

Recreation

Recreation at Caswell has always had an important part in the on-flowing life of the institution. The old adage is so true "all work and no play makes Johnnie a dull boy". All through the early writings, though one can almost feel the tug of hard work and sometimes discouragement regarding the lack of funds and the indifference of those in high places, one also sees the thread of concern and interest in the need for play. There are many references to Christmas festivities, parties, picnics, dances, etc. In 1922 is a notation about the happy Christmas festivities and that the theater in Kinston put on a special program the Monday after Christmas" and had opened its doors to the institution. Many times there are descriptions of Easter Egg Hunts and one article in 1936 remarked about the 1000 eggs the kitchen staff dyed. In 1924 the first moving pictures at Caswell began and an entertainment fund had been set up - $749.95 had been donated. In 1928 fifteen boys and girls passed the first athletic badge test (climbing, running, jumping, and throwing) as set up by the Playground and Recreation Association of America for normal boys and girls. In 1937 there is a write-up in Caswell News - "Morehead - the word is sheer magic to Caswell for have not over 400 children gone to Atlantic Beaches, bathed in the ocean, ridden eighty miles there and back, eaten delightful picnic dinners, drunk long cold pop drinks". In 1938 mixed dancing and square dances were enjoyed to the fullest and from then on dating under supervision was allowed. In 1939 a building for a recreational center was built by W.P.A. funds. This building was comfortably furnished and well-equipped. Unfortunately the spot picked was not the best and the building was later moved to a new location and converted to a duplex home for some of the staff. In the early 40's and possibly before, an annual field day was held in July. The day's activities started with a grand march and then "came the races, ring games, and ball games - each age and every building will have a part in the fun." At this time a W.P.A. recreational worker was added to the staff but she apparently did not stay too long. In the late 40's the first full-time director of recreation was appointed; and in the early 50's, Caswell began to attract the interest of the various Woman's Clubs, such as Woman's Auxiliary of the Veterans of Foreign Wars and the Junior Woman's Clubs. The Director of the Recreation Department worked closely with these women to help promote the recreational program. They furnished much recreational equipment and took an interest in plans for the recreational building which was opened in 1956. This building is used as an auditorium for all the programs and entertainments at Caswell, as well as being the focal point for all recreational activity planned. The year, 1959, saw a swimming pool opened and there is no question of the enjoyment and wisdom of this addition.

The only fault to be found in the construction of this facility was that it was not built so that it could be used twelve months of the year but only for three months. From 1949 the department gradually increased its staff and today besides a director has four recreational aides.

* * *

Buildings

In 1914 there were only three buildings when the school opened and this included the central building, a girls' dormitory, and a boys' dormitory. At the end of 1918 fire destroyed one dormitory and at the beginning of 1919 fire destroyed another one. In 1919 $300,000 was appropriated to replace these buildings. In 1919 an old tobacco barn created a "temporary general office, room for bookkeeping, accounting and correspondence departments, quarters for Board meetings, and a superintendent's office". Upstairs in the barn were sleeping compartments for several employees. The farmhouse on the Fields farm became the residence of the superintendent in 1919, and the superintendent had reported they had been able to construct six new cottages for the help. In 1922 the superintendent reported they had occupied three new dormitories. These buildings must be the Austin, Wooten and Pollock as in 1920 the superintendent had recommended these names for the buildings. The original building, the only one left standing after the fire, has in recent years been renovated. It is used by employees as a cafeteria, and in the rear is the residents' dining room. In 1922 the superintendent also reported the "new power house, a new school building and dining room combined, and a meat house . . . . a complete modern kitchen will be completed in a few weeks". Between 1927 and 1930 McNairy and Cartwright were opened, also another dormitory which the writer would assume was the old Tapp building. In the latter thirties buildings began "to sprout all over the campus - the auditorium, eight cottages, dairy barns, sweet potato curing house, fertilizer house, silos, and the boys' detention building". Then in 1948 appropriations were made for the two large colony units in which over 800 live, staff houses and dormitories, new power plant, kitchen and cafeteria, dairy barns, cold storage plant, etc. In 1955 the 100-bed crippled children's unit was opened; and in April, 1956 the new Tapp building, which cares for 200, received its first boys. Also this year the recreation building was dedicated, and in 1961 the academic school opened its doors. In 1960 the new central hospital received its first patients. It is impossible and would be rather boring to continue to itemize each building but today there are 225 buildings on the campus. This includes all farm buildings and the 120 homes where some of the staff live. There are 23 buildings for residents but a number of these buildings are subdivided into individual units, making 43 living units in all. Soon another dormitory for residents will be opened. This does not mean added space necessarily for those on the waiting list, but it will relieve the overcrowding in some units. This dormitory is one of the former staff dormitories on the east side of the campus. What buildings will come next? In what direction will Caswell grow?

FACTS

Since 1914, there have been 4910 admitted - 4702 first admissions; 76 readmitted and 132 transferred in. During this period 2969 were discharged - 1360 discharged; 994 transferred; 615 have died. The growth of the population is sporadic. By the end of 1914 there were 122; by 1922 - 287; by 1939 - 734; by 1957 - 1799 (almost the same figure as of 1964 - 1795). The population figure during the years since 1957 has remained about the same but admissions have been possible due to transfers to the Murdoch Center, Western Carolina Center, and placements due to rehabilitation. The author stresses the figure 1795 (1964) is the resident population only and does not carry the total population of 1916 on the book.

The growth in personnel is not pinpointed but in 1936 only 86 were on the staff; in 1942 - 119, but in 1958 the staff had grown to 517 and today 741. The payroll in 1917 was approximately $17,000 yearly while today it amounts to $2,640,000. By 1965 this will again increase when every employee is finally placed on a forty-hour basis.

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QUOTES

In 1943 "the true spirit of Red Cross giving sprang straight from the hearts of our boys and girls . . . . the girls said 'We want to give to the Red Cross'." A Junior Red Cross Society was thus formed. (editor of Caswell News)

September, 1960 - "We welcome it (criticism) at Caswell. It is the yeast that starts improvement . . . . a 'kick box' is maintained in the superintendent's office where any employee is urged to deposit criticism especially objections and suggestions . . . ." (superintendent)

September, 1940 - "From the standpoint of individual psychology there are many who should not get married and from the standpoint of heredity there are more who should not propagate . . . ." (superintendent)

"On May 7, 1953 a group of parents and friends of our children met at Caswell to discuss plans for forming the organization, North Carolina Parents and Friends of the Mentally Retarded Children." (editor of Caswell News)

May, 1937 - "In work of an institution money should be a secondary matter. When the question is eternally 'What are you going to give me?' is heard on every hand and never a word about 'What can I give the institution?' that institution is doomed regardless of the amount of the appropriation." (superintendent)

"In 1932 a group of advanced boys was organized as a Boy Scout Troop. The present troop was founded in 1955." (Mrs. Tabory)

1938 - "We think we are doing a great work. Now don't get the idea we have reached Utopia for we at Caswell realize that we have made only a small beginning of the vast undertakings ahead of us, and the future generations in this world. But we hope we have established the fact that our children can be trained and are being trained and that others will go on where we left off." (Cottage Life Department)

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

ON EDUCATION

"Education does not mean teaching people what they do not know. It means teaching them to behave as they do not behave. It is not teaching the youth the shapes of letters and the tricks of numbers, and then learning them to turn their arithmetic to roquery, and their literature to lust. It means, on the contrary, training them into the perfect exercise and kingly continence of their bodies and souls. It is a painful, continual and difficult work to be done by kindness, by watching, by warning, by precept, and by praise, but above all . . . by example."

John Ruskin

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FROM DESPAIR TO HAPPINESS

The following article was written by Mr. Wm. Dunn, director of the Caswell Vocational Rehabilitation Facility, and the article was published in Reach which is published bi-monthly by North Carolina Rehabilitation Service. This boy was never a resident of Caswell but his story depicts the work this facility does not only with Caswell's residents but with school drop-outs.

Editor

In a rural section of North Carolina, a boy was born on September 1, 1945. This boy was in the same situation as all of us are at birth; he could not know what life might hold for him. Life for him however, was to be one disappointment after the other for many years to come. He was destined to experience the depths of despair and frustration as well as some measure of happiness and success. Born in a land of opportunity where everyone has equal rights of life, liberty and the pursuit of happiness, he was destined to be denied equal opportunity for many years of his long life.

This boy, named Vernon, was enrolled in the local school where he was given the label, "slow learner," by his teachers. Soon he was far behind his class, and eventually he dropped out of school in the ninth grade.

Vernon's home life left much to be desired. Being considered different from the rest of his family because of his retardation, he was subjected to much abuse, underfed, and kept at home to do the more menial tasks, even during his early years in school. This, of course, was a contributing factor to his slowness in learning as well as to his becoming a school dropout.

At the tender age of eight years, Vernon suffered a tremendous traumatic experience through the loss of his mother. His father remarried, and Vernon continued to be the recipient of abuse and neglect. When he became twelve years of age, his father died and a sister took him in as a member of her family. One might well imagine how all these experiences affected a lad so young. The sister gave him somewhat the same treatment to which he had become accustomed - neglect, abuse, and insufficient food and clothing. Vernon, as a result of the treatment he was receiving, developed such an acute inferiority complex that he could not hold his head up or look a person in the eye.

In May 1962, Vernon was referred to Caswell Vocational Rehabilitation Facility. Psychological tests were adminstered and the scores seemed to conflict. This was explained when a review of the deprivation and extremely poor socioeconomic situation in which he was reared was made.

Under the watchful eye of his instructors and counselors, who gave him individual attention and interest, Vernon's submersed personality began to develop. He was grateful for the opportunity to receive training and showed his gratitude by applying himself. He was the first client to be able to read the micrometer up to 1/10,000 of an inch. As a result of this, Vernon was given extensive training as a metal lathe operator.

Behind each cloud the sun was still shining, and gradually life began to improve for Vernon. It appeared he might have a bright future after all. However, he would need to overcome a few more things before the future was his. As a result of his poor diet(wet uncooked cornmeal, many times) Vernon developed a skin fungus that threatened his ability to hold a job. Colds, tonsillitis and viruses were also enemies to be conquered; however, with a balanced diet and proper medication, his health improved and he was deemed ready for on-the-job training.

After three months of shop training, Vernon was placed in on-the-job training at Deffenbaugh Machine Shop in Kinston. It was evident immediately that he was in his field. His attitude, interest, and willingness to learn impressed his boss immensely, and after seven months' training, he was placed on salary; he has been continuously employed since February 1963.

Vernon is the kind of person who believes in hard work and in taking advantage of every opportunity. In July 1963, he began night classes at the Industrial Education Center in Lenoir County, and has been awarded certificates in basic and advanced welding. As a result of his added skill, he was given an increase in salary. In July 1964, he returned to the Industrial Education Center to take a reading course. He is still attending, and has advanced to the high section of his class, not having missed a session.

(Please turn to page 5)

TRAINABLE SCHOOL

The basic philosophy of the trainable school at Caswell Center is that every child, regardless of his limitations, should be given the opportunity to progress educationally in a school program to his maximum potential.

At Caswell there are many young boys and girls who come to school daily who are handicapped physically as well as mentally. Each individual is given a chance to be a part of school - which is so important for children, regardless of their physical and mental limitations.

The trainable school is divided into five classes: the primary, intermediate, advanced intermediate, senior skills, and prevocational. There are 228 students enrolled. The majority of these (174) fall in the age between 8 to 15; the rest are in the younger or upper teen-age level. Before a child is placed in the trainable school, an evaluation is made by the student evaluator; the psychologist tests the child; the cottage parent is interviewed and the child is observed by the teacher in whose room he has been placed on a trail basis. The student evaluator then makes her recommendations.

The goals or objectives of the trainable school program are many and these are being met by an efficient and hard-working staff.

Just what are some of the objectives and what is the place of the trainable child? The main objectives are to graduate the child from the basic skill class up to the prevocational class. When the child has graduated from the prevocational class, he is put on a campus job or goes back to his home. We also have the drop-outs who are never graduated from the prevocational program or placed in any job assignment.

The program is a class-to-class procedure. It starts with the basic skill class. In this class some of the objectives are to help the child to be happy with others and his environment; to help the child to develop socially, so that he will be a more acceptable person; help him to be aware of health and safety habits. The teacher also makes him aware of or teaches him the importance of self-care. In this class the children need to feel secure, loved, and important. The teacher strives to give the child the feeling of belonging and thus prepare him to go into his next class which is the primary intermediate.

In the primary intermediate class the teacher helps the child to have a better relationship among classmates. One of her objectives is to encourage the child to be more helpful to himself. She encourages better attitudes, manners, personal grooming, and stresses good behavior in the classroom. One of the main objectives in this class is to help the children express themselves and also to be quiet and listen. With these objectives met, the teacher prepares the child to move on to the next class.

The intermediate class starts preparing the pupil for the higher classes. The teacher starts stressing the importance of the use of leisure time. She teaches them to share and to take turns; this objective is stressed throughout the classes. She also helps the child tell the difference between space, difference between color, and difference between size. She also tries to stress the use of good English grammer. After the child graduates from this class, he goes into the advanced intermediate class.

In the advanced intermediate class the pupil is prepared to go into the senior skills. In this class some of the main objectives are to stress honesty, respect for the rights of others, consideration, and to train them in proper boy-girl relationship. These objectives are very important because the boys and girls will be placed in a campus job or might eventually find a job elsewhere; hence, they need to develop these social adjustments. The teachers' objectives in personal grooming are to stress the importance of keeping the body clean and healthy and improving his appearance. She also makes the child more safety conscious and encourages more social communication. The teacher helps develop a concept of numbers, coin identification and helps him to learn to tell time.

In the senior skills class the teacher prepares the pupil for the prevocational class. Her main objectives are to instill in the child proper work habits and skills so that when he goes on a campus job, the child will be efficient in his job. She teaches the girls housework and cleaning skills so if they are put on domestic jobs, they will be as efficient as other girls. Besides her objectives to train the pupil for a job, she has as her academic objectives: number recognition, object identification, and time telling. The pupil should have some knowledge of the above objectives and should be prepared socially for more advanced prevocational classes.

The prevocational class is one of the most important since the pupil, after graduation, is put to work on the campus, or hopefully goes back to his home and community. Since the child's needs should be met and his experiences should be satisfying, the objectives must be many. The teacher will meet these objectives with her well-planned lessons and methods. Some of her objectives are to encourage independence and the ability of the pupil to work alone; teach him how to follow one or more directions. The teacher will try to develop work habits, mental ability, and physical coordination so that the pupil will do his best on whatever job he is placed. The teacher will also have as her objectives: cooperation, sharing, appreciation, self-reliance, and language usage. With all the objectives and other things in mind the teacher graduates the pupil.

With this class-to-class procedure it is hoped that the students have developed a sense of responsibility, importance, belonging, as well as security, love and independence. It is also hoped that the students have developed an experience that will help them not only on their jobs but throughout their lives. These are the main objectives of the trainable program, and it is hoped that it helps the students find something to fill their lives and make it more worthy and profitable.

Mrs. Francisca Hinson

MUSINGS AT A CHRISTMAS PROGRAM

It is, as it has been before and no doubt will be again, very comforting. The familiar scriptural passage has been read: "Mary and Joseph and the Baby Jesus are in the stable; the shepherds have come down from the hills; the angels are in Bethlehem." In the dark chapel the audience sits quietly expectant. The listeners are retarded; the players are even more retarded.

It is charming. This is the aspect of the incarnation on which we like to dwell. We find it easy to worship the Babe. It shocks us that there was no room for Him in the Inn. We are sentimental about little children.

How "cute" the players look, especially the winged angels clad in white. One of the shining band steps forward to sing. She is chubby, blonde pink-cheeked, blue-eyed, and smiling. No child could look more like the conventional image of a cherub. One is reminded of the legend of the Pope who, seeing a group fo fair, blue-eyed slaves for sale in Rome, and having been told in answer to a question that they were angles, murmured, "Not angles but angels," and sent St. Augustine to England to convert the inhabitants.

"Away in a manger", sings the angel-child whose brain has been damaged by a metabolic disturbance. The words are clear for they have been taught with loving patience and learned with joyous excitement. The words are very clear, too clear. Suddenly they become more meaningful. A chill wind of reality disperses the cosy fog of satisfaction.

"Away in a manger, no crib for a bed. The Baby Jesus was rejected but retarded children are no longer rejected. They were in the past but a battle against ignorance has been won and now the more enlightened among us accept them. Nay more, we who know them love them. But what is the nature of that love? Do we love them out of pity because they are handicapped? Such love is not enough.

Retarded children grow but most of them do not grow in beauty. As the charms of childhood fade, they become grosser, coarser, and much less appealing in their helplessness. Differences between them and their fellow mortals become greater and more obvious. Do we love them because they are our brothers? Do we respect them because their human dignity is equal to our own? Do we admire them because they strive bravely?

"I love Thee, Lord Jesus! Look down from the sky,
And stay by my side until morning is nigh."

A good prayer for the handicapped! There is darkness yet and morning seems far off. Grant that the friends of the retarded may be lighters and bearers of torches.

"Bless all the dear children in Thy tender care,
And fit us for heaven, to live with Thee there."

A good prayer for all the inhabitants of the planet, Earth! "Fit for heaven." Probably it would surprise us to discover which of us are, in the opinion of the Great judge, nearest to that state. We cannot imagine what we shall be like when we are ready to live with God but one thing we know, and that we shall be greatly changed. And our retarded friends will be changed too. All that is marred will be made perfect.

With a slow triumphant smile the angel steps backward. A song has ended; a message has been received.

Jean I. C. Tabory

TOWARD 2015

Thomas Mann has said: "Time has no division to mark its passage. There is never a thunderstorm or blare of trumpets to announce the beginning of a new month or year. Even when a new century begins it is only we mortals who ring bells and fire pistols." Indeed no bells were rung and no pistols fired but everyone at Caswell is conscious that a new year did dawn and the second half a century of care and training for the retarded at Caswell is about to begin.

What will people in the year 2015, fifty years from now, look back upon and see. No one naturally is able to look into the future and predict what is to be, but one can point to certain trends which might give an inkling what some of the people in 2015 will look back upon.

As the result of the national emphasis on the retarded, there will be broader and more comprehensive programs in the community for the retarded. As people become informed and become, hopefully, more understanding, it will be recognized more than ever that mental retardation is a community problem; that it is not only a social problem but for the majority it is a question of education. Consequently, the educators who up to now in many instances have been reluctant to tackle this, will be forced to provide classes for the educable as well as the trainable. Caswell through its more thorough evaluation of the need to come will refuse to accept the educable for educable purposes only. There will be a continuing emphasis that there must be a medical, social, and/or emotional need for admission. This does not mean that Caswell will refuse all educables but those whose only need is educational. It is most unlikely that an educable will ever remain indefinitely within the confines of the Center.

Caswell will stand not as the final resting place, a despository or a final plan for many retarded. In many situations it will be the crutch upon which the family and the community will be able to rely during an emergency or a critical period in the families' or the retardate's life. When the emergency is over the resident can be returned; hence, many residents might have short periods at the Center but some of these same residents might have several admissions during their lifetime. As a result, it can be predicted that for a number of years to come there will be more admissions, more releases and readmissions.

One of the trends which seems to be taking shape is that the Center will gradually take more of the multi-handicapped - those with physical, emotional as well as those with mental impairment. It must be noted the Center, because of the nature of the mentally retarded, has many with physical handicaps. As the Center expands in this direction, it is inevitable that larger and more

(Please turn to page 7)

New Picnic Area

When spring arrived on The Caswell Center campus this year (1964) a long-dreamed of picnic shelter had become a reality. This new facility has proved to be a boon to the residents and their visitors.

The shelter was constructed during the late winter and is located on a one and one-half acre tract of land facing Hull Road on the western edge of the main campus. The ground was leveled, fertilized and grassed prior to the building of the shelter. A chain-link fence, providing safety for residents and visiting small children, was erected between the shelter and Hull Road and also the northern boundary of the area. A attractive grove of oak and gum trees forms the eastern border. From the main campus the shelter is reached by Register Drive which passes the Boys' Colony and Crippled Children's Hospital I and II. A black-topped, twelve-car parking space is provided just off Register Drive, adjacent to the picnic area.

The picnic shelter consists of a spacious concrete patio open on two sides and covered by a slanting roof. Ten large tables with benches attached, all in a variety of attractive colors, provide comfortable seating for eighty persons. Eight of the tables are built with durable fiber glass plastic and represent the $500.00 gift of an anonymous donor contacted by Mr. Phil Roberson of Washington, North Carolina. Within the shelter there is a large fireplace grill and two smaller charcoal grills for preparing wieners and hamburgers. Two rest rooms, a combination storage-kitchen and a drinking fountain and several electrical outlets complete the available facilities.

The shelter and grounds have been very popular during the summer and into the fall. Groups of residents have used the area regularly as part of the activities of the Cottage Life and Recreation Departments. Many parents and friends have discovered the new facility and have expressed their pleasure at its availability. It affords an excellent place, with a degree of privacy, for eating outdoors and visiting with residents.

The Recreation Department schedules all use of the picnic area including residents in the living units, parents and friends, and clubs and other organizations entertaining groups of residents. Keys to the facilities at the shelter are located in the Cottage Life and Recreation Departments. All using groups or individuals are expected to leave the area as clean as they found it and rubbish barrels, brooms and soap are provided for this purpose.

Some typical comments made by cottage parents when asked their reaction to the new picnic area follows:

"I think the picnic shelter is a big attraction to Caswell residents. They are proud to invite their parents to bring lunches. So many children have had the opportunity to eat out that would not have had this otherwise."

"The boys in our living unit enjoy the picnic area very much. We have been using it every chance we could. I think it was very nice to have such a facility built for the use of the residents and their visitors."

According to one unit supervisor the picnic area has a broader use. She says:

"The picnic shelter has been very useful to us in the Boys' Colony this summer. The attendants will take a group of children down to play in the shaded area. The floor being cement, the children can roll balls or just lie and roll on the cool floor. When the children get thirsty they can always get a drink of fresh water. The working residents have been given two parties this summer. The tables benches were very useful. The attendents would take a radio along so that the boys and girls enjoyed music while having their party. On several occasions parents of our children have visited and we suggested that they use the picnic shelter. They welcomed the suggestion. Several of the children's parents have expressed their feeling to us about the shelter and how much they appreciate the use of it. We in the Boys' Colony have enjoyed the shelter very much this summer and we are looking forward to using it more and more each year."

Another cottage parent points up the parents' appreciation for this new facility when he says:

"I think the boys' parents enjoy the new shelter. They say it is so nice now that they do not have to drive everywhere to find a place to have a picnic."

And, lastly, a cottage parent remarks on the value of the facility when he states:

"I think this picnic area was worth every penny spent on it. Everybody in our unit always has a very thrilling time there. We look forward to using it more often in the future."

Eventually it is planned to place some recreational equipment on the grounds adjacent to the shelter including such items as swings, slides, and merry-go-round.

Expense for materials to erect the shelter was received in donations from Junior Woman's Clubs of the North Carolina Federation of Women's Clubs and interested individuals. Labor was provided by the Caswell staff. Raising the funds for the materials to construct the shelter was a special project of the Junior Woman's Clubs.

The staff and residents at The Caswell Center wish to express publicly their gratitude to all who made this dream become reality. The invitation goes out to all parents and friends of our residents to use the new picnic area. We invite all to come and see for themselves why we are so proud of this latest addition to our campus.

Chaplain Lawson

From Despair To Happiness

(From page 2)

In November 1963, Vernon married Dorothy, a former client of Vocational Rehabilitation who is employed by Lenoir County Hospital as a nurse's aide. Vernon and Dorothy have no illusions that life is easy but, know that attaining their goal means hard work and doing the best job possible. They both are grateful to Vocational Rehabilitation for helping them to set their goals, to train for jobs, and for the encouragement offered by their counselor and instructors.

BOOK REVIEW

"Reading maketh a full man", wrote the Elizabethan essayist, Francis Bacon. We suspect that were he with us now he would not say the same about television watching. Howard Mumford Jones, once a professor at Chapel Hill, observed that there are joys to be found in books that cannot be found elsewhere. We hope you agree that reading is a desirable pastime.

Let us now go a step further. We want to persuade you that reading about mental retardation is a rewarding activity. With each issue of the "Caswell News" we are going to attempt to review a book on this theme and we hope that you will want to read the books reviewed.

The above-mentioned Bacon thought that writing made an "exact man". He was spared the tedium of reading some of our modern books on psychology, sociology, and education. Had he read them he might have changed his mind. They tend to be full of jargon and lacking in clear statements. We are happy to be able to bring to your attention a book on mental deficiency that is written in clear, direct, concise English. The title is "Challenges in Mental Retardation" and the author is Gunnar Dywad, who retired as Executive Director of the National Association for Retarded Children in 1963. It is a collection of speeches that he made in recent years. To what your appetite we shall quote provocative statements on various themes.

Children -- "Children with multiple handicaps are often left out since they do not fit properly into existing compartmentalized programs."

Children's Rights -- "Children have basic rights of their own; perhaps their most basic right is that of growing up in their parental home."

Public Schools -- "Speaking quantitatively and qualitatively, no other service has as much to offer to the total group of mentally retarded as has the public school system."

"One of the arguments made against public school programs for trainable children is that this group sooner or later will find their way into public institutions. A study by Saenger, 'The Adjustment of Severely Retarded Adults in The Community', contains convincing documention that this is a false assumption."

The Retarded In The Community -- "As yet (1963), we are still facing considerable resistance toward the retarded in our communities."

Mental Age -- "A twenty-three year old young woman with mongolism who scored a Stanford-Binet IQ of 35 and a mental age of five and one-half years is certainly vastly different from a five and one-half year old child, physically, mentally, and socially."

"It is interesting - though certainly disheartening - how loose thinking about this concept of mental age has combined with and reinforced the sticky sentimentality of the popular saying the mentally retarded are 'eternal children'."

Research -- "Work in the medical and biological sciences seems to be quite superior to what is being undertaken in psychology, sociology, and education."

"More than three billion dollars are now (196
spent annually by the Federal Government f
research, but only a few million are spent direct
for research on child problems."

Workshops -- "The Dutch have the most pr
gressive workshops for the retarded in the world

"Experience in the workshops over the pa
several years has brought out clearly that th
mentally retarded can be gainfully employed in
wide range of jobs, including manufacturing, an
the success of the retarded in the workshop do
not depend as much on his intellectual endowme
as on his personality structure and adaptative be
havior."

The Nature of The Problem -- "Is mental re
tardation a mental health problem? It is but it
also an educational problem, a problem of voca
tional training and rehabilitation, a neurologic
problem, and definitely a social problem."

"Mental retardation has too long been regard
ed as just a mental health problem which coul
be safely and comfortably left to the psychiatrist.

Medical Care -- "The medical care of the men
tally retarded has been grossly neglected both i
the community and the institutions, if one look
to physical restoration as an important part
medical care."

Federal Aid -- "We need continued action o
the federal level. Let us not be confused by th
weaseling, weak-kneed pronouncements of 'Home
Rule' as a superior principle of government, whic
so often are merely a superior way of advocatin
or condoning inactivity."

Size of Institutions -- "The institution of th
future, though unfortunately the rather distan
future, in most cases will need to be distinctl
small and should not exceed 500 to 700 residents.

"While we continue to build so-called cottage
housing from 50 to 100 people and more, the Scan
danavian countries think of units housing from 1
to 15 residents. While we are considering a dormi
tory housing not more than 24 to 32 patients,
major advance, over there they have 'dormitorie
with five to seven children - and even those divid
ed by half-high partitions providing some degre
of privacy."

"A real hazard for the retarded in the comm
unity is social isolation. For the retarded in th
institution the exact opposite would seem to be th
case, at least as far as the more severely retarde
in the United States institutions are concerne
Theirs is an unmitigated herd existence, with n
escape from the large group to which they are as
signed during waking and sleeping hours."

"It is astonishing that so little attention ha
been paid to the damaging psychological effect
we must be inflicting on some of our resident
with the strains of congregate living in our larg
housing units. As I travel year after year from in
stitution to institution the standard fare is th
big day room with benches (and in luxury institu
tions, tables and chairs) and a TV set loudly blar
ing away. For the sensitive youngsters, for th
child who is upset, there is, in the words of th
spiritual, 'no hiding place down here'."

Benevolence -- "Let us by all means continu
our programs of benevolence - the birthday parti

(Please turn to page 8)

Toward 2015

(From page 4)

ecialized programs will be inaugurated and larg- staffs, especially professionals, in all areas will hired.

One of the most significant criticisms of large stitutions is the overcrowding and lack of priacy for the resident. More and more in instituons all over the country there will be to some tent an abandonment of the large dormitories. hether this will happen at Caswell in the next fty years remains to be seen, but in the past ten ars at Caswell there has been a gradual trend wards reducing the number of beds in the buildg to prevent overcrowding. Also, recently South ormitory was opened and here thirty women live, o to a room.

With the broader community planning there ill be an emphasis on keeping the retarded in ster and boarding homes. As good foster homes re hard to find, it might be as Dr. Leon Eisenerg in his paper "Preventive Psychiatry - If Not ow, When?" points out that more creative use group foster homes with well-paid and proper- respective staff might be the answer. It could e that many of Caswell's older residents will be turned to the community to live in some type boarding home. This would solve many of the roblems of overcrowding and the need for space.

Also as community programs expand as to sheered workshops and half-way houses, is it not nceivable that Caswell might establish its own eltered workshops for training purposes and r those who for various reasons must remain on e campus. Why should these not produce so as be at least partially self-supporting while on e campus?

It is most likely that Caswell will continue to main a Center for the care of the profoundly nd severely retarded, as well as for some of the ainable group. Research scientists with their ptimistic hopes of seeking out and eliminating e causes of many conditions which cause the rofound and severe retardation will, no doubt, be ccessful, but it is doubtful that profound and vere retardation will ever be eradicated as life ill always have imperfections. As one cause is iminated, some other condition, no doubt, will se to take its place. Also, as one listens to the nstantly voiced concern over the population xplosion or growth, it would seem to be quite aparent that the need for Centers for the care of ese will not diminish but grow.

As one looks forward to the next fifty years e might suspect, at least it is to be hoped, that uch more study will be devoted to the retardate a personality. Much research is being attempd and much is being written but little is actually nown. How many new ideas have really been xpressed? Caswell might and could be one of the eas in which, if properly nurtured, new ideas ight be born and given a chance then come to uition but will it be so?

So it seems that the outward physic of Caswell ight not change to any great extent but the ner Caswell might. The population will be fluid residents will come and go more frequently. here will be more multi-handicapped and less crowding will be stressed. Above all there will be broader, more comprehensive, more creative, and hopefully imaginative programming in all areas. With this will have to come a better trained and informed staff to execute these programs. More stress is already seen in this area.

Thus as one looks toward the year 2015, it would seem that the historian might see and write that these are the deeds and acts that are the high spots of the beginning of the mid-century mark. Pendulums have a way of swinging back and who knows what the year 2015 will actually see with the ever increasing birth rate and the present emphasis on technological advance. Who, what and where will the retarded be and what of Caswell's place in this orbit?

———o———

EVALUATION CLINIC

For a long time the Mental health Department has been interested in having an Evaluation Clinic at Caswell. This project became a reality during the fall of 1964.

The clinic's primary function will be the evaluation of children, who are functioning on a retarded level, for the purpose of deciding whether they should be considering for admission to the Center or whether some other community resources should be considered. In the event that admission to the Center is not indicated, the clinic is prepared to offer counseling services to the parents. The counseling will include making referrals to community resources presently available to retarded individuals and their families.

The basis of the work in the clinic will be the team approach. Four persons form the nucleus of the clinic at the present time. They are: Dr. Pedro Carreras, the director and staff psychiatrist; Mrs. Betty M. Lawson, psychiatric social worker; Mrs. Jean I.C. Tabory, psychologist; and Mrs. Charles F. Hodges, secretary. From time to time other personnel from the Center will be called upon to assist, such as a pediatrician, a laboratory technician, nursing personnel, students evaluator in the Training and Education Department, and the Caswell Vocational Rehabilitation Facility.

The clinic has offices in one of the old staff dormitories on the lane coming from the main highway.

It will be necessary for some children to have a period of observation lasting several days in order that the evaluation be as complete as possible When such is the case there is a basic charge of $40.00, plus $1.00 per day for quarters. Such charges will be based on the ability to pay and will be prorated accordingly.

Already the clinic has seen a number of families. Whenever an application is received and the Council on Admissions feels there is a question as to the applicant's need to be placed at the Center, that application is referred to the clinic for further evaluation. The social worker schedules an appointment for the parents and the child to visit After the evaluation is complete, the clinic makes their recommendations to the Council on Admissions. If the clinic feels the individual should be admitted, the Council on Admissions will accept him when and if space is available.

Anyone who feels there is a need to have a child evaluted may be use this service.

IN APPRECIATION

Christmas is over but it is never too late to extend a word of appreciation to all those people who in any way helped to make a happy and merry Christmas at Caswell. In years gone by there have been a number or articles written for Caswell News trying to convey to its readers the tremendous task that goes into planning for this biggest holiday of the year. It is doubtful that there is at the Center any staff member who in some way does not contribute to the overall program and its festivities. To single out any one person might be difficult.

Possibly one of the most trying and difficult tasks is to see that each resident receive some presents from Santa on Christmas morning. This covers hours and days of work and at times many moments of frustration. Trying to ascertain what each resident wants, trying to obtain that item or items either by buying or through donations, then wrapping it and seeing that it is delivered is a job of no small magnitude. Over one thousand residents must be provided for in some way. This task is given to Caswell's recreation department. It would seem only fitting and right to say to these people: thank you a million times over for a job well done. Christmas would not be Christmas if there were no presents under the tree.

It would also be fitting and proper to say a million thanks to those many friends on the outside who contributed so generously through money, gifts and in some cases time to help the residents of Caswell to have a joyous Christmas. It is impossible to name all the various clubs, (civic and religious,) the welfare departments, the various associations, and the personal friends, There is no question that each one's Christmas was a happier one as such unselfish giving brings its own rewards. Caswell could not possibly plan so effectively for its residents if it were not for the year-round loyalty of all its friends. As Tiny Tim has said, "May God Bless You."

FACTS AND FIGURES

To some it is boring, to others it is interesting to take a look at statistics. For those who are interested they will, no doubt, like to read the following.

During the calendar year of 1964, Caswell admitted 251 individuals (males 143 - females 108). This can be a somewhat misleading figure so it is broken down as follows. Of this figure 167 (118 males - 49 females) were from the waiting list. Only one (a male) of this 167 was a readmission - that is 166 were first admissions to Caswell. Nine were returned from their homes. Sixty-six were recorded as returns from rehabilitation. In order not to confuse anyone, this figure does not mean 66 had to be returned because of failure but a number were returned for only a temporary stay (medical reasons, waiting for a transfer to a new job, etc.) Nine were transferred in from other institutions.

In 1964 the records reveal 280 (141 males - 139 females) were discharged. One hundred sixty-eight (86 males and 82 females) were transferred out to other institutions. One hundred and fifty-two (males 76 - females 76) were transferred to Western Carolina Center. Twenty residents died (10 males and 10 females). Ninety-two (males 45 and females 47) were discharged from the books Forty-four of this figure were discharged from rehabilitation placement.

During the year there were 183 (males 110 and females 73) applications referred to the Center Of this figure 169 were new, 11 were reopened and 3 for residents who had been previously discharged.

From the above figures regarding the waiting list, it is noted that the number applying during 1964 exceeded by 16 the number who were admitted during the year.

As of January 1, 1965 there are 141 (94 males and 47 females) applications on the active waiting list. The Council on Admissions placed 198 applications in the closed or inactive files due to the fact it was felt the applicants were not proper candidates or there seemed to be no continuing need for the Center's services.

Book Review

(From page 6)

es, the wading pools, the bus trips, and even the TV sets, although I would like to question whether in some situations we are not actually adding to the discomfort of the more sensitive of our children when the one and only day room available to them is filled from morning to evening with the blaring noise of the television set."

The Older Retarded -- "There lies a multitude of opportunity for us to enrich the life of the older mental retardate, and to support his natural tendency to seek gratification, however limited, of his desire towards greater independence. In the institution this should mean discontinuaton of the present degrading mass housing, and a continous offering beyond school age of stimulating activities, opportunities for self-expression, and at least a measure of respect for one's privacy and individuality."

Staff in Institutions -- "We should strive in our institutional planning to secure for the staff concerned with the daily care of the patient (first of all the attendant) a more meaningful participation in the basic purpose of the institution, in our case physical restoration, therapy, education, and training."

"It is obviously illogical to say that because we need a great deal of clean-operations with the untidy crib cases, we should not have a different type of personnel in the wards or cottages where we have high grade retardates."

"In at least two states plans have been completed for hiring, as attendants, former residents who have qualified by training and who will enjoy the privileges of state employees. This will vastly influence the general status of other residents (1960)."

The Position in 1960 -- "In spite of the tremendous progress that has been made in the care of the mentally retarded, it is not possible to point to any one community in the United States which offers a well-rounded program for the retarded, let alone is quantatively able to deal with the service load."

It is unfair to an author to quote statements out of their context. Do not misjudge Dywad. Go and read his book. You will find it in the Caswell library and in the Kinston Public Library.

Jean Tabory

North Carolina State Library
Raleigh

/2

N. C
Doc.

The CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

You Who Worship With Your Eyes

And they tell me that you'll never
Learn to reason as you should . . .
But the kittens on the street
Always follow at your feet.

And they tell me there are regions
Where your thoughts will never go,
But the pigeons and the birds
Seem to understand your words.

Did God mean for all His children
To know how to talk and think?
You who worship with your eyes
Holy communion with the skies.

And I'll teach you though they tell me
That you never can be taught . . .
God have mercy on me, too,
So that I may learn with you.

—*Hannah Kahn*

Mrs. Kahn is a mother of a retarded child and is the poetry editor of the Miami Herald.

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The Caswell News

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SOUTH DORMITORY

Only those who always view life through the rose-colored spectacles of resolute sentimentality call institutions home-like, so let us avoid praising the South Dormitory in that way. The women who live there cannot be at home. We think that they have found an interesting substitute and that they would agree that their lot has fallen in a very pleasant place. It has been reported that a visitor from another institution expressed his admiration by saying that he had to pay $14.00 a night for a room like these rooms.

In October 1964 a staff dormitory which had stood empty for a while was opened as a living unit for female residents, and named South Dormitory. Thirty-one lucky women moved from crowded buildings with huge bedrooms lined with beds to the privacy and peace of rooms for two. One lady actually has a single room. She deserves it for she has been with us for fifty years, and she is not envied. A middle-aged resident remarked, "The first night I came down there was nobody in the other bed, and I was lonesome."

The bedrooms are pretty and the girls enjoy them and love to display their personal property. Almost every bed has a doll or a stuffed animal on it. Some girls have brought lamps, rugs, and pictures. Some old ladies have their own rocking chairs. One girl has a bedspread which she made. The state has provided a variety of pretty drapes but no colored bedspreads. As one strolls along the corridor in the evening the rooms with open doors and glowing lamps look inviting. One thinks of the lines,

> "And in the evening lamps would shine,
> Yellow as honey, red as wine,
> While harp and flute and mandolin
> Made music sweet and gay."

In the day time the rooms are clean, bright, and attractive but the magic has gone.

Most of the residents go out to work in such places as the colonies, the sewing room, and the laundry. A few remain in the building where they scrub, polish, and dust. The ages of residents range from 24 to 64, the mental ages from 4 years 6 months to 9 years 2 months, the IQ's from 25 to 69, and the length of residence at Caswell from 2 years 6 months to 50 years 9 months. Most of the women are no longer young, have served Caswell faithfully for many years (their help with household chores is much missed in the building from which most of them were transferred), and richly deserve the privilege of withdrawing from what Dywad describes as the "Unmitigated Herd Existence" of living in a large institution.

And these residents show their gratitude. When one enters the building in the evening one sees a group looking at television in the room on the left. A girl is sewing a pretty cushion in a room on the right. This is the room that is used for 'dating' on Saturday nights when some of the girls entertain their 'boy' friends. One girl in the T.V. room is embroidering; another is writing a letter at a table. One is greeted with enthusiasm. Somebody jumps up to point to the pictures on the walls, saying, "The business manager gave us these at Christmas." The pictures are admired and conversation follows. "Have you seen our piano?" somebody asked. One is led to the little music room where a white piano sits. "A club gave us this. Play for us." One tries. "Can you play hymns?" They call to the cottage parent who sits down and plays some of their favorite hymns. One girl sings "When the Roll is Called Up Yonder I'll Be There." Are they thinking that this will make up for all the times that they have been excluded from earthly pleasures, or are they just enjoying the music without thought? Who can tell- They all look very happy. A middle-aged woman whispers, "That's our sweet mama. She's good to us." Somebody rushes in to display colored photographs of the whole group, remarking that the cottage parent's husband had taken them before they went to church the previous Sunday. "We have Sunday School in this room", says a quiet voice.

People drift off. One is invited to the kitchen for coffee. Eight o'clock is coffee time and most of the girls gather in the kitchen to drink and eat an evening snack. The popcorn maker is working. Coffee is bubbling. The girls supply their own coffee. A cottage parent buys some for them when there are "specials" at the supermarket and they pay her. She keeps a jar for those who do not get money from home and so cannot afford the luxury of coffee buying. Somebody begins to talk about a volunteer lady who gave them frozen biscuits and ham and butter for one evening session. She comes to the building every Tuesday and is a popular visitor. A short grayhaired woman brings out pretty dishes for the popcorn saying, "I got these from home. I like everybody to use them". Some girls rush in. They have been to a film in the gym. "No, we didn't like it," laughed a rosy-cheeked young woman in answer to a question. "It was all about shooting. Nothing else." Only about six girls go regularly to recreation programs. The others prefer the delights of the building.

The kitchen is well used, for the girls who stay in the building all day have a morning coffee break, and sometimes an afternoon break too. The refrigerator holds the residents' bottled drinks. When one rises to leave a girl says, "I want to show you a picture of Jesus. It's in my bedroom between my bed and the next bed. I want to share it. I have two pictures. I put one in the TV room." As one passes the music room one sees two girls, one of whom is happily marking with a pencil. "What are you doing?" "I'm marking out all the X's in this story," says she, holding up a Reader's Digest with an expression of deep content.

One departs to a chorus of "Good night. Thank you for coming. Come back to see us. Bring your husband too." One has the impression that one has been with happy people, with people who know how to accept with grace and gratitude, and how to give cheerfully the little they have to give. They appreciate their "hiding place down here". Twice the remark was heard, "It's quiet here. Sometimes you could hear a pin drop." They have another joy too, the joy of inactivity, a thing that few of us know much about. Most of us think that the poet who asked,

"What is this life, if full of care,
We have no time to stand and stare?"

was a trifle odd. One member of staff has complained that the South Dormitory girls spend time at weekends just standing with arms akimbo watching. Is there perhaps something we could learn from them about the meaning of life and how to appreciate it, or is to ask that question to have put on the rose-colored spectacles of resolute sentimentality?

Jean I. C. Tabory

HIGHLIGHTS

As of July 1 a redistricting of the 100 counties in the state will be made. Each of the four Centers for the retarded will serve, irrespective of race, a specific section. Caswell will serve only 31 eastern counties where previously it served 43 counties. The twelve counties which Caswell will no longer serve, will come within the jurisdiction of O'Berry Center. Those individuals who live in the counties which O'Berry will serve and are now residents of Caswell, will be transferred to O'Berry Center beginning July 1.

Dr. Henry Goodman of the Bowman Gray School of Medicine; Dr. James Thomas and Mrs. Davis, a laboratory technician, Western Carolina Center in Morganton were at Caswell in January in connection with research work on the biochemical disabilities of individuals with Down's Syndrome (mongolism).

W. A. Dunne, supervisor, has recently released a tabulation of the progress made by the Vocational Rehabilitation Facility at Caswell Center. There have been 568 retardates who have received training at the Facility during its four and a half years of operation. The Facility began as a pilot project to determine the feasibility of training retardates for remunerative employment. In the beginning it served only Caswell clients. However, in 1962 the Facility began offering services to public school referrals. At the present time eight boarding home for public school referrals are operating in Kinston under the supervision of the Facility. Students from every area in North Carolina have received training at the Facility. During the month of December, 1964 there were 78 on-the-job trainees who received $6,074.00 and 238 closed cases employed who received $33,270.00. Retardates who received training at the Facility and who were employed during the month of December made an average monthly wage of $139.70. During the four and one-half years of operation there have been 347 placed in employment. There were 180 Caswell Center clients, and 130 public school referrals placed on-the-job by the counselors at the Facility. There were 36 clients who received training at the Facility and placed on the job by their home town counselor.

In February ground was broken for the new student canteen which will be located behind the old central hospital. For some reason the construction seems to have bogged down and one only sees pipes and electrical installations plus building materials scattered about. The limitations as to the size and capacity of the canteen has caused some expressions of disappointment among the staff.

Most books have just one author and sometimes two or three persons may collaborate but a book is in the making at Caswell. It has many authors. Miss McLawhon's intermediate group of students is in the process of writing a book. Like the writing of most books, this will be no overnight production. The students began this work when the first snow fell in January. The students with their teacher decide on features that are important enough to merit a place in their book. Individual students then dictate sentences telling about the event. The teacher writes the sentences as dictated on the board. The sentences then are chosen which best tell the story and these are rearranged in proper sequence. The final task is that of choosing a brief title which best tells what the story is about. The students write about the various happenings to the students or the teachers. The students will not be faced with the high publishing cost as most writers are. When the story is completed, it first becomes a reading lesson, then each student copies the story from the board for his or her own book. Proofreading of one story isn't too bad but the proofreading of fifteen identical stories can have its problems. This is Miss McLawhon's task, after the "chapters" are handed in. For this book is not only a reading lesson but a spelling and writing

(Please turn to page 5)

STUDENT EVALUATOR

The following article is written in two parts by Miss Charity Holland, student evaluator in the Training and Education Department. The first part depicts her role as the student evaluator. The second part depicts the role of the institution as she sees it.

—Editor

- I -

The concern of the Department of Student Evaluation is that each resident of our institution be provided with a program of training in keeping with his capacities, limitations, and interests.

The limitations of mentally retarded persons are greater and their interests are less variable and less extensive than those of normal children. It is, therefore, necessary that many factors be considered in order to provide a satisfactory program of education and training for the mentally retarded. Through study of available records, interviews with various staff members, conferences, and testing sessions with residents, the student evaluator makes recommendations as to which available program of training might best meet the needs of the student.

The job of the student evaluator begins when the director of training and education advises the department of the approval of an application for acceptance by the institution. Within a few days after a person is admitted to the institution and assigned to his unit, the evaluator arranges with the living unit attendant for a conference with the new resident. A study is made of the central office record containing the resident's application for admission, correspondence, medical reports, psychological reports and social history summary. The evaluator administers the Metropolitan Readiness Test or Gray's Oral Reading Paragraphs Test and an achievement test to all educable level students. Tests are checked and scored by the evaluator and a recommendation as to group placement of the student is made based on the student's potential and a study of the composition of the various groups in training programs. A narrative report is prepared in which are compiled the findings from the study of the records, the interview with the student, and a conference with other staff members. This report includes data from the psychological evaluation, physiological findings from the medical report, the developmental history of the student, observations of social behavior made by the psychologist, teachers, living unit attendant and evaluator, and academic test scores. Following a conference with appropriate persons, the evaluator is responsible for preparing sufficient copies of an assignment form showing the student's schedule so that all persons involved are informed of a student's placement.

Basically, all persons who come to live in our institution have the opportunity of receiving training in accordance with their potential. For some, this means a school experience which may take them to the second, third, fourth or even, in a few instances, to the fifth or sixth grade level. It is important to realize that not all residents of our institution attend the school sessions conducted as a part of the institutional program. There are a number of mentally retarded individuals who cannot be considered educable or trainable. For such a group, there is no degree of modification of curriculum which will provide profitable schooling.

At intervals the student evaluator compiles and prepares various reports to provide interested staff members with statistical data which might help in evaluating the total program. Periodic surveys are made to examine the format of various groups as to chronological age, academic achievement, living unit assignment and mental age of students. The evaluator may suggest changes which might better meet the needs of the student after considering the child's health, his habits, his personality and his association with other persons.

The evaluator discusses the adjustment of students with teachers, cottage parents and other staff members. Following these conferences and as a result of other observations, notes are recorded of behavior patterns and when called for referrals are made to other departments.

In the fall and spring of each year through study of available records, the evaluator determines the level at which the individual students are to be tested academically. Instructions are prepared for the staff and a schedule is set up so as to accomplish the task in a minimum amount of time. The evaluator converts and records all test scores and makes a study of the scores to determine the progression and regression scores of individuals and groups.

Some time is spent listening to students' problems and recording information that might be of value for the record, and when necessary the problem or observation is referred to other persons.

Study of the curriculum guides and conferences with instructors as to content of program being provided and objectives for various groups at each level assist the evaluator to make more fitting recommendations for placement of students.

Records are constantly reviewed and new psychological evaluations are requested as needed to keep records current and to meet requests of other staff members for these services.

The department of student evaluation is responsible for maintaining the master class schedule books for all students and groups in a training program. This involves posting all changes, additions, and deletions and notifying all persons concerned. This department is also responsible for maintaining individual training record files for each student. This involves posting records as to enrollment in training, living unit changes, discharges, deaths, home visits and returns, and other miscellaneous but pertinent data.

The evaluator will occasionally prepare and furnish a training summary record on the training status of a resident when requested by the director of training or other staff persons. The diagnostic center has on some occasions requested the services of the student evaluator to assist in making some prognosis as to what the institution may be able to provide a prospective resident in regards to training.

It is the job of the department of student evaluation to consider the needs of each person as an individual and to recommend services which may best meet individual needs. For some residents this may be a program in the trainable school while others may profit from academic school training. It is important that each person be where he can achieve some degree of progress. It is tragic to see the mentally retarded child drilled repeatedly on matters in which he has no interest, on matters which are beyond his capacity to understand, and on matters with which he has little or no prospect of association in ordinary life. It is just as important to educate the mentally retarded child to be happy and efficient in his social relationships as it is to try to help him be able to learn a livelihood. His life, like that of all others, is composed of living as well as earning. Whatever the evaluator may do to help the student live a full life is accomplished in working with many other persons.

- II -

The growth of community services has affected the changing role of state residential institutions. In the early days the residential institution was the only specialized resource available for the care and training of the mentally retarded. Today residential institutions are regarded as only one among the total resources within our state which are responsible for planning and placement of mentally retarded individuals for services which best meet their specific needs. As our understanding and knowledge of the specific needs of the mentally retarded expand and our skills in planning and selective placement in appropriate services increase, we will be able to utilize all available sources more effectively.

The state residential institution has made a significant contribution to the development of special education in the past. It is destined to continue to do so in the future. However, its specific role in a total state program for the mentally retarded has been, and still is, undergoing transition.

The recent establishment of a diagnostic center here on the Caswell campus is part of the changing role of the institution. This expansion of the residential institution provides a significant and much needed service. Through the diagnostic center the institution is accepting some responsibility for working with the community in evaluating plans for the most appropriate program to follow with the retarded and his parents. This plan may, or may not, include institutional care.

The resources and the responsibilities for the mentally retarded in North Carolina are changing. The institution needs to be used much more flexibly. We must look at the institution as just one facility among many and, if needed, as a transitional phase in the child's total development. Reliance on the institution is not a substitute in any way for community planning. We are aware that many residents in the institution and persons for whom admission is sought are not well equipped to meet all the needs which may be placed upon them in regular society. We are also aware that the institution itself may increase these emotional and social deficits.

It is the feeling of the evaluator that the child's own home and community have the potential for providing a more normal environment than the residential institution. All children belong to parents, families, communities, and society in general and these are all involved in the welfare of these children. In the consideration of an adequate program which might best meet the needs of the mentally retarded, the needs of the family and the resources of the community must be properly evaluated also. It is no longer valid for the residential center to be considered as a permanent abode or segregated facility for the mentally retarded. Neither is it valid to consider the residential program of training as the best program of training for these persons. The student is not admitted to the institution because of the superior program of training available. If there are other reasons why the student should leave his own home and community and enter the institution, then the child who would profit from a program of training should he remain in the community will be provided with a program of training in the institution. Often this does not mean a program of academic skills. Residents whose mental limitations are such that they cannot profit from training in academic skills will be placed in a program, where they can achieve some degree of progress in other skills.

The institution is responsible for providing its residents with a program of training which may assist the mentally retarded person in achieving his maximum potential - socially, emotionally, and intellectually. How effectively the student may be able to implement this training is largely determined by the society that was responsible for the placement of the student in the institution. The society with its same problems which determined the necessity for institutionalization is the society, with many of the same problems, to which the trained retarded individual must return in order to fully achieve his potential. The absence of a supportive family environment must in some measure be compensated for by community support. No program of training can be provided which will enable the mentally retarded individual to maintain himself without some assistance. The institution has no means of removing the intellectual limitations of mental retardation. The family and/or the community must undergird the mentally retarded person if he is to fully utilize any program of training with which he has been provided.

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Highlights

(From page 3)

lesson for students. The chapters will be compiled and bound together toward the end of school and each student will have his own journal of the year's activities. This will be no just plain black and white book but an illustrated edition. The children illustrate their stories with their own drawings, and these too will become a part of the book. At the end of the year the students will choose a title for their book. It may be that they choose different titles as they do sometimes for their chapters. Miss McLawhon hopes that the final chapters will read more interestingly and look better (they will as the reading and writing improves) to the students than the first chapters. If they do, then the monotonous hours of proofreading will have been worth the struggle.

EVALUATION CLINIC

"The doctor told me that I was depriving my child by not placing him at Caswell." This statement was made by a mother who seemed to be doing an excellent job of meeting all her retarded child's needs at home. Peter was a happy, well-adjusted, 8 year old, attending special education classes in the community and accepted in his home by realistic parents and understanding siblings. Variations of this statement are frequently heard at the Evaluation Clinic. Not only do doctors often recommend Caswell as the only solution for a retarded child; but many other professionals such as welfare workers, teachers, and public health nurses, recognizing that Caswell is "a good institution", tend to think of referral whenever they are faced with the problem of retardation.

The primary function of the new Evaluation Clinic is to screen all applications where there seems to be any question as to need for placement. It is believed that institutionalization is not necessarily the best plan for the retarded and that each case should be considered individually. Besides referrals from the Council on Admissions the clinic is seeing all potential applicants. Parents who are considering the possibility of applying are given an appointment to visit the clinic with their child. The clinic personnel helps them look realistically at the strengths and weaknesses of institutionalization and to consider alternative plans. While the social worker talks with the parents, the child is seen by the physician-director and often by the psychologist and student evaluator or other professionals when indicated. This visit generally takes a full day, but if further evaluation is felt necessary, hospitalization is arranged for a period of up to one week.

Many parents only need support and encouragement to continue care at home, especially when the community offers special education classes and other facilities. Even when such help is not available it is often questionable if the institution can offer more than a good home situation, particularly for the young child. As a retarded child enters adolescence, parental fears often increase, and these need to be expressed and handled. Continued counseling is offered parents where a need for this service is felt, but they are encouraged to use community counseling facilities such as Family Service agencies or Mental Health Clinics when available. With families whose child does not seem to be a suitable candidate for Caswell, community resources are explored and parents encouraged to take part in local parents' groups as a positive step towards creating more facilities for their child.

As of April 1, 1965 the clinic has evaluated 60 individuals. In only one-half these cases has admission to Caswell been recommended. In 23 cases it was felt that the child's needs could best be served by remaining at home. Two adolescents have been directly referred to the rehabilitation facility and have been accepted for vocational training. In four cases the parents were hesitant about admission. After helping them look at institutionalization versus home care, the decision was delayed In the case of Susan, an 18-year-old girl, the parents were encouraged to attend their local N.A.R.C. group to see what could be done in the community first. The mother recently wrote with enthusiasm that Susan is now going bowling once a week with a group of retarded teenagers, and plans are materializing for the establishment of a sheltered workshop in their city this summer. This seems to be best for Susan as her close-knit family wanted to keep her at home if possible.

The clinic has seen individuals ranging in age from 5 to 49 years, with the largest concentration in the pre-teen years with 27 children being evaluated. Nineteen adolescents form the next largest group. Nearly twice as many males as females have been seen. In all cases the importance of having both parents participate in the evaluation has been stressed as parental attitudes toward the retarded child often differ greatly. In some cases it has been helpful to have the local welfare worker come with the family and take part in the evaluation conference. Before scheduling an appointment, summaries are requested from all previous professional contacts such as hospitals, clinics, and schools as these are most helpful in giving background information. After the evaluation is completed a summary is sent to those community agencies, i.e., schools, mental health clinics, and welfare departments who will continue to work with the family.

Clinic staff is still in the process of evolving a philosophy of how to best serve the needs of families who come for objective evaluation and guidance. It is recognized that those from rural areas where less facilities are available have different problems than those who live in cities. One mother recently put into words her feelings of helplessness and frustration, which many other parents have felt in dealing with a retarded child in the home: "I don't understand how the retarded mind works". Families are at many different stages of accepting the extent of retardation and the limits this imposes on their child and on themselves. Parents are helped to become aware of their feelings of grief, hopelessness, guilt, or resentment and to gain acceptance of these feelings. Through clinical observation and evaluation parents can become more objectively aware of their child's abilities and limitations. They can be supported in the adequate job they are doing daily and thereby gain confidence to continue home care. Often they are helped to see their situation in a new, more positive perspective because of their visit to the Evaluation Clinic.

Betty M. Lawson,
Clinic Social Worker

That which thou wouldst not
suffer thyself, seek not to lay
upon others.

REHABILITATION

The following article on "The Role of the Home Economist in Training the Mentally Retarded" is written by Mrs. Iris S. Aldridge, a home economics teacher in the Caswell Vocational Rehabilitation Facility and appeared in the 1964 September-October copy of Reach, the bimonthly magazine of the N. C. Rehabilitation Facility.

Editor

The home economics teacher in Vocational Rehabilitation can play a very important and unique role in the training of the mentally retarded female. She can become the ray of hope in an otherwise dim future for the student who is unable to keep up academically with the other students. The slow-learning student has fewer opportunities to learn an occupation or skill in the public schools as more and more emphasis is placed on higher education. Retardates eventually become discouraged, drop out of school, and probably become welfare clients, unless somebody takes the initiative in training them for a useful and satisfying life. The Vocational Rehabilitation home economics teacher has the training, the teaching situation, and the opportunity to help these individuals become more capable of utilizing any talents, abilities, and capabilities they might have, because Vocational Rehabilitation has taken the initiative in training the mentally retarded for remunerative employment. Through rehabilitation training, the home economist has the privilege of assisting retardates in their quest for self-realization and a place in the scheme of life.

Before beginning to teach the retardate, however, the teacher must first examine herself to see if she possesses the distinctive personal characteristics essential for successful guidance of the retarded. The teacher must possess an unlimited amount of patience, and the ability to accept and love the student who is less fortunate in appearance and ability to perform, and more subect to aggressive and offensive behavior. Due to the inability of the mentally retarded to understand, to remember, and to interpret information correctly, it is of paramount importance that the teacher have the ability to express herself simply, clearly, concisely, and repetitiously as well as the ability to demonstrate vividly each step of any procedure. A positive attitude on the teacher's part is very essential, because without this, he student can sense that the teacher does not expect the best performance possible. With a posiive attitude, the teacher is not as prone to acept "I can't" until the student proves by trying hat it is impossible for her to perform at a speific level of achievement. Expressing confidence n the student oftentimes produces surprising reults. Other characteristics of an effective teachr for the retarded are a soft and harmonious oice, even temper, and consistent behavior.

The retardates, do not need sympathy; howver, that is the emotion most often expressed oward them. They do need encouragement and uidance in solving everyday living problems. There is no such thing as a small problem for the etardate. Everything looms as detrimental and must be explained carefully and clearly, because without a calm assurance that everything will be all right, the retardate is inclined to become very emotional. Typical teen problems with the opposite sex are exaggerated in quantity as well as in intensity. The home economics teacher in her social adjustment classes can guide students in solving problems in an acceptable manner. Through role playing the student can be guided to develop a better understanding of others and encouraged to control emotions in trying situations.

When the teacher displays acceptance, love, and confidence, the student performs more nearly at maximum ability. Retardates are quick to sense any adverse emotion felt by the teacher. It is necessary for her to be consistent in her behavior, because any variation from normal behavior or sudden outburst of irritation on her part creates confusion and frustration for the student. One of the main reasons that retardates need constant encouragement and need to develop self-confidence is that they often are the scapegoats in any group participation. They are also the forgotten ones in community projects and activities.

The home economics teacher can help retardates gain confidence and self respect by guiding them in developing their physical skills and talents in the various areas of homemaking. The student who cannot pass English might be an excellent seamstress, cook, housekeeper, or baby sitter, if given proper guidance and encouragement. It remains for the teacher to emphasize that even though their mental abilities are limited, they can learn to perform certain tasks well. Once they realize that they are important in the scheme of life, can contribute to the betterment of society, and can improve their own chances for happiness and success, their interest in developing their skills and talents increases markedly.

Since it is only by repetition that retardates learn, it is imperative for the teacher to plan her teaching situations so that they have a chance to repeat each basic learning process in different situations. They need constant encouragement to stick to difficult tasks and to do their best on each one. The teacher should strive to involve as many of the senses in teaching as are feasible. Learning occurs in proportion to the number of senses involved in the activity. For example, there is knowledge retained from sight and sound; but when touch is added, retention increases considerably.

In teaching the mentally retarded, never underestimate their ability to perform when properly motivated. If they have been stimulated to the point of really wanting to learn something. they will exhibit tremendous effort, patience, and determination in an effort to succeed. If the home economist plans her class activities in simple graduated steps of difficulty so that they can realize as much success in their work as their ability will permit, the teacher will see results that might belie what is expected, based on previous performance. Tasks that are repetitious in nature and usually boring to the more gifted person are a source of pride and self-realization for the retarded.

The challenge of training retardates is great; but for those who meet it, the rewards are ample. Retardates can be trained. There is a place in society for them. It is up to us to help them find it.

Training and Education

The school reported a tremendous increase in interest this year as a result of the new science materials and equipment which have been secured through National Defense Education Funds from the Federal government. Caswell Center became eligible for these funds after July 1, 1964 and the first purchases were received after January 1, 1965. The educable children are finding these basic science projects interesting and educational.

It is interesting to note the changes that have been made in school enrollment since September 1964 through March 1965. Thirty new admissions have been added in the academic school; thirty-nine new admissions have been added in the trainable school; ten academic students and eleven trainable students have returned to their homes.

Mr. Batts, the school principal, has drawn plans for each class to evacuate the school building in case of fire. Regular fire drills are held in keeping with school policy to train the children to know how to cope with such emergencies. This plan has proven to be very satisfactory and the students respond well to fire drills.

Mrs. Hinson, supervisor of instruction in the trainable school, is working very closely with the instructors to upgrade the total program. New teaching materials and supplies have been added to the program this year. Special emphasis has been placed on teaching methods and planning to produce a better curriculum for the trainable child.

In Home Economics, Mrs. Rouse and Mrs. Hill are stressing basic homemaking for the girls. In the boys' classes emphasis is placed on simple home management and home responsibility. Home Economics for retarded boys is considered vital because many of these boys will eventually go into boarding homes where they will have to assume responsibility for simple food preparation and clothing maintenance. Here is a school situation where basic skills can be learned so that the transition from institutional living to community living can be made with minimum difficulties.

The Industrial Arts Department has been working on materials this quarter which can be used as teaching aides in the trainable school program. Many of these materials are not on the market for general purchase nor are they available for general school use. These materials have been designed by special education teachers who have found them functional for the trainable child.

Eight new basketball goals were put up behind living units this spring for recreation activities. New balls, bats and gloves have been purchased and turned over to the cottage life recreation staff for their program. The Sampson Shirt Company donated a scoreboard to the Recreation Department which has been invaluable to the intermural basketball program this year.

Donations to the Center have continued at a much higher rate during the first quarter of 1965 than in years past. The Junior Woman's Clubs, V.F.W., Ladies' Auxiliaries, church groups, private businesses and individuals have supported the institution as never before. We deeply appreciate the effort our citizens of North Carolina are giving to the cause of the retarded in this state and it is only through this type of support that we are able to provide some of the necessities which public funds are not available to purchase.

The New Hanover County chapter of the North Carolina Association for Retarded Children invited the scouts of Troop 227 to participate in the annual Azaelia Festival on April 3, 1965. They led the N.C.A.R.C. float in the parade with honors. Following the parade, the boys were served hamburgers at the home of Mrs. Barryhill. The luncheon was provided by the New Hanover Chapter of the N.C. Association of Retarded Children. As the boys had to rise and leave before breakfast was served at Caswell, they ate on the way. The Lenoir Chapter of the N. C. Association for Retarded Children provided the funds to pay for their breakfast. In the afternoon they toured the Battleship North Carolina.

The Child in the Glass Ball

The following is written by Chaplain Lawson and is a report on the book, "The Child in the Glass Ball" written by Karin Stensland Junker. It is hoped that our library will soon have a copy of this.

—Editor

Although this book is sub-titled "A Courageous Mother's Story of Hope for Retarded Children," it is in reality a lucidly written account, full of warmth and understanding, of a Swedish woman's work with children affected by a variety of mental and physical handicaps.

More than half the book deals with little Boel - the child in the glass ball - the author's daughter, who perhaps can best be described by use of Dr. Leo Kanner's phrase, "the autistic child." Boel is one who lives in a world of her own where none may enter. Later on, a second handicapped child is born to this valiant mother. Anders fits the description of the child who is mentally retarded.

Mrs. Junker writes from the heart of personal experience with her own children and of "solutions" eventually reached. Her own tragedy serves as a springboard for constructive action on many avenues of work with "developmentally inhibited" and otherwise afflicted children.

"The Child in the Glass Ball" is a compellingly written book by a deeply religious person dedicated to the cause of all who are in any way handicapped. The author demonstrates creative Christian concern and compassion for "the least of these, my brethren." This book should prove of inestimable value to clergymen, social workers, physicians, nurses, educators, and all other professional persons engaged in the field of work with handicapped persons. It should be particularly useful in preparation for effective counseling with parents of handicapped children because Mrs. Junker vividly describes her inner feelings. It is a book that should be helpful to many parents facing similar problems, for it abounds in hope.

In the United States, where we have made great forward strides in recent years in the fields of mental retardation, cerebral palsy, and other childhood afflictions, "The Child in the Glass Ball" merits a wide reading. It will help us gain wider perspective as we help meet the problems of the handicapped, both privately and publicly.

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

To The Society

May I introduce
Myself to you
I am not like my brother
I am not like my sister
I am not like their friends
What am I like?

Sometimes they beat me
Sometimes they tease me
Sometimes they mock me
They call me
The mentally retarded child.

I feel much for music
I care so for painting
I am fond of dancing too
But it fills me with pain
When I see
The tear in my mother's eye.

Teach me and love me
Give me a chance in your world
For I am not that hopeless
Though you call me
The mentally retarded child.

(This poem was written for the Society for Mentally Retarded Children in Indonesia by the co-founder of a school for trainable children in Djakarta).

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WHY

The following article "Why Children Are Placed in Institutions" was written by Mrs. Mildred W. Nichols, for a class she was attending. Mrs. Nichols placed her daughter in Caswell Center in 1953. Today Mrs. Nichols works as a housemother in the State School for the Blind.

Editor

Jane smiled and waved from a second story window, showing her even white teeth. Her mother Mrs. Brown, waved back, burst into tears and drove away. Jane Brown was a pretty little 9-year-old girl with blond hair and an olive complexion that made her eyes look bluer than they really were. But Jane just couldn't learn anything in school except spelling and singing. Neither could she see very well, even with glasses. You see, she was a handicapped child - physically and mentally. Her parents had just entered her in an Institution for Mentally Retarded Children.

As Mrs. Brown drove away from the institution she was wondering, "What on earth can they teach Jane? She can't use her hands very well, can't tie her shoes or button her dress. She falls over her own feet when she tries to run. She can't talk plain and no one will be able to understand her."

Children are placed in institutions because they have specific handicaps. Public school systems are establishing more and more classes for some types of handicapped children. However, handicaps such as deafness, blindness, mental defectiveness, or severe neurological or other organic disorders cannot be taken care of on the outside due to lack of medical, education and vocational facilities. The main purpose of an institution is for education or training to enable those for whom it is possible to lead relatively normal lives in the community.

What can a child like Jane Brown learn in an institution? First, suppose we look in on Jane during her first few weeks at the school. She was emotionally disturbed and felt abandoned. She wondered what was wrong with her that she had to leave home while her brothers and sisters didn't. She felt inferior, rejected and lonely. A home, her parents were also emotionally upset.

The first thing learned in an institution is to get along with other people. How can a child do this when he never got along well in his home public school or community? He can learn because institutions are for those with the same type of handicap. Here he has a good chance of excelling in some areas of cottage or school life that he never had in public school with normal or brilliant children. Some handicapped children can at least learn to read, write and to count money in the Academic School. Many can go much further, depending on the type of handicap. Better coordination is achieved through the athletic program. A child can learn the social graces through his cottage life.

Gradually, Mrs. Brown began noticing changes in Jane while visiting at the school or during Jane's visits at home. She learned to tie her shoes, button her dress, run up and down steps without falling over her own feet. Dancing classes were a part of the athletic program in her school thus improving her coordination. She learned to keep herself clean, neat and attractive. She learned to keep her clothes clean, neat, and in their proper place in the cottage. She learned to make her bad, do her share in keeping her cottage attractive. She learned to read and write and was soon writing letters to her parents. Jane was singing in the school chorus which appeared on T.V. periodically and also sang for organizations throughout the State. This improved the muscular coordination in her throat. She could speak plainer. At 18 years of age, Jane was placed in the Rehabilitation Center, which was a new project on her campus. Here, she will be trained to be self-supporting. It is gratifying to see Jane progressing.

I, Mrs. Brown, am a House Mother for the State School for the Blind. This school has a similar program to that of Jane's school with the exception that Jane's institution has approximately twelve hundred acres of land. There, vegetables are planted and harvested by the students The Dairy and Poultry Department also provide vocational training. Working as a House Mother I see the need for a broader educational and training program. We, as workers at the State School for the Blind, are handicapped due to lack of facilities to train these children to their fullest abilities.

I have experienced joy and sorrow while working as a House Mother. The joy has been experienced over new materials furnished for entertainment, which delighted the children. The sorrow is in knowing the marvelous possibilities o

OPEN HOUSE

The observation of "Open House Day" is a long established tradition at Caswell and "Open House'" 1965 cerainly resembled its predecessors. Much zealous domestic work went on in the living units for a while before its arrival and everything was spick-and-span and beautiful for the visitors who had the opportunity to "drop in" or to take guided tours. In the afternoon there was a program in the recreation building. This year the May Queen was crowned and many came to pay her homage in song, dance, music and tumbling. The Queen and her court were very pretty, the singers were enthusiastic, the dancers were graceful, the rhythm band was exciting, and the tumblers were infectiously hilarious.

In the foyer of the Chapel there was a display of work done by residents in art classes, and arts and crafts classes. The mere act of looking at it aroused one's acquisitive instinct which had, of course, to be restrained.

There were some innovations.

We had an art exhibit of work done by employees and an interesting affair it was, with exhibits from many departments. There were paintings, ceramics, crochet, knitting, sewing, plaques, rugs, and an artificial tree complete with stuffed birds. Our staff is versatile and gifted too. (I speak as one who did not contribute).

Beside the registration booth we had a new booth, colorful if somewhat inappropriately decorated. This was the booth in which the Salvation Army collects at Christmas and it was used by the local Chapter of the NARC to tell parents about the work of the association and to encourage them to join. They recruited some members.

In the Chapel in the morning three films on the theme of mental retardation were shown. These were borrowed from the N. C. State Board of Health Film Library. We were glad to see that quite a number of visitors, in spite of the bright sunshine outside, settled down in the darkness to look at them and we hope they found them enlightening.

The marching band from Frink High School played gay music outside the recreation building just before the program. The tumblers had fun in a corner trying to strut like the majorettes. There was an awkward moment when it looked as if the band, having begun to play a little late and being determined to complete its repertoire, was going to compete with the players in the program for the attention of the audience but all was arranged peacefully.

The program was not restricted to the academic and trainable schools. Some of our older working residents took part in it.

There were three spontaneous outbursts of hospitality. In McNairy a parent, and in Byrum 2 and Byrum 4 cottage parents, graciously provided and served refreshments.

How shall we measure the "Success Quotient" of "Open House"? Do we judge by the happiness

(Please turn to page 8)

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accomplishment, for those who are so dependent on us, if we could be granted the badly needed facilities.

A Child Possessed

Stepan Lopuchine is an unusual man. He has chosen to be a lorry driver in Marseille although he was born a Russia Aristocrat. He is, in addition, a philosopher. After years of believing his only child to be dead, Stepan learns from his estranged wife that his daughter, Genie, is living. Her mother had placed her in an exclusive institution for the retarded years before and had felt it kinder to say that she was dead. Stepan objects to having his child cared for by strangers to whom she means nothing. In addition, the medical staff of the institution wishes to operate on Genie's brain. Stepan, feeling that such an operation would only make her less human, insists upon taking her with him.

The bulk of **A Child Possessed** is concerned with Stepan's adventures and misadventures as he comes to know Genie. The reader, at the same time, gets to know Genie through the thoughts and comments of Stepan's friends. Their reactions are not always kind as may be seen when a sailor exclaims, "Mother of God, what a mug!" Stepan, undisturbed by the other's revulsion, replies, "And what about yours!" There are numerous examples recording in absolute frankness the unattractive features of the father's keeping a severely retarded child. The author makes no effort to minimize the hardships, the embarrassment, and the impracticality of Stepan's endeavors. Instead, the reader follows this father through his many and often futile, attempts to obtain a response to his approaches to his daughter. He makes every effort to relate to her and to learn what life is like to her. Although he feels that he never completely succeeds, a relationship is established between the two. The reader is drawn into this relationship and finds himself searching for signs of a response from the girl. He is gratified as **A Child Possessed** becomes a child loved.

This book is not for the reader who is seeking a guide to caring for a retarded child, for Stepan is no ordinary parent. Nor is this a book for the reader who is seeking to rationalize the homeliness of some of our children, for the ugliness is emphasized here. This is for the reader who is interested in studying the beauty of a love relationship between a parent and child in spite of the most formidable obstacles imaginable.

From this relationship Stepan, and the reader, learn a lesson applicable to all of life. That is, in Stepan's words, "In the end our dullness and our feebleness don't matter. God's love will find us and our only business will be to reflect his love." His love for Genie provides the vehicle by which he is able to understand others better. This experience reminds Stepan of the words of a philosopher who has said ". . . the use of loving one person is to be educated in finding one's way to all the rest."

Author R. C. Hutchinson, an Englishman, must himself possess some of the qualities he has given Stepan. For this novel surely was written by a person with deep compassion for his fellowman and an extraordinary perceptivity.

Understanding Through Poetry

Why Poetry? Because poetry is speaking and hearing, because poetry is teaching and learning, because poetry is, to use a fashionable word, communication. Did not Mark Van Doren speak well when he said, "A good poem is the shortest distance between you and the subject"?

And why Poetry at the 89th Annual Meeting of The American Association on Mental Deficiency? Eighty-eight Annual Meetings managed without poetry. The brochure advertising the 89th Convention stated, "professionals of many disciplines join together for a comprehensive study of problems of retardation." One of the problems surely is that we do not understand the retarded. Mrs. Kahn who took part in the program expressed this hope concerning it, "Because there is an 'interior language" in poetry that communicates beyond the scientific word, perhaps through this program there will be a deeper awareness of mental retardation and the ways in which it affects parents, teachers, psychologists, social workers, and the people who are affected. We hope through the dimensions of poetry that we can probe a little deeper into feelings and understanding." Did not one of the poets of the Romantic Revival say, "Poetry is the breath and finer spirit of all knowledge"?

We do not say that poets have all knowledge but we do say that they have a different way of looking at things from the scientists and that, in studying the problems of retardation, it is helpful to use both ways. We suspect that Shakespeare knew as much about human nature as the erudite gentlemen who produce tomes on theories of personality. Let the student of psychology study both. A speaker at one meeting of the 89th Convention talked about the challenge of humanizing psychological work and quoted a scientist who said that artists, although they can prove nothing, have an awareness of metals that scientists do not have, and that when the scientist works with the artist he can understand metals better. Possibly if the scientists work with the artists we can understand mentally retarded people better. So often the behavorial scientist seems to lose the one in the study of the many.

The title of the poetry reading session was "Understanding Through Poetry". The original title was "Poetry As a Means of Increasing Knowledge Concerning the Meaning of Mental Retardation". Now there is a psychological title for you. How much better is "Understanding Through Poetry" which was suggested by Mrs. Kahn. Beware of the jargon of psychologists.

The following verses which, with others, were read at the Convention tell us something about the way in which some people who have been associated with the retarded children see them. Mrs. Hannah Kahn is a poet and the mother of a mongoloid girl. Mabel Talbot is a professor of Special Education, a scholar, and a poet.

* * *

Vivian

By Hannah Kahn

All things inanimate
because of her
are brought to bloom.
By her own light
she brings a star
into a room.
As though a match
were held against
a shadowed wall,
she, by her touch,
can make full-bloom
what had been small.

* * *

The Quiet One

By Hannah Kahn

You who are always a child,
Who finger delight,
With the innocent rapture that speaks
From time out of sight.

For you, enchantment is held
By a leaf or a mole,
Not questioning whether the part
Is part of the whole.

You in whose eyes there is peace,
Whom time cannot reach,
Give more, giving love, giving light,
Without sound, without speech.

* * *

From "Mental Retardation Project"

By Mabel Talbot

Clinic Presentation

Odd?
Or no surprise
That this unfinished child of God
Holds court for all the great ones and the wise?

Staff

"Physician, art thou whole?"
Teacher, art thou wise?
Planner--thy goal?
Critic--how clear thine eyes?
Watchman, how fare thine own?
Comforter, why art thou alone?

Child I

Quicksilver in the palm,
Bright and uneasy to hold
As liquid silver--
Not to be grasped, puzzling and puzzled,
Quickness dispersed and spilled,
Silver lost in sand.

Child II

A clown, a swaggerer:
The Sullivan himself, Tom Sawyer, or
That one in biceps, tights and leopard skin!
No less, until a stranger looms
Or friend at a new angle seems to loom
Or a paper falls, or--something then he is
Mouse gone berserk or sparrow in a room--
Soft frenzy trapped by spaciousness, hemmed in
By freedom--Samson in corduroys
Pulling an irksome temple down to size.

Child III

Child of no words and the eager heart,
What can I teach you?
Shall I give you words
For your gray eyes and your smile?

Dull things, words are, not to be mistaken
For the swift dance that is you.

Words and the way to say them are all I know,
So, for your learning
Give me time for learning
And wait if you will a while.

* * *

Speech Therapist to Retarded Boy

By Jean Tabory

Your laughter is the yellow of the daffodil
Your joy the breeze that comes with summer showers,
And when each week you come to me for therapy
I know which of us has more profit from the hour.

Your singing is red flash of surging cardinal
Your smile pale glow of dogwood in first dusk of spring.
To know you is to take part in the festival
Of life abundant, and forever promising.

It was fascinating to find that Mrs. Kahn and Dr. Talbot think as I do that the retarded have much to give, and something to teach, us. This idea is expressed also in the book "A Child Possessed" which is reviewed in this issue. It seems to me that the scientists regard the retarded with benevolent paternalism. From their pinnacle they look down with a view to manipulating the environment. May some great poets arise to teach us anew the great lessons that we are brothers so that some day we may find acceptance through poetry.

Jean I. C. Tabory

To anyone who knows Mrs. Tabory he is well aware of her burning interest in the Fine Arts and her ardent conviction that man today is too onesided in his scientific approach to the problems of man and his universe. Since Mrs. Tabory came to Caswell, she has with each passing year felt more keenly that the retardate could benefit from and enjoy good music, beautiful art, poetry and literature of the best, and good drama.

Why not try to stimulate some thought and interest? Why not try at the top? She ventured forth. After some misgivings and later with some help on the part of the program chairman of the 89th Annual Meeting of The American Association on Mental Deficiency, she brought into being the session on "Understanding Through Poetry".

Since this was so completely foreign to anything ever tried, no one knew what to expect. But as the session progressed, there was no doubt in anyone's mind Mrs. Tabory had produced a program - not only interesting but stimulating and provocative. It would seem that this was not only one of the largest in attendance but those who came were so caught up that they stayed to the very end - something unusual.

At the end people voiced their interest, their support and their hopes that such a program would continue for another year but be expanded to include drama, music, art and literature, as well as poetry; also to incorporate some of the retardates' contributions.

Editor

Vocational Rehabilitation

The fiscal year ending June 30 showed that 105 clients of the Facility had proven their ability to be self-sustaining to the satisfaction of the Facility and were considered closed cases. In addition, 70 students who were referred to the Facility for evaluation and training had completed their courses of study and been returned to their home communities for on-the-job training and job placement during the fiscal year.

During the month of June there were 88 trainees working and earning $7,649.00. There were 285 former students for whom information is available, working and earning a total monthly income of $39,910.00.

The implications of this report are made even more pertinent when it is realized that these are the people who just a few years ago were doomed to either institutional living (which costs the taxpayer approximately $1800 per year per person) or to a life dependent upon either family members or public welfare for support. The Vocational Rehabilitation Facility at Caswell Center not only trains retardates for a vocation but opens wide the door for self realization in the realms of self-value and self-respect.

The Rehabilitation Facility offers speech therapy, janitorial and maintenance program, training in industrial arts and home economics, reading therapy, counselors' services, and the use of a visual aid room. As well as receiving training in various vocations, all trainees attend classes in social adjustment, physical fitness, remedial reading and speech therapy. In addition to the basic vocational areas available in the Rehabilitation Facility, other job areas on Caswell campus such as the laundry, cafeteria, dairy, farm, maintentenance shop, shoe shop and hospital are available for training to those trainees demonstrating an aptitude and desire to enter these vocations. Various business establishments in Kinston and surroundng communities also help to broaden the scope of vocations a trainee may choose from by providing on-the-job training for trainees under the supervision of the Rehabilitation Facility.

The Rehabilitation Facility was originally planned to serve only institutionalized educable retardates; but during the second year of operation the first public school referrals entered the program. There are now public school referrals from all areas of North Carolina who live in the eight boardinghomes supervised by the counselors.

To be eligible for training at the Rehabilitation Facility a person, except in special circumstances, must have an IQ in the range of 50 to to 80. There has been one experimental class of trainees with I. Q.'s in the 40's. The purpose of this experiment was to determine the feasibility of working with lower I. Q.'s. Of the ten in the experimental class, nine were successfully placed in gainful employment. In addition to the I.Q. range other qualifications for eligibility are: Age must be between 16 and 50 with the preferred age being from 18 to 24. Parents must approve and cooperate with the rules and regulations of the Facility. A feasible plan of rehabilitation leading toward eventual employment must be determined by local Vocational Rehabilitation counselors or counselors at the Facility.

Who are the clients of the Facility? First priority are of course the Caswell Center referrals. Next in priority would be clients in our geographical location and lastly would be those from the other geographical sections of North Carolina. Since we are the only facility in North Carolina that accepts public school referrals, we anticipate continuing to have clients from all areas of North Carolina. Referrals who are dropouts or potential drop-outs in public school and suspected of being retarded or classified as slow learners are considered.

After a thorough evaluation of the student's past academic achievement, a psychological evaluation, and the administration of interest inventories and dexterity tests during the initial and subsequent interviews, the feasibility of the client for vocational training is determined. If the student is accepted, vocational training plans are initiated. A two months' evaluation period follows during which the trainee participates in all areas of training. During this trial period, the trainee's ability is evaluated by the staff. At the conclusion of the evaluation period, teachers, counselors and trainee confer on the most appropriate course of study. Trainees may take further specialized training at the Facility or be placed in an on-the-job training program at one of the many cooperating business establishments in Kinston.

Counselors are in constant contact with the trainees while they are at the Facility, and once a trainee has been placed on a job, the counselor makes routine visits to give any assistance needed by the client or employer. These visits are follow-up services by the counselor continue until the clients have demonstrated their ability to adjust to the community and to be self-supporting. At this stage of their training they are closed —that is, they are officially considered capable of being self-directive.

The number of different type of placements has been varied. Skilled jobs accounted for 8 percent, which included sewing machine operator, doffer, garment cutter, beautician and shoe repairman. Semi-skilled jobs accounted for 8 per cent, including piano tuner helper, electric motor repairman helper, auto mechanic helper, projectionist helper, lathe operator helper, etc. The building trades employed 8 per cent, including helpers in construction, electrical work, carpentry, plumbing and roofing. There were 3 per cent in clerical jobs, including shipping clerk, sales clerk and ticket taker. Nursing aides and attendants accounted for 11 per cent and maids, housekeepers and houseman accounted for 24 per cent. There were 24 per cent in other service occupations such as waitresses, bus boys, kitchen helpers, cooks, nursery workers, laundry workers, janitors, service station attendants, routeman helpers, bottler helpers, moving service and bag boys. Eight per cent of our placements were in farm and dairy or related, whereas 5 per cent were closed as homemakers and family workers. In addition to the 361 previously closed, we have at present 88 others placed in on-the-job situations or already in employment earning wages.

We have now worked with approximately 525 trainees and our experience indicates that only about 5 percent of those selected for training will not be successful. Our students have given talks with demonstrations in front of professional, civic and employee groups and have appeared on television. The students appear to make good adjustments and are accepted in the community. As a matter of fact, job requests for students have exceeded the number that we have been able to train. We have had many interesting experiences in working out our program, and we have found many ways to coordinate various phases into the total program of rendering services to the retarded. For example, the nursing aide uniforms and ward attendant jackets are made by those training for sewing to be used by those in hospital training and are kept laundered by other students in our laundry classes. The speech therapist works with those with specific defects, but in addition, works with all in group speech therapy classes, helping them to improve their daily speech skills and at the same time allowing them to practice applying for jobs, completing applications, getting social security cards, etc. Many field trips are offered in which our students actually shop and compare prices and talk to sales clerks, thus receiving help to adjust into the community. Social adjustment classes cover such things as how to dress, what to say, problems of dating and sex, money management, table manners, and employee-employer relationships.

The future appears bright with hope for expansion and improvement of programs for training retardates.

Mr. William Dunn, Director

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General Assembly

The General Assembly closed its session leaving many agencies quite frustrated due to the fact that budget requests were denied. Caswell received no increase in personnel and consequently there will be no added services. The only new appropriation was an outdoor recreation center and renovation of two living units.

The session did appropriate money for other programs for the retarded; (1) State subsidies of $40.00 per month. ($80,000 for the first year of the biennium, $120,000 for the second year); These funds to be administered by the N. C. Department of Mental Health. (2) Funds to operate the screening laboratory for metabolic disorders in new born babies; (3) Funds for twelve additional Vocational Rehabilitation Counselors for retardates the first year and ten additional counselors for the second year; (4) Funds for 200 additional teachers for educable retarded the first years of the biennium and 200 additional for the second year of the biennium; (5) Seventy dollars per month per trainable retarded child in the public school program. (This was raised from $40.00 per month per child.) (6) State matching funds for building community facilities for retarded ($213,155). (7) Salaries and travel expense for two community coordinators and a public information officer for the Council on Mental Retardation ($43,432).

Training and Education

The Training and Education Department's program in recent months has included the activities involved in the closing the the regular school term and the planning for summer events for residents remaining on campus.

The opening of the swimming pool generally coincides with the closing of school and it is a popular spot for most of our residents. Swimming instruction is provided for students who wish to learn to swim.

For the staff, summer brings some training opportunities not available when a full schedule of classes is in operation. Opportunities have included training in becoming certified senior lifeguards and workshops in various subjects provided both off and on campus locations.

The academic classroom summer program provides an opportunity for giving more individual help as teachers work with smaller groups on special problems, and for experimenting with various teaching tools and techniques. The trainable summer classroom program has included some special units on good grooming and the enjoyment of some films. The summer population is such a fluctuating one that it is difficult to evaluate accurately student progress in summer programs.

The summer Home Economics program covers a wide range of activities. There are fifty-seven girls enrolled in summer classes. These girls prepare simple dishes and have a happy time planning, preparing, serving and eating summer refreshments such as cookies and lemonade. One class enjoyed a special project of planning a party for a retiring teacher to which the students invited other staff persons and served as hostesses. Summer trips to nearby recreation areas and occasional trips to the beach involve the making of potato salad, cole slaw, cookies and kool aid by the Home Economics Department.

A summer outing doesn't always involve a trip off campus for many weiner roast and hamburger cookouts are planned for different groups at Caswell's own well equipped picnic area.

Summer brought with it the end of the basketball season and trophy awards were presented to the thirty boys on the six basketball teams. The end of basketball means the beginning of baseball and through the courtesy of the Kinston Baseball Club, season passes are provided for Caswell residents so that various groups have the opportunity to go into town to see all Kinston Eagle home games. Plans are now being formulated for the building of a new playground and ball field equipped with lights on the Caswell campus. This addition is being made possible with the use of funds appropriated in the most recent session of the legislature.

A special program provided for our students near the close of school was the "Little Jack" puppet show sponsored by the Dental Health Division of our State Board of Health. This program was well received.

Spring and the beginning of summer bring an end to the academic program for a limited number of our Caswell students each year. A staff committee meets each spring and reviews the record of students in their late teens and early twenties who seem to have matured to the point where they might be considered as candidates for the Vocational Rehabilitation program. Twenthree students were recommended for this program this spring. This means they will receive additional training to prepare them for job placement in the community.

GLEANINGS

There were four members of the Caswell staff who attended the annual convention of the American Association on Mental Deficiency at Miami Beach: Mrs. Jean Tabory, Chaplain and Mrs. Lawson, and Miss Pearl L. Adkins. As always there are many sessions and much talking about the retarded, but one comes away with the feeling there is nothing new. The programs are expanding and more facilities are being built, but no new approach. More personnel are being hired; and as more professionals become involved, there seems to be less and less thought for the human element.

The first-night speaker emphasized "No child should be disadvantaged". She outlined the steps that the Washington's Children's Bureau is taking in establishing comprehensive material and child care through pre and post-natal clinics: early diagnosis and treatment by evaluation clinics, and the encouragement through scholarships and fellowships to student doctors, social workers, psychologists, etc., to enter the field of mental retardation.

In a session regarding clinics, it was emphasized that the child should be reached at the earliest possible age to salvage the optimum potential and prevent further complications. Schools and health agencies may have to provide diagnostic services to reach the preschool child of the lower socioeconomic class.

A professor of rehabilitation counseling said that some of the characteristics needed to work with the retarded are: 1. flexibility; 2. patience, tolerance, and understanding; 3. a kind of pathos sense of humor. By the last is meant a sensitivity to situations not usually defined as humorous.

A professor of Special Education reported that Sequin realized education must be physical, mental and moral. He knew that repetition had a negative effect on learning. He never repeated the same process. Something new was always added. He said that any child, no matter how low, did something and he worked on that.

A psychiatrist in one session felt there is now a danger of too much emphasis on laboratory work because of the break through in biochemistry.

A psychologist remarked: "There is a handicapping situation in just being in a large institution."

One speaker emphasized the profound effect blindness might have on a child. It might cause a child to withdraw to the extent he becomes autistic. A child's ability to see and hence explore his environment is essential to the child's well being.

Another speaker stated that the author of the book, "The Teacher" made the statement that we kill life in cutting it up. The speaker questions if this is not what special education is doing by cutting special education up.

In one of the chaplain's sessions, Chaplain Lawson gave a paper on "Organizing Pastoral Training in Mental Retardation". Chaplain Lawson organized the first clergy's seminar in North Carolina for interested clergyman. In his paper the need for clergymen to see the retarded as human beings was emphasized.

In the test "Graebner's Child Concepts of God" which was given to 863 various retardates, the religious concepts which yielded the lowest scores included areas of ideas regarding God and time, angels and justice. The males responded somewhat "stronger" than females and this it was felt might be due to keeping the retarded girls home longer.

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SIDELIGHTS

During the first part of this past quarter Easter was the highlight. It was estimated that around 350 residents left the campus for a long weekend to visit relatives and friends. A Sunrise Service was held in the Chapel on Easter morning. Easter egg hunts were held for all the living units. This is a traditional part of Easter at Caswell. Various Woman's Clubs sponsored Easter parties in some of the units, and one club held an informal dance for 100 residents.

Nearly all the residents participated in a Field Day program held on June 23. Signs of the big day were already in evidence early in the morning as one saw a boy carrying a large bunch of brightly colored balloons to the gym or observed carpenters putting the finishing touches on serving facilities in the picnic area or on booths at the recreation building. Around 1 P.M., long lines of wheel chairs carrying many physically handicapped patients, and literally hundreds of ambulatory residents began to converge on the recreation building. Inside were many of the attractions one would see at a County Fair, including music, clowns, a Santa's workshop with an electric train and other mechanical toys, a doll collection, the world's smallest and fattest woman, and games such as ring toss, bingo, dart ball, and a fortune teller. Outside was a tent setup housing a menagerie including rabbits, a turtle, a bantam hen and chicks, pomeranian dogs, a raccoon, and a pony. Many took a train ride around the campus. Prizes of balloons and lollipops were won by all.

Other outdoor activities were the swimming meet for girls and the field and track events for the boys. Among these were the sock race, throw ball, kick football, piggy-back race, three-legged race, throw disc, broad jump, high jump, 100 yard dash and 500 yard relay.

A picnic supper consisting of hot dogs, hamburgers, lemonade and ice cream were served to all residents. The Crystal Five dance band from Snow Hill played for dancing in the gym from 8:00 - 10:00 P. M. Mr. Sutton who runs the canteen donated drinks and other favors at the dance.

Members of The Caswell Boy Scout Troop were invited to march in the Azalea Festival Parade. They represented the N. C. Association for Retarded Children.

School is out and vacations have been and are being granted to many residents. Some of these will not return to Caswell as their families live in the area to be served by The O'Berry Center. Each summer around six hundred to seven hundred return home.

By the time another issue of Caswell News come out the transfers to O'Berry Center will be well underway. It is expected about four hundred will leave Caswell for O'Berry and the same number will come to Caswell from O'Berry. Caswell is now accepting negro retardates.

The mobile x-ray unit visited Caswell in April. Approximately 1500 residents and staff members had chest x-rays.

Caswell again participated in the annual Art Exhibit by The Kinston and Lenoir County Schools. The display included art work from the academic school, ceramics done in The Trainable School and projects by the home economics and industrial art department of the Center and also the Rehabilitation Facility.

Dr. William Wilson, Dr. Ed Reilly and Dr. Kay Lewis representing the departments of psychiatry, neurology and pediatrics at the Duke University Medical Center have examined and evaluated fifty residents with particular types of epilepsy. This work is in connection with a much larger research project out of which will come a book and presentations before medical meetings.

Caswell residents have been the recipients of many free passes to The Kinston Eagles Baseball Club. The residents are a welcome group to each game as they give much impetus to the cheering section.

Caswell also has a pet which is receiving considerable attention. It is a pony. At one of the ball games a pony was given away and one of the free passes had the lucky number.

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Facts and Figures

As of July 1, 1965, the resident population at Caswell was 1876 (not including placements). During the last quarter forty admissions were made; 3 deaths occurred; 21 discharges from placement. Forty-two applications were referred—25 for males and 17 for females. As of the first of July there were 45 applications on the waiting list with 31 for males and 14 for females. Twenty-one of these applications were urgent and 24 were non-urgent but to be considered for admission when space is available.

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Open House

(From page 3)

on the faces of the Cottage 1 boys as they tumbled, the boisterous delight of the spectators as they watched them, the bright beauty of the skillfully wound May Pole and the appreciation of the art exhibits sometimes manifested as a desire to buy certain objects, or do we face statistical reality and admit that only 338 people registered although it is believed that more than that number were present?

From the standpoint of general participation we think that this "Open House" was noteworthy and we thank all known and unknown to us who worked so hard to bring whatever measure of success we had.

The Chairman

North Carolina State Library
Raleigh

N. C.
Doc.

The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

Song of Love

All men I
Call Daddy,
All women
My mamma,
Everywhere
I can see
God's face
And so, in
Ignorance,
I have kept
The great first
Commandment.
I have been
Rewarded.
All men I
have trusted
and all have
proved worthy
of that trust,
Therefore I
am numbered
With the blest.
Why then do
You pity
me? Who am
Exultant

. . . *By Jean I. C. Tabory*

October, 1965

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The Caswell News

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INTEGRATION

Much has been said and much has been written about integration, but what about integration at Caswell. The transfers were fairly smooth and the problems comparatively few considering the magnitude of the change. One must always remember a change of any kind is not easy. It is always upsetting; it is always threatening; and in some cases, it appears as though the world is crashing in pieces. Most people do not want change. The old ways are good enough for them, but change is inevitable.

It is interesting to point out when the white residents were transferred to Murdoch Center and Western Carolina Center some concerns were voiced by the staff, resident, and the parent but no voice was raised on the outside regarding the unkindness of this move - no move was made to stop this "inhumanity to man".

By now everyone is well aware the transfers were made by the State Mental Health Department to comply with the Civil Rights Act. The State has been divided into four regions. Caswell, because of its geographical location, naturally falls into the eastern region which comprises thirty-two counties. All counties east of Warren, Franklyn, Wake, Johnston, Wayne, Harnett, Cumberland, Bladen, and Columbus are in the Caswell district.

Each week starting in August approximately seventy residents were taken from Caswell by bus and station wagon and the same number were brought to Caswell from O'Berry. This was accomplished in a quiet, orderly way with capable supervision. Each person was carefully identified so that there would be no mix-up in identification. The lay person has no idea how easily this could happen. What about the retarded individual who does not talk; who does not comprehend enough to respond to his own name? The resident's master folder and personal belongings were taken at the same time.

Every parent or next-of-kin had been written to by the Superintendent preparing the relative of the impending move and the reason for it. A week before the actual transfer another letter had been sent out to inform the relative of the dat of the move.

Those selected to go were under thirty-fiv years of age; their families resided in the O'Berr district which is in the southern-central area c the State. Not all residents from the O'Berry district could be transferred and not all under thirty-five finally left. O'Berry did not have as man mildly retarded residents as Caswell and ha more moderate, severely, and profoundly retarde with many physical handicaps which as a rule ar normally part of the severely retarded makeu Because of these factors, it became apparent th colony units and crippled children hospitals mu be the units which would receive the greate number.

As of today, 402 Caswell residents have bee moved to O'Berry, and O'Berry Center has ser 335 to Caswell. All transfers have been complete for the present time between these two centers.

Although all residents have adjusted to th change with a surprising amount of ease, th younger child has accomplished it with less concern. As has been observed elsewhere, the child more accepting and has little or no prejudice. is only as he (the child) is taught prejudice tha he becomes prejudiced. How true the Master words, "Unless ye become as a little child ye cannot enter the Kingdom of Heaven".

Editor

The following article was written by Mi Charity Holland, student evaluator in the Training and Education Department:

This summer has brought new and enrichin experiences to the Caswell staff and resident population. Implementing the policy of the Depar ment of Mental Health, that all institutions under the jurisdiction of this department woul provide services on a geographical basis withou regard to race or color, has been a challengin experience. Now that the initial stages of the changes have taken place, this writer chooses make some observations that have been note as the process has taken place.

First This was difficult for our resident Change is never easy. It may or may not ha been more difficult than the change which an person experiences when he finds himself take away from his own home and his own community and placed in any institutional setting. Ma we hope that interested persons who have been concerned and aroused about the traumatic effe of this change on the residents of the institutio may also be no less concerned about providin a more accepting environment so that all person may have their rightful place in their own hom and community?

Second In a recently published book on mental retardation there is a chapter entitled "Are We Retarding the Retarded?" This phrase provokes some thinking about what may have been encountered in this changing process. Change is difficult and most average individuals need all the positive help they can get in order to adjust satisfactorily to change. Some people for some reason hate people of certain backgrounds. Some people blame all persons of a certain color, creed, or nationality for the faults of a few. Prejudice s usually a preconceived and unreasonable opinon or judgment made without basis or fact. Preudice is often built on fear and suspicion of the unknown. The attitudes of our Caswell residents, ike those of persons from most homes and communities, usually reflect those of persons around them. These retarded residents might have been helped with handling their fears and suspicions of the unknown but the babble of many voices affirming their fears and suspicions is confusing. This may have aided in "retarding the retarded". Much has been done in an effort to see that this changeover was made with the least possible upset and strain for the residents. The cooperation of the total community is needed in order to assure this for our residents.

Third The writer has noted with much interest the general acceptance of residents being ransferred by other residents and by staff members. Many persons who oppose integration can be very kind and concerned for persons of another race when they see these individuals as persons with needs.

Fourth A study of records from O'Berry Center indicates that the Center there has been used more flexibly than Caswell. It seems to have been he policy of O'Berry Center to make institutionalization as short term a process as possible. The Center apparently governs its policy with the philosophy that the institution itself may increase the emotional and social deficits of its residents and that the community has a responsibility for providing an environment to which he resident may return and survive. It is a fact that there cannot possibly be constructed and maintained enough institutions to accommodate all of the retarded.

In 1954 at the time of the founding of the National Association for Retarded Children, Joeph P. Wiengold, a leader in the field of mental etardation said: "There may be some doubt as to how much we can change our children for the ake of the world, but there can be no doubt as to how much we must change the world for the sake of our children". Many efforts "to change the world" have been made since that time. This hange which the Department of Mental Health has taken to effect total integration in all State Centers for the retarded in compliance with the Civil Rights Law is one among the many changes we may continue to anticipate. Few of us will do much to "change the world" but we may more ealistically need to change ourselves. Let us coninue to evaluate our own attitudes and responibilities. As society members who have been endowed with more than other members of the ame society, may we not fail those who have been entrusted to our care.

Help Through Understanding

Mary Jane is a child who functions on a mildly retarded level and who understands everything said to her or in her presence. She is spastic, which means she has constant, uncontrolled movements of her entire body and extremities due to central nervous system damage. Due to this constant movement she presents a problem in that she cannot speak or walk and it is very difficult to feed her, bathe her, or give her what would ordinarily be considered relatively simple nursing care. There is also an emotional problem involved for she cannot express her own feelings and one must learn to interpret her thoughts or desires by close observation of her actions.

The first day I worked with Mary Jane I found her to be very difficult because she rejected me almost completely. I was new to her and I did not understand her and she did not understand me. When I tried to feed her or give her medications she would clinch her teeth together so tightly that I could not get anything at all into her mouth. When I tried to bathe her she would kick and fight me so that I could not manage her at all without help. I found that the other workers whom she already knew could manage her quite well and so I tended to let them care for her.

After about a week of this it was becoming quite frustrating to both of us. I tried to get close to her but I began to have some negative feeling about her which she could probably sense. Her mother came to see her on the following Sunday and before she went in to see Mary Jane I talked briefly with her and explained my problem. She then told me that she would show me some of the things she did to help Mary Jane express herself and she would also show me how she fed, bathed and dressed her. In the presence of Mary Jane her mother talked to me and to her about how nice she could be and we both began to praise the child. All this time her mother was showing me what to do without the child's actually realizing it.

During this little discussion I realized that when she meant "Yes", she would blink her eyes very fast and when she meant "No", she would shake her head. I also found that she would look at an object that she wanted to tell us something about and by guessing and close observation we could find out what she was trying to tell us. After I learned to communicate effectively with her, we became very good friends. In order to keep others from experiencing the same difficulties I always try to introduce all new employees to Mary Jane and tell her all the good things about them and tell them all the good things about her. This works like a charm because she trusts me and therefore she will accept them better and they also find her to be quite a delightful patient.

The few minutes spent doing this one thing helps her and others through what could be many hours or days of difficulty. All of these efforts, we hope, help to make Mary Jane a happier child.

/s/ Barbara Myers, R. N.

Cottage Life

The following two articles were written by the supervisors in the girls' and boys' colony buildings about some of the highlights in their buildings. The first article, "Where Will the Fun End?" is written by Mrs. Faye Jones, Mrs. Ella Poole and Mrs. Nellie Brown. The second article entitled "Summer" is written by Mrs. Doris Barwick.

Editor

"WHERE WILL THE FUN END?"

There is no end it seems to the fun we have been having in the girls' colony; parties, parties and more parties. But we're not complaining because residents and cottage parents have both been having a good time.

On Thursday, September 16th, the cottage parents of Johnson 3 gave Mildred, a resident, a birthday party. Mildred has never had a party before. The cottage parents think a lot of Mildred and just wanted to do this for her. The ward was decorated with fresh roses. We had white candles and white linen tablecloths. The birthday cake was white, decorated with roses in a pale shade of pink. The girls were served cake, potato chips, mints and Pepsi. Everyone seemed to have a good time and Mildred received several nice gifts from her cottage parents. The colony nurses also attended.

Also on Saturday, September 18th, the Johnson 3 residents were served Kool-Aid in the yard. The record player was set up in the yard and they danced for about an hour.

On Tuesday, September 21st after supper, the Kendall 4 girls had a popcorn party in their playyard. The children were served popcorn and Pepsi. After this they romped and played and went to bed very exhausted. The popcorn was given by Brenda Mills' father who visited her the Sunday before. The cottage parents bought the oil and salt for the popcorn.

The Junior Woman's Club from Rocky Mount gave a party for approximately 100 boys and girls on Wednesday, September 22nd in Johnson 2. The girls were from Kendall 2 and Johnson 2 and the boys from Byrum 2 and 4. The Johnson 2 ward was very pretty. It was decorated throughout with summer flowers. The children were dressed very pretty and seemed to enjoy playing balloon burst and dancing. Everyone was served cookies and Kool-Aid. The hostesses were 45 minutes late and the children were getting restless. We were about ready to get refreshments for them ourselves when the women arrived.

On Thursday, September 23rd, a birthday party was given Brenda. Her father had left $5.00 and two bags of cookies the Sunday before for her party. The unit was decorated with many lovely flower arrangements and the girls were dressed in pretty clothes. Refreshments served were Pepsi, candy and cookies. Everyone had a good time and "Happy Birthday" was sung several times. After this they danced and played games.

In addition to these special parties each unit has had their weekly party.

Where will the fun end? Well we hope it doesn't end because the residents of the girls' colony have had many happy, fun-filled days.

SUMMER

The campus train has meant a lot to us this summer. Each afternoon, after all residents have finished their supper, an attendant would drive the train, while other attendants would carry on the usual routine of work. The residents from the colony would ride until dark. This put a little extra work on some attendants, but you could always feel a certain joy when the train passed by, loaded with little boys and big girls, waving laughing and singing. One might get caught with the extra work today, but he would get the free ride tomorrow.

The picnic shelter has been enjoyed very much this summer. On different occasions, the residents from different units have gone over to the shelter for cook-outs. Little boys and big boys always enjoy hot dogs which have been roasted over charcoal. Attendants have been very cooperative in doing this. Some would stay late, and others would come on duty early, but it was all done voluntarily for the residents.

Parties inside the units have been enjoyed this summer. Several Junior Woman's Clubs have entertained the colony residents. To this, we always look forward. The female attendants always enjoy getting the linen table cloths out, the candies the flower arrangements, etc., for a party. Byrum No. 2 has its own flower garden so we can have a beautiful arrangement of flowers whenever we like.

Each month the residents of some of our units are entertained by a birthday party. Each child who has a birthday in that month, is honored. This is done by the attendants. The male attendants often enjoy their birthdays celebrated along with the residents, but for some unknown reason, the female attendants never have birthdays any more!

The working residents play a big part in our daily living here at Caswell, and they are not forgotten. Each Saturday night, they have an hour of entertainment. This is supervised by one or more attendants. It is interesting to see the resident doing the new twist or jerk, while the attendant is doing the earlier steps, such as the Charleston.

Vacation is a word that is used often during the summer months. Little boys and big boys are going home for a visit, but eagerly returning. Many of our hours are spent packing suitcases for residents to leave on vacation, but the sight of that little boy coming back to us is always rewarding. Our unit doors are often closed and locked after a resident leaves us, but the door to our hearts is never closed. The capacity of our hearts is far greater than the capacity of our living units.

Many of us attendants have enjoyed our vacations, with our own families, taking trips, etc. but while one is away from Caswell, there is always a card to be found in our colony mail box letting us know that the attendant who is on vacation is still thinking of us. The tie that links us together is far greater and stronger than the eye can see.

"Stray Thoughts on a Sabbath Morning"

One could have stayed crisp on such a day only by stepping daintily from air-conditioned car to air-conditioned building, so that by the time I had walked from home to the chapel at Caswell my Sunday best and I had wilted. With forehead beaded with sweat and damp hair dangling from drooping hat I mingled with a line of moderately retarded women on their way to the morning service. Bright cries fell on my ears. "Hi, mama. You're looking pretty mama. You're a good woman. That's a pretty dress. You're sweet." On every face was a happy smile of greeting.

I sat on a bench and watched two lines, one male, one female, wending their way into the chapel. Most of the women were short, fat, and very awkward. Some men sat in wheel chairs and were pushed by their far from comely fellows into the building. I looked and I mused. It was not a pretty sight but it was a glorious sight. These men and women were part of the great congregation that, on earth and in heaven, worships God continually. Surely none will maintain that the quality of worship is determined by the amount of intelligence possessed by the worshipper.

A taxi transported me to a city church where I watched the congregation entering. Elegant, composed, well-groomed, they gathered to worship. "All we like sheep have gone astray." It was not easy to think of these people as lost sheep. I looked and I mused. We all have the same needs of God's eternal forgiveness and sustaining grace. Here we are just as helpless as the most feeble of the retarded. Our need is exactly the same. Only it is harder for us to face the fact of our worthlessness.

It was too hot to concentrate on any sermon but something came through. The minister was talking about the apostle Paul's companion, Barnabas. Apparently his name had something to do with encouragement and the message was that on our daily paths we often met those who needed a word of encouragement. Here many of the retarded lead the way for us. In truth their praise may lack discrimination but do not most of us show too much of this? Let us think well of those we meet. Let us drop that word of praise and encouragement. Let us follow the example of our retarded friends.

I left the service reflecting that the church has both a direct and an indirect ministry to the retarded: the former takes the form of trying to satisfy their spiritual needs, and the latter of constantly reminding us that the retarded are to be accepted as sons and daughters in Our Father's family, members of the great company of the redeemed, beings possessed of the infinite dignity belonging to all made in God's image.

Jean Tabory

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The Young Woman's Auxiliary of the Rivermont Baptist Church held a party for fifteen teenage girls from Cottage 4 and Dawson on July 24.

Christian Giving

On August 2, 1964 at the advanced worship services in the Caswell Center Chapel something new happened. It was the reception of an offering as part of the regular service.

For some time the chaplain had felt that residents at the Center had a need to do for others - to give of themselves in the cause of making life better for someone else. The idea of a regular offering as an expression of love to God and others was felt to have merit and something to which the residents would respond.

The residents responded. The first offering amounted to $3.35 from a congregation of 116. Most of the residents who attend this service have jobs. While their earnings are in reality a mere pittance, more than half the congregation regularly gives a part to God through the chapel offering. The amounts range from pennies (of which there are many) to an occasional quarter or half-dollar. From the beginning the chaplain has stressed the voluntariness of the offering while upholding the ideal of Christian stewardship in terms understandable to the congregation. During the first year of this "new venture for the Lord" fifty dollars were received showing a total collection of $169.06, or an average of $3.34 per service from a congregation averaging 190.

When funds began to accumulate it was felt by the chaplain that a method of administering the money was needed. Inasmuch as the money comes from the residents it was decided to form a Board of Deacons and Deaconesses who would be responsible with the chaplain for the stewardship of these funds. Each of four boys' buildings and six girls' living units elected their own deacons and deaconesses - one from each unit.

The Board meets monthly - usually on the first Sunday of the month - when the service of Holy Communion is held. The Deacons serve as ushers and the Deaconesses help prepare for the Lord's Supper and clean and replace the vessels and linens. The Board administers all expenditures of the chapel offerings with the chaplain serving as advisor. All transactions of the funds are subject to the approval of the superintendent.

How has the money been used? In the fall of 1964 a contribution of ten dollars was made to the United Drive. Nineteen dollars was spent on a Christmas Opportunity Project. A thirteen-year-old Kinston girl who lives with an aunt in a poor section of the city was cheered on Christmas Eve by a visit from the Deacons and Deaconesses bearing gifts of clothing and other needed items. The residents who participated were thrilled by this experience and learned one of the great truths of life, that is: "It is better to give than to receive". Last spring, just before Easter, the purchase of a large illuminated cross cost forty dollars. This cross hangs directly over the altar and is the highlight of the three regular Sunday morning services in the chapel. Several weeks ago an attractive electric wall clock was placed in a central location in the chapel - another gift from the residents through their practice of Christian stewardship.

(Please turn to page 8)

Training and Education

With the fall school program well underway, some of us have a feeling of nostalgia for these more relaxed summer schedules of the recent summer months which were filled with interesting and varied activities. The Training and Education Department sponsored several field trips for residents to the beach at Morehead. For these happy occasions the Home Economics Department planned cookouts for the noonday meal and prepared cookies, slaw and either tea or lemonade to take along on the trip. The return trip was usually made by way of the Bogue Sound Ferry and the ferry ride furnished a new experience for many residents. Weekly trips were taken to the Cliffs of the Neuse State Park and to Emma Webb Community Park. Some of these trips also included a cookout and some hours of fun in the different and interesting environment. The Kinston Eagles baseball club was most generous in providing passes for Caswell residents to attend summer baseball games here in Kinston. Summer also included bright new clothes as girls in the Home Economics Department made themselves summer dresses and new style skirts.

Summer brought a new staff member, Mrs. Linda Clark, to the Caswell Art Department. Mrs. Clark is a 1965 graduate of East Carolina College. The colorful summer activities such as watermelon slicings produced much creative art work done by students under the direction of Mrs. Clark.

Summer for several staff members meant attending summer workshops and classes. Some of our teachers spent some of their time not only teaching but being taught.

Fun doesn't cease just because school begins. The Recreation Department continues to work full time planning worthwhile programs for the residents. Local combos are being very generous in providing music for fall dances.

Making peanut butter cookies and other tasty goodies in the Home Economics Department is fun whether it's summer or winter. Making the cookies also involves much in the way of learning experiences including knowledge of measurements and timing. The fall classes have been planning and preparing breakfast foods including some not so well known ones such as eggs-in-a-frame and baked eggs.

Caswell is blessed with many generous donors who make life better for our residents. The E. I. DuPont firm has donated softball uniforms and basketball jerseys for both boys and girls. The Farmville Junior Woman's Club has donated a piano and various groups continue to sponsor special parties.

Long trips are curtailed when fall school program begins but this doesn't mean that students never leave the campus. Educational field trips to various areas in the community continue to provide enriching experiences. Several class groups have already visited the local fire department and the children were thrilled with the happy experience of riding in an old model fire truck.

This is the time when we look forward as well as backward, as we begin to think of what capital improvements may be necessary in the 1967-69

(Please turn to page 8)

N.A.R.C. CONVENTION

I was most fortunate this year to have had the opportunity to attend the National Association for Retarded Children convention in New York City on September 30 through October 2, 1965. The delegation represented the parents of retarded children from every state in the union except Hawaii and Alaska. There were foreign representatives from Japan and several European countries.

Of the tours planned, I visited the Willowbrook State School located on Staten Island. This institution has a population of 6400 residents. Their program is broad in scope; however, the increase in programs and well-trained staff has not expanded with the population. There are plans to improve the overall program for all retarded in New York.

There was an interesting report on research that is being carried on throughout the country in mental retardation. Seven research centers are in operation. The closest center to us in North Carolina is at Peabody College, Nashville, Tennessee.

One very interesting report was on "Research on the Academic Training of Retarded Children from a Behavioral Theory Approach". From this study new and stimulating materials on curriculum and teaching methods will be published.

The entire convention agreed that the great need in all states was more emphasis on vocational training and job opportunities for the retarded. Each state is presently working on a "state plan" to combat retardation. These plans will be submitted to the federal government for study and possible congressional assistance. More information will be published on this topic at a later date.

Dr. Robert I. Jaslow, Chief, Mental Retardation Branch, U.S. Public Health Service, spoke on "Promoting Better Residential Care". Dr. Jaslow emphasized that the state A.R.C. and local units became familiar with the American Association on Mental Deficiency publication "A Manual on Program Development on Mental Retardation".

New regional consultants for N.A.R.C. have been appointed to assist state and local units in any way possible to broaden the scope of community projects for the retarded. The southeastern representative is Kermit Harrington who is located at Atlanta, Georgia.

The programs for retarded children which are underway in North Carolina were mentioned several times by speakers throughout the convention. It would seem to me that North Carolina Parents Association for Retarded Children is doing a good job; and in many instances, a better job than some other states.

Weylon Bissette

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Activities of the Vocational Rehabilitation Facility include Wednesday evening dances. They are held at the Emma Webb Recreation Center through the auspices of the City Recreation Department. This provides leisure time activities for non-institutional clients. The music has been provided by "The Shadows" of Kinston, and the "Wanderers" of Grainger High School.

Understanding the Mentally Retarded

"The better informed attendant does a better job because he knows why the mentally retarded require special understanding and special programs which enable them to make the best use of their activities". This quotation from the book "Understanding the Mentally Retarded" aptly sums up the author's purpose in writing this book.

The author, Gareth D. Thorne, was the Director of Training and Education at Caswell for about three years in the middle fifties. When he left Caswell he became the General Director of Training and Education for the Hospitals Board of Control. In the early sixties he moved to the Southbury Training School at Southbury, Connecticutt where he was Director of Cottage Life. At present he is superintendent of Arizona Children's Colony in Coolidge, Arizona.

In his job as Director of Cottage Life at Southbury he had ample opportunity to comprehend the fact that there is a lack of information on mental retardation geared to the attendant's level of interest and readily available to him. He points out that a tremendous responsibility is placed upon the building parent and that his role is one of the most important ones in the institution yet it has been only in the last few years that any thought has been given to helping the attendant to understand all aspects of mental retardation.

The author, in the first part of the book, discusses the causes of mental retardation. Then he goes on to discussing the need of a diagnosis and all the various factors such as the physical and neurological signs, intelligence level, the school progress, the social and moral behavior which go into helping the doctor or psychologist in making a decision.

Mr. Thorne points out that all services in the institution should "work together to consider, to plan and to provide programs which will enhance the general mental, social and physical well being of each and every resident". In this connection he explains the role and purpose of the institution and the departmental structure of the institution.

A chapter is devoted to the nature of emotions. This includes the effect of group living - sex-homosexuality - deviant types (those who do not fit in). He ends this chapter on the positive emotional characteristics - the retardate's friendliness, happy-go-lucky attitude and his capacity to give.

Learning and its ramifications - developmental patterns - the nature of learning - motivation and so forth are discussed in terms which are comprehensive and understandable.

Mr. Thorne stresses that the most important responsibility of the attendant in working with the resident is to develop good relationships with them. He feels all else is secondary. He describes behavioral and adjustment patterns and gives some hints to help the attendant in counseling the retardate.

He ends the book on rehabilitation and discusses the institutional and community programs of workshops and halfway houses. He emphasizes that rehabilitation commences long before employable age.

This is a clear, concise, comprehensive book which is the first book ever written especially for the attendant. It has already sold out its first printing. Mr. Thorne is writing a second book in collaboration with three other persons as a supplement. He realizes there are shortcomings in this book and one of these is the lack of any information as to the role of the attendant in relation to that of the parent. What about the parent's feeling regarding his retarded child? What about the parents' feelings regarding institutionalization and his expectations of the institution.

Although the book is written as a text book it can be easily understood by the attendant and the parent. Each institution should have one or several editions in its library so that new employees could be encouraged to read it.

Pearl L. Adkins

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HIGHLIGHTS

On September 20, Dr. Sam O. Cornwell, director of the Division of the Mental Retardation of the Department of Mental Hygiene, Dr. Frank Badrock, superintendent of Caswell Center, and Dr. Vernon Mangum, superintendent of the O'Berry Center in Goldsboro, were interviewed on the Carolina Today program over WNCT-TV Channel 9 in Greenville. The subject discussed was integration.

Summer is the time for camping and each year some of the children are selected to enjoy this special treat. Most of the children who are chosen are those who do not get to go home or whose families find it difficult to visit. There are some who have no families. Ten children, whose camperships were arranged for by Mr. and Mrs. Phil Robeson, attended a two-week long session at Camp Pamlico in Washington, North Carolina. This camp is sponsored by the North Carolina Association for Retarded Children. Twenty residents attended a week-long camp called Camp Don-Lee at Arapahoe, North Carolina. This camp is sponsored by the Methodist Church which operates this week-long session for retarded children as part of its overall summer program. Several free camperships were given by the church. The children attending these camps always want to return for another year and there is no doubt that it was thoroughly enjoyed by all the campers.

July was watermelon time at Caswell. Every afternoon when these luscious melons, which are grown at Caswell, are at their "juicyest best", one sees a truckload of them being driven to a central location. Then the residents come from all directions for the slicing and the feast.

During the summer is baseball time and each year there are many free passes donated by the friends of Caswell. The residents who enjoy this sport are allowed to attend and are a hearty cheering section as they watch the Kinston Eagles win or lose at the Grainger High School stadium in Kinston.

The September, 1965 issue of "Children Limited", the monthly publication of the National Association for Retarded Children, Inc., featured a two-page article on the poetry reading session held at the 89th annual meeting of the American Association on Mental Deficiency in Miami Beach in July, 1965. Mrs. Jean Tabory, psychologist at Caswell was the originator and organizer of this session. The Children Limited published her poems, as well as those of the other participants on the panel.

The Apache Patrol Troop 227 Boy Scouts of America spent a night at Surf City.

Several members of the Fayetteville Junior Woman's Club visited the Caswell campus on September 18 and provided parties for Cottages 3 and 6, and refreshments for Parrott 2.

On September 17, twelve members of the Clinton Junior Woman's Club gave a party for the fifty residents of Parrott 3.

The Rocky Mount Junior Woman's Club sponsored a party for 100 residents of the Byrum, Kendall and Johnson living units on September 22.

On July 5, Sonny Bannerman and his "Night Owls" orchestra played for dancing in the Recreation Building. Many residents attended and enjoyed the dancing to live music. The orchestra donated its services.

J. B. Ham and his associates at Station WFTC donated tickets allowing twenty-five men, all residents of Cartwright Building, to attend the Grand Ole Opry Show at Grainger High School on July 7. There is no question but this was a highlight for these men.

Training and Education

(From page 6)

biennium in order for the institution to be able to maintain a well-balanced program of training for our residents. The administrators of the Training and Education Department feel that future plans should include:

First: A new building for classrooms for trainable level students seems imperative. The present population trend of the Center indicates an increasing need for a program of training for older teen-age trainable level students. There is a very real need for providing these students with experiences in food preparation, sewing, cleaning, and laundering. Additional teaching space is necessary if we are to help these trainable level students to develop some skills that may be of real value to them.

Second: One of the summer's happiest experiences is the use of the swimming pool. It is urgent that future budgets include plans for enclosing the swimming pool so that it may be used throughout the year. This area could provide some happy hours for the trainable and more severely retarded residents who are not able to profit from programs of training provided for other residents. The present recreation facility is not adequate for a satisfactory dual program of recreation and physical education to be carried on at the same time. An additional building is needed to alleviate the present conflicting schedules of the two programs.

Weylon Bissette

Christian Giving

(From page 5)

It should be noted that the State has long and generously supported the religious program at the Caswell Center. Undoubtedly the items mentioned would have been purchased had the chaplain so requested. But then the wonderful experiences the residents have gained in doing for others in the name of the Lord would not have been possible.

The Board of Deacons and Deaconesses has assumed other responsibilities than those of Christian stewardship and the service of the Lord's Supper. They have a voice in the hour of services and they offer ideas of their own and reflect the thoughts of those whom they represent on how the total religious program may be improved. Dissatisfactions and "gripes" are aired at Board meetings and practical solutions found.

The chaplain has said that the creation of the Board of Deacons and Deaconesses and the institution of a regular weekly offering in the third chapel service has strengthened the religious program at The Caswell Center. It has increased the feeling of personal participation and responsibility in the community religious life. When a new Deacon or Deaconess is elected (this happens occasionally and is largely due to Vocational Rehabilitation placement of one who had been serving on the Board) the chaplain inducts the new member at the altar at a regular worship service. When the chaplain asks: Do you desire to serve as a Deacon (or Deaconess) in the service of others in the spirit of Jesus Christ? the affirmative response is truly seen in the life of that individual, and in the effect on all others around. That person has learned that it is truly better to give than to receive. The same opportunity is presented to all members of the congregation through the means of worshiping God through our offerings. Evidence indicates that many of the residents have learned to respond positively.

Chaplain Lawson

Wanted

Christmas is again with us. Caswell has over 1000 residents who will be looking forward to Santa's visit. As in years past Caswell must depend on the thoughtfulness and generosity of its many friends. No resident is ever without a gift at Christmas. Toys, books, cosmetics, cigarettes, billfolders, scarfs, jewelry, etc., are always welcome. Anything can be utilized.

Figures

As of October, there were 1877 (987 males and 890 females) on the books with an average daily population of 1759. There were three deaths and nineteen transfers. On rehabilitation there were forty-eight and nine on what is called trial visit in the home. One was discharged from placement.

During the last three months, the referrals to the waiting list jumped from forty-two for the previous three months (April, May and June) to sixty-six for the last quarter. Of these sixty-six, twenty-seven were for whites and thirty-nine for Negroes. The waiting list stands at 167 (110 males and 57 females). Fifty-three are waiting for space in the Crippled Children Hospitals.

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

Thanksgiving At New Year

We thank Thee Lord
For what is new.
For this New Year
Which promises
Beginnings fair.
For bright sun which
Rises afresh
After each night.
For Thy love which
Is new every
Morning of life.
And also for
The beginning
(Which we tend to
Call an ending)
Of that day when,
All handicaps,
All blemishes,
All weaknesses,
Blotted out, we
Shall serve Thee in
Thy close presence
With perfect joy.
We thank Thee that
Thou makest all
Things new for us.

—*Jean I. C. Tabory*

January, 1966

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CHRISTMAS

All the tinsel, all the glitter, all the hustle and bustle of Christmas have now quietly subsided. In its place the New Year has come with its new resolves, but it is hoped that some of the warm Christmas spirit with its gentleness, its kindness, and its generosity will somehow remain with us.

Words can never describe Christmas at Caswell. One can write endlessly about acts and deeds, decorations and programs, gaily-wrapped gifts and jolly old Saint Nick, but words can never quite catch the spirit of Christmas. It would seem that one must experience it and become a part of it.

At Caswell Christmas is an ever-growing festival. Each year something new is added. There are all the usual programs and activities; the compiling of the residents' wants and wishes for Santa; the decorating of the Christmas trees and buildings; the Open House, with its program staged and produced by the academic school; the Christmas parade; the bus trips for the residents to Kinston to see the street decorations; the holiday visits home for the residents to be with their loved ones; the traditional Christmas dinner; the Christmas chapel service; and last but not least, a visit from Santa himself.

For the first time, the children in the Trainable School presented a program in the evening so that parents might attend. This is always a moving experience. To be sure not perfect, but who looks for and wants perfection in children? These children offer a rare gift.

Also for the first time, the staff in the colony with their charges, presented a program. This required all the extras in work, in patience, and in time. These programs were held in the recreation building. The public was also invited and many outsiders came. These residents were caught up in the music and responded to the Christmas carols. At the end of the program, Santa was received with loud claps and shouts of glee.

The beauty of the decorated building lingers o in the memory. Each year the decorations seem t grow and expand in beauty and originality. On th outside Santa and his reindeer were posed waiting for Christmas eve; the lighted manger see in front of the chapel seemed to say "Peace o Earth and Good Will to all men"; the lighted windows lent their enchantment — while inside th softly lighted trees; the manger scenes; the Christmas wreaths, and all the various Christmas scene with Christmas music in the background reache out to wish all a Merry Christmas. The colon buildings, always difficult to decorate, took on subdued glow with their lighted Christmas tree and various Christmas scenes. The doors in thes units were especially attractive.

Another new feature this year was the Ope House in the new canteen. Mr. and Mrs. Sutton the proprietors, had decorated the building with a Christmas tree. They had some of the resident to help serve coffee, punch and cookies. This wa a welcome respite for all who were touring th buildings during Open House.

There were many heart-warming experiences Many members of the staff gave much in time, in energy, and in work, but Christmas could neve be really Christmas without our many friend throughout the state. At first the recreation department which always has the mammoth job o seeing that there are sufficient gifts for all wa somewhat worried lest this year be a lean one but the word went out. The gifts began coming in and by the middle of December, there was no longer a need for concern. Our friends stood behind us. The State Mental Health Association; th State Association For Retarded Children; th Methodist M.Y.F.; the Junior Woman's Clubs Auxiliaries to the Veterans of Foreign Wars; th County Commissioners; and many other groups and friends contributed money and gifts. Th money totaled $2,297.80; $1400 of which came from the County Commissioners. The Book says it is more blessed to give than to receive. Many must have been richly blessed as 1200 packages were under the Christmas tree on Christmas morning. Regardless of whether the resident was young or old profoundly retarded or mildly retarded, no one was forgotten. There is no way we can show our appreciation except to say, "Thank you". We know you have received your own reward in knowing you made another's Christmas a merry one.

Although Christmas, 1965 seems over, is it really? Has not it changed each of us in some way or other?

EBONY ANGEL AND IVORY ANGEL

Thoughts Arising from the Trainable School Program

Some well-meaning people praise Caswell's hristmas Programs by comparing them favorably ith those of local high schools. For the last ree years the Trainable School has presented eligious programs which brook no comparisons. ormal children could not achieve such poignancy.

A few members of the public saw the latest of ese programs and it is to be hoped that more ill see them in the future for they are both edu- ational and inspirational. Each of the three pro- rams opened a new window for me. Each added to y knowledge of the meaning of Christmas.

The tone was set for the 1965 production when new teacher stepped forward to announce the pening and cheers rang to the rafters. "I'll bet e's never had such an ovation in his life," mur- ured my neighbor. Enthusiastic appreciation as the keynote. The players held the attention rom first to last but the angels made a special pact on me. One angel was so carried away dur- g the singing of a hymn that, instead of stand- g in silent worship, she lifted up her head and oice and joined the chorus to the amused sym- athy of the audience.

Two angels, one on the right side of the man- er and one on the left, stood out from the others. oth waited calmly. Both charmed the eyes. One as fair-haired, blue-eyed, a very pretty Anglo- axon child. The other was dark-skinned, petite, very attractive Negro child. Straight and still hey stood and they had the same purpose.

Here, I mused, is a place where we can be one. ere is a need we all share. Black and white, bril- ant and retarded, male and female — all must orship, and all who worship, Him who was once a aby in Bethlehem share a deep and lasting satis- action.

Was it all play acting for these angels I won- ered. Can retarded children pay the tribute of orship? Do they understand what they are do- g? Do any of us understand? "And the Word as made flesh and dwelt among us, and we beheld is glory, the glory of the only Begotten of the ather, full of grace and truth". Was it not be- ause man could not understand 'the Word' that od gave us the Incarnation. Men's minds could ot grasp the religious ideal, the 'Holy', so God ent His Son into the world as a baby to grow in- o a man to show us what He is like. What a glad urprise that was! God wanted simple people to now Him and surely such a God wants retarded hildren to understand that He loves them and hat they can love Him in return.

With dignity and simplicity the program moved n to its close. I left the Recreation Building feel- g grateful, . . . grateful to the trainable teachers r once more presenting such a program, and rateful to the two angels and to all my other rainable friends who so often lure my mind away rom triviality.

Jean I. C. Tabory

FACTS AND FIGURES

Some people find figures boring to read but in this magazine which tries to give the happenings at Caswell, it seems only proper to inform the readers of some of these statistics. During 1965 there were 561 admissions (males 300, females 261). As we break down these figures, one sees 134 (males 79, females 55) as new admissions; 1 (female) readmission; 1 (female) as temporary admission; transfers-in 341 (males 197, females 144) from other institutions; from placement 84 (males 24, females 60). Of this figure 84, there were 76 from rehabilitation and 8 from home visit. It is to be noted that the 76 readmitted from rehabilitation were not failures but these returns (a majority) would be for medical reasons. Some of these same persons were returned several times during the year.

There were 524 (males 301, females 223) discharged. The largest percent was the transfer-out to other institutions 421 (males 249, females 172). Death claimed 15 (9 males, females 6); direct discharges 20 (males 9, females 11). Sixty-eight (males 34, females 34) were discharged from placement; 32 from rehabilitation and 36 from home visit.

Total population as of January 1, 1966 is 1883.

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HIGHLIGHTS

One of the most enjoyable events recently was the visit on December 9 of the 2nd Marine Division Band under the direction of Warrant Officer, William G. Kennedy. This was arranged through the generosity of Brigadier General Ormond R. Simpson, commanding officer of this Division. The concert was dedicated to the Ladies Auxiliary to the Veterans of Foreign Wars, Department of North Carolina. These women have given to Caswell their unstinting support so that many residents have been helped through their generosity. The Christmas theme predominated with the playing of such selections as Christmas Festival, The March of the Toys, O Holy Night with cornet solo, Sleigh Ride and Christmas Suite from "Mary Poppins". A new feature this year was a narrator dressed as Santa reading the "Night Before Christmas". There was no doubt in the Band's mind that they delighted and entertained our residents. This is the fourth year of the Band's visit.

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News Media Day — a first — was held at Caswell on Wednesday, November 17. A similar day had been held at all the state hospitals and the centers for the retarded. Representatives of the press, radio and television in eastern North Carolina were invited to attend. Dr. Hargrove in his letter of invitation to these representatives stated, "We need your help in learning how to do a more effective job of informing the public of our problems in mental health as well as our progress". He went on to point out the "far reaching administrative and structural changes" which had been going on and that this was an opportunity to see these facilities as they really are. It was too bad that only a few representatives of the News Media availed themselves of this opportunity.

Captain F. W. Jacobs and members of the Gospel Quartet and Singers from the Greene County unit of the N.C. Prison Department, were special guests at all three worship services in the Caswell Chapel on November 21. Approximately 1000 residents heard these singers and enjoyed the program. In a reciprocal visit, the Caswell Girls Chorus, under Mrs. Mary Brame's direction, visited the prison unit at Maury on December 6.

On November 29 the North Lenoir High School Band played a concert for the residents.

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Around three hundred residents left for the Thanksgiving weekend. It was felt fewer left this year than previously. One wonders why?

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Caswell continues to sponsor a monthly television program over WITN in Washington. Chaplain Lawson, who is the co-ordinator for this program, has broadened the scope of the program so that Caswell is not the only feature to be viewed and discussed through this medium. In October four boys, all clients of the Vocational Rehabilitation Facility at Caswell, were interviewed by Mr. Sell, Industrial Arts instructor and Carl Winchester, speech therapist, at the Facility. In November Captain Lawson had as his guest for the T.V. program, Dr. Malene G. Irons, Pediatrician and Director of the Developmental Evaluation Clinic at East Carolina College. The Clinic's program was outlined. In December the Boys' and Girls' Choruses of the academic school under Mrs. Mary Brame's direction presented their annual Christmas concert.

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Halloween is always a highlight for the month of October. The burden for planning for the witches and the goblins' visits to Caswell falls upon the broad shoulders of the Recreation Department. Mr. Trivette, the director, planned his program so that each resident entered into some aspect of the festivities. Various Junior Woman's Clubs (Clinton, Fayetteville, Goldsboro, and Rocky Mount) also planned parties. The art teacher, Mrs. Linda Clark, in the academic school and Mrs. Alice Howell, art instructor in the trainable school put their originality and talents to work and instructed and helped these classes to make many unusual as well as usual Halloween art objects. The residents took considerable pride in taking these to their living units to use as part of the Halloween decoration motif.

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Mrs. Patsy Pittman and Mrs. Vonnie Stocks, teachers in the academic school, took their classes on a field trip to the ice cream making plant of Carolina Dairies. The students had been studying foods and food making processes.

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The North Carolina State Grange has contributed new clothing, stuffed toys and dolls. These are always more than welcome. These were put to excellent use.

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Dr. Robert D. Holstrom, a Navy physician at the Marine Corps Air Station Hospital, Cherry Point and a group of twenty-five members of the Christian Youth Fellowship of Cherry Point gave a party on October 31 for the girls in Cottage 4.

In October comes the County Fair. Approximately 500 residents were taken during the week by bus to enjoy all the Fair's activities. The Kinston Jaycees and the Thomas Joyland Shows provided the free passes for rides in the amusement section. These trips to the Fair are always thoroughly enjoyed.

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Dr. H. O. Goodman, a geneticist from Bowman Gray School of Medicine, has been at Caswell making further studies in his research on Down's Syndrome popularly referred to as mongolism.

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"The Creations", a combo group of three thirteen-year-old young men from Deep Run, played for dancing in the recreation building on October 7. This group is most popular with our residents since their music is the kind which today's teenagers love.

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On October 14 the New Bern Woman's Club gave a party for the fifty residents of Wooten A.

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On November 11 the Rocky Mount Junior Woman's Club, with the assistance of building parents in Tapp 3 and 4, provided a party for 100 residents.

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Christmas parties were given by a number of clubs for the different living units. Among those sponsoring parties were the Kinston Pilot Club, New Hope Baptist Church (Junior and Intermediate Departments of the Sunday School), Health Occupations Class of North Lenoir High School, Fayetteville Junior Woman's Club, New Bern Junior Woman's Club, Lydia Class of Spillman Memorial Baptist Church, Rock Mount Junior Woman's Club, Greenville Woman's Club and Clinton Junior and Sub-junior Woman's Clubs.

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THE NURSE

A registered nurse visits each living unit daily encountering many problems relating to the residents' everyday living. Each one is different and each situation is handled differently.

Most situations require the nurse and cottage parents working together to promote the best care for the patient. For instance, one girl gets passive exercises which are done in her living unit. By doing these exercises, she will be able to walk better in the future. The procedure for these exercises is explained and shown to the cottage parents. Another girl wants to lose weight to improve her personal appearance. She is shown several exercises to do before going to bed at night. Also, she is instructed which foods should be eliminated from the diet.

While visiting in the building, the nurse will be called by the cottage parent to check those who have loss of appetite, loss of weight, vomiting, colds general malaise, and many other symptoms. The nurse, in turn, will check the patient's temperature, and discuss his habits for the past few days. Depending upon the degree of illness, the patient is either put to bed for observation or referred to the Out-Patient Clinic to be examined by the doctor. If medicine or treatment is prescribed on an out-patient basis, the patient is followed through the Clinic until he has been discharged.

—Eva Seawell, R.N.

WHEN A CHILD IS DIFFERENT

"Dear Parent: For some time you have been noticing on various occasions that your child is in some respects 'different' from other children." After noticing that a child is "different", the family seeks help from a specialist. The specialist may tell the parent that the child in question is "dull" or "retarded". If this is the answer given by the specialist, a period of confusion follows. You are shaken. "Your heart will ache as you are made to see your child's real condition; that is only natural. Do not be ashamed of your tears." With the realization that their child is different, parents must begin immediately and work tirelessly to train the child as much as possible. "WHEN A CHILD IS DIFFERENT" is a simple, frank book which outlines the steps ahead for parents and tells the parents what they can do. This book explains how the parent may help the child to reach his potential. The emphasis of training is placed with the parents since they are the ones who are with the child until he is five or six years of age. These are the formative years and the years when more can be accomplished.

"Life is made for the healthy, well-developed children." The child must meet certain requirements demanded by society. All children, whether normal or retarded must be taught. Parents of retarded children strive to teach the child to care for his daily needs by himself, if possible, so that he can become an integral part of society rather than being offensive.

"WHEN A CHILD IS DIFFERENT" gives suggestions for parents to follow in regards to family relations, relative relations and community relations. The child becomes a part of the family and community. Parents must work with the retarded child unceasingly to prepare him for his part in the family and community. This preparation is a long treacherous task for both the parent and the child. The simple things which a normal child does with little help from others may take years of training for a retarded child and much help from others. Even after years of training, there is still a difference in the skill and ease with which a normal child does the same thing. Should parents work with the retarded? "Is it all worthwhile? Yes . . . Your efforts will be richly rewarded. There is a world of difference between a well-trained, well-behaved retarded child and a child who was considered hopeless from the beginning and whose progress was given up."

This book gives the parents a step-by-step guide for training the retarded child. Training is usually a matter of habituation for the retarded boy or girl. The child must be trained by a consistent method and must be taught only good habits. Parents of retarded children must strive to teach the child to care for his daily needs by himself, if possible. The retarded child then may become an integral part of the family and community life.

This book gives specific advice for general training of the child. Specific areas of training are also covered. These areas include walking, speech, eating, drinking, meals, undressing and dressing, cleanliness and toilet training. Parents are shown step-by-step methods and are given recommendations of aids such as toys to help explain and teach the retarded child. Parents are told not only what to do but how to do it.

The author, Dr. Maria Egg, a Swiss psychologist, gives answers to many of the questions that perplex parents of retarded children. One recognizes her experience with retarded children by reading this book and feels her warmth for the retarded. Dr. Egg offers hope to parents in their time of greatest despair. WHEN A CHILD IS DIFFERENT is an answer for the perplexed parent's question, "Why?" This book is written in a simple but persuasive manner. It is of interest not only to parents of retarded children but to all who come in contact with a child who is "different". One is convinced after reading her book that all of the efforts of parents are rewarded and there is much to gain by teaching the retarded child.

Laura M. Hedgepeth
Social Worker

WHAT IS A HOME?

Is a home just a place
Where you live and dwell,
Where you eat and sleep,
Sick or well?
Or is it a place where you
Go and hide
When going gets rough,
Come time or tide?
I say it's all these and
Much more.
It's where the heart is,
With love secure.
This is that place
For many I'm sure.
They can go on vacation,
Or away for a night.
They usually return
With a smile that's bright,
I love you mama,
I had a good time,
I'm glad to be back,
It's not just a rhyme.
There's so much affection
It does our hearts good
To be joined together
With this happy brood.

—Mrs. Louise Boone

Mrs. Louise Boone wrote this as the result of her work as a building parent in Johnson 4.

Mr. and Mrs. Douglas L. Foy of Maple Hill gave the girls of Kendall 2 a Thanksgiving party.

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Mrs. John Pearce of Fayetteville gave a party for her daughter. Thirty-five girls attended.

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Mr. James David Nicholson, a native of Lumberton, has been employed as a staff member of the Industrial Arts Department. He has his B.S. degree from East Carolina College.

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Dr. C. C. Hale, dentist, attended a meeting of all dentists working under the North Carolina Department of Mental Health at Broughton Hospital in Morganton on October 15. Mr. Leroy Batts, Jr., principal of the academic and trainable schools at the Center accompanied Dr. Hale. Mr. Batts conferred with officials of the Training and Education Department at Western Carolina Center.

REHABILITATION

The following is a letter written by Mr. Bronstein, Mental Health Chairman of the Kinston Junior Chamber of Commerce to the Joseph P. Kennedy, Jr. Foundation nominating the Vocational Rehabilitation Facility at Caswell Center for the 1966 Service Award!

"On behalf of the Kinston Junior Chamber of Commerce I would like to nominate for 1966 Service Award in the field of Mental Retardation the Vocational Rehabilitation Facility located at Caswell Center, Kinston, N.C.

The Kinston Jaycees, having cooperated with the Facility through Jaycee-Project Job, have been given opportunity to observe and become familiar with the numerous activities and training services provided the retarded by the Facility and have seen the many achievements of the Facility in building and rebuilding the lives of these handicapped persons. These achievements are reflected by those retardates now working, living and enjoying productive lives in our community.

In brief, the Vocational Rehabilitation Facility at Caswell Center was launched in 1960 as a pilot project to determine the feasibility of training retardates to hold jobs and sustain themselves in a day-to-day community setting. Initially, the Facility accepted only trainable and educable retardates from Caswell Center, a State institution for the retarded.

Later, operating only as VR facility located on the Caswell Center campus and not as an integral part of the institution, the Facility started acceping referrals from public schools, welfare and other agencies. Today, some 95 per cent of the clients referred to the Facility for evaluation, vocational training and job placement are non-institutional persons.

The Facility hopes to be located in its own physical plant in the future; however, at present, it continues to operate from somewhat limited facilities located on campus and borrowed from Caswell Center.

The structure now occupied by the Facility contains several small classrooms, offices, an industrial arts shop and a home economics department. These facilities are utilized at best to instruct students in basics and fundamentals and not in specialties. The Facility does not have access to Caswell Center dining halls, dormitories or hospitals except for those clients who are residents of the institution.

Although this lack of uniform living structure for clients undergoing evaluation and training compounds the problems for the Facility and its staff, it is believed to be a major factor contributing to the Facility's success.

The Facility believes the retardate, to become gainfully employed and self-relying, must be initiated to and learn to abide by the disciplines of normal work attitude and acceptable community living.

While undergoing evaluation, basic and on-the-job training, the non-institutional clients residei in 12 boardinghomes in the community thereby affording them an opportunity to absorb these disciplines and to learn to rely on themselves. No professional personnel are used in the boardinghomes; however, counselors make periodic visits to the homes and when a client is unable to maintain a balanced adjustment to the community setting, corrective action is taken through counseling.

The institutional client, if evaluated feasible for further training, is gradually broken from his sheltered environment and is eventually placed in a community setting. For example, the institutional client is removed from the institution by first placing him in a job-training situation on a daily commuting basis between the institution and the job. Later, he is placed directly in the boardinghome.

The Facility has utilized many businesses in Kinston and other cities for on-the-job training and has learned that after basics and development of good work habits, OJT is the best means of acquiring specialization since the employer-trainer usually serves as one teacher for one client.

Recreational activities for the retarded including dances, softball games and bowling leagues have been planned and developed by the Facility's staff in cooperation with local civic clubs.

The Vocational Rehabilitation Facility remains the only such Facility in the State serving both the institutional and non-institutional retardate. We feel its record of rehabilitation — 399 clients now earning a combined total of $59,337 per month — speaks for itself and that the Facility is worthy of recognition.

We are enclosing for your review the Facility's Curriculum Guide and a report of its activities for the past five years."

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An exhibit titled "Vocational Rehabilitation Opens Many Doors" was set up at the Lenoir County Fair. This exhibit which displayed job training areas for both boys and girls through Vocational Rehabilitation, received a blue ribbon and $40.00 in prize money.

Leisure activities for students in the Facility were bolstered during October with the launching of a bowling league sponsored by the Civitan Club. The Civitans have collected some $210 in contributions for the project and are sponsoring six bowling teams comprising four students each. The Sportlanes (a local bowling facility) is allowing a thirty-three percent discount on bowling fees and shoes. The owner of the lanes is offering a trophy for each person on the winning team, the highest game score, highest set and highest average. As recreation is a major problem for this group, the value of this service cannot be measured. Other than a weekly dance and an hour daily of supervised recreation at the Facility, the students have no recreation or leisure time outlets. They cannot usually afford entertainment such as movies, ball games, etc.

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The Facility took top honors in the Kinston annual Christmas Parade by winning first place in the religious float. The float, which was constructed jointly by Caswell Center students and the students of the Rehabilitation Home Economics and Industrial Arts Departments, displayed the nativity scene.

A very touching intramural activity for the clients of the Facility was the singing of Christmas carols and the presentation of stuffed animals, which they had made, to the hospital patients.

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A semi-formal Christmas dance at Emma Webb Recreation Center in Kinston was held for the present and former rehabilitation students on December 22. "The Shadows", a school boy group from South Lenoir High School presented the music for the dance. Refreshments were prepared and served by the Facility's Home Economics Department.

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THE OLD AND THE NEW

It always seems customary to review the old year and it does have its advantages — at least that is what some people think. So let us turn back the pages and see for ourselves what have been some of the big stories at Caswell during 1965.

To be sure there is no doubt the headlines should go to the story on integration. It is doubtful whether any happening in the fifty years of Caswell's existence has met with so many mixed feelings. The adjustment to this new way of living was not easy but integration has been accomplished. It is now past history.

Another change — a first also in the history of Caswell — is the forty-hour a week schedule for all building attendants. This caused the director of Cottage Life Department a few headaches in shifting schedules and meeting the demands of this ruling.

A new canteen was finally constructed and opened. The building is a tremendous improvement and Caswell waited long for this day. It is a disappointment to a number of the staff that this is not being used specifically for the training of residents towards rehabilitation.

The psychology department of East Carolina College is working with Caswell in training psychological internes. These internes are being used in the Evaluation Clinic.

Open House in May seemed to be an outstanding success in all areas. For the first time all levels and ages of children had an opportunity to participate in the program.

Mrs. Virginia Perry has been employed under a federal grant to be an instructor for the attendant training program. Such a program has been in operation but now with the employment of Mrs. Perry there will be more intensive work and a broader program.

Caswell has felt the loss of two physicians this past year and the superintendent has been searching for replacements. They are sorely needed.

In June Caswell had a Field Day, the first in many years. This was planned by the staff in the Cottage Life Department and it was quite a success. The residents all seemed to enjoy it.

A first in the field of Mental Retardation was accomplished through the ingenuity, interest and imagination of Jean Tabory, psychologist. She organized a poetry reading session regarding mental retardation at the 89th annual meeting of the American Association on Mental Retardation.

These are only a few of the outstanding developments of last year. What will 1966 bring? One of the concerns that seems to face some of the staff members is that we are not moving ahead fast enough in seeing that more of the residents are returned to the community to live. More emphasis is to be placed on working with the families and the community to place those residents for whom we have no further program. This is not going to be easy for the families, the residents, the community and the staff of Caswell. It will require time and work as well as patience and understanding.

Another project upon which hopes and plans are being formulated is the workshop for the trainable resident. With the hiring of Mr. Nicholson a more concentrated effort is being made to carry through such a project. At the moment the main focus is to find a work contract and this does not seem to be too easy.

It would be an asset to Caswell during this year to give new life to the volunteer project. These people can contribute so much in the way of attention to the resident. The value of such has been proven.

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GIVING

Christmas is a time for giving as well as receiving. The residents of The Caswell Center who attend the third Chapel service are grateful for all they receive, and they are glad for the privilege of sharing the little they have with others.

The Chapel Board of Deacons and Deaconesses, which is composed of residents elected by their fellows, voted in early November to select one of the Christmas opportunities listed in the Kinston Daily Free Press. This was done with the assistance of the Chaplain. One night before Christmas five members of the Board and the Chaplain visited an elderly lady in Kinston. She was obviously much in need of Christmas cheer which in her case meant the bare necessities of food and fuel. She was presented with a Christmas card and a check for twenty dollars. This money came from the pennies and nickels received in the third Chapel service offering each Sunday. Several Christmas carols were sung. Just before the group left one of the Deaconesses hugged the neck of the old lady. Everyone felt the glory of Christmas as it radiated from the woman's face and shone in her gratitude at being remembered.

The Board approved an additional Christmas donation. Five dollars was sent to the Nak-Tong Revival Home in Pusan, Korea to help provide Christmas for the unfortunate children there. They are cured leprosy patients who, as yet, have not found acceptance by the community.

While it is wonderful to receive gifts, especially when we realize the gift symbolizes another's love and concern for us, it still remains true that the greater blessings come to those who give. Members of the congregation of the third Chapel at The Caswell Center proved it to themselves this past Christmas.

Chaplain Lawson

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A dance for 150 residents was sponsored by the New Bern Junior Woman's Club. In November also the Fayetteville Junior Woman's Club gave a party for the fifty residents in Parrott 4.

SUGGESTION CORNER

Whenever a big project is being planned and constructed, there are always sure to be a few "sidewalk superintendents" around giving advice and suggestions. Occasionally some of this "sidewalk advice" does have sense. Everyone has heard about the big tractor-trailer stuck under an overpass. The bus driver, the police and a wrecking crew were standing around scratching their heads trying to figure out how and what to do. Back in the crowd was an eleven-year-old boy. He finally screwed up his courage, came forth and asked why they didn't try letting out some of the air in the tires. To be sure here was the solution. It worked. Suggestions can be of help if we are willing to listen and willing to accept them.

During the hustle and the bustle of Christmas as the staff of Caswell planned for the Holiday Season, several suggestions from the "sidewalk superintendents" were made. We thought there would be no harm in printing them and some willing soul might give them a try.

1. During the program at Open House, there always seems so much distraction with so many babies and small children. The noise must be disconcerting to those in charge of the program as well as the performers, not to say anything about the spectators. To be sure the parents want to come and one can see that the little ones must accompany them. Why not a nursery with the rehabilitation girls caring for the little tots? It is worth a try.

2. As it would seem that the program for Open House should represent as much of Caswell as possible, why not provide a spot for the trainable child? They do have a gift to offer.

3. It has been reported that in some units the staff does all the tree decorating. Why not have the residents do some of it, especially in some of the moderately and mildly retarded buildings. Part of the joy of Christmas is helping to decorate the tree. Many children at home help. If the tree does not suit the fancy of the staff, a few changes can be made when the residents "are tucked all snug in their beds with sugarplums dancing in their heads".

4. Those "sidewalk superintendents" bemoan the fact that all those beautifully wrapped, donated gifts must be unwrapped before being placed under the tree on Christmas morning. Why not send out the word: "Please — no wrapped gifts". In fact, the rumor has been flying around (and rumors do fly) that more gifts might be forthcoming if the donors did not have to take the time to wrap their gifts. It only takes the right word at the right time and the right place.

5. Who is there that does not like to receive mail, but sometimes too much mail at one time can bring on a lot of woes and a few unpleasant headaches. The amount of incoming and outgoing mail might be lessened if the Christmas letters were sent out the first of December. This would save in stationery, in postage and in wages. Certainly Governor Moore would have a happier Christmas as we would be saving the taxpayers some money! You do remember he pleaded for economy.

6. People these days are prize conscious. Everyone loves to get a prize. Why not give a prize or prizes for the building decorations. Have a committee of judges who are in no way connected with Caswell. What better way is there to obtain some community participation? It would mean good public relations and a bit of recognition for those winners! It can pay dividends.

These are only a few suggestions. Does anyone have any more? Not only suggestions for Christmas but any other area at Caswell. Just pass them on to the editor. Need not sign your name.

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TRAINING AND EDUCATION

The Academic School began in September with an enrollment of 184 educable level students. On December 31, 1965 there was an enrollment of 196. During this period twenty-three new admissions had been added to the rolls and eleven students had been dropped from the rolls because of placement in the community. The total enrollment in the Trainable School is 227. Eighteen new students have been placed in the Trainable School since it began in September.

For some time we at Caswell Center have been considering the possibility of developing a workshop on campus to train the trainable level child to participate in community workshops. Mr. James Nicholson is presently in the process of locating companies that will be willing for us to do contract work for them. It is hoped that a suitable contract can be found so that this project can begin. Our intention is to work with the eighteen through twenty year olds at present to evaluate their work skills and habits. It is hoped that many of these residents will eventually be able to go home and live with their families and participate in home town community workshops.

This fall Caswell Center participated in the second National Defense Education Act project to secure funds for educational material and equipment in English and Reading. We were able to obtain $528.00 from federal sources to match funds from our budget. We bought new library books, teaching aids for the classrooms and two pieces of audio visual aid equipment.

Mrs. Alice Howell, Mr. John Aldridge and Mr. Billy Paderick, from the Trainable School staff, are to be congratulated for the fine exhibit they built for Caswell Center at the Lenoir County Fair in October. The theme of the exhibit was "Eastern North Carolina Has Something to Crow About" in Caswell Center. The exhibit illustrated the many departments and operations involved in the care, training, and rehabilitation of our retarded residents. The exhibit won a second place award which paid $40.00 in cash.

Since Dr. Gilbert Ragland joined the East Carolina staff as Director of Special Education, there has been a closer tie between the college and this institution. Many of the staff members of the institution have taken special education courses and it is hoped that East Carolina College will begin using Caswell Center as a training area for students majoring in special education.

Waylon Bissette, Director

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Two Sunday School classes from the First Baptist Church in Havelock provided a party for the Cottage 3 girls. Boys from Cottage 6 were invited to attend.

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

Children Learn What They Live

If a child lives with criticism,
He learns to condemn.
If a child lives with hostility,
He learns to fight.
If a child lives with ridicule,
He learns to be shy.
If a child lives with jealousy,
He learns to be guilty.

If a child lives with encouragement,
He learns confidence.
If a child lives with praise,
He learns to appreciate.
If a child lives with fairness,
He learns justice.
If a child lives with security,
He learns to have faith.
If a child lives with approval,
He learns to like himself.
If a child lives with acceptance and friendship,
He learns to find love in the world.

—*Anonymous*

April, 1966

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The Caswell News

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Mr. S. H. Stroud ....Business Manager

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"IT'S FUN"

In a church building on the Sunday before Christmas I was approached by a beaming woman who exclaimed, "Caswell has made my Christmas". She went on to explain that in her voluntary work in the Central Hospital at Caswell she had discovered that some of the patients wanted Santa Claus to bring them dolls. She and her co-worker had collected gifts from their neighbors and distributed them. She had never seen purer joy than that which she saw on the face of one severely retarded adult patient when she received the doll.

Last week I watched two volunteer workers in the Crippled Children's Hospital. To the casual observer nothing startling was going on. The ladies gave out puzzles, toys, paper and crayons to about a dozen residents all of whom were in wheel chairs or beds. What surprised one was the obviously happy relationships which the women had established with the patients. They knew each one by name. Many of the residents who cannot speak well knew their names. They chatted to those who could not speak. A very retarded crippled woman produced a handbag which she had received at Christmas and happily held it up for admiration.

When I praised the two workers they smiled and said they had been working in the same ward for an hour every week for three years and they were sure they had enjoyed it more than the patients did. They found out by experiment what to do. They had talked for a long time to one girl who did not speak and when one day she had said something, "We almost jumped five feet into the air with excitement" stated one of the ladies. They would not accept praise and both affirmed, "It's fun to work here". One expressed the hope that some of the many people who had given gifts at Christmas would become interested in Caswell and want to come out to help the children to make full use of their toys.

The nurse in charge of the Crippled Children's Hospital praised the volunteers. She said that they had more time to spend with each patient than did the nurses who had to care for many and that individual attention was what the residents craved.

Caswell needs more volunteers. At the moment we have only eight for 1,877 residents. Why don't you come out here to be appreciated? One volunteer asked, "Where else will you find a dozen people eagerly awaiting your arrival each week?" Anybody willing to come should get in touch with Mrs. Peggy Skinner, chairman of the Volunteer Workers, or with the Recreation Department at Caswell.

Jean I. C. Tabory

A MOTHER

Mrs. Wade is a quiet, unassuming motherly woman with much good common sense and a surprising amount of understanding and determination combined with a large heart, especially for the retarded. She is the mother of ten children one of whom is Gordon, a twenty-year-old Mongoloid. All through her life Mrs. Wade has been a hard working woman. Besides the responsibility of a large family she spent the years helping her husband on their farm raising tobacco. She loved and cherished Gordon as she did all her children but gradually she and her husband saw the need for help; and in March of 1964, Gordon came to Caswell.

Mrs. Wade has continued an active and lively interest in all activities at Caswell. As a volunteer she has spent many hours at Caswell. On many a day she has been seen in the Home Economics room with mending all about her. Whenever there is a program, she is usually found in the audience She is seen regularly at the Sunday evening programs given by the Colony children. She visits Gordon and takes him home for the holidays.

During the years Mr. and Mrs. Wade have been working members of the Lenoir County Association for Retarded Children. Before Gordon came to Caswell, he attended the meetings regularly with his parents. In the fall this organization decided to make an all-out effort to try to encourage parents of children in the special education classes in the county to attend the meetings and to become interested and active members. Mrs. Wade was a committee of one to visit the fifteen families of all the children in one class in the county.

This was a new, enlightening experience for this mother. She used her own wisdom and understanding in tackling this new venture. She first visited the class not once but several times; became acquainted with the children; observed them and talked with their teacher. Then in November she started her monthly visits. She went alone to talk with these families as she sensed they would feel more comfortable talking with one person rather than two. On some trips Gordon went along with her for company but was not present for his mother's interview with the family. Some of these homes were not easy to find but nothing daunted her; she searched until she found the homes. She said she never thought of being nervous until later; being a religious person she stated, "I took God with me."

She was able to see every family but one and this family was comprised of a grandfather and the boy. She never located the grandfather. She often wondered what happened to the child between the end of school and the time the grandfather came home.

Although she thought she might be rejected, she was well received on her first visit. These families were willing and eager to talk about their problem. Mrs. Wade said she was surprised how ready and willing these people were to pour out their troubles. She wisely listened and never advised. She told them she had a son at Caswell but in no way did she give them any idea she was from Caswell or representing Caswell.

On her second and third visits in December and January, Mrs. Wade thought she sensed a growing coolness. She was not immediately invited into the homes and some of the parents came to the car. If she could not find the family at home, she occasionally but rarely used the telephone. Sometime she was told she had the wrong number but she was sure she recognized the voice. There was only one incident of outright hostility and this was with a father who used quite strong language and said he would never send his child to Caswell. She assured him this was not the purpose of her visit.

She sensed a rejection of Caswell; these parents made it quite clear they wanted no part of Caswell. Mrs. Wade brought two carloads of parents and their children to the Christmas program. One mother had expressed a hope that her daughter could attend the Vocational Rehabilitation Facility; but when visiting at Christmas, she learned it was on the Caswell campus. After that this mother never again voiced anything about her daughter and rehabilitation.

Most of these parents were in the lower middle to poor economic class. They did not seem willing and able to comprehend the need for their child to be in a special education class. They resented their child being in this class. Many of the parents seemed to look forward to when their child would be sixteen years of age. Only one seemed really concerned as to what would happen to her child at sixteen. This mother did express the desire to have the child come to Caswell. Mrs. Wade remarked that three of these children she felt needed Caswell's services.

In talking about her work with these families, she stated that although unsuccessful in recruiting new members and interest for the North Carolina Association for Retarded Children, she had found this experience to be one of the most gratifying experiences of her life. She compared it to the work of a missionary "like doing good deeds". She feels she is the one who received the greatest benefit. She had seen and observed a part of life entirely foreign to her. She learned for the first time how some people live.

Before leaving my office, she remarked that for parents with retarded children it takes time to see that the parent help is needed. The parent needs to "slow up; think about it; hope and pray".

To Mrs. Wade we wish to say thank you for your work both at Caswell and in the community. We hope you will continue to find joy and a feeling of accomplishment as you give of yourself to the work for the retarded.

Pearl L. Adkins

GIFTS

The appearance of the eight living units in the Boys' Colony has been transformed to a more home-like atmosphere in the last several months due to generous donations of furniture and furnishings by parents of residents, cottage parents and local furniture merchants.

According to T. G. Johnson, director of Cottage Life, such items as sofas, chairs, end tables, lamps, hassocks, wall plaques and paintings, hot plates, a washing machine and record player, rockers, flower planters, fish aquarium, a bird cage, artificial flowers, mirrors, a wool rug and many others have been given to the eight living units in the Boys' Colony.

The list of donors include Mr. and Mrs. M. M. Woodard and Mr. and Mrs. R. T. Cartwright, parents of residents, and the following cottage parents: Mrs. Helen Nunn, Marion Jones, David Hills, Bobby Miller, Mrs. Lillie Hill, Mrs. Nell Walker, Mrs. Mattie Cox, Malcolm Mervin, David Bryant, Ernie Jackson, Charles Sutton, Evelyn Cobb, Odis Parks, Mattie Burney, Ina Lofton, Jimmy Step, Nancy Brown, Ola Kohler, John Marshburn and Willard Stallings.

The following companies have donated furniture: Smith Furniture Company, Pate Furniture Company, Oettinger Brothers Furniture Company, Howell Furniture Company, and Heilig Levine Furniture Company and Miller Furniture Company, all of Kinston.

Another generous act was the giving of $750.00 for a project to benefit the residents. This donor prefers to be unnamed and is the same person who made it possible for Caswell to purchase the sturdy, colorful plastic seats and tables used in the picnic shelter for the past two years. This new gift will make it possible to purchase additional recreational equipment for the lawn adjacent to the picnic shelter which has been a popular area for the residents.

Mr. Taylor Kennerly has sent to Caswell a monetary gift in memory of Dr. Eugene Hargrove's brother who died recently. Dr. Hargrove is the Commissioner of Mental Health. This gift will be used to give an extra special treat to those working girls who help out in Johnson 2 where Mr. Kennerly's daughter resides.

The editor of this paper knows Caswell has been and is the recipient of many gifts which are never acknowledged by this paper. It seems it is impossible to be kept well informed regarding what is given and by whom. This paper would like to express to all people and all organizations the residents' and the staff's appreciation for all these generous and thoughtful acts of kindness. If it were not for this generosity, life for many residents would not be as full as it is.

REVIEW

The first part of the following article "Review" is written by Mrs. Jean I. C. Tabory, and the latter part, "Friendship at Caswell" is written by Mrs. Pauline Kennedy and Mrs. Nettie Mitchell.

Editor

* * *

In the January, 1966 issue of "The American Journal of Mental Deficiency" appeared a charming article with the intriguing title "On The Possibility of Friendship". It was written by Craig MacAndrew and Robert Edgerton of the Department of Psychiatry, The University of California, Los Angeles and California State Department of Mental Hygiene, Pacific State Hospital.

With a lucidity seldom found in this Journal the authors tell of the friendship between two severely retarded young men, Lennie aged twenty eight who is spastic and epileptic, and Ricky aged 33 who suffers from Von Rechlinghausen's disease and is blind. Both men have defective speech and gait. Lennie's IQ has consistently measured either 31 or 32 over the past ten years and Ricky's IQ has remained between 34 and 40 over the past twenty years. Ricky came to the Pacific State Hospital in 1940 and Lennie came in 1953. A few months after Lennie's admission he was transferred to Ricky's ward and six months later the two had developed what the authors call a "Conspicuous friendship". It developed into "an extraordinary intense and pervasive friendship".

The writers describe a typical day in the men's lives. They get up at 6:15 a.m. and Ricky goes into the day room where he sits alone until Lennie brings clean clothes for both of them. Ricky dresses himself quickly while Lennie dresses himself slowly. Occasionally Lennie requests and receives Ricky's assistance in tying a shoelace or fastening a button. Together they walk to the dining room - "a grotesque yet plaintive processional". Lennie leads the way and Ricky follows clutching the back of his leader's shirt. Both are unsteady on their feet. It seems inevitable that they will fall but seldom do they. Despite their precarious balance "they give every appearance of exquisite nonchalance, talking and laughing all the while".

They enter the dining room before the other residents but they have to share a table with some of them. Lennie protects his blind friend's food from the thieving fingers of those breakfasting beside him. The two boys discuss the food in a casual and relaxed manner. When they want water they go to the fountain where blind Ricky presses the button for his spastic friend who fills the glasses.

Weather permitting the two friends sit outside on a bench talking. "Their conversation is memorable: it is virtually without interruption; it is lively; it is accompanied by dramatic facial expressiveness; and to the outsider it is almost completely incomprehensible". They talk of many things - trips remembered and trips longed for, the doings of the staff, the misdemeanors of their fellow residents, the weather reports and the relative virtues of various cities and states. North Carolina which neither has visited is one of their favorite topics. Lennie insists it is a nice place and Ricky disagrees and at times the mere mention of the state is enough to set them off into gales of laughter. Lennie tells Ricky about the things he sees such as clouds, birds, trains and airplanes. In bad weather they sit indoors watching T.V., listening to the radio or looking at pictorial magazines. They do not consort with the other residents. "They construe the profoundly retarded patients in the ward as nuisances to be avoided".

Before lunch they work in the ward. They wash and dry a dozen chrome and plastic couches. Usually Lennie washes and Ricky dries. After lunch Ricky attends a class for the blind to which Lennie voluntarily leads him. Class over the two men make their daily excursion to the canteen which is half a mile from the classroom and three quarters of a mile from the ward to which they walk back. They sit on the bench outside until they are called to dinner. If visitors greet them Lennie does most of the talking but Ricky has to interpret his friend's words to outsiders. After dinner they shower. They wash each other's backs. They spend the evening either sitting on their couch or watching television. Lennie describes the scenes on the screen to Ricky. At 9:00 p.m. they retire to their adjoining beds.

The writers make comments on significant features of the friendship. They note the "pervasiveness with which the two patients share each other's time, perceptions, and interests." They share material things as well. Most of their material sharing involves food which is the principal luxury of their lives. When Lennie goes home he buys a supply of snacks for Ricky before departing. Once Ricky saved a portion of everything served at a barbecue picnic for Lennie to share when he came back from vacation. Lennie's parents give him money: Ricky earns money by selling the baskets he weaves.

A second notable feature of their friendship is the "almost complete absence of hostility, bickering, or quarreling". Yet neither man is a passive person. Both quarrel with other residents. With each other they are "paragons of demonstrative concern and affection. When they are together their faces and hands become expressive and even Ricky's blind eyes become sparkling and alive".

Their relationship is neither parasitic nor explorative. Each helps the other. In no way are they overtly homosexual. It is what the authors call "A highly improbable, strikingly pervasive and intense friendship - a friendship of a highly human order". They point out that the existence of such a relationship between two severely retarded individuals is compelling testimony to the human character of even the most retarded among us. Do we regard the retarded as people - not eternal children--but people with the same needs as we have?

The article ends with the provocative sentence "That relationships such as this are so rare in the larger population is, perhaps, a commentary on many things".

And of course this provoked a reply. Do you recall the song "Anything you can do, I can do better"? A little digging uncovered the fact that we have at least one example of noteworthy friend-hip here at Caswell. This is a friendship among women not men, and the women are not severely etarded. There are three of them and they have worked wonders. They have transformed a bleak, narrow, room with high windows, an isolation oom, into a living room. Living room is a comortable term with its suggestion of something nore dignified than a den and much cozier than a itting room. One visit to the little room between he dayroom and the dormitory in Johnson 4 would convince anybody that the women who share t certainly enjoy life there. Read what two of heir cottage parents write about them.

FRIENDSHIP AT CASWELL

One of the unique situations at Caswell Center s the close friendship that exists between three of our residents who have been here for an almost equal number of years. Bertha came here in 1928, Ruth came in 1929 and Cora Lee came in 1930. All three of these girls live in Johnson 4. Ruth and Cora Lee are mildly retarded. Bertha is moderatey retarded.

Cora Lee was eleven years old when she came here to live and has cared for Ruth, who is severey handicapped because of athetoid movements since the beginning of her stay here. Bertha was a work girl in other units for many years but since an accident in which she broke her hip she has retired from all outside activities.

Cora Lee is the youngest and most active of the three girls. She is forty-nine years old and is very strong and healthy. She not only cares for Ruth who is sixty-eight, but helps with the work n the unit and looks after the welfare of lots of our other girls too. She is like an older sister to them and gives them lots of understanding and good advice. Most of the girls who live in this building are getting pretty old; some of them are past seventy and many of these are wheel chair patients. There is a good deal of sewing, knitting, crocheting and sewing done by the girls in here and Cora Lee keeps each girl's work in a separate place within easy reach of the ones who are in wheel chairs so that they can get their work and put it back when they want to. When the girls go out Cora Lee always leads the procession pushing Ruth in her chair which is well padded with pilows for her comfort.

At the show or in chapel she always helps the cottage parents to get the girls seated and the chairs arranged and then she goes to sit beside Ruth and leans very close to her whispering explanations of things that Ruth cannot understand.

Each unit here has what is called an isolation room but since one is almost never needed for any of our residents this room has been given to these three girls and they have furnished it and decorated it themselves from old odd bits of furniture that have been mended by the men in our carpenter's shop. This furniture has been painted by the girls and cushions, curtains, lamp shades made to match from bits and pieces of things brought n as donations. They have different sets for each season of the year; they even put different pictures in the frames for each season. They have an electric coffee pot, a hot plate, an ice chest and a metal cabinet. Some of these things were given them and for some they saved their nickels and dimes, and when they had enough were taken downtown to buy what they wanted. They have an electric toaster, radio, television, food grinder and lots of other things too numerous to mention.

When they cook it is under the watchful eye of one of the cottage parents and the reason that this is permitted is because first of all they have such a good time doing it and then none of the girls has any teeth. They cut sweet potatoes up and fry them in butter, and make pancakes. Everyone here knows that they love to cook and we all often bring them things from home to fix. Even at Christmas they save hard candy and nuts which Cora Lee grinds with the food mill and they eat with a spoon.

Ruth is almost completely helpless. She has a chair that was specially made for her from a Kennedy type rocking chair. The rockers have been removed and bicycle wheels have been put on it, because Cora Lee says the air in the tires keep Ruth from being jarred as badly as she would be in a regular wheel chair. For this chair Cora Lee has made lots of pillows of all sizes and shapes, which she places around Ruth to keep her as comfortable as possible. When it is time to bathe, Cora Lee lifts Ruth from her chair into another chair very similar to the one she uses all the time but this one has rollers on it instead of wheels. She takes Ruth into the bathroom and soaps her body all over and then pushes her under the shower to rinse. When this is finished she places one towel around her shoulders and another across her lap and pushes her into her room and dresses her. She puts her on the toilet stool and feeds her too. Ruth is very hard of hearing and almost blind. When she listens to the radio or watches T.V. Core Lee puts her just as close up as she can and tries to explain the things she can't hear or see.

Bertha aged seventy-two is the oldest of the three and because she fell and broke her hip, has a bad limp, but she still manages to get around and do many things. She can wait on herself entirely and often gets after the younger girls when they don't behave as she thinks they should. She loves to dip snuff and sew. There is a lot of team work in the sewing efforts of these three girls. Ruth pins the patterns down on the material, Cora Lee cuts the garments out and Bertha does most of the sewing. When Cora Lee takes Ruth out Bertha stays in and keeps watch over their room and the dressing room. Cora Lee doesn't like for anyone to bother anything in either of these places because she knows just exactly where everything is in both places and she doesn't want anyone to rearrange anything.

—Mrs. Pauline Kennedy and
Mrs. Nettie Mitchell

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The most unhappy man on earth is the human who is neither capable of receiving a favor without expecting a wrong motive, nor sensible of doing one without intending to make it pay.

SHELTERED WORKSHOP

Many experts, and not a few ordinary people of goodwill and common sense, believe that every child has a right to be brought up in his parents' home if at all possible. An institution by its nature is more like an army barrack than a home. It is now thought that children should not be sent to institutions merely because they are mentally retarded. Mental retardation is a community problem.

If the retarded remain at home, they must have something to do. We all need occupations. Retarded children must have special education and retarded adults must have work. The moderately retarded who cannot be completely self-supporting can contribute to society by working in sheltered workshops. We hope that soon there will be such workshops in eastern North Carolina.

Mr. James Nicholson has been employed as the coordinator of a workshop at Caswell; and for several months, he has worked towards setting up this workshop. He has made several visits around the state and has visited the Goodwill Industries Workshop, the Forsyth County Central Workshop and the Central School in Winston-Salem. The following article is written by Mr. Nicholson relating the progress which has been made:

"In January of this year a sheltered workshop was organized at Caswell Center. The primary purpose of the workshop is to train children with an I.Q. ranging from 30 to 50. When they are suitably trained they will be released in the care of guardians to work in a community organized sheltered workshop.

The students receive their training by working on contracts or jobs obtained from local manufacturers. There are many types of jobs that students can do. Some examples are assembling, packing, folding, pasting, sorting, and stringing.

At this time the workshop has a contract with the Old Dominion Paper Company in Kinston for whom the workshop is doing three jobs. One is to put a string in a shirt box; another is to assemble with the help of a machine a box from cardboard. The workshop has two machines for this work, one of which was furnished by the company and the other machine was made in Caswells' maintenance department. The third job is that of pasting a small box inside a container for a .22 calibre pistol. This little box positions the pistol in its container. Once completed these boxes are returned to the manufacturer.

The coordinator and his staff are making a work study for a local dress factory to determine if the residents can tie bows fast enough to meet the company's demands.

The payment for services rendered is deposited in an account established in the business office. Friday is the usual day home money and earnings from job assignments are distributed but it was decided to pay the workshop workers on Wednesday so that there could be no confusion in the workers' minds and to emphasize that unless the workers work and produce there is no pay. The amount a student earns depends on his cooperation, interest, and production.

Earning money is not the only objective of the workshop. The other objectives are as follows: 1. job opportunities; 2. sheltered environment f training; 3. promotion of better social adjustmen 4. opportunity for the student to develop a sense responsibility; 5. creating and maintaining inte est; 6. providing a means to evaluate a student progress; 7. jobs for campus students; 8. an oppo tunity to earn spending money.

The personnel involved in the operation of th workshop and fulfilling of these objectives co sists of three persons: Mr. James Nicholson is th sheltered workshop coordinator. It is his job secure contracts and manage the operation of th workshop. There are two supervisors whose jo is to train the students. Mr. John Alderidge supe vises the boys' classes which consist of a total twenty students. Mrs. Alice Howell supervises th girls' classes which consist of twenty-six student The number of students will increase proportion ably to the number and type of contracts.

The primary reasons for the success of th workshop are the benefits to the manufacture These are the reduced wear and tear, assured de livery schedule, low labor cost, additional spac and elimination of nuisance jobs".

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TRAINING AND EDUCATION

The program in the Training and Educatio Department has been progressing steadily durin the first quarter of 1966. In January a trainabl workshop for adolescent boys and girls bega operation under the direction of Mr. James Nichol son.

Our records indicate that the enrollment of ou school population has changed very little fro January, 1965 to January, 1966. In January, 196 there were 192 enrolled in the academic school an 201 in the trainable school. On January 31, 196 our records show that there were 201 in the aca demic school and 209 in the trainable school. Thir ty-two academic and thirty-three trainable stu dents have been added to the program as new ad missions from September, 1965 through Januar 1966.

In January the trainable school classes wer reorganized and rescheduled to broaden the cur riculum. In the new schedule the trainable scho will offer more music, social adjustment, hom economics, and prevocational training. The objec tive of the trainable school will be to train thes pupils to go eventually into campus work assign ments or to return home to work in communit sheltered workshops. As these community work shops develop, it is our hope that many parents o trainable level residents will take their childre home to live and to work in the community.

We note that January began a period of absen teeism for the students and staff. The flu bega with the cold weather after Christmas and con tinued through March.

Mrs. Vonnie Lou Stocks, who has been teachin since September, 1962, has made application for special education scholarship through East Caro lina College. Mrs. Stocks plans to attend scho this summer to complete requirements for certi fication in special education. Her present certi ficate is in primary education.

Dr. Frank Badrock, superintendent, announce in January that the Retarded Centers are eligibl to receive funds under the Elementary and Sec ndary School Act of 1965. The act was passed by Congress to provide special programs to meet the needs of children from the low income families. This program will have a far-reaching effect toward the supplementation of existing programs in he areas of research, supplies, equipment, and additional staff. Caswell Center is in the process of developing a project.

The Lenoir County Association for Retarded Children has written Caswell Center requesting hat a summer program be established at the Cener for trainable level students in the community. The Center has approved the project. Presently he Association is making a survey of the parents o determine their willingness to participate in the program on a day-to-day basis. There is considerable interest in the program in Kinston; however, he transportation problem is a stumbling block. t is hoped this can be worked out.

The school counselor has noted that some of he residents are experiencing extreme anxiety. This anxiety is mainly due to the lack of communication with the family. It is her feeling that t would help if these parents would make an efort to write and visit the children more often.

During March the Business Department started enovation of a classroom to add a new kitchen to he Home Economics Department. The kitchen will be equipped with a stove, a refrigerator, a freezer, two automatic washers, a clothes dryer, a hot water heater, a dinette set, adequate cabinets and necessary utensils. The home economics teachers and studnts are very proud of this new addition.

The Caswell Center Art Department participated in the annual Lenoir County Art Exhibit which was held in Kinston from March 13 through March 20, 1966. Preparation for the exhibit began several months ago in the Art classes, Industrial Arts, and Home Economics. Mrs. Linda Clark, Art teacher, was in charge of the display. All areas of art work in which the students participated were represented in the show. These included: tempera painting, coloring, batik dying, raffia weaving, ceramics, print making, seed mosaics, paper mosaics, yarn designs, and paper construction. The Caswell exhibit was judged to be one of the exceptional exhibits.

Caswell Center is planning to cooperate with the Lenoir County Communiy College to provide employment for fifteen college students from June 1 through August 31 under a federal-sponsored program called P.A.C.E. This plan is designed to provide employment for college students from low income families. The federal government provides 90% of the student salary while the employing agency pays 10%, plus monthly social security.

HIGHLIGHTS

Caswell Center was honored by a visit on March 4 by the State's First Lady, Mrs. Dan K. Moore of Raleigh. Mrs. Moore was accompanied by Dr. Eugene A. Hargrove, State Commissioner of Menal Health, and Dr. Dan W. Radar of the Department of Mental Health. Following a short recepion Mrs. Moore toured the academic school, the Dewey and McNairy living units, and the Vocaional Rehabilitation Facility. She ate lunch in he cafeteria and later left to visit the O'Berry Center in Goldsboro.

Chaplain Lawson, who is also director of Pubic Relations, continues to plan and coordinate the monthly television program heard over Channel 7 WITN) in Washington. In January Dr. Gilbert Ragland, associate professor of education and coordinator of special education at East Carolina College, discussed the College's masters program and the College's tie-in with Caswell and O'Berry Center. Miss Merle Scott, director of instruction and coordinator of special education in the Lenoir County schools, was interviewed on February 26. She discussed present programs for the mentally handicapped in the county school system. On March 26 Chaplain Lawson had as his guest Dr. M. M. Vitols, superintendent of Cherry Hospital in Goldsboro.

Several staff members attended sessions of the hird John W. Umstead series of Distinguished Lectures on February 3 and 4 at The Faculty Club of North Carolina State University in Raleigh. This program is sponsored annually by the North Carolina Department of Mental Health with the North Carolina Mental Health Association and the North Carolina Medical Society as co-sponsors. The lectures focused on interdisciplinary planning and action toward achieving better mental health for children. On Friday Mr. Robert L. Denny, executive and planning director, North Carolina Council on Mental Retardation, and Dr. Donald J. Stedman, assistant professor of Psychology at Duke University and president of North Carolina Association for Retarded Children, spoke on "Looking Forward in Mental Retardation".

Valentine's Day is one of the special days in the year which is always remembered for its parties. The Junior Woman's Clubs, Girl Scout Troops, the Girls Auxiliary at the Kennedy Memorial Home, the Future Homemakers of America at Havelock High School, and the Girls Auxiliary of the Arlington Street Baptist Church in Greenville were sponsors.

Through the cooperation of Rev. Father John A. Weidinger, pastor of Holy Trinity Church, a religious education class for Catholic residents has been instituted. There are ten members in the new class. The teaching staff of lay persons from Holy Trinity Church includes: Mrs. Toni Frankfort, Miss Chichi Kinney, Mrs. Arlene Loehle, Mrs. Clarence Pharo, Mrs. James B. Del Papa, Mrs. Johnnie Hinson, and Mr. Joseph P. Maguire. The class meets at 3:00 p.m. each Sunday.

On February 10 a talent night was held in the recreation building. Among the various acts presented by residents were: "The Charleston", a dance routine by girls from the Austin building; a pantomime, "Wake Up, Little Suzie", by boys from Byrum 4, several girls and boys performed as singing soloists; three girls put on a pantomime, "Kissing on the Telephone"; four girls pantomimed "The Beatles"; four girls performed a tumbling act; one boy pantomimed the singing of James

Brown; another boy sang "My Darling Clementine" and accompanied himself on the guitar; residents of Wooten A and Pollock A did a square dance; one girl gave a "Granny Dance"; and the concluding number featured a group of girls from Wooten B doing a Hula-Hoop routine.

On Saturday, February 19, at 7 p.m., a large birthday party was held in the recreation building in honor of one of Caswell's residents. This party an annual affair, was planned by this boy's parents with the help of North Carolina Guild of Cosmetologists. A huge three-tier birthday cake, large enough to serve approximately four hundred guests, was the center of a gaily decorated table. Music for the dance was provided by the Checkmates, a band from Wilson. Prizes were awarded for the best dancing couple. Favors of pocket combs were presented to the boys while the girls received boxes of miniature toilet soap.

The Caswell Center varsity basketball squad participated in The O'Berry Center Invitational Basketball Tournament held at O'Berry's gym on March 1 and 2. The Caswell team was edged by Cherry Hospital on the first night by a score of 51-49. Playing for consolation prize against O'Berry Center in the second game, Caswell lost in the closing minutes after leading throughout the game. The final score was O'Berry 45 - Caswell 37.

The Neuse Knee Knockers, a folk and square dance group in Kinston, entertained a large audience of Caswell's residents and employees on February 26. On the same evening forty residents were invited to the Grainger High School talent night by the Student Council of Grainger High School.

Approximately thirty Boy Scouts from Caswell and six of their leaders went on an overnight camping trip to the Cliffs of the Neuse State Park. On Friday, March 25, twenty-eight members of the troop left for the two-day Caswell District Precamporee at the Jaycee Fairgrounds in Kinston.

The Board of Deacons is composed of residents elected by their fellows in the ten living units which attend the 10:30 a.m. chapel service. In observance of Red Cross Sunday on March 6, they voted to contribute ten dollars from the voluntary offering taken at the Sunday services to the Lenoir County Chapter of the American Red Cross. On Sunday, March 13, Mrs. Margaret Roark, executive director of the Lenoir County Chapter, attended the services and spoke to the residents. She received the donation and later remarked to this editor that this was one of the most touching experiences she has ever had in connection with her work.

St. Patrick's Day and spring parties were held for approximately five hundred residents of eleven units during the week of March 14. Various Women's Clubs, women of the St. Augustine Episcopal Church of Kinston, and Mrs. Lois Berry of Fayetteville were the sponsors. The staff of the Trainable School gave a wiener roast on March 25 in honor of the forty-seven students who participated in the Christmas program. Parties during the last week of March were sponsored for about two hundred residents by two Woman's Clubs and a Sub-Junior Club.

Two sociologists, who have been studying for their masters at Chapel Hill and have been employed by the Department of Mental Health i Raleigh, have been visiting the various campuse of the retarded centers, as well as the state hospitals doing research regarding integration. Thes men have interviewed numerous employees bot Negro and white in all areas and have had questionnaires filled out by these employees.

The Record, a newsletter concerning Residential Care for Retarded Children and Adults published by the Section on Residential Care of th National Association for Retarted Children, printed part of article "Stray Thoughts on a Sabbat Morning", written by Mrs. Jean Tabory for th October, 1965 issue of The Caswell News. Thi same newsletter carried an article by Mr. Rober Denny, executive director, North Carolina Counci on Town Houses operated by the Vocational Rehabilitation Facility at Caswell.

In February the Vocational Rehabilitation Facility invited Sergeant Dewey Merritt, training officer of the Kinston Police Department, to spea to the Facility's social adjustment classes whic are held daily to equip students with basic knowledge needed to function adequately in communit living. In February twenty-eight boys were instructed in law-enforcement procedures and give an opportunity to see the court system in actio through a tour of the Police Department an Recorder's Court. A dress revue presented by the clothing class offered a display of head scarves blouses, shifts and uniforms for nurse's aide mad by the students.

Mrs. Virginia T. Perry, R.N., who has recently completed requirements for the Bachelor of Science in Nursing degree at East Carolina College has assumed the responsibilities as director of the In-Service Education Program at The Caswell Center. In-Service Education refers to the employee attending classes while on the job. These classes are organized to present factual information and to give knowledge which will help the employee develop and improve his own skills, behavior and attitudes in relation to his work. The new Department of In-Service Education was opened January 1, 1966.

The month of January was spent in obtaining necessary supplies, equipment and furnishings. At present four rooms are equipped including offices of the director and secretary, one classroom and a nursing arts demonstration room. The Department of In-Service Education is housed in the same building as is the Evaluation Clinic, at the corner of Pecan Lane and East Parrott Drive. The facilities of the Evaluation Clinic are on the first floor while the In-Service Education unit is located on the second floor. Classes were begun in February. There are four classes of cottage parents totalling thirty-two mmebers and a class of nursing aides with ten students. Serving as instructors for these classes are Ivey Stroud of the Cottage Life Department and Mrs. Perry. The goals of the In-Service Education program are: (1). to assist the employees who have responsibility for the direct care of the residents of The Caswell Center to acquire an understanding of the condition designated as mental retardation; and (2). to develop the knowledge, attitudes and skills suitable for giving the best of care to those individuals who are mentally retarded.

North Carolina State Library
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Doc.

The CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

LINES

I. His comprehension
Slow -
His eyes
So bright
And though
The time
May pass
Unnoticed
He can feel
The velvetness
Of night.

II. A tree
Whose name
Is never
Known
Is climbed
With joy
And of
The wind,
Direction
Noted not
But smiling
Face
Flushed hot,
Is softly
Blown
Upon

III. Today
He has
Someone
Who more than
Cares
Someone
Who more
Than knows
His weakness -
Someone with
A special gift
Proceeds
Because they
Know
His needs.

By - William R. Branch

July, 1966

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Number 3

The Caswell News

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Frank Badrock, M.D. .... Superintendent
Mr. S. H. Stroud .... Business Manager

Editor .... Pearl L. Adkins
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Treasurer .... Mrs. Evelyn Wiggins

FAREWELL

Goodbyes were said to Chaplain and Mrs. Donald W. Lawson on Friday evening, June 10, at an Open House given by the Caswell staff. Chaplain Lawson is leaving Caswell to take up residence in Washington, D. C. where he will work as associate planning coordinator for mental retardation for the District of Columbia.

Chaplain Lawson came to Caswell Center on May 1, 1958 as Chaplain and Public Relations Director. He carried on the religious program which was initiated by Mrs. Jean Hunt during her tenure. Caswell has never had a chapel, but the old auditorium has been devoted to this purpose. During the time Chaplain Lawson was here, pews and stained windows were added giving the building a much more worshipful atmosphere.

In June of 1959 the first full-scale Daily Vacation Bible School was held. This was accomplished with the help of the Kinston Junior Woman's Club and other women volunteers.

In 1964 Chaplain Lawson organized a Board of Deacons and Deaconesses all of whom were residents and were chosen to represent the various living units. They helped with the communion which Chaplain Lawson initiated. The Board administered the money received from the weekly offerings, another program the Chaplain initiated, made suggestions and listened to criticisms regarding the religious program.

As Public Relations Director, Chaplain Lawson spent considerable time traveling about the state. At first, he went from one end of the state to the other; but as other institutions opened and the redistricting was established, his travels as a rule, were curtailed to eastern North Carolina. He spoke to various groups and clubs, especially the Junior Women's Clubs and the Veteran Auxiliaries regarding Caswell's programs. He planned and coordinated the monthly television program on WITN - Channel 7. He broadened this program to incorporate not only Caswell but the entire field of mental retardation in North Carolina.

As an active member of the American Association on Mental Deficiency, he was instrumental i forming a subdivision on Chaplains which ha regular sessions during the annual meeting. H

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Communications

During our recent visit to Western Carolin Center to listen to a review of the various Hospita Improvement Projects, we had an opportunity t observe and talk with various members of th staff at Western Carolina Center. We came awa with a feeling that here was a staff dedicated t its work. Here was a staff that found a sense c fulfillment and accomplishment; here was a staf that was stimulated and stimulating.

In retrospect I wonder if one of the importan factors here was not the open lines of communication. Each employee, no matter what position h held, felt he had not only something to contribut but that he would have the opportunity to sa what he thought and that he would be listened t A cottage parent at this Center was heard to sa that she knew she was low on the totem pole bu nevertheless she knew she would be asked to express her thinking in the planning session for th residents in her building. She felt needed an wanted. She felt that she did have something t contribute.

Here ideas and suggestions are solicited fro one and all. Projects of all kinds have bee started. Experiments have been initiated. A seemed to be aware of what was being attempte All seemed willing and happy to do their shar and travel the extra mile, if necessary.

Good communications are essential; whethe it is in the home between parent and child; in th school between teacher and student; on the jo between employer and employee; in the churc between the parishioner and pastor; in religio between the individual and God. So it is within a institution between the resident and the staff an between one staff member and another sta member. It would seem that good communicatio can spell the difference between success and fai ure.

Caswell has always taken a pride in the feelin it has accomplished much with what has been given it. The budget department has never been a generous to Caswell as it has to the sister institutions. However, I wonder if we could not accomplish more if communication lines were a litt more open. It is to be wondered how many idea and suggestions might not come forth if all fe free and secure enough to speak up and to spea out. One does wonder.

Editor

IMPRESSIONS

In western civilization, services to the mentaly retarded are less than 150 years old and in merica just over a century old. The purpose of he state residential school, like the one we have ere at Caswell, has changed radically in recent ears but the image in the public eye may not ave changed so radically. This writer felt it ould be interesting to interview some individuals ho are currently seeing Caswell Center for the irst time and record their expressed feelings bout their impressions. Most of the persons interviewed were students working in the summer rogram under PACE (Plan for Assured College ducation) sponsorship but there are other reacions as registered by visitors on the Caswell ampus. The interviews are recorded here so the eader may have this picture of the Center as now een by these persons.

These are the expressed feelings of a young dult male science teacher employed by the Dener, Colorado school system after his first visit to ur Center this summer:

"For me, at least a time of contact and some nvolvement would be necessary to begin to place e members of Caswell in a realistic frame of unerstanding. Children whose minds are slightly ss developed than their bodies bring no unusual elings to me; but as the gap becomes wider, my nderstanding falters. It seems that there is little lace for such emotions as pity, sympathy, or deression at Caswell, but I suspect most visitors feel ttle more. The myth of "frightening feebleindedness" still pervades our social conscience nd until we understand more fully the problem nd the attempts at its solution, a glance at Casell may do little more than ease our conscience nd bring us to thank what ever gods we might at we're not there.

Probably retrospect brings more rational ought on what has been seen at Caswell-amazeent at the complexity of the institution and its ograms - respect for those whose help and tience are so important and above all, relief to nd that some progress has been made in helping ese people."

* * *

These are the words of a rising college freshan employed in the summer program of Casell's Recreation Department:

"I had been here for Open House with my biogy class and it was all somehow sort of mysteous—the grounds were kept so perfect and all—t you always seemed to want to know what was the other side of those brick walls and in the rmitories. The thing that was strange was the ildren seemed to be happy and contented as if ey had no other world than this. I guess the big oblem with mental retardation is that you nd of want to look over it and put it out of your ind. But I don't know, when I was given an oprtunity to work here, I felt that I was being ven an opportunity to do something for God and r His children who are less fortunate than I am. swell residents are not misfits in their own mmunity. I see them as finding some comfort being among persons of their own status.

Although many of the living unit attendants e strict, I see expressions of much love between ttage parents and residents.

I guess the best way I can describe what I see here at Caswell is that the residents are in their own complete world with no outside interference. They know that their every physical need will be met.

The most vivid realization that has come to me here is that mentally retarded persons face the same kind of social and personal adjustment problem as other adolescents. They have the same hopes for acceptance, the same fears, the same aspirations for accomplishment, the same needs for affection and friendship as any and all other persons. Boy - girl relationships are just as important and just as necessary for the mentally retarded young person as they are for me."

* * *

The interviewer had a conference with a PACE student who plans to enter —Johnson C. Smith University at Charlotte this fall and is employed in the Recreation Department at Caswell this summer. These are his observations regarding his impressions of Caswell:

"It is not what I expected to see. I did not think the children would get along as well as they do. So far I have seen nothing that is the way some people said it was like here. Most of the people I came in contact with seem to be dedicated to what they are doing. Even though I have heard a lot of talk about helping the mentally retarded, I did not think people were really concerned enough to take time to look into the situation; but since I've been here, I've seen a lot of people who really care. I think the facilities are wonderful. I don't think any parent could say that their child lacks for anything which can be done for him.

This is my first public job. I was a little afraid. I did not know how I was going to react to the residents nor how they were going to react to me. When I came to work out here, I felt sorry for the residents but I soon learned it wasn't pity they wanted or needed. I no longer have any fears about being a part of this Center. I find it a great challenging experience.

I have now been here six weeks and I can honestly say that as of now, I have not seen or heard anything here that has impressed me unfavorably.

I want to say that I have been accorded every privilege that any staff member here has and have been allowed to accept responsibility and use some initiative. My supervisor and other staff members have given me special consideration and have helped me in every way anyone could have.

I do appreciate being selected to have this opportunity to work. I really will never be able to thank the person who chose me because I do not know who it is, but I am so grateful for this privilege. I know that many persons from my school applied and I consider myself very fortunate to have been one who was selected. It makes a real difference for me that I was chosen for this job."

* * *

The interviewer asked this Negro staff member about what he thought his family's feelings were about his coming to work in an integrated center and his reply was, "My family said nothing, they know that my generation will be working in integrated situations. I think my mother was pleased.

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Our Own Graduates

"A Chinese infant girl", stated Glasser, a psychiatrist, pithily, "has the same needs as a Swedish King." We think that all young people at the end of their school days have the same need, and this need is to find a place in which they can serve worthily. If they are not aware of this it is because of some flaw in their education. Of necessity the graduates from the Academic School at Caswell will serve in lowly positions, but this need not detract from the worth of the service. All tasks offer the possibility of excellence.

What are those twenty three young people who were referred to the Vocational Rehabilitation Facility from the Academic School like? Eleven are boys and twelve are girls. Twenty are white and three are negroes. They look just like other people - some pretty, some plain, some plump, some slim, some short, some tall, some smiling, and some stern. Like most high school graduates they feel called outwards and onwards as the birds are called to the north in Spring. In two ways they differ from typical high school graduates. Their average IQ is 54 (Range 41-80. Most of those intelligence quotients were obtained on the Stanford Binet Intelligence Scale Form L but the 80 was obtained on the WAIS, a test on which the retarded tend to make higher scores), and their Average Achievement level is 3.4 (Range 1.5 to 5.6). The average IQ of these residents on admission was 57. At present two are of borderline intelligence, 9 are mildly retarded and 12 are moderately retarded. Fifteen of them were tested on the Stanford Binet Intelligence Scale Form L-M on admission and upon transfer. The intelligence quotient of three of these rose, of eleven fell, and of one remained the same. The greatest gain was three points (this was made by a girl who was in the Center for two years one month) and the greatest loss was twenty points (this was experienced by a boy who was in the Center for eleven years one month). The average mental age of the young people is 8-7 (Range 6-10 to 10-10). A subject aged eighteen with an intelligence quotient of 100 has a mental age of 15-9 months. The average length of the stay made by those residents in Caswell is 4 years 2 months (Range 4 months to 11 years 1 month. Their ages on referral to the Rehabilitation Facility range from 18 years 0 months to 21 years 6 months.

And what do these graduates from our school wish for? Naturally a variety of things. Three were unable to think of any wishes. Several wished for money. Some wished for a car and the ability to drive. Some wished to get out of Caswell. Some wished to be with their parents. One wanted to have a good job. A few, all females, wished for a spouse and family. Almost all of the wishes were very personal but one boy said he wished that, "We could have peace."

Most of the young people said that if given a large sum of money they would buy clothes. Some would buy cars and houses. Only two mentioned saving and one of these said, "I'd put most of it in the bank and buy me some new clothes." One boy said, "I'd help my father and get him on his feet so that he could straighten out." One girl would buy, "Things for needy people. Things like clothes for a family that needed them."

There is a certain lack of flight and imagination in the things wished for and chosen for buying. One wonders if this is a characteristic of th mentally retarded or merely a sign of the times We do tend to believe that a man's wealth consist of the things he possesses.

What a boon Television is to the retarded! Seven of the group said that watching it was thei pastime. Ball games were also popular. Four people liked dancing better than doing anything else Two people chose reading but one put it in second place. When asked what he liked to do bes when he had spare time he answered, "Restin and I like to read the Bible."

When asked to state what work they wanted t do the group gave realistic answers. The onl choice that might be regarded as romantic wa that of missionary. Several girls wanted to b nurses. Some wanted to work in homes with littl children. One wanted to sew and one to cook. Janitor was the most popular choice for boys. On boy wanted to work in a mill, one in a filling station, one in a motel, and one in a shoe repair shop Rather surprisingly only one said he wanted t work on a farm. One wanted to be a "first clas welder" and another to be a brick mason. Two di not know what they wanted to do but one stil hoped to solve the problem for he said, "I haven' found out yet."

In answer to a question concerning why they had come to live at Caswell most said they ha come to learn because they had had difficulty i learning in public schools. Two mentioned tha they had come here to learn a trade. Quite a few alluded to the fact that their behavior had lef something to be desired before admission. Amon the reasons given were: "Cause I didn't go t school like I should of and I was kind of bad: Caus I couldn't stay in public schools cause I couldn' get on with nobody: My stepmother couldn't d nothing with me and I couldn't keep up in school I stayed out all night and I wouldn't go to schoo because I had no clothes to go with: The welfar and the judge and my lawyer sent me here." Tw said that their people could no longer care fo them. A boy stated starkly, "My mother went ou of her mind". A girl said, "My grandmother ha pneumonia. Another reason was I was a slow learner, I think they call it mentally retarded."

Most of the young people thought that Caswel was a place for people who could not learn (fou actually used the term mentally retarded) bu again the delinquency aspect was referred to. Som of the remarks made were, "Some that can't learn so well and some that can't learn to behave: people that learn slow and people that can't get along with others: some sentenced here for things they have done and some can't learn in school: peopl that need to learn more and did wrong things a home and need to be corrected for it.

Our residents look forward to going to the Rehabilitation Facility and we are happy to see them go for the Facility provides a bridge by means o which they may cross to life outside the institution. Separation is often an evil. The power o death lies in the fact that it separates us from those we love. The ultimate evil is separation from God. For a long time it has been society's policy t try to separate misfits from itself by placing them

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Rehabilitation

The Vocational Rehabilitation Facility located at Caswell honored their housemothers. The theme of the event, held April 5, was "Easter Parade" and a fashion show and the tea were held in the Facility's Home Economics Department. The students modeled the garments made by the students of the sewing class. After the tea and fashion show, an orientation and group discussion session was held for the housemothers. These housemothers are charged with supervising the seventy boys and girls who room and board in the thirteen boardinghomes while they are being evaluated and trained at the Facility.

The Caswell Guild of Saint Mary's Episcopal Church assisted by the Brotherhood of Saint Andrews is holding a series of recreational outings for the students of the Rehabilitation Facility. The first event was a picnic held at the picnic pavilion on the Caswell campus. The Guild is sponsoring the monthly outings as a means of providing leisure time and recreational activities for the students. Such activities are considered vital to the social development of these students. Programs for the retarded are not usually found n the community recreational programs. Although a few of the students were from Caswell, the majority are from the thirteen boardinghomes n Kinston.

The Facility is endeavoring to establish a training program in sewing so that the Facility's clients will be trained better. Mrs. Mary Jones, supervisor of the Facility's Home Economics, is presently undergoing a study in factory sewing techniques in the factories operated by Samsons, Inc. in Kinston. Upon completion of this study, equipment needed to simulate a basic factory operation will be acquired and the training program will be launched. Since the Facility opened in 1960, the Home Economic Department has used electric home-type sewing machines. Many of the students who were trained in this type of sewing are now gainfully employed as sewing machine operators hroughout the state. It is hoped with the use of actory equipment and duplicating factory procedures the employment potential will be greater.

Mr. Wilbur Howell of 403 Greenmead Drive was presented a Helping Hand Certificate by the Facility in recognition of his work in the area of ecreation for the rehabilitation students.

He has been instrumental during the past two years in securing school-boy musical groups to provide music for the weekly dance. Mr. W. L. Fay, uperintendent of the Kinston Recreational Commission, was also presented a certificate. This was n recognition of Mr. Fay's service to the retarded hildren.

In May the Facility held its annual cookout and dance at the Emma Webb Recreation Center. Some 200 persons including present and former clients, Vocational Rehabilitation and Caswell Center staff members and their families, boardnghome mothers and employers attended. The members of the food classes served the buffet-tyle supper. "The Shadows" provided music for he dance.

The staff of this Facility has consistently answered invitations for speaking to various clubs and agencies, as well as attended meetings. Mr. Dunne, the supervisor, and the State Vocational Rehabilitation Agency met with the Department of Mental Health for a two-day planning session. Mr. Dunne also participated in the Second Annual Training Institute for Directors of Mental Hospitals, Vocational Rehabilitation Units, and State Supervisors held at Crownsville State Hospital in Crownsville, Maryland.

Mr. Phil Roberson of Washington, N. C. gave the Facility an electric golf cart and a color television.

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Statistics

On June 30 the resident population was 1642, but the total population on the books stood at 1903. There are sixty-five on placement (including 38 on rehabilitation and 27 on trial visit) and 196 on vacation. During the last quarter, there were sixty-one applications (41 M and 20 F) received. A total of forty-six admissions (30 M - 16 F) were received. Four deaths (3 M and 1 F) occurred. Twenty discharges (12 M - 8 F) were made. Two (1 M - 1 F) were transferred out. Fourteen (5 M - 9 F) were put on placement.

The total waiting list is sixty-six (43 M - 23 F). The largest number of applications fall in the profoundly retarded group or those who would go to the crippled children's hospitals. These buildings are filled and so are all the buildings which house male residents.

Farewell

(From page 2)

has had professional papers published on religious programming.

His wife, Betty, came to work as a social worker shortly after moving to Caswell. In 1962 she decided to obtain her Master's Degree in Social Work at Chapel Hill. When she finished she returned to Caswell to work in the newly-organized Evaluation Clinic. Her training and experience were valuable in the service this Clinic rendered to parents.

As one looks back over the eight years of association with the Lawsons, there is a note of sadness in saying goodbye but new paths must be tried. All of us at Caswell wish Chaplain and Mrs. Lawson much success and happiness. It is to be hoped they will someday return to say hello if their journey should bring them near the campus.

Pearl L. Adkins

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Our Own Graduates

(From Page 4)

in various types of institutions. We put the mark of Cain on many people because of what they are, not because of what they have done, and soothe our consciences by reflecting that modern institutions are happy homes writ large. An English poet writing of the dead in World War I said, "They have no part in our labors of the daytime." Thus very simply he showed how utterly separate from the living they were. Those in the main stream of human society contribute by working and that is just what the Rehabilitation Facility offers its clients the opportunity to do. Without that help these clients would be "rejects" but with it they become useful citizens.

Jean I. C. Tabory

Independent Community Living

The following article is written by W. B. McDevett, assistant supervisor in the Vocational Rehabilitation Facility at Caswell Center:

The Facility believes the retardate, to become gainfully employed and self-relying, must be initiated to and learn to abide by the disciplines of acceptable community living as well as the disciplines of sound work attitude.

The structure on the Caswell Center Campus now occupied by the Facility contains several small classrooms, offices, an industrial arts shop and home economics department. The Facility does not have access to Caswell Center dining halls, dormitories or hospitals except for those clients who are residents of the Institution.

Therefore, the Facility is charged with locating room and board facilities in the community for the "outside" students who generally comprise some 95 percent of its enrollment.

Although this lack of uniform living structure for clients undergoing evaluation and work adjustment training compounds the problems for the Facility and its staff, this room and board system within the community, referred to as "initiation to independent community living," has contributed greatly to the Facility's success.

While undergoing evaluation, work adjustment or on-the-job-training, the non-institutional clients reside in 13-15 boardinghomes (depending on enrollment) in the community. The clients, many of whom have been overly protected or sheltered or on the other hand severely deprived, are given the opportunity to absorb the disciplines and responsibilities of normal community living.

No professional personnel are used in the boardinghomes; however, counselors (one remains on call during weekends) make periodic visits to the homes in the evenings and during weekends. Basic rule books are issued to each student with verbal instruction, and daily social adjustment classes are utilized to stress the principles of acceptable community living.

If the client is unable to make and maintain a balanced adjustment to the community setting, corrective action is taken through counseling and if need be, simple punitive action such as dish washing detail, etc.

Evaluation in community living is vital as it projects how the client can be expected to act or perform once he is located in a job and another community.

In the boardinghome and community setting, clients have evenings and weekends free. There are ruled restrictions such as being in bed at 10:30 p. m., boys, and 10 p. m. girls; remaining out of establishments selling alcoholic beverages; dating only three nights a week; etc. Violations have been incurred in all these areas and other areas, but such are contributive to the evaluation and for the most part the students eventually learn to abide by acceptable standards.

Constructive leisure time activities are encouraged during weekends and many clients attend churches of their choice.

The institutional clients, if evaluated feasible for further training and future community placement, is gradually weaned from his sheltered in-

(Please turn to page 8)

Training and Education

The Training and Education Department at Caswell Center has made application for a federal grant of $73,000 under the Elementary and Secondary Act of 1965. The grant will help to improve the educational and recreational services offered to the residents. Four additional class "A" teachers, a speech therapist, and three recreation aides will be hired. In addition, new equipment and supplies will be ordered. There will be at least one trailer purchased and this will give added classroom space.

We have been advised that possibly these positions will be available to Caswell Center by September, 1966. By adding these new staff members to the program, we should be able to increase greatly the educational services in the trainable program.

Caswell Center received matching federal funds from the National Defense Education Act in May to secure new library books. A committee of teachers selected approximately 100 new books which will be added to the children's library this summer. These books are colorful and easy to read. We feel they will be educational for the student this fall.

Mrs. Anne Owen, the Caswell Center librarian for the past thirteen years, retired in June. Mrs. Owen is credited with improving the library services for the students and staff during her years of employment with the Center. We are grateful for the work she has done and we wish her all the happiness in the world during her years of retirement.

Two new staff members will join the Training and Education Department in September. Mr. James Register has been employed as an academic teacher. Mr. Register will receive a Master of Arts Degree in Special Education this summer from East Carolina College. Mrs. Millie Matthis has been employed as school librarian beginning September 1. For the past six years, Mrs. Matthis has worked with the Kinston Free Press. She has considerable experience as a journalist and as an instructor in aviation.

Caswell Center is participating in the P. A. C. E., Plan to Assure College Education program, this summer. Sixteen students from several colleges throughout the state are working on the campus. These students are employed by the college with federal money to give them job opportunities so that they may earn money to continue their college education. Caswell Center has to pay 10% of their salary, plus social security benefits during their work period. We have been very pleased with the eagerness of the group and the ability of the members to get the job done. They are a great asset to the summer program at the Center.

Graduate students in Special Education from East Carolina College are completing at Caswell Center internship requirements for a Master of Arts Degree. This is a new program that has been developed between East Carolina College and the Center to provide practical experiences in Special Education for students who are going to teach retarded children.

Mrs. James Thomas, readiness teacher in the Academic School, conducted a demonstration workshop for three weeks at East Carolina College

(Please turn to page 8)

HIGHLIGHTS

The Parrott Trophy Award was presented by Chaplain Lawson to the Rocky Mount Junior Woman's Club for outstanding work on behalf of Caswell's residents during 1965. Each year a club is chosen by the North Carolina Federation for its contributions to Caswell. The Fayetteville Junior Woman's Club was a close runner-up. Mrs. Ann Reynolds, retiring state chairman for Caswell projects, announced that projects and material donations to Caswell by all the North Carolina Women's Clubs added up to an estimate of nearly $30,000.00. The newly appointed state chairman for Caswell projects is Mrs. William McCain of Elizabeth City.

* * *

An outing was held in the Picnic Pavilion at Caswell Center on Friday, May 27, for the chapel workers including members of the Board of Deacons and Deaconesses, ushers, janitors and their girl friends and boy friends. Several people who have been friends of the chapel during the past year also attended.

* * *

Members of the girls' and boys' choruses under the direction of Mrs. Mary Hunter Brame, and the tumbling team under Mrs. Loretta Lewis gave demonstrations of their abilities during the recent area recreation institute on needs of the mentally retarded held at Fairfield Recreation Center on May 23.

* * *

Three Caswell staff members, Mrs. Jean Tabory, psychologist, Miss Pearl Adkins, director of Social Service, and Mr. Weylon Bissette, director of Training and Education, visited Western Carolina Center in May to attend a conference on Hospital Improvement Projects sponsored by the Mental Health Services Division of the United States Department of Health Education and Welfare. Represented were many mental health institutions from the southern region. These representatives reviewed pilot demonstration projects at their facilities. These projects were concerned primarily with working with the severely mentally handicapped patients. Dr. Bair, superintendent of Parsons State School and Hospital in Parsons, Kansas and member of the National Institute of Mental Health particularly spoke of the initiative and enthusiasm in North Carolina's new programs for retarded children.

The three staff members who visited Western Carolina Center were greatly impressed by what was being done there in all the areas, especially in a nonambulatory building which comes under this project. Each staff member seemed to feel he was an essential part of the program. New ideas and new programs were being tried.

* * *

The television programs over WITN Channel 7 in Washington, North Carolina continue to be held once a month. In April the director, Chaplain Lawson interviewed Mr. William J. Oliver, rehabilitation counselor at the Cherry Vocational Rehabilitation Facility in Goldsboro. In May the Boys and Girls Chorus under the direction of Mrs. Mary Hunter Brame sang. The trainable school chorus and rhythm band were guests in June on the program. Mrs. Hampton Petteway, music instructor, directed the chorus in a program of melodies and songs.

* * *

A "Good Health Club" was recently formed in the McNairy living unit for women. The residents plan to meet monthly with Mrs. Nora Howard, a cottage parent. They will discuss good health, neatness, gracious manners and the art of living in a group harmoniously.

* * *

Mrs. Belle Boyles, who is the chairman of Caswell Center projects for the Ladies' Auxiliaries to the Veterans of Foreign Wars Department of North Carolina, presented Caswell with a check for $75.00. This money was used to buy a piano for the recreation building. This instrument will be in great demand for the use of assemblies, special programs and musical events.

* * *

Open House on May 4 was again one of the year's outstanding events. Open House is always part of the activities of Mental Health Week. No one large program as previously was presented in the gymnasium but activities were carried on simultaneously on the softball field, on the tennis court and in the gym. On the softball field, various races, volleyball, and softball games were held; in the gym such activities as tumbling, rhythm band, academic and trainable choruses, and the colony band were witnessed; and on the tennis court a square dance and various contests attracted spectators. There were conducted tours and train rides as in the past years. A much larger group of residents and staff than in previous years was employed to make this a successful event. Caswell has always had a large number of people visiting the campus on this day, but this year the attendance seemed to have dropped. Some people have suggested Open House should be on a Saturday or Sunday and that once again all parents should be notified.

* * *

Several hundred children went home for the Easter Holidays. Both the trainable and academic schools closed on Thursday afternoon, April 7, and reopened on Tuesday morning after Easter.

* * *

The Upsetters, a local combo, appeared in a benefit performance at Caswell on April 13. This combo consists of five boys from Harvey Junior High and Grainger High Schools.

* * *

The staff at Caswell was sorry to learn that Dr. Pedro Carreras resigned to accept a position at the John Umstead Hospital at Butner. He plans to further his studies at Chapel Hill.

* * *

Parties are always a source of enjoyment to all Caswell's boys and girls - men and women. Mrs. Kravitz, mother of Roy in Byrum 1, entertained all the residents in Byrum 1. She has given several parties. Her Sunday School class helped to give one of the parties. The New Bern Junior Woman's

Club gave a party for Byrum 4, at 7 P. M. A party at this hour was unusual. The off-duty attendants came back to help and to enjoy the activities. The boys in Byrum 2 helped Dennie Hinson celebrate his birthday during April. His mother brought all the special goodies and the drinks. Each child was given a favor. All the various living units have had birthday parties for those residents whose birthdays came during that particular month. One of the special treats was to have ice cream served in the cone. The residents in the Parrotts usually have it served in a cup.

* * *

In Austin A Mrs. Kearney gave a party for her daughter, Naomi's birthday. Besides serving refreshments, an hour of dancing was enjoyed.

* * *

The volunteers from Kinston decided to give a party for the fifty women in Austin B on April 15. These women, who volunteer their services weekly, render valuable help to Caswell.

* * *

The Kinston and Goldsboro Junior Women's Club held parties for Cottage 3 and Tapp 4 living units. The Rocky Mount Club sponsored a Spring Fling dance for 100 residents.

* * *

The cottage parents in Johnson 3 report that their girls had a delightful party in honor of Lucy Gay Johnson's birthday. Her grandmother always remembers Lucy Gay and sends a check so that the cottage parents can make all the necessary arrangements.

* * *

A Central Prison Variety Show from Raleigh with popular and country music, dancing, comedy skits, and other forms of entertainment performed for the residents on May 28.

* * *

Another gala birthday party for the Caswell residents whose birthdays occurred during the month of April was held in the recreational building on April 27. This party was sponsored by the Caswell Guild of St. Mary's Episcopal Church assisted by the Brotherhood of St. Andrews. Approximately sixty persons attended.

* * *

Thirty-five people lent their services to help make the Daily Vacation Bible School held from June 6-10 a success. Ten teachers were recruited by the Kinston Junior Woman's Club and some young people from Kinston and Caswell volunteered their services. The children from the cottages participated in this program which is set up to follow immediately the closing of the academic school.

* * *

Mr. W. P. Kemp of Goldsboro, chairman of the North Carolina Board of Mental Health; Mr. D. W. Royster of Shelby, a member of the Board; and Mr. Roy Purser, business manager of the Board, visited Caswell on Friday, April 22.

* * *

On April 22, the Boy Scouts left by bus to attend the East Carolina Council Camporee at Tarboro. In June the Boy Scout Committee composed of some of the Caswell staff decided to organize an Explorer Post for older boys beyond the scouting age. The troop already in existence will continue with a maximum of eighteen boys divided into three patrols, plus one senior patrol leader.

* * *

In June the Board members of the State Board of Mental Health were visitors on the campus.

* * *

In May, D. A. McGowan and his band from Wilmington played for approximately 450 residents at a "Spring Fling" held in the recreation building.

* * *

Two industrial engineers have been working with Mr. Yerton, Caswell's laundry manager, to study laundry operations. An average of fifteen thousand pounds of clothing and linen are washed and ironed daily at Caswell.

Training And Education

(From page 6)

in June and July, 1966. This is the second year that Mrs. Thomas has participated in the program. The program is designed to teach prospective teachers methods and techniques of working with a group of educable level mentally retarded students.

The most promising new area of programming in the Training and Education Department is the sheltered workshop under the direction of Mr James David Nicholson. The workshop has secured five contracts during June to provide training and work experiences for adolescent trainable level residents. The workshop is providing experiences which we hope will eventually enable several of these students to return to the community.

Weylon Bissette

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Independent Community Living

(From page 6)

stitutional environment. For example, the institutional client is usually first placed in an on-the-job training situation in the community on a daily commuting basis between the institution and the job. When adjustment to the community is indicated, he is placed directly in a community boardinghome.

Clients living in boardinghomes and undergoing evaluation and basic work adjustment at the Facility are transported daily to and from the Facility by school bus.

———o———

Impressions

(From page 3)

She felt this would be good experience. My sisters and brothers were proud because I could get a job."

* * *

The reaction of an experienced female teacher working at Caswell on an internship in special education probably expressed the true feeling of most of us who just "come and see". Her words were, "It's wonderful, if you don't have to stay here as a resident."

Charity Holland

North Carolina State Library
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22
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Doc.

The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

A Child

Come take her hand and lead the way
Across the park where children play
And May has touched the trees with green,
Though she goes by the green unseen,
And summer's promise in this place
Reflects no image on her face.
Were peacocks nesting in the trees,
Were flowers loud with rainbow bees,
And silver fruit dropped to the ground
With tinkling tinnitus of sound
She would not hear, she would not see,
She would not hear, she would not see.

November now and days are dark,
Come take her hand across the park;
Mist-grey the avenues of grass,
The desolate flower-beds you pass,
No shouts proclaim a holiday,
The swings are still, no children play;
Yet the chill dusk which fills the place
Reflects no image on her face.

This for your comfort then, this mite,
That comes what may the darkest night,
The clouds of war, the shattered dove,
The jealousies, the wounds of love,
The thrusting for a place, a PLACE,
Will leave no image on her face.

Theodora Caldwell

October, 1966

Volume XXXI Number 4

The Caswell News

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A TRIBUTE

Caswell's loss was Adkin Junior High's gain when Miss Charity Holland resigned as Student Evaluator in the Training and Education Department to become Student Counselor at Adkin Junior High. For the six years she was at Caswell Miss Holland gave generously of herself to resident and staff members. Her enthusiasm and her sincerity stretched over and beyond the borders of her job. It can be truly said of Miss Holland she went the second mile and sometimes further. Her many kindnesses and her thoughtfulness to resident and staff will be long remembered.

One of the services she rendered was to write from time to time the weekly news summary for the Kinston Free Press. The articles: "Beach Trip", "Workshop", "Reflections" and some of the news items under "This and That" were written by Miss Holland during the past three months. These are timely as they not only reflect certain aspects of Caswell but also reflect some of Miss Holland's contributions to the life at Caswell.

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REFLECTIONS

Walking across Caswell's campus as fall begins, one reflects on many things for Caswell is filled with much upon which one might reflect.

The four units housing the very severely retarded non-ambulatory numbering approximately two hundred residents may recall a family who has given endless hours of constant loving care but for whom the responsibility of physical care has become so great they have found it necessary to institutionalize their child. The constant nursing care provided by a staff who never ceases to emphasize what their patient can do, says something to the "passer-through" who has only pity to offer to these citizens of our community.

The sixteen colony units with their resident population that cannot care for their physical, personal, and social needs and for whom the institution must forever be the only home they know make you remember with gratitude an accepting family in a rural community who has somehow maintained a relaxed and reasonably comfortable environment for a severely retarded adult family member in its home. You also marvel at the patience and understanding of cottage parents and less severely retarded residents who provide twenty-four hour care for these persons of God who cannot care for themselves.

On the walk you're met by the familiar adult resident who never fails to greet you with "I ain't heard from none of my folks Mama." She hasn't either. And she always moves on her way with the plea—"I sure do wish they'd write to me—it makes me feel so bad because I don't hear."

The shady spots are covered with creatures of all ages, sizes and shapes attacking the fall crop of green beans. Some have baskets, some boxes, some tubs, and some pans but all have some beans that they are getting snapped for the Caswell kitchen. The passer-by is greeted with, "Did you know my mama came to see me Sunday?" Then this person regardless of what her disadvantages otherwise might be, for that moment and time becomes the envy of all persons everywhere around.

On down the circle and into the home economics department one finds busy fingers measuring, sensitive noses smelling, anxious arms beating, as watchful eyes await the out-come of the "goody" being prepared. These students not only enjoy the results of their culinary arts but somehow this environment in addition provides something that is missing in many other areas of our campus. Here they find a listening ear for whatever needs to be heard whether its trouble at home or elsewhere or the need for a missing button or a hem in a skirt. The busyness of this small group helps its members somehow put themselves in a perspective so that they temporarily at least like their role better than much of their life.

Then as one returns to the office one of the campus runners announces himself with the daily report never failing to remind you of how he does try to always do a good job. George not only brings the typed statistical report but his own personal report of Caswell's most current happenings as well as a reminder that he certainly would like to go to school and his assurance that he could "learn good".

Yes the facilities are excellent, the buildings are much better than many Caswell residents have ever shared, the food couldn't be better, there is a lot to do and many people to do things with. But it's awfully lonely. Feelings of inadequacy outweigh those of adequacy, experiences of failure too often over balance those of success. Caswell's residents find it difficult to accept those limitations which they cannot overcome. Caswell residents have the same psychological requirements as do other persons. They desire to be loved, to be accepted, to be needed, and to be respected

PARTIES

Many parties are held at Caswell. All are enjoyed and we feel grateful to the givers. Recently two very special parties were given. The thing that was special about them was that they took place in private homes, not in the institution. The residents appreciated the difference.

On July 4 two cottage parents in Cottage 2, Mrs. Lillie B. Lee and Mrs. Helen Carlyle noticed that the fourteen girls not on holiday looked somewhat crestfallen so they took them to the former's home for a cookout. The girls were very excited as they looked for the house and when they arrived, "They were so happy they acted like they were home". Mrs. Lee went for groceries and when she returned the girls were, to use her phrase, "waiting for me as if I had been Santa Claus". All the refreshments were enjoyed but the iced tea was a rare treat because the girls are served milk at school. As an expression of gratitude, the girls did the cleaning up after telling the cottage parents to relax.

Mrs. James M. Hardee gave a picnic supper for all the McNairy residents on the patio of her home on July 7. Her daughter, Wita Wooten, is a resident in McNairy which is a building for women. One does not know when the pleasurable excitement of anticipation began but it certainly was at fever pitch in the morning when the girls were having their hair set. The memory lingers on too. They still talk about the wonderful time they had. One girl husky with excitement said, 'We had hamburgers and hot dogs and they served us, Mrs. Hardee played for us and there was a band and we sang, and some girls danced, and we saw all over Wita's house."

The band was a combo, "The Rebounders", and the boys' parents, Mr. and Mrs. Dan Lilley, Mr. Richard Lee, Mr. Ray Wooten, Mr. Duane Kratzer, and the Rev. Gordon Conklin who had come to see to the technical details stayed to join in the un. Mrs. Myrtilla Sharp and her two daughters, neighbors of Mrs. Hardee, danced with the girls.

Mrs. Hardee praised the Caswell girls thus, "the girls had social poise, and their exuberant happiness was contagious". She stated that the five hirteen-year-old boys in the combo said they never would enjoy playing for a group as much as they did playing for the McNairy group. Cerainly sincere appreciation is one of the gifts the etarded bring. All who take the trouble to get to know them find this to be true. Mrs. Hardee ound it a privilege to have the McNairy residents isit in her home, and they found it an honor and joy to be invited.

Two cottage parents, Mrs. Windham and Mrs. 'homas accompanied the girls and Mrs. Hardee poke well of them. The compliment was returned. One of them said, "We were treated like royalty t Mrs. Hardee's lovely home."

How pleasant it would be if more people shared heir homes with the least of His brethren.

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s worthy and dignified members of society. The nstitutional setting cannot adequately meet these eeds for its residents.

BEACH TRIP

This week the beach trip included a group of Caswell's older female residents. The weekly beach trip involves considerable advance planning and preparation. The bus has to be checked and made ready with a certified driver. Food has to be ordered from food service and supplies and equipment requisitioned through the recreation department. Staff members must be secured to accompany the residents. The day before the trip, hamburgers must be made in patties and frozen; the coffee cake and fudge squares baked, the slaw and pickles chopped and mixed and refrigerated. The morning of the trip, the staff of the home economics department assembles all the food prepared by them on the previous day and adds all the necessary paper goods and utensils for the outing. The bus is loaded with the senior citizens including Erma who is sixty-five years old, one of Caswell's first residents. After riding for about an hour, the coffee cake and coca colas were brought out and served. The cokes had been iced down in a can and taken along so that it was not necessary to stop the bus for refreshments. The trip across the ferry both going and coming was an interesting feature for members of the group. The weather was dreary and wet but the rain and clouds did nothing to dampen the spirits of these travelers. The bus driver and home economics teacher had made this trip many times — enough times so they knew where was the best possibility of finding shelter and dry land for our ladies. The sand at Bogue Inlet fishing pier absorbed the falling torrents of rain more quickly than paved areas so it was here that one of the staff members secured permission for setting up the grill and the male staff (veterans of the task) were soon busy cooking seven dozen hamburgers for hungry people. Plates piled high with pork and beans, slaw, hamburgers served with iced tea were devoured amidst many comments about how good and nice and fine everybody and everything was. Not one word was heard from the residents about how bad it was that it was a rainy day. They just loved being there and seemed completely unaware that anything about the day could possibly have been better. It was all just so great for them that their only thoughts were on thanking somebody for a good time and saying they did hope they could come again next year. The trip back included refreshments of cool-ade and fudge squares all served with no mishap while still traveling. As the bus returned to the Caswell Campus, overheard remarks included, "I thank you for accompanying me on this trip." "Mama you sure are good to us." "I did have a good time and I sure do thank you." "I've had a good day and we're back home now — this is my home here at Caswell you see because I can't go home."

No, the rainy bad weather took nothing from the joy of these senior citizens on their annual outing at the beach. Not one audible complaint was registered and no suggestion of anything but complete satisfaction with what that day and all the days before had brought them.

The following article plus those entitled "Help Needed", "Parties"; the first part of "Butterflies of the World" including the poem "On Love" in the article, plus a few of the short items under "This and That" were written by Mrs. Jean I. C. Tabory:

Editor

FIELD DAY

"The sound of music filled the air
Bright colors sparkled everywhere"

The music was homemade and the bright colored objects were homemade too. The makers were residents and cottage life workers and this was the Fair at the Caswell Center's 1966 Field Day. It was the afternoon of July 27. There were six gay booths at one side of the gym and six just as gay on the other side and on the platform male musicians from the Colony played in time to the music while an unglamorous woman from the Colonies danced with skillful energy. She certainly had rhythm. Some of the spectators had rhythm too. They danced as they toured the booths. Below the platform was a drink stand where Mr. Leo Sutton, canteen manager, and his assistants gave snowballs to all.

We cannot describe all the booths and we know we run a risk if we describe one but we must mention that the first booth on the right took our fancy. The Beverly Hill Billies sat there among genuine antiques including a very old Gramaphone. Our only complaint is that the white lightning did not have the right smell. At one booth the residents shot, at another they tried to burst balloons with darts and at another they guessed the number of buttons in a jar. At another they fished. So fascinating were all the booths that we lingered too long and missed the races, skating, tug-of-war, shuffle board and horseshoe organized in the fenced-in play area by the training and education department. We congratulate the members of the cottage life department who put up the booths on their industry, skill and imagination. They came back on their off duty hours to do this work and we feel sure they were satisfied when they saw the joy on the faces of the residents as they walked, or were wheeled around. All were reluctant to leave.

There was a watermelon cutting in the middle of the afternoon. Then came the swimming meet. Residents raced and dived for pennies, and two cottage parents clad in pinkish long johns which turned red in the water, gambolled. At one point one of these paddled his canoe (a tire) with a broom. An interested happy crowd gathered around the pool. Most of them were eager to display what they had won at the fair. Somebody said proudly, "Whata lot I won!" Fingers were thrust at us with the cry, "Look at my ring. Lovely isn't it? I won it." A woman in late middle age held up a little plastic toy saying, "It's pretty. I'll put it on my dresser." A new girl turned to remark, "We're having fun this evening". An attractive small boy said, "Look what I won". Puzzled we asked what the bit of metal he held was. He replied, "It's a bird whistle. Listen. It whistles like a bird." He waved it and it certainly did. "What is your name?" we asked. With a proud smile came the answer, "It's Michael Yatesa and when I grow up I'll be Mr. Yates."

In the late afternoon we went back to the gym. Believe it or not the band was still playing and the dancer was still dancing. Now she had a partner, a cottage parent disguised as a clown. The background of his suit was black and we suspect he was dancing that old dance 'The Black Bottom'. Many joys awaited the residents after the office workers had gone home. There was a picnic supper; there was an ice cream party; and there was outdoor dancing to the music of two bands "The Illusions" and "The Nomads". Seven hundred soft drinks were donated by the bottling companies. Mr. Leo Sutton organized the giving of this gift.

Mr. Nelson Rouse of the cottage life department, chairman of the field day committee, committee members, and the Caswell employees who worked so hard to make this event the success it undoubtedly was deserve three rousing cheers. To measure success is not easy, but to make almost two thousand happy for a day is surely to succeed.

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HELP NEEDED

Mr. Bill Carroll, a counselor at the Vocational Rehabilitation Facility at Caswell, spoke to a group at the First Presbyterian Church Vacation School. These people met to try to discover ways to translate the Commandment, "Love Thy Neighbor", into group action here in Kinston now.

Mr. Carroll spoke with moving conviction of the needs of the clients at the Rehabilitation Facility. He explained that these people were not Caswell residents. A few of them were graduates of Caswell but most were dropouts from public schools in North Carolina. While being trained for jobs they lived in boarding homes in Kinston. They needed help in their hours of leisure.

St. Mary's Episcopal Church provided a cookout each month. This was greatly enjoyed. Mr. Carroll offered the Presbyterians certain suggestions. One of them was a "Big Brother Scheme". Some men could take interest in individual boys and invite them to ball games, films and so forth. Another was that people could tutor the clients in reading and arithmetic. All had difficulty in these areas and needed extra help. Another was to provide dances for groups. Another was to tell employers that the Facility had young people who could be trained to work. Yet another was to offer domestic and yard work in the evenings and on weekends. Baby-sitters were always available.

Mr. Carroll pointed out that although the Rehab. clients were technically retarded one would not notice this on meeting them. They were just like other people.

The group enjoyed Mr. Carroll's visit and some of them promised to take action. There was talk of organizing a Sunday School class specially for boys and girls from the Rehabilitation Facility.

It is stressed that the staff at the Rehabilitation Facility welcome help from any interested citizens in Kinston. If you need a baby-sitter, a housecleaner or a yard boy, phone Caswell and ask for Rehabilitation. If you would like to tutor or to be a "Big Brother" do likewise.

WORKSHOP

On the second floor of one of Caswell Center's ldest buildings is a new operation. The building sn't air-conditioned and the working area vouldn't be classified as attractive but you'll find ome residents working there who are the envy of nany other Caswell students. Those thirty-five tudents you'll find there will be doing very simple asks of a repetitive nature which most of us vould abhor. But these students don't abhor these asks because they are making money. They are arning as much as seventy-five cents or a dollar week and if you've never had any money at all r if the most you've ever had was fifteen cents r a dollar then seventy-five cents is a small ortune.

Professionals working in the field of mental etardation believe that more than eight out of en mentally retarded can be taught enough to go ut into the world to live with other people and ven to support themselves. Unfortunately, until ow, statistics show that all but two out of ten ave been denied the opportunities they need in raining and education. But new hope has begun o appear for the mentally retarded and their amilies.

A few years ago, the retarded were thought to e "unemployable." Now they are being employed uccessfully. In January Caswell Center initiated he development of a sheltered workshop as a part f its program of training to better prepare stuents to live happy, useful and productive lives vithin their community under sheltered conditions. Only a few will be able to live and work with thers. Only a few will be able to take their place n competitive industry, but many can learn to do imple manual skills.

Mr. James D. Nicholson, a graduate of East arolina College was employed to develop a proram of employment so that the trainable level esident at Caswell might find it possible to live a atisfying adult life. Among the first steps in vorkshop planning was a community survey to ecure work contracts which the residents could atisfactorily complete. It is hoped that the resient who satisfactorily performs his job in the enter's Sheltered Workshop will be able to secure placement in a community Sheltered Workshop.

The tremendous growth of interest in helping ne mentally retarded adult has resulted in the stablishment of workshop centers in a number f North Carolina Communities including Winston, alem, Fayetteville, and Goldsboro. The sheltered orkshop provides a place where the trainable vel resident who is able to return to his family guardian in the community may have an oportunity to work and feel he is a useful member of ociety. The term sheltered denotes close supersion, this means that the staff — pupil ratio in sheltered workshop must be kept small. A satisctory sheltered workshop program in the comunity can mean that persons who heretofore ave known and can only have for an existence in ne institution may have and know the love and re of a family.

Caswell's sheltered workshop provides job oportunities where the resident is paid on the basis his cooperation, interest and production. All money collected for contract work is paid to the student. This means these students are enjoying the privilege of training in a supervised environment. In this way the resident earns his spending money with the contract employer furnishing the fund rather than the taxpayer. Working in Caswell's sheltered workshop promotes social adjustment and gives the resident some responsibility.

Examples of work which can be successfully carried on by the mentally retarded include folding, packing, pasting, sorting, and stringing. The Old Dominion Box Company and Sid Eagle and Associates have been the two first employers to sub contract work to the Caswell Center Sheltered Workshop. Residents in the Workshop have completed approximately 60,000 boxes for Old Dominion and have tied approximately 5,000 dozen bows for Sid Eagles Associates. It is not felt that this sub-contracting has eliminated any job in the business but instead it has eliminated the nuisance job from the production area, and provides a satisfactory product at low labor cost to the employer. The Caswell Center Workshop provides transportation for materials and the finished product to and from the contracting employer.

The workshop is not the answer for all mentally retarded persons. But Caswell's sheltered workshop has not a very real need for the thirty-five residents involved in the program. Mr. Nicholson urges all community groups, businesses, industries, and individuals to give their interest and support to this program.

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ART

The new school year looks to be very promising in the art department at Caswell. Art plays a very important role in the development of a child's life. The need for art is not that of learning how to draw, but that it gives students a way to express themselves and release emotions. Art is a field which can help students to do this and learn to be more creative and think for themselves. Each person is a separate and distinct individual and should be treated as such. Art helps to develop intellectual, emotional, social, physical and aesthetic growth in students. In the art program there should be a relationship between the needs of the student and the program.

Students that attend art class are not allowed to copy from books. They draw and design from memory. Motivation consists of varied things, from visits to the ice cream plant, stories, walks around campus to real birds and flowers. These students have a constant need for praise. At the end of each art period there is a time allotted for each child to show and tell about his work. These things that have been mentioned are only a few of the aims and needs of the art program at Caswell.

This past year the art students have done batik dying (cloth dying process) and from the materials dyed they have made curler bags, aprons, neck and head scarves. They have also done seed mosaics (forming pictures with butterbeans, peas, corn, etc.), water crayon drawing, India Ink Resists, tempera paintings. They made hot place mats from roffia, burlap wall hangings, block

THE BUTTERFLIES OF THE WORLD

We thought that our readers might be interested in how people overseas face the same problem as some of them do. This article was written by a Scottish mother for "Life and Work", the magazine of the Church of Scotland.

The last sentence is of particular interest to us churchgoers because we have been commanded to love. "Given love they are the happiest people in the world." It sounds simple but is a large demand. Probably in early childhood all the retarded need is the love of parents but as they grow they need love from others too. Even in this enlightened age they meet with some rejection and much indifference. Now this indifference is the antithesis of "agape", Christian love. Agape involves being concerned with other people. When we are commanded to love our neighbors we are not asked to like them. We cannot like everybody with whom we come into contact. With the help of God's grace we can desire their well being with the same fervor as that with which we desire our own well being. That means we can love them as we love ourselves. There may come a day when there are enough practicing Christians to give all the love needed by the unsuccessful, the unlovely, and the unwanted.

* * *

On Love

We all need love.
For most of us
It is the spacious background
Of lives in which the foreground
Is all filled up with thoughts and words and deeds.
But the retarded — they have other needs.

Love is the camp
From which we march
To battle in the dawning
And return to at nightfall.
For them it is the centre and the core
Granted but this they ask for nothing more.

Is is nearly sixteen years since our Mongol daughter was born. I thought I'd like to write for parents and relations who have just learned that they have a handicapped baby in the family.

Kirsty was almost four months old when we asked our family doctor what was wrong with her. Some medical men believe in telling parents immediately a child is born — others don't. Ours didn't and though a cold fear came into my mind from time to time we managed to dismiss it. Nothing could be wrong with OUR baby.

The first hint came in the nursing home when a puzzled young nurse brought baby and put her where I could reach her. "You're to lift her if she cries. Matron says she needs a lot of love. I've never heard her say that before." And she left obviously thinking that matron was losing the place.

Then when I said to doctor one day how good she was compared to her very noisy obstreperous brother, he murmured something about babies shouldn't be too quiet.

When at last we asked, he told us that our daughter was not only a Mongol but had a heart condition which would make it unlikely that she would live beyond her teens. "You have got one of the butterflies of the world. She will not live long but she will never know what sorrow is."

Of course we were shattered and what made it worse, we were absolutely ignorant about the whole question of the mentally handicapped — and I'm afraid that, until then, largely indifferent.

This would not be so today for the whole attitude towards the mentally handicapped has changed rapidly. The Scottish Society for Mentally Handicapped Children has done an incredible amount of pioneering since its inception some years ago. Any parent or relation would do well to join their local branch or, if there is not one to start one. Each local group has grown from just a few interested people and older groups are always willing to help the newer ones.

Some doctors are most helpful to parents, but a mother and father will get more practical help when speaking to others with the same or greater problems. And the great thing is to speak about your child and the illness. Learn as much as you can about the form of handicap and its causes and tell your friends all about it as if it were measles or a broken bone. The old embarrassed silence of acquaintances wasn't caused by lack of feeling but a shyness to be first to mention mental illness. If the relatives talk frankly and include the child as far as possible in everything, they will meet almost always with equal frankness.

There will be some things you won't be able to do because of your child's disability, but the road is being steadily made smoother. Both the S. S. M. H. C. at Cove and Alyth and the Church of Scotland at Keith Lodge, Stonehaven, have short-stay homes where the mentally handicapped can holiday or go in times of family crisis.

Training centres and special schools are slowly being started and some firms serve parents and children privately — a great help.

All this I had to learn and one of my big worries was the effect of a backward sister on a growing boy. Again a doctor—this time superintendent of a mental home—used a phrase which has stayed with us. "It never does a boy harm to have someone to be careful of and kind to."

Of course all the days haven't been easy. On the bad days we have remembered with gratitude the words of matron, "These children need a lot of love"—of the doctor, "She will never know sorrow"—and perhaps most often those of the medical superintendent because "a boy" could well read "parents."

The road has become easier the more we have learned and we have got more than we have given to our daughter. Given love, they are the happiest people in the world.

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printing, papier-mache animals (almost life size - one cow, one donkey and two sheep) sculptured pieces made from Terra Cotta, Zonalite and clay. The students silk screened the cover of the school newspaper and did encaustics (process in which you can use melted crayons).

Plans for the new school year in art are being made to do extensive work in ceramics tile mosaic wall hangings and trays, ceramics, plaster, sculpture, jewelry making, oil crayons, weaving and the use of some of the more common media.

Mrs. Linda Clark
Art Teacher

TRAINING AND EDUCATION

During the past summer months, the Training .nd Education Department has participated in nany expanded activities as well as the regular ummer schedule of events. We had the PACE rogram, graduate student intern program, and SEA project. The submitted ESEA project was pproved and we were awarded $68,393. This will nean seven new staff members and needed equipnent and supplies. Now we are preparing a Title I Library Project. Funds from this project will elp our library meet state requirements for elenentary schools and provide broad reading maerials for the residents and resource books for the taff.

Many of our residents went home for the sumner, but several hundred remained on campus and ook part in a stimulating educational and rereational program.

Eleven staff members in the Recreational Deartment operated on two shifts with a schedule n force twelve hours daily. A new program of rereational activity in the pool with games and ater sports introduced was most successful. In ddition to this special aquatic program, picnics, irthday parties, cook outs, softball, skating, volyball, shuffleboard, horseshoe, train rides, trips the Cliffs and Kinston Eagles baseball games, ances with music by visiting combos, and Field ay provided a summer of variety and fun. We ave offered more recreational activity this sumner than ever before and have had more resident articipation.

With the arrival of a new bus in August, we ad planned to use the old one for recreational se; however, this could not be done so we have equested a bus from ESEA funds under sub-title, ecreation and Physical Education.

Two hundred and five students were enrolled trainable summer school. Of this group several ere Lenoir County "Day Students" and our stuents who were unable to attend regular school ession. Classes were offered in cooking, ironing nd sewing. Food was prepared and shorts and ouses made for trips to Fort Macon State Park. he chorus and Rhythm Band were also able to sit the state park.

Both staff and students were excited about reeiving new furniture and appliance in Home onomics.

The Academic School completed six weeks of mmer school with seventy-two students enlled in remedial classes of reading, arithmetic, riting and social growth.

Now as we change pace and program, we look ck on the summer months as certainly the fullt, and we believe most fruitful, that Caswell nter has experienced.

Mrs. Mildred Matthis
Librarian

—o—

In a nationwide telephone survey on mental tardation, eighty-nine percent of those interewed believe it is easier now for the mentally tarded to become more a part of their home mmunities. Sixty-seven percent do not believe e mentally retarded are more likely to commit rtain crimes than normal people.

THIS AND THAT

The P. A. C. E. program ended on September 2nd. It is hoped that the students will use the money they earned here to continue their education. All will be missed. The following is a letter that was given to one.

To: Miss Mae King

"We, the cottage parents, and unit supervisor of Cottage 1, would like to express our appreciation to you for your loyalty and kindness while working with us this summer. You were very good to the children and they all learned to love you so much. You never seemed to resent any of us telling you what to do or asking you to do anything concerning our work. It made us feel good to hear you say you hated to leave us and our little boys. We are glad that you can go on with your education and want to wish the best for you while you are away at school. Let us hear from you and come back to visit us sometime".

The letter was signed by all cottage parents of Cottage I, their supervisor and the Director of Cottage Life.

* * *

The full life is not possible without adventure. In institutions it is hard to provide adventures, for all things tend toward routine, but the fortunate residents in Cottage I had an adventure after a party given by Mr. and Mrs. J. T. Sutton. The Suttons own an old fire truck. Have we not all at some time longed to ride on a fire truck with sirens sounding, engine roaring and thoughts fixed on bold rescues from a blazing building? The severely retarded little boys rode around the campus on the Sutton's fire truck. Everything but the blaze was provided. Some cottage parents rode too and rumor has it that the ladies enjoyed themselves even more than the children. We thank the Suttons for bringing adventure to Caswell.

* * *

The Vocational Rehabilitation Facility located at Caswell Center began holding its weekly dances last Wednesday evening at Emma Webb Recreation Center. The dances are discontinued during the summer months and are resumed each Fall as a means of providing leisure time activities for students undergoing evaluation and training at the Facility. Providing music for the opening session were the "Electrons", a local schoolboy group featuring Doug Harris, vocalist; Doug Taylor, drums; Joe Pollock, bass; Chick Chamlee, piano; Charlie Mason, lead guitar; and Donnie Dunn, rhythm guitar. These dances are sponsored and supervised by the Facility staff and live music is contributed by local and area musicians.

* * *

A Caswell jollification stopped the traffic in Kinston on September 1st. The women from Johnson 4, a colony building in which many of the residents are physically handicapped, were taken for a picnic to Emma Webb Park where they had a picnic and listened to music provided by "The Illusions." They were not the only ones who listened for school children gathered around and drivers stopped to look and listen. Some of the Johnson 4 girls danced. All the cottage parents worked hard to make this a memorable occasion. They baked cakes, bought ice cream and drove the more crippled girls to the park. Their reward is the knowledge that the women who seldom have the opportunity to leave the institution had a good time. One cottage parent remarked, "I am sure the girls will still be talking this over for months to come."

* * *

Twenty children were selected to participate in a week of camping at Camp Don Lee near Arapahoe, North Carolina. This was the third summer that the Methodist Church sponsored a camp for retarded children. Some interested individuals provided the twenty-seven dollars camp scholarships for these residents who would not have had any other vacation.

Also thirteen boys and girls spent two weeks at Camp Pamlico on the Pamlico river. The expenses for this trip were also provided by generous friends. The experience of camping is one these boys and girls long remember and they look forward to another year in hopes they will be able to go again.

* * *

Wooten A was given a used television set as a gift from one of the parents. Television is one of the happy past times here at Caswell.

* * *

In August twenty-three boys accompanied by four male staff members spent from Monday to Wednesday camping. They enjoyed fishing as well as the sand and surf of the ocean. Two women on a volunteer basis went along to help with the "household chores".

* * *

In September an outing to Bogue Inlet Pier by bus and cars was planned for the boys in Tapp 2. This was a cottage life affair, a family affair.

* * *

The Muscular Dystrophy Association donated two wheel chairs to Caswell to be used by two newly admitted brothers who suffer from this disease.

* * *

The Rocky Mount Junior Woman's Club entertained approximately one hundred Caswell residents at a party at the recreation center.

* * *

Television station WNCT Channel 9 showed a film which was taken on the Field Day held in August. Mr. Nelson K. Rouse, Supervisor in the Cottage Life Department narrated it.

* * *

St. Mary's Episcopal Church gives a party on the last Wednesday of each month for all residents born in that month. Usually there are over one hundred attending each one of these parties.

* * *

Kendall 2 had a glorious gift of a four quart electric ice cream freezer and thanks go out to Mr. and Mrs. Douglas L. Foy of Jacksonville for this.

* * *

As the children returned from their summer vacations and camping experiences, we were reminded again of our older residents who have been residents of the Center for many years and who do not often have an opportunity to leave the Center. Someone has suggested that it might be a good experience for our older residents, if someone could provide a week of camping experience away from the Center for these older residents who have been here many years.

* * *

The students, like all students everywhere had individual and mixed feelings about returning to the formal classroom situation for a six hour day. One of the summer activities which they had to relinquish with the beginning of school was the happy times they shared in Caswell's two swimming pools. Residents of each living unit were scheduled to come to the pool twice each week. The working students who had campus responsibilities were scheduled for nights and week-ends. As well as being able to enjoy the pool for all of the fun one has just playing in the water, the students also had some special activities including volleyball, basketball and water tag. Special swimming classes were conducted and one of the staff members estimated that we had approximately 150 good swimmers among our residents.

* * *

The Kiwanis made it possible for a hundred residents to see a live show given by some television personalities in Grainger High School.

* * *

On July 6 and July 7 the residents of Kendal 2 were given birthday parties; one by Mrs. Donnie Davis for Velda Willis and the other for Brenda Whitley by her mother.

* * *

Thirty-five residents, some male — some female were taken to a wrestling match. The tickets had been donated.

* * *

In September, the mother, sister and brother in-law of Phyllis Smith gave a surprise party in her honor to the girls in Dawson.

* * *

Some residents were taken to Fort Macon on Tuesday, July 14. A good time was had by all. One young man remarked, "We saw something new, a soldier in a suit like they had way back in the old days. No shoes, just socks on. We went on some kind of ferryboat."

* * *

The building parents in Byrum 2 gave the residents a birthday party at the picnic area.

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FIGURES

Figures are not usually interesting but many questions are asked about Caswell's population, As of October 1 the number of residents actually living on the campus is 1778 (958 male and 820 female). During the last quarter 33 (16 males and 17 females) were admitted and 34 (19 males and 15 females) were discharged. Two deaths (females) occurred during this time. Three (al males) were transferred in from other institution and two (males) transferred out. There are 4 (15 males and 28 females) on placement. Twenty four are on Rehabilitation and 19 are in their own home.

The waiting list is growing. As of October 1 there are 84 (58 males and 26 females) cases waiting admission. During the quarter 53 were referred (36 males and 17 females). It is worth noting 30 of these are waiting admission to the Crippled Children's Hospitals.

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The CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

Death As Arrival

The trumpets are sounding for Ian McGee
The angels are singing for they know that he
Deserves every blessing that Heaven affords
Including the hearing in peace of the Lord's soft,
"Well Done."

On earth he did nothing poor Ian McGee,
A being who never could listen or see.
Severely brain-damaged at moment of birth
He breathed, he was fed, and he knew not the
Worth of his life.

But God had great plans for this Ian McGee,
Just like those in His Mind for you and for me,
To be worked out in joy through eternity.
Ian understands everything now for he
Has come home.

Jean I. C. Tabory

January, 1967

Volume XXXII Number 1

The Caswell News

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Frank Badrock, M.D. .... Superintendent
Mr. S. H. Stroud .... Business Manager

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THANK YOU

Although this is only January, Christmas seems to be far behind us, tucked away with some fond memories. It seems almost anticlimatic to write about it now, but it would be a serious ommission for Caswell News not to say to one and all THANK YOU.

To describe Christmas at Caswell is nigh impossible. This has been attempted previously but the results have seemed futile; so let us give thanks and in giving thanks mention some of the highlights. Christmas at Caswell has always been enhanced with the outpouring of people's hearts in thought and word and deed. Down through the years Caswell has had many generous friends through whose generosity, many little extras have been bought to make life happier for our residents. It is impossible to list the names of these people or to list the clubs, church groups, civic organizations, mental health associations, various units of the North Carolina Association for Retarded Children, and other organizations. Their gifts and parties were urgently needed and hence most welcome. What has been written about one party so aptly describes the happiness and the thanks of our residents: "The men seemed to enjoy the music. Some in wheelchairs far from the piano sang out. Some clapped their hands, laughing happily. A visitor moved among them reading "The Night Before Christmas". Residents joined in "Joy to the World" - the words came clearly from a man in a wheelchair. His face was one radiant smile as he sang. He believed that joy had come to the world and one had to believe with him".

To the cottage and building parents go words of praise and thanks a million times over. These are the men and women who work so zealously to trim the trees and to decorate the buildings. As one sees these trees and buildings at the Open House, one cannot but feel that Christmas has truly come to Caswell. These are men and women who must carry on the regular routine, plus the rush and bustle in getting the boys and girls ready to leave for the anticipated holiday visit at home. These are the men and women who must try to bring a measure of comfort to those who learn all too soon they must remain at Caswell for Christmas. Many of these men and women must work on Christmas Day. To these people especially go warm and sincere thanks.

Each year one of the highlights of the Christmas Season is the annual Open House and with it the traditional Christmas program. This year the pageant "The Love That Lives" was presented. This was a labor of love for Mrs. Doris Petteway and her co-workers in the Trainable School who worked so diligently to stage and produce this pageant. For years the music teacher along with the academic teachers created this pageant, but for three months, Caswell was without a music teacher. As the saying goes, "Where there is a will there is a way." Mrs. Petteway found that way. She worked with the trainable children and the girls' and boys' chorus to stage a beautiful and effective performance. To many this was truly a Christmas Special to see so many trainable children do such a commendable job. To Mrs. Petteway and her fellow workers go our heartfelt thanks.

To those men who drove the buses loaded with residents to see the gaily lighted "Magic Mile" of Kinston a word of thanks is given. Also, to those recreational workers and all who must select and wrap the gifts for over one thousand residents must go words of praise.

Although the Christmas pageant at Open House seems to attract most people, one finds the programs by the boys' and girls' colonies and Pollock building have a special Christmas charm. These are staged attractively and many hours of patient and painstaking work go into these performances. During the performance of the girls' colonies, one heard the chorus composed of the colony girls sing out joyfully the Christmas carols and songs. As one silently watched the boys' performance, one could not but be moved - many of these being boys in wheelchairs. To these building parents and supervisors go also words of praise and thanks.

Besides the building parents, there are many other staff members who give parties and gifts and do many of the little extras which help to bring joy and happiness to the residents at this time. To these, we also say many thanks.

In summary to one and all, near and far, we say one big THANK YOU. We close with the sincere wish that the New Year will hold many blessings for all.

REHABILITATION

During the last quarter, forty-nine students vere accepted by the Rehabilitation Facility at Caswell. Thirty of these students accepted were referred by Caswell Center; fourteen were referred direct from neighboring counties; and five vere referred by other rehabilitation offices hroughout the state.

During October, the Facility was awarded a blue ribbon for first place at the Lenoir County Fair for their exhibit entitled "A Deadly Race." The exhibit depicted the danger of drinking while driving. With the prize money, the students were able to attend the State Fair in Raleigh. The tudents from the Facility were allowed to attend he County Fair free through the courtesy of the Kinston Jaycees.

In November, the Facility, along with Caswell Center, took first place honors in the Religious Division of Kinston's Christmas Parade. A large ocket was built for the Chamber of Commerce. This rocket was used for Santa Claus to ride on n the Christmas Parade.

In December, the Facility held its first Christnas bazaar in the Home Economics Department. The bazaar was designed as a motivation scheme or girls undergoing training. Approximately 75% f the entire stock of items was sold during the irst day of the bazaar. The girls and staff worked everishly to replenish the supplies for the following day's sale. The students themselves served s salesladies, cashiers, and stock clerks without irect supervision from the teaching staff. Articles old included fruit cakes, cookies, candy, Christnas decorations, decorative aprons, embroidered illowcases, appliqued placemats, knitted bedroom hoes, doll clothes, and other novelty items. Baked oods were prepared by the cooking class and all ther items were handcrafted by the students rom scrap and donated materials. Proceeds from ne bazaar were used to purchase Christmas gifts or students at the Facility.

The Lenoir-Jones-Greene Medical Auxiliary ontinues to sponsor a clothes closet for the acility's underprivileged clients. This Auxiliary oured the Facility on November 10. In December, ne Auxiliary presented Christmas gifts to the ehabilitation students. These gifts were disributed during a student Christmas party held n December 21.

The Facility held its annual Christmas dance or present and former clients at Emma Webb ecreational Center in Kinston. The guests inuded the housemothers; staff members of Casell Center; and the Rehabilitation Facility. The irector of the Facility stated that many former udents from all across the state come regularly attend these dances.

As of December 31, the employment figures for ients of the Facility showed forty-six trainees ngaged in "on-the-job training" situations and arning a combined total of $4,558.00. In addition this, there were also 485 previously closed cases regular employment from whom the Facility as received information that these persons are arning a combined total of $73,832.00. This makes combined total from both groups of $78,390.00 or the month of December.

FALL AND WINTER

As the fall and winter days began closing out the summer activities of train rides, strolls across the campus, ice cream parties at the picnic shelter, and other outside activities, the attendants of the Boys' Colony started on their usual fall and winter schedule.

First, there was shopping to do. Attendants were busy for days measuring boys, to be sure their jackets, long pants and shoes would be the correct sizes. Then the attendants would hurry off to town to purchase for the residents, their needs.

During the hustle of shopping, the attendants were also preparing for Halloween. Living units were decorated with pumpkins, black cats, owls and witches riding the broom. These were all cut from colored paper. The residents always enjoy looking on while cottage parents decorate. Each living unit had its own Halloween party for the residents. But this year the cottage parents decided to do even more. A group of cottage parents completed their eight hours of duty and then worked fast to change one of the building lobbies into an amusement center. Booths were set up and decorations hung. After supper the attendants on duty and some off duty took turns in taking their residents through this place of amusement. Some enjoyed bobbing for apples, some enjoyed the fishing pond and others enjoyed just looking and listening. Refreshments and prizes were given to all residents. When the entertainment hour had ended, the cottage parents sat down to relax with a cup of coffee and to discuss Thanksgiving ideas.

A few days later, all Halloween decorations were removed from walls and signs of Thanksgiving began to show. Here again, colored paper was being cut. Some of the cottage parents are rather artistically talented. Turkeys, pumpkins, Pilgrims, Indians and fruit horns were made to brighten the living units. These residents who did not go home were well entertained. Cottage parents planned a party in the building lobby.

With Thanksgiving gone, the real big holiday was ahead. Now again, colored paper was being cut. This was the best yet. Santa Claus faces, Christmas trees, Christmas scenes, Christmas songs and everything that goes with Christmas were showing. Male and female cottage parents were busy all day. One might wonder what were the residents doing. Well the residents were seeing a real live movie, with cottage parents climbing up and down ladders, hanging decorations. The usual routine was being carried out each day, and cottage parents were often found working on their own free time. Ideas were exchanged and many times the men would do the more difficult jobs while the women were doing the lighter work. Cottage parents helping each other were found quite often.

During all of this hustle and bustle a Christmas program was prepared and presented in the recreation building on December 18. Costumes had to be made, program rehearsed, and somebody had to notify Santa Claus to be there too. Well, it was all done, and a Santa came riding in a sleigh which cottage parents had built for him.

(Please turn to page 6)

THIS AND THAT

Experts disagree about the explanation of play. Some say it is recapitulation and some that it is anticipation but all agree that children need to play, benefit from playing, and enjoy playing. Retarded children play too. The severely retarded little boys in Cottage I have a new plaything - a huge, concrete, brightly painted turtle. They are active little boys and they love to climb over its slippery back and to crawl between its massive legs. This turtle was designed and painted by Mrs. Linda Clark, art teacher in the Academic School. Mrs. Clark actually made the turtle too with much help from the Maintenance Department. This kind of equipment is very expensive to buy.

What a good thing it would be if cities provided play areas where mothers could leave their retarded children for a while knowing that they were enjoying exciting supervised play.

* * *

Our residents delight in outings and one of their favorite annual outings is the trip to the Lenoir County Fair. To them going to the fair is an adventure. All week one has been greeted with remarks such as "Look what I bought at the fair." "I was on all the rides." "Yes, Ma'am I sure had fun. I ain't scared. I sat very high up on the Ferris Wheel." The last remark was made by a middle-aged woman whose eyes shone like those of a child looking at a Christmas tree as she spoke. One cottage parent reporting on her visit stated, "The girls that had money shared with the girls that didn't have any. It is a privilege to share the happiness of these residents." Another said, "Everyone should have seen their faces while riding. They were aglow with happiness." Another said, "The children we picked to go hardly ever get to go outside Caswell grounds and it was a pleasure to carry them to the fair and to see the excitement written on their faces." Several cottage parents commented on the good behavior of their charges and one added that the carnival workers were all very courteous.

The booth that we placed at the fair won a third prize. It was designed by the Central Office in Raleigh and illustrated what the Department of Mental Health is doing in the State. One gathers that it was overshadowed by the Vocational Rehabilitation Facility booth which luridly and graphically illustrated the dire consequences of drinking whiskey. We congratulate the Vocational Rehabilitation Facility on winning a first prize.

* * *

Our students enjoy working on the Industrial Arts Project which is under the supervision of Mr. James Nicholson. One of the boys has made a bookcase; another a night stand and some of the boys are working on gun racks. General projects being worked on include pipe holders, footstools and whatnots. All these are varnished, stained and some painted. The more advanced students are allowed to work on bowls. Arts and crafts are also offered. Some of these projects are leather billfolds, coin purses and key holders. Art metal projects and ceramics are in next year's plans.

Miss Marjorie Yokley of Mount Airy, who i president of the N. C. Federation of Woman' Clubs, and Mrs. Joe Lamb, Jr., of Elizabeth City State Director of the N. C. Junior Woman's Clubs visited Caswell in October.

* * *

Students in Mrs. Charlotte Dail's and Mrs Patsy Pittman's classes were taken on field trip to the police department.

* * *

Several boxes of toys and clothes were given t Caswell by the N. C. State Grange.

* * *

The Explorer Scouts of Caswell have purchase a popcorn machine. They are furnishing popcor for parties or groups serving parties on the campus for a reasonable price. This has proved a excellent money-making project. The Scouts als sold chocolate candy during the month of December. This was not as successful as the pop-cor as those little pestiferous ants seemed to enjoy i too!

* * *

In November Open House was held for the N. C Federation of Woman's Clubs on Tuesday. Mrs Rita McCain, District Caswell, Chairman, of Elizabeth City, was in charge of the arrangements These women were greeted by members of th home economics department serving coffee an light refreshments. Dr. Badrock, superintendent welcomed them. After lunch in the cafeteria the were taken on tours about the campus. Only small but enthusiastic group was able to attend

* * *

In November Mr. Polk arranged for the regula television program on Channel 7 WITN. Thi month's program featured Caswell's Sheltere Workshop. Not only the instructors but the students in the workshop were shown. In Decembe fifty girls and boys of the Caswell Chorus appeare under the direction of Mrs. Doris Petteway. The sang Christmas carols and songs which were use in the Christmas Program.

* * *

Mr. John Telfair, pianist from Kinston, gav two piano concerts for our residents. These concerts were well received.

* * *

The Kinston Junior Woman's Club gave a gif of money to purchase trousers for twelve boy who sing in the Caswell Chorus. This was a mos useful gift and enhanced the appearance of th boys.

* * *

In November Caswell's basketball team score a 78 to 55 victory over the O'Berry Center's tean at Goldsboro.

* * *

Approximately 200 residents left Caswell fo the Thanksgiving weekend from Wednesday afternoon to Sunday. Those who remained behind ha a delicious Thanksgiving dinner. To Mrs. S. H Stroud, director of the Dietary Services, and he staff go many thanks for their hard work.

* * *

In the early part of December an aquariun was given to one of the girl's colony units. Severa of the various buildings do not have aquarium and these seem to hold great interest and fasci nation for the residents. They also add to the attractiveness of the unit.

* * *

An electric sewing machine was also another gift to the girl's colony unit.

* * *

Who doesn't love a band? These bands are more than well received by Caswell's residents. In the early part of December the 2nd Division Marine Band from Camp Lejeune made its annual appearance. Warrant officer, William G. Kennedy, who has accompanied the band for the past several years, said that the band enjoyed performing at Caswell more than any other performance during the year. One young man from Texas hopes he can return another year. Our residents are most enthusiastic in smiles and actions. Many try to keep time and go through all the motions of directing.

* * *

Another band from Wilmington gave a lot of pleasure also. Also the North Lenoir High School Band gave a concert.

* * *

From Mr. and Mrs. John Ball of Kinston came a gift of playground equipment. This type of gift is always welcomed.

* * *

The Junior Woman's Clubs throughout the state have always supported Caswell. We would ike to say thanks a million times over for their parties and gifts during the last three months. The clubs participating were New Bern, Roanoke Rapids, Elizabeth City, Clinton, Greensboro, Gastonia, Rocky Mount, Weldon, Fayetteville, Greenville, Kings Mountain, Kinston and Dunn.

The Woman's Clubs also have become interested in Caswell. Our thanks go to the Clubs from Trenton, Yadkinville, Rose Hill, Oriental, Saluda, Zebulon, Williamston and Raeford.

* * *

The Christmas decorations brought many exclamations of delight. This year the buildings were udged during Open House and Parrott 4, Kendall , Cottage 3, and McNairy won first place. Parrott , Johnson 3, Cottage 1, Pollock A and Austin B won second place.

* * *

A group of carolers from Our Lady of the Atonement School sang for the residents.

* * *

Over 1000 residents attend Sunday worship ervices. At times, flowers are given to be used at he chapel services. In November flowers were purchased from the offering taken at the third ervice which the chaplain plans to be like a egular worship service. In November, 30 residents attended worship services at the Cove City Baptist Church. On one Sunday in December cotages 2, 4, 5, 8 and Dawson planned a Christmas rogram.

* * *

Mrs. Juanita Williams and a chorus from Farmville gave a musical program on the campus in December.

* * *

Mr. James Register, a teacher, took twenty-our senior students to the State Fair in October.

* * *

A practice teacher from East Carolina College as been practice teaching at Caswell.

CHAPLAIN

Caswell has a new chaplain. Reverend Norman Polk came to Caswell on October 1 to take over the position of ministering to the spiritual needs of the 1900 residents and to direct the public relations for the Center. He is filling the vacancy created when Chaplain Lawson resigned his position during the summer months. Mr. Polk entered Emory University in 1960, after leaving a teaching position in Wilson. He received his B. D. Degree at Emory in 1963. His pastoral psychology training was done in the Grady Hospital in Atlanta. Before coming to Caswell, he served as minister to the Southwood Christian Church.

This is a completely new aspect of religious work for Mr. Polk. It is never an easy task to enter a completely new phase of work. Then too, as so frequently happens in assuming new positions in State jobs, the new person does not have the benefit of his predecessor's personal help and advice to learn the details of the job routine. One of the difficulties Mr. Polk faces is the necessity of learning and assimilating adequately and quickly the many details of the overall operation of Caswell so that as Director of Public Relations, he can convey to the interested public correctly and comprehensively the Caswell story.

Mr. Polk in the following words has given our readers some of his thoughts about his work since he came: "Rating as a newcomer to Caswell, I would first express my thankfulness for what has been done in the past to provide here an understanding to probably the most misunderstood and misplaced person in our society. Caswell provides care and an opportunity for growth for each resident. I have been impressed with the staff which has given me complete cooperation in carrying forth the religious program. We have the staff and facilities which can and should be used to their fullest potential.

"If our work is to be helpful and if it is to make a contribution we must watch our motives. It must come out of love for our work. This love is deeper than feeling; it is the will to make a contribution to the well being of each resident. We are dealing with persons who have difficulties and because of these difficulties these people need help more than others.

"Our residents benefit more from the actual living experiences than they would from hearing abstract ideas. They have their struggles, their fears, their difficulties, and their disappointments. These are significant to them. Problems must be respected if they are to be brought to us. They must be dealt with if the individual is to grow. As leaders, we will be poorer if we neglect to do our work in the best possible way.

"The most vital belief is the belief in God. This plays an important part in health. Life for the retarded is full of problems. A deep and vital faith is needed by them. As Chaplain, I see my work very much like the work of the shepherd - to protect the sheep from the enemies; to lead them to the best pastures; to seek those who have wandered; to attend those who are hurt or ill."

THE LIBRARY

In looking back reviewing the history of Caswell Center Library, one sees that there has long been an interest and slow forward growth. Much credit is due those who pioneered the groundwork and developed the library into probably the best facility of its kind in North Carolina.

A few years ago, the Caswell News reported: "As early as 1914 it was suggested that the superintendent be authorized to procure a library of literature on feeblemindedness". In 1936, it was noted that a library was needed for recreational and professional reading matter. The Kinston Library and others donated books in 1942. The Training and Education Department took form in 1955 and at that time a special effort was begun to organize a more adequate library, resulting in an area for a library and 1155 books. With the construction of the present academic school, a staff library, workroom, and a student library were provided.

Centrally located in the academic school, both libraries have attractive, comfortable furnishings and a challenging pleasant atmosphere. The combined collection of books exceeds 3,000 volumes. The staff library provides an opportunity for Caswell employees to use and borrow from more than 1000 professional books, pamphlets and film strips. More than forty periodical magazines, which provide general coverage of a variety of subjects pertinent to the instructional program as well as pupil and staff interest, come into the library during the year. One daily newspaper and several monthly tabloids also are provided. A well developed reference section is available with standard encyclopedias, dictionaries, and a vast storehouse of material relating to mental deficiency.

In addition to books, magazines, pictures, pamphlets and other printed materials, the library is an instructional material center with 1,300 film strips, short strip viewers, a stereo hi-fi, and 188 recordings available to students, teachers and other staff members.

The student library has a varied collection of high interest, low reading level books, puzzles and educational toys as well as the usual fiction, reference and general works. This collection is small when considered on a per student basis.

Fifteen classes in the academic school have weekly library periods and the remaining classes visit the library at intervals. Storytelling, a popular feature with the younger students while using the newspapers and encyclopedias in preparing class reports, has been an interesting challenge for the advanced classes. Letterwriting, enjoying records and just browsing are also popular library activities. Students made bookmarks during National Book Week and offered comments about their favorite books. Each student has an opportunity to select and borrow a book each week.

Caswell Center Library is truly a material center and a learning center. The bulletin boards, posters, exhibits and the variety of interesting materials teach informally and we hope encourage learning. With teacher-librarian cooperation, the students are learning the proper care of books and something of library technique. They are also learning that there are picture books and reading books and that library materials are used to give pleasure and to give information. The students realize that reference books are seldom read all the way through and that material on a subject is not found in just one book in the library.

Circulation figures from September 2 through December 16, 1966 indicate that the library is a busy, activity-filled resource center. Borrowed during this three and a half month period were 1,102 books, 346 film strips, 46 records and 103 pictures, posters, maps and other teaching aids.

Cash and material donations from interested individuals and organizations, wise budget expenditures, and special government grants have caused Caswell Library to expand. Last year more than 100 books were purchased with funds made available by the National Defense Education Act and matching state funds. Our application has recently been approved for a grant of $640.00 from federal funds under The Elementary and Secondary Education Act - Title II, and orders have been placed for printed materials and visual-aids to help update our instructional materials.

The library has grown . . . but there is a continuing need because materials become obsolete, worn and lost. In the future, we hope for full accreditation of our student library. We need a larger book collection from approved lists and a better balanced book collection.

The marked increase in the use of supplementary materials in the teaching program has necessitated better organization of our library materials. Miss Madge Blalock, Institutional Consultant of North Carolina State Library, is recommending and assisting with this organization.

Other long-range objectives are to offer students and staff more and better tools for exploring new concepts for enlarging environmental, cultural, social and academic horizons. This should help shape our educational and vocational system into an instrument for a better society.

Mrs. Mildred Matthis, Librarian

FALL AND WINTER

(From page 3)

The Christmas program was over, but suitcases were now to be packed. Seventy-three residents went home for vacation, but a large number remained. The job had to be done. Each resident who remained with us had to have a happy holiday season. Parties were planned in each unit. Some were sponsored by clubs, some by residents' parents, and others by the cottage parents. On Christmas Eve, a final check was made to be sure that each resident would have a gift from Santa on Christmas morning. How could the season be happy if some resident was missed by Santa? The recreation department sent extra gifts just to be sure everyone was provided for.

Now that Christmas is over, the old year gone and a New Year started, one might think that cottage parents are now relaxing and taking it easy. Yes, relaxing is right, we know we have done a job that was done well, but realize that it can still be done better. So again, cottage parents in the Boys' Colony are up and going, making plans for the New Year.

Mrs. Doris Barwick

ESEA

With Federal support an ESEA project has been developed at Caswell. The objects of this project are to: (1) Improve classroom performance in Caswell School; (2) Improve the children's verbal and non-verbal functioning; (3) Improve the children's self-image; (4) Raise their occupational and educational aspirational levels; (5) Reduce the rate and severity of disciplinary problems.

This program is planned for five various departments; (1) Special Education For Trainable Students; (2) Recreational and Physical Education; (3) Home Economics Education; (4) Prevocational and Vocational Training; (5) Speech Therapy Laboratory.

Special Education for Trainable Students is planned to help them develop to the point of learning to share, respect rights of others, get along with others, and become acceptable, independent members of the society in which they live. Since most of the students have a problem with speech, the special education teacher will center her activities around language development both oral and written to aid communication. She will also center her activities around primary development and the use of numbers, letters and colors. This teacher will help students to solve mental, emotional and physical problems. She will plan for each child as a unique individual rather than as a group.

In Recreational and Physical Education, additional aides in the recreational department will plan and carry on a program using a variety of methods, techniques, materials and equipment which will be in line with the residents' abilities and potentials. Relationships, guidance, and trainng in skills will be provided which will most effectively motivate and challenge the individual to develop those qualities which he will like most in himself and that will best equip him to live satisfactorily with others.

In the area of Home Economics, this project is ntended to broaden Home Economics Education. The program will be geared to include more teenage trainable girls and boys. The teacher will try o understand more adequately the backgrounds, problems and the needs of these students. She will try to emphasize an atmosphere of a "home away from home."

The teacher will select techniques, methods and materials which will meet the developmental needs of the students. The teacher will provide students with experiences in home economics and greater opportunities to build skills which may improve heir understanding, attitudes and habits. It is to be noted that this teacher would be working with mentally and emotionally disturbed students. Some of the students will have speech and physical impairments; others will have seizures.

In Prevocational and Vocational Training a counselor will assist the resident in providing job pportunities on campus which hopefully will lead o gainful employment in the community r employment in sheltered workshops. Spe-ial attention will be given to the resident's imitations and potentials, and providing him with upport and aid so that he may solve his own roblems. The counselor will work to motivate the resident toward desirable work habits and attitudes.

The Speech Therapy Laboratory will attempt to improve the speech of students enrolled in the school program at the Center. The laboratory will employ varied equipment, materials and methods to develop an awareness on the part of the students as to how their communications are operating at the present level, to show how these can be improved, and to arouse an ambition to speak more clearly. The personnel in the laboratory will work toward the elimination of undesirable attitudes; the heightening of students' desire to initiate self-improvements, and the attainment of speech acceptable in accordance with the individual's skill and ability.

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STATISTICS

During the calendar year of 1966 - Caswell accepted 142 new admissions (88 males and 54 females). These are individuals who had never been to Caswell previously. Three (females) have been readmitted. Nine (7 males and 2 females) were transferred in from other institutions.

There were 104 (42 males and 62 females) put on placement. Fifty of these were to rehabilitation while 54 were to home placement. During the year 51 (14 males and 37 females) were admitted from placement. Forty-three from rehabilitation and 8 from home placement. It must be noted here that 43 being readmitted from rehabilitation placement does not mean all of these were being readmitted because of failures as many of these were being readmitted for temporary reasons such as for change of jobs or employment termination etc. In line with this, the fifty being placed on rehabilitation is also a misleading figure as the figure included all those who had been readmitted for temporary reasons.

During the year 132 (70 males and 62 females) were discharged. Of this figure 72 (38 males and 34 females) were discharged from placement. Twenty-eight were from rehabilitation program and forty-four were home visit. There were 22 deaths (13 males and 9 females) Twenty-eight (15 males and 13 females) were discharged direct and ten (4 males and 6 females) were transferred in from other institutions.

Let us turn now to the waiting list. Two hundred and seventeen applications were referred (131 males and 86 females). Of this figure 97 were for White - 119 Negro and 1 Indian. New applications total 182; Reopened 27 and reapplied 8. One hundred thirty-seven (83 males and 54 females) were accepted while 86 applications (57 males and 29 females) were inactivated. As of January 1, 1967 there are 97 applications (60 Males and 37 females) on the waiting list.

One other area of figures in which one might be interested is the number of employees at Caswell. As of January, Caswell has a total of 783 employees. The cottage life has 326; medical 130; training and education 39; Dietary 131; housekeeping 56, plant and maintenance 46; farm 32; administration, social service, psychology and chaplain 23.

CAN DO

You all know the advertisement of the First Citizen's Bank, "Can Do." These two words are the motto of those who work with the mentally retarded for, again and again, we are amazed to discover what, with proper guidance and encouragement, our charges can do.

At Caswell we have two large buildings, one for each sex, called the Colonies where the severely and profoundly retarded residents live. Once these were known as custodial buildings because it was thought that all that could be done for the people in them was to give them good physical care. Now we think that more than that can be done. How much more has yet to be discovered.

In our Boys' Colony somebody made a discovery. Mrs. Doris Barwick, one of the unit supervisors, expressed it thus, "We learned that these boys had rhythm and that we could teach them to follow a leader". Mrs. Barwick herself loves music and delights in taking part in musical activities. She is the moving spirit behind our Boys' Colony Band.

Mr. George Joyner, a cottage parent, was given the job of training the residents, and he has done a good job as all who have heard the band know. He has been working with the boys for about ten months and has taught them to follow his motions. He has found out which instrument each boy can play. Mrs. Barwick said, "If they have a little bit of talent Mr. Jayner can train them."

The instruments used are all toy ones. They even have a toy piano made of plywood. Mr. David Hill purchased the material for this and the men in the carpenter's shop built it. Mr. Joyner started with eight boys and now there are ten in the band. Most of them are retarded to a marked degree. Several of them cannot talk. Three are in wheelchairs. Two are more capable boys who had to live in the Colony because they caused problems in other buildings. One has now returned to an outside building but he wants to keep on playing. Once a boy gets into the band he doesn't want to leave it.

Mr. James Wade, a cottage parent in the Colonies who works in a unit with boys who cause problems and are not easy to work with, helped Mr. Joyner to get to know these boys and to learn to work with them so that they too could be eligible for the band.

Playing in the band is definitely therapeutic. Mrs. Barwick stated, "Once a boy gets into the band he feels he is somebody". That's what we all need whether retarded, normal, or brilliant, but the less brilliant we are the more we need it. The boys enjoy playing and look forward to it. When the band cannot practice because the cottage parents are too busy with other work the boys ask when they are going to practice again.

The band brings satisfaction to the players and joy to the listeners. The actual music is supplied by a record or a pianist and the boys join in. Their faces shine as they play. At their most recent performance which was in the Boys' Colony Christmas Program on December 18th they helped to bring the Christmas Spirit to all who heard them.

Mrs. Barwick has wishes. She wishes somebody had more time to train the players. Cottage parents are very busy people. She would like to see a band composed entirely of wheelchair residents. Speaking of the band she said, "I'm real proud of the boys. I really am." That is how we all feel when we hear them playing.

Jean I. C. Tabory

PERSONNEL

In October Mr. Leroy Batts, academic school principal, resigned as school principal. He accepted the position of Director of Training and Education at the O'Berry Center. Congratulations go to you Mr. Batts and a big thank you for your years of service at Caswell.

Mr. Alton T. Dale assumed the duties as principal in Mr. Batt's place on December 1. Previous to coming to Caswell he taught in Greenville and La Grange. Mr. Jimmy Trivette, Director of Recreation, had been acting as principal until a successor to Mr. Batt's had been secured.

Mrs. Gertrude Waters, a former caseworker with the Lenoir County Welfare Department, joined the Social Service staff in October.

Mr. Waylon Bissette attended the National Conference on Programming for the Mentally Retarded from October 31 to November 2 in Washington, D. C.

In October Mrs. Margaret Tisdale, R.N., Director of Nurses, Mrs. Eva Seawell and Mrs. Jane Arnold, both nurses, attended a three day convention of the North Carolina Nurses Association in Winston-Salem.

Talks to the Moss Hill Ruritan Club and the Scotland Neck and the Kinston Junior Woman's Clubs by Mr. Waylon Bissette, Director of Training and Education and Mr. Polk, Director of Public Relations. Mrs. Jean I. C. Tabory, Psychologist, talked to two psychology classes at the Lenoir Community College.

The three social workers and the psychologist attended two lectures by Dr. William P. Wilson at Cherry Hospital - one lecture was "EEG in Psychiatry" and the other "The History of Psychiatry." This same group along with the Director of Training and Education attended the Governor's Conference on Child Abuse held in Raleigh on November 22nd.

Mrs. Jean I. C. Tabory, participated on a panel which discussed mental health in Lenoir county at the meeting of the Lenoir County Ministerial Fellowship.

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VISITORS

Fifteen L.P.N. students from New Bern toured Caswell.

Six home school co-ordinators and the school attendance counselor, Mr. Sammy Carson, made a brief visit also in October.

Reverend Hayes and a group of young people from Saint Anne's Episcopal Church in Jacksonville came on a Sunday.

Psychology classes and an economics class from Lenoir County Community College were toured through some of the buildings.

A group of ladies from the Cherry Point Relief Society toured Caswell. They were interested in the resources available and also admission procedures.

Mr. Clifton Jordon, a special education teacher from Clearwater, Florida, visited the campus.

North Carolina State Library
Raleigh

N. C.
Doc.

The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

Prayer

Child, while I live, while I breathe,
To my last and final breath
I will shield you from slights, from pain,
From the callous stare, from death.

But how shall I shield you from life,
Who are soon no longer a child
Except in the realm of the mind
With the innocent heart intact . . . undefined.

Green is your meadow and rose
The clouds in your sky . . .
And I weep the gold in your hair,
The blue in your eyes;

And your cheek that is petal soft,
And your infinite charm . . .
God of creation, of man,
Protect her from harm.

—*Hannah Kahn*

Mrs. Kahn is a mother of a retarded child.

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TENDER LOVING CARE

Nowhere would you find a more delightful group than the girls in Cottage 2. Just imagine thirty lively little girls ranging in age from eight to eleven, all under one roof going to school, dancing, playing, watching television, dressing and doing all the numerous little things girls usually do. Their busy but unruffled cottage parents will tell you their lives are anything but dull.

When Mrs. Gertrude Waters joined the staff of the Social Service Department in October, she began working with this group of girls. She learned through the cottage parents that almost one-third of the children in this living unit had few or no home visits, little or no mail, and seldom, if ever, a visitor. We all recognize that these little girls, though their lives are far from dull, nevertheless are much aware that no one seems to want them or to be interested in them.

In early December the children were talking of nothing but spending Christmas at home. To them, a pair of gloves received as a gift at home was far more to be treasured than a walking doll received here. Mrs. Waters began to work — her goal to see that every child in Cottage 2 spent at least Christmas Day in a home away from Caswell. Letters were sent to the welfare department in these girls' home counties urging that if the parents could not be stimulated to take their children home at Christmas or if the homes were not suitable for the girl to visit in, that substitute homes be found if even just for the day. Many people joined in this effort. On Christmas Day only Debbie, instead of the usual eight or nine in the cottage, remained to be visited by Santa. It must be pointed out that this Debbie, who must take medication for frequent seizures, was not neglected. Several days before Christmas her "adopted family" drove many miles to take her on a shopping trip to Kinston for clothes, toys and some dreamy white Hullaboo boots.

Rev. George B. Holmes of the St. Paul's Episcopal Church in Edenton and his family became interested in Debbie through visits which Mr. Holmes was making to see a child of one of his parishioners. He and his family wanted to adopt some child who received no attention from any relative. When Mr. Holmes and his family met Debbie, they took her to their hearts. Gradually their love and concern began to spread and enveloped the other little girls in Cottage 2.

Words cannot describe the thrill that seven bright eyed little girls with freshly combed hair received when Mrs. Waters took them uptown recently to select a brand new pretty spring dress, a gift from the Holmes, to wear on Sundays and special occasions. To be sure no woman is too old to remember the thrill when as a child she received a new dress, a coat or a new pair of shoes. These forgotten children usually receive hand me downs, cast offs or state's clothing which, though good, are not the same as clothing bought in a store. It is something special to be taken to a store and to be able to see the racks of pretty dresses, to select one and then to have the special attention that goes into trying it on. It is such little things that go into making life meaningful especially in childhood. It is such little things that in later years bring back happy memories.

As so frequently happens, enthusiasm catches on and like fire, can spread quickly. The St. Paul's Episcopal Churchwomen wanted to share in these gifts of love. From these good women came a check for two hundred dollars. For what will the money be used? As yet this has not been decided. The social workers are hoping this can be used towards paying for a week's camping trip for several of these girls during the summer. Out of previous camping expeditions have come many rewarding and happy experiences. Little Connie whose family has been unable to show any interest attended Camp Don-Lee last summer. A thoughtful counselor became concerned for Connie and has more or less adopted her. This counselor took Connie for Christmas, has bought her clothes, writes and visits her.

It is important to each child at Caswell that he or she knows that someone is concerned about him and wants him or her. It is especially important for these girls in Cottage 2 because with education, training and special attention these girls should be able to become self-supporting in later life. This makes it doubly important that they receive all the security and love that can be given. These are some of the crucial and important years in their lives. If they do not receive loving care and attention now, they might forever remain a burden on society. So the social workers like Mrs. Waters will continue to try to keep the lines of communication open between these girls and their own families or their adoptive families.

Mrs. Gertrude Waters
Miss Pearl L. Adkins

CARE — KINDNESS

The Eastern North Carolina Press Association met at Caswell on March 18. Mrs. Elizabeth G. Swindell, editor and publisher of The Wilson Daily Times of Wilson, North Carolina was a member of this group which visited the campus. When Mrs. Swindell returned home she wrote the folowing editorial which appeared in the March 21st ssue of her paper.

"They are healthy, happy children, the 1850 wards of the state at the Caswell Training Center at Kinston. And you will be very proud of the care and training provided for the mentally handicapped at the exceptional state facility.

The Eastern N. C. Press Association visited the Caswell Training Center when the association met at Kinston last Friday and Saturday. The plant is the cleanest place you have ever seen. The enire set-up is arranged with the comfort and well being of the children, the objective. And many here are no longer children for they come when hildren and can never re-enter society so they ive on in the friendly and comfortable atmosphere, and with people of their same condition.

There are many facets to the little city, for hat is what it is. First we were shown the chapel where the spiritual needs are cared for, and everyne goes to the chapel, during the time set aside or the services. Then there is the large recreaion room where the big events, both sports and ocial, are held.

Each dormitory is a complete unit in itself, with ecreation rooms, television, and a dining room. The sleeping quarters are at each end of the buildngs.

Every advantage is provided for the educable. They are taken as far as they can go in the skills n which they show interest and aptitude. We were shown the dresses the girls had made for Easer and the rooms where they learn to cook, sew nd do their laundry.

The boys have shops with woodworking equipment and machinery for learning mechanical trades. When those who are educable are preared to go into the world to make their living, hey are found jobs according to their training.

In the first building we visited were boys rangng in age from six to around twelve or fourteen. hey welcomed us with enthusiasm running up to hake our hands. They are very natural and riendly. Paul Dickerman had a pack of mints in is pocket so he gave it to the little fellow who reeted him so eagerly. And he immediately said, 'Thank you' and then said, 'Now you say welcome' efore Paul could reply. This told a story in itelf. For it shows that manners are also part of he home training and this was evident among very group we visited.

One interesting angle is the program for the igh school dropout. They do not stay in the cenr but they are in boarding homes in the city, ith the costs paid for by the welfare department, he state and private civic groups. The dropouts ome to the center and the girls learn to operate he sewing machines and the boys to do manual bs. The object is to prevent the dropouts from ecoming juvenile delinquents. And when they e ready for jobs they are recommended and go to society to make their way. This is not a federal project, in fact there is no federal money in it. And there is real local interest, for civic groups supply the funds for the clothes and spending money.

A visit to the Caswell Training Center brings mixed emotions, but the outstanding feeling you leave with is one of gratitude for those who give such personal care and kindness to the mentally deprived."

Another editor, Henry Belk, of the Goldsboro New Argus writes about "Caswell Pets". Part of this editorial, that which applies to Caswell is as follows:

"Francis Manning, editor of the Williamston Enterprise, and I had been looking in vain for some sign of pets for the children at Caswell Training School. Of course we knew that the institution actually could not allow pets about the cottages. The pets required too much cleaning up after.

But children need pets. It is a therapy that most medicine cannot approach. A pet gives loyal and loving care, adoration and congratulation to its owner. Pets take away the loneliness that surges in around most of us at some time or other. Pets train a child in confidence and in caring for others.

Francis and I were ending a tour of the school when Francis brightened.

'They do have some pets here. There is a mama cat with four little ones trailing along with her.' "

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STUDENT TEACHERS

Caswell Center began its student teaching program in October 1966. We are working in co-operation with Dr. Gilbert Ragland, Director of Special Education Department of East Carolina College. Two student teachers have been with us so far. Mrs. Marjorie Taylor and Mrs. Joyce Tilghman have been the supervising teachers.

The purpose of Caswell Center's student teaching program is to afford the prospective teacher an opportunity to gain experience in the major areas of the teacher's work. The student teacher receives six weeks of actual supervised teaching.

Upon arrival at the Center, the student teacher is familiarized with the plant, staff, and record-keeping forms. While at the Center, he is regarded as a member of the professional staff and is treated as one. His induction to full responsible teaching is gradual. He observes one week before he begins teaching. As the quarter progresses and the student teacher demonstrates a sufficient degree of competency, the opportunity is provided for him gradually to teach more lessons. Each student teacher is afforded an opportunity to do two days of full responsible teaching near the end of the quarter. Experience is gained in teaching reading, spelling, arithmetic, language, science, and health. Along with teaching academic subjects, the student teacher is required to prepare daily lesson plans in each area he teaches. Some of his other duties include checking attendance, grading papers, supervising clean-up activities, assisting with bulletin boards, giving individual help

(Please turn to page 4)

"THIS IS STEVIE'S STORY"

Here is a book for your comfort. "This is Stevie's Story" was written by Dorothy Garst Murray about her mentally retarded son. It was first published in 1956 and was published again recently by Abingdon Press with an epilogue written in 1966.

The keynote of this book is victory — victory won through faith with the help of work. Mrs. Murray wins a personal victory. In April 1945 in the middle of the night this mother has a strong feeling that her baby is to be very close to her and will need her very much, perhaps a great deal more than her other two children. She feels that if she is wise enough it may be her privilege to help him to develop into a great spiritual leader. On a bleak day in January 1949 she comes face to face with the fact that this child is mentally retarded and will always have the mind of a child. This will be the tie that binds her closely to her son. As she drives home from the school where she has just been told what is wrong with Stevie she wishes that she and he could have an automobile accident that would take them both to eternity.

Her faith in God is shaken but not lost. She remembers how her father, a clergyman, had told her never to leave God out of her thinking. She remembers how as a teenager she had often heard her father saying, "Sorrow can make you better, or it can make you bitter: grief carries within itself the possibility either to make you or break you: it is altogether up to the individual." There must be a meaning in everything that happens. She writes, "Like all parents of such children I sought to find some significance in the total pattern of our lives, some reason for Stevie's being that not only would give some meaning to his life but would enable us to make some lasting and worthwhile contribution to the current movement to lift the retarded into their rightful heritage of human compassion."

The passing years bring tears as well as triumph. One night Mrs. Murray goes to a baccalaureate service for the local high school graduating class and suddenly realizes that this would have been Stevie's class had he been normal. As she listens to the speaker talking about the importance of contributing to society she thinks of those who never will be able to contribute. Then she asks herself if we can say that the retarded don't contribute in their own unique way. She states, "We learn so much from our children because retarded people are wonderful teachers if we are not too proud to learn from them, and the grief of parents leaves little room for pride. We learn so much in patience, in humility, in gratitude for other blessings we had accepted before as a matter of course, so much in tolerance, so much in faith — believing where we cannot see — so much in compassion for our fellowman, and yes, even so much in wisdom about the eternal values in life, because deep agony of spirit is the one thing which can turn us from the superficialities of life to the things that really matter."

A retarded adult, Clyde, comforts the Murrays on the day that they leave Stevie in Lynchburg Training School and Hospital. This is what he say to them, "Now don't you all be worryin' none 'bou your little boy not gettin' enough lovin'. I love little children and I've always loved them all m life, and there ain't no little child 'round here g need for any lovin' as long as I'm around".

This book is down to earth as well as philosophical for Mrs. Murray discusses such questions a whether retarded children ought to be put in institutions, the effect of a retarded child on siblings and on his parent's marriage, the importanc of having the diagnosis made by skilled professionals and not by one's well meaning relatives, an the need for parents to keep in touch with th children they have placed in institutions.

Mrs. Murray believes in action. She has worke for years for retarded children with NARC an here is the story of the second victory. Because this victory Stevie was able to come home fro Lynchburg in 1966 as a well adjusted, happy, youn retarded adult, partially self-supporting and respected by his family and community. When Stevie went into the Training School in 1952 it wa hard to get information concerning mental retardation and services for the retarded. All th has changed and much of the credit for the chang belongs to the National Association for Retarde Children. Parents of Retarded Children hav banded together to try to make the world a plac where the retarded can grow up to be human beings with a dignity equal to that of their norm fellow citizens.

Battles have been won but the war is not ove The final, far distant goal is the prevention mental retardation. In the meantime we nee day care centers, recreation geared to the nee of the retarded, small institutions near children homes, more diagnostic clinics staffed by teams professions, more sheltered workshops, genet counselling, more research, and more trained workers. It is not yet time for those who fight on behalf of the retarded to put up their bright sword

Mrs. Murray ends her helpful, inspiring bo with these words, "I had found the answer to th reason for my own being as well as that of o small son: that the two of us together were destined to use whatever gifts we might possess f the Glory of God and for the good of his millio of mentally retarded children, so long as we bot should live."

Jean I. C. Tabory

Student Teachers

(From page 3)

after school, supervising playground activities, ar disciplining students.

Scheduled conferences are held regularly b tween the supervising teacher and the studen teacher. Continuous guidance and evaluation the student teacher's growth is the cooperative r sponsibility of the college supervisor and the su pervising teacher. As a general policy, the co lege supervisor visits each student three times du ing the quarter and observes him for a full le son on each visit. Accurate records of these vi its are kept.

Mrs. Marjorie H. Taylor
Mrs. Joyce B. Tilghman

IN-SERVICE TRAINING

The end of the road of 1966 has faded from view but it has left very definite treads in the In-Service Training Department at Caswell Center. Numbers of cottage parents and nurses aide trainees have participated in long fruitful hours of learning, testing, and training in order to become better qualified and thus provide resident and patient care for the residents of Caswell.

Organization of the department actually began in January, 1966. The month was spent in obtaining necessary supplies, equipment, and furnishings. In mid-February 4 Cottage Parent classes involving 32 individuals and a Nurses Aide class of 10 employees of the Medical Department began the first formal study groups. In May, Mr. Ivey Stroud, Supervisor of Cottage Life Department conducted a special 6 hour course on Normal Child Development for cottage parent supervisors and trainers. Since that time additional classes for both cottage parents and nurses aides have been formed and completed. The biggest problem in the program during the year has been arranging a schedule whereby employees could be spared from duty to attend class, however, through the cooperative efforts of Mr. Johnson, Director of Cottage Life and Mrs. Tisdale, Director of Nurses, 155 cottage parents have been involved in class sessions during the year with 25 completing the course of instruction. Of the 29 Nurses Aide trainees, 15 have thus far completed the basic Nurses Aide training course.

The Cottage Parent training course consists of 27 hours of instruction. The first 11 hours are taught by Mr. Ivey Stroud of the Cottage Life Department and include explanation and orientation of Caswell procedure, such as: forms used, intradepartmental communications, and cottage parent ethics. The remaining 16 hours of instruction are taught by Mrs. Virginia T. Perry, R.N. and include discussion on the areas of: child care, first aid, communicable diseases and certain medical conditions which are common among our resident population.

The Nurses Aide training course consists of 40 hours of instruction by a registered nurse and includes orientation to Caswell Center and pertinent facts of mental retardation as well as the usual basic nursing procedures and nursing ethics.

During September, 1966, Mrs. Bobby Bridges, LPN, joined Caswell's Nursing staff and was assigned to our department as a teaching assistant. She instructs trainees in the Nurses Aide courses sponsored by the North Carolina Division of Vocational Rehabilitation in cooperation with the In-Service Training Department.

Another phase of our instruction is providing weekly educational movies for showing to all members of the medical department. These are well attended with all areas represented.

Although the road of 1966 has faded from view, we are planning for 1967 to lead us into new areas of learning. We are continuing our present courses of instruction and plan to offer more advanced ones. The latest step toward this expanded goal is a "Remotivation" course in Supervisory Development now being taught in cooperation with the Lenoir County Community College.

It is our sincere wish that the individuals attending our class sessions will realize a personal feeling of satisfaction from self improvement, and in turn will exercise better resident and patient care.

Mrs. Virginia T. Perry, R.N.
Director of In-Service Training Dept.

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REHABILITATION

A few of the churches in Kinston have been actively concerned about the retarded and have been providing a Christian service to the students of the Rehabilitation Facility. Parties are one of the means of service. The following is a description of such an affair written by Mrs. Tabory.

"The dread doom of lepers in Biblical times was that they had to live without the camp. Some people still think that all the handicapped should live without the camp, that is in preferably comfortable, but certainly safety secluded, institutions. Among the handicapped are the mentally retarded. The modern view is that mental retardation is a community problem. Many of the retarded should live in the community. In a good institution some residents are prepared for return to the outside world.

Caswell being on their doorstep, the citizens of Kinston have a rare opportunity to help the retarded by letting them take part in activities outside the institution. The First Presbyterian Church made use of this opportunity on the evening of Saturday, March 18th, when they gave a party in their fellowship hall for the Vocational Rehabilitation Facility clients. Some of these young people live in the town and some are Caswell residents. All are being trained for jobs that will enable them to become self-supporting citizens.

It was a gay party. Bright paper animals leapt up the walls with spring joy. Bunches of sprightly daffodils decorated the asymetrically arranged tables. There was music. A Presbyterian brought the guests in the Salvation Army bus. The first arrivals were those from the town and they were quiet. When asked if they would like to dance one girl answered 'We can't dance here. This is the Lord's house.' They were told that all the world was the Lord's house. A few began to dance. Soon the second bus load arrived. These were the guests from Caswell and without delay they danced enthusiastically.

It was now supper time — hamburgers with trimmings and bottled drinks. After supper came conversation and more dancing. A good time was had by all, especially by some of the Presbyterians who were glad to have this opportunity to do a little extra mural church work involving more than the signing of checks."

The Caswell Vocational Facility has solved one of its problems — that of transporting its clients more efficiently. The purchase of a new 66 passenger school type bus was made and the bus is now seen making at least two and sometimes three

(Please turn to page 6)

CREATIVE LIVING

This is the day of the spectator. We loll in front of television sets and we sit in ball parks letting our minds decay and our muscles atrophy. This is not creative living; this cuts us off from much joy.

Our cottage life department has decided that our residents will have a chance to know the satisfaction that comes from taking an active part in the performing arts. Until summer comes every Saturday at 7 p.m. in the Recreation Building the residents of one boys' building and one girls' building will put on a "show" together.

The women from McNairy and the men from Cartwright gave the first performance last Saturday. Looking colorful, cheerful, and charming in their Sunday clothes they sang songs of the First World War clearly, vigorously, and tunefully to the sprightly piano accompaniment provided by Mrs. Verna Hardee. It was a pleasure to listen to them. Mrs. Taylor, Mrs. Wiggins and Mrs. Windham, cottage parents, sang with them. Mrs. Howard, another cottage parent, encouraged them by being in the audience.

Two cottage parents in McNairy spoke enthusiastically about their experience with the choir. The gist of their remarks was, "We had a good time practicing". They explained that all the cottage parents and all the girls had taken part. Mrs. Fussell, Mrs. Taylor and Mrs. Thomas had not been present at the performance but they had worked hard at the rehearsals. For three weeks the choir had practiced on Wednesdays, Saturdays, and Sundays. Mrs. Verna Hardee had come out to Caswell for every rehearsal. The ladies said that they had been very happy and a little surprised to find out how eager and helpful Mr. Brinson and Mr. Hardy, cottage parents in Cartwright had been. The surprise was because they were men and somehow one expected women to be more interested in putting on shows. One cottage parent said, "I was proud of our girls. They were giving all that they had". There is no higher praise than this.

When the choral program ended the "Rebounders", a combo band, played while the residents danced. This modern dancing suits all tastes. One lad danced happily for as long as the music played without a partner; another had three partners. One elderly couple moved in a slow genteel fashion while all around them gyrated wildly. Some little boys and girls and some very large women in the bleachers rose from their seats and writhed blissfully in time to the music. We thank Tim Conklin, Carrol Kratzer, Ralph Lane, Danny Lilly and Reese Walker for coming out to Caswell to play for us. We feel sure that they went away knowing that they had helped many people to have a jolly evening.

The above was written by Mrs. Jean I. C. Tabory. Many other interesting and imaginative programs have been planned for these Saturday evenings but due to lack of time and personnel it is impossible to describe in detail these many interesting plays and skits. So few people write as imaginatively and succinctly as Mrs. Tabory does about what she sees and hears.

In February a colorful Valentine party was given by the Austin A girls and Pollock B boys centered around the unhappy Queen of Hearts and the song "What Can The Matter Be" — Jesters, clowns, people bearing gifts etc., were all featured. The costumes were made by the cottage parents.

"The Reluctant Bridegroom" was given by Austin B and Tapp 4 and brought many a chuckle and a laugh from the residents who particularly enjoyed the various members of the wedding party being named after the staff members, especially the directors of the various departments.

One Saturday evening in March the gymnasium was filled with circus characters as the girls from Dawson and the boys from Tapp 1 presented a program. They began with a parade of performers which included clowns, tumblers, lions, a lion tamer, a magician, Geni, Tarzan, skaters and wrestlers.

Many words of praise shauld go to all persons especially the house parents whose imagination and ingenuity go into planning, organizing and producing these weekly sessions. These cottage parents not only organize and plan the programs but make costumes and scenery for the stage. In talking about the work required, a cottage parent sighed and stated "it is quite a task to get a program together, but it is well worth the trouble when you see the happiness it brings to the children.

These programs are not only presented to the other residents but to any of the staff members who wish to attend. Many parents have traveled long distances to see their child take part in such programs. What pride and happiness must a parent feel to see his child for the first time able to take part in a play. To these parents who have received nothing but negative and pessimistic statements regarding their child's ability, there must come some feeling of triumph and exultation.

Rehabilitation

(From page 5)

trips daily into the city. Although the Facility has Caswell residents, one must never lose sight of the fact that this Facility also serves 32 Eastern counties for school drop outs. These students are housed in 15 homes in various locations in Kinston. The bus picks up the students, transports them to the Facility to classes and returns them to their boarding homes in the evening. Also Caswell's residents under Rehabilitation training are taken to and from their daily community jobs. This bus is used not only for areas connected with specific job training but also for special occasions and events. One such event is the weekly dance held at the Emma Webb building every Wednesday evening. Some form of transportation is needed to get students there and home again. One can see the need for such a large bus. It is another step forward.

Many visitors have been in and out of the Center during the last quarter and the staff has been kept busy attending meetings and seminars in addition to the daily requirements of counseling and serving the trainees.

HIGHLIGHTS

Nothing succeeds like success and nothing is more disheartening than to experience a series of failures. The mildly retarded children who come to Caswell are experts on the theme of failure. Because of their lack of intellectual ability they cannot obtain good grades in school no matter how hard they try. School looms large in the life of all children. They spend a large portion of their time there. If they fail in their lessons they think they have failed in all other things. Many retarded children have the idea that a good child is one who excels in reading and arithmetic. This is sad.

Having failed in school, children come to Caswell with low opinions concerning their own worth. It is important that they be encouraged. It is necessary for them to know success; for unless they do, they cannot become happy, useful, productive citizens. Those who work with them have searched for areas in which they can succeed. Sometimes the search is a long, hard one; but in the end, they find something that each child can do.

Some of our boys find success in playing basketball. They discover they have the skill needed to play this game well. This builds up their self-esteem. We are happy to report that our basketball team has won most of the games played this season. This means much to the boys.

Mrs. Charlotte Dail and Mrs. James Thomas took their classes to the Kinston Airport to look at some airplanes. This was in connection with the study on transportation.

The children from the academic and trainable schools were taken in turn by bus to the Lenoir County Art Show. Mrs. Clark, the art teacher for the academic school, and Mr. Aldridge, an instructor in the industrial arts class, had planned the art exhibit which Caswell had in the show. This is an annual exhibit and attracts many people.

It has been time again for the x-ray unit to visit Caswell. Residents and employees were seen waiting in the line to have their chests x-rayed. This is a tremendous asset to Caswell's continuing health program.

Seventy-seven residents who participated in the Caswell Christmas Open House program were treated to a wiener roast by Mrs. Doris Petteway who directed the successful Christmas program which was given in the gymnasium at Open House. Fifteen boys who assist in the chapel were taken also to the Cliffs of the Neuse State Park by the chaplain on a recent Sunday afternoon. Besides enjoying the cookout, they thoroughly enjoyed the hike in the park.

Would you ever think just visiting a shopping center would be an unusual and exciting experience? To the women in Austin B, this was such an experience when they visited the Kinston Plaza Shopping Center one evening. They enjoyed every minute of it.

The girls' colony choir provided special music in two chapel services on a recent Sunday.

Thirty residents attended the worship services at the Church of the Nazarene in Kinston one Sunday in March.

Mentally retarded children like to go to school. This makes them feel like other children. Even though many moderately retarded children will never be able to read and write, it is important for them to go to school and learn things in a classroom. Teachers like to see results. Teachers of trainable children have to work hard and the results are slow in coming. They need the patience of Job and the wonderful thing is that many of them have it. In conversation this week, a visitor qualified to speak about special education, remarked spontaneously, "The trainable teachers impress me. Usually one finds at least one weak member in a team but they are all good. If I were looking for teachers for trainable children, I would be tempted to raid Caswell."

Holy Trinity Church of Kinston has begun classes for the Catholic residents. At the present time there are six or seven Catholic residents attending these classes. However, this does not comprise the entire Catholic population as there are some who would not benefit from these classes. At one time the Trinity Church was picking up the Catholic residents and taking them to Mass each Sunday but for various and sundry reasons, this had to be stopped.

Easter worship services took on a somewhat different aspect this year. The chaplain held Holy Communion on Thursday evening; sunrise service near the picnic area; and two regular chapel services. The boys from Pollock A saved money to purchase Easter flowers for the altar while the cottage parents and the parents of the residents of Pollock A brought lilies to beautify the chapel for the Easter services.

Perhaps to those trained to appreciate efficient hospital management, our colony buildings with their tiled walls and stone floors may be delightful; but to the merely imaginative, they look stark if not positively grim. The cottage parents work constantly, valiantly, and successfully to make their bare buildings look cozy, pretty and homelike with pictures and ornaments. It was not surprising to see in the entrance hall of the girls' colony a screen festooned with charming colorful objects. The pleasant surprise came when one walked up to the screen and saw that the things displayed — crochet, embroidery, and colored pictures, had been made by the residents. The cottage parents are to be congratulated on employing good mental health principles and encouraging their severely handicapped charges to use such talents as they have. The cottage parents and the residents are to be thanked for making their corner of the world more beautiful.

Caswell's monthly television programs on Channel 7 (WITN) are still viewed with much interest. During the last three months Chaplain Pope who coordinates this program has had three interesting programs. In January the feature was the girls' colony chorus and the boys' colony band. Mrs. Tabory so well describes this in her own individual way: "When one listens to the girls' colony choir singing, tears and smiles overwhelm one. The tears are those that lie at the heart of things in a world where minds are darkened, brain damaged, limbs crippled and faces distorted. The smiles are those of triumph in the knowledge that man can overcome. Those women are severely handicapped — some crippled, some feeble in body, one blind, all mentally retarded, and yet they sing with zeal and joy. "Love Lifted Me", they exalted. It is true. Part of the love that lifts them comes from the hands of the cottage parents who care for them, encourage them and teach them. The three unit supervisors, Mrs. Nellie Brown, Mrs. Ella Poole and Mrs. Faye Jones, took a big part in organizing the choir. Mrs. Nettie Mitchell conducts and Mrs. Mattie Page is the pianist. Many other cottage parents help in any way that is needed. We are grateful to all of them. The choir with the boys' colony band appeared on television on Saturday, January 21, thus making history for never before have the colony residents taken part in the Caswell television program."

In February the Chaplain planned a discussion of the In-Service Training Program being carried out at Caswell. Mrs. Perry, who is the director of the In-Service Training, was interviewed and ably discussed her program emphasizing her work with the Practical Nurses and the Nurses Aides.

In March Mr. Nelson Rouse, a Cottage Life supervisor, and some of the girls from cottage 2 were featured. These young girls sang songs, mostly about Easter. Mr. Rouse invited all to the Open House Program to be held on May 3.

In March Caswell's ball team was host to the first Caswell Invitational Basketball Tournament which was held on two evenings. The first night Caswell defeated the O'Berry Center at Goldsboro; the Rocket Javaes, the Junior varsity team from Jones Central, defeated the E. A. House Boys Club of Goldsboro. The second night Caswell was defeated but Larry Newkirk, Caswell's six-foot one-inch center, received the outstanding player award.

The Crippled Children's Hospital building 1 and 2 and the Tapp building have been attracting some little excitement recently. A small plane because of engine difficulty was trying to land but could not make the open field; therefore, hit the Crippled Children's Hospital and crashed against the Tapp building. One reporter aptly described it, "It was a tragic miracle". No one was killed and the pilot though seriously hurt has recovered and was released to his home a few weeks ago. Just a short time after, a freight car with no brakes started its slow progress backward unattended. It came to a screening halt when it derailed. Again, no one was hurt.

A special education meeting was held at Caswell the first part of March. The teachers and workers from Lenoir and neighboring counties attended. Dr. David Little from the State Department of Public Instructions led the meeting. The subject of discussion was "Practical Classroom Work and Materials for Special Education."

The Cottage Life Department published their first issue of "The Cottage Life Communicator" during the latter part of March. This is a mimeographed newsletter which will be used to communicate with employees and inform the Center of the Cottage Life activities. This should be a valuable instrument in more effective communications between the employees of the Cottage Life Department and the other staff members in the Center.

In January the Queen Street Methodist Church sponsored the monthly birthday parties for the Caswell residents.

In February the following parties were given: The New Bern Junior Woman's Club for cottages 2 and 8; The Windsor Woman's Club for Pollock A; The Chi Rho Fellowship of the Hookerton Christian Church for Johnson 3; Chi Rho Fellowship of Airy Grove Christian Church for Cottage 6; the building parents for Johnson 1; The Christian Woman's Fellowship of Gordon Street Christian Church for 150 residents for their birthdays; Mrs. James Del Papa and a group of girls for their Pen Pals and the Koina Class of Gordon Street Christian Church for thirty students of the Rehabilitation Facility; Circle 3 of First Presbyterian Church for Wooten A; Fayetteville Junior Woman's Club for Wooten B; Dawson building gave a party for Linda Brower; and cottage parents with Blanch James for Austin A.

In March the parties were: Mrs. Claude Inscoe for Cottage 3; Mr. and Mrs. Sam Dudley for Cottage 6; Mrs. B. E. Hill and her Pen Pal Group (Easter Egg Hunt); Havelock F.H.A. for Johnson 4; Mrs. Addie Horton for South Dormitory; New Bern Junior Woman's Club for forty-six residents of Cartwright and Tapp 4; Rocky Mount Junior Woman's Club for 100 boys from Cottage 7 and Pollock A; Kinston Junior Woman's Club (Easter Egg Hunt) for Cottage 2 and Cottage 8; G.A.'s from the Spillman Baptist Church (Easter Egg Hunt); Nancy Blackwood and Marion Moser for their buildings McNairy and Wooten B.

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VISITORS

Reverend Wesley Brogan, who is a minister of the Methodist Church, visited Caswell recently and talked with various staff members. Mr. Brogan has been the one responsible for organizing the week of summer camping for the retarded at Camp Don-Lee. Since August 1964 we have been able to send about 20 boys and girls to Camp Don-Lee. Many thanks go to the perseverance, patience and tenacity of Mr. Brogan to carry through with his plans. The children throughout the year continue to reap benefits from the personal contacts they have made at camp. The children from Caswell who go are children who have been deprived of the many things in life that enrich life and give the child the needed security. Rev. Brogan is obtaining his Master's in Special Education at U.N.C. and through this course is working with the N.C. Council on Mental Retardation in trying to foster more interest in the clergy in the mentally retarded.

Representatives from the Lynchburg Training School and Colony in Virginia visited in January. They came to study methods, materials and facilities used at Caswell. They conferred with the Directors of Training and Education and the Rehabilitation Facility.

Mr. Omar N. Kouzi, an English teacher from Beirut, Lebanon, visited Caswell in January.

Two psychology classes accompanied by Mr. John White toured Caswell on February 9. Mrs. Tabory talked to them. They were later taken around the campus by several staff members.

A group from the Grace Baptist Church visited and toured the campus.

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

The moment of triumph is always very dangerous.
Because you believe that you have made
Your book,
Your picture,
Your drama,
Your symphony,
Your victory.
Poor fool ! Poor fool !
Do you not realize that you are merely
The glove on the hand of God?

- James Francis Cooke

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Published quarterly for the benefit of Caswell Center and for the information of the citizens of North Carolina.

Frank Badrock, M.D. ....Superintendent
Mr. S. H. Stroud ....Business Manager

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VIGNETTES

"I'm in business", chuckled Betty gleefully as she sold a colorful throw pillow she had made to a satisfied buyer who immediately ordered another, while her colleague ordered two. A group gathered in the post office to admire Betty's work. Betty was happy for she was the center of attention and that doesn't often happen to her. It's not easy to win attention when you are always one of a large group and at times our residents, including Betty, win it by bad behavior.

Betty has been with us for eight years and not once has she visited her home. She has not spent a night away from Caswell in all that time. Only twice have relatives visited her. Very occasionally she gets letters. One day recently she went fishing with a cottage parent. That was bliss and, of course, she caught a big fish. Do anglers ever catch little ones?

It is not likely that Betty could ever become a self-supporting, tax-paying citizen. Does that mean that an institution is the best place for her? Not necessarily. She could live in the community if she had a home where she was wanted and there was a sheltered workshop where she could be successfully occupied. She cannot read, write, tell time, or make change. Now almost twenty-five she has the mentality of a child of less than seven years old. Not very bright, you say but think about the throw pillows for which she has ten orders. No teacher showed her how to make them. Her instructor was another Caswell resident. Nobody promised to pay for the first pillow she made. She made it for enjoyment and people admired it and wanted it. It is easy for her to get scraps to use for she works in the sewing room.

Why is this hobby so important to Betty? First, it makes it possible for her to obtain that tangible token we all seek so diligently - money. Betty is saving up to go to town with a cottage parent to buy things. She may buy clothes. Her clothes are furnished by the State and our residents consider other clothes to be status symbols. She needs t quarter she earns each week in the sewing ro to buy snuff for without it, "my nerves just ai right," says she.

Then there is the glow of achievement, t satisfaction brought by success. We all need th Betty has known failure. There are so ma things she cannot do but now she is doing som thing for which people praise her. She listens the compliments. Her self-confidence increas She is somebody at last.

Betty watches something pretty grow as s works, making small neat stitches with her la hands, selecting colors carefully and sticking her work till it is finished. She learns the joy creation and the happiness that comes from g ing oneself wholly to a strenuous task that o has chosen. She learns what aesthetic pleasu is.

We are all very much alike - you and I mo erately retarded Betty and the brilliant m whose lives change history. You perhaps gr roses or invent delicious recipes, the gen composes symphonies and Betty sews cushions. all find the meaning of our lives in using the gi we have been given in serving our neighbors a worshipping our God.

* * *

Large-featured, grey-haired, far from you and far from pretty, Cathie sat in her wheelch beside fifty beds smiling pleasantly as she sew She talked about her work and added, "I c make my clothes too. I can do everything I wa to do so I'm all right. I can do everything I wa to but walk." She seemed to be satisfied with l

Elizabeth was sitting in a wheelchair maki a cover for a quilt for her mother. If you look at her twisted limbs you would not believe s could sew but she can. She can embroider pre designs. Katie Lee is crippled too but not in h hands. She can do many things with her ha and could be taught to do more if only somebo had time to teach her.

Ida was sitting on the floor washing cof cups. She always washes them when they tu really brown. In the past she could walk but s can no longer do so. She can make mats. Nobo sends her money. Nobody sends her letters. wish some club or somebody would take an terest in Ida," murmured a cottage parent. "Sh a good girl and she's got nobody."

Cora Lee can make cushions but she seld sells them for her life is dedicated to her frie Ruth who is severely crippled. Most of what s makes is given to Ruth. Not one of Cora Le relatives writes to her. Sarah does beauti embroidery on dresser scarves, pillow cases, a ant kimonos. Mattie, old but active, makes .ts.

These women all live in Johnson 4, a Colony ilding. They have to live there because they crippled or physically feeble or some what otionally unstable. They are not severely re-ded. Their work is displayed in the entrance ll of the Girls' Colony and they are happy when itors buy their wares. It's pleasant to have a le money for candy, or coffee, or snuff. It's od to be able to choose what one will buy with e's own money.

At Open House last week their work was shown a table in the basement near the Cottage Life fices. The women were pleased to earn a little ney. In spite of their hard work they didn't rn very much money for they have to buy the terial they use from the Business Office. The ttage parents dip into their own pockets to buy read for their charges.

One woman from Austin B and several from e South Dormitory also displayed their pretty ndiwork at Open House. Somebody bought a ir of pillow cases on which Emma who is sixty-e years old had embroidered pink dogwood wers. Vida, Addie, and Rosa Mae were all happy get a little money. Gifts are pleasant but there something special about the money one has rned, especially when one has few opportunities earn.

* * *

Happiness is going home, at least that is the inion of many Caswell residents at this season. mmer vacation time has come. Luggage is cked and excitement runs high. Alas! not eryone can go home and those left behind are d for a while.

For sixteen summers Louise watched her ends setting off for home. It was always the me. Others went: she stayed. When she was n years old she came to Caswell from the moun-ins and her people could not afford to come to e East to fetch her. This year things are dif-rent. Her new stepfather became interested her and sent her letters. He described the artment in Asheville where he and Louise's other lived and said they would love to have her t as he was crippled and unable to work they uld not pay the bus fare.

Some people decided that the price of a bus ket should not be allowed to separate Louise om happiness so a collection was taken up. irty Caswell employees and one former em-oyee gave sums ranging from a dime to a dollar. r stepfather sent two dollars. The ticket was ught and Louise set off with some money in her cket. She hoped to be able to buy diet drinks the journey for she has a weight problem.

Louise looked dignified in her red shift, white ouse, and new nylons at the bus station. She ied to sit down but she was too excited. She just d to talk about her hopes and her gratitude. wonder what my mother's face will look like en she sees me. Look at my new hose. A cot-ge parent went down town and bought me two irs. My stepfather said he had a surprise for e. I wonder what it will be."

The bus was late. The driver explained that he as waiting for another bus. Louise began to tell m that she had never been outside alone. She d not been home for twenty years (only a slight exaggeration) and she hoped her parents would recognize her.

"Where is my suitcase?" she asked. When told it was in the luggage compartment she smiled, "I don't want to lose it. A cottage parent gave it to me and she said I could keep it."

Departure time came. Louise embraced her two escorts, brushed aside a few tears, murmured, "Take care of yourselves", settled down in her seat, and waved. When last seen she was talking happily to the driver and we feel sure she was praising the generosity of the Caswell employees. Louise is generous too. People gave her money when they heard she was going home and two nights before she left she spent most of it on giving a party to some working girls in the colonies, "I wanted to do a Christian deed," she explained.

For Louise the bus journey was an adventure. She had to change at Warsaw and a social worker arranged for one of her friends to be there to see to it that Louise boarded the Asheville bus. It must be exciting to travel alone for the first time in your life at the ripe age of twenty-six.

Jean I. C. Tabory

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CHORUS

So heartwarming was the applause given the Caswell Academic School Chorus when they sang at O'Berry Center that nobody wanted to leave. Even the bus wouldn't budge till encouraged by a womanly touch. A female worker had to crank it up before the male driver could drive off.

Sixty-six singers and five employees went over to O'Berry in the bus on Thursday. All the youngsters were happy to be going but some were wildly excited because they were going back to their former home. They would see old friends and show them what they had learned at Caswell. A teacher said, "This trip meant more to the children than anything in the world."

Nobody was disappointed. They sang songs from musical shows, folk songs, sacred songs and patriotic songs. Most impressive of all was "Born Free" in which two pianists, a drummer, and many singers rejoiced together. On Thursday they really entered into the spirit of the song. Haywood Moore, the drummer, came to Caswell from O'Berry. "On Top of Old Smoky" was different from the other songs because here the two pianists were residents, Larry and Jimmy. Larry's old friends were pleasantly surprised by Larry's talent, for when he was at O'Berry people thought he was good at only two things - playing basketball and getting into mischief. Some O'Berry residents asked if they could be transferred to Caswell to be in the Chorus.

The Director of Training and Education at O'Berry, formerly Academic School principal at Caswell, was so carried away by the sight of the singers in their bright springtime clothes, and the glorious sound of their well-trained voices that he seemed to want to go on clapping forever. He said that the program was even better than it was when first he heard it.

We hope it will get better all the time if this is possible. This week part of the Chorus will per-

(Please turn to page 4)

COTTAGE LIFE

Some of this article and a number of the succeeding ones were written by Mrs. Jean Tabory for the Caswell News which appears weekly in the Kinston Free Press. Since the reading audience of this magazine is quite different to the subscribers of the Free Press, it is felt the readers would enjoy these little narratives.

Editor

The trouble with big institutions is that they are big. This means that crowds take part in everything and masses are the enemy of excellence. Because of the large number of residents the recreation workers at Caswell do not have the opportunity to work with small groups. It is almost impossible to organize creative, productive recreation for large groups.

The Cottage Life Department has stepped into the breach. Every Saturday the residents of two buildings, one for boys and one for girls, put on a program in the Recreation Building. The cottage parents train the performers, beg, borrow or make the scenery and do all the other jobs needed in show business. All take part.

Last week the residents in Cottage 2 and Cottage 8 provided the entertainment. These are our youngest educable boys and girls. If you met them you would not think that they were retarded. You would think that most of them were, if not quite as bright as your family, at least as intelligent as your neighbor's children.

The program began with a skit, "Little Red Riding Hood" acted by the boys in Cottage 8. A rabbit from the audience hopped up to join the actors. This playlet was a valuable experience for the boys who had to talk in it. The children enjoyed having an audience and surprised some of the cottage parents who had became somewhat dispirited during rehearsals by the quality of their performance. James Barnes sang a solo. Eight boys and eight girls danced the Mulberry Bush and the Hokey Pokey.

There was a Rock and Roll Talent Program which included two groups of Beatles imitators. Julia Millikin was a majorette and with her were four go-go girls. Julia was proud to parade before her mother. Miss Parks, cottage parent, who was the master of ceremonies reported, "They really enjoyed showing what they knew how to do."

It is important for our educable boys and girls to have rich and varied experiences. They need to do all the things normal boys and girls do. They must not become institutionalized for after completing their education and job training here they will return to the community as ordinary working citizens.

* * *

For you a visit to town is a commonplace thing. Any time you feel inclined you can get up and go. The residents at Caswell have few opportunities to leave the campus so for them an excursion to the city is high adventure, and when to this is added the excitement of watching a baseball match the sum total is sheer bliss. For the past five years Mr. Jack Rider and the Kinston Baseball Club have made it possible for our residents to attend the games without paying. They are privileged persons. Not for th the journey through the turnstile. They go in a special gate.

Every time that the Kinston Eagles play home a busload of Caswell residents watch them. We think that the residents get more e joyment from this than they get from any oth single activity. Their trip to the County F comes only once a year but baseball is regu entertainment for months. All save the colo residents have the opportunity to go. Sometim the bus carries boys and sometimes girls, som times men and sometimes women.

This recreational activity is organized by t Cottage Life Department. The schedule is dra up in the Cottage Life Office, a cottage pare drives the bus, and cottage parents look after t residents on the outing. A spokesman from Co tage Life reports that the Kinston Eagles have keener fans than the Caswell residents who wa to say a big "Thank You" to Mr. Rider and t Baseball Club.

* * *

Mr. A. S. Proctor, instructor from Lenoir Cou ty Community College, presented certificates twenty-one Cottage Life Supervisors on Frid June 9, 1967. These supervisors have completed Supervisory Development Course on "Performan and Job Evaluation."

* * *

Mr. John Croom and Mr. Nelson Rouse, Supe visors in the Cottage Life Department attended seminar on recreation for the severely and pr foundly retarded at Rosewood State Hospital Maryland. Upon their return the Director of R habilitation Therapies wrote Dr. Badrock the f sions: "They became actively involved in all t lowing regarding their participation on the se sions. . . . Their interest, enthusiasm, warm and knowledge made them very popular. . . . seemed that every time I turned around the was some person asking to be introduced to 'Th men from Caswell'. They freely exchanged ma of the interesting activities you are developing your hospital. You could feel their interest their work and their residents just by the w they spoke of them".

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In order to be employed as a cottage pare the applicant must have a high school educati or its equivalent. The Cottage Life Departme has a number of capable cottage parents w were hired before this ruling went into effect. B cause of this, these persons cannot be promot It is the hope of the Director of this departme these people will be motivated enough and c leave family responsibilities to take the necessa courses to pass the high school equivalency te

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Chorus

(From page 3)

form in Southwood School and part in Contentn School. The whole Chorus will sing in Nor Lenoir School. Members of the public have chance to hear the older children sing on May and the younger ones on June 3 on Channel between 8 and 9 A.M. George Seymour will dire and Mrs. Doris Peteway will assist. Don't miss th thrilling entertainment.

HEADBANGERS

When Josephine, aged 18 with a mental age of s than a year, arrived from O'Berry Center ır people had to hold her so that the nurse uld examine her. She beat herself. "It seemed e her arms and legs were coming from every- ıere. I thought she would beat herself to death," id one cottage parent. She spent all her time ng in bed beating herself with her hands and r knees. She could bring her knees right up her eyes. "When she hit her chin it sounded if a bone had cracked." She wouldn't eat solid od for five days after being transferred. She ept often.

Here was a girl who was obviously very un- ppy. One cottage parent said, "To me she was e most pitiful case we had." The cottage parents Johnson 1, a unit for profoundly retarded residents, put their heads together to find ways to ake Josephine happier. They tried to find posi- ons in which she would not beat herself so vagely when lying in bed. They tried to get her ıt of bed for she was not crippled like many of r fellow residents. They persuaded her to sit ı various chairs. She didn't like rocking chairs. ıe seemed to like to sit on a porch chair. They ied putting a little pillow under her chin but ıe looked uncomfortable so they tried something se. By trial and error they found out that if a wel was tied around her neck she kept her head ill.

This is no fairy tale: Josephine is not cured ıt she has improved greatly. She sits quietly on chair with her hands tied loosely to the arm sts. She walks around with somebody holding r hands or with her hands bound loosely be- ind her back. No longer does she want to stay bed all day banging her head. She recognizes ıe cottage parents. She eats and is round ıeeked. She prefers to eat standing. She smiles. hen she wants a drink she can let the atten- ants know by signs.

The cottage parents have been working gently, eadily, and hopefully for two years. Was it orth the effort? They think it was. The lady ho thought that Josephine was the most pitiful ase in the building now says, "She's so much etter than she was. It's just a pleasure to see her ow." The cottage parents in Johnson I have also elped two other girls, Patricia and Joyce, to stop anging their heads. Is there any work in the orld more worthwhile than that of trying to elp people to live at peace with themselves.

The above article was written by Mrs. Tabory or the Kinston Free Press.

To many people headbanging is unknown but those who work in institutions like Caswell this not unknown. It is not a common practice but either is it rare. It is present and the problem ust be met. In many cases it has been met by sing restraints to the extent of using a camisole ut in this modern day such restraints are rowned upon.

Why headbanging? Down through the years arious causes have been discussed and various ethods of control have been tried and found anting. In Nelson's book on "Pediatrics", the uthor stated that headbanging suggests a greater amount of tension in the child. In dealing with this, the author emphasized the need to help the parent to meet the child's unfulfilled needs by the mother's spending more time with the child - holding him, rocking him, petting and stroking him. It is possible in more serious cases the emotional difficulties and the tension in the home should bear close scrutiny and professional help.

An interesting film "The Headbangers" was seen at Caswell by some of the staff. It was produced at the Sonoma State Hospital in California. This is a thirty-minute film describing the progress during an intensive study of five chronic headbangers. This film, plus Caswell's experience with these residents, seems to enhance the need for more attention, not necessarily professional, for these unhappy people.

Editor

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BIBLE SCHOOL

A happy little face appears at the office door and a bright voice chirps, "We're having a picnic tomorrow. Our Bible teacher is giving us a picnic." In a cottage a child smilingly holds up a picture she has colored saying proudly, "Look! I made the flower red." With obvious pleasure a girl displays a booklet and tells how the students in her class have been making picture books with illustrations cut from magazines for the children in the Central Hospital.

If the aim of the Vacation Bible School was to bring joy to the residents then it was achieved. They certainly enjoyed themselves. This is true even taking into account the remark of a cynic. "Of course they like Bible School. If they weren't here they'd be in the berry patch."

Bible School began each morning this week with an assembly in the chapel to sing, hear a story told by Mrs. Grandine and pledge allegiance to the American Flag, The Christian Flag and the Bible. How lustily they sang "Jesus Loves Me" under the lively leadership of George Seymour, academic school music teacher, while Mrs. Doris Petteway, trainable school teacher, played the piano.

Is it an aim of Bible School to teach children facts about God and His ways? How do these children, some of whom can barely speak and have the greatest difficulty in understanding language, learn that Jesus loves them? They learn when they receive love and attention from human beings and that is what they were getting from their teachers who were as Luther said, "acting in the role of Christ to their neighbors."

Norman Polk, chaplain recruited the staff from local churches. Five churches viz. The Church of the Nazarene, The First Presbyterian Church, Queen Street Methodist Church, St. Mary's Episcopal Church and Wheat Swamp Christian Church were represented. The teachers were Mesdames Lester Grandine, Harry Lang, Albert Lanier, T. Leslie Lee, Leonard Oettinger, D. L. Pressley, Jerry Rouse, and John Winslow, Misses Margaret Stanford, and Brenda Rouse, and the Rev. D. L. Pressley. We hope that next year we shall have more volunteers. We need experienced teachers and those who think they cannot teach. The former will find teaching the retarded a

REHABILITATION

The Rehabilitation Facility is an active thriving facility. It is always revamping old programs and setting up new goals. The following is a summary of area goals which the Director has recently set forth:

First and foremost is the recommendation for a new building to be erected on the Caswell campus. With this building all areas for the physical and training spheres could be expanded; more students could be accepted; more personnel could be acquired, especially social workers. The potential in the eastern counties is tremendous so far as mentally retarded, slow learners, school drop-outs, and disadvantaged youths are concerned.

The staff is in the process of re-issuing a new curriculum guide which includes the new ideas and methods which the staff are seeking, testing, and evaluating.

By the addition of another counselor, Supervisor I position has been created and Mr. McDevett was promoted to Supervisor of Casework. Although Mr. McDevett is still carrying a caseload, much of his time is used to superivse the other counselors three of whom are new; consequently, Mr. Dunne, the director, has more time for his other responsibilities.

Mr. Dunne feels he has good resources for recruitment of personnel. He uses the Employment Security Commission and the Placement Service of East Carolina College.

In July, 1966 the area which the Facility served was changed. Eleven counties (Lenoir, Jones, Onslow, Craven, Pamlico, Carteret, Greene, Beaufort, Duplin, Nash, and Edgecombe) were assigned to it. In addition the Facility also serves twenty-one other eastern counties for in-training cases. These twenty-one counties can send clients to the Facility for six-month evaluation and training and then the Facility can refer these students to their home counselors.

As soon as the new counselors are trained and orientated, the Facility will have an ever-increasing number of accepted cases. As this eastern area is so backward as far as industry and economy are concerned, there is such a large number of culturally and economically retarded students.

This Facility has always had far-reaching goals and will continue, it would appear, to broaden and strengthen these goals as time goes on.

* * *

The Rocky Mount Junior Woman's Club was host to sixty students from the Vocational Rehabilitation Facility for a picnic on Wednesday. A delicious picnic was served with food donated by businesses of Rocky Mount. The boys and girls enjoyed the rides, playing golf and visiting the zoo and museums. A box of pencils was given to be used by the students. The day was very enjoyable and all the Rocky Mount people were most cordial.

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challenge to their pedagogical skills, and the latter by their presence can show to those who cannot grasp abstract ideas that God cares.

INSTITUTIONS ARE PEOPLE

The book "Institutions are People" is written
E. Charles Bauer, Father.

George Kuryvial, The Chaplain of Lincoln Sta School, Lincoln, Illinois wrote the following r view:

"The author's personal experiences in an i stitution for the retarded give the reader mar practical lessons; the main one being, that i stitutions, both patients and employees, are re people. Though the documentary is intended help parents contemplating institutionalizin their child and paretns whose children are a ready there, its reading is a must for anyone i volved in institutional work, especially neophy workers. In his chapter entitled "Coming an Going," Father Bauer gives a good description the total operation of an institution in the admissions process and what follows. Being victin of our own environment (the retarded person no different), we are shown that the employe make or break the environment of the retardat

The stated purpose for which Father Bauer writing is to show that retarded people are indee people. The vision of the outsider has been blurre by stories, and a bit of a defensive attitude on th part of the staff. Public relations help the retarded. The point is made that the retardate "just like you and me" except that he neec supervision. Father Bauer often reflects that h is saving souls but the account will bear out h is also saving bodies and helping persons.

A chapter dedicated to parents and informative for them, "Parents are People, Too," is valuable for any reader. In this chapter, Bauer bring out certain facts commonly lost in institutiona communication and certainly never heard i orientation classes. Administrators and chaplain will be interested in the problems of building chapel and raising funds. The motivational powe of music in learning is demonstrated once mor By the story of Jose Feliz, we are encourage and exhorted to have a more appreciative attitude toward psychiatry and psychology. Th author is not found wanting when he points ou that, in rehabilitation, the returning is as grea as the going.

The author displays fine literary ability in hi story of Nora who turns out to be not Tom daughter, but his wife. At times, one feels a over-lingering on the pessimistic side of the chapdain's work which militates somewhat agains the book's purpose. But then Bauer is giving u a picture of what the outsider sees and with hi literary pen, leaves us inside out.

A word might be inserted about the prefac written by Rev. Mostrom. In short, it could b any chaplain's "Magna Carta" and explains briefly what has recently happened in state institutions.

This documentary can be read with profit b professionals and non-professionals, institutiona and non-institutional people; parents, educator and really anyone interested in the field of retardation. It is an answer to the question: "Wha are other institutions like?". Best of all, it i educational and at the same time entertainin reading."

HIGHLIGHTS

Caswell is indebted to a small but faithful oup of volunteers who come regularly to work th our residents. Mrs. Edward Martin, a volun- er, has arranged to have a community church ve a birthday party each month. Mrs. Charles kinner and Mrs. Jefferson have been taking a oup of girls from Austin A to their homes for tio parties. Our volunteers have not received uch publicity but they have served faithfully r several years.

The "Sunbeam Band" from The First Baptist hurch in Richlands, donated a twenty-three ece rhythm band outfit to the boys colony. The ttage parents have spent considerable time tting the boys to pantomine to records with toy struments and now they can advance further ith the new instruments.

The academic choruses gave concerts last eek at Southwood, Contentnea and North Lenoir hools.

Mr. George Seymour, Caswell's music teacher, lighted a large audience of children and em- oyees with his tuneful singing and gay antics. rs. Ruth West of Greenville was his accompanist. aswell has been fortunate in having the services this talented teacher.

The In-Service Training Department is in- uding "First Aid" courses in its summer pro- am. Approximately fifty employees of the med- al department will receive this instruction from rs. Virginia T. Perry, R.N.

Mrs. Belle Boyles of Kinston has been ap- ointed Caswell Chairman of the Ladies Auxilia- es to the V.F.W. for the next year. She has done onsiderable work in organizing support for Cas- ell through the auxiliaries in the past.

Experts in education agree that it is very im- ortant for children to have a variety of experi- nces. The best way to understand the meaning f the word "orange", for example, is to taste, uch, see, and smell an orange. Many who test s retarded are, in reality, culturally deprived. hey just have not had the same experiences as neir more fortunate contemporaries. When the ew ESEA Caswell bus set off for the western part f the State on Monday, June 12, with sixteen oy Scouts aged from 11 to 18 who had never en the mountains, the boys were about to be ducated in the most efficient manner.

All unaware that the trip had any connection ith education the Scouts set off happily. They ere looking forward to fun and adventure. They new that their tents, their icebox, and lots of ood were safely on board. The plan was to spend ne first night at Morganton and to tour Western arolina Center. Then they would make for revard. On Wednesday night they would sleep Bryson City and see Fontana Dam. On the way ome they would drive along as much of the Blue idge Parkway as possible. Billy Paderick, Scout aster, and Robert Smith and David Nicholson, ssistant Scout masters, were the leaders of the xpedition.

The Scouts worked hard to make this trip ossible. For several months they have been mak- ng popcorn and selling it to their fellow residents t the movies in the Recreation Building on Tues- ays and Thursdays. The money raised has been used to buy uniforms and equipment and will help to finance the trip.

Do not imagine that life is all play and no work in the summertime. Many residents have to work hard for hours during the middle of June, picking dewberries and others have to can them. Others will have to work hard in the laundry to clean the purple stain from clothes. The cottage parents will also have to work hard to clean the stain from the residents' hands and mouths. It would seem that a few of the residents eat more of them than they pick.

Self-respecting people do not enjoy receiving without having the opportunity to give and our residents are just like other people. They appreciate the parties people give them but they delight in a chance to give a party for someone they like and admire. Several residents gave a party to Mrs. Marilyn Eastham who worked in the post office. It was supposed to be a surprise party but they were so excited that they talked about it for days. They collected money; they arranged to have a chocolate cake made: they bought drinks: they invited Mrs. Eastham's daughters. They all enjoyed the festivity but we are sorry that it is a farewell party. The residents who have occasion to visit regularly the room beside the post office find great comfort in talking to the two ladies who work there. They know they will find two friendly smiles, four listening ears, and many kind words. They will miss Mrs. Eastham very much.

Residents from our Sheltered Workshop and girls from South Dormitory and McNairy buildings were able to attend the Jaycee Circus on complimentary tickets given by companies who provide Caswell with contracts for work to be done in one workshop.

In April the Trainable chorus and rhythm band, under the direction of Mrs. Doris Petteway, presetned the monthly T.V. program on WITN. In May the academic choruses gave a concert on television.

Many parties and dances have been sponsored for the various buildings and individual residents. The clubs which gave these parties are the New Bern Junior Woman's Club, The Plymouth Junior Woman's Club, The Clinton Junior Woman's Club, The Rocky Mount Junior Woman's Club, the Pink Hill Junior Gaden Club, and Fayetteville Junior Woman's Club.

A full recreational schedule has been planned for the summer months. Activities include swimming, outdoor games, dancing, skating, train rides, beach trips to Morehead City and trips to the Cliffs of the Neuse.

In May at the annual meeting of the N. C. Federation of Woman's Clubs held at Southern Pines, the Parrott Trophy was awarded to the Clinton Junior Woman's Club for making the greatest contribution to the Caswell residents during the year. Rocky Mount received the second place certificate and Fayetteville the third. The Junior Woman's Clubs presented a check for $444 to be used to help purchase washing machines for the units.

Pollock A presented a Mother's Day Program in the chapel and for this service they provided altar flowers.

FACTS AND FIGURES

As of July 1 there are 1899 residents on the books (1009 males and 890 females). From January 1 to July 1, we admitted 86 (males 44 and females 42).

From January 1 - July 1, there was a total of 69 discharges (males 45 and females 24). Of this 69, 37 were discharged from placement; 21 direct (not on placement); 2 transferred out and 9 deaths.

During this 6 month period, there were 99 applications (40 white; 1 Indian; 58 Negro) received. From the waiting list we accepted 47 (31 males and 16 females) and 55 applications were inactivated. At the present time, we have 94 applications (61 males and 33 females) on the waiting list. Of this 94, there are 65 classified as urgent and 29 active. Forty-five applications are on file for the Crippled Children Hospitals. This is where the greatest urgency lies.

At the present time Caswell employs a staff of 813 persons with a budget of 4½ million dollars. Although the maximum yearly maintenance fee asked of any parent or guardian is $780, it actually costs $2376 yearly to care for each resident.

There are 404 residents in the Training and Education Department. Three hundred and sixty are on job placement within the institution. In the Vocational Rehabilitation Facility there are 42 and of this number 20 are on job placement in the community.

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OPEN HOUSE

The sound of a drum, two pianos, and many voices singing "Born Free" filled the air of the Recreation Building. This was one of the many exciting moments in the choral performance of the Academic School directed by George Seymour, music teacher, which was the highlight of the Open House program. The singers were clad in bright spring colors and the director and the assistant director, Mrs. Doris Petteway, wore the same gay clothes. The occasion was a feast for ears and eyes. The director seemed to be enjoying every minute of the varied and enchanting program as he brought out the very best in each singer. Had one not known one never could have guessed that the bringers of delight were retarded children.

There were other performances. The colony residents acted, sang, danced, and tumbled. Everything went smoothly. The audience didn't know that the yellow bird that flitted across the stage was a girl who had been unable to walk when she came to Caswell. This program too was a triumph - a different kind of triumph.

Out on the tennis court there were races and square dancing. Somebody asked, "Where did you get all those pretty costumes?" The answer was, "Here. They were made here." "By the retarded girls?" "No, by the Home Economics teachers. The retarded girls helped a little but the work was done by the teachers."

Many people worked hard. The buildings were scrubbed, polished, and decorated with real and artificial flowers. Tapp 1 even had a display of pictures painted by a cottage parent.

Our colonies are big and bleak and a challenge to those bent on bringing beauty to the residents.

VISITORS

Spring is a time of activity. Caswell, with it already busy schedule, has many groups who desire to visit and tour the Center. Every effort i made to welcome groups who desire to lear more about mental retardation and programs fo the retarded. Caswell residents appreciate visitors and we feel the contact with the outsid community is good for them. The staff member are willing to give their time because they fee it is worthwhile for people to understand wha the retarded are really like. Only a small percentage of the retarded are in institutions. Most retarded live in their own community. Program need to be developed for them there.

Twenty-six sociology students from Robersonville High School toured the Center in April.

A significant event took place in April. Approximately thirty community leaders from Onslow and Carteret Counties visited Caswell where number of our staff spoke to them about programs at Caswell. Later this group toured th campus. These community leaders had spent week in Greenville studying mental retardation These two counties have been pioneers in developing programs for the retarded and they are seeking new ideas and new methods. These leader were from the ministry, the welfare departments the police departments, county health agencies the county commissioners on mental deficiency etc. These men and women were interested an concerned people. It was the first time for man of these to see Caswell in operation.

Mrs. Guy Johnson brought her social stud class from New Hope High School to tour th Caswell campus.

Rev. Westerman, Lutheran Chaplain to th Deaf, visited Caswell and worked with deaf residents.

In May about twenty-five students accompanied by their psychology teacher, Mrs. Keit Schmude from Lenoir County Community College visited. Many of these students seemed to be surprised by the size of the institution. They had no known that it was so big or that such a variety o services was offered.

Mrs. Dephone Johnson and Mrs. Evelyn Cocke spent several weeks on the campus to work helping complete their graduate internship progra in special education.

The Rainbow Methodist Church visited an sang for the residents on May 28.

Mrs. M. Stocks, supervisor of the Trainabl School at O'Berry Center, Mrs. Holmes, Mrs. Smit and Mrs. Nichols of the Training and Educatio Department visited in April.

Mrs. Carolyn Kincard, R. N., Mrs. Patrici Davis, R. N., and Mrs. Dorothy Bland, Aide Instructor, of the Murdoch Center, In-Servic Training Department were visitors in April.

In Byrum 1 two cottage parents set out to mak their building pretty. They bought cheerfu orange curtains, and rugs, and flowers. Two othe cottage parents joined in the effort and no Byrum 1 is a much more pleasant looking place.

We know one thing about Open House 196 and that is that the residents enjoyed it. We hop the visitors did too.

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The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

TO A LOST CHILD

I will feed you love
As one feeds a bird
And the larks will sing
For your delight —

I will wait for time
Till you learn the word,
I will wait for stars
To transform your night.

And the day will come
When you go
With the falling leaves
And the winter near,

You will not return,
This I know,
But I will remember
That you were here.

- Hannah Kahn

Mrs. Kahn is the mother of a retarded child

October, 1967

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The Caswell News

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THE HELPING HAND

It's the little things in life which are important. This is evidenced by the following short stories written by Mrs. Jean I. C. Tabory:

Probably you have been to many weddings but some Caswell residents have never had the chance to see one. Eleven year old Connie from Cottage 2 was very excited as she sat in a car on her way to Wilmington, for she was going to a wedding, and moreover she was going to a friend's wedding. Connie has not had many friends or known much love. Her parents were unable to look after her and the Department of Public Welfare had to make plans. Over a year ago she came to Caswell as a sad little girl who could speak but chose not to do so.

Our Social Service Department tries to send as many as possible of the children who never visit their homes to camp. Connie went to Camp Don Lee last summer and this was the gateway to great happiness. A camp counselor, Miss Glenda Radcliffe. grew very fond of Connie and their relationship lasted. Miss Radcliffe, a school teacher in Virginia, wrote to Connie, brought her pretty dresses, and invited her to spend Christmas with her in the home of her parents, Mr. and Mrs. Radcliffe of Wilmington, N. C. This affectionate attention was just what the child needed. She now takes part in discussion in class and her teacher finds her a joy to work with.

Last Saturday Miss Radcliffe married George Seymore, formerly music teacher at Caswell. Connie was a special guest at the wedding to which she travelled with Mrs. Loretta Lewis, physical education teacher, Mr. Lewis and their daughter. Looking very pretty in a lace-trimmed dress made by Mrs. Rouse of the Home Economics Department, a hat lent by Mrs. Lewis and gloves given by Mrs. Lewis, Connie enjoyed the trip and the rare pleasure of eating lunch in a restaurant. Then came the thrill of sitting in the beautiful decorated church waiting for her friend, the bride.

"Connie doesn't say much", reported Mrs. Lewis, "but she was doing a lot of looking." When she recognized the bridegroom, she tapped Mrs. Lewis on the arm and when she saw the bride in her formal gown, her happiness was complete.

As she went through the receiving line, Connie gave the bride a wedding present, a picture she had made in school and for which her teachers, Mrs. Thomas and Mrs. Clark, had made a matt finish. Mrs. Seymore appreciated the gift from her special guest. Said Mrs. Lewis, "Glenda was real pleased. She held it as if it was gold". Her cottage parents would have been proud of Connie if they had been there to see her gracious behavior and the well mannered way in which she ate wedding cake and other refreshments.

Connie's day was not over. When she returned to Kinston she enjoyed a weiner roast with Mrs Lewis's family and some of their young friends Back at Caswell she had many pleasant things to remember.

Retarded children can be helped, greatly helped, in many simple ways but only people can help them.

A book by E. Charles Bauer with the significant title, "Institutions are People" was recently published. The title is significant because it stresses a fact that is apt to be forgotten. In large institutions the danger that programs, plans and routine will become more important than the residents is ever present. Often people have to be tailored to fit into a program and if this cannot be done they are just left out. In a throng the individual is easily lost.

Three residents at Caswell were recently helped by three people. There is still room in the world for individual effort.

George is twenty-four and has been at Caswell for almost fifteen years. Nobody ever took him home but one day this month a Rehabilitation Counselor drove him home for a brief visit. Georg was thrilled upon his return. He talked to everybody he met and proudly displayed photograph of his relatives. He no longer felt neglected.

Frances is twenty-three. She came to Caswell when she was ten. After her mother's death she began to dread her vacations at home. Her drunken stepfather mistreated her. She no longer wanted to go home. Frances was delighted when she obtained permission to leave the campus with an employee this summer. At present she is spending a few days in the home of a cottage paren who works in the building where she lives.

Randy is twelve. He came to Caswell from O'Berry two years ago. Randy's great wish was t o home but nobody at home showed any interest n him. At a meeting of social workers from Dobbs 'arm and Caswell a Caswell worker remarked hat she was looking for people who were willing o let children from Caswell visit them. A Dobbs 'arm social worker said she would like to have a oy spend a weekend in her home in LaGrange. Ie could play with her son. Here was Randy's hance. He spent last week-end in LaGrange vhere he saw things he had never seen in his ife. One of these things was a dining room. Randy njoyed his visit and his hostess enjoyed having im. She was impressed by his good manner, his elpful attitude, his skill in performing chores and is alertness. Randy came back bringing gifts. One f these was a new bathing suit. He had refused to wim in the pool at the Cliffs of the Neuse Park ecause, "I didn't want to mess up my new bathng suit." He wanted to show it to his fellow resients in all its glory. Life has not given Randy nany gifts.

Three people helped three of our residents. This s a small thing but of such small things is the ingdom built.

Do you pity the mentally retarded because they re inferior? Are they inferior? Intellectually of ourse they are but is intellectual excellence the nost important type? Saint Paul didn't think so. n one of his letters he said, "Set your heart on he most important gift", and for him the most nportant gift was love because with it we are ble to use our individuality for the common good. Iis instruction was, "Show your love by being elpful to one another." Some of our Caswell resients do just that.

In one class there is a boy whose behavior and ork both leave something to be desired. He has ne job of bringing a crippled girl to his class in a heelchair. This he does faithfully and although e is sometimes short-tempered with his fellow esidents, he is always gentle to this girl.

In another class there is a girl who always olds one of her classmates when he trembles with eizures.

On Open House Day pillow cases embroidered y colony residents were sold at $2.00 per pair. ne of our former residents to whom $2.00 is quite large sum of money bought a pair saying, "They re pretty. I work for an old lady. She's in bed a t and she would like to look at them. I'm going give them to her."

In the book, "This is Stevie's Story," Dorothy arst Murray tells us that when she placed her tarded son in an institution it was a resident ho knew that the boy's parents needed comfort they parted from him. This patient came up them saying, gently, "Now don't you all be orrying' none 'bout your little boy not gettin' nough lovin', I love little children and I've always ved them all my life, and there ain't no little nild 'round here go need for any lovin' as long I'm around."

Some of the retarded have been given a large easure of the most important gift and they use Perhaps we should admire, not pity, them for ey have a lesson to teach us.

WORKSHOP

Most of us believe that money talks. It has been saying some very pleasant things recently to the residents in the Caswell Sheltered Workshop. The retarded in Sheltered Workshops do the little jobs that industry does not find it profitable to have done in plants. Among the jobs done at Caswell are the making of bows to be put on dresses in a factory and the sorting of drink cartons. Women perform the former task and men the latter.

Fourteen people from the Workshop went to see "The Sound of Music". They bought popcorn as they went into the cinema and had supper at "The Little Mint" after the show. When one lives in an institution eating out is a rare treat. Everything was paid for from money earned. On the workshop excursion to the beach the participants drank coke not the tea the Center provides for picnic meals. Again they were able to pay. They plan to visit Seymour-Johnson Air Base and to see "The Gnomemobile" when it comes to town.

The Workshop means more than money to the residents. All agree that they enjoy going there. They find the satisfaction that comes from doing something useful and they appreciate the friendly atmosphere. The teacher who supervises the girls likes working with them. She said, "They are thoughtful girls. When I was in the hospital they wrote to me and they asked the Chaplain to pray for me. They are loving people." She helps the girls by listening to their problems and helping them to solve them. She also helps the girls by buying such items as soap, deodorants and talc at discount stores in town. The girls pay with their earnings but they don't have the opportunity to shop selectively.

Most of the residents in the workshops are moderately retarded adults. The aim is to train them to work so that they can go back to their home communities and work in sheltered workshops there. Unfortunately many do not have stable homes to which to return and many communities do not have workshops.

About a month ago fifty eight year old Mamie returned to Caswell from a stay at Dorothea Dix where she was treated for a lung complaint. Mamie's speech cannot be understood and she is deaf but the psychologist found that on a performance test of intelligence she still scored at the mildly retarded level. It seemed a pity to let her sit in her building with her useful hands folded. Now she has been a week in the workshop. Here she learned to make bows more quickly than most of the girls.

Two new sewing machines have been placed in the sheltered workshop. The twenty-two girls there are making tailored velvet bows for a local factory. Twice in the process machine sewing is needed and the new machines mean that more girls can work and more bows can be made. Most of the girls are moderately retarded and many of

(Please turn to page 8)

CAMPING

When the summer season comes, many people begin to think of camping. Camping is a part of the Caswell program. This program is described in the following articles written during July, August and September by Mrs. Tabory for our local paper editor.

We all need to have a change of scene from time to time to refresh our bodies, enrich our minds, lift our spirits, and sometimes just to help ue to appreciate our habitual scene of activity. Our residents need a change too but never have the chance to go home or to visit friends. In the past they stayed here sadly watching their more fortunate friends going off, but things have changed for some of them.

The change is the chance to go to camp. For the past few years some Caswell residents have been going to camp. A boy whose father was active in the Beaufort County Chapter of the Association for Retarded Children came to live at Caswell. The Beaufort County A.R.C. ran Camp Pamlico for Retarded Children. The boy's father has made it possible for some Caswell residents to spend a fortnight at Camp Pamlico each summer. The Camp is now sponsored by local Civic Clubs and six young children at Caswell will go there on Sunday. Some older children will go later.

In 1963 the Methodist Church organized Camp Don-Lee for Retarded Children. The Rev. Wesley G. Brogan, the Director of Children's Work for the Methodist Board of Education, invited some Caswell residents to come. Unfortunately camping costs money. None went that year but in 1964 money was found and ten children went to Camp Don-Lee for a week. Caswell residents have gone every year since then and will go again in August. They enjoy going and the officials at the camp enjoy having them. Mr. Brogan wrote, "Despite their limitations they have so much to share and give society." Some of the young people who have worked as counsellors at Camp Don-Lee have decided to take up careers in Mental Retardation.

Our Social Service Department believes that you can't have too much of a good thing. This year as a result of their efforts ten Negro children will go to a 4H Camp near Hamlet. We feel grateful to Mr. Chester Stocks, County Argricultural Agent, for helping to arrange this.

Our residents are looking forward to going to camp and the Social Service Department has faith that money will be found to send them. Some interested citizens give what we call "Camperships" to pay for children to go. Some Sunday School classes sponsor children. An Episcopal Church gave money which will be used for several "Camperships".

The camping movement has grown and we hope it will continue to do so. We have older residents who have no home to go to and, at present, no camp welcomes them. It must be sad when you ask why you can't go to be told, "Too old" when you are in your twenties.

Many people in a variety of ways make life richer and happier for Caswell residents. Prominent in our band of faithful helpers are Mr. and Mrs. Phil Robertson who for several years have arranged to have some children from Caswell sponsored to go to Camp Pamlico which is a Camp for retarded Children operated by Washington, N. C. Civitan Club. Sponsorship is necessary because the cost of the Camp is $30.00 per week.

At the Camp the children have the opportunity to play under supervision, to swim in a roped off area in the river, and to attend arts and crafts classes. There is one counsellor for every four campers. The children thus have the chance to form friendships with interested young adults.

Six of our children under twelve spent two happy weeks there from July 23rd to August 5th this year. Had it not been for the kindness of the Robersons John and Benjamin who are brothers, and Barbara, Linda, Gary and Nancy would have had to stay at Caswell for their parents do not take them home for vacations.

On Monday night Cottage Life had a call from Mr. Roberson asking that five residents over twelve be sent to Camp Pamlico so Eddie, George, Penny Lee, Darlene and Brenda were able to have a vacation.

You like to have a change of pace at the weekend don't you? Perhaps a change of scene too? A trip to a fishing pier or a jaunt to a golf course. The Caswell residents want variety too but it's not so easy for them to get away.

Last weekend twenty three lucky boys went camping on a farm near Seven Springs. These were Scouts so they pitched tents. Moreover they left them pitched so that they can go back this weekend. The boys had fun including a hunt for ghosts and an imaginary bear by moonlight in a cemetery. They did a little farm work and had the excitement of riding on tractors and trailers. One boy even drove a tractor. These were culinary adventures too. Last Saturday they ate fish stew, a dish seldom served in the cafeteria, and this Saturday they are going to barbecue a whole pig.

Thirty seven other boys ate filet mignon las Saturday. All the boys in Tapp 2 enjoyed an excursion to a cottage parent's cottage in Swansboro where they played games and fished in the Sound. Fishing was the favorite sport for they can't do that at Caswell but there were not enough rods for the boys all to fish at once. There were too many boys for the Center bus so the overflow was taken care of in Cottage Parents' cars. All five of the Cottage Parents in Tapp 2 and their wives were at Swansboro. The boys left in the morning and didn't get back till almost seven in the evening. The boys will dream about the fish they caught for a long time.

Such outings bring more than enjoyment. Mos people agree that travel broadens the mind. Thes boys are mildly retarded boys. After a period o training they will go back to their local communities where eventually they will be able to earn livings in a variety of rather simple jobs. It is important for them to have as many experiences a possible so that they will feel at home in the outside world. People who live in places like Caswe tend to become institutionalized and when tha happens they cannot fit into normal patterns o living outside an institution. They have lost th opportunity to become productive citizens.

TOWN HOUSES

The Vocational Rehabilitation Facility for the mentally retarded at Caswell Center, Kinston, was stablished in July, 1960. Evaluation and training were launched without undue difficulty but it was oon recognized that a means of socially adjusting and initiating clients to community living would be needed if the clients were to ever be weaned rom a custodial setting.

The Facility opened its first "town house" in Kinston in the early part of 1961 in hopes it would serve to fill the gap between custodial and independent community life. The design was gradually to subject the clients to individual responsibility and the disciplines of acceptable community living and at the same time to provide a family-type environment with a peer group.

The first town house was very successful and some 15 are now utilized by the Kinston Facility. These houses are not only serving to reintroduce the institutional client to community living but are providing the over-protected or severely deprived non-institutional clients with experiences needed for learning to maintain themselves independently in the community.

Through town houses clients are absorbing the disciplines and responsibilities of normal, everyday living in the community and are learning to get along better with others.

No special personnel are used in the town houses or boarding homes. Counselors, one remaining on weekend call, make periodic visits to the homes in the evenings and during weekends. Basic rule books, issued to each student and verbal instructions in daily social adjustment classes are utilized to stress the principles of acceptable community living. The house parents have many qualities in common but basically they are people who enjoy helping others and who need additional income.

If the student or client is unable to make and maintain a balanced adjustment in the community setting, corrective action is taken through counseling and, if need be, by simple punitive actions such as dishwashing detail, mowing the lawn, cutting shrubbery, etc.

Evaluation in community living is vital as it projects how the client can be expected to act or perform once he is located in a job, possibly in another commnuity.

In the town houses, clients have evenings and weekends free. There are ruled restrictions such as being in bed at 10:30 for boys and 10 p. m. for the girls; remaining out of establishments selling alcoholic beverages; dating only three nights a week, etc. Violations occur in all areas and more, but the students through corrective action eventually learn to abide by and accept the normal standards of community living.

Constructive leisure time activities are encouraged during the weekends and many clients attend churches of their choice or go home for the weekends returning on Sunday nights in order to resume classes and training on Monday mornings. The town houses are segregated as to sex and some effort is made toward homogeneous grouping. The town houses are private and operated on a sound economic basis. None of the homes provide a noon meal during the week but provide a bag lunch for the students to take to the Facility or the job. Students help with household duties and with kitchen and yard work. They are also instructed in the care and maintenance of their own bedrooms.

The cost of room and board varies and usually ranges from about $75 to $85 per student per month. Included in this cost is a minimum amount of supervision. In addition to the room and board expense, all clients receive, if their families cannot provide it, an additional $10 per month for personal needs.

Recreation and social activities are provided in the community away from the Facility. Through the efforts of the Vocational Rehabilitation staff, the Kinston Recreation Commission and local civic organizations sponsor several activities. There is a regular Wednesday night dance from September 1 through May 31. The Facility sponsors a Christmas party to which present and former students and guests are invited. Also, a picnic is held before the last dance in May. The Civitan Club has sponsored bowling every Monday night for several years and a number of churches take turns sponsoring picnic outings on Saturday nights at least once a month for all students living in the town houses and at Caswell Center.

Houseparents normally do not have a weekend off except at Christmas when most of the students go home. Vacation relief is usually provided by one housemother accommodating another's students.

The town houses have proven successful in Kinston because they more or less follow the pattern of the normal home. They are regular homes providing shelter, food, love and understanding for the student. A retardate may choose to continue residing at a town house after evaluation and training at the Facility if he works in or near Kinston and is able to pay his own way. The town house provides not just maintenance but an interest in the client's health, welfare, job, leisure time and his acceptance in the community. During the past six years the town house has come to mean a great deal to the students in evaluation and training at this Facility. To some it is the first home they have ever had; to others it is a family setting they have never experienced; and to others it is a place they have become so attached to they cannot bring themselves to leave or go to any other community to live and work.

Students living in these town houses and undergoing evaluation and work adjustment at the Facility and also some working out from the institution are transported daily to and from the Facility by a 65-passenger school bus. This is the only type of transportation in Kinston besides taxis. There is no public transportation system.

We feel these town houses have been one of the major reasons for the success of evaluation and training and placement of the retarded in the community in this area during the past six years and are confident they will continue to be a success in the future.

W. A. Dunne
Facility Director

BEACH COMBERS

Their stomachs reached all the way down to their toes. Such are the words which Mrs. Rouse uses to describe the appetites of the summer beach goers both young and old of our residents. These trips began as school ended in June but like all other good things the end had to come. It did so about the middle of August when the Training and Education Department began to set in motion its fall and winter program. No doubt Mrs. Rouse, the Director of the Home Economics Department and her three other instructors gave a big sigh of relief when they no longer had to try to fill all those empty tummies but it must have been a happy sigh for the happiness they helped to bring.

As has been said before several times, many of the plans which seem to be finding fruition in the institutions of North Carolina, have been talked about and planned previously at Caswell. In the June 1936 issue of Caswell News - there is mention of the weekly trips to the seashore and the girls' amazement "at the vast waters". It would seem lunch in those days was all packed and ready to eat. On this day hamburgers were cooked at the beach.

During one week the Home Economics Department (instructors and students) prepared 48 recipes of bar cookies, chopped 32 pounds of cabbage, made 8 gallons of coleslaw, chopped 12 pounds of onions, made 40 pounds of ground beef into 288 hamburgers, made 12 gallons of tea and 10 gallons of kool-aid. This was the food which fed these bottomless stomachs. For many there were extra goodies bought at the concession stand if spending money was available.

Always one of the instructors in the Home Economics Department accompanied these students to cook the hamburgers and supervise the serving of the food. To be sure other staff members were necessary to supervise. Thirty residents as a rule were taken on an average of four beach trips weekly over a ten week period. The bus would arrive at the Trainable School between 8 and 8:30 to load the residents and to see that the lunch was stowed away.

One of the highlights was for the younger resident to climb the high dunes and roll down like a ball from top to bottom. One can readily imagine that sleep came quickly that night to those sandy, tired youngsters. Mrs. Rouse surmises that the younger child enjoys these trips the most but one wonders as one reads Mrs. Tabor's account of Johnson 4's trip which is as follows:

"I thought I was in heaven," said Ruth, a cerebral palsied woman of about sixty-nine. Her speech is unintelligible to the staff but fellow residents in Johnson 4 interpret for her. She was referring to the trip to the park in New Bern which she took with 25 other crippled women on Wednesday.

Clara Mae spoke up. "I had me the best time I ever had. I went to the beach. I've never been there before. I saw the water. I want to go back." Another girl called out, "I got sunburnt yesterday. Look." Proudly she pointed to her red arms. A voice came from another wheelchair, " We enjoyed it the best. When can we go back?" "We saw the bridge go up", stated Cora Lee. "We sure had a wonderful time."

Everybody agreed that it was a wonderful trip Some of the girls had never been out of town before for it was the first time that crippled residents had been taken beyond the city on a summer outing from Caswell. Mrs. Brown, cottage life supervisor who went with them reported, "They looked at everything with great big eyes. Everything amazed them. I think I had as big a time as the girls did." All sorts of things that we take for granted came to these residents as thrilling experiences. They enjoyed seeing the road work on the By-pass in Kinston and a half-built bridge They admired the yellow-clad road surveyors Some were fascinated to learn that a red light means stop and a green light means go. They asked questions all the way.

At the park further delights awaited them There was the wide expanse of water to look at and nearby a fountain played. There was a machine that dispensed drinks and snacks. Cora Lee explained to Ruth who cannot see well that different drinks and food came from different slots.

The two teachers and two recreation workers cooked the hamburgers and served them. They had already served bananas on arrival. The four cottage parents and the supervisor enjoyed being served and so did the girls. There was food enough and to spare.

Our dentist and the cottage parents lay great stress on brushing teeth after meals. After eating, one resident who cannot speak made signs indicating that she wanted to have her teeth brushed. She was assured that this would be done as soon as she arrived back at Caswell.

A carry-all had taken wheelchairs, ten aluminum folding chairs and one aluminum lounge chair to the park and after lunch the cottage parents thought the girls might like to rest but they had other ideas. They were too excited to rest. They talked. Mrs. Brown sat down in the lounge chair and one of the girls put a napkin over her eyes to protect her from the sun. The wheelchairs were wheeled along the board-walk and out on to docks and the girls were thrilled to be "sitting over the water". They were actually able to put out their hands and touch a boat. Before coming back they played "horseshoe".

It was a trip to remember. No unpleasant incidents marred the joy. The weather was sunny but not too hot. The rest rooms were very convenient for wheelchairs. They even had the ideal bus driver. Mr. Moore from the recreation department formerly of the cottage life department lifted the women and joked with them about hugging their necks. Residents and cottage parents spoke of how well he had treated the former. Two big male residents from Cartwright building helped. Said Mrs. Brown, "It was the easiest trip to be sure."

On Thursday the Crippled Men from Parrott III went to the park in New Bern. The Johnson

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HIGHLIGHTS

In August Mr. Melvin Kurzer joined the staff at Caswell as Director of the Social Service Department. Mr. Kurzer came from the Western Carolina Center where he had worked since 1964. He reeived his Masters Degree at the Richmond Proessional Institute School of Social Work. His wife, who is also a social worker, will be working as Director of the Social Service Department of O'Berry Center at Goldsboro.

Caswell provided job opportunities for college tudents this summer under P.A.C.E. Program in conjunction with several college and universities n North Carolina. P.A.C.E. stands for "Plan to Assure College Education". It is a joint effort of participating colleges and the Federal government to provide work opportunities for students who need employment to pay their college expenses. Funds were provided on a matching basis with approximately 15% coming from the State and 85% from Federal resources. Nineteen workers participated in this program, one in the academic school, five in the Recreation Department, three in the hospital and ten in the Cottage Life Department. Eighteen of the students live in Lenoir County and one in Green County.

In July Dawson, Dewey and Cartwright made a trip to Fort Macon. Many of the eighty men who ive in Cartwright had never made a trip out of the city limits of Kinston.

The Trainable School visited the Seymour-Johnson Air Force Base in Goldsboro.

The Directors of Training and Education from Western Carolina Center, Murdoch Center, O'Berry Center and Caswell Center, the school principals from O'Berry and Caswell and teachers from all four Centers gathered at Caswell from July 17th to July 20th to revise the academic curriculum in the Centers. The revision included physical education, industrial arts, home economics, music and art. There are to be three levels of instruction - the primary, intermediate and secondary. Vocational Training is given at the secondary level. Basic tool subjects are offered at all levels. The aim of the revision was to bring the Centers' curriculum into line with the new curriculum being used in special education classes in the public school so that children who are admitted to the Institution for a short time can go back to school in their home communities and understand what is going on in the classroom.

A special invitation to Camp LeJeune was received and a group from the academic school visited the base. The boys and girls saw many of the interesting operations of this large base.

The PACE students who are working at Caswell for the summer months put on a talent show which was enjoyed by the residents.

The VICTORY QUARTET of Richlands presented a program in the recreation building on a Sunday evening in July.

On August 1st twenty-six students from our academic school went to Raleigh to learn something about our state government. They had hoped to meet the Governor but he had to attend a Senator's funeral. They had also hoped to tour the capitol building but it had been closed for cleaning purposes. They did have the opportunity to visit the Legislature Building. After the disappointments in the morning, the teachers took them to Pullen Park where the teachers paid for them to ride on the train and the hobby horses.

Joe Russell, a medical student from the University of North Carolina at Chapel Hill spent the summer working at Caswell. He said that his experiences at Caswell have been helpful and he has learned many things. Caswell also received help from his work.

All employees in the Cottage Life Department were advanced to a higher grade effective October 1, and consequently have been placed in a higher salary range. However this does not mean that everyone's pay will be increased. A request has been submitted by the Department of Mental Health for a pay increase to be given to every entitled person but since this will amount to over one million dollars for the Department of Mental Health, it is felt unlikely that it will be granted. The present salaries of those persons who are below the minimum level of their new grade will be increased effective that date and there may be an increase in the salaries of other individuals who now are frozen in their present grade. This action does provide more pay at sometime in the future for all cottage life personnel.

Fourteen new cottage parents are undergoing full time in-service training during the month of September. Each month fourteen others will receive the benefit of this program.

Approximately seventy residents attended the circus sponsored by the Lenoir County Sundan Shrine Motor Patrol. These tickets were given by Kinston businesses. Many thanks to these people. What boy or girl does not like a circus?

Chaplain Polk, who is also Public Relations Director, visited the Stonewall community and spoke to the Women's Society of Christian Service of the Methodist Church. He also spoke to the adult class of the First Baptist Training Union on "Ministering to Disturbed Persons."

In July Dr. Badrock, Superintendent and Mr. Stroud, Business Manager, attended a State Department of Mental Health meeting held at St. Andrews College in Laurinburg. This meeting was for the purpose of discussing a five year plan for the retarded centers. Many new trends were mentioned. One of the most interesting proposals discussed was that of making the retarded centers into multiple handicapped Centers for children. The adult retarded would be referred to either boarding or rest home care or to the state hospital.

Mrs. Virginia Perry, Director of In-Service Training, visited Dorothea Dix Hospital to discuss programs and plans for In-Service Training programs.

Many birthday parties were given in the various buildings for the residents. In July the monthly birthday party was given by the St. Mary's Episcopal Church. June Y. of Johnson 3, Leona C. of Austin A and Olive H. of Austin B celebrated their birthdays in their buildings during August. On September 8 Malarie A. of Byrum 2 had a party. Gordon W. of Pollock B enjoyed a party with all his fellow residents plus 34 girls from Austin A. Other parties no doubt were given but have not been brought to the attention of the editor.

Cekita had a chocolate cake for her tenth birthday. She also received some candy from her teacher. Cekita enjoys her lessons because until a few weeks ago she had no lessons. She says wistfully, "If I could walk I could go to school with my brothers and sisters. I wish I could walk." She is a patient in the Crippled Children's Hospital where none of her fellow patients can carry on a conversation, few can talk and many are completely unaware of their surroundings. Her teacher is a PAGE student working at Caswell for the summer. Because Cekita is crippled, she could not go to the birthday party given by St. Mary's Church for those born in August. A kind nurse's aide saw to it that Cekita had a birthday cake and a little party.

The picnic area has been a popular place during the summer months especially on weekends and evenings. Hot dog and hamburger roasts have been the specialty of the day. Cottage parents could always be seen taking a watchful, active party. As one drove by, if the residents recognized one, there were many hellos and wavings. Many boys especially, would line the fence to watch the cars whiz by.

To be sure since this issue covers the time of the watermelon season, it would be remiss not to mention the watermelon cuttings which go on daily.

Mrs. Eddy Peppler, R.N., supervisior of Onslow Practical Nursing Education, two nurse instructors, and twenty-two L.P.N. students visited the Caswell campus in July.

Also in July, Mrs. Stapleton, professor of Psychology of East Carolina University, with twenty-four stndents toured the campus.

Workshop

(From page 3)

them are not skillful enough to use the machines but hand sewing has to be done too.

These bows are needed. They will make dresses look attractive and please many people. As they sew these handicapped women are maintaining the fabric of society and surely that is the aim of all worthwhile work.

Some of these women could go to live at home if their parents or other relatives were willing to have them and if there were Sheltered Workshops where they could find companionship and the satisfaction of doing useful work.

Many of the retarded would be happier at home. A by-product of this arrangement would be the saving of tax-payers' money.

Jean Tabory

SUMMER

When our academic school is over, we find many of our residents going home for summer vacation. However, there are still many residents that remain at the Center with no place to go.

The Recreation Department has tried to supplement this need by providing a well rounded recreation program for these residents. During the summer there were eight recreation staff members, two physical education staff members and five P.A.C.E. workers on duty in the Recreation Department to supervise and carry on activities that met the needs of these residents mentally, physically and socially.

Activities that were made available for our residents' enjoyment were swimming, watermelon cuttings, train rides, Kool-Aid parties, movies dancing by records or volunteer musical groups croquet, horseshoe, shuffleboard, tether ball, volleyball, skating, talent shows, softball, a variety of playground activities, games of low organization trips to baseball games and weekend night activity which is organized and carried on by the Cottage Life Department.

This summer the Recreation Department, along with the academic school, Home Economics Department, Cottage Life and Food Service, made it possible for more residents to leave the campus and travel to many more areas of eastern North Carolina than ever before.

Educational and pleasure field trips were planned and organized to take our residents to Fort Macon, Cliffs of the Neuse, Battleship U.S.S. North Carolina, Camp Lejeune, Seymour Johnson Air Force Base, Raleigh museums and Boy Scout camp outs.

There were approximately eight trips each week with lunch being prepared for each trip These trips covered the months of June, July August and the first two weeks of September Some 1,567 residents took part and 11,116 miles were driven by two activity buses. This was quite an experience for our residents because many of them had never been off campus to any extent.

Looking back at the summer program and seeing what was done for the residents, we would say that this summer was our biggest yet. Due to the enlargement of our summer recreation staff, the equipment that was available, and the cooperation of all departments, our program was expanded and organized to cover a wider variety of activities and larger percentage of residents.

Jimmy Trivette
Director of Recreation

Beach Combers

(From page 6)

4 cottage parents lent them their aluminum chairs and the sun shone on them too.

It's good to think that the summer outings ended on such a triumphant note: We suspect that at times the home economics teachers and recreation workers have wondered if their Herculean efforts were worthwhile but now they know. Not many people have the power to transport other people straight to heaven.

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The CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

ON GIFTS

We all have gifts,
and there is none
to whom a gift
has not been given,
although some gifts
must always be invisible
to men, or seen
as earthly loss.

Perfect the gifts
and each one is
the same, a man's
due proportion
of Christ's bounty.

Our life's work is
to use our gift
to serve. This is
the way to grow
and to attain
full stature of
humanity.

Jean I. C. Tabory

January, 1968

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CHRISTMAS 67

There is a blessed sameness every Merry Christmas. The ingredients that make up the unique happiness of the season are the same at all times and in every place. Some were abundantly present at Caswell for Christmas 1967.

There were gifts.

Many people worked hard to make it possible for Santa Claus to be generous to the residents. Parents and friends sent presents. The citizens of Eastern North Carolina and beyond sent toys, jewelry, cosmetics and other things. Our trees were brightened by their donations.

Cottage parents gave their talents without stint. Some used their artistic ability to make beautiful decorations to enrich the lives of their charges. Some gave the gift of sympathy, listening to the complaints of residents who couldn't go home and speaking comforting words to them. The words were comforting in the original meaning of the word which is "making strong". All used the Martha talents needed to clean, scrub, and pack suitcases. These things they did cheerfully.

The teachers gave their talents to produce the Christmas program. Musical, dramatic, artistic, and organizing abilities were all asked for, and given, and to these was added patience.

One parent gave the gift of her presence in the Children's Dining room on Christmas Day. She brought the elegance of lit candles to a place where it was needed and appreciated.

The residents gave gifts. One woman became very upset when she was unable to arrange an escort to town. She wanted to buy a gift for the two employees with whom she works. In the end she was able to organize a shopping trip and to purchase a box of chocolates. Another woman colored enough religious pictures to adorn almost every office on the campus. Another brought a few pecans to an office remarking, "I wanted to give you something so I gathered these."

The pilot Club and The Business and Profes sional Women's Club gave the Trainable Choru and the Rhythm Band the gift of an appreciativ audience. The children and the young wome enjoyed the opportunity to visit the Hotel Kinsto and the chance to perform.

There was joy.

The cry of triumph on the lips of the luck ones on campus as Christmas approached wa "I'm going home."

On the Thursday before Christmas outside building slouched a dull-eyed, disreputable look ing, unshaven, skinny man. He was much to dirty to be mistaken for a resident. Sudden the cottage door opened and from it darted radiant-faced boy shouting happily, "Hey Dadd Where's mommy?" That boy knew bliss as h embraced his father.

There was a gleam of ecstacy in the eyes of th young man who acted Frosty the Snow Man he swayed down the aisle at the dress rehears of the Christmas Program.

Many residents who had to spend the holida in the institution found joy in opening the packages on Christmas morning and playing wit the contents.

There was gratitude.

The residents felt grateful to Santa Cla when they received their gifts. The cottage pa ents felt grateful that they possessed the pow to bring looks of shining wonder into the ey of the children who watched them putting decorations. Visitors felt grateful for the chan to share the unquestioning delight the residen found in the parties they gave them.

In the Program a young woman sang a so "I'm Dreaming of a white-Christmas with eve Christmas card I write". Her audience didn know that for her a dream had come true. Th was the first Christmas she had been able write. She was grateful for this new ability.

Christmas is the festival of the lowly. Ma sang, "He has put down the mighty from the seats and exalted them of low degree."

Christmas is the festival of the homele Jesus was not born in his earthly home. Becau of Caesar's decree the cradle which had be prepared for him in Nazareth lay empty.

Christmas is the festival of the rejected. "The was no room for them in the Inn."

Where then could one more fittingly spe the Holy Season than in an Institution for t Retarded?

VISITORS

The week of October 20 was a week of visiting. wo psychology classes taught by Mrs. Schmude om Lenoir County Community College toured e center and listened to a talk given by the ychologist who reported they were interested all that went on and much impressed by the omelike atmosphere in the institution. On Thursy of that week Mrs. Cramer's sociology class om East Carolina University toured and then ked a panel composed of the Director of Traing and Education, the Director of Social Service d the psychologist questions. On Friday Mrs. ainback brought a Sub-Junior Woman's Club om Halifax County to see Caswell.

One day in October the dental department tertained eleven visitors, eight of whom were ntists from the State Hospitals and Centers r the Retarded. Dr. Weyer from the American ental Association in Chicago, gave the address "The Qualifications for Accreditation of Hostals and Centers for the Retarded by the A.D.A.

Dr. Pearson White, Dentist, from Gracewood hool in Augusta, Georgia, visited Caswell's denl department. Mr. Charles Davis, Assistant perintendent of Kinston City Schools, Dr. Steen Brooks, Public Health Dentist and Miss Lynn avis, Dental Assistant, also visited.

Also in October, Mr. Henry Dunn, Vice Presint of Eastern Region of the N.C. Association r Retarded Children along with Mrs. Yancey, cial Worker and Mrs. Taylor, nurse from evelopmental Evaluation Clinic of East Carolina niversity, accompanied Mr. Dunn and his wife.

A group of interested social workers from uplin County toured Caswell Center.

Mr. Thomas Maquire, Deputy Chief of Nursing rvices and Training at Dovenbury Hospital, ckermouth, England, visited various departents. He is visiting several retarded centers in e eastern part of the country.

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LEARNING

Do you know how long it takes for a duck to atch? Every boy and girl in Mrs. Pittman's o classes in the Academic School does. They und out from a book that it takes twenty eight ys and they are going to find out if what the ok says it true for they have five eggs in their assroom. These were taken from the Neuse Moses was taken from the Nile.

All children love to learn. They have a curiity and a sense of wonder and awe that makes arning a delight. But not all children love to arn from books. Words and books are dull ings to many people until their interest is oused. Then they will go to reference books find out what they need to know and they will scover that books are far from dull.

On Thursday Mrs. Pittman organized two faris, one in the morning and one in the afteron. The hunters were hunting down signs of ll. Insects and leaves were their chief quarry t the duck eggs floating in the water at Casell Park were the most exciting thing they und. They also brought home grasshoppers, ts, ladybugs, beetles, a spider with a yellow

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THE MAN OF THE YEAR

In front of the Cartwright building stood a small, trim, neatly dressed man wearing a soft hat and contentedly smoking a pipe. To be sure here was some parent waiting for his son but as we approached we recognized the familiar face of Reuben with his friendly smile. About him was an air of quiet excitement. He was waiting for his sister to come to take him for a day's outing as part of his Christmas gift.

To serve seems to be Reuben's purpose and joy in life. As one watches him hustle and bustle here and there delivering a message, going on an errand or doing whatever is asked, one would hardly believe that his man is 73. No job is too difficult for him to tackle. He has to be constantly cautioned not to rush too fast; not to pick up too heavy a parcel. At times these words of caution are wasted. It is never too stormy, never too hot or never too cold for Reuben to do an errand. His cheerful reply is "all right".

Reuben's little niche is the waiting room in the administration building. When not on an errand, he will be sitting smoking his beloved pipe or more likely looking at the magazines the various staff members have thoughtfully brought him or he might be toying with his bag of marbles which he seems to love dearly or in the nicer weather he will stand outside watching all the girls go by (a natural posture for all men).

Here is a mixture of man and boy. He still has some of the interests and curiosities of a child but at times his remarks and astuteness are that of a matured person. His sense of humor is a delight. For some employees he seems to find a special pleasure in teasing them and passing it off as a joke. On April Fool's Day he finds much enjoyment in fooling these employees. At times he will teasingly warn his special victims that April first is approachng. Sometimes he will have his little joke early in the morning before one realizes it's April Fool's Day.

When the man charged with keeping the administration buiding clean is not on duty, Reuben is busy trying to do his work. When we ask where the man is Reuben's reply will be, "Off - I do the work but he gets the pay check".

Reuben has a good memory for certain things such as collecting his tips or pay for the little jobs he does for the employees. He never forgets Friday is pay day. He will appear on the doorstep but is always polite. If he finds the employee busy with another person he quietly leaves to return every so often to peer cautiously into the door. If all is clear he walks in to stand quietly by the desk waiting for his pay.

His cottage parents say Reuben is a quiet gentleman who does not complain and seems to get along well with all. Oh yes, he does have a little temper especially if someone calls him a certain name which seems to stir some inner hostility but as a rule his manner is a quiet one. He is a thoughtful and a polite person. He is generous and will share his special treats with various staff members. Many times he tries to anticipate one's wants.

Reuben has lived at Caswell since December

MUSIC

"Music hath charms to soothe the savage breast" says the poet and while we don't admit to having any savage breasts at Caswell we agree that music soothes. Mrs. Page, pianist for the Johnson Colony rhythm band, says, "Things just seem to go more smoothly when we have music."

We have four rhythm bands and three Choruses at Caswell and the directors all agree that these activities bring great joy to the retarded children and adults who play and sing. Three of the rhythm bands are organized by the Cottage Life Department. One is in the Boys' Colony, one in the Girls Colony and one in Pollock A, a building for moderately and severely retarded boys many of whom don't go to school. Mrs. Nunn directs the last. It's refreshing to see the boys' and girls' faces as they play.

They are happy because here is something they can take part in. They are cut off from so many of life's activities. Here they participate. Here they are part of a team. On Wednesday the Boys' Colony Rhythm Band beat time to gay tunes played on a record player by Mr. Joyner. Mr. Joyner himself played the tambourine looking as cheerful as the boys and two lady cottage life supervisors swayed in the background smiling the while. The boy who usually plays the tambourine was out visiting. Mr. Joyner said, "He does this better than I do. He has taught me a trick or two on this thing." This boy, Marvel, cannot speak but he can mime the words of songs. It is not quite true to say he can't talk for he has learned one word and that is "practice". So eager is he to play that he says this word hopefully when the supervisor goes into his building.

There is a chorus in the Girls' Colony. Many of the singers are adults. Of both the chorus and the rhythm bands Mrs. Mitchell says, "It does so much for the children. They get so much out of it. It gives them so much pleasure." The chorus and the bands in the Girls' and Boys' Colonies are already preparing their joint Christmas program.

The Boys' Colony Band is the oldest Cottage Life band, the Pollock A is the newest, and the Girls' Colony is the only one that has a pianist. The residents seem to like the fast tunes best but they enjoy playing slow ones at times to relax. The favorite tune in the Boys' Colony is "Mame". The instruments used there were given by a Sunday School Class in which a Colony resident would have been had he been normal.

Mrs. Petteway directs the Rhythm Band and the Chorus in the Trainable School. "They love to show off" she says speaking of her musicians. In life the retarded have few opportunities to show off in an acceptable, productive way. Audiences usually applaud their more able brothers and sisters. Most of the young women in Mrs. Petteway's chorus cannot read but they manag to memorize the words of their songs. Th youngest member of the chorus is fifteen. Th youngsters in the rhythm bands are aged fro ten to fourteen.

Miss McKnight, music teacher, in the Academi School says that her aim in teaching music i to help her pupils to enjoy it. Anybody who want to come to the chorus can come provided he c she behaves well. There are fifty-five in th morning chorus and fifty-two in the afternoo chorus so many children are enjoying musi Often audiences are surprised to discover ho well they perform. All pupils in the academi school have music lessons. In the last ten minute of every lesson each student is allowed to sele an instrument and play on it. He can choos the piano a variety of song bells, drums, or som wind instruments. Miss McKnight reports tha they play and sing with enthusiasm.

It is not only in the Cottage Life and Trainin and Education Departments that music plays its part. In Chapel the students listen to Mrs. Marshall, the organist, and sing under her directio This week a Volunteer Worker brought a xylophone and played it to two children in Cripple Children's Hospital No. 4. One of them no wants Santa to bring her a xylophone.

A poet who is also a professor of special education wrote of a retarded child "Words are du things for the song that is in you". At Caswe many people work faithfully to bring out tha song.

School days are happy days. This is tru wherever you find children, hard work and pla combined. Caswell Center is no exception. Thi was proven again this week when the Senio Chorus of the Academic School directed by Mis Ann McKnight and the Trainable School Rhythm Band under the direction of Mrs. Doris Pettewa traveled to Jacksonville, N.C. These groups performed for the Annual Home Makers Extensio Achievement Day Program for Onslow County The audience was most appreciative of the program and the students enjoyed performing alon with traveling to and from Jacksonville on th large Vocational Rehabilitation bus and the Carr All. After the concert the students enjoyed lunch of hamburgers and french fries provided b Hardee's of Kinston.

Jean Tabory

The Trainable School Chorus and Rhythm Band presented three other Christmas concert One was to the St. Mark's Methodist Church another to the Pilot Club and the third to th Business and Professional Woman's Club. Thi group was enthusiastically received by all wit this heart warming program. Presents were give to the participants and Santa Claus took time ou to appear at one.

One highlight of the Christmas season was th annual concert presented by the Second Marin Division Band of Camp Lejeune. The concer was dedicated to the Ladies Auxiliary Veteran of Foreign Wars for their splendid contribution to the residents throughout the year.

The Academic School Chorus was invited t give a Christmas program over Channel 7 - WITN It is said that this was one of the best ever presented.

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of 1923. He is one of our oldest residents in age as well as years spent at Caswell.

For all that Reuben is; for all the little contributions he has made to Caswell, I as editor of Caswell News would like to nominate him as Caswell's Man of the Year.

Editor

TRAINING AND EDUCATION

The Training and Education Department is lways an active department. Following are some f the concerns and the activities planned by the arious heads of this department.

The Director of Training and the School Prinipal are both concerned over the salary situation oncerning the teachers. The teachers have lready indicated they could make more money n public schools than here. Teachers have stated heir resignations are pending until the State dministration Department commits itself one vay or another. Our teachers have not received he same across-the-board increase as the public chool teachers.

Art classes under the direction of Mrs. Clark ook some of their art work to Jacksonville to how the Demonstration Women's Club in Novemer.

The Education Directors and Principals of the etarded centers met with the Wright School taff to discuss the education problems of emoionally disturbed children in the classroom. The Vright School proposed a plan for two in-service-raining workshops for personnel work with childen at the centers.

The recreation department made many bus rips to Kinston to take the residents to see the hristmas street and store lights.

The recreation department wrapped 665 packges for the residents' Christmas. In these ackages were clothing, toys, cosmetics and a ariety of other articles suited to the particular esident. On Christmas Eve every unit was hecked to see that no one was forgotten.

The Home Economics Department is always a usy bee hive, but just before the Christmas rogram it seems to hum more than ever. The lder girls made 53 new outfits which they lanned to use for Christmas wearing. These ame girls also helped to make 28 costumes for he Christmas program. Even the boys were busy. ix of them made aprons for their mothers. In ddition the girls assisted the teachers in fitting nd altering the 52 suits of pants and shirts for he boys' chorus.

The director reports four vacancies: 1 speech herapist, 1 special education teacher, 1 trainable chool principal and 1 physical education teacher.

A red ribbon was given to the Training and ducation's booth at the Lenoir County Fair. Its heme was "Educating the Mentally Retarded".

Eighteen boys from Progress Building saved heir money with one aim in mind. That was o eat at the Barbecue Lodge. Ths they did on ovember 29. This trip was planned by the ecreation Department.

Much work has been done toward the contruction of a new playground-softball area. Bids ave been sent out for playground equipment. he bleachers have been put in place - a wire ence is being constructed.

The instructors of the Trainable School did n excellent job in making dresses and costumes or the Trainable Chorus and Rhythm Bands. hese boys and girls made an attractive appearnce when they sang in all their concerts.

In December due to seasonal lapse in conumer purchases, the Sheltered Workshop proects decreased somewhat. They did 14,435 assorted boxes for Old Dominion Box Company. During December the girls' workshop had little to do because of style changes on the dresses for the spring; however, this will change after January. As of January, several local firms will be contacted for possible new work orders.

As of the end of December 165 residents were enrolled in the academic school.

In the Trainable School during the month of December, the classes made decorations for their classrooms and each room was beautifully decorated. Many students made cards for their parents or cottage parents. They were given parties before classes ended for the holidays. Some of the instructors baked cakes, made candy, etc., for their parties.

* * *

A NEW LIFE

William is a resident of Parrott 3. He is fifty years of age. William, along with many other residents of that unit, has spent a life time in a wheelchair. He always appeared to be happy, rolling his chair to the door to meet visitors, entertaining them with his humor. But, there was always a serious statement by William, "I wish I could walk." William has tried faithfully to walk, but like many others, never fully mastered the task.

One day a cottage life supervisor was looking through a storage room. There he found an old discarded walker that was too good to dispose of, but needed repairs if someone should use it. The supervisor thought of William. He remembered seeing William try so hard to walk by holding to beds or any other safe objects. The supervisor brought the walker to William's living unit, and showed it to William. The walker was repaired and adjusted to William's height. No gift has ever been more appreciated than William's walker. Now he gets out of his chair, into his walker and goes about his living unit, displaying the great humor he has long possessed.

Going to the campus store is just an everyday thing for many of our residents, but for William, it has always been a dream. But now, that dream has become real. William has actually walked from his living unit to the campus store. When William arrived at the store, he stopped to peep through the window, and said, "It sure is pretty in there." The store manager saw William and came immediately to open the door. After helping William inside, he gave William a cold refreshing drink. There William could see employees coming and going, residents coming and going, the store manager helping his customers, shelves stacked with all kinds of goodies and pretty tables for people to sit at and talk while enjoying their snacks. All this looked "just like a picture", to William. This was a new experience for William, but one that will be long remembered. He will go to the store again and again. He has no weekly allowance for spending as many of our residents have, but I'm sure he has won the hearts of all who know and work with him. So, there is no doubt, William will be seen quite often "walking to the store" in his walker. This new life for a Caswell resident, is the "fruit" of a supervisor who is willing to try anything, anytime, for any resident.

—Mrs. Doris Barwick
Supervisor

REHABILITATION

In October some of the staff of the Rehabilitation Facility at Caswell took students undergoing evaluation and training to the State Fair in Raleigh. This outing was financed from the premium money when the student's educational exhibit won a second place award at the County Fair.

The local Civitan Club has resumed sponsorship of bowling teams for some 28 students. The bowling leagues serve to supplement recreational and social activities. The students enjoy this sport which is carried on during the fall, winter and spring. The Civitans purchased and presented trophies for the high individual and team scores for the first three months.

During the week before Christmas the Facility held its second annual Christmas Bazaar. Sales totaling over $200 included baked goods, Christmas decorations, knitted wear, woodcraft, doll clothes and other novelty items. All these items were made by the students. The proceeds will be used to purchase Christmas gifts for the students.

Some 150 students, guests and staff members attended the Christmas dance at Emma Webb Recreation Center on December 20. Music was furnished by "The Overmen". All the refreshments were prepared and served by members of the Facility's Home Economics Department.

"Reach" the bimonthly magazine published by the N.C. Division of Vocational Rehabilitation carried an article on the Facility's Town Houses, the first of which was opened in early 1961.

The director and various staff members have been kept busy attending various meetings relating to their work.

The Lenoir, Jones and Greene County Medical Auxiliary contributed over 50 gifts items as presents to the students for Christmas. Also, the World Outreach and Community Service Department of Northwest Christian Church made a generous contribution of $100 toward making this a better Christmas for the rehabilitation students.

One of the home economics teachers and two students appeared on the "Carolina Today" television program to advertise the Christmas Bazaar. All of the students went to the television station to watch the program.

Dress patterns were received from the downtown stores. These contributions are always welcomed.

The industrial arts students were taken on two field trips in December. At the Stanley Tool Company in New Bern the students were shown the entire operation of making several Stanley power tools. At the Kemp Furniture Company in Goldsboro they were shown the entire production, which included the raw material fabrication of the indivdual parts, the assembly of the parts, finishing of the assembled pieces and packaging for shipment. They also visited the Seymour Johnson Air Force Base.

In the Rehabilitation Speech Therapy Department there were enrolled 29 clients. The therapist is holding a group therapy session. During December vowels and the breaking words down into syllables were emphasized.

CREATION

"Charles' mother was so excited. She came up pointing to her heart saying, 'My heart isn't here. It's all over the place. I'm so proud.' All the parents were happy. They said they wouldn't have believed it if they hadn't seen it with their own eyes. It certainly made us feel the effort was worthwhile" reported Mrs. Nunn, cottage parent, on the Thanksgiving Program put on by Wooten A and Pollock A last Saturday evening She added that all the cottage parents in the two buildings had been pleasantly surprised by how well their charges had done because they had had very little time to rehearse in the Recreation Building.

The entertainment was a very simple scene about the pilgrims at the first Thanksgiving. The Indians were there too of course. Is this anything to get excited about? We think it is because the performers were severely retarded children Most of them cannot talk so the cottage parents were the narrators. Two boys who can speak were taught to say the prayer "Bless This House" Often, even in institutions for the retarded, the severely retarded are left out of things. Their parents are told that the children will be fed clothed, and cared for but the programs are for the mildly and moderately retarded. Here on the stage the parents saw their children taking part. They knew that somebody had worked with those who had often been rejected. They were proud and thankful. About a dozen families of boys in Pollock A and ten families of girls in Wooten A attended.

A mother of a boy in Pollock A on seeing him perform in the rhythm band, exclaimed "That's the first time I've ever seen him doing anything."

Mr. Nunn says that taking part in programs builds up the children's self-confidence. For the first time in their lives they discover that they can do something. Then they go on to discover that they can do other things - useful things like dressing themselves and making their beds They enjoy performing. When promised that they will have a rehearsal after their chores have been done they work with a will.

Most people agree that dramatic activity is useful recreation. With the severely retarded it seems almost to be a means of creation - for by bringing to the performers their first awarenes of the fact that they can do something it create the desire to learn to do other things. Those taking part in the cottage life recreation program are doing very important work.

Mrs. Jean Tabory

After this performance a number of parent wrote to Caswell and the following are extract from some of their letters.

(1) "We would like to let you know we really enjoyed the Thanksgiving program . . . The children did real well. It certainly shows tha someone has given a lot of time and patienc to training them. I can't tell you how gratefu we are for what is being done for . . . I know some of the best people in the world there . .

(2) "We, as parents of a boy in Pollock A, would like to express how much we enjoyed th

Thanksgiving program. We think it's just wonderful to know we have people that take an interest in our children enough to carry out as nice a program as this was. We realize the patience and effort that was taken to work with them. We feel that they are helpful to our children in many ways . . . We hope the programs will continue and continue to invite the parents . . .

(3) "I know the extra time and effort you put into this program was beyond the call of duty . . . I know that the school, children and the whole world would be a much better place if there were more like you.

(4) "We had the privilege of attending the Thanksgiving Program . . . to see those beaming faces from each student and how proud they were of their costumes . . . We were pleased with the part our son had in it, though a small part.

(5) "The children do a wonderful job and the credit, I am sure, should go mostly to the staff who give so untiringly of their time and talents . . . It gives a wonderful feeling to see one's child performing this way and at the same time gives a lot of children the attention they seldom get from people on the outside."

(6) "I have a grandson that was in the program. I can say one thing. I was happy with it all."

(7) "I enjoyed the program and hope you all can have another in the future. I was so happy when the curtain was drawn and I saw . . . on the stage. He was so happy when he discovered that we were there."

LEARNING

(From page 3)

back, and a frog. Already they have made a wire insect box for these creatures who now share their classroom. Two of the eggs are hatching in a chick-a-bator and the other three in home made incubators. The children have to take temperatures and learn about thermometers. Now they have a reason for doing so and it's all very exciting. The leaves have to be indentified. So has the spider. Books will be read avidly. Encyclopedias will be found useful.

Mrs. Pittman drove the children in the Training and Education Department's new Sports van. They went to Caswell Park to visit the Ram Neuse Museum where they saw the type of clothes and silverware used a hundred years ago. They were able to pick up a microphone and hear the story of the Ram Neuse. Better than that they were able to climb on to the ship and play for a while.

They went to Mrs. Pittman's home and admired the beautiful display of flowers in her garden. Here they had another thrill. Mrs. Pittman let them ride around her house on bicycles. Some had never ridden before and had to be held on.

For twenty mildly retarded children between the ages of eleven and fifteen, history, science, and reading took on new meanings as a result of this field trip.

Jean Tabory

THIS AND THAT

Mrs. Vickie Howell took twelve girls who work in the Sheltered Workshop on an exciting excursion. She drove the girls in the Training and Education Department's sportsvan to the Kinston Shopping Plaza. They visited Woolco's and admired colored T.V. A lady in the Pet's Department was very kind to them and showed them a baby alligator and another tropical creature. They enjoyed looking at clothes for babies. They went to a Dime store where some of them spent their money. Then they drove down to Green's Radio and T.V. Shop. The owner left what he was doing to come and play records for them. When they wanted to buy some records Mr. Maroules gave them as a gift. The day's delights were not over for Mrs. Howell drove them to her home in Dover for refreshments. They saw soybean and corn being harvested.

The second orientation program was conducted during the first part of October and the second In-service Training program began. The faculty is composed of members of the Caswell staff from various departments. Mrs. Virginia T. Perry, R.N., is the Director of this program. All new employees took part in this program so that they could learn about the whole institution and how their jobs relate to the other areas. Fourteen new cottage parents attended this program which lasted three days and then took part in an In-service Training program for three weeks. The aim in this particular phase is to learn how to provide better care for the residents.

In October comes Fair time. This was a week of fun for those who attended the Fair. Mr. Thomas who ran the Fair and the Jaycees arranged for the children to enjoy everything without paying.

All are not taken and as a result there are disappointed residents. To ease some of the disappointed ones, Mr. Wade in Parrott 2 (a unit for older severely retarded men) decided to take four of his men and two of his working boys in his own car. To be sure these men had much to remember.

Boy Scout Troop 58 of Vanceboro went tricking and treating during Halloween in a new fashion. Each boy had a slip of paper stating, "Treat the Children at Caswell Center". They brought the goodies they received and the sum of $4.61 to Caswell. This is a novel idea and what better way to help our residents.

The third of a series on "The Emotionally Disturbed Child" directed by Dr. Paul, Educational Consultant for the N.C. Department of Mental Health was presented to the teachers in November. The speaker was Miss Roberta Beyer, Curriculum Consultant at Wright School, Durham.

Mrs. Baker's academic classes enjoyed a visit to the Queen Street Methodist Church in connection with their unit of study concerning communty buildings and servces. The students viewed with much interest also the robot car wash opposite the Church.

Charley Newman's Band played for a teen-age dance in November. The Caswell residents love to dance.

Veterans Day is a most memorable occasion for all Americans. On this occasion the Cottage Life Department sponsored a variety show to honor these men. The program opened with the playing of the National Anthem and all students pledged allegiance to the flag, which was given preeminence on a stage of red, white and blue decorations. The cottage life rhythm band played "America" and "Battle Hymn of the Republic" after which a variety of singing and dancing was enjoyed by all. The program was concluded with a special musical program by members of the Calvin Missionary Baptist Church.

On October 22 residents in South Dormitory worshipped in the Sandy Bottom Baptist Church.

In November the Caswell Boy Scout Troop enjoyed a weekend of camping activities.

Parties seemed to be the order of the day during October, November and December. It is not wise to try to list all that were given as it is certain some would be left out. The Junior Woman's Clubs from Rocky Mount, Elizabeth City, Jacksonville, Farmville, New Bern and Fayetteville gave one or more parties while a Sunday School Class of the Neuse Baptist Chapel, Girl Scout Troop, Junior MYF of the Queen Street Church, The Ruth Class and the Lydia Class of Spillman Baptist Church, the YWA of the Kennedy Home Baptist Church, the Junior Department of the First Presbyterian Church, The Wheat Swamp Society of Christian Service and the Pilot Club sponsored parties also. Parents and cottage parents were most generous in planning parties. The residents of South Dormitory planned and gave a party to one of their cottage parents.

Margaret and Helen are two moderately retarded sisters who had birthdays in October. Barbara's 18th birthday was on the 14th of October and Helen's 20th on the 12th of October. They have been at Caswell for ten years and do not receive mail from home or visit there but they had a big treat to celebrate their birthdays. An employee in the dental department took them to her home for the weekend. They were taken on a shopping trip to Greenville and had gifts and a birthday cake.

During the tours of college students, two of the young men asked the same question, "Do you believe in Euthanasia?" They asked the wrong people. If they had asked the cottage parents or the nurse's aides they would have been told how those who work with the profoundly retarded come to know them as persons and to respect them as such. One young man seemed to doubt whether the profoundly retarded found any job in living. The L.P.N. who cut a crippled child's tonails and heard the child chuckling gleefully knew that her charge was happy on Tuesday morning and who can measure the quality of happiness?

A boy in the Crippled Children's Hospital lamented in the dental department he had never seen a dime store. The dental assistant, immediately arranged to take Johnny round a dime store in his wheelchair and to visit the Little Mint on the way back.

Snuff plays an important part in the lives of some of our adult residents. It seems to calm them. When two of the psychology classes in the Lenoir County Community College heard this, they took up a collection for snuff. This was a welcome gift, especially to the snuff dippers.

The women of South Dormitory had a happy and jolly surprise Christmas night. They were treated to a barbecue supper. Twenty-five dollars had been donated for "Christmas Cheer". The cottage parents decided this was something all the women would enjoy.

At last Caswell has a physical therapist in the person of Mrs. N. D. Sumrell. Her services should be invaluable in working with some of the physically handicapped.

Another person who should contribute much to the residents is Mrs. Loretta Lewis, the new Volunteer Service Coordinator. She assumed responsibility for this job just in time for the Christmas rush and there is no need to say she was indeed rushed.

Several departments are now located in new quarters. The chaplain, psychologist, social workers, secretaries and volunteer services are now in the building where the Evaluation Clinic used to be on the Lane. This building used to be a personnel dormitory; as a consequence the rooms could easily be adapted to office space. The social workers find it inconvenient to be away from the master folder and the living units. Parents visiting to discuss their child's placement at Caswell must do much more walking than previously. It would be a help to all parents to wear comfortable walking shoes. The psychologist finds her new office and its surroundings to be much more adequate.

The Cumberland County Mental Health Center sponsored a conference in November on Special Education. Mr. Bissette, Director of Training and Education discussed the Philosophy of Special Education and the Special Education Programs in the Centers.

Mrs. Tabory, psychologist, spoke to the women of the North West Christian Church on the theme "Patient Love" in October. On the same day she spoke on "Caswell Center" to the girls of Delta Zeta at East Carolina University at their Founder's Day Dinner.

Mr. Kurzer, Social Service Director, attended the Steering Committee Meeting of the American Association on Mental Deficiency in New York. Mr. Kurzer along with his Social Service staff also attended the N.C. Conference of Social Service in Raleigh on November 16.

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Figures

As of December 31, 1967, there were 1849 (996 male and 853 female) in residence. During the last 3 months 38 admissions (20 male - 18 female) were made. A total of 31 were discharged including 13 males and 18 females.

Of the 31 discharges there were 27 either placed on jobs or returned home and 4 deaths.

On the waiting list there are 102 applications (66 male and 36 female). Fifty-eight of these are urgent and the remaining 44 are in the active classification.

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The
CASWELL NEWS
THE CASWELL CENTER - KINSTON, NORTH CAROLINA

FOR A CHILD

Your friends shall be the Tall Wind,
The River and the Tree;
The Sun that laughs and marches,
The Swallows and the Sea.

Your prayers shall be the murmur
Of grasses in the rain;
The song of wildwood thrushes
That makes God glad again.

And you shall run and wander,
And you shall dream and sing
Of brave things and bright things
Beyond the swallow's wings.

And you shall envy no man,
Nor hurt your heart with sighs,
For I will keep you simple
That God may make you wise.

Fannie Stearns Davis

April, 1968

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The Caswell News

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Frank Badrock, M.D. ....Superintendent
Mr. S. H. Stroud ....Business Manager

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SPONSOR-A-CHILD

Sponsor-A-Child program has been initiated by Mrs. Loretta Lewis who is Caswell's new Director of Volunteer Services. There are many forgotten individuals at Caswell, especially in the older group of residents. However, we still do have a number who are in the younger group, but not as many. Only those people who work and live with these residents know how important it is to have some contact with someone outside the institution. Just a little card will give the added lift necessary and make the difference between a frown and a smile.

Through the Kinston Free Press and letters which have been sent out by Mrs. Lewis as well as speeches to various organizations, people are invited to sponsor a resident who may be a child or an adult. The sponsor makes a donation of $12 annually or $1 monthly so that each resident may have $.25 pocket money each week. The sponsor is encouraged to send cards and possibly gifts for special occasions. If the sponsor can visit he will be encouraged to do so. Clothing will also be welcomed.

The following sketches written by Mrs. Tabory pictures the need.

What are they like, those Caswell residents for whom sponsors are being sought? They come in all shapes and sizes but they have one thing in common: Nobody outside the institution cares about them.

Sam never had parents to love him. He was placed in a home at a very early age and came to Caswell when he was two and a half. That was forty-three years ago and he's still there. He is a short man whose thick dark hair is just beginning to turn grey and to thin on top. He's talkative but it's often impossible to understand his defective speech. He's very friendly. He has a sense of beauty. When he talks about his work in the dairy barn he tells one how pretty the cows are.

Sam has two ambitions, one of which is about to be realized through work and planning. For at least five years he's been saving up nickels to buy a radio. His pile of nickels safely locked in the attendants' room, has grown and soon he'll have his radio.

His other ambition won't be realized. Sam wants to be a carpenter and work on the outside. He's working for that too. He's very proud of a little table he has made for the radio he plans to buy. At present he uses it as a coffee table in the evenings. By day he keeps it locked away in the clothing room but he loves to show it to visitors. Pointing to it he states "Nobody showed me how to make it. Nobody helped me. I made it myself out there in the yard." When pressed he'll admit "Well Johnny sawed the legs for me." Johnny is a fellow resident who has considerable mechanical skill. Sam has also made a rabbit trap in which he hopes to catch rabbits for sale. So far the trap has remained empty in the woods.

Middle-aged Sam is happy in Cartwright building. He's not capable enough to fend for himself outside an institution but he would appreciate the attention of a sponsor.

* * *

The Catherine Farthing Circle of the First Baptist Church had an interesting visitor at their meeting this week. She was Jane, a twelve year old resident from Caswell whom they are sponsoring. Jane was a little shy in the presence of a group of strangers but she was able to distribute the napkins charmingly. Some of the women were surprised to find out how like other twelve year olds she was. They could not quite believe she was retarded.

The circle met in the home of a Caswell Social Worker and Jane enjoyed having supper there and lying barefooted on the sofa looking at T.V. before the meeting. To be in a home is a treat for anybody who lives in an institution. Jane enjoyed chatting with the social worker's husband. She doesn't often have the chance to talk to men for her cottage parents and her teachers are female. Jane is in the custody of the Hertford County Department of Public Welfare. She knows little of the simple joys of home life.

Some of the ladies in the Circle are planning to take Jane on visits to their houses. This is an important service. If people live too long in an institution they lose touch with the ways of the world and can't ever learn to live in ordinary communities. They become institutionalized and have to spend all their days in institutions.

We want to prevent this from happening to the mildly retarded residents at Caswell. We want them to go back to their communities as self-supporting citizens. Sponsors in or near Kinston

(Please turn to page 6)

WOMAN OF THE YEAR

"We forget about those who give us no trouble" quoted one of the cottage parents. How easily this can happen. In a building with fifty women there is not much time for anything more than the usual daily chores of caring for the residents' personal needs and the routine housekeeping.

Lizzie, a woman of 64, is one of those who give no trouble. She is a quiet, plain, unobtrusive person who once in a while might show some temper but temper can also be good if used correctly. To be sure Lizzie is not really forgotten when it comes to her meals, sleep, general health and so forth but that little extra attention we all cherish and long for is just not there.

Our records are bare and give little about Lizzie before her admission at the age of 17 in 1920. Lizzie does not even know her actual birthdate. Her mother had died and there is indication her father deserted her.

Over the years Lizzie has had no visits, cards or letters from anyone outside the institution. Can anyone imagine the loneliness and desolation that such a person must feel? Only those who have been there can know. At the beginning of last December the local Kinston Free Press carried a small feature story about Lizzie. For a week or two she was showered with cards, notes and some little cash but then came nothing. Her hopes had been raised only to be crushed. The cottage parents say that since Christmas a card or two have been received.

What about Lizzie's life at Caswell? She has worked in the kitchen, hospital and laundry at various times. For a long time she was the happiest in the laundry but Lizzie finally had to give up her work there. Her job now is the most satisfying and rewarding of all. She has assumed the responsibility for the personal care of her dearest and closest friend, Cora Lee, who is seventy-nine and our oldest resident.

Lizzie's first thoughts are for Cora Lee - to wait upon her and to see that she wants for nothing as far as it is humanly possible. Most of the day Lizzie sits beside Cora Lee's chair in a special spot near the television. Oftentimes Cora Lee rests her head on Lizzie's shoulder to take a nap. Lizzie shares her "widow's mite" with Cora Lee. If it is coffee time in Johnson 4, Lizzie will take her own cup of coffee and give Cora Lee half. If there is a party Cora Lee must have part of Lizzie's refreshments. When Cora Lee receives gifts from her family, Lizzie proudly shows them to her friends. There seems to be no sign of jealousy or envy on Lizzie's part.

In this world torn by strife and struggle for status, power and material possessions, Lizzie's unselfishness stands out as a shining light. Lizzie's devotion to her work is quality that should never be lost. We at Caswell can do little to thank Lizzie for her work, her unselfishness and devotion but we can take time to say thank you and humbly name her Caswell's "Woman of the Year."

WORDS OF GRATITUDE

The following letter was written to the editor by Miss Myrtha Fleming, a sister of Reuben Fleming. The letter speaks for itself.

"Dear Miss Adkins,

Throughout my life I have been blessed with a few honors that I enjoyed and appreciated, but never was there an honor that compares with my appreciation of your article in The Caswell News, naming Reuben "The Man of the Year." How grateful I am for this kindness to Reuben! All of his precious life very little praise has come to him. Honoring him with this kindness makes my heart overflow with gratitude.

Your characterization of Reuben makes me know that some of the qualities that our parents tried to instill in him have not been entirely lost throughout the years. There was deep distress and heartbreak over a little boy that could not respond to the teachings and training of godly parents. There was not a simple good quality that you mentioned that was in keeping with the training that our parents did not strive to instill in Reuben.

During the forty-five years that Reuben has been at Caswell there are many things for which I am very thankful. Not one time has there been a word of criticism nor complaint. As far as I have been able to learn, he has a real affection for those with whom he works. On the other hand, I am most grateful for the consideration that he has been given. Always there has been kindness.

Whether you or the circulation editor sent me the three copies of The Caswell News, I am most grateful for them, and I shall pass them along to the other sisters who will be just as appreciative of the article as I am.

There are not words to express my gratitude to you for naming Reuben "The Man of the Year," but thank you very much.

May the Heavenly Father bless you -- and love you always.

———o———

FACTS AND FIGURES

As of March 31 Caswell's resident population stood at 1821 (985 males and 836 females). The total population on the books (including placements) was 1865 (1002 males and 863 females).

During the first quarter of the year there were 23 admissions (14 males and 9 females). In the same quarter 6 (3 males and 3 females) deaths occurred; 2 (female) transfers to other institutions were made; 36 (18 males and 18 females) were discharged.

The waiting list has 92 (61 males - 31 females) applications pending admission. During this quarter 34 (22 males plus 12 females) were admitted. Of this figure, 12 were white and 22 Negroes. The Council on Admissions has classified 52 urgent and 40 active. Of the 92 on the waiting list, 16 are in the educable group; 12 in the trainable group; 27 in severely retarded and 37 in the profoundly retarded group.

It is interesting to note that the Board of Mental Health has approved the figure of 1650 as the maximum number of residents who should be residing at Caswell. This is well below the resident figure, 1821, as quoted above.

TRAINING AND EDUCATION

This department negotiated with East Carolina College to offer a course in Audio-Visual Education at Caswell. The course began on February 20 and thirty-two staff members of the department registered.

During January there was much absenteeism. Many students did not return from Christmas vacations before the middle and last weeks in January. Then the weatherman was not at all kind and of course there was absenteeism due to illness.

One of the teachers stated that she felt the students would be much better if they did not have such long vacations. It takes them so long to become reoriented.

A very attractive bulletin board was in the academic school hallway in January. The art director used the snow and sleet storm as a motif for the children to make snow flakes, snowmen and pictures of the snow.

In the Boys' Sheltered Workshop the total receipts from all projects during the last quarter were $383.73. The two projects were string (shirt) boxes for Old Dominion Box Company and cartons for three bottling companies. The Girls' Sheltered Workshop had no projects in January due to the fact that bows which they made were no longer used. A contract with Evans Manufacturing Company in Grifton was secured. The new work will consist of putting together boxer trousers, both short and long for children. The girls must be trained to sew for this project. The machines are being furnished by the company.

Caswell is going to benefit from money which is available for extended library services under Title IV-A of the Library Service Construction Act. The purpose of this Act is to provide library facilities for state supported institutions and agencies. The Director, Mr. Bissette, was one of two people who represented the Mental Health Department at the March meeting of the Advisory Council to the State Library Board.

New playground equipment is arriving. There are some 22 separate pieces of equipment that cost approximately $8,000.00.

In the home economics department the girls are busy making boys' shirts and additional dresses to be used in the Open House program. The boys are making aprons for their mothers.

As of March first there were 169 students enrolled in the academic school program - 38 were Negroes and 1 was Indian. There was a total of 11 physically handicapped, 2 of whom are confined to wheelchairs.

Funds from E.S.E.A. made it possible to take a look at the maladjusted child by sponsoring a workshop at Wright School for teachers and key personnel. This visit has brought about a complete "re-capitulation" of what is being done and can be done for these children. The school principal, Mr. Dail, feels it is necessary to be a part of the "action" to realize the full value of the E.S.E.A. sponsored projects.

Presently there are three teachers who have indicated they do not intend to return in September 1968. To fill these vacancies visits have been made to East Carolina University, and Atlantic Christian College and instructors who teach special education people have been contacted.

One of the classes took a field trip to a grocery store in connection with the teacher's unit on food. The librarian took each one of her classes to the Kinston Public Library.

THE WORLD OF NIGEL HUNT

"The World of Nigel Hunt" is a 126 page book written mostly by Nigel Hunt. What is so unusual about this? It is written by a mentally retarded boy - a Mongoloid. Furthermore, it is the first book to be published by a Mongoloid. It is Nigel's diary which contains his descriptions of travels in London, vacations in Europe, pop music, his parents, school, and his ideas of this country.

Nigel cannot only read and write, but also taught himself to type. All his father showed him was how to press down the key to make the capital letters. He now uses two or three fingers and types as fast as his father does. To be sure, he makes mistakes and is not letter perfect.

In his book his sense of humor is delightful, his phrasing and descriptions are interesting. His description of an approaching band gives one an idea of what this little book holds;

"I heard a terrific mob and my ears were lifted with a Biff biff bang the band comes along and when they turned the corner up came their oompahs and the miserable trombones and blowed me in the middle of nowhere."

The father points out in the preface that Nigel is "a complete and genuine Mongoloid. He is not a 'mossaic' type, i.e., one in whom only some of the blood cells have the extra chromosome. Nor is he unique." His father goes on to point out "admittedly, he is a very high grade Mongoloid type and it would not be possible to accomplish with every Mongoloid what Grace (Nigel's mother) has achieved with Nigel. But it is equally true that almost all Mongoloids are capable of a great deal more than they are given credit for - especially perhaps, by experts."

The father stresses how difficult it has been to get the professionals and the experts to listen and let Nigel prove he could read. They might grudgingly admit he could read, but would assume he could not understand what he was reading.

Finally the family took Nigel to Professor L. S. Penrose of London, one of the world's leading authorities on Mongolism. Professor Penrose was amazed at his fluency. In the foreword Professor Penrose writes that the book "with its paternal introduction is a poignant human document." It is also of considerable scientific interest. He points out Nigel's preoccupation and his sense of humor. He goes on to say that Nigel makes no generalizations and his manner of thinking is entirely concrete.

This professor states that anyone who has met this twenty-year old man will never doubt that the book is genuine. He feels that Nigel will go on learning and will no doubt "proceed to further triumphs."

This is a book that should be read by all people who work with, train and teach the mentally retarded.

HIGHLIGHTS

In January the campus awoke one morning to an icy world. As Mrs. Tabory has ably written, "The ice clad trees shone with myriads of jewels and every blade of grass became a glowing stalagmite." Caswell people were lucky as many towns and cities suffered all kinds of inconveniences. The maintenance department worked overtime to keep the heat and lights going and the paths sanded. The cottage parents managed to brave the icy roads and set to work. One man tried to get cinder blocks to weight his truck to keep it from skidding but not being able to buy them he resorted to two barrels of water. Some of the cottage parents stayed overnight. The residents never wanted for any of their meals as the dining room and kitchen help were out in full force.

It was announced in January that a small sum of money would be available to increase the salaries of more cottage life personnel who were advanced in grade last October. The sum which was made available was enough to increase the pay of everyone who commenced to work at Caswell between the years 1940 through 1960. Several who came to Caswell in 1961 were also given increase but the money ran out before all could get increases.

The following is written by Mrs. Evelyn Raynor who has been in Cottage Life Department for over ten years and has just completed her class in In-Service Training course. "I feel that this is a very worthwhile program and it would be very beneficial to every employee at Caswell. For a cottage life employee, it is a must. This program has meant a great deal to me and has given me a greater concept of my role as a charge attendant. I know more about the procedures of some things and persons that I had in the past judged harshly. Everyone who lectured or instructed us in class was so very nice to us. The work down in the colony units was also beneficial. I think that all n the class learned something that they can apply to their everyday care of our residents and we had a good time too. I would like to thank everyone who talked to us and especially to thank Mrs. Perry and her staff for being so kind and patient with us. I hope that the employees attending the next class will enjoy it as much as I have."

The cottage parents and residents of Cottages 3, 6, and 7 are busy organizing a square dance group. Mr. Foy of 7, Mrs. Foy of Cottage 3 and Mr. Sutherland of Cottage 6 conceived the idea of teaching their young trainables to square dance. These boys and girls have been going around to the different living units and dancing for the residents. They participated in a program on Saturday, March 30 and it is rumored they will square dance at Open House in May.

In February four of the severely retarded boys from the colony units entertained the local chapter of the N.C. Association for Retarded children. They were members of the Boys Colony Rhythm Band. Mr. George Joyner, the cottage parent who directs the band played with them. Their joy in performing is something to behold.

One of the hard tasks in working with the severely retarded is to make them want to do things. It's easier for them to give up the struggle and sit back doing nothing. It was a big achievement for Cecelia to embroider a picture. Although those who looked at it found it difficult to understand, it had meaning for Cecelia. The designs she embroidered were memories of the past - the church - the turtle, the river and swimming. It is hung framed in the nurses' station.

In March the cottage parents in Progress took the boys to a supper at the Barbeque Lodge. Those who have no families to take them off the campus find such trips an especial thrill. Many of our residents long to leave the campus even if it is just for an hour. Sometimes the employees invite the residents to their homes.

To our enterprising cottage parents difficulties are challenges to be met with imaginative thought. One day in the early part of March the Colony boys could not go to the kool-aid party in the recreation building because it was raining. To make up for the disappointment the boys' Colony rhythm went from room to room to play for the residents. In one unit two men jumped for joy when they heard the music. Many who heard the band would not have gone to the party.

One night the Salvation Army Band gave a concert. This was well received by all the residents. This type of music is especially enjoyed.

During March some of the living units took advantage of the better weather and started putting to good use the picnic area to cook hamburgers and hot dogs.

Caswell's basketball team enjoyed a very good year. They played New Hope High School Varsity, Jasper High School, Wayne County Boys Club, E.A. House Boys Club and Jones Central. They lost to New Hope High School and E.A. House Boys Club.

A new type of program is being initiated in three buildings. One of the social workers is working with some groups in Pollock A, Dawson and Crippled Childrens' Hospital I. The purpose is to make life a little richer, happier and more comfortable for the residents as well as to give them some extra personal attention. Besides working with residents the social worker is keeping in touch with the parents or relatives. Where there are no relatives the social worker is attempting to find someone who might be encouraged to become interested.

The social workers continually try to locate relatives of our residents. Recently one of the boys by the name of John had had no contact with his mother since at least his transfer from O'Berry Center. Through some searching the social worker discovered his mother was blind and in a rest home. The mother was overjoyed to hear from John. It was needless to say John was overjoyed to hear from his mother.

Good deeds are done by various members of the staff. Worth is a man of forty-seven and he cannot get up because of a severe palsied condition. It is almost impossible to understand his speech. He might not be as retarded as he appears. Worth loves his doll which sits at the top of his bed. One day one of the nurses decided his doll needed some new clothes. She took his doll home and made a pretty evening gown as well as a nurse's uniform for it. Such little things can bring much happiness.

Springtime is the time to clean house. This year Caswell seems to be not only cleaning house but making repairs. Various types of construction workers are seen dotted here and there around the campus. Some of them could be called destruction workers. In January these men were seen cutting down beautiful pine trees near Crippled Children's Hospital I and II to make way for a parking area. Parking becomes more and more a problem. At the side of McNairy another area has been set aside for the cars. Lawns and trees are gradually giving way to an ever encroaching bed of concrete. The McNairy building has had men working to prepare this for another Crippled Children's Hospital. The South wing of Crippled Children's III has just about been finished. It's now a bright and shining hospital ward. The women in Dawson were moved to the second floor of South Dormitory so that added bathroom space could be added to the Dawson building. Nearby repairs are being made to the recreation building's roof. On the outside of the Austin building men are resurfacing this building. Covered walkways are being added in several areas. For weeks painters and some carpenters have been redecorating the Trainable School and the Chapel. Painters have been seen in the cottages.

Usually during each quarter many parties are given and it is almost impossible to list each party and who gave it. Parties are always welcome and the residents do love the extra special attention to say nothing about the tasty refreshments which many could very well do without. During January there was a lull after all the Christmas parties. February is always a tempting month to plan something with Valentine's Day being so popular. The cottage parents often decorate their buildings and family and friends often send food. Then too, organizations come forth once more to do their share of entertaining. During March a number of parties were also given. Some of these were planned by the parents of the residents and all the children in the building which had the party shared in the fun. To all who are so generous, Caswell and the residents give thanks.

The American Association on Mental Deficiency has a Division of Special Studies. In this Division is a committee to evaluate institutions. At the request of Dr. Badrock, the superintendent, a team of two people was sent to Caswell to make a study and further recommendations. Dr. Viola Ames, psychologist, and Dr. William Timberlake, psychiatrist, spent several days at Caswell touring the institution and interviewing heads of departments. Their report will be forwarded when completed.

Sponsor-A-Child

(From page 2)

can help by inviting residents to visit their homes and so giving them opportunities to see life outside the Center.

The residents who are sponsored receive other benefits too. A great one is that they know that somebody cares enough about them to do something for them. The gains are not all on one side. Some sponsors are very pleasantly surprised when they discover that some of our residents are charming. By sponsoring a resident they make a new friend. Being a good Samaritan can be fun.

REHABILITATION

In January the Director reported that mor students are entering the program at an earl stage - 15½ or 16. Some also are being placed i extended evaluation. Because of this it is necessary to keep some students longer than the usua six months. Some stay up to twelve months befor job placement. Also the Facility is required to accept the physically handicapped mental retardat and this has hindered their rotation of student and placements. This ruling has impaired the department's production greatly.

The counsellors in this department are subjec to call twenty-four hours daily, seven days a weel They attend to client and In-Training case problems first thing in the morning at the Facilit Then they travel to the field for new case intak job placement, employment survey and client follow-up. They return sometimes as late as 8:30 p.n from these trips. Frequently they are seen at th Facility after returning on Saturday and Sunda to catch up on their paper work. In addition t this they must find time to coordinate training fo their clients with the Facility's teaching staff, t evaluate In-training cases and counsel with then to attend any medical emergency, fight or complaint from house mother in the boarding home to assist with weekly extra curricular student activities, to answer requests from civic group churches and others for rehabilitation progran presentations and be on weekend call once month.

In March Doctor Badrock, superintendent, M Stroud, business manager of Caswell Center an Mr. Dunne, the director of the Rehabilitation Facility met with the Department of Mental Healt to try again to determine ways and means of obtaining federal matching money to build a nev Facility. There is still a chance money will b available. The staff hopes this money can be use so that building can be started within twelve t eighteen months.

"The County Carolinians" provided music at n cost for the March 10th dance.

On March 12, all of the teachers and student in the Home Economics Department except th nurses' aides went on a field trip to Raleigh. Th students enjoyed tours through the Capitol building, the State House and the Museum of Natura History. They rode through the campuses of Nort Carolina State University and Shaw University They also rode past the Governor's Mansion an Memorial auditorium. The food classes prepare the picnic lunch which was eaten in Pullen Park

As of March 31, the Facility had 36 trainees i On-the-job training situations earning a total o $3,868.20. Available information revealed ther were 544 previously closed cases still working an earning $86,436.00 for March. The Facility note that it had lost contact with a number of its students during the seven years of operation.

THE GIVER AND THE RECEIVER

The following is written by Mrs. Jean Tabory and has appeared in the Kinston Daily Free Press.

Cekita is ten years old. She cannot stand or walk. She cannot sit up - not even in a wheelchair. She cannot feed or dress herself. Her limbs jerk grotesquely. Her speech is defective. Her days are spent in the Crippled Children's Hospital where she has now lived for ten months.

You might think that it would be impossible for Cekita to live a useful life. You would be wrong.

Kermit is eight. He too is crippled but he can sit up in a chair. He came to the Crippled Children's Hospital thirteen months before Cekita. It was not easy to understand Kermit's speech and as none of the other children could speak Kermit lost interest in talking. He was not toilet trained. He seemed to be apathetic.

Cekita's coming changed all that. She gave Kermit the gift of her friendship and example. He began to talk. Now his speech is clearer than Cekita's, although his mind is less able. He is toilet trained. Bright-eyed and lively, he and Cekita chat together, laugh together, watch T.V. together and on Wednesdays enjoy the visits of a Volunteer worker together.

To our enterprising cottage parents difficulties are challenges to be met with imaginative thought. Last Thursday it rained so much that the colony boys could not go to the kool-aid party in the recreation building. This was a disappointment which the cottage parents turned into a triumph.

The boys' colony rhythm band went from room to room bringing cheer to all. George Joyner, cottage parent, as always played with the boys and inspired them. In one room two men jumped for joy when they heard the music. The band had performed the difficult task of winning the attention of the profoundly retarded.

Many who heard the band would not have gone to the party. The wet weather enabled more people to benefit from recreation.

Perhaps the players benefited most. So much recreation for all nowadays is of the spectator type which is a pity, for everybody needs the satisfaction that comes from doing, not watching. It is not easy for the severely retarded to have this because it requires much effort to teach them to do anything but George Joyner with the help of other cottage parents has taught the boys mime the act of playing in time as records are played. The players respond to the appreciation of their audiences. They realize that there is something they can do that wins applause. Perhaps they begin to see themselves as people who are valued because of the contribution they make. Certainly they make life richer for others in their community and that is a worthy achievement for anybody.

John Croom, cottage life supervisor, has started a new project in the cottage life recreation program The mildly and moderately retarded children in Cottages 5, 6, 7 and 8 learn square dancing and then go to the colonies once a week to help the residents there to dance. Mrs. Barwick, cottage life supervisor, is very enthusiastic about the arrangement. She said, "A colony resident joins hands with a cottage child. The cottage parent joins in. We all have great fun." The rhythm band plays at these jollifications.

The Caswell staff is a motley crew. Some are old, some are young, some are bright, some are dull and as, there is no wholly virtuous group in this world, some are good and some are bad. And yet a large number of good deeds are done here. Many are performed quietly and nobody ever hears of them.

People donate clothing. Cottage parents bring the children to select what they need. Many a garment needs to be altered and the cottage parents do this extra work joyfully. The state doesn't provide hose. A chorus of women needs hose to appear in a program. Somehow the cottage parents buy, beg or borrow so that no singer appears in socks.

The residents long to get out of the institution for a while. Employees invite them to visit their homes. This week the cottage parents in Progress took the boys to supper in the Barbeque Lodge.

One day a nurse walked across the floor of the Crippled Children's Hospital No. 4 clutching a doll dressed in a beautiful blue brocade evening gown. "Have you reached your second childhood?" quipped another worker. The nurse smiled. "I made it for Worth", said, "His doll's clothing had worn out and he loves his doll. Look, I made a nurse's uniform for her too." Now the doll sits on Worth's pillow and makes him happy. Worth doesn't have much cause to rejoice. He's a cerebral palsied man who will soon be forty-seven and he cannot even sit up. He can talk in sentences but it is almost impossible to understand what he is saying. It is also impossible to tell how retarded he actually is.

Helen Keller wrote, "I believe that God wills to make the world better, and I am trying to do my bit to help and wishing that it were more." Perhaps the retarded are with us to motivate us to work to make a better world.

———o———

VISITORS

Four teachers including the Industrial Arts Teacher from O'Berry Center came to Caswell to study the physical outlay of the Industrial Art and Library areas.

The Sociology class of Grifton High School toured Caswell Center during the month of March.

Mrs. Sarah Skinner, R.N. and Mrs. Joan Abashian, R.N., instructors in Nursing Education and eleven pediatric nursing students from Lenoir Memorial Hospital School of Nursing, were Caswell visitors on March 22.

A group of Episcopal and Presbyterian Church women who have been rendering volunteer service met at Caswell in February to plan for the future development of this service.

Winterville High School also visited Caswell Center.

In January the students in two psychology classes in Lenoir County Community College toured the campus. They also heard a talk by Mrs. Tabory. They took a lively interest in all they saw. One student remarked, "It makes you thankful for all you've got."

The F.H.A. girls of South Edgecombe High School toured the campus in February and then gave a delightful party for Johnson 4 and Parrott 3.

CEKITA

The following excerpts are taken from Cekita's diary. Cekita is one of our brighter residents. Because of her severe spasticity she must live in one of our Crippled Children's hospitals. She cannot walk or use her hands to feed herself, write or do any of the things a ten-year-old does with her hands, but she does talk. Because there was no room for this physically handicapped child in any program of the Training and Education department, the psychologist decided to try to teach her to read. Cekita was inspired to keep a diary by a story which the psychologist read to her about Christopher Columbus who also kept a diary. These are Cekita's exact words:

Monday, March 11, 1968
Today, I had company. My Aunt Liz and my Uncle Manly came to see me. Yesterday, I had company. My Mama, my sister, my three brothers, my granddaddy and my mother's brother came to see me. I got a dollar today. I am ten.

* * *

Wednesday, March 13, 1968
Today, I watched T.V. Today it's cold and windy. I couldn't go to the movie because of the rain. Mrs. Holliday (a volunteer) didn't come. I wonder if she's sick.

* * *

Monday, March 18, 1968
I couldn't go to church yesterday because it was raining. I didn't have a lesson today because my teacher was at a long meeting.

* * *

Tuesday, March 19, 1968
I went to see a movie today. I got some popcorn. . . .

* * *

Wednesday, March 27, 1968
I went outside today. Mrs. Holliday came to see me today. It is a hot day. It feels good outside. I wish I could stay outside and lie on the grass.

* * *

Thursday, March 28, 1968
I've been outside today. I saw a lot of girls walking. I saw some birds. They were pretty. I wish I had a bird. I would like to have a birdhouse outside my window.

* * *

Friday, March 29, 1968
I couldn't go outside today because we didn't have enough help. I watched T.V. It's a pretty day today, not cloudy. The sun is out. I hope to go outside tomorrow. I played with Barbara my doll baby today.

* * *

Monday, April 1, 1968
I went to church yesterday. Mr. Polk wasn' there. The lady who plays the piano took th service. . . .

* * *

Thursday, April 4, 1968
I didn't go outside today. Kermit (a friend went outside. He went to the movie. I watche T.V. We had oranges for breakfast and oatmea and boiled eggs like that monkey. (A characte in the reading scheme.)

* * *

Friday, April 5, 1968
A lot of women came to see me today. I go some popcorn today. I watched T.V. today. saw the man's casket when they took it off th plane. What's his name? (Martin Luther King) I saw his family. He had a little girl. I don' know how many children he has. I saw hi little girl. She was real little. She was colored

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PERSONNEL

In January, Jean I. C. Tabory, psychologist, attended a meeting of the Eastern North Carolina Psychological Association in Raleigh at the North Carolina Correctional Center for Women.

During the same week Mrs. Loretta Lewis, Volunteer Service Coordinator, addressed a noon luncheon for The First Presbyterian Church. She also spoke to the Altrusa Club in January.

Jimmy Trivette, recreation director and A. L. Moye, physical education instructor, attended the Physical Education Workshop for the mentally retarded hosted by East Carolina University on Saturday, February 10. This was sponsored by the North Carolina Mental Health Association. A group of physical education students gave a demonstration of Physical Fitness, tumbling, balancing and basketball.

Mrs. Virginia T. Perry, R.N., director of In-Service Training, Mrs. Lorene Crumpler, R.N. and sixteen cottage life employees, who are currently participating in In-Service Training class sessions, were taken on tour of the O'Berry Center in Goldsboro on March 28.

Mrs. Loretta Lewis, Volunteer Service Coordinator, attended a meeting of Volunteer Coordinators of Hospitals and Institutions on March 14 in Raleigh.

Mr. Alton Dale, Mrs. Patsy Pittman, Mrs. Linda Clark, Mrs. May Taylor and Mr. Jimmy Trivette of the Training and Education Department, Mrs. Doris Barwick, of the Cottage Life Department and Mr. Melvin Kurzer of the Social Service Department attended a two day workshop at Wright School in Durham.

In February, Mr. Bissette, director of Education and Training Department went to Atlantic City to attend the American Association of School Administrators Convention.

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North Carolina State Library
Raleigh

N. C.
Doc.

The
CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

OUR TRUE WORK

If we work upon marble,
 It will perish;
If we work upon brass,
 Time will efface it;
If we rear Temples,
 They will crumble into dust;
But if we work upon immortal souls,
 If we imbue them with principles,
With the just fear of God,
 And love of fellowman,
We engrave on those tablets something
 Which will brighten all eternity.

—Daniel Webster

July, 1968

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The Caswell News

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Published quarterly for the benefit of Caswell Center and for the information of the citizens of North Carolina.

Frank Badrock, M.D. ....Superintendent
Mr. S. H. Stroud ....Business Manager

Editor ....Pearl L. Adkins
Circulating Manager ....Sarah E. Claytor
Treasurer ....Mrs. Evelyn Wiggins

MINISTER OF THE YEAR

It is indeed true that Caswell has many friends whose unfailing wholehearted support causes life here for many residents to seem far less bleak and meaningless. When we think of these good friends one name immediately comes to mind and that is George B. Holmes. The Reverend George B. Holmes is the Rector of Saint Paul's Episcopal Church in Edenton, North Carolina. He has been an active volunteer and unofficial "good will ambassador" at Caswell Center for eleven years.

It would seem that he need never worry about unemployment as he has a degree not only in Theology, but also in Chemical Engineering and Accounting. Additionally, Mr. Holmes earned an MS in Child Psychology. He also has a very impressive World War II record.

Mr. Holmes' interest in mental health goes back to after the war when he says, "My interest changed to people". He was involved in teaching in Roanoke, Virginia when he met mothers concerned because their retarded children had no school to attend. He organized a class for the retarded. When he moved to Edenton, North Carolina he worked with the late Superintendent of Schools to secure the services of the Mental Health Clinic in Elizabeth City to serve that area. It is indeed unique that an Evaluation Clinic operates in the Parish House in Edenton. Mr. Holmes became alarmed upon finding parents of emotionally disturbed and retarded children spending money scurrying from one place to another in search of help for their children. Now, staffed by volunteer psychologists, psychiatrists, social workers and physicians from many different agencies and sources, this non-denominational clinic operates whenever a child needs its services.

It was only natural that Mr. Holmes shortly after settling in Chowan County would gravitate to Caswell Center. We have reaped many benefits from his coming. In attempting to mention Mr. Holmes' contributions, one is bound to leave out something as his acts of kindness seem unlimited. At the top of the list would be his sponsoring of Debra, an epileptic, hyperactive child, the custody of the welfare department as she w unwanted by her family. We cannot leave out t gift of a washing machine, donated so that Co tage II girls could keep their best dresses pretti longer than if the laundry did them. The was ing machine was sent on faith alone as in a lett Mr. Holmes stated "without knowing where t funds are to come from I have today orderd commercial weight washing machine for Cotta II if this is acceptable". Interested people Edenton have responded to the washing machi appeal. It is typical of this remarkable man th when he sees a need he does not wait, he acts!

We would not want to leave the impressi that Mr. Holmes is alone in his concern for Ca well as nothing could be further from the tru His wife, Rachel, and the nine Holmes childr equal him in the fervor of their support. This h been very well demonstrated in their kindness Debra. Mr. and Mrs. Holmes, three or four yea ago, asked a cottage parent to suggest a child w had no visitors, mail, spending money or ho visits. Thus Debra "adopted" the Holmes fam and in turn became "adopted". At Christm Debra's "adopted family" drives many miles take her on a shopping trip to Kinston for cloth and toys. Until this summer Debra had not spe a night away from the institution to which s came five years ago. The week-long vacation wi the Holmes family was a dream come true Debra. To say she enjoyed it is an understa ment. Actually, it was an act of courage as w as kindness for Debra is not a child who is easy manage. It's never quiet when Debra is arou and even being in the rectory didn't turn her i an instant angel!

Gradually the love and concern the Holm family showed for Debra spread and envelop other little girls in Cottage II. Money was sent enable seven bright eyed youngsters to shop lovely spring dresses. Treats of candy and oth goodies are showered on several cottages wh Mr. Holmes makes one of his regular visits to Ca well.

The enthusiasm of the Holmes family h spread to his parishoners. Two little girls mu like Debra in having little family contact are n proud of being sponsored by families who atte Reverend Holmes' church. The St. Paul's churc women have sent a check for $200 which was ra ed by these good women at a Christmas baza This money enabled more children who do get home visits to have a happy camping perience.

(Please turn to page 5)

CLOTHING SHOP

A social worker saw Evelyn weeping in Cottage 4 and after a while discovered that the girl was crying because her shoes were falling apart and the other girls were teasing her about this. The worker knew there was no point in asking Evelyn's mother for shoes as she had already done this so she took her to the clothing shop. When Evelyn found a pair of used loafers that fitted her she was so happy that she ran back to her building looking down at her feet as she did so.

There was also Louise who gazed at her feet on which she had a pair of pretty blue pumps and exclaimed, "I'm proud of having shoes I'll tell you". Only from the store could she have obtained such shoes for the State provides only the most utilitarian of footwear.

One stout lady could not get a belt to fit her but a resourceful volunteer joined two belts together - one for the back and one for the front. Another resident was looking for a girdle but no girdle big enough had been donated. Finally a corset was found and she was fitted.

Our residents of all ages and sizes are enjoying to the full the benefits of Caswell's Clothing Shop which had its grand opening on April 10, 1968. This project was started through the earnest efforts of Mrs. Loretta Lewis, director of Volunteer Services. For years people have been donating clothing to Caswell. Now the collection is being expanded and organized more efficiently. Mrs. Lewis has talked to various groups and individuals regarding the need. Twelve volunteers have worked diligently sorting and mending clothing and acting as sales ladies for residents coming to the shop. Many other volunteers have also given of their time and effort to make the clothing shop a success by transporting volunteers and asking for clothing. Numerous individuals have also provided the shop with serviceable clean usable clothing of all sizes. The Sid Eagle Outlet has given much in girls' and ladies' clothing.

Several rooms on the second floor are set aside where the maintenance department has set up iron racks so the dresses, skirts, and suits can be hung. This makes it easier to display the clothing so that the residents can make their selection.

They are permitted to come to the Shop to select what they need. There is always some volunteer on duty to assist. The boys come 10 a. m. to 12 p. m. on Wednesdays and the girls from 1 p. m. to 3 p. m. on the same day.

Not only clothing is found in this shop but various items. One woman donated almost two hundred small purses - gay cotton ones which are worn by a chain around the neck. These have been a popular item and they can be seen all over the campus. One boy lost his in the hog pen.

Cosmetics have been in great demand. The Schieffelia and Company in Apex has been most generous in supplying A1 May products - lipsticks, powders, rouge, etc.

The cottage parents know that clothes mean much to their charges. They are very enthusiastic about the Clothing Shop. One said, ,"it's marvellous that the boys can have dress clothes. They don't have to go to church in khaki pants". It makes a difference.

Thanks to Mrs. Lewis and her corps of volunteers. Keep up the good work.

MAINTENANCE FEES

In recent months the State Board of Mental Health has raised the charges for care and treatment of all residents of the Centers for the retarded. Previously the fee was $60 monthly - now it is $105 monthly or $3.50 per day. This new fee has raised many questions and much concern on the part of parents or those legally responsible for the residents.

The Department of Mental Health has issued some pertinent information regarding these charges and their collection fees. According to this information the rate charged is the same for all; however, those who are unable to pay the full amount may pay less but such arrangements must be made with the reimbursement officer at Caswell.

Where a contractual agreement has been negotiated for less than the full rate and such agreement is kept, there is then no further obligation for the difference. This holds true for the life of the contract. Ability to pay, however, will be reviewed periodically and such review may call for a new contract. If there is a default in payment under the contract the full rate accrues from the date of default. If information determing the ability to pay was fraudulent or misrepresented, then the contract shall be void from its inception and the full rate will have accumulated from the date of admission.

The North Carolina Statutes give priority for admission to indigent persons and these indigent persons will not be expected to pay for such care. Should the indigent resident experience a marked change in his economic condition or acquire an estate such charges shall then be paid either in full or part.

The reimbursement office will interview the residents responsible relative, if possible, at the time of admission. If the reimbursement office is unable to determine the ability to pay, the county department of public welfare will be requested to investigate the person's economic condition.

The law stipulates it is the duty of each retardation center to collect unpaid maintenance costs from the estates of all non-indigent persons or from those who are legally responsible for those residents. The Attorney General of North Carolina is authorized by law to aid the Centers in all legal actions necessary to enforce collection of unpaid maintenance costs. The law also provides that a lein may be placed against both real and personal property of the resident. If a resident should die leaving unpaid maintenance costs. these unpaid costs become the first lien on all property of the deceased resident. Funeral expenses, taxes and costs of administration of the estate are the only expenses which take precedence.

The reimbursement officer is trained in handling resident's benefits under Social Security, Railroad Retirement, Veterans Administration, Civil Service Commission and the Armed Services. He will be able to assist families in establishing benefits and to help them in their personal affairs and will exercise every possible effort to avoid any undue hardship.

PERSONALITIES IN THE NEWS

People are always interesting and most people like to read what others are like and what others are doing. The following short sketches were written by Jean I. C. Tabory and published at different times in the Kinston Free Press during the last quarter.

Lizzie was given a very unusual gift on Saturday - the gift of a birthday. Not many of us have to wait sixty-five years for a birthday but on Lizzie's record at Caswell is the statement, " Date of Birth - Unknown 1903".

Lizzie saw other residents having birthday parties. She didn't grumble. Lizzie doesn't waste her energy in complaining. She looks after an old feeble resident and finds satisfaction in this very important work.

She sometimes goes on errands to the post office. There she made friends with Mrs. Whitley. Lizzie has a talent for makng friends. Mrs. Whitley decided to pick a day of the year to be Lizzie's birthday from now on and her choice was a summer's day, the first of June. She and her sister, Mrs. White, who works in the shoe department, gave Lizzie a party at which all the fifty-women in Johnson 4 were guests. There were gifts and of course a birthday cake. Each guest was given a packet of chewing gum. As at any important family gathering photographs were taken as mementos of the occasion.

A while before the party Mrs. Whitley asked Lizzie what she would like for a birthday present. Lizzie sad that she would need some tme to think about it and the next day asked for some bath powder. Little things mean much to our residents, especially our older residents. A gift of bath powder would have delighted Lizzie but what she received was a dress and a pair of shoes.

Lizzie has been at Caswell for forty-eight years. This Sunday in Chapel for the first time she will rise to be honored wth all the other residents who have birthdays this week.

* * *

Ollie has the mental ability of a child of four and his speech is very defective but he can make model trcycles and wagons with trailers just by looking at pictures in catalogs. Moreover he has to provide his own materials. Recently he dressed a doll in garments made from an old sheet. The doll has a cap and bootees. Nobody knows where Ollie got the needle to sew with. He is twenty-one so he can't go to any classes.

Ollie is content although he is unfortunate, his mother is in prison. Nobody sends him little gifts or letters. How pleasant it would be if somebody interested in making models would sponsor him.

* * *

A crescent moon shone down upon a paved courtyard where the lapping of a fountain soothed the guests who chatted quietly as they sipped punch and nibbled dainty cookies. A gardenia glowed in the blue-black hair of a maiden who sat beside a tree near the fountain. It was a most successful party; it was also a very special party. Almost forty of the guests were Caswell residents who live in the building where Wita Wooten live They were being entertained by Mrs. Verna Woo ten, Wita's mother.

Mrs. Hardee shared the elegance of her hom and garden with these women, most of whom w spend their lives in an institution and many whom very seldom have a chance to leave th institution even for an hour. She shared mo than that. She shared her talents and gave othe an opportunity to do likewise. On Friday, Ma 31 she brought her pupils to present a Musicale c two pianos in the Recreation Building at Caswe Her pupil's parents drove Wita's companions her home where parents, pupils, cottage parent and Caswell residents enjoyed themselves to gether. One resident said she had had the be time at the party she had since coming to Caswe She came to Caswell nineteen years ago.

A father inspected several bushes with eag eyes, "I'm looking for a gardenia he explaine "We found one for Lucille and I want one for Con nie too". Connie and Lucille were the girls he an his wife had driven to the party.

The residents shared with their hostess an their drivers sheer joy in being entertained ou side the institution.

* * *

No Beauty Queen could be prouder of her gold en tan than Everett is of the lobster-red on h forehead, arms and shins. He acquired his ta while on a fishing trip to Swansboro. Perhaps f you such an excursion would be merely a mil pleasure but for Everett and his four companion it was ecstasy. These men live in Parrott 3, a co ony building where opportunities for adventu are few.

Three cottage parents, Kirby Moore, Rober Joyner and Bobby Miller made up their minds t share their joy in living with some of the charges. They planned a fishing trip and on Tues day eight men set out in Miller's Volkswagon bu cheerful in spite of the grey morning sky. Four c the residents wore straw hats. Everett wore a ca They just knew the sun would come out and did.

The three cottage parents knew they woul all have a good time but they had some doubt about how many fish they would catch so the wisely bought fish which they cooked for lunc They made cornbread outdoors and had a deli cious picnic. Everything went well. They foun an oyster bed and had oysters for hors d' oeuvre Charles brought home two conch shells as sou venirs.

They caught some fish and proudly brough them back to show their fellow residents. Th fact that the fish were to small didn't trou ble them at all. After the fish had been dispose of because they had a bad smell Van was able t hold up his arms far apart and say with typica fisherman's mendacity, "We caught a fish tha length."

Everett trembles with excitement and weep for joy when he recalls the trip. He displays th postcard on which his mother gave her permissio for him to go as though it were a passport t paradise and that is exactly what it proved to be

REHABILITATION

Congratulations go to Mr. Raeford Allen Lee, instructor in the Vocational Rehabilitation Facility. His picture along with an article regarding his contribution to the Facility appeared in "Reach" which is published by the Division of Vocational Rehabilitation, State Department of Public Instruction in Raleigh. This article described Mr. Lee as "A man who does his job and more". He is instructor of janitorial, maintenance and automotive services, and small engine repair. Mr. Lee first worked at Caswell Center as cottage parent; then transferred to the Rehabilitation Facility in 1962.

In April all the students went on a field trip to the Kinston Art Show where they saw work done by school students and local artists. The girls also spent one afternoon riding around Kinston enjoying the spring flowers.

The speech therapist reports a full caseload. Progress in many cases has been slow. The milder cases have shown up rather well probably due to somewhat higher I. Q.'s.

The Facility's annual picnic and last dance of the season was held at Emma Webb Recreation Center on May 29, from 6-10 p. m. All present and former Vocational Rehabilitation students as well as staff and their families plus guests were invited to attend. There were approximately 160 people in attendance. "The Melodettes", a local band provided live entertainment.

The supervisor, Teacher's aide and two students in Home Economics Department visited the Sid-Eagles Corporation, a garment factory where small girls' clothes are manufactured. They were given some fabrics and remnants and taken on a tour. Chatham Blanket factory donated some remnants also. Long Manufacturing Company in Tarboro donatd approximately 1000 pounds of scrap metal to be used in welding classes.

It appears that the new building for the Facility is going to become a reality. The Director has been asked to proceed with the drawings in preparation for receiving bids.

Many requests from as far away as Ontario and Nova Scotia have been received for the Rehabilitation Guide which was recently published by this Facility. Ths was as a result of the publication of an excerpt "Not sympathy but Encouragement" printed in a newsletter of the President's and Governors comittees on Employment of the Handicapped.

A field trip was taken to King's Barbeque and Restaurant. Each girl had saved enough money to pay for the meal. It was the first time some had ever eaten in a restaurant.

As of June 30, 1968, The Facility had 32 trainees in on-the-job training situation earning a total of $4,064.00 for the month of June.

In addition to the regular Wednesday night dances the churches in this area have sponsored a party once a month on Saturday night for the students living in the Town Houses.

Many visitors have toured the Facility during the last quarter; psychology and sociology classes, counselors, student nurses, the state supervisor of Mental Health Facility Services, etc.

OUR JIMMY

"Our Jimmy" is a book written by Ruth K. Doorly. A review of this book was made by Alan M. Kohan and appeared in December 1967 issue of Children Limited. It reads as follows:

"One of the grave problems faced by parents of a retarded child is how to explain mental retardation to normal siblings or neighborhood children who are very young.

Mrs. Ruth K. Doorly, a teacher of the educable and trainable retarded for many years in Westwood, Mass., has written a "read aloud book" that amply fills this great need.

"The story is built around a family with two normal children and "Jimmy," the retarded son. Mother, father, Susan and Bobby discover together in "Our Jimmy" the special gift each has to give the other when they learn to understand and accept Jimmy's handicap of mental retardation.

"The father relates in a warmly human way why Jimmy needs special consideration and in turn how he contributes to the happiness of the family.

"Illustrated by Kenneth Boudreau, a retarded and legally blind teenager, the captivating drawings will delight the young and old alike and contribute enormously to the unusual impact of the book, which is an excellant one to be read aloud to young children.

"This book can be highly recommended to parents to read aloud to their normal children or to other children who come in contact with retarded children. It also can be read independently by young children.

"As Mrs. Eleanor Elkin, NARC president, says on the back cover: "At last, a book to help children understand the special needs of a retarded child and the joy to be had in helping him to grow."

"A portion of the author's profits from the sale of this book will be given to the National Association for Retarded Children."

The book costs $3.95 and is published by Service Associates, Westwood, Mass. Mrs. Doorly announced that the NARC would receive 20 per cent of the retail cost of any books ordered through NARC.

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Miniser of the Year

(From page 2)

The Holmes family shuns publicity and wants no thanks whatsoever. Indeed, they thank us for the opportunity given them to serve here. Although words are inadequate, we must however from the depths of our hearts thank this wonderful family for showing the true meaning of Christian love and brotherhood.

Gertrude B. Waters
Social Worker

The referral caseload continues to build up. Since all psychologists must now be licensed the Director feels this will hinder the processing of the caseload as few psychologists are licensed in this part of the state.

PERSONNEL

Miss Martha Leona Broome has been a cottage parent for forty-three years. She started to work on June 1, 1925, and retired June 30, 1968. According to her sister, Mrs. Pauline Kennedy, Who is also a cottage parent, Miss Broome always loved children. She has worked in all the living units on the campus but for the past three years she worked on the 11 p. m. to 7 a. m. shift in South Dormitory. Sophie, a forty-five year old crippled woman in Johnson 4 remembers that she was her first cottage parent when Sophie came in 1937. The cottage parents in South Dormitory gave Miss Broome a farewell party. The residents in this building and the cottage parents joined together to give her a farewell gift of lingerie. Caswell thanks Miss Boone for her many years of service and hopes her last years of retirement will be happy ones.

One of the many meetings which Dr. Frank Badrock, superintendent, and Mr. S. H. Stroud, business manager, attended was a meeting in Raleigh with the Department of Mental Health to discuss plans and funding for a new proposed Rehabilitation Facility. Mr. W. A. Dune, director of Vocational Rehabilitation Facility, also accompanied them.

Twenty-three supervisors in the Cotage Life Department completed a course in Human Relations on April 24, 1968. This is one of the courses in the continuing group on Supervisory Development which is presented in cooperation with Lenior County Community College and is taught by Mr. A. L. Proctor.

On Friday, May 3, Mrs. William Waters and Miss Pearl Adkins, social workers, participated in a mock interview between a parent and a social worker for the May Fellowship at St. Mark's Methodist Church. This year's theme was "Human Values in a Technological World".

Mrs. Jean I. C. Tabory, psychologist, talked to the M. Y. F. at Queen Street Methodist Church on Sunday, April 28, on the theme "Mental Retardation".

Mrs. Bobby Bridges, L. P. N. , Mrs. Iris Jackson, R. N., Mrs. Evelyn Mewborn, and Mrs. Doris Smith, supervisor in Cottage Life Department, attended a Remotivation Instructor's Course at Murdoch Center from May 27 to May 31.

Mrs. Virginia Perry, director of In-Service Training attended a Workshop in Psychiatric Nursing at the University of Maryland in Baltimore, Maryland.

At a meeting for high school students on Career Opportunities in Mental Retardation sponsored by the North Carolina Council on Mental Retardation, East Carolina University and the North Carolina Association for Retarded Children and held at East Carolina University on April 6, 1968, Jean I. C. Tabory spoke on the work of the psychologist.

On April 24 Mr. Waylon Bissette, Mr. Jimmy Trivette and Mr. A. L. Moye of the Training and Education Department attended a meeting in Memorial Auditorium, Raliegh, on "Programs for Children with Minimal Brain Dysfunctions". The next day Mrs. Jean I. C. Tabory attended a continuation of the same meeting which was sponsored by the North Carolina Department of Public Health, Mental Health and Public Instruction and East Carolina University. The purposes were to improve our procedures for recognition of these children and to promote local planning for pilot programs for them.

THINGS THAT MEAN THE MOST

Working at Caswell sometimes means going about everything at a very fast pace. In our busy schedule we sometimes fail to remember the things that really mean the most to us. The good fortune of being mentally and physically healthy enough to do our job is one ot the most important factors.

Working with the mentally handicapped provides an experience which no other job gives. There are many things that we can teach our residents ranging from using a fork to living independently in the community. By doing our job well we acquire a satisfactory sense of achievement. The help that we give them may appear to be unrecognized by other people. To our residents the seemingly small things are enormous and very important. Just try taking the time to listen to their complaints and troubles. Listen and talk with them and then notice the change. You may tell them how much you like them and watch their reaction. Mend a broken toy for a child and right away your a hero. These little things that are a part of our daily work are the things that bring us our most meaningful rewards for a job well done. Publicity is the reward we receive for work done while everyone is looking. Being mortals, we soon forget to reward publicly a well doer and he goes back to being just another employee. Spoken and visual rewards are good and everyone should have his own share but the things that really stay with us through the years are the love, loyalty and gratitude that we receive day by day from our residents. These are the rewards that really mean the most.

Mrs. Evelyn Raynor
Cottage Parent

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FACTS AND FIGURES

As of June 30 there was a total of 1865 (1000 males and 865 females) residents on the books but only 1682 residents on the campus. One hundred and eighty-three were on leave.

During the last quarter there were eight deaths (5 male and 3 female). Discharges from the roll stood at 22 (13 males and 9 females). No transfers.

During this same period we received a total of 38 applications (21 males and 17 females). Ten were for white and 28 for negro.

There were 18 admissions (9 males and 9 females). Twenty-four applications (11 males and 13 females) were closed direct as of July 1, 1968 There are 86 applications (62 males and 24 females) on the waiting list.

HIGHLIGHTS

For five days, Monday through Friday, during the second week of June the residents from eight cottages plus two children from Crippled Children's IV participated in Daily Vacation Bible School under the direction of Chaplain Polk. Thirty-three volunteers offered their services. All the children seemed to love the extra special attention. They liked stories told to them. They enjoyed the walks and learned abont "God's wonderful World" which was this year's theme. To Cekita from the Crippled Children's Hospital this experience meant possibly more as she had never been down Pecan Lane or to the picnic area or to the new playground. You see, Cekita cannot walk and if she gets about she must have someone pushing her chair Each morning all gathered for an hour in the Chapel where a program of hymns, prayers, film strips and talks were given. Then the teachers and cottage parents took the boys and girls to their respective cottages where they worked with them singing songs, coloring, going on hikes, making things, etc. On Friday a cook-out climaxed a happy week. One cottage parent remarked, "we have good leaders in our building. They know just what to do with the girls". Another said, "these women just don't know how much good they have done our boys".

A grateful parent whose child recently died has written to Mrs. Pate and the other Nurses in Crippled Children I a letter of appreciation. The letter states in part, "we all don't have the words to tell you how much we appreciate all you have done for our son and brother. We know you did all you could for him and gave him all the love and attention that was possible. When we finally made up our minds after keeping him for years, it was the hardest thing we ever had to do, to hand him in a door to strangers. But after our first visit back we knew he was being taken care of and that he still felt loved. It was hard to go to see him and want to do something for him and there was nothing we could do, not even take him a toy he could enjoy or take him to ride or out to eat. I saw other parents that could do all these things and I felt so helpless because we couldn't do these things for our baby. But now we know he is in a better world - That he can talk and see all the things he hasn't been able to for so long. We know he has a new body with no pains or deformities, and it's so wonderful to know".

The Colony residents don't let the weather hinder them from enjoying life. Recently when they couldn't have the scheduled outside activities the Colony Rhythm Band went from room to room bringing pleasure to all.

Johnson 3 and Parrott 4 ate their evening meal together one night at the picnic area and enjoyed the rare treat of iced tea.

Some of our residents went to church on Mother's Day to a local church. When the minister talked about mothers and the influence they have on children some of the residents cried. Two of the residents who cried did not know what a good mother is like.

Forty-three boys in Pollock B wore red roses on Mother's Day. One of the cottage parents in this building brought each boy a red rose from her garden. Directed by Mrs. Helen Nunn the boys of Pollock A presented a Mother's Day program at the first and second Chapel services. The flowers on the altar were given by Pollock A.

The Caswell Academic Chorus appeared on WITN-TV, "Hospitality House" one Sunday morning in May.

John took a trip the first part of June. It was no ordinary trip for he visited his sick blind mother who has not had a visitor in all the four years she has lived in the rest home in Enfield. Mr. Richard Newby, director of Pre-Vocational Training, drove John to Enfield. On the way they stopped at a drug store to buy some beads for his mother. Mr. Newby left John to have lunch with her and then brought a happy boy back to Caswell. The arrangements for this visit was made by John's social worker at Caswell.

Twenty-three members of the Caswell Academic chorus under the direction of Miss Ann McKnight, music teacher, entertained the monthly meeting of the Ruth Class at the Spillman Baptist Church.

The Academic Home Economics class and their teacher completed a tour of Tryon Palace in New Bern. The purpose of the tour was to present to our students a look at colonial living, compared to modern times.

Caswell's Academic School had a graduation this year. Dr. Frank Badrock, superintendent, and Mr. Alton Dale, school principal, presented diplomas designed by Mrs. Clark, art teacher, to thirteen girls and eight boys who had completed their school education. Mr. William Hollowell from O'Berry Center who in the past worked in the Cotage Life Department at Caswell was the guest speaker. He urged the students to remember what they had been taught at Caswell to avoid evil and to be good citizens when they returned to their communities.

Caswell Boy Scout Troop No. 227 attended the annual East Carolina Camporee in Pollocksville. The troop had a enjoyable time under the able leadership of Spillman Grice, Waylon Bissette, and Vernon Freeman. The boys returned the proud owners of three blue ribbons.

Caswell held another successful Open House on May 1. Dancing by the residents from several living units opened the afternoon program. The television station WITN took pictures of the dancing and later showed them on its news program. The academic and trainable school choruses and rhythm band concluded the day's activities. The boys' colony band played for the visitors. In each of these units there were illustrations of nursery rhymes. Residents were dressed as characters from the rhymes and on the walls each rhyme was cleverly depicted.

One of the academic classes took a field trip to Raleigh where they toured the State House, Capitol, Museum of Art and Natural History and The Governor's Office. Each student selected and paid for his own lunch.

The Director of Training and Education feels that an industrial arts building costing $27,000 is a possibiltl. The E. S. E. A. funds are available for this plus $5,000 for library books and material.

Camping is one of the highlights for the summer season. From June 16 through the 22nd, 24 boy scouts went to Camp Hooker near Swansboro. Then from June 23-29, twenty-two non-scouts went to the same camp. In August the 4-H Club will take a number of our boys and girls. Also, in August Camp Don Lee will take about twenty boys and girls. These camping trips give opportunities for visits away from the campus for many of our boys and girls who would not be able to leave the campus.

The Trainable School teachers took the chorus and rhythm band to lunch and shopping. Each student was given seventy-nine cents to spend as he desired. They bought nail polish, deodorant, toys, jewelry etc.

Woolco Department Store donated a box of broken jewelry to be repaired for the students. The Trainable teachers repaired approximately one hundred pairs of earrings, forty necklaces and thirty pens.

On June 5 a group of students from the Trainable School were taken to Wilson where they boarded the train for Rocky Mount. The school bus met them and took them to Hardee's for lunch. Mrs. Virginia Bailey and Mrs. R. H. Marriott, parents, arranged a trip to the zoo. Thus one can imagine the fun these residents had.

There are 66 boys and girls from the Neighborhood Youth Corps working at Caswell during the summer months. They are working 24 hours weekly and are being used in the medical and dietary departments plus the Colony units. The Neighborhood Youth Corps comes under the Green L. A. M. P. Inc. and is being supervised by the In-Service Training Department and the Dietary Service.

The Sponsor-a-Resident Program has been making a real contribution to our residents. Mrs. Goldie Riggs of Grove City has been bringing happiness to Ricky. He enjoys receiving mail and money from her for the little extras. Mary Williams is thrilled and quite vocal over Mrs. King's attentioin to her. Mrs. King has invited her to her home, taken her to a restaurant and shopping. Mary exclaimed, "I got me a whole Easter outfit, breeches and all". Tom in Cottage 5 never had any clothes except those the state provided. Then the Willing Workers Sunday School Class of Sandy Cross Baptist Church of Hobbsville started sponsoring him. His locker is now full of clothes and his cottage parents say this "has changed his whole personality". All the residents in Cottage 5 share the benefits bestowed on Ricky by the Ruby Hardison Circle of Grifton's First Baptist Church. Several Sundays some members of this class has visited Ricky and given parties. Ricky is so proud of the things which have been given him. These are only a few of the people whom this program has sponsored. Caswell is grateful for their help.

Twenty-one P. A. C. E. students are working also on the campus in the various departments. Sixteen are sponsored by Caswell and five by civic organizations in Kinston and Lenoir County.

Caswell has finially been able to locate a speech therepist, Mrs. Sandra C. Morrow has filled this position.

VISITORS

Mr. Donald Crawford, superintendent of Minda Home for the Retarded at Brighton, Australia visited Caswell in April and conferred with various members of the staff. Mr. Guy Johnson Director of Cottage Life Department took him to Murdoch Center where they toured the Center and had conferences with several officials.

On April 5 Caswll was host for a meeting of Directors of Nurses and In-Service Training Departments. There were sixteen nurses from Western Carolina Center, Murdoch Center and O'berry Center. Miss Helen Tighe, R. N., Nursing Consultant in the Department of Mental Health in Raleigh was also present.

Mrs. Helen Schmude brought her psychology classes from Lenoir County Community College to tour the campus. The students were told of the need for volunteers to help make life richer and fuller for our residents. One of the students brought some records he had won that morning and donated them to Caswell.

Fourteen licensed practical nurse students with the supervisor of the L. P. N. program and their instructor at the James Sprunt Institute in Kenansville, North Carolina visited and toured Caswell in April. An attempt was made by Mrs. Virginia Perry, director of the In-Service Training Program, to include all phases of resident life.

Mr. Ernest Boatman brought two of his classes from Lenoir County Community College to visit Caswell. One was a class of students in the Vocational Curriculum who were studying Human Relations. The other was a class of technical students studying applied psychology.

Instructors in Nursing Education and ten nursing students from Lenoir Memorial Hospital School of Nursing were visitors on the campus on May 5.

Mr. John Davis, Director of Cottage Life at Western Carolina Center and four of his staff were at the Center two days to confer with Mr. Guy Johnson, director of Cottage Life and his staff. They were particularly interested in the severely retarded program.

Instructors in nursing education at the Sampson Technical Institute Practical Nursing School and sixteen students toured the campus on May 16. Eleven students with their supervisor from the Carteret Technical Institute Practical Nursing School and three Sea Level Hospital staff members also visited Caswell that same week.

An In-Service Training pragram for teachers was held in May. Miss Roberta Seyer, Curriculum Coordinator at the Wright School in Durham spoke on "Student Teacher, Teacher Student Communications".

The swimming pool is now open and there is continuous swimming during the daylight hours. Mrs. Loretta Lewis has been teaching life saving clases. Life guards are on duty during all swimming periods.

The physical education instructor in the Academic School began an exercise program called "Club 15". The exercises seem to be helping the students. Some cotage parents are being motivated to help carry on this program.

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The CASWELL NEWS

THE CASWELL CENTER - KINSTON, NORTH CAROLINA

THE MIST AND ALL

I like the fall
The mist and all.
I like the night's owl's
Lonely call
And wailing sound
Of wind around.

I like the gray
November Day,
And bare, dead boughs
That coldly sway
Against my pane.
I like the rain.

I like to sit
And laugh at it -
And Tend
My cozy fire a bit.
I like the fall -
The mist and all.

—DIXIE WILSON

October, 1968

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The Caswell News

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Published quarterly for the benefit of Caswell Center and for the information of the citizens of North Carolina.

Frank Badrock, M.D. ....Superintendent
Mr. S. H. Stroud ....Business Manager

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FIRST IMPRESSIONS

Last summer for the first time, the N. C. Department of Mental Health offered scholarships to rising seniors majoring in social work. These scholarships had the purpose of allowing the recipients to work in a social agency or institution associated with the Department of Mental Health. In this way, the students were acquainted not only with actual social work in practice, but also with the opportunities for social workers in mental health.

This summer work experience was designed to be divided into learning and practicing with close supervision and guidance on the part of the institution or agency with which the worker was placed.

After receiving such a scholarship I was placed at the Caswell Center as a social work aide. This experience was probably the most enjoyable that I have ever had in a work situation. I became completely conviced that I want to do social work- hopefully with mentally retarded children.

While at Caswell I learned much about social work by observing the other social workers there. I was also given several pamphlets and books on social work to refer to. Probably the most rewarding part of the experience was the learning that comes from working individually with the children and adults there. I didn't stay at Caswell long be- I recognized the immense need for love and attention of the residents there. Working with the residents certainly does demand a dedication to the principles of social work - that is, accepting each person as an individual and treating him as such. Also required is a great deal of tolerance, patience, and a desire to develop the potential of each person.

Many times while at Caswell I thought of the great need for more planning, more individual attention for each resident and more cooperation between the different departments. However, many opportunities are available to the children and adults that never would have been possible for them in their home situations. While it is de-

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A TRIBUTE

Friday, August 30, was a day of farewell. This farewell was extended to Mr. Waylon Bissette, who was Caswell's Director of Training and Education. Although Mr. Bissette has left the Caswell staff, he is not leaving the field of mental retardation. He has taken over the assignment of Senior Education Coordinator for the Department of Mental Health in Raleigh. This is a new position which has just been created and made possible by E.S.E.A. funds.

Mr. Bissette has been with Caswell since 1954 when he joined the Basic Training Department. He had held this position for only a few months when he was promoted to the Director of Recreation Department. At the end of 1957 he assumed the responsibility of principalship of the academic school from which he stepped up to the Director of Training and Education in June 1960. In this latter job he directed the operations of the academic school, the trainable school, the Recreation Department and the student evaluation program. When he left Caswell, his department consisted of forty-seven employees.

Not only did Mr. Bissette carry on the responsibility of this area, but he willingly and graciously accepted many other responsibilities. Whenever the superintendent needed someone to head-up any special committee, he knew that he could depend on Mr. Bissette to organize and carry out the details. He frequently acted as chairman for the annual Open House Program in May. One of his yearly responsibilities has been to organize and recruit for the Blood Mobile held at Caswell. He has acted as chairman for the Caswell United Fund Drive. These are major committees he chaired at Caswell.

He is interested in the North Carolina Association for Retarded Children and was elected as chairman of the Lenoir County Chapter. Through his work with this group, he was selected as one of the Directors of the Lenoir County Mental Health Clinic.

Mr. Bissette has seen many changes at Caswell as many changes were about to be made in the field of mental retardation and also in Caswell. He has seen many new programs spawned. Some died and others lived. Mr. Bissette had been part of the progress made and he has left his imprint. He has conscientiously applied himself to give of his best. He has worked hard and diligently to promote the educational and training programs for the Caswell residents.

We wish to thank Mr. Bissette for his many years of service. He will be missed. We wish also to congratulate him and hope in his new job he will have many years of success.

TRAINING AND EDUCATION

Caswell extends a big welcome to Mr. Leroy Batts. Mr. Batts has returned to Caswell to become the Director of the Training and Education Department. The older staff members will remember that Mr. Batts was the former principal of the academic school, but left Caswell in October 1966 to assume the Directorship of the Training and Education Department of O'Berry Center in Goldsboro.

He feels it is time to pause and reflect on what has been considered special education, what effect it is having on the students at the present and in what direction Caswell is to go in the future in regards to providing educational and training services for handicapped children. Will an effort be made to search for the true meaning of "Special Education"?

The vocational counselor, Mr. R. L. Newby, is acting as school principal and trying to carry on his own work.

The academic school program is once again in full swing as the summer vacations have come to a close. Some new teachers and instructors have been added to replace those who left. One hundred forty-seven students are enrolled.

In the girls' Sheltered Workshop things have been moving slowly due to the fact that there are only four girls and just one can sew. After six months trial on sewing of pants, it has been concluded that this project is too complex and advanced for the trainable girls. In this contract there are six steps which involve four different machines.

In the boys' Sheltered Workshop the contract with the Old Dominion Box Company and the three soft drink bottling companies is still in operation. The payroll for the month of September totaled $63.75. As of the end of September there were 16 boys enrolled.

There are 181 enrolled in the trainable classes in which are taught basic skills, intermediate, primary and music classes.

In July the Home Economic classes took a trip to Old Salem. The girls prepared snacks for a morning break and a picnic lunch. For dinner they enjoyed a steak dinner at the Howard Johnson Restaurant in Winston—Salem. The teachers and girls were kept busy sewing during the summer. One of their special projects was to make eighty-eight pairs of shorts and eighty-four blouses for the girls to go to camp. In September all the classes started a craft project. The younger girls have begun textile painting on aprons. The older girls have started thread and liquid embroidery projects.

The recreation department had a busy summer this year. Two buses left the campus almost daily making trips to Fort Macon, Cliffs of the Neuse, Neuse Recreation Park, Raleigh, Old Salem in Winston—Salem and Aurora. About 1,684 residents were taken off the campus. Swimming was one of the biggest programs and during the hot weather, it was certainly welcome. The playground was always a busy place with the ferris wheel, merry-go-round, slides, swings, etc. For a couple of months the train did not keep its daily schedule. It had to go back to the round house for repairs. Watermelon slicing was again welcome but the watermelons were scarcer this year. Eight pace students helped out in the recreation department and hence more residents were reached. This fall an intramural program will be started for residents who are not able to compete on the varsity level. It appears there will be no varsity team as most of the boys on this level are on community job assignments.

NEIGHBORHOOD YOUTH CORP

Since the summer of 1966 Caswell Center has been participating in a cooperative project with the Neighborhood Youth Corp, one of the programs of Green Lamp, Inc. which is a community action agency serving Greene and Lenoir Counties.

The Neighbor Youth Corp which is administered by U.S. Department of Labor is a work-training program established under the Economic Opportunity Act seeking to break the poverty cycle. Congress placed great emphasis on programs to make young men and women over sixteen and under twenty-two more employable; to encourage young people to stay in school; and to encourage returning to school if they already had left the classroom.

Our project‘s goal is to help young people from low-income families stay in school by giving them jobs, paying them wages, providing them with work experiences, and teaching them good work habits that will enable them to hold regular jobs after they complete high schoool.

Neighborhood Youth Corp enrollees who work on the Caswell campus are supervised by the Director of Food Service, Mrs. May Stroud and the Director of In-Service Training, Mrs. Virginia Perry. There are two phases of activity in our project - a winter program and a summer program. There are usually more enrollees involved in the summer program and they work twenty-three hours per week. In the winter program an enrollee works either Saturday or Sunday, as directed by his supervisor. The winter enrollee can only work eight hours weekly. This schedule is arranged to support our goal, "keeping the enrollee in school".

Enrollees assigned to Food Service have ranged in number from five to twenty-five at anyone time; the lesser number has been during the winter program. These enrollees have worked in the vegetable room where fresh vegetables are prepared for cooking or canning. They have participated in all kitchen activities such as: helping cooks, dish washing, and the cleaning of the food-service areas. They have assisted in table setting and all phases of food serving. Many have also helped in Caswell‘s cannery. Mrs. Stroud states that these young people are very industrious, eager and willing workers. She feels we have received much service from their labors, and in turn, the enrollees have gained knowledge and experience.

Enrollees under the Director of In-Service Training are assigned to work areas in both the Medical Department and the Cottage Life Department. There was one exception - our first sum-

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A LOOK AT MOTIVATION

Motivation for the mentally retarded is an adaptation of Remotivation Technique for the mentally ill. Dorothy Hoskins Smith developed this techique about 1956 in her work with the mentally ill. Remotivation is bringing a person back to a former state of being or competency. This term cannot be used for the mental retardate who has never been motivated to reach his level of competency. The objectives of this program are to help the retardate to be motivated to have the desire for knowledge and the incentive to reach his highest level of competency.

The program consists of regularly scheduled and well prepared group discussions and group experiences, that are related to real things. Real things which can be seen, heard, talked about, observed in day to day living or experienced outside the institution. Topics for small group discussions vary greatly and should meet the interests and needs of the group. Such things as flowers, foods, farm animals, pets, gardens, grooming, and various jobs may be topics for discussion. The motivator or leader, as well as the resident, benefits from each session. He develops a more personal interest in his charges, and becomes more aware of them as people who have personal interests and needs.

The Motivation Program at Caswell Center was organized in the In-Service Training Department during the month of July, 1968. Four members of the Caswell Staff completed the course in Remotivation Technique taught at Murdoch center in May, 1968. A Nursing Instructor who was included in this group is now Coordinator of this program at Caswell and teaches the course to Caswell personnel.

On July 10, 1968, a Motivation Committe was organized. The Core Committee composed of the four people trained in Remotivation Technique, voted to enlarge the Committee. It was decided to include representatives from the Training and Education Department, The Cottage Life Department, and The Medical Department. This enlarged group was to support the program in an advisory capacity, to serve as liason officers, to assist in selecting residents for motivation sessions, and to choose personnel to attend Remotivation classes.

Sessions were held twice weekly during August and September, 1968 by the four people trained in Motivation Technique. Eighteen residents from four areas were involved in these meetings. Areas included were: Byrum 1 annd 2, Parrott 2, and a group of six residents from the Trainable School group. At present a motivator is having group inter-action with six residents from the non-ambulatory group. Reports indicate that this group inter-action is beneficial to some residents, however, it is not expected that all residents will be motivated.

At the present time our first 30-hour course in Remotivation is in progress. This class of fourteen includes personnel from The Cottage Life Department and The Medical Department. Upon completion of this course these trained motivators will begin holding sessions involving 65 to 70 residents.

The course in Remotivation Technique will be taught at regular two-month intervals. Each class represents another group of trained motivators. This will allow more and more resident participation. In this way the Motivation Program on our campus will expand.

Mrs. Iris Jackson, R.N.
Nursing Instructor

REHABILITATION

During the fiscal year ending July 30, 1968, the Rehabilitation Facility provided services for 281 clients and closed 91. This has been an excellent record considering the fact that all three counselors started last year and this is their first full year since starting to work. The total cost to serving these 281 clients was $77,525.64 or $275.89 per client.

During the summer months the enrollment has slowed considerably because of the labor shortage and the available seasonable farm work. The lack of labor was indicated by the fact that the Facility experienced a record number of employment requests from employers during August. Also several students were removed from their training by their parents in order to help with tobacco.

The Director has been concerned over the continual growth of the referral caseload. One of the lacks in this area is not having licensed psychologists to do the testing.

A keen disappointment has been felt by all the staff members when word came that the money for the new building was not available. It is hoped some other money can be tapped for use in this area. All the staff worked long and hard to the point of putting in overtime to draw up the necessary specifications for this structure.

Seven students were graduated on August 16 from the four month basic nurse's aid and ward attendant training program held through the cooperation of the Caswell Center hospital units and the In-Service Training Department. A party by the Home Economics Department was given these graduates. In September a new class was started.

In July two field trips in the Home Economics Department were made. One was to Stallings Air Base to watch a Boeing 707 jet arrive and take off and the other was an all-day trip to the Cliffs of the Neuse State Park. It is interesting to note during the latter trip the teachers made the observation that it appeared several did not know how to have a good time.

During July the Industrial Arts Department visited the Kinston Upholstery Shop to observe the skill and art of upholstery. These students also visited the Caswell Historical Park. In August a trip to Atlantic Beach and Fort Macon State Park was made.

Plans were completed for a system of inspection of the student's grooming habits. Inspections were begun as a routine procedure during the morning roll call. There has been a marked improvement in the appearance of the students. The teachers are able to detect those students in the need of new clothing.

VIGNETTES

The following short word picture gives the reader some little side light into the little things which can be so important in the lives of our residents. They are written by Mrs. Tabory and have appeared in the Kinston Free Press.

Speaking of mercy, Shakespeare wrote, "It is twice bless'd. It blesseth him that gives and him that takes." It seems that joy too is twice bless'd. It blesses those who experience it and those who watch it. The cottage parents in the Boys' Colony have had as much pleasure out of the recent trips to the beach as the residents. Their eyes light up when they describe how much their charges have enjoyed themselves.

Until recently, summer excursions were not for the colony residents, most of whom are severely or profoundly retarded. Last year the ice was broken when some of the more capable were taken out. This year every unit in the Boys' Colony has participated. Not every resident has been able to go. For example, in Byrum 1 there are forty-seven, but only three went on the bus. This was not an outing planned for people in wheelchairs and many in Byrum 1 are crippled. One of those who went was blind. All behaved so well that a supervisor was proud of them.

Last Monday the little boys in Byrum 2 and Byrum 4 went to Flander's Beach. Fourteen went from the former and six from the latter. They played in the water, threw stones into the river, and walked around. All enjoyed the hamburgers cooked by the recreation workers.

Ben in Byrum 4 never gets out because he has no relatives who care for him and the bus ride was sheer bliss. This he expressed in action for he cannot speak. A cottage parent observed his delight and rejoiced with him.

"All the boys did real nice for a first trip", remarked a cottage parent in Byrum 2 with satisfaction. Then she added with a rueful smile, "One of our boys had an accident and none of the boys in Byrum 4 did and ours, are supposed to be more capable."

The campus was bathed in moonlight and over the still warm air came the sound of singing, good old-fashioned hymn singing. It reminded one of tales one's parents had told of happy Sunday evenings spent around the piano in victorian days. The women sounded happy as their voices blended in hearty song.

On Monday morning Clemmie was asked if she had enjoyed the singing. "Did you hear me singing?" she asked beaming with delight. "We had a great time. Wita's mother played for us. She played the songs she knew. We sang "How Great Thou Art."

Once again Mrs. Hardee had given her atten-ion to, and shared her talents with the women n South Dormitory. She had helped them to develop and use their talent and to have the atisfaction of doing something worthwhile in a group.

There are those here who may never be able o do anything worthwhile. They too need atten-ion and they get it. A cottage parent who had ust described the very unpleasant toilet habits of one of her charges added with conviction, "He's a lovable and loving child. If he didn't have bad habits he wouldn't need to be here. You can see he's been loved at home. He likes you to cuddle him at night. If my child had to go to a place like this I'd want somebody to love him." She smiled and added, "You just can't help loving them." Is it not wonderful that there are people in the world who find the unattractive lovable. It reminds one, of the hymn Clemmie remembered from the group of songs and hymns. "How Great Thou Art."

Everyone enjoys a party but for the residents of Caswell Center parties are extra special. They add spice to everyday living. With 1868 residents on our campus, many residents have birthdays each month. Some are remembered, some almost forgotten. Thanks to concerned groups and individuals more and more are remembered each year. This month has been one filled with many birthday parties.

Mary had never had a birthday party of her very own. On Wednesday evening she was invited to attend the monthly birthday party sponsored for September by the St. Mary's Episcopal Church Women in the Recreation Building. After her evening meal Mary was told by her cottage parents she would have to report for her regular job duties on campus before she could attend the party. Soon after reporting to work, Mary received a call from her cottage parents asking her to return to the living unit. As Mary came through the door she had the greatest surprise of her life. There was a beautiful table with refreshments, gifts and a special chocolate birthday cake all her very own. This was made possible by Mary's sponsor and special friend.

Who are the happiest people in the world? People give different answers to this question. Some say the rich, some the brilliant, some the beautiful, some the saintly but few would mention the middle aged retarded. Yet most would agree that people who really enjoy their work are happy. Such is Ted, a resident in Tapp 4. He refuses to take a day off from work.

Which type of work is the most useful? Is it that of the scientist, the artist, the physician, the teacher, the farmer or the business man? There is much ground for argument here but most agree that any work which makes life more comfortable, more pleasant more meaningful for human beings is useful. Such is the work in our colonies. This is what Ted does. He helps the cottage parents in Parrott 2 by doing such jobs as bathing residents, cleaning the buildings, sorting the laundry, and running errands. A cottage parent who has known Ted for twenty-two years said, "He's the best we've got. Real good help."

If you saw Ted you wouldn't be impressed. He's not comely. He's fat, flabby, bald, and dulled-eyed. Now almost thirty-six he has been here since he was fourteen and very likely will stay in an institution to the end of his days. Yet Ted is a useful person - a man who has found his niche. His is the happiness of making life better for others in the place where he finds himself and there is no more useful task in life than that.

HIGHLIGHTS

Work on the enlargement and remodeling of the Dawson Building's bathroom has been finally completed. Cottage 4 girls were moved to Dawson the latter part of September. Cottage 2 girls were then transferred to Cottage 4. What was Cottage 2 for girls, will be for boys similar to those in Cottage 1. Some of the boys who will go to Cottage 2 will come from Byrum 2 and Cottage 1. There are some plans a foot to have special training for this cottage. More about this in a later issue.

Speaking of enlargement and building, the cold storage building going up next the kitchen will give much needed storage for this area. Caswell is expanding. As one watched the big hole being dug - one saw the foundation oof the old Tapp building which was used for a boys' domitory. All the newcomers had not known this building was there.

Partitions have been knocked out on the second floor of the former single women's dormitory which now houses the offices of In-Service Training, Social Service, Volunteer Services, Psychology and Chaplaincy. The enlarged rooms are being used for training purposes conference room for Volunteer Service and the Learning Lab.

This has been a long hot summer at Caswell. The residents and the Cottage Life personnel are mighty happy those days are gone for another year. The living units were ovens. It seems a shame that enough fans were not available to the various units. Austin B personnel reported it was so hot the girls did not get much rest at night or by day. These were the sentiments of many cottage parents.

The following letter was received from Mr. and Mrs. Troy of Clinton. "Our little foster granddaughter, Antiqua Bell, who is a resident of CCH-2 came to live with us at age of four months - soon after the death of her mother in Chicago. We began taking Antiqua to church and Sunday School when she was of age to enroll in the beginner's class. A special chair was prepared for her which is still in her classroom when she comes on a visit. After reading the article on the clothing shop in the July issue of Caswell News, I was so very deeply impressed to try in some way to have a little part in helping someone to be happy that I decided to let some members of Antiqua's class and other friends read the Caswell News. The clothing donated by New Bethel Baptist Church, Clinton, North Carolina is the response that I received. We hope that someone will be able to use them. Antiqua's friends often ask about her. We are always glad to say that she is doing just fine and that she is happy at Caswell Center." Thank you - Mr. and Mrs. Bell and the good friends of New Bethel Baptist Church.

One Sunday in September the Lewis Family of Gospel Singers presented a program in the chapel. The congregation enjoyed the singing, the western music and the happy atomsphere. They enjoyed it especially as they had seen this well known group on T.V. and heard them on the radio. A big "thank you" goes to the Lewis family.

The Cottage Life Communicator in September reports that there are some pretty professional looking Sunday dresses in Kendall 2 and Johnson 2 . Parents of several Kendall 2 and Johnson 2 residents donated dress material and the cottag parents have been busy making dresses for th girls. It is always amazing that our cottage parents find time to do so much. It is always source of joy to know that in this world wher news and headlines seem to blare so much uglines and greed that there are people who so willin give more than their share and who are willin to go the second mile. The interesting part i these ladies use an antique sewing machine - th only one which could be gotten.

The "Country Showmen" from Albertson, North Carolina played for a dance in the recreation building in September.

One day during the summer the boys from Byrum 2 and Byrum 4 went to Flanner's Beach Fourteen went from the former and six from th latter. Ben who lives in Byrum 4 never gets ou because he has no relatives who care for him and for him the bus ride was sheer bliss. This he expressed in action for he cannot speak. A cottag parent observed his delight and rejoiced with him "All the boys did real nice for a first trip", remarked a cottage parent in Byrum 2 with satisfaction. Then she added with a rueful smile, "one of our boys had an accident and none of the boys in Byrum 4 did and ours are supposed to be more capable".

The residents of Byrum 1 enjoyed a cookou at the picnic area. These men as a rule never have such a treat. Ralph, a wheelchair patient, sang fo everyone. James had never been to a picnic area He just didn't feel secure and wouldn't eat until cottage parent fed him. James always feeds himself in his unit.

Mrs. Marge Gorely, R.N., Director of the Practical Nursing Program at Onslow Technical Institute, Jacksonville, North Carolina, two instructor and twenty-five practical nursing students were visitors on July 23.

The cottage parents in Johnson 1 know all about the happiness that comes from giving, fo they gave a party to Cecelia in August to celebrate her fifty-ninth birthday. Nothing was lacking a this party. Beside the table that was set with birthday cake, punch and other tasty morsels, wa another table with gifts and cards. Cecelia has no relatives except a sister at Caswell and she has no sponser but the cottage parents were the hostesse and the givers of these gifts. Cecelia's appreciation of her gifts was heart warming. These cottage parents also gave another party for two othe women during the same month.

Homemade ice cream and cake is a real trea at Caswell. The girls in Wooten B under the supervision of a cottage parent made two large freezer of peach and strawberry ice cream which wa eaten with homemade cakes.

The boys in Pollock A and Pollock B sponsored a birthday party in honor of Mrs. Myers, thei cottage parent.

The First Baptist Church in Grifton gave party for Pollock A. During the same week New Bern Junior Woman's Club had a party in Cottage 7.

Mr. Guy Johnson, Director of Cottage Life attended a seminar in Atlanta in July. This wa sponsored by the University of Alabama. Repre

(Please turn to page 8)

CAMPING

A total of 122 boys and girls had a great time camping this summer. Fifty-six spent a week at Camp Mitchell (4-H) near Swansboro; seventeen had a week at Camp Don Lee (Methodist) near Arapaho; twenty-four Boy Scouts camped at Camp Sam Hatcher near Morehead City and 25 non-scouts went to the same camp later in the summer.

Mrs. Lee and Miss Parks, cottage parents, give the following report about the week's fun and excitement at Camp Mitchell:

'On August 19, fifty-six boys and girls left for Camp Mitchell. They were very excited because some of them had never been to a camp before. When we arrived the counselors welcomed them and showed them to their cabins. Each was given a tooth brush; a tube of tooth paste and a 4-H shirt they enjoyed wearing. These are prized possessions.

Each day the flag was raised and lowered. The boys and girls seemed to like to do this as some had the opportunity of raising and lowering the flag for the first time.

Everyday we had different classes which were divided into three groups. Recreation, handicraft, and swimming were the main ones. They learned to paddle a canoe, to surf cast, to catch crabs. A few passed the canoe test. Some learned to swim and hold their heads under water. They were useed to Caswell's swimming pool, but the large body of water appealed to them.

Every boy and girl made a jewel box which the girls enjoyed. Some of the boys took their's back to Caswell and gave them to their girl friends.

Their meals were served family style. Some of the girls learned to set the table.

Everyone enjoyed it so much that they want to go back another year.

Mr. Southerland, cottage parent writes "The children really had a good time at Camp Don Lee. They went swimming, canoeing and sailing. Each child made a necklace in the crafts' classes

One day we decided to catch some crabs so we went to the kitchen and got some chicken necks. The children learned that if you rubbed a crab's stomach, it would put the crab to sleep. They had much fun doing this and then they watched them wake up when they put them in water again.

On one occasion we went to the Outpost to spend the night. It was about four miles from the main camp. There we camped annd had a great time preparing our supper and breakfast. The only thing wrong with it was that we had to fight mosquitoes all night."

All those who went to Camp Mitchell can also relate stories about the continual battle with mosquitoes.

Caswell furnished cottage parents for both these camps. Three went to Camp Don Lee and six went to Camp Mitchell. Six staff members volunteered their services for the two weeks at Camp Sam Hatcher.

Mr. Stocks, the Associate Agricultural Extension agent, with whom the social workers worked to make the preliminary arrangements for Camp Mitchell wrote that: "I would like to commend you and the staff for selecting six most energetic and sincere counselors who were willing to assume the responsibility of working beyond the call of duty".

The student counselors at first were concerned lest they would not be able to work with the retarded but their fears soon melted away and some mentioned they would like to come to Caswell next summer to work.

Money to defray the costs of this wonderful camping experience came from E.S.E.A. funds, social security and private donations.

VOLUNTEERS

The Caswell Volunteer Service Guild sponsored a four day orientation Class in September. Twenty-three interested individuals registered for this course. Mrs. Lewis, who is Caswell's Director of Volunteer Services, planned a program in which the participants met for two hours each of the four days.

The program tried to give an overall picture of the functions of the various professional departments and the directors were invited to talk with the group.

The volunteer services are a young and growing concern and these volunteers play a meaningful role in the happiness and well-being of each Caswell resident. The volunteers serve in groups or individually to visit forgotten residents, read stories, assist in knitting or embroidery groups, serve at kool-aid parties, write letters for residents, play the piano, direct simple games, take residents for walks, serve as salesladies for the clothing shop, assist classroom teachers, assist chaplain with religious classes and assist physical therapist with residents. Areas of service not directly related to residents are: assort, size and mend clothing for the clothing shop, provide transporation for volunteers, provide baby-sitting service for volunteers, telephone service, pickup service and typing for Volunteer Service Department.

There is a place for teenagers too. During this past summer seventeen pretty, energetic teen volunteers lent their willing hands and feet. Some of them were high school students and some had college preparation. They had the desire to help those who needed an extra bit of love and attention.

The Sponsor-A-Resident program has been most rewarding. At the present time there are 75 sponsors (this includes individuals as well as organizations).

The following which is written by Mrs. Tabory describes most effectively what this service means to our residents. This could be multiplied over and over all over the campus.

How often do we justify our abstaining from action we know to be right and necessary by saying, "Well what one person does can't make much difference nowadays"? But we know this isn't true. Many small deeds add up to a great total. We can change things for the better.

That the Volunteers have changed things for the better at Caswell is easily seen.

Evelyn runs along the path grinning. "I've got company" she says proudly. "Has your mother come to see you?" "No. My sponsor."

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Neighborhood Youth Corp

(From Page 3)

mer. We had twenty girls. Eighteen worked as nurse's aides and two worked in the Beauty Shop. It was in the winter of 1966-1967 that our first enrollees worked in Cottage Life Department.

Neighborhood Youth Corp enrollees working as attendants in Cottage Life units and the Medical Department units receive In-Service training. They attend formal classroom instruction one hour daily each workday during the summer period. These girls are taught the American Red Cross Home Nursing course, after which they are presented certificates. This subject matter is chosen because it is a quick, simple method of presenting the basic nursing procedures which these enrollees need in order to perform their duties at Caswell. Home Nursing certificates were presented to twenty girls in August 1966; twenty-six received certificates in 1967 and forty-four received them in 1968.

Enrollees who work as aides and attendants during the winter programs are selected from the summer group. The unit supervisors indicate which enrollees work best and which they would like to have return for winter service. This list is given to the officials of the Neighborhood Youth Corp program and they fill our allotted number for the winter program from it.

Caswell Center cooperates in this project by providing the work site, supervision and training in health care, and aiding the development of good work habits. The Neighborhood Youth Corp program provides monies, selects the enrollee, and counsels the enrollee in various capacities, always encouraging school attendance.

Mrs. Virginia Perry, Director
In-Service Training

First Impressions

(From page 2)

pressing and discouraging at times to work with any group of people, it is also encouraging and enlightening. It is especially encouraging at Caswell to see parents and families interested and concerned about their children's progress and welfare. It is also encouraging to see the institutional progress by trying new methods of teaching and preparing the residents for a comfortable life.

The summer experience made possible by the Mental Health Scholarship was certainly worthwhile and I would hope that other interested students of social work could have a similar opportunity to work and learn.

—Joyce Ann Evans

Note: The staff of Social Service Department was happy and pleased to have Miss Evans as a member for the summer. All staff members regretted to see Miss Evans leave and wished she could stay on. Not only did the staff members regret to see her go but the seven boys and girls with whom she regularly worked must miss her greatly. Her kindness, her understanding and feeling for the boys and girls could be seen in her and in her work with them.

Volunteers

(From page 7)

Louise limps along smiling. "When asked where she is going she replies, "I'm going to see Mrs. Lewis to get some books for Annie Bell She's very sick. She's in the hospital". "Can Annie Bell read?" "No, but she likes to look at pictures." The books and magazines which Mrs Lewis, Director of Volunteer Services, stores are all donations.

Ralph, a middle-aged resident is alert but very very crippled. Recently he has been taken regularly to the ball field where he has a chance to talk to girls. This has increased his interest in his appearance and in life in general. One day he remarked that he had to be shaved so that he would look nice for the pretty girls. Last week he was introduced to a volunteer who spent over half an hour with him. Now Ralph has another pretty girl to dress up for. The volunteer remarked that she had enjoyed conversing with him.

Two women residents advance slowly talking loudly. One says, "It's hard to be good here." The other adds, "I'm not going to be good because people fuss at me. I hate people fussing at me But I've got a sponsor now and I'm going to be good for her."

The volunteers have certainly made life happier and more meaningful for many children and adults at Caswell.

Highlights

(From page 6)

sentatives from thirteen different departments of nineteen child development centers and institutions attended. Mr. Johnson reported that it was emphasized over and over that the primary purpose of an institution is to enchance and improve the life of every resident socially, mentally and physically; so that in some manner, regardless of his handicap, every resident can be helped to grow in stature. It was also brought out that the cottage parent spends more time with a resident and is a great influence on the child's development.

Miss Leona Broome retired after 43 years of service to Caswell. She was employed by the Cottage Life Department. Caswell owes Miss Broome many, many thanks. She has seen many changes in her years of service. May she enjoy her retirement.

——o——

QUESTIONS

Do you know that the Social Security System has employed more than 4800 retardates throughout the nation during the last four years?

Do you know there has been a decrease of 69 per cent in the number of measles cases in the country for the first six months of 1968. But do you know 56 million children in the U.S. between one and twelve have not been vaccinated against measles which is one of the causes of mental retardation?

Do you know that New York state is building hostels from 10 to 40 single and double rooms for the adult retarded who will live in these hostels under adult supervision?

Do you know the month of November is National Retarded Children's Month?

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